

PLANTS USED BY CHIMPANZEES AND HUMANS IN CANTANHEZ, GUINEA-BISSAU

FIELD GUIDE

Luís Catarino | Amélia Frazão-Moreira | Joana Bessa | Hannah Parathian | Kimberley Hockings



Title

Plants used by chimpanzees and humans in Cantanhez, Guinea-Bissau - Field Guide

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Lisboa | 2020



We would like to dedicate this guide to the memory of Cláudia Sousa (1975-2014) who contributed so much of her time, knowledge and energy to this research.

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Abbreviations used

c. - circa (about, approximately) e.g. – *exempli gratia* (for example) Syn. – synonym

spp. - species (plural)

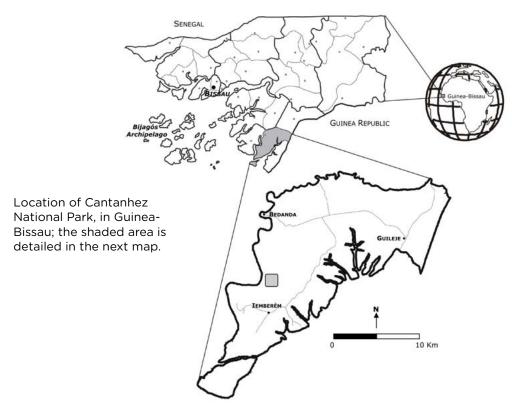
INTRODUCTION

With chimpanzees inhabiting increasingly anthropogenic landscapes, understanding the sustainability of their interactions with people is crucial for biodiversity conservation and human wellbeing. In depth understanding of the co-utilisation of wild resources by humans and chimpanzees can be incorporated into landscape, regional and national conservation policy that acknowledges the needs of both (Bersacola et al. 2018). This enables evidence-based recommendations for the sustainable exploitation of wild plants, especially those heavily used. For example, it can reveal which plant species should be prioritised for replanting in corridors between forest fragments and which should be afforded additional protection to ensure their persistence and long-term sustainable use by humans and chimpanzees.

The western chimpanzee (*Pan troglodytes verus*) is classified as critically endangered by the IUCN and is an important flagship species for conservation in Guinea-Bissau (Sousa 2015).

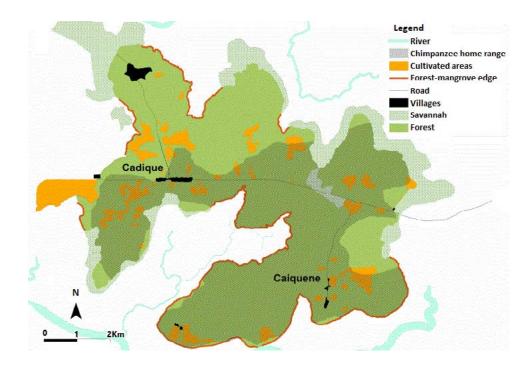
The diet of chimpanzees can consist of hundreds of different plant species, with inter-community differences in species consumed and their importance in diet. In addition to feeding, chimpanzees use wild plants for various other reasons, including to make tools, to access resources such as honey, and to construct nests whereby the branches and leaves of plants are broken and bent, then interwoven into a circular sleeping structure.

Several chimpanzee communities are present in the central-southern forests of Cantanhez National Park (Hockings and Sousa 2013). This field guide focuses on one community of chimpanzees at Caiquene-Cadique with a home range of approximately 12.7 km² some of which lies in proximity to agricultural areas and human settlements (Bessa et al. 2015).



The human communities involved in this study were Nalu and Balanta from the villages of Caiquene, Cadique Nalu and Cabdaia. They possess in-depth botanical knowledge and have complex agroeconomic systems. The importance of wild plant resources is recognised by local people as they rely on these for reasons including their subsistence and medicinal needs, as well as for construction and fuel. Certain plants are also used in rituals and ceremonies. For this reason, plants are both vital to survival and hold cultural values (Parathian et al. 2018).

Humans and chimpanzees at this site show extensive overlap in habitat selection, with both using areas inside and outside the main forest blocks. Up to now, the overlap in wild resource use by people and chimpanzees has received limited scientific attention. To examine this in shared landscapes is methodologically challenging, and requires knowledge of plants available in a habitat, and the systematic and simultaneous collection of empirical data on human and chimpanzee resource use. To do this accurately requires bridging disciplinary research approaches and expertise.



Location of the study area, in Cantanhez National Park.

OVERVIEW OF PROJECTS

The data used to inform this field guide were largely collected during projects funded by the Fundação para a Ciência e a Tecnologia (FCT), Portugal. This guide presents results from these projects. The main goal of Research Project "Where humans and chimpanzees meet: assessing sympatry throughout Africa using a multi-tiered approach": PTDC/CS-ANT/121124/2010 (coordinated by Kimberley Hockings) was to elucidate the underlying mechanisms that work to allow human-chimpanzee sympatry to predict and facilitate the continued survival of nonhuman great apes in anthropogenic habitats.

The main goal of Exploratory Project "Chimpanzee tool-use in Guinea-Bissau and behavioural complexity": EXPL/IVC-ANT/0997/2013 (coordinated by Cláudia Sousa) was to explore chimpanzee tool-use behaviour and behavioural complexity in Cantanhez National Park, Guinea-Bissau.

As research continues, additional plant species utilised by chimpanzees in Guinea-Bissau will be identified. Hence, this field guide should be treated as an evolving document. As humans use numerous wild resources in various complex ways, this guide only incorporates those plant species that both humans and chimpanzes utilise. As research on chimpanzees at Cantanhez National Park is limited, this field guide is meant to be a useful resource for new and established researchers alike, and provide a basis for future research on chimpanzee behaviour and human-chimpanzee interactions.

RESEARCH METHODS

We collected cross-disciplinary data during both wet and dry seasons (for detailed methods see Hockings et al., in press). Free listing was used to identify plant species that were potential resources to local people at this site. We collected 157 voucher specimens of local plant species. To obtain local names of plants we showed them to knowledgeable elders. The voucher specimens are stored in the herbarium of LAE CRIA (Environmental Anthropology and Behavioural Ecology Laboratory - Centre for Research in Anthropology), Lisbon, Portugal.

We collected phenology data in eight 50 m x 50 m plots which we selected randomly across the study site in different habitats. We identified and marked trees and lianas with a diameter at breast height (DBH) of greater than 10 cm; these totalled 1994 trees/lianas from 124 species. We monitored each tree and liana every first and third week of the month for a total of nine months.

In addition to opportunistic observations of chimpanzee feeding behaviour, we used indirect methods including faecal sampling and the identification of chimpanzee feeding traces (n=377; monthly, n=9 months). We counted the numbers of plant species in each faecal sample and attributed percentages of food type (fruit, flower, leaf, pith) to the relevant category (Bessa et al. 2015). We took a photograph of each new plant species eaten by the chimpanzees and collected a botanical sample for later identification.

Concurrently with chimpanzee research we carried out weekly semi-structured interviews, visiting all 49 households in the three study villages for 36 weeks to record plant-use by local people (n=8380 reports of plant use). Participants were asked to provide the local name of the plant species their household used that week, which plant part they had used (i.e. fruit, flower, leaf, bark, seed etc.) and for what purpose. We recorded plant-use under five categories: consumables (i.e. food), medicine, fuel (i.e. firewood), artefacts (including tools), and construction. We obtained additional information on plant selection by local people through participant observation of plant harvesting, processing practices and subsistence or commercial use.

ETHICS

Research with local people and chimpanzees was reviewed and approved by CRIA, Portugal. This research was also reviewed and approved by the Instituto da Biodiversidade e das Áreas Protegidas (IBAP), Guinea-Bissau. All research involving wild chimpanzees was non-invasive and strictly adhered to ethics guidelines detailed by the Association for the Study of Animal Behaviour (UK). Oral consent was obtained from local people, and all research followed ethical guidelines for good research practice set by the Association of Social Anthropologists of the UK and Commonwealth.

THE VEGETATION OF CANTANHEZ NATIONAL PARK

The Cantanhez National Park (CNP) belongs to the national system of protected areas of Guinea-Bissau and is managed by IBAP. It is 105,800 hectares and located in the southwest of the country. CNP hosts a high diversity of vegetation types and plant species, harbouring almost all the types of plant formations in Guinea-Bissau. The dry forest is the main habitat type, and the main reason for the creation of this protected area. It occurs in several patches, particularly in the central and southern areas of CNP. Strips of palm groves of Elaeis guineensis surround the dry forest, and riparian forests develop in areas subjected to overbank flooding such as rivers and small lakes. The CNP zones of woodland and savannah woodland are probably of secondary, anthropogenic origin, and more abundant in the north. Mangroves develop in coastal and estuarine areas with tidal flooding, and are more extensive in the southernmost part of CNP (Cabedu and Ilha de Melo) and by the Cumbijã river. The *lalas*, grass savannahs that are flooded during the wet season, are mainly found in the northwest and southwest areas of CNP. Croplands, including fields and orchards (e.g. cashew and citruses) as well as fallows of different ages are also common.

Dry forest

Characterized by a dense tree layer and a thick canopy of variable extension that limit the development of the shrub layer and, particularly, of the grass layer. It is generally composed of two well developed layers: tall trees (20-30 m) and medium- or small-trees (10-20 m). Emergent trees are common and can reach 35-40 m in height. The shrub layer is composed of young trees and shade-



adapted shrubs. The herb layer is poorly developed or virtually absent, primarily consisting of shade plants. Lianas are common and reach the same height as the tall trees. The dry forest is the the main vegetation type at Cantanhez, although its area has been reduced due to human actions.



Palm groves

Characterized by the dominant *Elaeis* guineensis (oil palm, locally palmeiradendém), mixed with other tree-sized species. Strips of palm groves occur in low areas, often around the *lalas*. The tree/palm layer can reach 25-30 m and be quite dense; it is generally accompanied by a layer of lower trees and palms. The shrub layer is composed of young palms and trees, and shade-adapted shrubs. The herb layer is generally discontinuous.



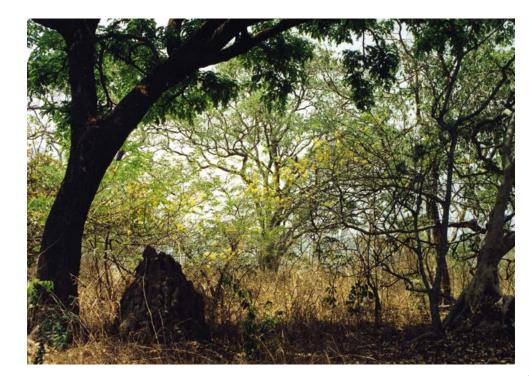
Woodland

It is often considered that tree cover is higher than 40% in this type of formation; trees dominate but their crowns do not form a thick canopy in the uppermost layer. More developed patches of woodland can include two tree layers: taller trees (15-25 m) and smaller trees (10-15 m). The shrub- and herb-layers are always present and generally well developed; lianas are also common. The



species found in woodlands are also usually found in dry forests and savannah woodlands. In Cantanhez, the woodlands primarily result from human intervention in areas previously occupied by dry forests. This habitat type is most extensive in the northern zone.





Savannah woodland

Although with an important presence of woody elements, this vegetation type is dominated by herbs, which normally form a continuous layer of tall grasses that dry out after the wet season. It can be difficult to distinguish from the woodland; it is usually considered that the savannah woodland has a tree cover of 10-40%. The shrub layer is generally well developed, with



lianas sometimes present. Slash-and-burn farming practices are often responsible for the maintenance of this type of vegetation at a pioneer stage. In Cantanhez, the savannah woodland is largely a result of human activities in previously forested areas, and large areas are found in the north.

Riparian forest

Mostly composed of hydrophilic trees and shrubs that grow along the banks of rivers and small lakes, where the substrate is flooded or wet throughout the year. It usually has only one layer of trees and palms (10-20 m) with variable canopy cover. The shrub and herb layers include species from wet or flooded environments. In CNP, this



type of vegetation occurs mainly on the banks of the rivers Cumbijã and Balana and their affluents.





Mangroves

Characterized by tree or shrub vegetation in areas of muddy substrate subjected to tidal effects. It is composed of a small number of halophytes, species adapted to periodic flooding with saline water and to unstable and wet substrates. The most common are Avicennia germinans and Rhizophora spp. (R. mangle, R. harrisonii and R. racemosa); depending on the topography and hydrography, these species can co-occur or occur separately. In Cantanhez, mangroves occupy the whole coastline but are more extensive in the southernmost zone.



Lala

This is the local name for a grass savannah in lowlands that are flooded during the wet season. The flooding period contrasts with a very dry environment during the rest of the year. The dominating herb layer is composed mainly of grasses (Poaceae), usually with Anadelphia afzeliana (palha-casa) as the dominant species. Some palms, trees and shrubs might also be present such as *Elaeis*



guineensis, Mytragina inermis or Sarcocephalus latifolius. In CNP, lalas are more extensive in the west zone, draining into the Cumbijã river.





Fallows

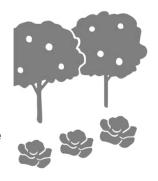
Dry-farmed lands that are left unused for some time, to restore fertility. The structure and composition evolve very quickly after abandonment. During the first years the vegetation is low, with a high density of heliophiles, namely climbers, shrubs and saplings, as well as trees and palms that were left, or resproutings from previous ones. After 8-10 years, the pioneer trees



begin to dominate, and the importance of heliophile herbs and climbers decreases. After several decades, fallow areas have a similar structure to pristine forest, but species composition usually takes longer to recover. They are common around villages.



Land used to grow field (e.g., rice, maize, peanuts) or tree (cashew, citruses, bananas) crops. In these areas it is common to find some forest trees such as palms or big trees that were not felled, as well as resprouting trees. Croplands are typically found near the villages.







ORGANIZATION AND USE OF THE GUIDE

This guide presents the plant species that are used by chimpanzees in CNP, as recorded during previous research (see earlier project references). In general, the same plants are used by human communities living within CNP.

CHAPTERS

The chapters describing the plant species are arranged according to main morphological types (life forms, or habits), each represented by a symbol. When more than one life form is possible for a species – for example, either as a climber or shrub, or as a tree or shrub – all the concerned life form symbols are displayed, but the less common ones appear in a duller colour.

Four main life forms are considered in this guide:



Trees and Palms - plants taller than 5 m (adults) but commonly reaching 20-30 m. They generally exhibit an unbranched stem (trunk), woody in trees and fibrous in palms.

Shrubs - self-supporting woody plants, up to 5 m in height and generally branched from the base.





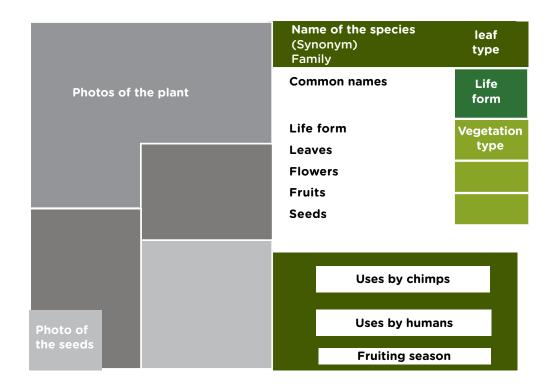
Climbers - plants that grow leaning or twining around another structure (generally a tree or palm). They have long and slender stems that can be woody (lianas) or herbaceous.

Herbs - plants with non-woody stems, from a few centimetres to 3 m in height. They can be annual (1 year to complete their growth cycle) or perennial (they live for 2 or more years).



SPECIES INFORMATION

Each chapter consists of the species descriptions, with two pages per species. The description is generally presented as follows:



For each species the scientific name and family are presented, as well as its common names in Cantanhez. The scientific names are those currently accepted; synonyms still in use are added, when appropriate. The nomenclature follows that proposed by World Flora Online (www. worldfloraonline.org). The full scientific names can be checked at the end of the guide, in the List of Scientific Names.

A brief botanical description (even page) and colour plates (odd page) are then provided, highlighting the distinctive characteristics, particularly those that can be observed at any time of the year (vegetative). Long descriptions were avoided, as well as overly technical

terms; however, when this could not be avoided, they are explained in the Glossary, at the end of this guide.

The information on the use of plants by chimpanzees and humans is schematic, according to the categories and symbols described below.

For easier identification of the species, symbols were added to illustrate about the type and arrangement of leaves, life form, and habitats (vegetation types) where it occurs in Cantanhez.

COMMON NAMES

The local names of each plant species are presented in the ethnic languages of the different populations living in Cantanhez, some of which were recorded during field work; other names were retrieved from the bibliography.

Reproducing common names is difficult when the concerned languages have no established spelling and different researchers might write the same term in different ways. We tried to choose the most usual form or, if not possible, present the alternatives.

These names are presented first in creole and then, by alphabetic order of the local languages (indicated by their abbreviations):

cr - creole nl - nalu ba - balanta ss - sosso fu - fula td - tanda

CHARACTERISTICS FOR SPECIES IDENTIFICATION

The characterization of plant species is mostly based on reproductive characteristics, namely of the flowers and fruits. However, most species exhibit reproductive organs for a very short period, thus limiting their usefulness to identify species in the field.

In this guide we tried to indicate easily observable traits that are present throughout the year. The form, size and arrangement of leaves are therefore the basis to identify the plant species. Life form and size are also described in some detail, and distinctive characteristics of the branches, flowers, fruits and seeds are pointed out. Whenever possible these descriptions are illustrated with photographs.

Considering the specific purpose of this guide, special attention was given to the characterization and illustration of fruits and seeds, which are often ingested by chimpanzees.

USES BY CHIMPANZEES AND HUMANS

Information about plant uses by chimpanzees and humans is schematically presented, with information on the type of use and concerned plant part.

The uses of plants by chimpanzees were classified according to four main categories:

Food: for alimentation; data obtained through direct observation, feeding traces (e.g., teeth marks) and faecal samples.

Medicine: for medicinal purposes (e.g. eliminating parasites); data obtained from faecal samples.

Nest: sleeping place in palms or trees; data obtained through direct observation, and recording previously used nests.

Tool: use as tool (e.g., defoliated twigs to extract honey from beehives); data obtained through direct observation and abandoned artefacts (primate archaeology).

The uses of plants by humans, recorded from direct observation and interviews (free-listing interview, semi-structured interviews, and weekly survey of the same domestic groups; and, concerning medicines, interviewing traditional healers), were classified according to five main categories:

Food: for alimentation.

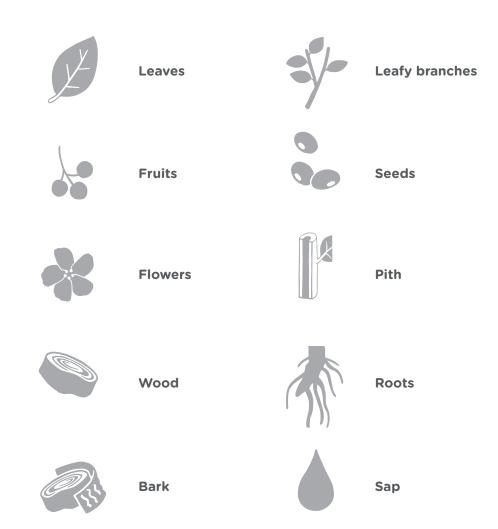
Medicine: for the preparation of traditional medicines.

Artefact: tools and other objects for domestic use.

Construction: for house and fence building.

Fuel: firewood.

Some human uses that do not match the above categories are mentioned separately, for example, plant parts used to prepare glue or ink. For each category of use, the involved plant parts are indicated, according to the following symbols:



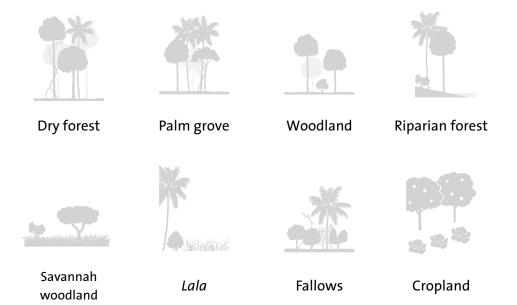
FRUITING SEASON

Considering the importance of certain fruits to chimpanzees and humans, the available information on fruiting periods is also presented. It was compiled from three main sources: field data from Cantanhez, namely traces and photos of fruits and seeds, herbarium specimens, and published literature.

The fruiting season is represented by a bar where the twelve months of the year are indicated using their abbreviations; a dark-grey colour indicates months when fruiting is documented in the above sources, whereas a light-grey indicates months when fruiting is probable.

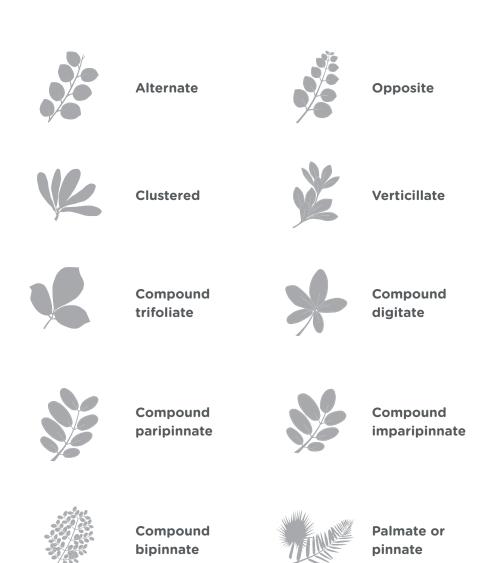
SPECIES ECOLOGY

Information about the types of vegetation where each species can be found in Cantanhez is shown as follows:



TYPES AND ARRANGEMENT OF LEAVES

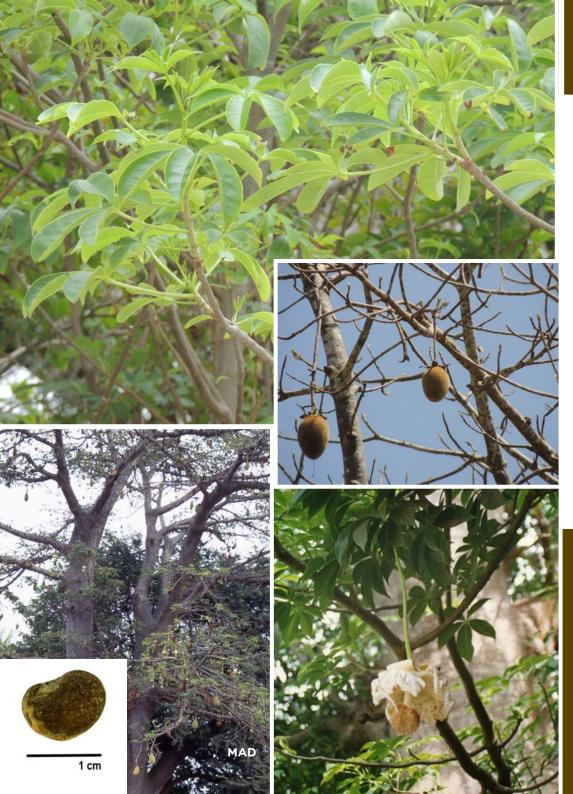
The arrangement of leaves on stems and other leaf characteristics such as the form and the presence of petiole are important to identify plant species. For each species, this information is presented using the following symbols:



trees and palms







Adansonia digitata Malvaceae (Bombacaceae)



cabacera, cabaceira, calabacera, cabasséra (cr); látè (ba); bóè (fu); m'béke, n'bék (nl); kiri (ss)

Habit: big tree (≤ 20-25 m in height), deciduous; smooth trunk, larger at the base.

Leaves: alternate, compound, digitate; with 5-7 unequal leaflets (the central one larger than the others), obovate (8-16 cm x 3-6 cm); 12-18 pairs of veins; long petioles (8-15 cm).

Flowers: big, white, with 5 curved petals and numerous stamens; solitary, hanging from long pedicels.

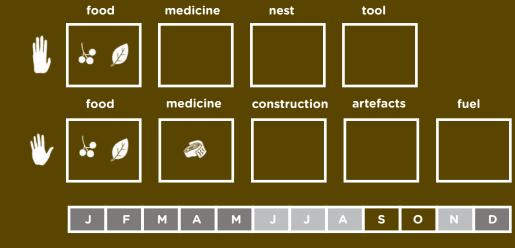
Fruits: big, ovoid (20-35 cm x 10-15 cm), hanging, externally woody and hairy; white, farinaceous pulp, with brown fibres around the seeds.

Seeds: numerous, dark-brown and kidney-shaped (≤ 1 cm long).



















faroba-de-lala, faroba-de-mato, farroba-de-lala (cr); marnei, nétèmàe, néto-máiô (fu); masamp-thai, mesamp (nl); uasa-fiké, uasau (ss)

Habit: medium to large tree (20-25 m in height); short bole, sometimes with buttresses; wide, umbrellashaped crown.

Leaves: alternate, compound, bipinnate (10-20 cm long), with a gland at the petiole; 4-8 pairs of pinnules, each with 5-14 pairs of asymmetric and approximately rectangular leaflets (1-2 cm x 0.5-1 cm); diagonal midvein.

Flowers: small and white, with protruding red stamens; in spherical inflorescences that form groups of 5-10.

Fruits: flat membranous pods (10-15 cm x 2-3 cm), opening on the tree and letting the seeds fall.

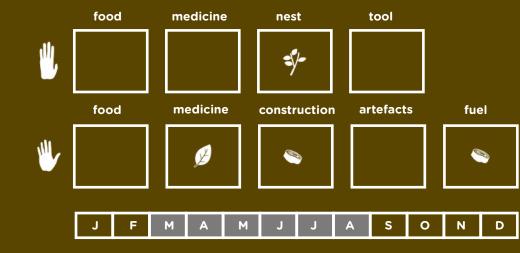
Seeds: dark-brown and flat (c. 0.5 cm in diameter), 6-8 per pod; inedible.













Albizia ferruginea Fabaceae (Leguminosae - Mimosoideae)

faroba-de-lala, faroba-de-mato-macho, faroba-de-mato-preto, farroba-de-lala (cr); marnei, nete-maio (fu); masamp-tchill, masamp-balé (nl)

Habit: large tree (≤ 25-30 m in height); long cylindrical bole; brownishgrey trunk, brownishyellow when cut.

Leaves: alternate, compound, bipinnate (10-20 cm long), with a gland at the rachis and 3-7 pairs of pinnules, each with 8-13 pairs of leaflets which are asymmetric at the base and round at the apex (1.5-2 cm x 0.5-1 cm); central midvein; quite hairy.

Flowers: small and white, with protruding stamens; in spherical inflorescences.

Fruits: flat membranous pods (10-20 cm x 3-4 cm), opening on the tree and letting the seeds fall.

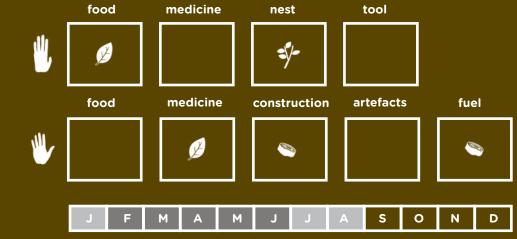
Seeds: brown and flat (≤ 0.8 cm in diameter), 4-10 per pod; inedible.













Anacardium occidentale Anacardiaceae



cadju, caju (cr); ialiké (nl)

Habit: small tree (≤ 12 m in height), short bole and round crown; widely cultivated across the country.

Leaves: alternate to subopposite, thick and large, obovate (15-20 cm x 6-10 cm), more numerous towards the shoot tips.

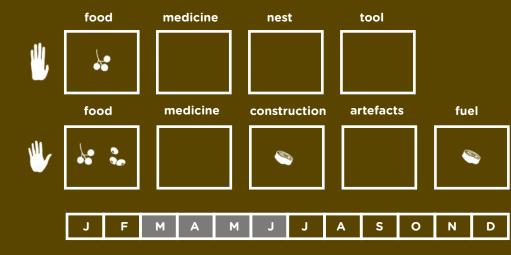
Flowers: small and dark-pink, in apical inflorescences.

Fruits: consisting of two parts: the pseudofruit, expanded and pear-shaped peduncle, red or yellow, juicy (cashew apple); and the seed, at the peduncle's apex (cashew nut).

Seeds: kidney-shaped, 1 per fruit; not eaten by chimpanzees, as surrounded by anacardic acid.













miséria, pau-miséria, pó-de-miséria (cr); mafel, máfèlè (ba); kanse (fu); n'sunp, sénhè, unsununtu (nl); cantingui (ss); angueidia (td)

Habit: large tree (≤ 25-30 m in height); long bole, slightly enlarged near the ground; grey bark, turning reddish-brown when cut; approximately circular crown.

Leaves: alternate, of two sizes; the largest, oval or elliptic-ovate, with 3-4 veins radiating from the bases and short petioles; the smallest, not always present, lanceolate, very small, arranged between the large leaves.

Flowers: small and greenish-yellow, in unbranched axillary inflorescences.

Fruits: fleshy and ovoid (4-5 cm x 2-3 cm), yellow when ripe; edible pulp.

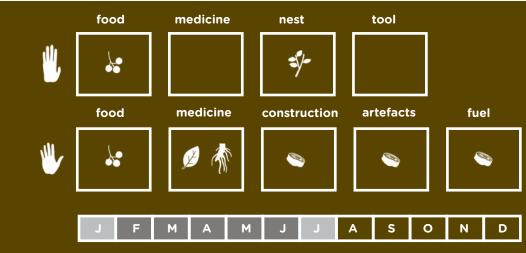
Seeds: ovoid (c. 3 cm long), externally woody.













Antiaris toxicaria Moraceae



língua-di-baca, pau-de-bicho-amarelo, pó-de-bicho, po-de-bitche, pó-de-bicho-branco, pó-de-lete, po-di-bichu-amarelo (cr); djauláe, nhenhe, tambatchilam, tchime (fu); n'nhonhinhe (ss)

Habit: large tree (≤ 30-35 m in height), with yellow latex; long and cylindrical bole, commonly with buttresses.

Leaves: alternate, rough, largely elliptic to ovate (10-20 cm x 4-12 cm), asymmetric at the base; 8-12 pairs of veins, quite pronounced on the abaxial surface; short petioles.

Flowers: female flowers solitary; male flowers in twisted disk-shaped inflorescences.

Fruits: fleshy and globular (c. 1.5 cm in diameter), red when ripe.

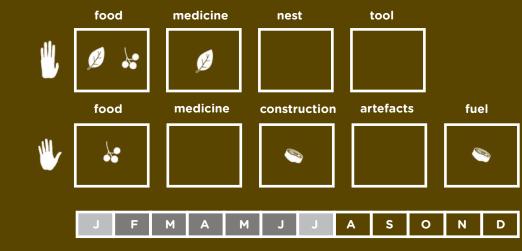
Seeds: globular (c. 1 cm in diameter), 1 per fruit.

















cibe (cr); bace (ba); cibedje, dúbè (fu); m'bulá (nl)

Habit: tree-sized palm (≤ 20-25 m in height); cylindrical stem, generally unbranched and larger towards the apex; dioecious species.

Leaves: large (2-3 m long), arranged at the top of the stem; fan-shaped lamina, with digitate veins; long petioles.

Flowers: unisexual; male flowers small and numerous, in long branched inflorescences (< 1.5 m long); female flowers bigger, in unbranched inflorescences.

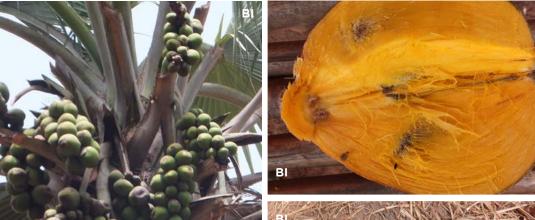
Fruits: globular or subglobular, large (10-15 cm long), in hanging infructescences.

Seeds: surrounded by a fibrous yellow pulp, 3 per fruit.

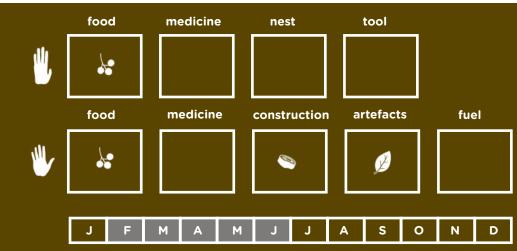


















papaia (cr); n'pápa (nl)

Habit: small tree (5-10 m in height); spongy trunk, unbranched; cultivated near the villages; dioecious species.

Leaves: grouped at the apex of the stem, clearly lobed (30-50 cm in length and width); long petioles.

Flowers: white and unisexual, borne on the axils of leaves; male flowers in inflorescences, female flowers solitary.

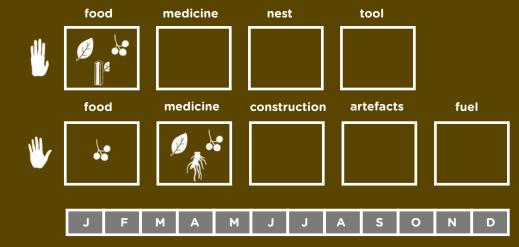
Fruits: big, ovoid to subglobular (≤ 30 cm long), with yellow or orange pulp; edible.

Seeds: black, globular (c. 0.5 cm in diameter), numerous.















poilão, poilon, polóm, polón (cr); psáhè, pthaé, rubé, rumbum (ba); m'bath, n'kauué (nl); kondé (ss)

Habit: large tree (≤ 30-35 m in height), deciduous; spiny trunks in young trees; considerable buttresses in larger trees.

Leaves: alternate, compound, digitate; with 5-9 unequal leaflets, elliptic to narrowly obovate (15-20 cm x 3-6 cm), acuminate at the apex; 15-20 pairs of veins; long petioles (15-25 cm).

Flowers: white, with 5 petals (3-4 cm in diameter) and a pedicel; numerous, in branched inflorescences.

Fruits: big, externally woody, ellipsoid (15-25 cm x 5-8 cm); they open longitudinally into 5 parts, while still on the tree.

Seeds: very small, surrounded by a mesh of white fibres; numerous.

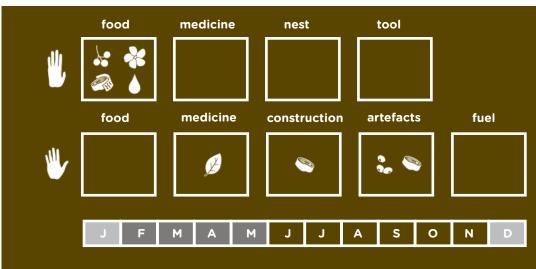














Citrus aurantifolia Rutaceae



limon francis (cr); n'sinim nelbené (nl)

Habit: small tree (\leq 8 m in height), spiny; cultivated.

Leaves: alternate, elliptic or ovate (4-8 cm x 2-3 cm), dentate; articulate and winged petioles.

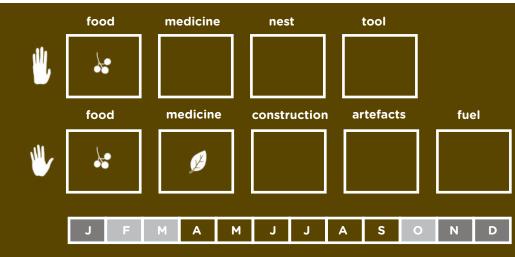
Flowers: fragrant, with 5 white or yellowish petals; solitary or in groups of 2-7, axillary.

Fruits: globular (4-6 cm in diameter), with an acid pulp.

Seeds: ovoid (6-8 mm long), inside the pulp.













laranja (cr); sinim (nl)

Habit: small tree (≤ 10-12 m in height), spiny; cultivated.

Leaves: alternate, ovate to elliptic (6-10 cm x 3-5 cm), finely dentate; articulate and winged petioles.

Flowers: fragrant, with 5 white or cream-coloured petals; solitary or in groups of 2-7, axillary.

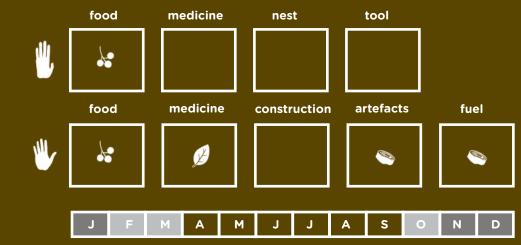
Fruits: globular (6-9 cm in diameter), with a sweet pulp.

Seeds: approximately ovoid (≤ 1 cm long), inside the pulp.



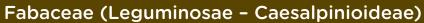








Daniellia oliveri





pau-incenso, pó-de-incenso (cr); bóbe (ba); tchénè (fu); boto, m'bôbó (nl); kaméuri, ulingi (ss)

Habit: medium to large tree (≤ 15-20 m in height), deciduous and resiniferous; long bole, with large plates, brownish-grey, red upon cutting.

Leaves: alternate (\leq 40 cm long), compound, paripinnate; 4-10 pairs of opposite or sub-opposite leaflets, elliptic or oval (8-16 cm x 4-8 cm).

Flowers: white, with 5 petals; in axillary, branched inflorescences; they can develop while the tree is still leafless.

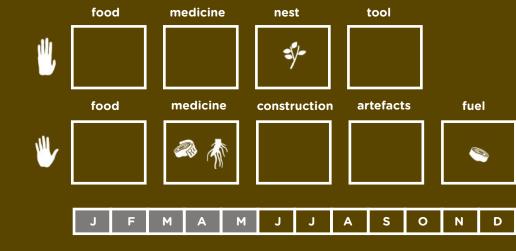
Fruits: flat pods (5-9 cm x 3-5 cm).

Seeds: flat and brown, linked to a wing by a thread; 1 per pod.



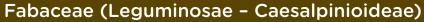








Detarium senegalense





mambode, mambódi (cr); boto, pó-pondogo, querenduta (fu); m'béta (nl)

Habit: medium to large tree (15-20 m in height); generally short bole; low crown.

Leaves: alternate, compound; imparipinnate, but sometimes with 2 apical leaflets; 11-13 pairs of alternate or subopposite leaflets, elliptic or oval (4-6 cm x 3-4 cm).

Flowers: small and whitish, in axillary, branched inflorescences (8-10 cm).

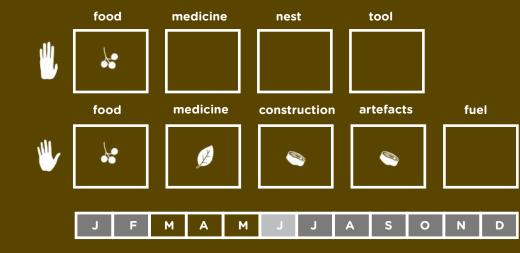
Fruits: globular but somewhat flat (5-6 cm in diameter), pedunculated; thin and greenish-yellow pulp, in a fibrous mesh surrounding a large stone.

Seeds: inside the woody stone.



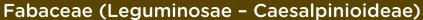








Dialium guineense





beludo, pau-veludo, pó-de-veludo, veludo (cr); m'boié, m'bwoi, n'boi, umboi (ba); boiè-maio, cossiráe, mèco, moquê (fu); m'bim, m'bimbe, n'bim (nl); moquê, moqué (ss); atenguengelere (td)

Habit: medium to large tree (15-25 m in height); darkgrey trunk, with lighter-coloured patches.

Leaves: alternate, compound, imparipinnate; 5-7 opposite or subopposite leaflets, elliptic or oval (5-8 cm x 3-4 cm); thick, brown petioles.

Flowers: small, yellowish and numerous, in branched, apical inflorescences.

Fruits: black, globular but flat (1-2 cm in diameter), quite hairy (velvet-like); in apical infructescences.

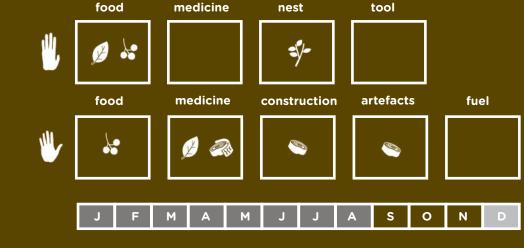
Seeds: black, surrounded by a farinaceous and reddish pulp; 1 per fruit; edible.















Diospyros heudelotii Ebenaceae



silabono (fu); jagôrtá, n'jangugurta, tchamborta, tchamburtá (nl); iatété, malefú, malevu (ss); culum (td)

Habit: small to medium tree (10-15 m in height); brownish-grey trunk, smooth or with thin scales, light-brown upon cutting.

Leaves: alternate, lanceolate (8-10 cm x 3-4 cm), with 4-8 pairs of veins; short petioles.

Flowers: small, white or yellow; unisexual; in small groups borne on the axils of shed leaves.

Fruits: fleshy, globular (≤ 2 cm in diameter), the base surrounded by flower remains; yellow when ripe; edible.

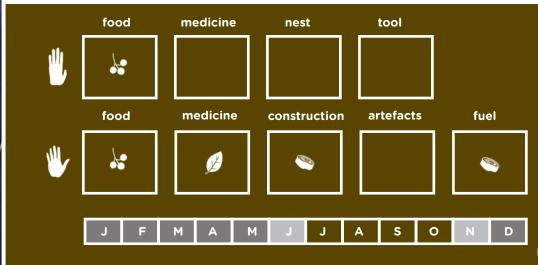
Seeds: inside the stone.

















Habit: tree (6-10 m in height) or shrub; smooth trunk, light-brown or grey.

Leaves: alternate, elliptic or lanceolate (6-12 cm x 3-5 cm), asymmetrical at the base, with 6-10 pairs of veins; margins generally dentate, with tiny spines; petioles c. 0.5 cm long.

Flowers: small, creamcoloured, in small clusters borne on the stems.

Fruits: globular (c. 1 cm in diameter), fleshy, with edible pulp.

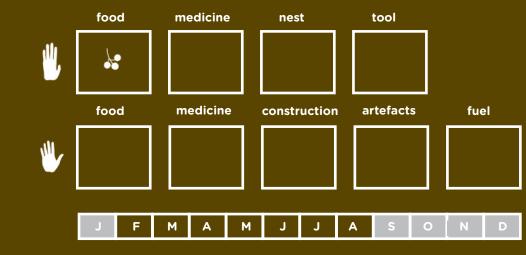
Seeds: inside the stones.













Elaeis guineensis Arecaceae (Palmae)



palmeira-de-óleo, palmeira-dendém, palmeira, palmera (cr); ken, quem, ribe (ba); tem-em-eih (fu); n'sise (nl); tugi (ss)

Habit: tree-like palm (≤ 20-25 m in height); cylindrical stem, unbranched, surrounded by petiole bases of shed leaves; each individual has both male and female flowers.

Leaves: large (3-5 m long), pinnate, borne on the stem top; numerous leaflets, narrow and long (\leq 50 cm long); short petioles with spiny margins.

Flowers: unisexual; numerous male flowers in pedunculated inflorescences; female flowers bigger, in dense inflorescences.

Fruits: numerous, ovoid (2.5-4 cm long), in big, globular or sub-globular infructescences (≤ 40 cm long); red when ripe; fibrous and oily pulp.

Seeds: ovoid (1.5-2 cm long), dark-brown, woody, externally fibrous; 1 per fruit.

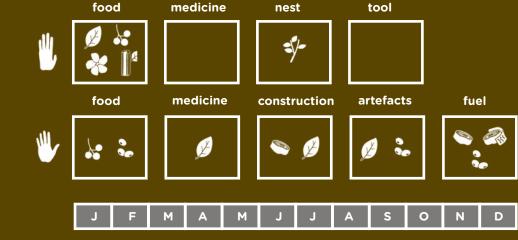














*Ficus exasperata*Moraceae



acarta-lixo, língua-di-baca, po-di-lixa (cr); showhé (ba); nhinha (fu); n'txéf (nl); ngonjí (ss)

Habit: tree (≤ 15-20 m in height) or shrub; translucent latex, not abundant.

Leaves: alternate, rough, of varied shapes, generally elliptic (8-16 cm x 4-7 cm) but also with irregular margins and lobed; 2 opposite veins at the base and 3-4 more pairs of conspicuous veins; with petioles.

Fruits: globular figs (2-2.5 cm in diameter), pedunculated; hairy surface.

Seeds: very small and numerous per fruit.

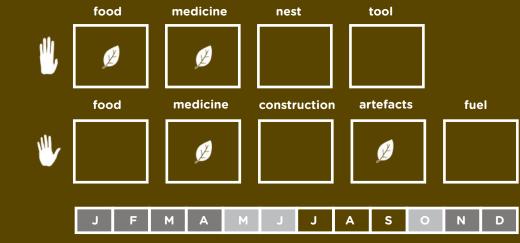








This species can be mistaken for *Antiaris toxicaria*, whose leaves are rough but asymmetrical at the base and do not have a basal pair of opposite veins.







Lecaniodiscus cupanioides Sapindaceae



ghandjam, pó-di-cama (cr); sátaga (fu); n'sonran (nl); kébe (ss); ataparquê (td)

Habit: small tree (\leq 12-15 m in height) with buttresses, or shrub.

Leaves: alternate, compound paripinnate; 4-7 pairs of alternate to subopposite leaflets, widely elliptic or obovate (8-15 cm x 4-8 cm), with 8-12 pairs of veins, conspicuous on the abaxial surface.

Flowers: unisexual; male flowers greenish, with an orange centre, in branched inflorescences (10-25 cm long) borne on the axils of apical leaves; female flowers greenish, in branched inflorescences (5-10 cm long) borne on the axils of apical leaves.

Fruits: fleshy, ovoid (c. 1.5 cm long), pubescent, generally with 1 single seed.

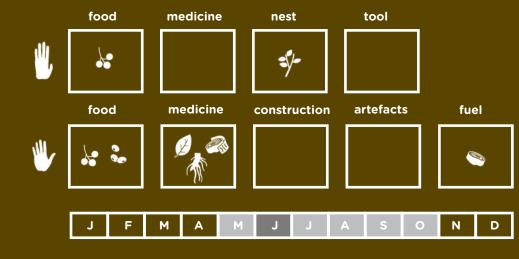
Seeds: dark-purple, with a white and gelatinous edible apex.













Mangifera indica Anacardiaceae



manguera, mango (cr); n'mango (nl)

Habit: medium to large tree (≤ 20 m in height); short bole and round crown; cultivated.

Leaves: alternate, lanceolate to elliptic (15-25 cm x 4-6 cm); with petioles.

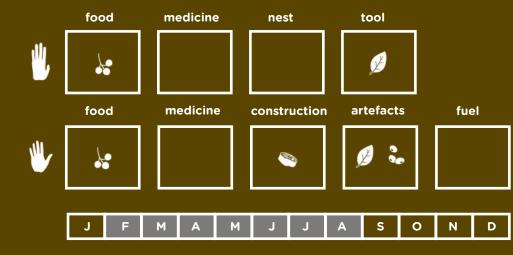
Flowers: small, greenish, clustered at the shoot tips.

Fruits: fleshy, big, pedunculated, hanging from the shoots; yellow or red when ripe; thick pulp, often fibrous; the size and colour vary greatly with the cultivated variety.

Seeds: large and flat, woody, surrounded by the pulp.











*Milicia regia*Moraceae



pó-de-bicho-amarelo, pó-de-bitcho-risso, po-di-bichu (cr); tímè, tumbiro (ba); n'tulune (nl)

Habit: large tree (≤ 30-35 m in height), with white latex; long bole, without buttresses.

Leaves: alternate, large and thick, ovate (10-15 cm x 8-12 cm), slightly asymmetric at the base; 8-12 pairs of veins; with petioles. Flowers: unisexual, small, in axillary elongated unbranched inflorescences.

Fruits: compound, elongated (8-12 cm x 2-3 cm), hairy.

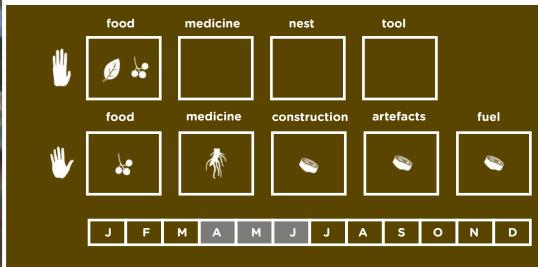
Seeds: very small and numerous per fruit.

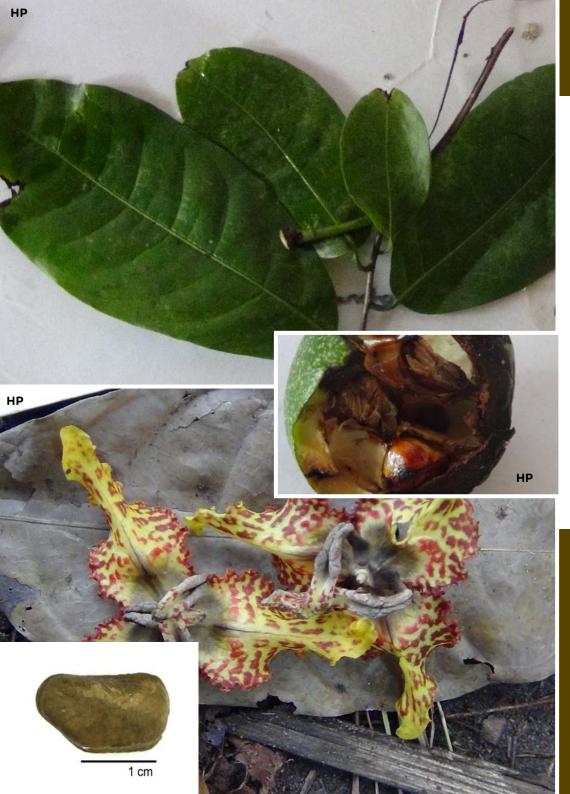












*Monodora tenuifolia*Annonaceae



banana-sanjo-macho (cr); setane (ba); bólhanei, molhanei, quélè (fu); n'pinden-chil (nl); fufu (ss)

Habit: medium tree (≤ 15-20 m in height).

Leaves: alternate, elliptic or obovate (\leq 15-30 cm x 3-5 cm); short petioles.

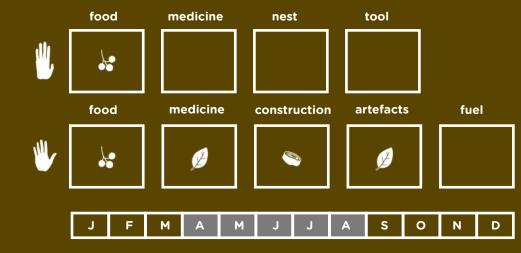
Flowers: yellowish with brown spots, big, with pedicels; solitary.

Fruits: compound, globular (≤ 10 cm in diameter), yellow when ripe.

Seeds: brown (c. 1 cm long), numerous per fruit, surrounded by the pulp.









Neocarya macrophylla

(Syn. *Parinari macrophylla*) **Chrysobalanaceae**



mampatace-grande, tambacumba, tamankumba (cr); n'djapô, téhè (ba); curanaco, nando, náudo (fu); mavéu, n'bute (nl); bansumá (ss)

Habit: shrub or tree (≤ 15 m in height); short bole, grey, fissured into irregular plates; brown and pubescent stems while young.

Leaves: alternate, thick (chartaceous), large, oval or elliptic (15-25 cm x 8-15 cm), with 15-20 pairs of veins; short petioles.

Flowers: with 5 white or pink petals, in apical, branched inflorescences (≤ 30 cm long), densely hairy.

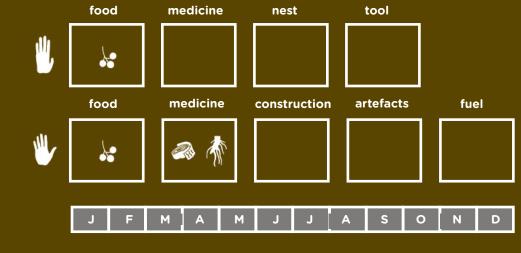
Fruits: ellipsoid, brown with grey spots; fleshy pulp, edible; big, woody stone.

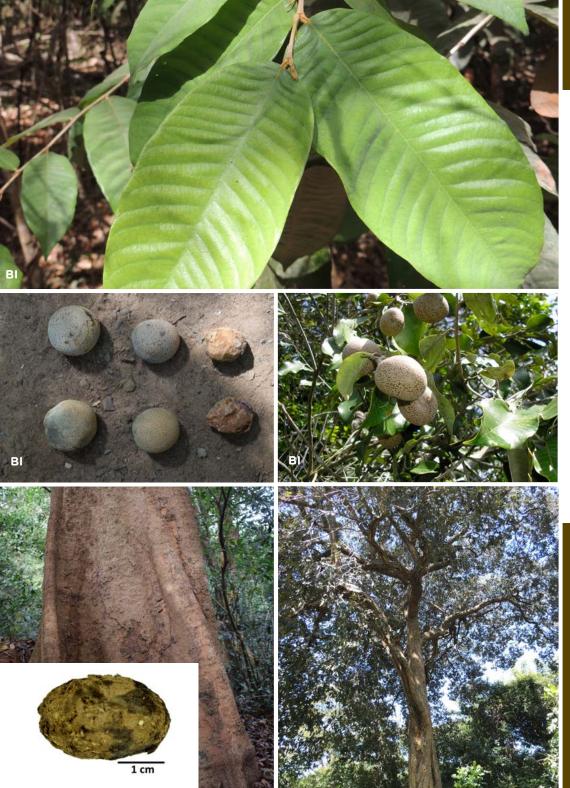
Seeds: inside the stone, brown, slender (1.5-2 cm long); edible.











Parinari excelsa Chrysobalanaceae



mampatace, mampataz (cr); kilé, meile, n'djano, pilé, undiano (ba); cura, curanaco (fu); lút, n'lut (nl); bitchalám, sugé, sugue (ss); atchaguesse (td)

Habit: large tree (≤ 35 m in height); greyish-brown trunk, long bole, with buttresses.

Leaves: alternate, thick, oval (8-15 cm x 6-8 cm), with c. 20 pairs of veins; with petioles.

Flowers: with 5 white petals, in apical branched inflorescences.

Fruits: ovoid to globular (3-4 cm in diameter), brown with grey lace-like ornamentation; fleshy, thin pulp; large woody stone.

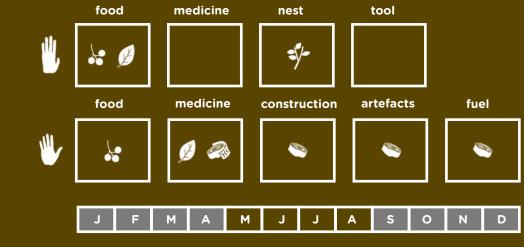
Seeds: inside the woody stone.













Parkia biglobosa

Fabaceae (Leguminosae - Mimosoideae)



faroba, farôba, faroba-de-lala, farroba, farrobe (cr); gante, mehanté, nathe (ba); néré, netch, nétè (fu); iú, niú (nl); néri, neri (ss); anjambane (td)

Habit: small to medium tree (10-18 m in height); short bole, with brownishgrey scales; brownish-red when peeled off; round crown.

Leaves: alternate, compound bipinnate (20-40 cm long), with 10-30 pairs of pinnules; 30-65 pairs of linear leaflets (10-15 mm x 2-3 mm).

Flowers: red, numerous; in globular inflorescences (4-6 cm in diameter) hanging from a long peduncle.

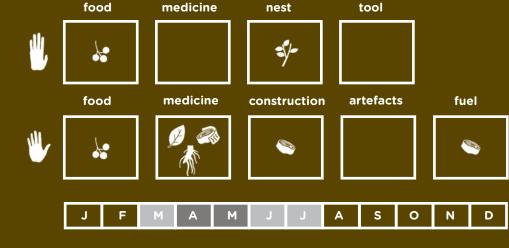
Fruits: linear pods (20-30 cm x 1.5-2.5 cm), hanging, in clusters, darkbrown when ripe; yellow farinaceous pulp, edible.

Seeds: brown, disk-shaped (6-10 mm in diameter), surrounded by the pulp.













Fabaceae (Leguminosae - Mimosoideae)



marroné (fu); n'tantass (nl); uauah (ss)

Habit: medium to large tree (≤ 25 m in height); cylindrical bole, with thin scales, long brownish-grey, yellow when peeled off.

Leaves: alternate, compound bipinnate (40-60 cm long) with 10-13 pairs of pinnules; 12-20 pairs of asymmetric leaflets (1.5-3 cm x 1-2 cm).

Flowers: small, white, numerous, in cylindrical clustered inflorescences. Fruits: large woody pods (20-40 cm x 6-8 cm), dark-brown and hairy; they split violently while still on the tree, releasing the seeds.

Seeds: dark-brown, flat, largely elliptic (3-4 cm x 2-3 cm).

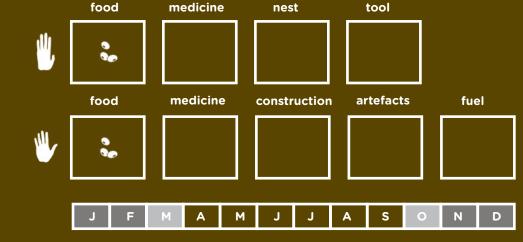


















palmeira-tambara, tamareira (cr); sarábá, sérquê (ba); bêlem (fu); n'sak (nl)

Habit: tree-size palm (≤ 10-12 m in height); cylindrical stem, unbranched and often bent over, marked with leaf scars; dioecious species.

Leaves: large (\leq 4 m long), pinnate, borne on the top of the stem; numerous leaflets, long and narrow (\leq 40 cm x 2-3 cm), with small spines on the margins; short petioles, spiny.

Flowers: unisexual; male flowers numerous, clustered in branched inflorescences (≤ 25 cm long); female flowers in branched inflorescences (≤ 80 cm long).

Fruits: ellipsoid, in branched infructescences (≤ 60-80 cm long); yellow when ripe, edible pulp.

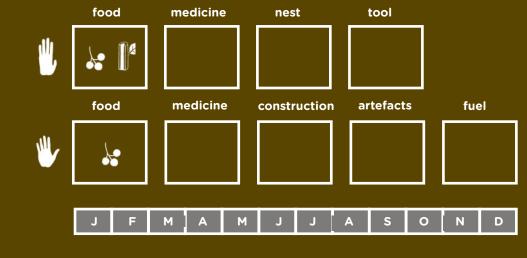
Seeds: ovoid, brown (c. 1 cm long); 1 per fruit.

















Pouteria alnifolia

(Syn. Malacantha alnifolia)

Sapotaceae

pó-de-remo (cr); nhada-haco, nhénhéò (fu); tantodí (nl); lakó, lalaúri (ss)

Habit: tree (15-20 m in height) with scarce white latex; young branches covered by many brownish hairs.

Leaves: alternate, membranous, obovate (15-25 cm x 10-15 cm); 10-20 pairs of veins; with petioles.

Flowers: small, with 5 yellowish petals, clustered at the axils of leaves.

Fruits: fleshy, subglobular (1.5-2.5 cm in diameter); red when ripe; edible pulp.

Seeds: ellipsoid, dark-brown.

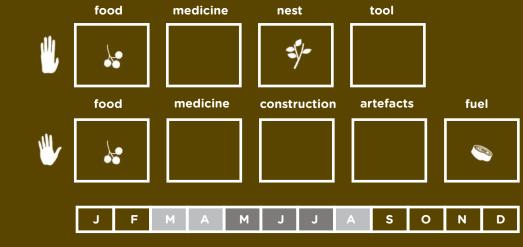


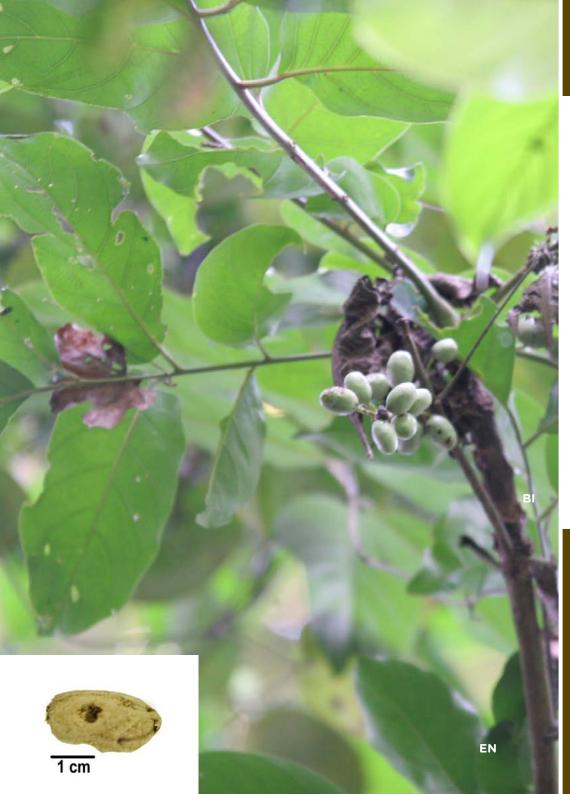












Pseudospondias microcarpa Anacardiaceae



cadjôdjáe (fu)

Habit: medium tree (≤ 20 m in height).

Leaves: compound imparipinnate, with 5-17 alternate to subopposite leaflets, oval or elliptic (\leq 12 cm x 6 cm), asymmetric at the base.

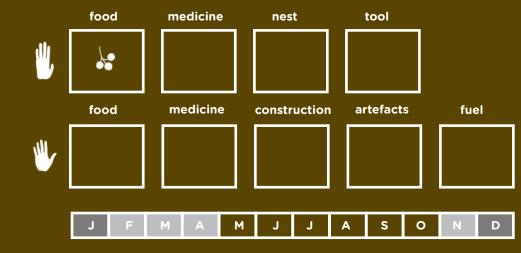
Flowers: unisexual, small, greenish-white, in branched, hanging inflorescences. **Fruits:** fleshy, ovoid (1.5-2 cm long), dark-blue when ripe.

Seeds: globular, surrounded by the pulp.















pulga-de-mato (cr); n'tonte, tonta (nl)

Habit: large tree (≤ 30 m in height), deciduous; bole enlarged at the base; dioecious species.

Leaves: clustered, hairy, with 3-7 membranous elliptic segments (25 cm x 10 cm); long petioles; ≤ 5 cm long stipules.

Flowers: unisexual, small, greenish-yellow; in apical and axillary inflorescences.

Fruits: fleshy (c. 3 cm in diameter), with 2-3 lobes.

Seeds: brown, approximately globular (\leq c. 1 cm in diameter), edible.



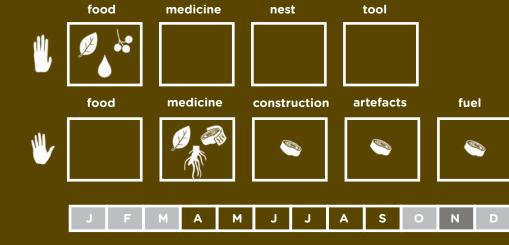


















mandiple (cr); p'sale, sale, samé, shal (ba); tchálè (fu); n'fal (nl); lugurí (ss)

Habit: small to medium tree (10-15 m in height), deciduous; quite thick bark, vertically fissured; buttresses in larger trees.

Leaves: alternate, compound imparipinnate (≤ 50 cm long); 11-19 asymmetric leaflets, opposite or subopposite, elliptic (7-12 cm x 3-5 cm), the apical one smaller than the others.

Flowers: small, white, in apical branched inflorescences.

Fruits: fleshy, ovoid (3-5 cm long), pedunculated, yellow when ripe; in clusters; edible pulp.

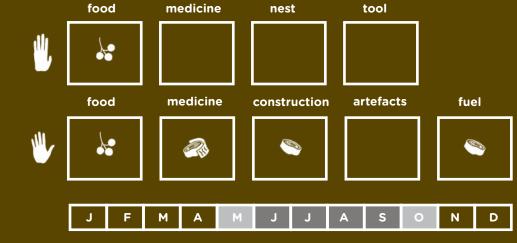
Seeds: inside a woody ovoid stone (1.5-2 cm x 2-3 cm).

















nassino, pau-corda, pau-de-saia, pó-de-cabaço (cr); búè, umbufúrè (ba); barquelei, tabáe, tchapelêguê, tehapeleque (fu); mandunduf (nl); mangéboré (ss); atakssulé (td)

Habit: tree (15-20 m in height), deciduous; long bole that can be ridged at the base.

Leaves: alternate, pubescent, obovate (10-20 cm x 6-12 cm), clustered at the shoot tips; 4-6 cm long petioles; with stipules. Flowers: clustered in axillary inflorescences, with pedicels; with 5 segments.

Fruits: pubescent, with 5 red boat-shaped segments that open when ripe.

Seeds: black, ovate, rather flat (\leq c. 1 cm long).

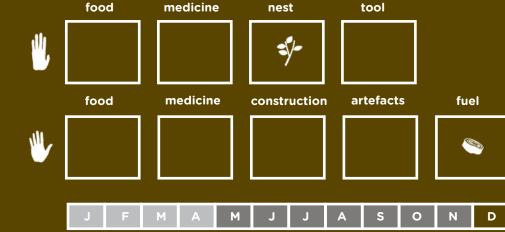




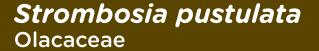














osso-de-dari (cr); tinlake, n'tim lák (nl); balé (ss)

Habit: large tree (≤ 30-35 m in height); cylindrical and long bole, with buttresses.

Leaves: alternate, dark-green, elliptic or lanceolate (8-12 cm x 4-6 cm), attached to green stems; with petioles. Flowers: small, white or yellowish, in small axillary groups.

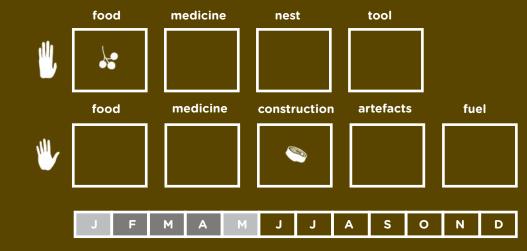
Fruits: fleshy, globular or ellipsoid (≤ 3 cm long), pedunculated.

Seeds: inside the stone, 1 per fruit.















jaca-de-mato, mantxambé (cr); jambi (ba); guibinte, mantchampudje (fu); n'sempé (nl); iendengi (ss)

Habit: large tree (≤ 20-30 m in height), with white latex; long bole, with buttresses.

Leaves: alternate, thick, asymmetric at the base, elliptic or ovate (15-30 cm x 8-15 cm); 8-14 pairs of veins; with petioles.

Flowers: unisexual, clustered in spherical inflorescences, generally borne on the stems.

Fruits: green, in large globular infructescences (15-25 cm in diameter), generally on the stems; edible.

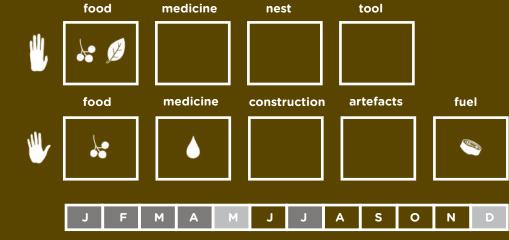
Seeds: slender (\leq 1 cm long), numerous per fruit; edible.















*Trichilia monadelpha*Meliaceae



po-di-bijugos (cr); nti kababayo (nl)

Habit: small to medium tree (\leq 15-25 m in height), with buttresses.

Leaves: alternate, compound imparipinnate; 9-15 opposite or subopposite leaflets, elliptic (10-25 cm x 3-8 cm), with 7-20 pairs of yeins. Flowers: greenish-white (c. 8 mm in length), in branched inflorescences, axillary or apical.

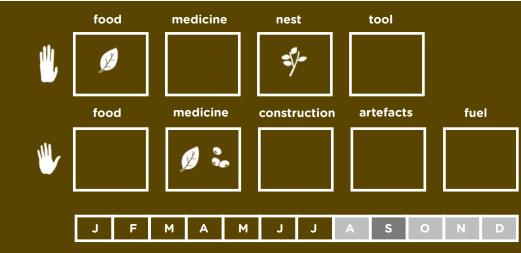
Fruits: subglobular (c. 1.5 cm long), splitting into 3 parts.

Seeds: black, each one partially covered by a red membrane.









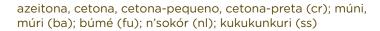






Vitex doniana

Lamiaceae (Labiatae - Verbenaceae)



Habit: tree (≤ 15 m in height) or shrub; short bole; dense and round crown.

Leaves: opposite, compound digitate, with 5 thick and unequal leaflets, the middle ones larger than the others, obovate (10-20 cm x 5-10 cm); 8-12 pairs of veins; long petioles (8-15 cm).

Flowers: white or violet, with 5 petals, one of which larger than the others; in branched axillary inflorescences.

Fruits: fleshy, globular or ovoid (2-3 cm long), black when ripe; in small groups; edible pulp.

Seeds: inside the woody stone.





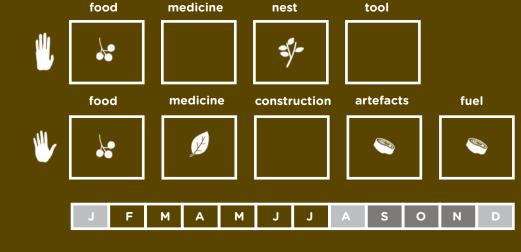






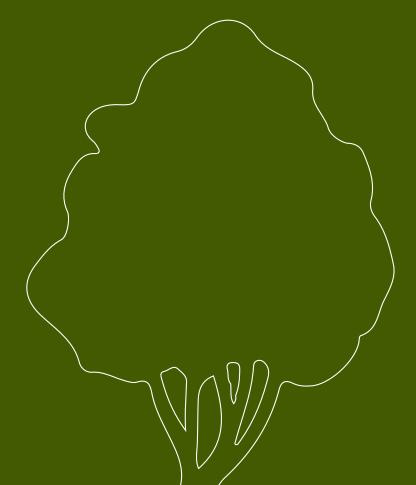






shrubs







Alchornea cordifolia Euphorbiaceae



pó-de-arco, pó-di-linguana (cr); blora, bloré, bulóra (ba); charque, djebonedje, gracassaque (fu); m'sumena, m'sumuna, n'sum-né (nl); bolonta, m'bolotá (ss)

Habit: shrub, sometimes liana or small tree (3-6 m in height), with white latex.

Leaves: alternate, broadly ovate (15-25 cm x 7-15 cm), pointed at the apex; long petioles.

Flowers: unisexual; male flowers small and green; female flowers greenishgrey (10-12 mm long), in axillary inflorescences or borne on the stems, slender (15-30 cm long).

Fruits: green, pubescent (1-1.5 cm in diameter).

Seeds: globular, red; 1 per fruit.



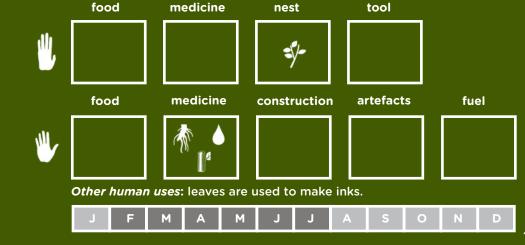














Cajanus cajan

Fabaceae (Leguminosae - Papilionoideae)



feijão-congo (cr)

Habit: shrub (1-4 m in height); introduced and cultivated species.

Leaves: compound trifoliate, alternate; elliptic to oblanceolate leaflets (6-9 cm x 2-3 cm); with petioles.

Flowers: yellow (c. 2 cm in diameter), 6-10 in branched pedunculated inflorescences.

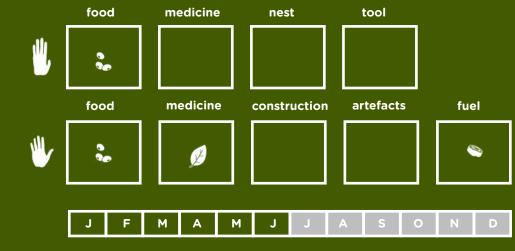
Fruits: pods (c. 6-9 cm x 1 cm), tomentose; pointed apex; protuberant where seeds are located.

Seeds: brown or cream-coloured beans, almost spherical.















buko, chá-de-buco (cr); bsálá, p'sangla (ba); canquelibá (fu); n'babass, n'harta (nl); buko, cancaliba (ss); ambate (td)

Habit: shrub or small tree (≤ 8 m), rarely a liana; brownish-red stems; longitudinally fissured bark.

Leaves: opposite, elliptic (5-8 cm x 3-5 cm), reddish before falling; short petioles.

Flowers: small, greenishwhite, in long, slender axillary inflorescences.

Fruits: of similar length and width (≤ 1.5 cm), dark-brown in the centre; with 4 yellow or light-brown wings and 1 seed at the centre.

Seeds: attached to the fruits.



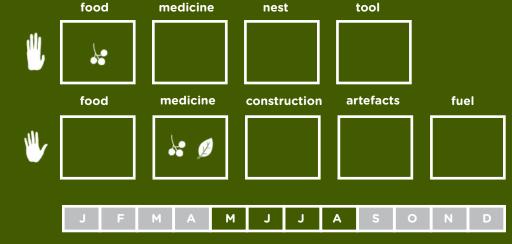






The genus *Combretum* comprises several species of trees, shrubs and lianas, of opposite or verticillate leaves (e.g. *C. grandiflorum*, *C. mucronatum*, *C. paniculatum*, *C. racemosum*, *C. tomentosum*); some of them may develop as either shrubs or lianas, depending on the vegetation type.















strangler Ficus

Moraceae

n'fór (nl)

Besides the two species separately addressed in this guide, the genus Ficus (commonly named figs) includes several others that might occur as shrubs, trees or, often, strangler shrubs.

While green, the fruit of Ficus is actually an inflorescence of nonfertilized flowers; when ripe, it is a group of fruits. It is very difficult to distinguish the seeds of one species from another with the naked eye or even with a magnifying glass.

In the case of strangler figs, the seeds are generally dropped on the bases of palm leaves by birds, after eating the fruits. Seeds germinate and extend their roots down to the ground, gradually surrounding

the palm stem and strangling it. When the palm dies, the fig remains and develops as a tree.

The fruits of several fig species are edible.

Strangler figs occur in the same habitats as palms. Some of the species present at Cantanhez are F. lutea, F. natalensis, F. ovata, F. polita, F. sagittifolia and F. scott-elliottii.

















Ficus sur Moraceae



figuera (cr); blata, kolí, tumbli (ba); tcheque, tchequedje (fu); tonkin-iá, tonquinha, tonkinjá (nl); kodé (ss); anaque (td)

Habit: shrub, mainly in fallows, or small forest tree (8-12 m in height) of short bole; white latex.

Leaves: alternate, large, ovate (10-20 cm x 5-10 cm); margin broadly dentate; 2 veins radiating from the base and 5-9 pairs of other veins, conspicuous on the abaxial side; sometimes very long petioles (\leq 8 cm).

Fruits: globular figs (3-5 cm in diameter), in clusters borne on the trunk and branches; they turn from green to yellow and then red when ripe.

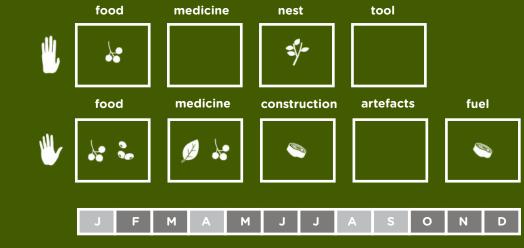
Seeds: very small and numerous.













1 cm

0,5 cm





Macrosphyra longistyla Rubiaceae



mama-di-cabra (cr); tepôbô (ba)

Habit: shrub (2-5 m in height) or small liana, generally branched from the base; densely hairy.

Leaves: opposite, ovate (8-15 cm x 4-10 cm); densely hairy on both sides; with petioles and stipules.

Flowers: white, turning yellowish (c. 5 cm in diameter); linear styles protruding 4-5 cm above the petals; umbrellalike arranged in apical inflorescences.

Fruits: green, globular (4-5 cm in diameter), externally woody, turning black when dry; with numerous seeds.

Seeds: small, flat.

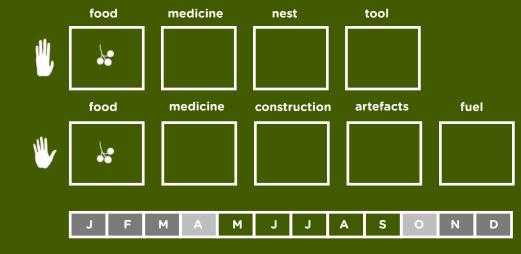














Memecylon afzelii Melastomataceae



Habit: shrub or small tree (≤ 8-10 m in height), with square stem cross-sections.

Leaves: opposite, elliptic or 1-2 per fruit. lanceolate (6-10 cm x 3-5 cm); short petioles.

Flowers: small, white, in inflorescences borne on the axils of leaves or on leafless stems.

Fruits: fleshy, globular or ellipsoid (1.2-1.5 cm long).

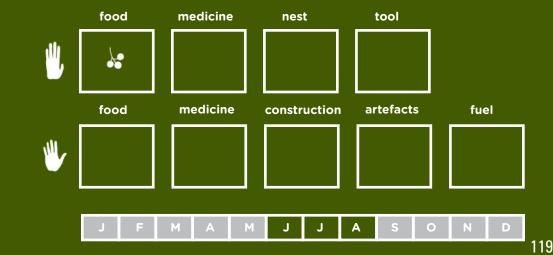
Seeds: small, 1-2 per fruit.













Musa spp. Musaceae



bananeira (cr); n'bantan (nl)

Habit: shrub-size herbaceous plant, with a pseudostem of 2-3 m that is annually renewed; cultivated.

Leaves: alternate, the bases surrounding the stem; large blade (1-2 m x 30-50 cm).

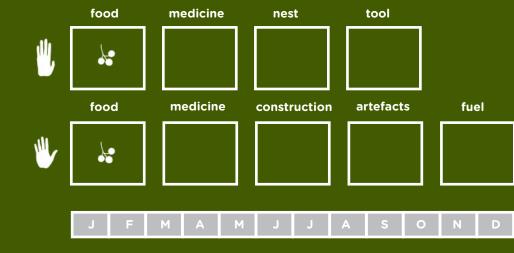
Flowers: numerous along the axis of the inflorescence (≤ 1 m long), which has purple bracts.

Fruits: fleshy, slender (12-25 cm long), light-green or yellow; without seeds.





There are several banana varieties of at least two species: *Musa acuminata*, with fruits as long as 18 cm, and *Musa* x *paradisiaca*, with fruits longer than 20 cm. These plants can produce bananas virtually year-round.









manduco-de-feticero (cr); canhómburi (fu); n'simkété, n'sinkét, singèle (nl); angade-tcharre (td)

Habit: shrub with several stems radiating from the base, or small tree (\leq 8 m in height); grey trunk.

Leaves: compound imparipinnate (\leq 50 cm long); 7-13 opposite leaflets, asymmetric and elliptic (12-25 cm x 4-6 cm), of dentate margin and pointed apex, with lilac dots at the base.

Flowers: pink and white, large (4-5 cm long), in apical inflorescences.

Fruits: cylindrical, long and narrow (25-35 cm x c. 2 cm), hanging from the stems.

Seeds: surrounded by a membranous wing.



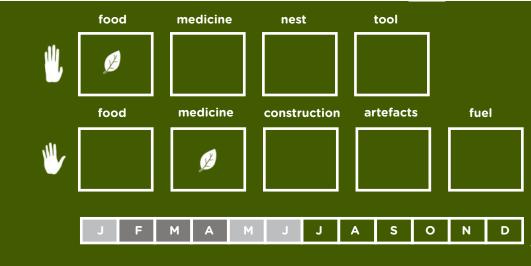














Phyllanthus muellerianusPhyllanthaceae (Euphorbiaceae)



mámámómóti (fu); mafer (nl); belekeserenji (ss); angandoram (td)

Habit: shrub or small climber (3-6 m in height), branched from the base; spines on the stems, near the petioles.

Leaves: alternate, elliptic or ovate (3-7 cm x 2-4 cm); short petioles.

Flowers: unisexual, very small, greenish; clustered in axillary inflorescences.

Fruits: red, fleshy, subglobular (c. 0.5 cm in diameter); in small slender infructescences.

Seeds: with c. 2 mm in diameter.

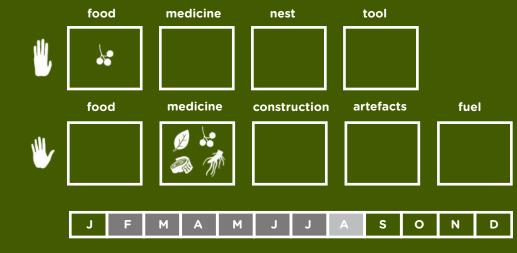


















fina (fu); n'bobé (nl)

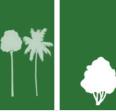
Habit: shrub or small tree $(\le 8 \text{ m in height}).$

Leaves: opposite to ovate (20-25 cm x 8-12 cm); with petioles.

Flowers: large (\leq c. 20 cm long), solitary, drooping.

Fruits: globular, large (≤ 7 cm in diameter).

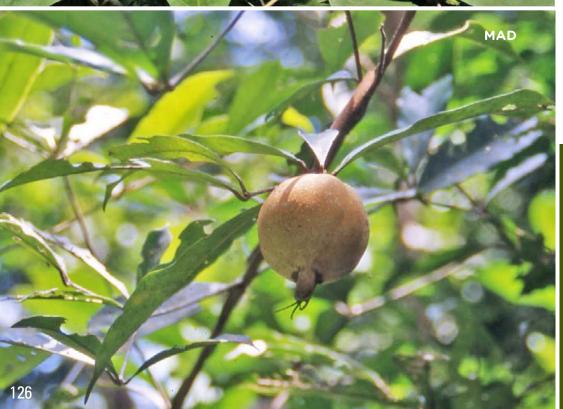
Seeds: brown, ellipsoid; numerous per fruit, surrounded by a yellowish pulp.

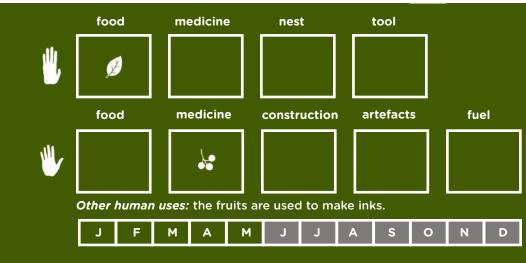














Saccharum officinarum Poaceae (Gramineae)



cana-di-azucar (cr)

Habit: shrub-sized herb $(\le 3-4 \text{ m in height})$, with spongy stem $(\le 5 \text{ cm in diameter})$.

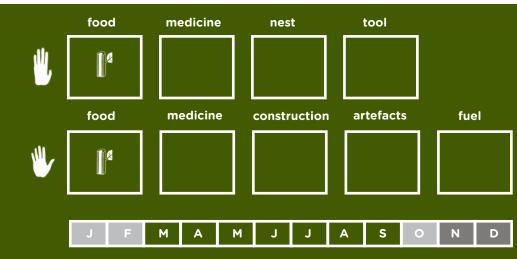
Leaves: alternate, the bases surrounding the stem; long and narrow blades (2-4 cm wide).

Flowers: whitish, in apical inflorescences (50-80 cm long).

Seeds: small, brown.







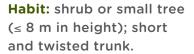


Sarcocephalus latifolius

(Syn. *S. esculentus; Nauclea esculenta*) **Rubiaceae**



madronha, madronho, caboupa, tambacumba-de-santcho (cr); cunhe, ptehén'tugudu, tehé-intogudê, tetudu, tètúgde, thétouro (ba); bacoré, cóile, condé, decumé, naude-puthu, naudó-putcho, obacoré (fu); n'tole, n'fol (nl); dudanké, dunduko (ss)



Leaves: opposite, big, largely elliptic (≤ 20 cm x 12 cm), thick and glossy.

Flowers: small, white, numerous; in globular apical inflorescences (4-5 cm in diameter). **Fruits:** globular (4-7 cm in diameter), dark-red when ripe.

Seeds: very small; numerous per fruit, surrounded by a reddish pulp.



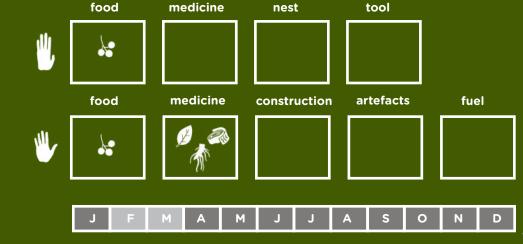














Synsepalum pobeguinianum Sapotaceae



n'koyio (nl)

Habit: shrub or small tree (≤ 15 m in height) of short bole; white latex.

Leaves: alternate, obovate (12-20 cm x 5-8 cm), clustered at the shoot tips; filiform stipules (\leq 8 mm long); short petioles.

Flowers: small, whitish, in small clusters borne on leafless stems, close to the scars of shed leaves.

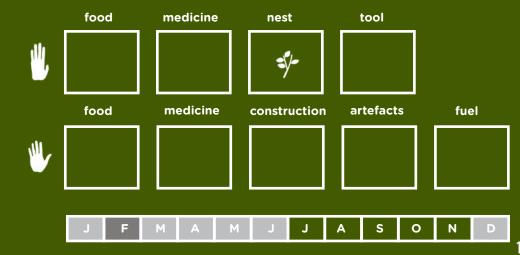
Fruits: fleshy, ovoid (c. 2 cm long), yellow when ripe.

Seeds: black, large,

1 per fruit.









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Tabernaemontana africana Apocynaceae



leite de vaca, pó-di-braso (cr); blá, glanhê (ba); corèbode (fu); latelaté, n'lat laté (nl); nhinguekinhé (ss)

Habit: shrub or small tree (≤ 10 m in height), with white latex.

Leaves: opposite, large and thick, elliptic (15-20 cm x 8-12 cm), with 5-10 pairs of veins; petioles \leq 3 cm long.

Flowers: tube-shaped (\leq 10 cm long), with 5 white or greenish petals, in inflorescences.

Fruits: double, opposite, fleshy (4-6 cm in diameter), yellow when ripe.

Seeds: small, numerous per fruit.

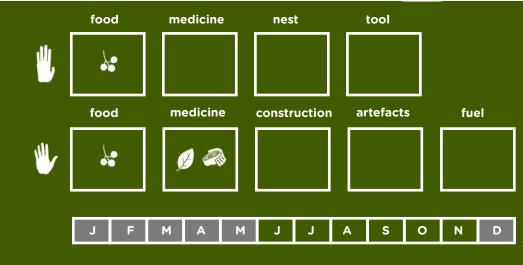














Uvaria chamae Annonaceae



banana-sanjo, banana-de-santcho (cr); qélè-bálé, qélè-bálei, quelibaledje (fu); n'pinde, n'pinden-di-mato (nl); mourandá (ss)

Habit: shrub (2-4 m in height) or small liana.

Leaves: alternate, elliptic or ovate (5-10 cm x 5 cm), with a characteristic smell when crushed; with petioles.

Flowers: greenish-yellow, solitary or in groups of 2-5.

Fruits: composed of several fleshy elements, pubescent, approximately cylindrical (4-6 cm x 2-3 cm), arranged in a star-like manner.

Seeds: brown, ellipsoid; several per fruit, surrounded by a white edible pulp.

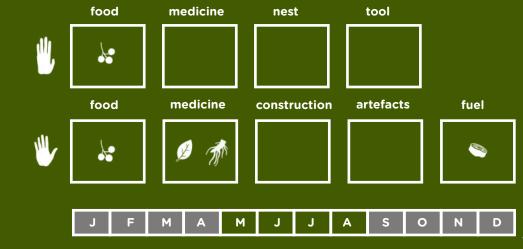












climbers







Ampelocissus bombycina Vitaceae



kunták (nl)

Habit: herbaceous climber (≤ 4-6 m in height), woody on the lower part of the stem; with tendrils.

Leaves: alternate; membranous, largely ovate, with 3-5 vaguely marked lobes (10-20 cm wide and long); finely dentate margin; densely hairy on the abaxial surface; with petioles. **Flowers:** reddish, small and numerous, in branched inflorescences.

Fruits: fleshy, globular or oval (c. 1.5 cm in diameter), red when ripe.

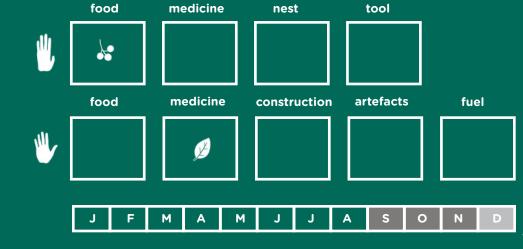
Seeds: c. 1 cm long, surrounded by an edible pulp.

















fole-bajuda, fole-di-lala, fole-pequeno, folezinho (cr); psôbé, shubé (ba); débol-pólêdje, pore (fu); m'bolé (nl); furé (ss)

Habit: liana (\leq c. 10 m long) or shrub (\leq 4-5 m in height), with white latex.

Leaves: opposite and thick; elliptic or lanceolate (5-10 cm x 3-4 cm); short petioles.

Flowers: white, scented (c. 1 cm in diameter), in apical inflorescences.

Fruits: fleshy, globular (2-6 cm in diameter), in groups of 2-6 with different diameters; yellow when ripe; gelatinous pulp, acid and cream-coloured.

Seeds: numerous per fruit, ovoid (c. 1 cm long), surrounded by pulp.





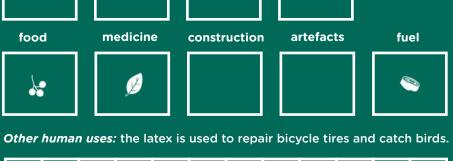












tool







fole-macaco (cr); m'boudi, (nl); folón-córe (ss)

Habit: large liana (≤ 30-40 m long, trunk diameter of 20-30 cm); with white latex.

Leaves: opposite, elliptic or lanceolate (10-25 cm x 8-14 cm); hairy on the abaxial surface; short petioles.

Flowers: white or yellow, in dense axillary inflorescences.

Fruits: globular (\leq 6 cm in diameter), fleshy; yellow when ripe; gelatinous and acid pulp.

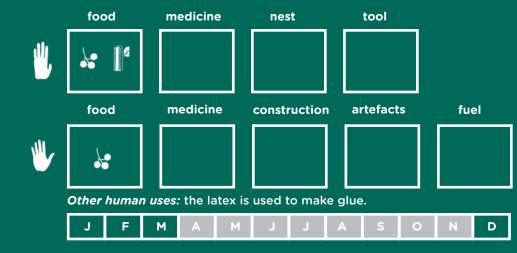
Seeds: numerous per fruit, surrounded by the pulp.













Saba senegalensis Apocynaceae



fole-di-lifanti (cr); m'binglé (ba); n'badak (nl); buduko (ss)

Habit: big liana (≤ 30-40 m long and trunk of 15-25 cm in diameter); with white latex.

Leaves: opposite, elliptic or ovate (10-20 cm x 5-10 cm); 1-1.5 cm long petioles.

Flowers: white or yellow, scented, in apical inflorescences.

Fruits: ovoid (\leq 12 cm x 8 cm), fleshy, with a rugged surface; yellow when ripe; gelatinous pulp.

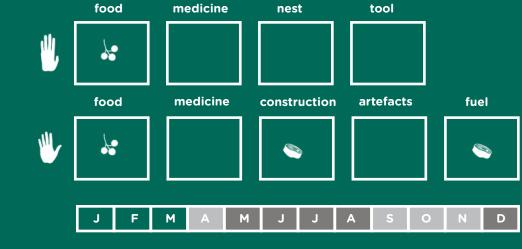
Seeds: numerous per fruit, ovoid (\leq 1.2 cm long), surrounded by the pulp.















Tetracera potatoriaDilleniaceae



malila-de-água (cr); n'harta (nl); nintí (ss)

Habit: woody climber (≤ 10-15 m long); the cut stem provides potable water.

Leaves: alternate, elliptic or obovate (8-12 cm x 4-6 cm), with dentate margins; rough on both surfaces; with petioles.

Flowers: white, in apical or axillary inflorescences.

Fruits: dry, in numerous groups; externally green, red upon splitting.

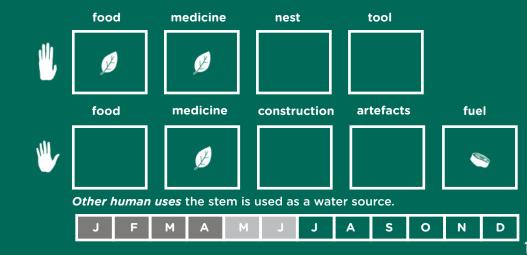
Seeds: black, globular (c. 5 mm in diameter); 1 per fruit.

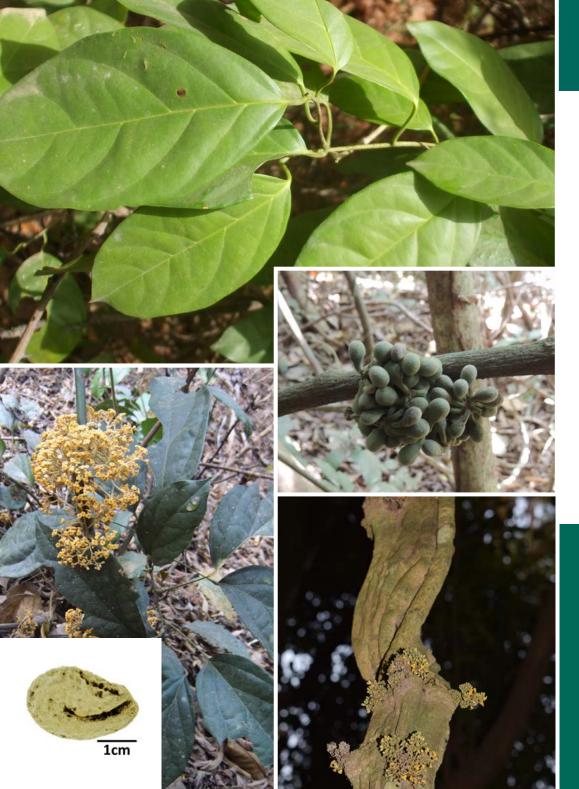












*Triclisia patens*Menispermaceae



portotô, uelifedjite (fu); manar-bancho, manar-kambantchum (nl); firifora (ss)

Habit: big liana (≤ 15-25 m long).

Leaves: alternate, elliptic or ovate (10-20 cm x 6-10 cm); long petioles.

Flowers: small, yellow, unisexual, in inflorescences borne on the stems or on the leaf axils.

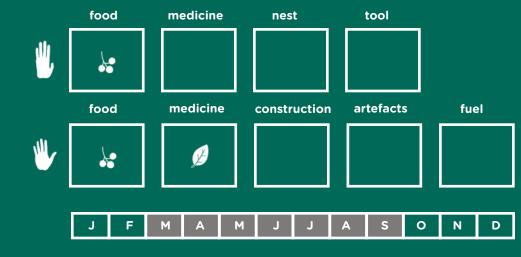
Fruits: fleshy, ellipsoid (1-1.5 cm long), densely haired on the surface; arranged in groups, generally borne on the stem.

Seeds: ovoid (c. 1 cm long), 1 per fruit.

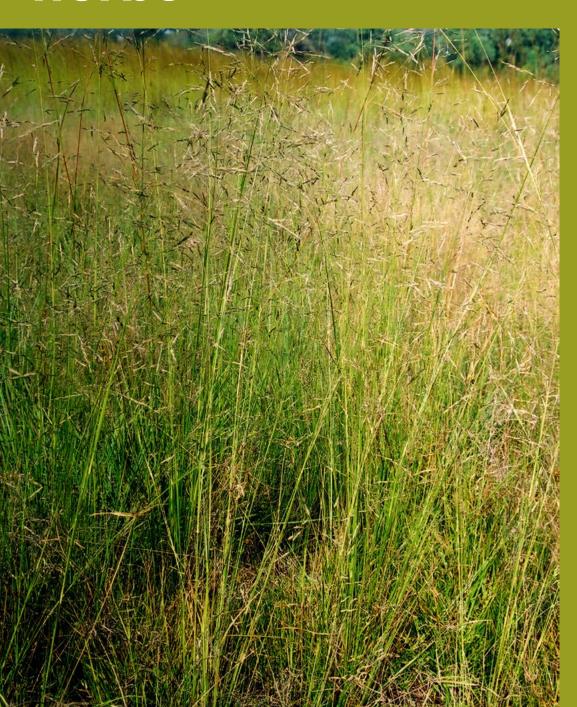








herbs











belenkufa (cr), mabôbé (nl)

Habit: perennial herb (≤1.5 m in height), with rhizome.

Leaves: arranged alternately, their bases around the stem; pubescent ligules; lanceolate leaf blades (≤ 30 cm x 8 cm).

Flowers: large, with a yellow centre and blue or violet edges; in groups of 2-5; develop at the ground level.

Fruits: ovoid (\leq 8 cm long), fleshy, red; at the ground level.

Seeds: ovoid (c. 0.5 cm long), numerous per fruit.



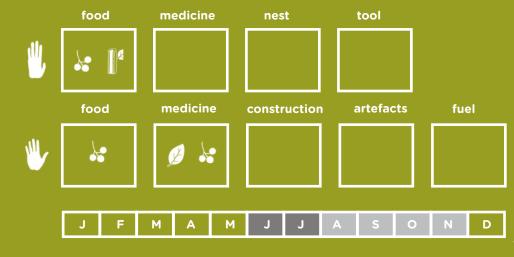




There are other species of this genus, namely Aframomum rostratum and A. sceptrum, that can be mistaken for this one.









Chasmopodium caudatumPoaceae (Gramineae)



caratá (cr); n'tankás (nl)

Habit: large annual herb (≤ 2-3 m in height), growing in tufts.

Leaves: alternate, around the stem; hairy bases; ligules with long hairs; linear-lanceolate blades (1-4 cm wide and 30-40 cm long). Flowers: apical branched inflorescences (spikes).

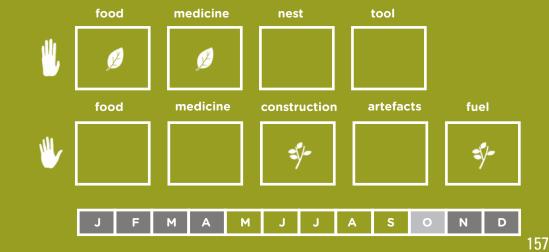
Seeds: small, ellipsoid (c. 0.5 cm long), surrounded by a flowerderived membrane.













*Hibiscus sabdariffa*Malvaceae



bajique, baguitche (cr); n'batú, umbatú (ba); fólerè (fu); n'salau (nl)

Habit: annual herb, subwoody at the base (≤ 1-1.5 m in height); dry-farmed.

Leaves: alternate, oval 3-lobed blades (≤ 10 cm long), with 3-5 veins radiating from the base; with petioles.

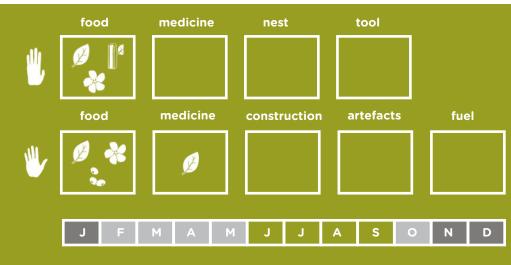
Flowers: yellow, with a red centre, ≤ 7 cm in diameter; borne on leaf axils; the external part becomes fleshy and bright-red.

Fruits: dry, conic (1.5-2 cm long).

Seeds: dark-brown, kidney-shaped (≤ 7 mm long).







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GLOSSARY

Explanation of some terms used in this guide; those marked with an asterisk are illustrated below.

acuminate - tapering gradually to a protracted point

alternate* - single leaves positioned at different heights on a stem, each at a different node (see also "opposite")

artefacts - plant parts used by humans to make objects

axil* - the angle between an organ (e.g., the leaf) and the axis to which it is attached (e.g., the branch)

bipinnate or **bipinnately compound leaf*** - compound leaf, twice pinnately divided, with secondary axes bearing the leaflets (pinnules) arranged along a main axis (rachis)

bole - the main trunk of a tree

bract - leaf-like structure, usually different in form from the foliage leaves, associated with an inflorescence or flower

buttress - supporting outgrowth from the base of a bole

chartaceous - papery

clustered* - when referring to leaves: concentrated at the shoot tips

compound* – leaf formed by two or more separate leaflets inserted in the same petiole or stalk

construction - plant parts used for the construction of houses and fences

crown - the branches and foliage at the top of a tree

deciduous - that sheds all the leaves during a certain period of the year

dentate* - leaf with sharp, spreading, rather coarse teeth standing out from the margin

digitate* - compound leaf with leaflets radiating from a common point, arranged like the fingers on an open hand

dioecious - species with male and female unisexual flowers on different plants

ellipsoid - a three-dimensional shape; longitudinal elliptic outline and circular cross section

elliptic* - a two-dimensional shape; oval in outline, narrowed to rounded ends in profile

filiform - thread-like

food - part of plant used as food

fuel - part of plant used as firewood

globular - a three-dimensional shape; spherical or orbicular; circular in outline

habit or life form - the growth form of a plant

imparipinnate* - pinnately compound leaf with a single terminal leaflet
 and hence with an odd number of leaflets

inflorescence - flower branch, including the bracts, flower stalks, and flowers

infructescence - a group or cluster of fruits resulting from an inflorescence **lamina** or **leaf blade*** - the usually flattened and green blade of a leaf,

which can be one entire unbroken leaf (simple) or a highly dissected and divided leaf (compound)

lanceolate* - lance-shaped, about 3-times longer than wide, with the broadest part nearer the base and an acute apex

latex - a milky, clear or sometimes coloured sap of diverse composition found in some plants

leaflet - individual part of a compound leaf, usually leaf-like and with its own stalk

liana - a woody climbing or twining plant

ligule - outgrowth from the inner junction of the grass leaf sheath and blade, often membranous, sometimes represented by a fringe of hairs

linear* - narrow and long leaf, with parallel margins

lobe - a usually rounded or pointed projecting part, usually one of two or more, each separated by a fissure or sinus

medicine - part of plant used for medicinal purposes

midvein* - the central or principal vein of a leaf

nest - chimpanzees' sleeping place, in tree canopies

oblanceolate* - lance-shaped, but with a wider distal part

obovate* - similar to ovate but with a wider distal part

opposite* - positioned at the same level (node) in pairs, opposite each other, along a stem (see also "alternate")

oval or ovoid - any curve that looks like an egg or an ellipse

ovate* - with an oval outline broader towards the base than the apex, "egg-shaped"

ovoid - a three-dimensional egg shape; ovate in outline

paripinnate* - pinnate with an even number of leaflets and without a terminal leaflet

pedicel - the stalk of an individual flower

peduncle - the stalk of an inflorescence or infructescence

perennial - plant that lives for more than two years

petal - free segment of the corolla, in a flower

petiole* - the stalk of a leaf

pinnule* - the secondary axis of a bipinnate leaf, with its leaflets

pith - the spongy, central tissue in some twigs, stems, and roots

pod - dry and generally elongated fruit containing seeds and splitting open when ripe; typical of many Fabaceae

pubescent - covered with short, soft hairs

rachis* - the main axis in a compound leaf, extending from the petiole

rhizome - root-like underground stem which sends up new leaves and stems each season

spine - a stiff, sharp, pointed structure, formed by modification of a plant organ

stamen - one of the male organs of a flower, consisting typically of a stalk (filament) and a pollen-bearing portion (anther)

stipule* - one of a pair of leaf-like, scale-like or bristle-like structures inserted at the base or on the petiole of a leaf

stone - hard layer enclosing one or two seeds

style - the usually narrow, elongated structure of the female part of the flower

subglobular - approximately globular

subopposite – almost opposite arrangement of leaves or leaflets along an axis

tendril - a slender organ formed from a modified stem, leaf or leaflet which, by coiling around objects, supports a climbing plant

tomentose - covered with not very long cottony hairs, closely interwoven

tool - plant part used as a tool

trifoliate* - a leaf having three leaflets

unisexual - flower with one sex only, either bearing the anthers with pollen, or an ovary with ovules

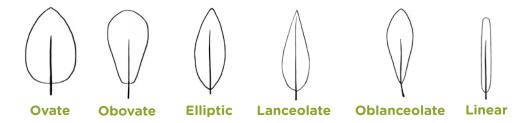
vein*- secondary vein of a leaf, radiating from the midvein

verticillate* - whorled; arranged in one or more whorls (i.e., around a common node)

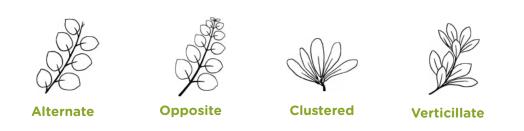
wing - any flat, often membranous expansion or flange, e.g. on a seed

FORMS OF LEAVES AND LEAFLETS

PARTS OF LEAF

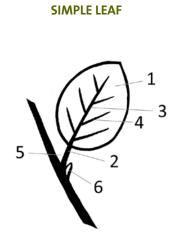


LEAF ARRANGEMENT

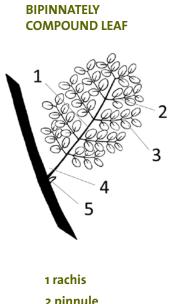


COMPOUND LEAVES





- 1 blade or lamina2 petiole3 midvein4 vein5 axil
- 6 stipule





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LIST OF COMMON NAMES

Common name	Language	Species	Chapter
acarta-lixo	creole	Ficus exasperata	Trees & Palms
ambate	tanda	Combretum micranthum	Shrubs
anaque	tanda	Ficus sur	Shrubs
angade-tcharre	tanda	Newbouldia laevis	Shrubs
angandoram	tanda	Phyllanthus muellerianus	Shrubs
angueidja	tanda	Anisophyllea laurina	Trees & Palms
anjambane	tanda	Parkia biglobosa	Trees & Palms
atakssulé	tanda	Sterculia tragacantha	Trees & Palms
ataparquê	tanda	Lecaniodiscus cupanioides	Trees & Palms
atchaguesse	tanda	Parinari excelsa	Trees & Palms
atenguengelere	tanda	Dialium guineense	Trees & Palms
azeitona	creole	Vitex doniana	Trees & Palms
bace	balanta	Borassus aethiopum	Trees & Palms
bacoré	fula	Sarcocephalus latifolius	Shrubs
baguitche	creole	Hibiscus sabdariffa	Herbs
bajique	creole	Hibiscus sabdariffa	Herbs
balé	sosso	Strombosia pustulata	Trees & Palms
banana-de-santcho	creole	Uvaria chamae	Shrubs
banana-sanjo	creole	Uvaria chamae	Shrubs
banana-sanjo-macho	creole	Monodora tenuifolia	Trees & Palms
bananeira	creole	Musa spp.	Shrubs
bansumá	sosso	Neocarya macrophylla	Trees & Palms
barquelei	fula	Sterculia tragacantha	Trees & Palms
belekeserenji	sosso	Phyllanthus muellerianus	Shrubs
bêlem	fula	Phoenix reclinata	Trees & Palms
belenkufa	creole	Aframomum alboviolaceum	Herbs
beludo	creole	Dialium guineense	Trees & Palms
bitchalám	sosso	Parinari excelsa	Trees & Palms
blá	balanta	Tabernaemontana africana	Shrubs
blata	balanta	Ficus sur	Shrubs
blora	balanta	Alchornea cordifolia	Shrubs
bloré	balanta	Alchornea cordifolia	Shrubs

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
bóbe	balanta	Daniellia oliveri	Trees & Palms
bóè	fula	Adansonia digitata	Trees & Palms
boiè-maio	fula	Dialium guineense	Trees & Palms
bólhanei	fula	Monodora tenuifolia	Trees & Palms
bolonta	sosso	Alchornea cordifolia	Shrubs
boto	nalu	Daniellia oliveri	Trees & Palms
boto	fula	Detarium senegalense	Trees & Palms
bsálá	balanta	Combretum micranthum	Shrubs
buco	creole	Combretum micranthum	Shrubs
buduko	sosso	Saba senegalensis	Climbers
búè	balanta	Sterculia tragacantha	Trees & Palms
buko	sosso	Combretum micranthum	Shrubs
bulóra	balanta	Alchornea cordifolia	Shrubs
búmé	fula	Vitex doniana	Trees & Palms
cabaceira	creole	Adansonia digitata	Trees & Palms
cabacera	creole	Adansonia digitata	Trees & Palms
cabasséra	creole	Adansonia digitata	Trees & Palms
caboupa	creole	Sarcocephalus latifolius	Shrubs
cadjôdjáe	fula	Pseudospondias microcarpa	Trees & Palms
cadju	creole	Anacardium occidentale	Trees & Palms
café	creole	Combretum micranthum	Shrubs
café-bravo	creole	Combretum micranthum	Shrubs
caju	creole	Anacardium occidentale	Trees & Palms
calabacera	creole	Adansonia digitata	Trees & Palms
cana-di-azucar	creole	Saccharum offcinarum	Shrubs
cancaliba	sosso	Combretum micranthum	Shrubs
canhómburi	fula	Newbouldia laevis	Shrubs
canquelibá	fula	Combretum micranthum	Shrubs
cantingui	sosso	Anisophyllea laurina	Trees & Palms
caratá	creole	Chasmopodium caudatum	Herbs
cetona	creole	Vitex doniana	Trees & Palms
cetona-pequeno	creole	Vitex doniana	Trees & Palms
cetona-preta	creole	Vitex doniana	Trees & Palms
chá-de-buco	creole	Combretum micranthum	Shrubs

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
charque	fula	Alchornea cordifolia	Shrubs
cibe	creole	Borassus aethiopum	Trees & Palms
cibedje	fula	Borassus aethiopum	Trees & Palms
cóile	fula	Sarcocephalus latifolius	Shrubs
condé	fula	Sarcocephalus latifolius	Shrubs
corèbode	fula	Tabernaemontana africana	Shrubs
cossiráe	fula	Dialium guineense	Trees & Palms
culum	tanda	Diospyros heudelotii	Trees & Palms
cunhe	balanta	Sarcocephalus latifolius	Shrubs
cura	fula	Parinari excelsa	Trees & Palms
curanaco	fula	Neocarya macrophylla	Trees & Palms
curanaco	fula	Parinari excelsa	Trees & Palms
débol-póiêdje	fula	Landolphia heudelotii	Climbers
decumé	fula	Sarcocephalus latifolius	Shrubs
djauláe	fula	Antiaris toxicaria	Trees & Palms
djebonedje	fula	Alchornea cordifolia	Shrubs
dúbè	fula	Borassus aethiopum	Trees & Palms
dudanké	sosso	Sarcocephalus latifolius	Shrubs
dunduko	sosso	Sarcocephalus latifolius	Shrubs
faroba	creole	Parkia biglobosa	Trees & Palms
farôba	creole	Parkia biglobosa	Trees & Palms
faroba-de-lala	creole	Albizia adianthifolia	Trees & Palms
faroba-de-lala	creole	Albizia ferruginea	Trees & Palms
faroba-de-lala	creole	Parkia biglobosa	Trees & Palms
faroba-de-mato	creole	Albizia adianthifolia	Trees & Palms
faroba-de-mato-macho	creole	Albizia ferruginea	Trees & Palms
faroba-de-mato-preto	creole	Albizia ferruginea	Trees & Palms
farroba	creole	Parkia biglobosa	Trees & Palms
farroba-de-lala	creole	Albizia adianthifolia	Trees & Palms
farroba-de-lala	creole	Albizia ferruginea	Trees & Palms
farrobe	creole	Parkia biglobosa	Trees & Palms
feijão-congo	creole	Cajanus cajan	Shrubs
figuera	creole	Ficus sur	Shrubs
fina	fula	Rothmannia whitfieldii	Shrubs

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
firirfora	sosso	Triclisia patens	Climbers
fole-bajuda	creole	Landolphia heudelotii	Climbers
fole-di-lala	creole	Landolphia heudelotii	Climbers
fole-di-lifanti	creole	Saba senegalensis	Climbers
fole-macaco	creole	Landolphia hirsuta	Climbers
fole-pequeno	creole	Landolphia heudelotii	Climbers
fólerè	fula	Hibiscus sabdariffa	Herbs
folezinho	creole	Landolphia heudelotii	Climbers
folón-córe	sosso	Landolphia hirsuta	Climbers
fufu	sosso	Monodora tenuifolia	Trees & Palms
furé	sosso	Landolphia heudelotii	Climbers
gante	balanta	Parkia biglobosa	Trees & Palms
ghandjam	creole	Lecaniodiscus cupanioides	Trees & Palms
glanhê	balanta	Tabernaemontana africana	Shrubs
gracassaque	fula	Alchornea cordifolia	Shrubs
guibinte	fula	Treculia africana	Trees & Palms
ialiké	nalu	Anacardium occidentale	Trees & Palms
iatété	sosso	Diospyros heudelotii	Trees & Palms
iendengi	sosso	Treculia africana	Trees & Palms
iú	nalu	Parkia biglobosa	Trees & Palms
jaca-de-mato	creole	Treculia africana	Trees & Palms
jagôrtá	nalu	Diospyros heudelotii	Trees & Palms
jambi	balanta	Treculia africana	Trees & Palms
kaméuri	sosso	Daniellia oliveri	Trees & Palms
kanse	fula	Anisophyllea laurina	Trees & Palms
kèbe	sosso	Lecaniodiscus cupanioides	Trees & Palms
ken	balanta	Elaeis guineensis	Trees & Palms
kilé	balanta	Parinari excelsa	Trees & Palms
kiri	sosso	Adansonia digitata	Trees & Palms
kodé	sosso	Ficus sur	Shrubs
kolí	balanta	Ficus sur	Shrubs
kondé	sosso	Ceiba pentandra	Trees & Palms
kukukunkuri	sosso	Vitex doniana	Trees & Palms
kunták	nalu	Ampelocissus bombycina	Climbers

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
lakó	sosso	Pouteria alnifolia	Trees & Palms
	sosso	Pouteria alnifolia	Trees & Palms
laranja	creole	Citrus sinensis	Trees & Palms
latalaté	nalu	Tabernaemontana africana	Shrubs
látè	balanta	Adansonia digitata	Trees & Palms
leite de vaca	creole	Tabernaemontana africana	Shrubs
limon francis	creole	Citrus aurantiifolia	Trees & Palms
língua-di-baca	creole	Antiaris toxicaria	Trees & Palms
língua-di-baca	creole	Ficus exasperata	Trees & Palms
lugurí	sosso	Spondias mombin	Trees & Palms
lút	nalu	Parinari excelsa	Trees & Palms
m'bath	nalu	Ceiba pentandra	Trees & Palms
m'béke	nalu	Adansonia digitata	Trees & Palms
m′béta	nalu	Detarium senegalense	Trees & Palms
m'bim	nalu	Dialium guineense	Trees & Palms
m'bimbe	nalu	Dialium guineense	Trees & Palms
m'binglé	balanta	Saba senegalensis	Climbers
m′bôbó	nalu	Daniellia oliveri	Trees & Palms
m′boié	balanta	Dialium guineense	Trees & Palms
m'bolé	nalu	Landolphia heudelotii	Climbers
m'bolotá	sosso	Alchornea cordifolia	Shrubs
m'boudi	nalu	Landolphia hirsuta	Climbers
m'bulá	nalu	Borassus aethiopum	Trees & Palms
m'bwoi	balanta	Dialium guineense	Trees & Palms
m'sumena	nalu	Alchornea cordifolia	Shrubs
m'sumuna	nalu	Alchornea cordifolia	Shrubs
mabôbé	nalu	Aframomum alboviolaceum	Herbs
madronha	creole	Sarcocephalus latifolius	Shrubs
madronho	creole	Sarcocephalus latifolius	Shrubs
mafel	balanta	Anisophyllea laurina	Trees & Palms
máfèlè	balanta	Anisophyllea laurina	Trees & Palms
mafer	nalu	Phyllanthus muellerianus	Shrubs
malefú	sosso	Diospyros heudelotii	Trees & Palms
malevu	sosso	Diospyros heudelotii	Trees & Palms

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
malila d'água	creole	Tetracera potatoria	Climbers
mama-di-cabra	creole	Macrosphyra longistyla	Shrubs
mámámómóti	fula	Phyllanthus muellerianus	Shrubs
mambode	creole	Detarium senegalense	Trees & Palms
mambódi	creole	Detarium senegalense	Trees & Palms
mampatace	creole	Parinari excelsa	Trees & Palms
mampatace-grande	creole	Neocarya macrophylla	Trees & Palms
mampataz	creole	Parinari excelsa	Trees & Palms
manar-bancho	nalu	Triclisia patens	Climbers
manar-kambantchum	nalu	Triclisia patens	Climbers
mandiple	creole	Spondias mombin	Trees & Palms
manduco-de-feticero	creole	Newbouldia laevis	Shrubs
mandunduf	nalu	Sterculia tragacantha	Trees & Palms
mangéboré	sosso	Sterculia tragacantha	Trees & Palms
mango	creole	Mangifera indica	Trees & Palms
manguera	creole	Mangifera indica	Trees & Palms
mantxambé	creole	Treculia africana	Trees & Palms
marnei	fula	Albizia adianthifolia	Trees & Palms
marnei	fula	Albizia ferruginea	Trees & Palms
marroné	fula	Pentaclethra macrophylla	Trees & Palms
masamp-balé	nalu	Albizia ferruginea	Trees & Palms
masamp-tchill	nalu	Albizia ferruginea	Trees & Palms
masamp-thai	nalu	Albizia adianthifolia	Trees & Palms
matchampudje	fula	Treculia africana	Trees & Palms
mavéu	nalu	Neocarya macrophylla	Trees & Palms
mèco	fula	Dialium guineense	Trees & Palms
mehanté	balanta	Parkia biglobosa	Trees & Palms
meile	balanta	Parinari excelsa	Trees & Palms
mesamp	nalu	Albizia adianthifolia	Trees & Palms
miséria	creole	Anisophyllea laurina	Trees & Palms
molhanei	fula	Monodora tenuifolia	Trees & Palms
moqué	sosso	Dialium guineense	Trees & Palms
moquê	fula	Dialium guineense	Trees & Palms
moquê	sosso	Dialium guineense	Trees & Palms

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
mourandá	sosso	Uvaria chamae	Shrubs
múni	balanta	Vitex doniana	Trees & Palms
múri	balanta	Vitex doniana	Trees & Palms
n'babass	nalu	Combretum micranthum	Shrubs
n'badak	nalu	Saba senegalensis	Climbers
n'bantan	nalu	Musa spp.	Shrubs
n'batú	balanta	Hibiscus sabdariffa	Herbs
n'bék	nalu	Adansonia digitata	Trees & Palms
n'bim	nalu	Dialium guineense	Trees & Palms
n'bobé	nalu	Rothmannia whitfieldii	Shrubs
n'bute	nalu	Neocarya macrophylla	Trees & Palms
n'djano	balanta	Parinari excelsa	Trees & Palms
n'djapô	balanta	Neocarya macrophylla	Trees & Palms
n'fal	nalu	Spondias mombin	Trees & Palms
n'fol	nalu	Sarcocephalus latifolius	Shrubs
n'harta	nalu	Tetracera potatoria	Climbers
n'harta	nalu	Combretum micranthum	Shrubs
n'kauué	nalu	Ceiba pentandra	Trees & Palms
n'koyio	nalu	Synsepalum pobeguinianum	Shrubs
n'lat laté	nalu	Tabernaemontana africana	Shrubs
n'lut	nalu	Parinari excelsa	Trees & Palms
n'mango	nalu	Mangifera indica	Trees & Palms
n'nhonhinhe	sosso	Antiaris toxicaria	Trees & Palms
n'pápa	nalu	Carica papaya	Trees & Palms
n'pinde	nalu	Uvaria chamae	Shrubs
n'pinden-chil	nalu	Monodora tenuifolia	Trees & Palms
n'pinden-di-mato	nalu	Uvaria chamae	Shrubs
n'sak	nalu	Phoenix reclinata	Trees & Palms
n'salau	nalu	Hibiscus sabdariffa	Herbs
n'sempé	nalu	Treculia africana	Trees & Palms
n'sinim nelbené	nalu	Citrus aurantiifolia	Trees & Palms
n'sinkét	nalu	Newbouldia laevis	Shrubs
n'sise	nalu	Elaeis guineensis	Trees & Palms
n'sokór	nalu	Vitex doniana	Trees & Palms

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
n'sonran	nalu	Lecaniodiscus cupanioides	Trees & Palms
n'sum-né	nalu	Alchornea cordifolia	Shrubs
n'sunp	nalu	Anisophyllea laurina	Trees & Palms
n'tankás	nalu	Chasmopodium caudatum	Herbs
n'tantass	nalu	Pentaclethra macrophylla	Trees & Palms
n'tim lák	nalu	Strombosia pustulata	Trees & Palms
n'tole	nalu	Sarcocephalus latifolius	Shrubs
n'tonte	nalu	Ricinodendron heudelotii	Trees & Palms
n'tulune	nalu	Milicia regia	Trees & Palms
n'txéf	nalu	Ficus exasperata	Trees & Palms
n'jangugurta	nalu	Diospyros heudelotii	Trees & Palms
n´boi	balanta	Dialium guineense	Trees & Palms
n´simkété	nalu	Newbouldia laevis	Shrubs
nando	fula	Neocarya macrophylla	Trees & Palms
nassino	creole	Sterculia tragacantha	Trees & Palms
nathe	balanta	Parkia biglobosa	Trees & Palms
naude-puthu	fula	Sarcocephalus latifolius	Shrubs
náudo	fula	Neocarya macrophylla	Trees & Palms
naudó-putcho	fula	Sarcocephalus latifolius	Shrubs
néré	fula	Parkia biglobosa	Trees & Palms
neri	sosso	Parkia biglobosa	Trees & Palms
néri	sosso	Parkia biglobosa	Trees & Palms
netch	fula	Parkia biglobosa	Trees & Palms
nétè	fula	Parkia biglobosa	Trees & Palms
nete-maio	fula	Albizia ferruginea	Trees & Palms
nétèmàe	fula	Albizia adianthifolia	Trees & Palms
néto-máiô	fula	Albizia adianthifolia	Trees & Palms
ngonjí	sosso	Ficus exasperata	Trees & Palms
nhada-haco	fula	Pouteria alnifolia	Trees & Palms
nhenhe	fula	Antiaris toxicaria	Trees & Palms
nhénhéò	fula	Pouteria alnifolia	Trees & Palms
nhinguekinhé	sosso	Tabernaemontana africana	Shrubs
nhinha	fula	Ficus exasperata	Trees & Palms
nintí	sosso	Tetracera potatoria	Climbers

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
niú	nalu	Parkia biglobosa	Trees & Palms
nti kababayo	nalu	Trichilia monadelpha	Trees & Palms
obacoré	fula	Sarcocephalus latifolius	Shrubs
osso-de-dari	creole	Strombosia pustulata	Trees & Palms
p'sangla	balanta	Combretum micranthum	Shrubs
p'sale	balanta	Spondias mombin	Trees & Palms
palmeira	creole	Elaeis guineensis	Trees & Palms
palmeira-de-óleo	creole	Elaeis guineensis	Trees & Palms
palmeira-dendém	creole	Elaeis guineensis	Trees & Palms
palmeira-tambara	creole	Phoenix reclinata	Trees & Palms
palmera	creole	Elaeis guineensis	Trees & Palms
papaia	creole	Carica papaya	Trees & Palms
pau-corda	creole	Sterculia tragacantha	Trees & Palms
pau-de-bicho-amarelo	creole	Antiaris toxicaria	Trees & Palms
pau-de-saia	creole	Sterculia tragacantha	Trees & Palms
pau-incenso	creole	Daniellia oliveri	Trees & Palms
pau-miséria	creole	Anisophyllea laurina	Trees & Palms
pau-veludo	creole	Dialium guineense	Trees & Palms
pilé	balanta	Parinari excelsa	Trees & Palms
pó-de-arco	creole	Alchornea cordifolia	Shrubs
pó-de-bicho	creole	Antiaris toxicaria	Trees & Palms
pó-de-bicho-amarelo	creole	Milicia regia	Trees & Palms
pó-de-bicho-branco	creole	Antiaris toxicaria	Trees & Palms
po-de-bitche	creole	Antiaris toxicaria	Trees & Palms
pó-de-bitcho-risso	creole	Milicia regia	Trees & Palms
pó-de-cabaço	creole	Sterculia tragacantha	Trees & Palms
pó-de-incenso	creole	Daniellia oliveri	Trees & Palms
pó-de-lete	creole	Antiaris toxicaria	Trees & Palms
pó-de-miséria	creole	Anisophyllea laurina	Trees & Palms
pó-de-remo	creole	Pouteria alnifolia	Trees & Palms
pó-de-veludo	creole	Dialium guineense	Trees & Palms
po-di-bichu-amarelo	creole	Antiaris toxicaria	Trees & Palms
po-di-bijugos	creole	Trichilia monadelpha	Trees & Palms
pó-di-bitchu	creole	Milicia regia	Trees & Palms

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
pó-di-braso	creole	Tabernaemontana africana	Shrubs
pó-di-cama	creole	Lecaniodiscus cupanioides	Trees & Palms
pó-di-linguana	creole	Alchornea cordifolia	Shrubs
po-di-lixa	creole	Ficus exasperata	Trees & Palms
pó-pondogo	fula	Detarium senegalense	Trees & Palms
poilão	creole	Ceiba pentandra	Trees & Palms
poilon	creole	Ceiba pentandra	Trees & Palms
polóm	creole	Ceiba pentandra	Trees & Palms
polón	creole	Ceiba pentandra	Trees & Palms
pore	fula	Landolphia heudelotii	Climbers
portotô	fula	Triclisia patens	Climbers
psáhè	balanta	Ceiba pentandra	Trees & Palms
psôbé	balanta	Landolphia heudelotii	Climbers
ptehén'tugudu	balanta	Sarcocephalus latifolius	Shrubs
pthaé	balanta	Ceiba pentandra	Trees & Palms
pulga-de-mato	creole	Ricinodendron heudelotii	Trees & Palms
qélè-bálé	fula	Uvaria chamae	Shrubs
qélè-bálei	fula	Uvaria chamae	Shrubs
quélè	fula	Monodora tenuifolia	Trees & Palms
quelibaledje	fula	Uvaria chamae	Shrubs
quem	balanta	Elaeis guineensis	Trees & Palms
quem-quelebá	fula	Combretum micranthum	Shrubs
querenduta	fula	Detarium senegalense	Trees & Palms
ribe	balanta	Elaeis guineensis	Trees & Palms
rubé	creole	Ceiba pentandra	Trees & Palms
rumbum	balanta	Ceiba pentandra	Trees & Palms
sale	balanta	Spondias mombin	Trees & Palms
samé	balanta	Spondias mombin	Trees & Palms
sarábá	balanta	Phoenix reclinata	Trees & Palms
sátaga	fula	Lecaniodiscus cupanioides	Trees & Palms
sénhè	nalu	Anisophyllea laurina	Trees & Palms
sérquê	balanta	Phoenix reclinata	Trees & Palms
setane	balanta	Monodora tenuifolia	Trees & Palms
shal	balanta	Spondias mombin	Trees & Palms

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
showhé	balanta	Ficus exasperata	Trees & Palms
shubé	balanta	Landolphia heudelotii	Climbers
silabono	fula	Diospyros heudelotii	Trees & Palms
singèle	nalu	Newbouldia laevis	Shrubs
sinim	nalu	Citrus sinensis	Trees & Palms
sugé	sosso	Parinari excelsa	Trees & Palms
sugue	sosso	Parinari excelsa	Trees & Palms
tabáe	fula	Sterculia tragacantha	Trees & Palms
tade	fula	Combretum micranthum	Shrubs
tamankumba	creole	Neocarya macrophylla	Trees & Palms
tamareira	creole	Phoenix reclinata	Trees & Palms
tambacumba	creole	Neocarya macrophylla	Trees & Palms
tambacumba-de- santcho	creole	Sarcocephalus latifolius	Shrubs
tambatchilam	fula	Antiaris toxicaria	Trees & Palms
tantodí	nalu	Pouteria alnifolia	Trees & Palms
tchálè	fula	Spondias mombin	Trees & Palms
tchamborta	nalu	Diospyros heudelotii	Trees & Palms
tchamburtá	nalu	Diospyros heudelotii	Trees & Palms
tchapelêguê	fula	Sterculia tragacantha	Trees & Palms
tchénè	fula	Daniellia oliveri	Trees & Palms
tcheque	fula	Ficus sur	Shrubs
tchequedje	fula	Ficus sur	Shrubs
tchime	fula	Antiaris toxicaria	Trees & Palms
tehapeleque	fula	Sterculia tragacantha	Trees & Palms
téhè	balanta	Neocarya macrophylla	Trees & Palms
tehé-intogudê	balanta	Sarcocephalus latifolius	Shrubs
tem-em-eih	fula	Elaeis guineensis	Trees & Palms
tepôbô	balanta	Macrosphyra longistyla	Shrubs
tetudu	balanta	Sarcocephalus latifolius	Shrubs
tètúgde	balanta	Sarcocephalus latifolius	Shrubs
thétouro	balanta	Sarcocephalus latifolius	Shrubs
tímè	balanta	Milicia regia	Trees & Palms
tinlake	nalu	Strombosia pustulata	Trees & Palms

COMMON NAME	LANGUAGE	SPECIES	CHAPTER
tonkin-iá	nalu	Ficus sur	Shrubs
tonkinjá	nalu	Ficus sur	Shrubs
tonquinha	nalu	Ficus sur	Shrubs
tonta	nalu	Ricinodendron heudelotii	Trees & Palms
tugi	sosso	Elaeis guineensis	Trees & Palms
tumbiro	balanta	Milicia regia	Trees & Palms
tumbli	balanta	Ficus sur	Shrubs
uasa-fiké	sosso	Albizia adianthifolia	Trees & Palms
uasau	sosso	Albizia adianthifolia	Trees & Palms
uauah	sosso	Pentaclethra macrophylla	Trees & Palms
uelifedjite	fula	Triclisia patens	Climbers
ulingi	sosso	Daniellia oliveri	Trees & Palms
umbatú	balanta	Hibiscus sabdariffa	Herbs
umboi	balanta	Dialium guineense	Trees & Palms
umbufúrè	balanta	Sterculia tragacantha	Trees & Palms
undiano	balanta	Parinari excelsa	Trees & Palms
unsununtu	nalu	Anisophyllea laurina	Trees & Palms
veludo	creole	Dialium guineense	Trees & Palms

ABOUT THE AUTHORS

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Hannah Parathian has a PhD in environmental Anthropology (Oxford Brookes University) and is now a post-doctoral researcher at CRIA. She is an expert on west African ethnobotany and on Nalu culture, and experienced in biocultural conservation. Her research now focuses on human-wildlife coexistence in Guinea-Bissau.

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Kimberley Hockings is a Senior Lecturer in Conservation Science at the University of Exeter, UK. A primary focus of her research is the interface between human and nonhuman great ape ecology and the implications of this interface for resource competition.

Luís Catarino has a PhD in Agronomic Engineering and is currently working at the Centre for Ecology, Evolution and Environmental Changes (cE3c, Faculdade de Ciências, University of Lisbon). He is an expert on tropical flora and vegetation and focuses his research on plant ecology, ethnobotany and ethnoecology, as well as on management of protected areas in Africa. He authored several publications about the flora and vegetation of Guinea-Bissau.