

THE UNIVERSITY OF EXETER

Effective Emotional Literacy Programmes: Teachers' Perceptions

Paper One: Teachers' perceptions of promoting emotional literacy.

**Paper Two: An evaluation of a personalised approach to teaching EL
devised by the teachers themselves.**

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Abbreviations and Definitions

EPS	Educational Psychology Service
EP(s)	Educational Psychologist(s)
PATHS	Promoting Alternative Thinking Strategies
NA	New Approach (Research school’s personalised approach to teaching Emotional Literacy.
EL	Emotional Literacy
EI	Emotional Intelligence
MSCEIT	Mayer, Salovey and Caruso Emotional Intelligence Test.
SDQ	Strengths and Difficulties Questionnaire.
ABCD model	Affective-Behavioural-Cognitive-Dynamic Model
SEN	Special Education Need
KS2	Key Stage Two
SPSS	Statistical Package for the Social Sciences
PSHCE	Personal Social Health and Citizenship Education
SEAL	Social and Emotional Aspects of Learning
NC	National Curriculum