1	Animai-tnemed tattoo narratives: Insignts into ontological perspectives
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#### Abstract

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By examining the narratives associated with animal-themed tattoos, this study explores the various ways in which humans relate to other animals. Participants used animal-likenesses to think about themselves, others, and the world around them. By embodying positive attributes of a species that they loved and admired, the tattoos enabled participants to construct meaning and identities based on shared human-animal traits. A thematic discourse analysis of the tattoo narratives grouped them as (1) shared experiences with another species, (2) life experiences and semiotic production of meaning, (3) animal traits embedded in the process of identity formation, (4) animals representing a connection with other humans, or (5) experiences of and/or ideas about animals that represent a profound or transcendent experience. The tattoo narratives were examined in the context of theoretical frameworks associated with "symbolic interactionism" and "interspecies intersubjectivities" to understand how animals were perceived and engaged with. In contrast to how non-human animals are often used as objects of ridicule, or representations of inferiority and uncouthness in various discourses and mediums, the animal subjects of the tattoos discussed here are positively portrayed and incorporated into the bearers' own identity. Participants merged ideas about humanity and animality in a manner not representative of a naturalistic ontology, but rather a form of anthropomorphism that is dichotomous with naturalism.

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### Keywords

- 36 Tattoo narratives, symbolic interactionism, interspecies subjectivities, ontology,
- 37 anthropomorphism

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#### Introduction

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A tattoo is an indelible design created by puncturing the skin and inserting pigments, a custom adopted by numerous cultures throughout history and pre-history (Carr 2005; DeMello 2000; Gilman & Caplan 2001; Samadelli, Melis, Miccoli, Egarter-Vigl, & Zink 2015; Sanders 1991; Tassie 2003). The oldest known figurative tattoos belong to the 5000-year-old remains of a male and female Egyptian, and include depictions of horned animals on the male's upper arm (Friedman et al. 2018). The elaborate horns and long tail of the lower tattoo represents a bovid, probably a type of wild cattle, and the lower is believed to be Barbary sheep (Friedman et al. 2018). Both of these animals are well-known in Predynastic art (Hendrickx, Riemer, Förster, & Darnell 2009; Linseele, Van Neer, & Friedman 2009), suggesting a strong bond between these animals and early Egyptian culture. Argent (2013) took an ethnoarchaeological approach to reassess the horse imagery prevalent in the tattooed remains of the Pazyryk, a horse-riding community that buried their dead alongside horses around 2,500 years ago. By drawing comparisons with contemporary human-horse intersubjectivities, Argent (2013) suggested the tattoos represent polysemic materializations of unique bonds between individual humans and horses, of blended identities, and community belonging. The aforementioned examples likely represent relationships with individual animals, or signify the material importance of a particular species. Other tattoos may be more esoteric, intended as magical protection, or an expression of spiritual connections. A 3000-year-old female mummy from the dynastic period was found to be heavily tattooed with designs believed to embody powerful religious significance. These included cow motifs on her arm, associated with the goddess Hathor, and baboons on her neck (Austin & Gobeil 2017; Watson 2016).

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Many cultures have envisioned their deities as possessing animal-like features, including the Ancient Egyptians who depicted gods and goddesses as part animal and viewed certain nonhuman animals as manifestations of a particular deity (Bussmann 2015; Kaelin 2016; Leeming 1994). Hunter-gather people tend to envision their ancestors as aspects of the world around them, including non-human animal forms endowed with supernatural powers (Bird-David 1990). Totemism is a system of belief whereby kin groups or individuals engage in a mystical relationship with a particular spirit-being, or totem. Totem ancestors, characterized by dual nonhuman and human features, is a common theme shared by many disparate cultures (McLean 2009). Within 'Westernized' culture, the word 'totem' is sometimes used to express an affinity felt towards a given animal species, or to construct a sense of identity or belonging (Cayla 2013; Jerolmack & Tavory 2014; Tagliabue 2016). Lévi-Strauss (1962) argued that analogical thought is an inherently human trait, and that totems function to organize thoughts and ideas and to make sense of the physical world. In what Jerolmack and Tavory (2014 p.70) refer to as "everyday totemism" the "concept of totems highlights the deeper and more enduring ways that nonhumans anchor the social self." The current study focuses on contemporary animal-themed tattoos that incorporate some aspect of a non-human animal species. I use the term "species" here to mean a "kind or sort of animal", such as an "elephant" or "wolf", rather than the biological definition. I also use the term "Western" to allude to contemporary cultures in which my participants are embedded. These are multifaceted cultures, born out of civilizations that were dominated by Judeo-Christian doctrine and entrenched in European colonialism, and built upon a materialist worldview that extols the scientific method as a means to understand the world we live in (Birken 1992; Dawes & Smith 2018; Hurn 2012).

Given that the likeness of a non-human animal is frequently used as a representation of self (Craddick & Miller 1970), it is unsurprising that animal-themed tattoos are the most popular design theme shared on Instagram (Zensa 2017). This paper examines the meanings behind various tattoos, and what the animal imagery might symbolize in terms of individual identity and connections with other animals. Symbolic interaction is a micro-sociological theory that explains the negotiation of meaning as an interactive social process that is in constant flux (Blumer 1969). Rather than being an inherent property of psychology, meanings are created, reproduced, and modified via social interaction. Irvine (2012 p.124) points out that language is a system of symbols that "provides a means to negotiate meaning, to assign names, to engage in discourse, and to build systems of knowledge. This is the sense in which interaction is symbolic." When engaging with others "we interpret their actions instead of merely responding to them as stimulus and response. A sense of self serves as both a basis for, and consequence of, this interpretation" (Irvine, 2012 p.125). By analyzing narratives accompanying animal-themed tattoos, I examine how participants in this study perceive and engage with non-human animals.

#### Methods

Ethical approval for this research was granted by the University of Exeter College of Social Science and International Studies (SSIS) Ethics Committee. Data collection took place between March and June 2018, and recruitment of participants ran concurrently from March 2018 until the final interview took place. Recruitment occurred as part of a larger project that included tattoos dedicated to an individual animal (Hill 2020) as well as species representations. Social media recruitment consisted of open posts on Facebook and Twitter (using accounts specifically used for academic purposes and identifying myself as a research student) that provided a short Page 5 of 36

explanation of my research interest, followed by an invitation for potential participants to volunteer themselves:

Do you have an animal-themed tattoo, or a design honoring a special animal? I am an anthrozoology student investigating human/non-human animal relationships expressed through tattoos. If you would be willing to talk about your tattoo(s) and their meaning I would love to hear from you. These could be representations of a species you identify with or feel strongly about, or a design dedication to a specific individual. I have obtained ethical approval from Exeter University, and any material used in my study will be appropriately anonymized. If you are willing to be interviewed and/or would like more information, please contact me via email <university email address>.

My networks were predominantly comprised of individuals with academic, animal, or tattoo interests. Upon request, my posts were shared with my network's audiences and beyond. This method generated self-selecting individuals who were all from English-speaking nations and who were keen to share the meaning attributed to their tattoos. Three of the participants talked about more than one tattoo and the study included a total of 17 tattoo narratives (Table 1). I used saturation sampling, which describes the ongoing process of collecting and analyzing data until key themes are being repeated and nothing new is emerging (Saunders et al. 2018). Unstructured interviews were conducted using video Skype or via prolonged written exchanges using Messenger. The goal was to recreate as much as possible an organic conversation that encouraged the participant to share their own narratives. I started with an open question along the lines of "tell me about your tattoo", and allowed participants to take the lead in sharing whatever they felt comfortable with.

Previously, I performed a discourse analysis of narratives constructed around tattoos that commemorate relationships with a companion animal, using theoretic frameworks of multispecies families and griefwork (Hill 2020). In the current study I examine tattoo narratives associated with designs that represent an entire species and explore the various ways in which people raised in "Western" culture relate to other animals. Rather than analyzing the discourses within a theoretic framework, I took a more inductive approach by analyzing emerging themes. I then examined these themes within the context of theoretical frameworks associated with "symbolic interactionism" (Blumer 1969; Irvine 2012) and "interspecies intersubjectivities" (Alger & Alger 1997; Haraway 2008; Irvine 2004; Sanders 2007; Sanders & Arluke 1993; Smuts 2001), and the ontological perspective of "naturalism" described by Descola (2013) and Sahlins (2014).

# **Results**

Predominant themes emerging from the tattoo narratives were loosely grouped as (1) shared experiences with a non-human animal species, (2) life experiences and semiotic production of meaning, (3) animal traits embedded in the process of identity formation, (4) animals representing a connection with another human(s), or (5) experiences of and/or ideas about animals that represent a profound or transcendent experience. Many narratives had elements that could be associated with more than one of these themes.

# **Interspecies connections**

Sammy has several animal-themed tattoos, the first of which is a literal expression of her connection with horses. The connection is built upon relationships and shared experiences, Page 7 of 36

embedded within a human/horse cultural setting. The tattoo is of a playfully rearing horse, and because of her enduring love of horses it is a design she said she would not regret. As a child who lacked confidence, Sammy first discovered a passion for horse-riding at a summer camp. During her troubled adolescence, Sammy says that "being around the horses gave me peace when I really needed it." Horses remain a part of Sammy's life, and she told me she now teaches horse-riding to special needs children. Daniella had her tattoo completed in the Chinese Year of the Monkey, following a decade-long passion for primates, particularly callitrichids (small tree-dwelling monkeys). The tattoo incorporates images of individuals she has worked with as zoo-keeper. She said "not only are they my particular favorite individuals, but also my favorite species as a whole." Daniella relates to these primates on a personal level, and described herself as "a callitrichid weirdo who does not want to change."

# Life experiences and semiotic production of meaning

A type of tattoo narrative that Kosut (2000) dubbed "Landmark for Myself" is a form of biographical documentation of important life-changing events or experiences, a feature evident in many of the narratives in this study. Jessica has three animal-themed tattoos; a Chinese character representing the Year of the Tiger, a hummingbird, and an eagle design. Born in the Chinese Year of the Tiger, Jessica got the corresponding symbol in her early twenties. She told me it is not a design she would choose now, but that it represents an identity that was meaningful to her past-self. Unprompted, Jessica used the term "life-story" to describe how she relates to her tattoos. She conceived her eagle design while conducting research in the US, related to extreme weather systems. The tattoo design incorporates a spiral within the eagle that Jessica told me represents a tornado. She was going through a difficult period, for various undisclosed reasons, and during this time developed an interest in native American cultures and customs. Jessica said the eagle represents a "connection to greater things, including the spirit world, and

is about rising above problems and gaining a greater perspective." The hummingbird tattoo marks her time working in South America, where she said she "fell in love with these little birds." She also developed an interest in the beliefs of the indigenous people of the region, and learned how hummingbirds "represent lightness and joy, and the importance of remembering these things, even during challenging times." Jessica described how a caged hummingbird usually dies, and through the hummingbird she relates "to the importance of never feeling 'caged-in' by circumstances or people." She also alluded to the inward-facing message of her hummingbird tattoo, and described how she deliberately chose the orientation to be viewed from above because "it was for me to look at, not others."

Karen got her tattoo after returning from voluntary work in Africa, where she had encountered lions on safari. She told me she chose the design of her lion because she specifically wanted the lion to look friendly. Karen said she did not want the "fierce" portrayal of lions that is common, because she "loved their calmness and how majestic they were." Karen's tattoo is on her thigh, a location that is not always visible, which she said she enjoys because it is "almost like a bit of a secret." Others have noted that tattoos are not always part of the "public self", with many choosing a placement that allows easy concealment (Roberts 2012). Doss and Ebesu Hubbard (2009) found that all tattoos are communicative to some extent, and the communicative value increased with visibility. Karen's dialog suggests her tattoo is only occasionally communicated as part of her public self, but the message may be strengthened by its prior concealment. For example, causal friends or colleagues may be surprised, and thus more curious, upon seeing the tattoo.

#### **Identify formation**

The "Portrait of Self" tattoo narrative, described by Kosut (2000), is an abstract representation of self. Participants chose animals to represent positive traits they wished to embody. Melanie has a tattoo that depicts three elephants, together with the words "Love" "Faith" and "Wisdom." Melanie's narrative is an overt portrayal of herself and her family, using the elephant to embody the desired characteristics. She said "I strongly identify with elephants, as their families are matriarchal like mine, and because they form lifelong bonds." Elaine says of her tattoo, "wolves are strong, beautiful animals and I like to remind myself that I should be just the same." The negative association with wolves, harbored by Europeans and Euro-Americans, has been largely replaced and the wolf has become "for many a potent symbol of the wild, the free, the uncommodifiable" (Emel 1995 p.709). Indeed, the wolf is amongst the most popular choices for animal-themed tattoos shared on Instagram (Zensa, 2017), and two participants in this study had wolf-themed tattoos (Table 1).

Similar to Jessica and Karen, Sophia also has tattoos that signpost her life-journey, including a hummingbird design that marks a period of her life where she first encountered these birds in their natural habitat. However, Sophia's first tattoo was a seahorse, intended as a feminist symbol. Similar to Jessica, she indicated it is not necessarily a design she would chose now, but that "it felt right at the time." Sophia was relating to a biological trait of the species, namely child-raising males, and assigning anthropomorphic characteristics to this behavior. In this context, the anthropomorphic reversal of "traditional" gender roles is used as a symbol of feminism. Anthropomorphism is an important framework by which people make sense of interactions with the non-human world (Root-Bernstein, Douglas, Smith, & Veríssimo 2013; Taylor 2011). Elaine's wolf and Karen's lion emphasize shared human-non-human traits, whereas other examples apply human perspectives to animal representations. In addition to her

horse tattoo, Sammy has symbolic animal representations that encode more abstract ideas. One is "Ferdinand the Bull" sitting under his tree and sniffing a flower. The story of Ferdinand comes from children's book about a bull who would rather smell flowers than fight, and who ignores the provocations of the matador. The tattoo is accompanied by the word "Ataraxia", which Sammy explained means "a state of mind free from mental duress that Ferdinand embodies." She said she also chose a bull because "I'm a Taurus but thought the zodiac symbol was a bit cliché." Here Sammy is connecting with culturally assigned meanings, and claiming identity with the zodiac sign of Taurus. At the same time, she is expressing a will to free herself from social constraints by identifying with a bull who defies stereotypes. Sammy has a tigerhead tattoo, together with the word "strength". Here she is using the a socially constructed notion of "tiger-ness" to self-identify with, namely as a "strong" and powerful animal (Mcabee 2017). She said the tattoo "reminds me that I am a powerful force to be reckoned with." At the same time, the tiger motif serves as a memory of a period spent doing something significant, because she told me the same symbol is used by a martial arts studio where she trained. She said this is a place where "I felt the strongest." Similar to the accompanying dialogs of some of Sophia and Jessica's tattoos, Sammy is using the tiger to connect to a memory, in this case of feeling strong.

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#### **Animal intermediaries**

Clara has a tattoo of a dragonfly, which is both a life narrative and a memorial to her grandmother. The connection to the dragonfly began when her grandmother gave her a charm for her bracelet. The dragonfly charm was gift to mark Suzanna's enrollment in secondary school, to represent a "spreading of wings." When she went off to university, Suzanna explained she "felt like I'd really spread my wings and became my own person." In this respect the tattoo is representative of Clara's metamorphosis into adulthood, but she also said it is partly intended Page 11 of 36

as a memory of her grandmother. Sophia's largest piece is a turtle, which commemorates her childhood days spent with her mother at sea turtle sanctuary. Here the connection to a particular species functions as an intermediary, uniting Sophia with a memory of quality time spent with her mother through the shared love of a specific species.

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Rita has a tattoo of a frog, which is a tribute to a friend who died several years ago. She explained to me that frogs were his favorite animal, and one of hers too. They were childhood friends, who spent hours "knee-deep in muddy ponds finding our amphibious friends intriguing and fantastic." As an adult, Rita told me her friend became an artist who drew many frogs over the years. Following his death, Rita said friends and family starting associating the frog with his "spirit". Rita shared a story about how the younger brother of her friend was visited by frogs in the weeks following his death. The brother would be sat outside smoking late at night, unable sleep, when frogs would approach him and sit nearby. Other's in their friendship group shared similar frog experiences, including Rita. She explained that one time when she was very stressed and a frog appeared on the side of the bathtub, and another time lots of tiny frogs appeared her kitchen. The frog encounters became so common that Rita and her friends grew accustomed to them, and often share stories as a way of remembering their friend. She said she had been thinking about a tribute tattoo for some time, namely one of her friend's frog drawings, but the design she ultimately chose was a spontaneous decision. Rita describes her tattoo as follows: "...a silhouette of a frog on a leaf, as if the frog is sitting inside me, like my friend is, forever living inside me, in my memory, in my heart, perched on my soul".

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#### **Spirit animals**

Jessica eluded to the spiritual connection symbolized by her eagle and hummingbird tattoos, and other participants described connections with "spirit animals". Dan has a design depicting Page 12 of 36

two wolves cuddling in the shape of a heart in the center under his navel. He tells me this is his favorite tattoo because the wolf is his spirit animal. Intrigued, I asked what he meant by "spirit animal", and he responded:

My fascination and spiritual connection with wolves came from a dream. I was walking through a clearing and the ground began to ascend towards a hilltop, on that hilltop was a grey wolf standing proud, and scanning the environment with grace and wisdom. I approached and he didn't move, or bare teeth. Instead he sat and patiently waiting for me to make my way to the top of the hill. When I reached the top, I sat next to him and we stared, together, across the expanse of the clearing. I felt at peace on that hilltop with the wolf, then I took three deep breaths, closed my eyes and when I opened them again, I was awake.

Ever since this dream, Dan said he had felt "a strong, spiritual connection with all canines." He believes the dream wolf endowed him with "the ability to connect with his canine descendants on a higher plane." Dan explained how, whenever he feels lost, he meditates and asks his "animal guide" (the wolf) for his wisdom. Dan said this provides him with the strength to overcome anxiety attacks. Dan's connection to wolves extends to the physical realm too. He told me that in his hometown there is an animal shelter that homes a pack of wolves, which he often goes to observe. He said "I never felt more at peace in the real world than when I go and watch them."

Darren has a jaguar tattoo that also represents an animal he also encountered in a dream, following an experience experimenting with psychedelic drugs. Unlike Dan, who met his wolf in his dream, Darren took on the form of a jaguar. He described how he was pacing through a metropolis and then climbing a tall apartment building and entering his own apartment through a window, where he found his wife was sleeping. Darren explained that in the dream his body

was that of a jaguar, but his mind human. When his wife woke up screaming in the dream, Darren described feeling bewildered by her reaction and when he attempted to explain he could make only growling noises. Eventually he morphed back into human form and the dream ended with the couple copulating. Although Darren's experience was the side effect of recreational drug use, rather an intentional shamanic transformation, his experience could be likened to how a Shaman may take on the form of an animal to communicate with the spirit world (Praet, 2013). None-the-less, Darren's dream was profound enough for him to remember the experience and indelibly mark his skin with the likeness of a jaguar and feel an ongoing connection to the species.

#### Discussion

Following their study of animal representation in the American popular culture, Herzog and Galvin (1992 p.91) concluded that "basic responses to animals are reflected in mythological themes that occur across cultures and time" and although "our relations with other species are often not as direct as in the past, popular culture continues to reflect the same themes as the myths, legends, and artistic images of our forebears." Many cultures derive partial identification, or demonstrate symbolic assimilation to totems, which often take animal forms (Goswami 2018; McLean 2009). Even in "Western" cultures, animal symbolism and imagery are frequently used to describe the world, or function as individual or group emblems (Root-Bernstein et al. 2013). Levi-Strauss (1962) asserted that analogical thought is inherently human and independent of social context, and argues that totems function to organize thoughts and ideas and make sense of the physical world.

Some tattoos described here represent shared life-experiences with members of particular species (Sammy's horse; Daniella's primates). Animals are used as a focal point to mark life-events or shared experiences with other humans (Jessica's eagle; Sophia's turtle). Dan's affinity for wolves manifested through a dream, and his wolf spirit-guide functions as a source of inner-strength. Rita's frog is a connection to her deceased friend, and Clara's dragonfly in part a memory of her grandmother. Participants used their ideas and experiences of animal others to express who they were or aspired to be (Sammy's bull; Melanie's elephants; Elaine's wolf), or to align with a particular group identity (Sophia's seahorse; Jessica and Sammy's Chinese zodiac identities). How participants related to the animal species portrayed in their tattoos can be broken into three categories: (1) Symbolic interactionism, where desirable characteristics of a given species are appropriated; (2) Interspecies intersubjectivities, representative of shared experiences with animal others; (3) Animal intermediaries, in the form of a species that represents a shared bond with another human, time, or place, or as a 'spirit animal' that helps navigate the intangible. The later provides some insight into the ontological perspectives of participants.

#### **Symbolic interactionism**

The theory of "symbolic interactionism" proffers that human interaction and communication is facilitated by objects, words, gestures, and other symbols that have acquired conventionalized meanings. We respond to social symbols and objects via interpretation of their social meaning to us (Blumer 1969). Tattoos themselves are social objects that carry culturally defined signage (Kosut 2000; Oksanen & Turtiainen 2005; Sanders 1991), but the chosen motifs also encode meaning. For example, Elaine's wolf tattoo is both a tattoo and an abstract representation of a wolf. Elaine's associated tattoo narrative adds another level of symbolic interaction in the form of her chosen words. To her the wolves are "strong" and "beautiful", traits that she desires to Page 15 of 36

be associated with. Melanie's elephant tattoo incorporates the words "Love" "Faith" and "Wisdom" as visual signs to reinforce what the elephants mean to her. However, it is her narrative that fully articulates what she considers positive elephant traits, namely their familial loyalty and matriarchy. Berry (2008) describes how humans use nonhuman animals as positive representations of themselves, specifically selecting companion animals, or acquiring animals as possessions based on particular traits they believe will to enhance their own social status. "Association with attractive or exotic animals purportedly represents the humans, perhaps inauthentically, as special" (Berry 2008 p.86). Something similar emerged from this analysis of animal-themed tattoos, whereby the bearer wished to be associated with what they considered positive traits of their chosen animal(s).

Unlike Berry (2008), who focused on animals as social objects, the tattoos and associated narratives are reflection of an animal as a species. However, this does not mean that reflections do not have consequences to for real-life individuals. Emel (1995 p.708) points out that "how we represent and identify ourselves and others—whether they be animals or people—means everything for what and how we feel or do not feel." Representations of non-human animals often perpetrate stereotypes, emphasizing their perceived "exoticism" or in such a manner that serves to justify poor treatment of individuals (Bettany & Russell 2011; Borkfelt 2011; Emel 1995). Even when representations are intended to be positive, Baker (2001) points out that they can never represent any "real" animal. This is especially true with a collection of individuals that are represented as one species. None-the-less, how we represent the species will influence how others may feel towards individual members of that collective. All participants had tattoos that represent animal species they love, admire, or aspire to be like in some way. Concepts of "animality" and "humanity" are culturally construed, and dualistic perception of "us" and "them" underpins cultural beliefs of human superiority over other animals (Ingold, 1988).

However, rather than emphasizing difference, participants in this study seem to be merging ideas about "animal" and "human" and incorporating positive aspects into their own identity.

How members of a given species are perceived and represented by humans will both reflect and impact upon their relationships with humans. But do animals actively participate in the process of semiotic meaning-making? Given that animal-likenesses are used in tattoos without the knowledge or consent of members of that species, it is hard to argue that they do in this context. However, this does not mean non-human animals cannot or do not participate in human culture-making. Furthermore, the tattoos are reflection of how humans perceive and interact with animal others, through firsthand experiences and interactions, or adoption of meanings constructed within multispecies cultures.

#### **Interspecies intersubjectivities**

When first conceived, symbolic interactionism did not consider non-human animals as capable of participating in symbolic interactions (Blumer 1969). However, scholars such as Alger and Alger (1997), Sanders (2007), Irvine (2012), and other have since extended the theory to recognize the intersubjectivity of non-human minds. Sammy and Daniella have tattoos dedicated to non-human species, horses and callitrichids, respectively, with whom they engaged in intersubjective interactions. Intersubjectivity refers to the shared space between conscious (subjective) minds where shared meaning is made. Recognition that non-human animals may also possess subjective minds has led scholars to consider interspecies intersubjectivity. Tsing (2012 p.141) asserts that "human nature is an interspecies relationship", meaning that individual humans are in part defined by the how they interact with members of others species. This is a two-way exchange, where non-human individuals are also changed in some-way through interactions with humans (Alger & Alger 1997; Irvine 2004; Sanders & Arluke 1993). During Page 17 of 36

her time spend with a wild baboon troop, Smuts (2001) observed how members of the group treated her as a social being, and in order to gain their trust she learned their social conventions and behaved in accordance with them. Smuts (2001) developed a sense of belonging and claims that over time her subjective identity seemed to merge with theirs.

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Haraway (2008 p.71) defined interspecies intersubjectivity as a space in which one can develop a "response-able" relationship, within which "more than one responsive entity is in the process of becoming." During her time as a zoo-keeper, Daniella interacted with multiple individuals belonging to various species within the Callitrichidae family, and developed strong bonds with some individuals. Similar to the experience described by Smuts (2001), Daniella's subjective identity seems to have merged with those of her wards. Sammy's horse tattoo represents her enduring love of horses and the positive impact horse had on her life. Since learning to ride at a summer camp, Sammy said she gained self-confidence and a sense of inner-peace when around horses. She went on to become a riding instructor and now facilitates interactions between horses and special needs children. Horse-riding is a joint action, and to be done safely requires both human and horse to anticipate the actions of the other and read each-others signals (Argent 2012; Evans & Franklin 2009; Sanders 2007). Argent (2013) considers harmonious human-horse relationships as an ongoing process whereby a novice rider is taught by an experienced, even-tempered, and somewhat tolerant older horse. Once the rider becomes more experienced, they gain the skills and confidence necessary to train a young, nervous, and inexperienced horse. Therefore, safe and enjoyable partnership is achieved via interspecies knowledge that is communicated between humans and horses – horses learn from humans, and humans learn from horses. The Pazyryk were a Bronze-age community who rode, lived with, and buried their dead with horses, and their bodies were often tattooed with horse motifs. We can only speculate whether the Pazyryk tattoos were commemorative of individual horses,

decorative, or spiritual. However, based how the horses are portrayed as being playful and intertwined with cosmological symbolism, Argent (2013 p.189) proposes the tattoos are personal, social, and cosmological, and "represent an interspecies 'narratives of belonging' entangling human and horse bodies and identities into one."

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On safari, Karen encountered several lions in their native habitat who left a lasting impression. Contrary to the preconceived notion of ferociousness, Karen was struck by their calmness and majestic nature. Likewise, Jessica was enamored by the beauty of the free-living hummingbirds she encountered, and developed an empathy towards caged birds. These are both examples of subjective identities that arose from encounters with animal others, but it is less clear how individuals from the respective species might have engaged in intersubjectivity. However, an operative assumption of intersubjectivity may be sufficient here. Young (2013 p.300) asserted that "intersubjectivity begins with the assumption of its possibility, and that assumption gives meaning and focus to interaction." Essentially, meaningful interactions do not require accurate or complete knowledge of the other mind, only the assumption of its existence (Young 1999). Young (2013 p.300) beleives "our repeated attempts to communicate with other species and their attempts to do likewise are clear evidence of a shared belief in the possibility of interspecies intersubjectivity." Karen encountered lions in the flesh, albeit from a distance, who were undoubtedly aware of human presence and reacted based on previous experiences with humans. The fact that Karen perceived "calmness" suggests the lions she encountered were not threatened by human proximity.

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#### **Animal intermediaries**

What I call "animal intermediaries" are a species that represents human connections to time (Jessica's hummingbird), places (Sammy's tiger), or people. Sophia's turtle, Rita's frog, and Page 19 of 36

Clara's dragonfly are design that incorporate a likeness to a specific type of animal that represents a connection to another person. For Clara, the connection is more symbolic, alluding to a charm bracelet that also used the dragonfly motif as a symbol of "spreading one's wings." For Sophia and Rita, the tattoo incorporates the image of a species that, through shared interspecies interactions with, bonds were solidified between human individuals. Sophia and her mother spent time at a sea-turtle sanctuary, and shared a love of this species. Rita and her friend shared a childhood fascination with frogs, forming memories together of "times spent in around muddy ponds." Her friend continued to express his connection to frogs in his art, and after his death members of his friends and family experienced frog encounters as connection to his spirit.

Rita's frog tattoo represents a species that unites her and her deceased friend. The connection was first formed through shared experiences of amphibians. However, the frog took on a more spiritual dimension following her friends' death, becoming associated with his spirit. Dan first encountered a wolf in his dream, which he describes as his "spirit animal" from whom he derives inner strength. Although first encountered in a dream, Dan later sought out the company of physical wolves in a sanctuary. The animals incorporated into Jessica's tattoos represent species native to geographical regions where she spent significant periods of her life, as well as animals she felt an innate attraction towards. Her narrative also indicates she actively sought out meaning through animal symbolic interactionism. Indeed, most of the narratives discussed here could be described as attempts to articulate ideas or perceptions of reality that are not easily expressed in the language of "Western" science and materialism. "Western" education focuses on phenomena that can be measured and are amenable to the scientific method. This dissociates the student from their lived experiences, and dismisses the intangible (Gaudelli 2020). Members of predominantly white privileged "New Age" spiritual movements are often guilty of cultural

appropriation. However, while the insensitive and exploitative adoption of cultural capital is never acceptable, those raised in naturalistic cultures are arguably lacking in language and tools to describe certain phenomena (Waldron & Newton 2012). Indeed, participants seemed to be searching for words or ideas that could explain their lived and intangible experiences.

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# **Ontological perspectives**

Ontology can be broadly defined as the study of reality, as perceived by human cultures, and examines how people engage with the world around them (Kohn 2015). According to Descola (2013), four basic ontologies underpin social collectives, namely animism, naturalism, totemism, and analogism. Descola (2013) uses "interiority" and "physicality" to describe immaterial (culture, "soul", reflective thought, etc.,) and material-visible (physical/biological) qualities, respectively, and takes a comparative approach from a naturalistic perspective. Naturalism is the belief that entities share similar physicalities but are separated by dissimilar interiorities, animism perceives human and non-human entities as comprised of different material (different physicalities) but connected "spiritually" (similar interiorities), totemism is the continuity between entities, and analogism is a based on radical differences. Naturalism ascribes only human minds with subjectivity, and a naturalistic viewpoint underpins the modern scientific method (Dawes & Smith 2018). However, the concept of interspecies intersubjectivity depends on the assumption that non-human animals also have subjective minds (Alger & Alger 1997; Sanders & Arluke 1993; Smuts 2001, 2006; Young 2013). Contrary to one of precepts of naturalism, participants seem to embrace the notion that animal others also have subjective minds.

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Kohn (2015 p.317) observes that "only with naturalism is 'nature' as an object external to our subjective selves conceivable." Although "nature" is a social construct which makes Page 21 of 36

distinctions between "human" and "non-human", the tattoo-narratives described here often merge ideas about human and non-human beings. While naturalism arguably underpins much of "Western" thought, scholarship, and ideology, naturalism appears too rigid to embrace the full range of inherent human emotions or experiences. Ethnographic fieldwork by Zuppi (2017) concluded that Descola's naturalism model proved inadequate to account for how animals were represented by villagers of a French farming community. Candea and Alcayna-Stevens (2012) also noted that ethnographic accounts of self-ascribed "Western" practices invariably focus on purported transgressions from the canon of naturalist ontology. The idea of "Western" culture itself is problematic, because as Ingold (2000 p.6) noted, "once we get to know people well even the inhabitants of nominally western countries - not one of them turns out to be a full-blooded westerner."

Elements of both totemistic and animistic ontologies could be inferred from the tattoo narratives described here. Essentially, animism is the belief that all animals, plants, places, and inanimate objects possess a distinct spiritual essence (Bird-David 1999; Brightman, Grotti, & Ulturgasheva 2012; Descola 2013; Ingold 2006; Praet 2013). Totemism is a belief system whereby an individual, or a group, are bound by their mystical relationship with a spirit-being (Goswami 2018; Kohn 2015; Levi-Strauss 1962). Rita describes how her friend's spirit lives on in the form of a frog. The frog could also be described as the totem of her friend, and after his death the frog-totem became something to unite his friends and family. Dan met his "spirit animal" in a dream, and similar to animistic shamanic experiences (Praet 2013), Darren took on the form of a jaguar in his dream. Through her studies of indigenous peoples of the Americas, Jessica may be adopting ideas that are not easily articulated in the language of her cultural upbringing. That participants express ideas akin to animistic and totemistic belief systems, supports the conclusion that naturalism is not the default ontology of contemporary "Western"

cultures. However, rather than adhering to models of totemism and animism that are antithetical (Descola 2013), the narratives examined in this study support ontological principles that are related and/or interdependent (Brightman et al. 2012; Sahlins 2014; Willerslev & Ulturgasheva 2012). Sahlins (2014) proposed that totemism is a form of animism, which itself is a form of anthropomorphism, and that anthropomorphism is dichotomous with naturalism. In its broadest sense, anthropomorphism can be defined as the attribution of human characteristics to nonhuman entities, which is something all participants did to some extent. The problem becomes determining what exactly is a human characteristic, because whatever unique attributes (language, self-awareness, culture, personhood) we assign, upon closer examination can be found to exist to some degree in other animals (Irvine 2012; Laland & Hoppitt 2003). Within the "Western" context of human/animal dualism and naturalism, anthropomorphic representations are often viewed as transgressive and fanciful, but all humans arguably construct anthropomorphic meanings (Candea 2012; Root-Bernstein et al. 2013). Participants in this study are not assigning traits to non-humans that they consider exclusively human. Rather they are embodying shared characteristics.

# **Conclusions**

The human body carries signage that we read when we interact with others. These "sign vehicles" include birth-given characteristics, such as race and gender, together with signs that are culturally given" (Kosut 2000 p.79). Tattooing is culturally defined signage, but less permanent examples include make-up, clothing, accessories, and jewelry (Kosut 2000; Oksanen & Turtiainen 2005; Sanders 1991). Participants in this study used animal-themed tattoos as culturally defined signage to communicate ideas and relate to the world around them. However, they could have used animal-themed jewelry, handbags, or scarves adorned with Page 23 of 36

particular animal motifs in a similar fashion. Thus, animal-themed tattoos are just one example of how humans think about, or think with animals (Daston & Mitman 2005).

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By analyzing their tattoo narratives, this study highlighted the multiple ways in which participants thought about and engaged in animal others. Levi-Strauss (1962) coined the term "good to think" to describe how totemistic animals are used as an integral part of the structure of thinking. Why and how we use other animals to think with is explored in depth by Daston & Mitman (2005 p.2), who discuss how humans use animals to "symbolize, dramatize, and illuminate aspects of their own experiences and fantasies." The participants in this study used non-human animal characteristics to think about themselves, others, and the world around them. By aligning themselves with an animal species they loved and admired, the tattoos enabled participants to express individual identity, embody specific traits, and connect to particular people, groups and ideologies. Maston & Mitman (2005) recognize that we not only use animals as symbols, but that we are animals who think "together" with other animals who are also part of our world. This study also presented examples how animal encounters have shaped identity and beliefs, placing animals as active participants in symbolic interactionism. Participants used anthropomorphic language that merged ideas about humanity and animality that were not representative of a naturalistic ontology. Neither did they align exactly with ethnographic descriptions of animism and totemism outside of "Western" cultures (Bird-David 1999; Kohn 2015; Pedersen 2001; Rosengren 2006). This is consistent with Sahlins (2014), who proffered that animism and totemism are forms of anthropomorphism, and that anthropomorphism is dichotomous with naturalism.

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Furthermore, participants did not use animals simply as abstract ideas to "think with", but also to also "think about" animal others with respect, love, and admiration. Contrary to my previous Page 24 of 36

analysis of tattoos dedicated to individual companion animals (Hill, 2020), the animal-themed tattoos in the current study depict a collective identity. Rather than reflecting a special bond shared with a non-human person, some of the narratives discussed here represent bonds to entire species that are based on interactions with multiple members of that species. However, this does not mean individuality is not recognized. For example, to love and understand horses as a species requires an appreciation that every horse is also an individual. Even where interpersonal relations are absent, the animal subjects of the tattoos are positively portrayed and incorporated into the bearers' identity. It could be speculated that animal imagery used in less permanent culturally defined signage, such as jewelry or personal accessories, would be similarly framed. This is in stark contrast to how animals are often portrayed in art, media, film, children's books, advertising, etc., as objects of ridicule, inferiority, uncouthness, or used in politics and propaganda to dehumanize particular groups of people (Bettany & Russell 2011; Borkfelt 2011; Lerner & Kalof 1999).

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# 850 **Tables**

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# Table 1. Biographic information of participants.

Name	Nationality	Occupation	Species represented in tattoo design(s)
Sammy (F)	Australian	Horse trainer	Horse, Bull, Tiger
Daniella (F)	British	Zoo keeper	Primates
Jessica (F)	British	n.d.	Tiger, Eagle, Hummingbird
Karen (F)	British	Zoo keeper	Lion
Melanie (F)	American	Veterinary Nurse	Elephants
Elaine (F)	British	n.d.	Wolf
Sophia (F)	British	Academic	Turtle, Hummingbird, Seahorse
Clara (F)	British	Travelling	Dragonfly
Rita (F)	British	n.d.	Frog
Dan (M)	American	n.d.	Wolves
Darren (M)	American	Student	Jaguar

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Names are changed and listed in the order they first appear in the text; (F), female; (M), male;

n.d., not determined.

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