

PATHWAY 5

ROWING / WRITING

Please make your way outside where a taxi will take you to the Quay. A number of Canadian canoes have been reserved for you to use to make your way from the Quay to your destination, The Double Locks. Whilst seated comfortably on the boat take turns to write a list of what you see from the boat. (One person will row while the other writes). Begin by focusing on and listing what you see in the distance, then swap your pen for the paddle. Repeat the process again, except this time list what is visible in the mid ground. Finally repeat again detailing what you see in the foreground. The paddle / prose should take approx one hour.

Destination:

The Double Locks, Canal Banks, Exeter EX2