

1 Drug repositioning and repurposing for Alzheimer disease

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20 Abstract

21 Drug repositioning and repurposing can enhance traditional drug development efforts and could
22 accelerate the identification of new treatments for individuals with Alzheimer disease (AD) dementia
23 and mild cognitive impairment. Transcriptional profiling offers a new and highly efficient approach
24 to the identification of novel candidates for repositioning and repurposing. In the future, novel AD
25 transcriptional signatures from cells isolated at early stages of disease, or from human neurons or
26 microglia that carry mutations that increase risk of AD, might be used as probes to identify
27 additional candidate drugs. Phase II trials assessing repurposed agents must consider the best target
28 population for a specific candidate therapy as well as the mechanism of action of the treatment. In
29 this Review, we highlight promising compounds to prioritise for clinical trials in individuals with AD,
30 and discuss the value of Delphi consensus methodology and evidence-based reviews to inform this
31 prioritization process. We also describe emerging work, focussing on the potential value of transcript
32 signatures as a cost-effective approach to identify novel candidates for repositioning.

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[H1] Introduction

The growing global health challenge posed by dementia needs to be addressed. Currently, more than 40 million people have Alzheimer disease (AD) worldwide and this number is expected to increase to more than 100 million by 2050¹. In addition, estimates indicate that at least 15% of people aged 60 or above have mild cognitive impairment (MCI), and that 8–15% of these individuals will progress to dementia each year, most commonly to AD². AD is a devastating, progressive neurodegenerative disease that has a massive personal and financial impact on individuals, families and society. The estimated annual cost of dementia worldwide is US\$818 billion, which is predicted to increase to US\$1 trillion within this decade¹. In the last 20 years only two new pharmacological therapies have become available for the treatment of AD. One of the treatments, memantine, has been licensed for the treatment of AD globally, whereas the other, oligomannate, is only licensed in China. Importantly, no pharmacological treatments have been licensed for use in individuals with MCI.

The core pathological substrates of AD in the brain are amyloid plaques and neurofibrillary tangles; the latter involve the hyper-phosphorylation of tau³. The importance of other potential mechanisms, including neuro-inflammation, protein misfolding, mitochondrial dysfunction and clearance of abnormal proteins, in the pathophysiology of AD has become increasingly apparent⁴. Despite a number of controversies regarding the role of amyloid in the pathogenesis of AD, including the question of whether neuronal death is driven by amyloid plaques or soluble amyloid and oligomers⁵, the vast majority of treatments evaluated in clinical trials have focussed on amyloid-related targets. The last decade has seen a number of high profile unsuccessful randomised clinical trials (RCTs) of amyloid-focussed treatments, for example the anti-amyloid immunotherapy Solanezumab⁶ and the β -secretase inhibitor Verubecestat⁷. A recent review of the NIH clinical trial registry identified only 29 pharmacological or biological treatments in ongoing phase II or phase III trials for disease modification in AD or MCI⁸. This number is 40-fold less than the number of ongoing RCTs for cancer⁸ and the number of RCTs of disease-modifying therapies for AD has not substantially increased since 2012⁹. Despite the enormous potential value of an effective disease-modifying therapy for AD or MCI, this area of research is considered to be high risk by the pharmaceutical industry, particularly as a result of low clinical trial success rates, and a number of global pharmaceutical companies have withdrawn investment from this therapeutic area¹⁰. Multiple factors could be responsible for the failed trials of disease-modifying therapies for AD, for example, the use of sub-optimal treatments and targets, a narrow range of targets, and methodological issues with the trials (Box 1). Furthermore, owing to the low sensitivity of clinical and neuropsychological outcome measures, nearly 500 participants per treatment arm are needed for adequately powered phase II trials in

70 individuals with MCI, which means that many phase II trials in individuals with this condition are
71 significantly underpowered and the results are difficult to interpret¹¹.

72
73 Emerging results from trials of the amyloid-targeting antibody aducanumab indicated that, in one of
74 the two completed phase III trials, participants receiving aducanumab showed a statistically
75 significant improvement in cognition and function compared with participants receiving placebo,
76 particularly in the groups of participants carrying *APOE* $\epsilon 4$ ¹². The data from the other phase III trial
77 were less clear, although some indication of benefit in participants exposed to higher doses was
78 reported¹². The results of these trials are not yet fully in the public domain and have not been
79 subjected to peer review, so interpretation needs to be cautious. Therapies that focus on other key
80 treatment targets such as tau and neuro-inflammation are at an earlier stage of development than
81 aducanumab, but the preclinical data is promising¹³. These encouraging results might have a positive
82 impact on AD drug discovery, for example, by attracting increased investment from the
83 pharmaceutical industry. However, complementing traditional drug discovery with a broader range
84 of approaches, such as drug repositioning and repurposing, will maximize drug development efforts.
85 We used a systematic review of the literature and a Delphi consensus approach to highlight existing
86 compounds that we feel should be prioritised for clinical trials in individuals with AD. In this Review,
87 we present the results of that Delphi consensus and describe the evidence underlying the consensus
88 prioritisation. We then describe emerging work, focussing on the potential value of transcript
89 signatures as a cost-effective approach to identify novel candidates for repositioning.

91 **[H1] Drug repositioning and repurposing**

92 Drug repositioning occurs within the biopharma industry during drug development and refers to the
93 development of an agent for an indication other than the indication it was originally intended for.
94 This new indication is prioritised during the development process and before approval. In contrast,
95 drug repurposing is defined as “the application of established drug compounds to new therapeutic
96 indications”¹⁴ and offers a route to drug development that is accessible to academic institutions,
97 government and research council programs, charities and not-for-profit organizations, thus
98 complementing the work of pharmaceutical and biotechnology companies. Repositioning and
99 repurposing offer an attractive way of enhancing traditional drug development and accelerating the
100 arrival of new treatments for AD dementia and MCI in the clinic. Phase II trials assessing repurposed
101 agents must consider the best target population for a specific candidate therapy as well as the
102 mechanism of action of the treatment.

104 Drug repurposing has enabled the identification of successful therapies for many diseases ranging
105 from cancer¹⁵ to Parkinson disease¹⁶. One important advantage of this approach is that the safety of
106 the candidate compound has already been established, which removes the need for further pre-
107 clinical safety testing, chemical optimization or toxicology studies, and thus substantially reduces the
108 time and cost involved in progressing the potential treatment into clinical trials. Marketed drugs are
109 likely to have a reasonable safety database derived from previous registrational programmes, post-
110 marketing experience and safety surveillance. In many cases, understanding this safety profile offers
111 a solid 'freedom to operate' when repurposing the drug in a relatively fragile population, such as
112 individuals with AD. Drug repurposing might also offer the further key advantage of bypassing the
113 early preclinical, phase II and even phase IIa trials, all of which are time consuming and represent
114 periods of relatively high drug attrition. In addition, many of the costs of drug development that are
115 not always readily recognized, such as those associated with formulation optimisation,
116 manufacturing development, and drug–drug interaction studies, have been addressed by the
117 biopharmaceutical company that originally developed the drug. The estimated cost of developing a
118 drug to the point of approval is US\$5.6 billion¹⁷, but these extreme costs can be lower in
119 programmes that focus on repurposed agents. Furthermore, for repurposed agents, clinical evidence
120 of potential efficacy can be derived from existing pathophysiological observations, epidemiological
121 cohort studies, open-treatment studies and preliminary clinical trials. This clinical information
122 provides an important added dimension to the available evidence, particularly given the limitations
123 of animal models.

124
125 Candidates for drug repurposing can be selected via a number of different routes, one of which is
126 the use of large datasets to detect drug-associated patient outcomes that would otherwise have not
127 been identified¹⁸. An alternative route is hypothesis-driven repurposing, which combines
128 information about the disease of interest and the properties and targets of existing drugs for other
129 conditions to identify potential candidates⁹. Similarly, high-throughput screening using *in vitro*
130 models designed to assess the effects of compounds on known target mechanisms, such as amyloid
131 toxicity, can be used¹⁹. A novel method is the use of disease-associated transcriptional signatures as
132 a tool for identifying candidate therapies²⁰. Another approach is to combine several of the above
133 sources of information by manually reviewing the existing literature to identify candidates for
134 repurposing. The challenge is that the kind of evidence available often varies among different
135 compounds, for example, strong *in vitro* or *in vivo* evidence might exist for some candidates,
136 whereas strong epidemiological evidence might exist for others. In addition, any identified
137 treatment has to also be suitable for the target population, which for AD is older individuals with
138 dementia. One way of addressing this challenge is to combine systematic review of the evidence

139 with rigorous expert interpretation and consensus using methodologies such as the Delphi
140 consensus approach, which is a standardized approach to achieving expert consensus based on a
141 standardized review of the evidence and serial re-rating of priorities by a panel of experts.

142

143 **[H1] The Delphi consensus process**

144 In writing this Review we combined available evidence from the repurposing routes described in the
145 previous section with the aim of identifying the best candidate compounds for the treatment of AD
146 or MCI. This process involved a comprehensive assessment of the published literature, a systematic
147 evaluation of the evidence and a formal Delphi consensus process involving an expert panel. The
148 Delphi panel had 12 members, with expertise from the pharmaceutical industry, academia or drug
149 development funding within the charity sector, including the authors of this Review (with the
150 exception of G.W., P.D., A.C. & J.S.) and 3 additional panel members who represented patient
151 organizations (see acknowledgements section). Each panel member was asked to nominate up to
152 ten candidate compounds for further consideration. A full systematic review of the literature was
153 prepared for all five candidate compounds that were identified by at least three members of the
154 panel. The members of the panel then ranked these five drug candidates in order of priority on the
155 basis of the strength of evidence. The key factors used for this ranking included the mechanism and
156 efficiency of brain penetration, the safety profile of the compound and whether or not the dosage of
157 the drug used in preclinical studies was equivalent to the safe human dosage. The prioritization
158 ratings of each panel member were shared with the panel at a face-to-face meeting and a second
159 prioritization exercise was undertaken by e-mail. The prioritization was then finalized at a further
160 face-to-face meeting of the panel. This methodology was designed to update the systematic review
161 and Delphi consensus published in 2012 in *Nature Reviews Drug Discovery*⁹. As the aim of this
162 second Delphi consensus was to identify new candidate compounds, priority candidates from the
163 2012 census were excluded, but candidates not prioritised by the 2012 consensus were eligible if
164 new evidence had emerged.

165

166 **[H1] Update on existing priority compounds**

167 The 2012 Delphi consensus⁹ prioritised five classes of compounds for repurposing as treatments for
168 AD: tetracycline antibiotics, calcium channel blockers, angiotensin receptor blockers (ARBs),
169 glucagon-like peptide 1 (GLP1) analogues and retinoid therapy. With the exception of retinoid
170 therapy, all of the prioritised classes of compounds have now been taken into clinical trials. Trials of
171 the tetracycline antibiotic minocycline²¹, the calcium channel blocker nilvadipine²² and the ARB
172 losartan²³ have been completed and did not find any significant benefits of treatment on the
173 cognition or function of individuals with AD.

174

175 [H2] Tetracycline antibiotics

176 The RCT of minocycline²¹ was a 3-arm 24-month trial that compared the effects of either 400 mg
177 minocycline per day, 200 mg minocycline per day, or placebo, in a total of 554 participants with mild
178 AD and a Mini Mental Status Examination (MMSE) score of ≥ 24 . The two groups of participants who
179 received the minocycline treatment were combined for the data analysis. In this combined group,
180 the change in mean MMSE, the primary outcome measure, over 24 months was only 0.1 points less
181 than in the group that received placebo. No difference in the change in ability to perform activities
182 of daily living over the 24 months was detected between the two groups. This was a pragmatic, but
183 well-designed study, and provides a clear negative result, which suggests that further trials of
184 minocycline for the treatment of AD are not warranted.

185

186 [H2] Calcium channel blockers

187 Nilvadipine (8 mg per day) was evaluated in an 18-month double-blind RCT in 511 participants, of
188 whom 253 received nilvadipine and 258 received placebo²². The participants were over the age of 50
189 and had an MMSE score between 12 and 27, thus meeting the National Institute of Neurologic and
190 Communicative Disorders and Stroke – Alzheimer’s Disease and Related Disorders Association
191 (NINCDS-ADRDA) criteria for probable AD²⁴. The primary outcome measure was a change in
192 Alzheimer’s Disease Assessment Scale – cognitive subscale (ADAS–COG) score; however, only a 0.21-
193 point non-significant difference in average ADAS–COG was observed between the two treatment
194 groups over 18 months. For context, studies of cholinesterase inhibitors have reported differences of
195 > 2 points on the ADAS–COG score between groups of participants receiving treatment and groups
196 of participants receiving placebo²⁵ and this would usually be regarded as the minimum clinically
197 meaningful degree of change²⁶. No benefit of treatment with nilvadipine was detected with the co-
198 primary outcome measure (Clinical Dementia Rating – sum of boxes), or on any of the secondary or
199 exploratory outcome measures. This trial was well-designed and adequately powered and the
200 absence of any significant differences between groups is clearly a negative result, and plans for
201 further studies of nilvadapine for the treatment of AD have not been reported.

202

203 [H2] Angiotensin receptor blockers

204 In a preliminary study, 20 participants with probable AD and essential hypertension were randomly
205 assigned to receive either the ARB telmisartan (10 participants, 40–80 mg per day) or the calcium
206 channel blocker amlodipine (10 participants, 5–10 mg per day) for 6 months²⁷. The group of
207 participants who received telmisartan had increased regional cerebral blood flow in the right
208 supramarginal gyrus, superior parietal lobule, cuneus, and lingual gyrus compared with the group of

209 participants that received amlodipine. No differences in cognition were observed between the two
210 groups, but the study was very underpowered for detecting neuropsychological outcomes. More
211 recently, in an RCT of the ARB losartan, 211 participants with mild or moderate AD were randomly
212 assigned to receive either 100mg losartan or placebo once daily for 12 months²³. Preliminary results
213 from the trial were presented at the Clinical Trials on Alzheimer's Disease (CTAD) conference in
214 2019. No significant reduction in the rate of cortical atrophy, which was the primary outcome
215 measure, was observed in the participants receiving losartan compared with those receiving
216 placebo, and the other clinical and cognitive outcomes measures showed no indication of
217 improvement associated with losartan treatment. Although the trial was underpowered for
218 detecting changes in clinical outcomes, the absence of any trends towards improvement in the
219 treatment group was disappointing²³.

220

221 Despite these negative clinical trial results, a solid body of in vitro and in vivo work supports the
222 potential utility of ARBs as a treatment for AD²⁸⁻⁴⁰. In vitro work has identified multiple effects of
223 centrally acting angiotensin II, including vasoconstriction, mitochondrial dysfunction, inhibition of
224 acetylcholine release, increased production of angiotensin IV and release of inflammatory
225 mediators²⁸⁻³⁰, that suggest ARBs could be suited to repurposing for AD. Many commonly used ARBs,
226 such as candesartan and losartan, have known blood-brain barrier penetration properties and have
227 been shown to attenuate the central effects of angiotensin II in animal studies³¹. For example, in one
228 study treatment with the ARB valsartan was associated with reduced amyloid- β aggregation in
229 vitro³², and improvements in behavioural tests of cognitive performance and reductions in amyloid
230 pathology in a mouse model of AD³². In other studies of mouse models of AD, animals treated with
231 ARBs showed reduced brain levels of total amyloid or amyloid- β aggregation, improvements in
232 cognition and reduced neuroinflammation compared with animals treated with saline³³⁻³⁷. Studies of
233 ARBs in Sprague Dawley rats have produced contradictory results, with some studies reporting an
234 ARB-associated decrease in tau phosphorylation and some studies reporting an ARB-associated
235 increase in tau phosphorylation³⁸⁻⁴⁰.

236

237 Some epidemiological evidence also supports use of ARBs for the treatment of AD. A large 4-year
238 study of the medical records of 800,000 adults over 65 reported an almost 50% reduction in incident
239 AD in individuals receiving ARBs compared with individuals receiving other cardiovascular
240 treatments. The ONTARGET trial included 16,000 participants with hypertension and significantly
241 fewer participants declined to an MMSE score <18 in the group receiving the ARB telmisartan than in
242 the group receiving the ACE inhibitor ramipril⁴¹. However, this finding was not replicated in the
243 parallel TRANSCEND trial in 5,000 participants with hypertension, which compared telmisartan with

244 placebo⁴¹, nor in the SCOPE trial in nearly 5,000 participants with hypertension, which compared the
245 ARB candesartan with placebo. However, a sub-group analysis in participants from the SCOPE trial
246 with pre-treatment MMSE scores of 24–28 showed a modest benefit of treatment on cognitive
247 ability⁴².

248

249 The overall evidence for the use of ARBs to treat AD is mixed, and the absence of any benefits in the
250 RCT of losartan is disappointing. However, the evidence reviewed in this section focuses on specific
251 treatment mechanisms that are related directly to actions on the rennin angiotensin system. These
252 observations must be interpreted in the context of strong epidemiological evidence indicating that
253 hypertension is a risk factor for AD dementia⁴³ and the results of the recent SPRINT MIND trial,
254 which demonstrated a significant reduction in the of MCI and probable AD dementia in participants
255 receiving intensive anti-hypertensive management (target systolic blood pressure <120 mm hg)
256 compared with the usual anti-hypertensive management (target systolic blood pressure <140 mm
257 hg)⁴⁴. The potential overall benefits of blood pressure reduction for heart and brain health should
258 also be considered. Indeed, RCTs of candesartan and telmisartan in individuals with or at risk of AD
259 are ongoing, and we should not discount ARBs as a potential treatment until the results of these
260 trials are reported^{45,46,47}.

261

262

263 *[H2] GLP1 analogues*

264 The emerging evidence base for the use of GLP1 analogues to treat AD is more encouraging than
265 that of the other compounds prioritised by the 2012 Delphi consensus⁹. GLP1 analogues were
266 prioritised on the basis of several in vivo studies in mouse models of AD that demonstrated an effect
267 of this treatment on amyloid and tau pathologies⁴⁸⁻⁵¹ as well as oxidative stress, apoptosis, synaptic
268 plasticity and other core neuronal functions^{49, 51-57}. More recently, this work was extended by a study
269 of the GLP1 analogue liraglutide⁵⁸. In this study, treatment of APP–PS1 mice (which carry AD-
270 associated mutations in APP and presenilin) with liraglutide from the age of 2 months attenuated
271 the development of progressive AD-related pathological changes, such as synapse loss, synaptic
272 plasticity and amyloid plaques. Indeed, treatment with liraglutide has consistently been associated
273 with improvements in cognition and memory in animal models of AD⁵⁸⁻⁶¹.

274

275 Three randomised, double-blind, multicentre, placebo-controlled trials examining of the
276 cardiovascular effects of liraglutide or semaglutide also included the development of dementia as an
277 exploratory outcome. A total of 15,820 participants were included in the 3 trials and the median
278 follow-up period was 3.6 years. Across the 3 trials, 15 participants who received a GLP1 analogue

279 and 32 participants who received placebo developed dementia, with an estimated hazard ratio of
280 0.47 (95% CI 0.25; 0.86) in favour of the GLP1 analogue treatment (C.B., unpublished work). This
281 analysis is exploratory, and the frequency of incident dementia was modest. A post-hoc analysis of
282 the data from a RCT of another GLP-1 analogue, dulaglutide, for the prevention of adverse
283 cardiovascular outcomes in people with diabetes, also reported a significant reduction in incident
284 dementia in participants treated with dulaglutide compared with participants receiving placebo⁶².
285 The findings of these RCTs need to be interpreted cautiously as they are based on post-hoc analyses,
286 but are consistent with a role for GLP1 analogue treatment in preventing the development of
287 dementia.

288 Several more recent studies of GLP1 analogues in individuals with AD are underway or have been
289 completed. A preliminary randomized, placebo-controlled clinical ²⁰F-fluorodeoxyglucose (FDG)-PET
290 study in 38 individuals with AD demonstrated that, compared with placebo, 6 months of treatment
291 with liraglutide at a dose of 1.8 mg per day by subcutaneous injection prevented a decline in glucose
292 metabolism in the brain⁶³. Glucose metabolism is used as a marker of brain activity, and a lack of
293 decline in glucose metabolism is usually taken to indicate preservation of biological brain function.
294 Further analysis indicated that the underlying mechanism for this effect is an increase in blood-brain
295 glucose transfer capacity and that, in the group of participants who received liraglutide, transfer
296 capacity was the same as in healthy controls. A larger phase II RCT involving 204 participants with AD
297 was completed in 2019⁶⁴. The results of an 18-month pilot double blind placebo controlled RCT of
298 exenatide have also been reported⁶⁵. The study, which included only 21 participants, found that the
299 exenatide was well-tolerated, although an expected increase in nausea and decreased appetite was
300 observed in the group that received the drug compared with the group that received placebo. The
301 study found no significant difference in clinical, cognitive, neuroimaging or cerebrospinal fluid (CSF)
302 measures between the two groups; however, given the very limited power of this study, these
303 observations cannot be meaningfully interpreted. The levels of A β ₄₂ in plasma extracellular neuronal
304 vesicles were lower in participants receiving exenatide than in participants receiving placebo, which
305 is an interesting result⁶⁵.

306

307 The results of these studies of GLP-1 analogues are promising and provide increasing evidence that
308 these drugs might prevent incident dementia in people with diabetes. A broader question is the
309 potential utility of GLP-1 analogues for the treatment of MCI due to AD or AD outside the context of
310 diabetes. The pre-clinical studies in this area are encouraging, but further trials are needed and the
311 results of the ongoing Evaluating Liraglutide in Alzheimer's Disease (ELAD) trial are eagerly awaited.

312

313 **[H1] New priority compounds**

314 During the 2018–2019 Delphi process a total of five compounds (or classes of compounds) were
315 nominated for further consideration by at least three members of the panel. These compounds were
316 ACE inhibitors, anti-viral drugs, disease-modifying agents for rheumatoid arthritis, fasudil and
317 phenserine (Table 1). Following several rounds of prioritisation, the panel came to a clear consensus
318 that the three highest priority candidates for repurposing in AD were fasudil, anti-viral drugs and
319 phenserine. Each of these compounds achieved the same prioritisation rating and there was no
320 specific prioritization within the three identified candidates.

321

322 *[H2] Fasudil*

323 Fasudil, a selective inhibitor of Rho Kinase (ROCK) 1 and 2, is a potent vasodilator, particularly of the
324 cerebral vasculature⁶⁶, and is approved in Japan and China for the treatment of cerebral vasospasm
325 following subarachnoid haemorrhage⁶⁷. Fasudil was first suggested as a potential treatment for AD
326 in 2009 when a study found that administration of the compound was associated with protection
327 against age-related memory impairment in rats⁶⁸. In a subsequent study, fasudil was mixed into
328 artificial CSF administered directly into the brain in the APP–PS1 mouse model of AD. The aberrant
329 dendritic arborisation phenotype of this mouse model was reduced in mice receiving fasudil
330 compared with mice receiving artificial CSF alone⁶⁹. Fasudil administration was also associated with
331 protection against hippocampal neurodegeneration induced by intracerebroventricular injection of
332 A β _{1–42} in rats. The authors reported increased IL-1 β , increased tumor necrosis factor alpha (TNF- α)
333 production, and increased activation of NF- κ B in rats receiving fasudil treatment compared with rats
334 receiving placebo and postulated that the protection against amyloid might be related to
335 suppression of inflammatory responses⁷⁰. More recent work using cell culture and several different
336 transgenic mouse models of AD suggests that fasudil can protect against synaptic loss and cognitive
337 impairment mediated by A β through the Dkk1-driven Wnt–PCP pathway^{71–72}. Fasudil, delivered
338 intraperitoneally, was also associated with reduced brain amyloid burden in the 3xAD-TG mouse
339 model of AD⁷³.

340

341 Fourteen randomized placebo-controlled trials of fasudil were identified in the literature⁷⁴. These
342 trials included a combined total of >500 participants with a range of indications from coronary heart
343 disease to pulmonary hypertension. Fasudil was administered at doses of 60–240 mg per day, and
344 most trials reported good tolerability with no significant safety concerns. However, one double-
345 blind, placebo-controlled clinical trial of a new extended release formulation of fasudil for
346 pulmonary arterial hypertension did highlight several safety concerns⁷⁵. In this trial, 2 out of 12
347 patients in the active treatment group discontinued the treatment, one because of renal impairment
348 and the other because of death from heart failure. One small 2-month randomized clinical trial

349 conducted in China investigated the efficacy of fasudil for treatment of AD⁷⁶. In this trial, 106 male
350 participants with MCI treated with nimodopine were randomly assigned to receive either 30 mg
351 intravenous fasudil (once per day) or placebo for 2 months. Preliminary results indicate that fasudil
352 was well tolerated and the group treated with fasudil had significantly higher MMSE scores than
353 the group that received placebo. This efficacy data should be interpreted cautiously, but good
354 tolerability in individuals with MCI is important.

355 Overall, there is high concordance between the results of different preclinical studies, which suggest
356 that fasudil targets classical AD neuropathology⁷⁷ by reducing amyloid burden, and also targets other
357 pathological mechanisms that contribute to AD, for example, by protecting against inflammation and
358 synaptic damage⁷⁷⁻⁷⁸. These biochemical and physiological benefits have consistently translated into
359 cognitive improvement using in vivo AD models^{70,77-78}.

360

361 *[H2] Phenserine*

362 Phenserine was initially developed and evaluated as a cholinesterase inhibitor⁷⁹. However, several
363 mechanisms exist by which phenserine might reduce neuronal and synaptic loss⁸⁰, which are
364 important pathways in AD, traumatic brain injury and other neurodegenerative diseases. The results
365 of a range of preclinical studies indicate that phenserine suppresses production of IL-1b, reduces
366 glutamate-induced excitotoxicity, protects against H₂O₂-induced oxidative toxicity, reduces levels of
367 A β , improves neural precursor cell viability, elevates neurotrophic brain-derived neurotrophic factor,
368 and inhibits amyloid precursor protein (APP) and α -synuclein synthesis⁸⁰⁻⁸³. In particular, the results
369 of several preclinical studies indicate that phenserine can reduce APP levels in vitro and in vivo⁸⁴⁻⁸⁸.
370 Although these potential actions are of interest, more importantly, recent work has suggested that
371 phenserine might confer significant neuroprotection by inhibiting apoptosis via actions on a pre-
372 programmed cell death pathway⁸³. This hypothesis has been evaluated in several rodent models of
373 neuronal loss, including the APP-PSEN1 mouse model of AD, a rat model of post-stroke re-perfusion
374 injury and a weight drop mouse model of traumatic brain injury⁸¹⁻⁸³. In all of these animal studies,
375 treatment with phenserine was associated with significant reductions in the severity of
376 neurodegenerative lesions, and decreases in the neuroinflammatory response (via suppression of
377 the IBA1 and TNF- α pathways) in the hippocampus and/or cortex^{80,82,83}. Phenserine treatment was
378 also associated with protection against reductions in synaptic density and levels of synaptophysin in
379 animal models of AD and TBI⁸⁰⁻⁸³. The multi-faceted pharmacological action of phenserine as a
380 neuroprotective agent was an important factor in the prioritisation of this compound by the panel.
381 In addition, administration of phenserine was associated with improved cognition in rats with
382 NMDA-receptor antagonist-induced impairments in learning⁸⁹.

383

384 Phenserine has been evaluated in two phase II placebo controlled trials in individuals with mild to
385 moderate AD^{79,90}. The results of a phase II, 12-week RCT in 164 participants with AD indicated that (-
386)-phenserine (10–15 mg twice per day) had a favourable safety profile and the group of participants
387 receiving the drug showed significantly improved cognitive function compared with the group of
388 participants receiving placebo⁷⁹. A trend towards improvement in global outcome was observed in
389 participants who received the higher dose of phenserine^{79,91}, with Cohen’s D effect sizes of 0.3–0.4
390 for symptomatic benefits, which is similar to the effect sizes seen with other cholinesterase
391 inhibitors⁹². A second, smaller RCT randomized 20 participants with mild AD to receive either
392 phenserine (15mg twice per day) or placebo for 3 months⁹⁰. Over the subsequent 3 months, the
393 patients allocated to phenserine continued to receive phenserine treatment while the placebo group
394 then received donepezil in an open design. At the end of the first 3 months, the group of participants
395 receiving phenserine had significantly better cognitive function (measured with a composite
396 neuropsychological test) than the group of participants receiving placebo, and this significant
397 difference between the two groups was maintained after the group receiving placebo had switched
398 to donepezil for 3 months⁹⁰. Although these results are encouraging, they must be interpreted
399 cautiously given the small sample size of the study. Furthermore, a phase III trial of phenserine was
400 discontinued early for commercial reasons and did not demonstrate a significant benefit of
401 treatment on the primary outcome measures, which were ADAS–COG score and clinician's
402 interview-based impression of change with caregiver input (CIBIC+)⁹³. The results of this phase III
403 trial have not been published in full, but a press release described non-significant trends towards
404 improvement with 10 and 15mg doses⁹³. These results are difficult to interpret on the basis of the
405 preliminary reports, especially as the study was significantly under-powered to detect changes in
406 cognitive and functional outcomes, with only 284 participants randomized in a 2:2:1 design. In
407 addition, the dosing regime was probably sub-therapeutic as the compound has a half-life of 5–6
408 hours, but was only administered twice per day, which led to criticism of the trial design⁹⁴.

409

410 Overall, the preclinical evidence that phenserine has biological effects that are relevant to the
411 treatment of AD and other neurodegenerative conditions is strong. These effects include a newly-
412 identified influence on apoptosis. Phenserine also has a good clinical safety profile. Although the
413 results from phase II studies are encouraging, they need to be interpreted cautiously given the small
414 sample sizes and short trial durations. Trials of at least 12 months would be needed to identify
415 disease-modifying effects. The potential of phenserine to combine the symptomatic benefits of a
416 cholinesterase inhibitor with additional disease-modifying actions is, however, an exciting prospect.

417

418 *[H2] Anti-viral drugs*

419 The potential role of Herpes Simplex virus (HSV) as a risk factor or mediating factor in the
420 development of AD emerged as a hypothesis in 1991, when HSV 1 was found in an active form in the
421 brains of a large number of older people⁹⁵. In 1991, a case–control post-mortem study found an
422 association between HSV-1 infection and an increased risk of AD⁹⁶. Little progress was made until the
423 2000s and 2010s, when further studies identified HSV-1 DNA within amyloid plaques in individuals
424 with AD⁹⁷, and provided evidence for a role of HSV-1 in promoting the accumulation of A β ⁹⁸⁻¹⁰⁰ and
425 the abnormal phosphorylation of tau¹⁰¹⁻¹⁰³. In 2011, the authors of one study used quantitative
426 immunocytochemistry in a kidney cell *in vitro* model to demonstrate that the changes in A β and
427 phospho-tau production, did not occur with the initial entry of the virus into the cell, but were
428 related to subsequent viral replication¹⁰⁴. In vitro, the antivirals acyclovir (the active form of the
429 prodrug valaciclovir), penciclovir (the active form of the prodrug famciclovir) and foscarnet were
430 associated with reductions in A β and phospho-tau accumulation, as well as levels of HSV-1.
431 However, foscarnet had a more modest effect than the other two treatments. The accumulation of
432 phospho-tau was dependent on HSV 1 DNA replication, whereas the accumulation of A β was not.
433 This work was important in highlighting mechanisms that could link HSV1 to the development of AD
434 pathologies and in identifying candidate therapies.

435

436 More recently, the results of several epidemiological studies have supported the potential value of
437 anti-viral therapies in the treatment of AD. The authors of one study used Taiwan's National Health
438 Insurance Research Database (NHIRD) to evaluate the records of 33,448 individuals and identified
439 8,362 individuals with a newly diagnosed HSV infection as well as 25,086 randomly selected sex-
440 matched and age-matched controls without HSV infections¹⁰⁵. The adjusted hazard ratio for the
441 development of dementia in the participants with HSV-1 relative to the control participants was 2.6
442 ($P < 0.001$). Participants with HSV 1 who were treated with anti-herpetic medication had a
443 significantly lower risk of developing dementia than participants with HSV 1 who were not treated
444 with these agents. The risk of dementia was lower among participants who used anti-herpetic
445 medication for ≥ 30 days than in participants who used these drugs for a shorter duration. Using the
446 same database, a larger study of the records of 78,410 individuals identified a significant but more
447 modest increase in the risk of dementia in participants with herpes zoster infection than in
448 participants without the infection. This study also found that treatment with antiviral therapy
449 significantly reduced the risk of developing dementia following the diagnosis of herpes zoster
450 infection¹⁰⁶.

451

452 Overall, the evidence from *in vitro* and post-mortem studies suggests that HSV infection, and
453 possibly Herpes Zoster virus infection are risk factors for AD. Although the absence of substantive *in*

454 vivo studies is a concern, emerging evidence from large-scale epidemiological studies confirms the
455 association between risk of cognitive decline and HSV or Herpes Zoster infections. The results of
456 these epidemiological studies also suggest that this risk can be mitigated by anti-viral therapy.
457 Therefore, strong arguments exist for exploring the potential benefit of antiviral drugs in individuals
458 AD. An ongoing phase II study of valaciclovir aims to recruit 130 participants with mild AD¹⁰⁷. The
459 existing evidence suggests that anti-viral compounds might be more effective at diminishing the risk
460 of AD or delaying the onset of AD in people with MCI, than as a treatment for individuals who have
461 already developed AD.

462 In summary, three main classes of compound have emerged from the Delphi consensus process in
463 2018–2019: fasudil, phenserine and anti-viral drugs. GLP analogues were prioritised by the 2012
464 Delphi consensus process and remain a high priority candidate for repurposing. The prioritisation of
465 these compounds is supported by strong packages of preclinical data, most of which include
466 evidence from a number of different preclinical models. The preclinical data also suggest that each
467 of these compounds can have an effect on multiple AD-related therapeutic targets in addition to
468 amyloid. One advantage of repurposed compounds as opposed to newly developed therapeutics, is
469 that additional data can be gained from epidemiological studies, clinical cohort studies and clinical
470 trials designed to measure a different outcome. For GLP analogues and anti-viral drugs, clinical
471 information from epidemiological studies or clinical trials with different primary outcomes support
472 the potential utility of the treatment as an AD therapeutic. However, information from clinical trials
473 of any of the prioritised compounds in individuals with MCI or AD is much more limited. As discussed
474 earlier, several clinical trials of phenserine have been performed, and the results of two phase II
475 trials suggested that in individuals with AD the treatment was associated with improved cognition.
476 However, these results are difficult to interpret because the studies used a sub-optimal dose of the
477 compound, were of short duration and had limited statistical power. Almost 500 participants per
478 group is needed to provide reasonable power to detect changes in standard neuropsychology
479 measures in an RCT in individuals with mild-moderate AD¹¹. For GLP analogues, only very small
480 preliminary studies have been performed, although the results of these studies are encouraging. The
481 only reported study of fasudil in individuals with MCI or AD showed good tolerability of the
482 compound, but was too small to allow conclusions to be drawn about the effect of the treatment on
483 cognition. No RCTs of anti-viral drugs in individuals with MCI or AD were identified in our literature
484 searches. Therefore, the prioritisation of these candidates was predominantly based on the
485 preclinical evidence, but with support from clinical information for most of the compounds.

486

487 **[H2] Compounds not short-listed**

488 *[H3] Disease-modifying agents for rheumatoid arthritis*

489 Although the anti-inflammatory action of disease-modifying agents for rheumatoid arthritis
490 (DMARDs) could theoretically reduce neuroinflammation in individuals with AD, the preclinical
491 evidence supporting their usefulness was very limited¹⁰⁸. The main evidence in favour of DMARDs
492 was from an epidemiological population-based study that found a reduction in dementia risk in
493 individuals receiving DMARDs compared with individuals not receiving DMARDs; however, the
494 reported survival curves showed that the reduction in incidence new-onset dementia among
495 DMARD users compared with non-DMARD users was very small¹⁸. The study did not assess the effect
496 of any single drug within the DMARD class, which is a limitation as these drugs vary widely in terms
497 of pharmacological action, efficacy and tolerability. Furthermore, a placebo controlled RCT of
498 DMARDs in individuals with AD had negative findings¹⁰⁹. On the basis of this evidence, the Delphi
499 consensus panel concluded that DMARDs should not be prioritised as candidates for clinical trials in
500 individuals with AD.

501

502 *[H3] ACE inhibitors*

503 Some evidence from preclinical studies suggests that ACE inhibitors can protect against AD
504 pathology, for example, in a transgenic mouse model of AD treatment with perindopril was
505 associated with significantly reduced amyloid and tau burdens and levels of oxidative stress¹¹⁰. The
506 clinical evidence in favour of ACE inhibitors was very weak. An open-label study in 113 individuals
507 with AD¹¹¹ showed no significant benefits of perindopril treatment. A 4-month randomised, double-
508 blind, placebo-controlled, pilot clinical trial of ramipril in 14 individuals with hypertension at risk of
509 AD reported that compared with placebo, treatment with ramipril was not associated with an
510 improvement in cognition or a reduction in cerebrospinal fluid levels of A β ₁₋₄₂¹¹². These poor
511 preliminary clinical results led the panel to conclude that ACE inhibitors are not high-priority agents
512 for repurposing as an AD treatment, although the cardiovascular and cerebrovascular benefits of
513 these drugs might indirectly reduce the risk of AD.

514 **[H1] Transcriptional approaches**

515

516 Above, we have prioritised drugs on the basis of their established mechanisms of action. Strategies
517 for identifying novel compounds for preclinical testing and clinical trials include transcriptional
518 profiling, which could also be applied to the identification of drugs for repurposing. Disease or injury
519 can perturb gene expression in a characteristic manner in a specific tissue, creating a 'transcriptional
520 signature'. If a drug perturbs gene expression in an opposing manner to the disease or injury, it

521 might have therapeutic effects. Therefore, assessing the transcriptional changes induced by libraries
522 of compounds could provide an important way of identifying novel candidates for repurposing. The
523 Broad Institute Connectivity Map (CMAP) collated the transcriptional signatures induced by 1,300
524 drug-like compounds when applied to three cancer cell lines; importantly the CMAP data reflect
525 responses specific to the known targets of the compounds as well as off-target responses¹¹³. The
526 CMAP has been complemented by the LINCS L1000 project, which profiled the changes in 1,000
527 'landmark' transcripts induced by different compounds and used algorithms to predict the likely
528 changes in expression levels of the non-measured transcripts to generate a full transcriptional
529 signature¹¹⁴. The LINCS L1000 program has generated a database of transcriptional signatures for
530 ~20,000 compounds, ~300 biologics, and shRNA and/or cDNA against ~5,000 genes in ~100 human
531 cell lines, including iPSC-derived cortical neurons. The same approach could be applied to other
532 compound libraries.

533

534 Transcriptional profiles are widely available for early, middle and late stages of AD and other
535 dementias¹¹⁵ and for almost all of the interventions, including genetic modifications, that are used to
536 generate animal models of these diseases¹¹⁵⁻¹¹⁶. However, these data come from a variety of
537 platforms and are hosted in different databases. The searchable, platform-independent expression
538 database (SPIED) was developed to facilitate meta-analysis, with the aim of identifying disease-
539 associated transcriptional perturbations that are common to multiple datasets, including data from
540 AD post-mortem samples¹¹⁷⁻¹¹⁸. This approach has identified shared transcriptional changes within
541 multiple, independent AD-associated transcriptional signatures and the transcriptional signatures
542 associated with other neurodegenerative diseases¹¹⁵. When the AD transcriptional signature was
543 probed in CMAP, 153 drugs that perturb the cancer cell transcriptome in an opposing manner were
544 identified¹¹⁵. Importantly, transcriptional changes that oppose those comprising the AD
545 transcriptional signature were also observed when many of these drugs were applied to human
546 iPSC-derived cortical neurons²⁰. In a further study, transcriptional signatures for early and mild AD
547 were used to probe both the CMAP and LINCS L1000 data, and 78 drugs with a significant inverse
548 correlation were identified and screened using 6 independent *in vitro* assays that are designed to
549 mimic various aspects of AD pathology¹¹⁹. Of these 78 agents, 19 significantly reduced the AD-
550 associated changes in in at least two assays, and 8 of these 19 agents were novel candidates known
551 or likely to be brain penetrant. Some interesting candidates identified by this study included the
552 adrenergic α -1 receptor antagonist doxazosin, the antibiotic thiostrepton, which is known to have
553 proteasome inhibitor properties, and the histamine H2-receptor antagonist famotidine. In addition
554 to the identification of novel candidates for repositioning, the work supports the hypothesis that
555 transcriptional profiling could be an effective way of identifying or triaging compounds for *in vitro*

556 screening. For example, other hits included drugs already considered to be repositioning candidates
557 in AD, such as metformin, nabumetone and several flavonoids¹¹⁹.

558

559

560 **[H1] Future directions**

561 The global transcriptional signatures discussed in the previous section were generated without
562 considering the functions of the individual transcripts or the known mechanisms of drug action.
563 Therefore, this process is a 'black-box' approach that operates independently of any mechanism-
564 based hypothesis. Almost 30 risk genes for AD have now been detected¹²⁰ and the identification of
565 drugs that alter the expression of some of these genes, or the expression of another gene with
566 known therapeutic potential, would enable a hypothesis-driven approach to drug repositioning.
567 There are no well-developed examples of this approach in the AD field, but we briefly discuss three
568 examples from related diseases that highlight the promise of this 'targeted' repurposing approach.

569

570 Accumulation of glutamate at synapses results in neuronal loss via 'excitotoxicity' and this process
571 has been implicated as a causative mechanism in both acute brain injury and chronic
572 neurodegenerative diseases such as AD¹²¹. Glutamate accumulation can result from the loss or
573 failure of transporters that recycle this neurotransmitter, and reduced levels of the astrocyte
574 glutamate transporter GLT1 (as known as EAAT2) is a characteristic feature of amyotrophic lateral
575 sclerosis (ALS)¹²². In a milestone paper, Rothstein et al. postulated that drugs that increase the
576 expression of GLT1 would be neuroprotective in a range of conditions, including ALS¹²³. To test this
577 hypothesis, the authors used neuronal cultures to screen 1,040 FDA-approved drugs and nutritional
578 and identified agents that increased levels of GLT1. The surprising finding was that the application of
579 β -lactam antibiotics to neuronal cultures at concentrations similar to those in the brains of
580 individuals being treated with these antibiotics increased GLT1 levels via a transcriptional
581 mechanism. Moreover, treatment with the β -lactam ceftriaxone was associated with delayed
582 neuronal loss and increased lifespan in a mouse model of ALS¹²⁴. Beneficial effects of ceftriaxone
583 have been reported in a wide range of nonclinical studies of pathologies that involve excitotoxicity,
584 including models of AD¹²⁴. Only one phase III clinical trial has tested the effects of ceftriaxone in
585 neurodegenerative disease. The study cohort consisted of individuals with ALS and no significant
586 difference in survival or functional decline (both primary endpoints) between the group of
587 participants receiving ceftriaxone and the group of participants receiving placebo was detected¹²⁵.
588 Nonetheless, these findings are a useful example of a targeted repurposing approach and suggest
589 that a trial of ceftriaxone or a related drug in individuals with AD could have positive results.

590

591 As opposed to increasing the expression of a protective gene, other researchers have sought to
592 identify drugs that can reduce the expression of a risk gene. This strategy was recently applied to the
593 search for Parkinson disease (PD) therapies. Reducing α -synuclein transcription might be protective
594 against PD¹²⁶ and a biological screen of FDA-approved drugs showed that α 2-adrenergic agonists,
595 such as salbutamol, suppress α -synuclein transcription¹²⁷. Moreover, in a preclinical rodent model of
596 PD, salbutamol was associated with some protection against pathology and motor deficits, and
597 analysis of clinical records showed that the risk of developing PD was lower in individuals treated
598 with salbutamol than in individuals not treated with the drug¹²⁷. This association was confirmed in
599 an independent patient cohort¹²⁸; however, other researchers have suggested that the association
600 might in part arise from the use of salbutamol to treat smoking-related pulmonary disease, which
601 means that the cohort treated with salbutamol are likely to already have a reduced risk of
602 developing PD as a result of nicotine exposure¹²⁹. Future clinical trials will be needed to establish the
603 effects of salbutamol on PD, but nonetheless similar approaches could be used to identify
604 compounds that reduce the expression of AD risk genes.

605

606 Boosting levels of endogenous growth factors is another potential therapeutic approach that has
607 been poorly explored in AD, but might be feasible, as shown by several studies in the field of PD¹³⁰⁻
608 ¹³⁴. Recombinant human fibroblast growth factor 20 (FGF20) can limit neuronal loss in preclinical
609 models of PD^{130,131}; however, delivery and target engagement of growth factors remains a challenge
610 in the clinical setting¹³². Endogenous FGF20 is enriched in the nigrostriatal pathway¹³³ and a simple
611 in silico interrogation of CMAP identified 50 FDA-approved drugs that increase FGF20 transcript
612 levels in cancer cell lines, 16 of which had transcriptional profiles that suggest they might be
613 beneficial in PD¹³⁴. Salbutamol and triflusal were included in these 16 promising candidates and
614 were then tested in vivo. In the 6-hydroxydopamine rat model of PD, treatment with either
615 salbutamol or triflusal was associated with elevated levels of endogenous FGF20 in the nigrostriatal
616 tract and a degree of neuroprotection. Evidence for salbutamol protecting humans against PD was
617 discussed in the previous paragraph. Triflusal is a trifluoromethyl derivative of acetylsalicylic acid
618 that inhibits platelet aggregation and, thereby, reduces risk of stroke¹³⁵. The drug also has anti-
619 inflammatory, anti-excitotoxicity, and anti-Zn²⁺-toxicity effects that might limit ischemic brain
620 damage¹³⁶.

621

622 Limitations of the targeted repurposing approach include the fact that a drug is likely to alter the
623 expression of perhaps hundreds of transcripts. For example, whether salbutamol is neuroprotective
624 because it reduces α -synuclein expression, increases FGF20 expression, acts via a third unknown
625 mechanism, or acts via a combination of multiple mechanisms is not clear. Likewise, triflusal could

626 be neuroprotective in PD because it elevates FGF20 and/or because it has antioxidant and anti-
627 inflammatory properties and/or because it acts via other unknown mechanisms. Similarly, although
628 the parsimonious explanation for the neuroprotective properties of β -lactam antibiotics is an
629 increase in glutamate uptake¹²³, these drugs also have antioxidant and metal chelating properties
630 that might explain or contribute to their efficacy as neuroprotective drugs¹²⁴. This targeted
631 repurposing approach is still in its infancy — transcriptional profiles have been successful in
632 predicting some effects of compounds in vitro and in vivo, but it will be several years before we have
633 any proof-of-concept clinical trials or examples of clinically available treatments. Nonetheless, the
634 hypothesis-driven nature of targeted repurposing facilitates the design of experiments to directly
635 test postulated mechanism of action of a specific compound.

636

637 **[H1] Conclusions**

638 Drug repositioning or repurposing offers an attractive and cost-effective approach that can
639 complement traditional drug development. We used a Delphi consensus process to identify
640 promising classes of compound for repurposing that we feel merit evaluation in clinical trials. GLP1
641 analogues were identified as priority compounds in a Delphi consensus in 2012⁹, but in this Review
642 we discussed further supportive evidence that has subsequently emerged. We also presented and
643 discussed three new compounds or classes of compound that were prioritised by the new Delphi
644 consensus process. These compounds include the ROCK2 inhibitor fasudil, the cholinesterase
645 inhibitor phenserine, which also has novel anti-apoptotic properties, and the anti-viral drugs
646 aciclovir, valaciclovir and famciclovir. We also reviewed the evidence for a novel transcriptomic
647 approach to drug repurposing that could substantially increase the scale of identification of
648 candidate compounds.

649

650 The potential advantages of complementing traditional drug discovery approaches with drug
651 repositioning or repurposing include reduced costs and faster approval. However, several challenges
652 to the expansion of this field remain, including the need for novel methodologies to identify and
653 screen new candidates, for example, transcriptomic approaches. Creating and expanding funding
654 streams to prioritise this work and providing better commercial incentives for repurposing, perhaps
655 through better protection by use patents, will also be important.

656

657

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665

666 **Author contributions**

667 The authors contributed equally to all aspects of the article.

668 **Competing interests**

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691 **Review criteria**

692 Searches were performed in EMBASE, PsycINFO, MEDLINE and Cochrane databases for papers
693 published after 1960. Search terms were as follows: Generic class OR specific drug names OR any
694 known alternative name (obtained from the electronic Medicines Compendium and the British
695 National Formulary) AND Dement* OR Alzheim* OR Mild Cognitive Impairmen* OR Neuropsych*
696 test* OR cognitive func*.

697 **Key points**

- 698 • Drug repositioning and re-purposing offers a valuable alternative route for the identification
699 of effective disease-modifying treatments for Alzheimer Disease.
- 700 • The Delphi method can be used to bring together the opinion of multiple experts to suggest
701 candidates for repurposing.
- 702 • An expert Delphi consensus published in 2012 prioritised five compounds for repurposing as
703 treatments for AD, of which glucagon-like-peptide analogues remain high priority
704 candidates.
- 705 • A Delphi consensus involving the authors of this Review was conducted in 2018–2019 and
706 identified the ROCK inhibitor fasudil, the cholinesterase inhibitor phenserine, and antiviral
707 treatments such as valacyclovir as high priority candidates for trials in individuals with AD.
- 708 • The prioritisation of these compounds was supported by strong packages of preclinical data,
709 most of which include evidence from a number of different preclinical models.
- 710 • Transcriptional screening approaches offer a novel means of identifying potential treatment
711 candidates by targeting AD-associated transcriptional profiles.

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Table 1: Priority candidates from the 2018–2019 Delphi consensus

Drug classes	Proposed candidates	Proposed mechanism of action	Summary of evidence	Remaining work required
Shortlisted candidates				
ROCK inhibitors	Fasudil	Reduction of A β levels in vitro through the Dkk1-driven Wnt-PCP pathway ⁷³ ; reduction of inflammation ⁷⁰ ; prevention of synaptic damage ⁷¹ and impaired dendritic arborisation ⁶⁹ .	Strong and consistent evidence of synaptic protection, reduction of amyloid and cognitive benefits in a range of in vivo animal models of AD ⁷¹⁻⁷³ . Several studies have shown acceptable safety in people with pulmonary hypertension and ischaemic heart disease ^{75,137,138} . Only one very small study in MCI and AD, which found better scores on the verbal fluency test, mini-mental state exam and activities of daily living, with fasudil treatment than nimodipine; the full	A well-powered RCT among participants with AD or MCI is needed to evaluate the effect on fasudil on cognitive function.

			study has not been published in English ⁷⁶	
AChE inhibitors	Phenserine	Suppression of IL-1b production; reduction of glutamate-induced excitotoxicity; protection against oxidative stress; reduction in Aβ levels; increase in production of BDNF; inhibition of APP and α-synuclein synthesis; and anti-apoptosis action on re-programmed cell death pathway ¹⁹ .	Several preclinical studies showed that phenserine reduces APP levels in cultured cells and in the brains of animal models ⁸⁴⁻⁸⁸ ; phase II studies of phenserine showed good tolerability and demonstrated some indication of cognitive benefit, although the study was underpowered to properly examine cognitive function ⁷⁹ .	Further studies are needed to verify the potential mechanism of action in humans; these studies need to have adequate power to measure cognitive benefits
Anti-viral drugs	Acyclovir, penciclovir, valaciclovir and foscarnet	In vitro evidence suggests that HSV can accelerate the accumulation of amyloid ⁹⁸⁻¹⁰⁰ and promote abnormal tau phosphorylation ¹⁰¹⁻¹⁰³ ; anti-viral drugs might mitigate these effects.	A post-mortem case-control study in carriers of <i>APOE ε4</i> found that AD was more common among individuals who had HSV compared with individuals who did not have HSV ⁹⁶ ; An epidemiological study also showed that a cohort of persons with HSV had a higher risk of developing dementia than those without HSV ¹⁰⁵ ; recent large-scale studies suggest that the association between HSV and dementia is mitigated or reversed by anti-viral therapy ^{95,105} .	At least two small RCTs in a combined total of 163 individuals with AD are in progress ^{139,140} , but a well-powered RCT is needed.
Non-shortlisted compounds				
DMARDs	Methotrexate, chloroquine phosphate, proguanil hydrochloride, cyclosporine, cyclophosphamide, hydroxychloroquine sulphate and sodium aurothiomalate	The potent anti-inflammatory actions of this class of agents might be a potential mechanism of action, but this has not been clarified in preclinical studies	A population-based retrospective cohort study found that participants using DMARDs had a modestly reduced risk of dementia than participants not using DMARDs ¹⁸ ; a double-blind RCT in 168 individuals with mild AD over 18 months showed that hydroxychloroquine did not prevent	More robust preclinical studies are needed to establish mechanism of action; high-powered RCTs are also needed to confirm findings from observational studies.

			cognitive decline ¹⁰⁸ compared with placebo; an open-label trial in 10 individuals with AD treated with hydroxychloroquine showed that CSF levels of A β did not change after treatment ¹⁴¹ . Reviewed elsewhere ¹⁰⁸	
ACE inhibitors	Captopril, ramipril, lisinopril and perindopril	Reduction of amyloid deposition and tau hyperphosphorylation ¹⁴² ; protection against oxidative stress ^{110,143} ; reduction of blood pressure.	Evidence of benefit inconsistent across studies ¹⁴⁴	Although there is some supportive preclinical evidence, the epidemiological evidence is fairly weak. RCTs, several of which are already ongoing, are needed to distinguish between the effect of hypertension control and the specific effects of ACE inhibitors.

1199 **Abbreviations:** ACE : angiotensin converting enzyme; AChE acetylcholinesterase; AD: Alzheimer's
1200 disease; ARBs: angiotensin receptor blockers; BDNF: brain-derived neurotrophic factor; COX-2
1201 inhibitors: cyclo-oxygenase-2 inhibitors; DMARD- disease modifying antirheumatic drugs; MCI: mild
1202 cognitive impairment; NSAIDs: non-steroidal anti-inflammatory drugs; RCTS-randomised clinical
1203 trials; ROCK inhibitor: rho kinase inhibitor

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1208 **Box 1: Potential reasons for high rates of failure in RCTs of disease-modifying therapies for AD**

1209 **Therapeutics and targets**

- 1210 • The vast majority of trials have focused on amyloid targets, resulting in a lack of breadth
- 1211 • There is uncertainty regarding the specific disease mechanisms related to different amyloid
1212 species
- 1213 • Some therapeutics show poor brain penetration
- 1214 • Reducing amyloid deposition alone might not be sufficient to induce disease-modifying
1215 changes
- 1216 • There has been only limited use of target engagement biomarkers in phase II studies to
1217 inform phase III studies

1218 **Trial design**

- 1219 • Many trials might be performed in individuals with AD that has progressed too far to
1220 therapies to have a disease-modifying effect. An increased focus on preclinical AD and at-risk
1221 groups has been seen in more recent trials
- 1222 • The results of phase II trials have been interpreted in an overly-optimistic manner, leading to
1223 the progression of some compounds to larger trials that might not have been warranted
- 1224 • Populations that are appropriately enriched for core AD pathologies were only included in
1225 more recent trials.
- 1226 • The neuropsychology measures used in trials can have a poor sensitivity to change. This
1227 insensitivity is a particular issue in phase II trials, which have usually been underpowered to
1228 detect changes in neuropsychology and clinical outcomes.

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1231 Drug repositioning and repurposing can enhance traditional drug development efforts and could
1232 accelerate the identification of new treatments. In this Review, Ballard and colleagues highlight
1233 priority compounds for repurposing in Alzheimer disease.

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