

1 **Title:**

2 Late Holocene seasonal temperature variability of the western Scottish shelf (St Kilda) recorded in
3 fossil shells of the bivalve *Glycymeris glycymeris*

4

5 **Authors:**

6 Stella J. Alexandroff^{a,b}, Paul G. Butler^a, Philip R. Hollyman^c, Bernd R. Schöne^d, James D. Scourse^a

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8 **Affiliations**

9 ^aCollege of Life and Environmental Sciences, Exeter University, TR10 9EZ Penryn, United Kingdom,

10 ^bSchool of Ocean Sciences, Bangor University, LL59 5AB Menai Bridge, United Kingdom

11 ^cBritish Antarctic Survey, High Cross, Madingley Road, Cambridge, CB3 0ET, UK

12 ^dInstitute of Geosciences, University of Mainz, Johann-Joachim-Becher-Weg 21, 55128 Mainz,
13 Germany

14

15 **Email addresses**

16 Stella J. Alexandroff: s.alexandroff@exeter.ac.uk (corresponding author)

17 Paul G. Butler: p.butler@exeter.ac.uk

18 Philip R. Hollyman: phyman@bas.ac.uk

19 Bernd R. Schöne: schoeneb@uni-mainz.de

20 James D. Scourse: j.scourse@exeter.ac.uk

21

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24 Atlantic

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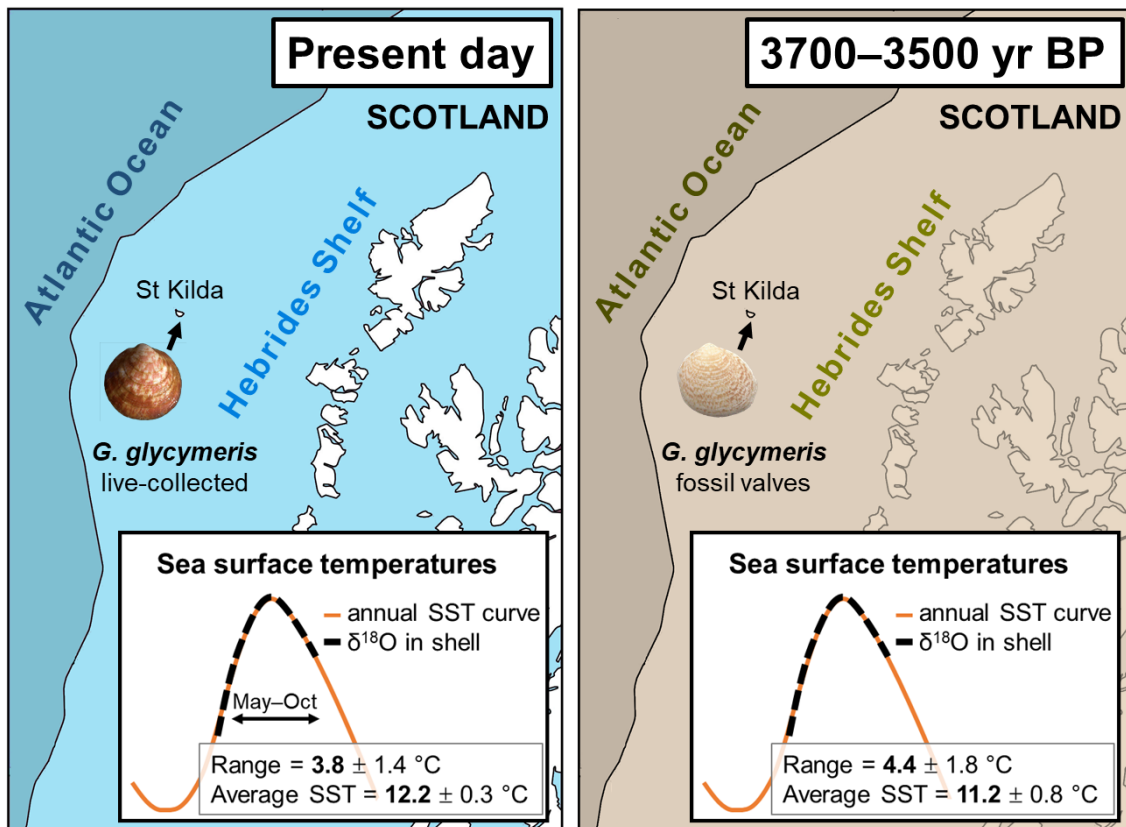
33

34 **Abstract**

35 The North Atlantic Ocean and adjacent shelf seas play a crucial role in global climate. To better
36 constrain long-term natural variability and marine-terrestrial linkages in this region, a network of
37 highly resolved marine archives from the open ocean and continental shelves is needed. In recent
38 decades, bivalve sclerochronology has emerged as a field providing such records from the mid- to
39 high latitudes. In May 2014, dead valves and young live specimens of the bivalve *Glycymeris*
40 *glycymeris* were collected at St Kilda, Scotland. A floating chronology spanning 187 years was
41 constructed with fossil shells and radiocarbon dated to 3910–3340 cal yr before present (BP), with a
42 probability density cluster at ca. 3700–3500 cal yr BP. Sub-annual $\delta^{18}\text{O}$ data were obtained from five
43 fossil and three modern specimens and showed a strong seasonal signal in both time intervals. The
44 growth season of *G. glycymeris* at this location today lasts from May to October, with most growth
45 occurring before the temperature peak in August. Thus, the modern specimens and the fossil
46 chronology represent late spring and summer sea surface temperatures (SST). The annual temperature
47 range was 4.4 °C in the fossil shells, which is similar to the range observed today (3.8 °C). Average
48 SSTs reconstructed from the fossil shells were 1 °C cooler than in 2003–2013 CE and similar to the
49 early 20th century CE. The radiocarbon age of the floating chronology coincides with a climatic shift
50 to wetter conditions on the British Isles and with a cold interval observed in palaeoceanographic
51 records from south of Iceland. However, our data do not provide evidence of a cold interval on the
52 Scottish shelf. The similarity in growth season and temperature range between the fossil and modern
53 specimens are attributed to similar boundary conditions in the fourth millennium BP compared to
54 today.

55

56 **Graphical abstract**



57

58

59 1. Introduction

60

61 The North Atlantic is a key region in the global climate system. The Atlantic Meridional
62 Overturning Circulation (AMOC) plays a crucial role in the global redistribution of heat, carbon, and
63 nutrients, and has been implicated in abrupt climatic shifts (Buckley and Marshall, 2015). In addition
64 to the main North Atlantic basin, shelf seas are an integral part of the North Atlantic region. Shelf seas
65 are in exchange with the open ocean, and disproportionately important for primary production and the
66 sequestration of atmospheric carbon (Chen et al., 2013). Thus, understanding the dynamics and
67 natural variability of the Atlantic circulation and adjacent shelf seas is crucial to understanding past
68 and future climate changes.

69

70 North Atlantic sea surface temperatures (SST) have been decreasing since 5700 years before
71 present (BP), which is generally linked to an orbitally forced decrease in solar irradiance (e.g.,
72 Marchal et al., 2002). However, SST trends and variability in the late Holocene are temporally and
73 spatially heterogeneous, due to processes in the different limbs of the AMOC and regional ocean-
74 atmosphere feedbacks (e.g., Moffa-Sánchez et al., 2014; Solignac et al., 2008). In the fourth
75 millennium BP, solar activity was relatively low, with a strong negative excursion noted at ca. 3.4 cal
76 kyr BP (Steinilber et al., 2012, 2009). The atmospheric conditions in the fourth millennium BP are
77 thought to have been dominated by a weakly positive North Atlantic Oscillation (NAO) with several
78 negative phases (Goslin et al., 2018; Olsen et al., 2012; Orme et al., 2017). A low-to-negative NAO is
79 associated with a southward-shifted storm track and a southward-shifted and weaker North Atlantic
80 Current (NAC; Curry and McCartney, 2001; Taylor and Stephens, 1998). However, reconstructed
81 long-term trends of the NAO and storm track positions cannot provide a full picture of their high-
82 frequency variability. For example, aeolian sediment reconstructions from the Outer Hebrides,
83 Scotland, indicate strong westerly wind activity at ca. 3.3 cal kyr BP (Gilbertson et al., 1999; Orme et
84 al., 2016), which could have caused increased Atlantic inflow on the Hebrides Shelf.

85

86 Traditional palaeoceanographic studies have mainly focussed on changes over millennia
87 (Lynch-Stieglitz et al., 2007). However, instrumental observations of the AMOC show pronounced
88 changes in the system on decadal scales (Robson et al., 2014). Thus, a dense network of proxies for
89 past high-frequency variability of the AMOC is required to complement existing records of past
90 climatic changes and to build a bridge to modern observations (Ninnemann and Thornalley, 2016).
91 Moreover, hydroclimatic variability of the British Isles in the late Holocene has predominantly
92 occurred on the decadal-to-centennial scale, with strong links to changes in North Atlantic ocean
93 circulation (Charman, 2010; Swindles et al., 2013). While terrestrial records tend to be more highly

94 resolved due to fast sedimentation rates, marine records of equivalent resolution are rather scarce
95 (Charman and McCarroll, 2010). Hence, to investigate and constrain marine-terrestrial relationships
96 further, highly resolved marine records are needed; records from shelf seas are of particular interest as
97 they are more tightly coupled with the adjacent terrestrial environment.

98

99 In recent decades, bivalve sclerochronology has emerged as a new research field with
100 important applications in the study of highly resolved past marine variability (e.g., Jones, 1983;
101 Schöne et al., 2005). The annual growth increments in long-lived bivalves reflect the environment the
102 animals live in and can be crossmatched between specimens to construct multi-centennial
103 chronologies (e.g., Butler et al., 2013). When live-collected specimens are incorporated into a
104 chronology, the absolute calendar year of each annual increment is known and, through accurate
105 crossmatching, dating uncertainties within the record can be virtually eliminated (Black et al., 2019).
106 However, when working with fossil shells, it is not always possible to incorporate live-collected
107 specimens into the chronology. Instead, crossmatched fossil shells build a ‘floating chronology’,
108 which is not anchored in time (Scourse et al., 2006). While this means that floating chronologies do
109 not provide absolute calendar dates, the growth records are annually resolved and, most importantly,
110 replicated. Thus, floating chronologies provide valuable and robust high-resolution records of past
111 environmental variability.

112

113 Previous studies have demonstrated that the long-lived bivalve *Glycymeris glycymeris* is a
114 potential target for reconstructing climate variability in the North Atlantic region (Brocas et al., 2013;
115 Featherstone et al., 2020; Reynolds et al., 2013; Royer et al., 2013). *G. glycymeris* can live for almost
116 200 years (Reynolds et al., 2013) as a shallow burrower in preferably coarse sediment like gravel or
117 gravelly sand at depths up to 100 m (Thomas, 1975, and references therein). Shell growth occurs
118 synchronously among specimens and populations that are exposed to the same environmental factors,
119 which renders sclerochronological studies possible (Brocas et al., 2013; Reynolds et al., 2013). The
120 growth increments are delimited by organic-rich growth lines that are formed each year when shell
121 growth slows down drastically shortly after the temperature peak (e.g., Reynolds et al., 2017).
122 Whether shell growth continues at a very slow rate throughout this ‘off season’ or ceases completely
123 at one point is not known, but any information that might be stored in the annual growth lines is
124 inaccessible to current sampling techniques. Consequently, ‘annual’ *G. glycymeris* growth records do
125 not represent the entire year, but are instead biased towards the warmer months of the year. This
126 seasonal bias is a common characteristic of bivalve chronologies at mid- to high latitudes (Killam and
127 Clapham, 2018), and is usually regarded as a limitation. However, many climatic patterns and shifts
128 result from processes that are also seasonally biased (e.g. seasonal flux of solar energy), and annual

129 averages of past climatic and environmental conditions mask such seasonal-scale variability (Carré
130 and Cheddadi, 2017). Thus, seasonal bias in the growth record can potentially be used as an asset
131 when the exact timing of the growth season is known. The growth season can be determined through
132 sub-annual oxygen isotope samples of the shell carbonate ($\delta^{18}\text{O}_c$), which are calibrated against
133 instrumental temperature records (e.g., Weidman et al., 1994). Furthermore, the sub-annual $\delta^{18}\text{O}_c$
134 series can provide insight into inter-annual variability of the respective growth season through time
135 (Schöne and Fiebig, 2009; Wanamaker et al., 2011)

136

137 Here, we present a floating, crossmatched *G. glycymeris* chronology and associated sub-
138 annual $\delta^{18}\text{O}_c$ profiles from the Hebrides Shelf, NW Scotland, radiocarbon dated to the fourth
139 millennium BP. The fossil $\delta^{18}\text{O}_c$ series are compared to those of modern specimens from the same
140 sample site. The aim of this study is to investigate seasonality and seawater temperatures on the
141 Hebrides Shelf in the late Holocene and, in so doing, add to existing data on past marine variability in
142 the Northeast Atlantic.

143

144 **2. Geographical setting**

145

146 **2.1 The Hebrides Shelf**

147 The Hebrides Shelf is located to the west of Scotland; the shelf edge extends from ca. 56° N
148 to 60° N. The shelf slopes gently to the west of the Outer Hebrides until a water depth of 120–140 m
149 is reached in the vicinity of the archipelago of St Kilda (Sutherland et al., 1984). The shelf edge is
150 steep; to the west of the edge lies the Rockall Trough, which reaches depths of 2,000 m at this latitude
151 (Holliday et al., 2000).

152

153 The shelf sea is influenced by Atlantic waters through shelf-ocean exchange, as well as by
154 coastal waters through the Scottish Coastal Current (SCC). The SCC is a buoyant current that flows
155 out of the Irish Sea through the North Channel (Fig. 1), carrying a mixture of relatively fresh Irish Sea
156 and Clyde Sea waters and potentially influencing the entire western Scottish shelf (Ellett and
157 Edwards, 1983; Inall et al., 2009, and references therein). The main component in the exchange
158 between the Hebrides Shelf and the open ocean is the slope current (Fig. 1), a northwards-flowing
159 current carrying nutrient-rich Atlantic water. The slope current is of the same origins as the upper
160 waters in the eastern Rockall Trough and mainly consists of warm and saline Eastern North Atlantic
161 Water originating from the south, which is then mixed with the cooler and fresher North Atlantic
162 Current water. The interannual variability of temperature and salinity in the upper layers of the
163 Rockall Trough is influenced by a dynamic system of different atmospheric and oceanic indicators, of

164 which the exact driving and forcing mechanisms have yet to be disentangled (Hughes et al., 2012). It
165 is, however, evident that the strength of the Subpolar Gyre (SPG) plays an important role in the
166 hydrographic variability of the Rockall Trough (Holliday, 2003; Holliday et al., 2008; Hughes et al.,
167 2012). A strong SPG circulation is thought to increase inflow of fresh and cool Atlantic water,
168 whereas a weak SPG results in warmer and more saline upper waters (e.g., Hátún et al., 2005; but see
169 Foukal and Lozier, 2017).

170

171 Water mass exchange between the ocean and the continental shelf is facilitated through
172 seasonal and topographical “weak points” in the slope current, which allow Atlantic water to flow
173 onto the shelf (Pingree et al., 1999). Firstly, while the current is the strongest in winter, the poleward
174 flow becomes weaker in other seasons, and might even be reversed (i.e. equator-ward) in the early
175 spring (Pingree et al., 1999). Secondly, abrupt topographical changes in the slope lead to a breakdown
176 of the insulation, allowing oceanic water to intrude onto the shelf (Pingree et al., 1999). Most
177 importantly, the slope current itself is an integral part of the shelf-ocean exchange through wind-
178 driven on-shelf transport of oceanic surface water and off-shelf transport of deep shelf water through
179 downwelling processes known as Ekman drains (Holt et al., 2009; Simpson and McCandliss, 2013;
180 Souza et al., 2001), as well as through winter cascades (Shapiro et al., 2003; Shapiro and Hill, 1997).
181 Most recently, the inflow of slope current water onto the shelf at ca. 55.4° N has been identified as a
182 distinct current, called Atlantic Inflow Current (AIC; Fig. 1; Porter et al., 2018). The AIC transports
183 nutrient-rich slope current water onto the shelf, where it mixes with the fresher and cool Irish Coastal
184 Current (Fig. 1b) flowing northwards (Porter et al., 2018).

185

186 The Northwest European Continental shelf plays an important role as a carbon sink by fixing
187 atmospheric CO₂ and transporting it to deep layers of the open ocean through downwelling processes
188 (Chen et al., 2013; Simpson and McCandliss, 2013). Painter et al. (2016) studied the carbon exchange
189 between the open ocean and the Hebrides Shelf and found a net off-shelf transport of particular
190 organic carbon, with fluxes that are three to five times larger than the global mean.

191

192 **2.2 St Kilda**

193 St Kilda is an isolated volcanic archipelago on the Hebrides Shelf (Lat: 57.82° N, Long:
194 08.59° W, Fig. 1). It forms the westernmost point of the Outer Hebrides, Scotland, and is located
195 64 km west-northwest of the nearest inhabited land, North Uist. It is thus an offshore environment
196 largely unaffected by terrestrial freshwater input. The archipelago consists of four major islands, of
197 which Hirta is the biggest one with a circumference of 14 km, and several rock stacks.

198

199 The cliff line of St Kilda today plunges steeply into the sea until it is interrupted by a platform
200 with several sub-surfaces and steps between 40 m and 80 m depth. These surfaces are thought to have

201 been formed about 12,600–11,500 years ago, during the abrupt cooling of the Younger Dryas or Loch
 202 Lomond Stadial (Sutherland et al., 1984). At 120 m below the current sea level, another platform is
 203 present, which was most likely formed during the Last Glacial Maximum about 22–19 kyr ago
 204 (Sutherland et al., 1984). The surrounding shelf to the north, west, and south is marginally deeper (up
 205 to 140 m) than the lowest platform, while it gradually shoals to the east.
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 207
 208

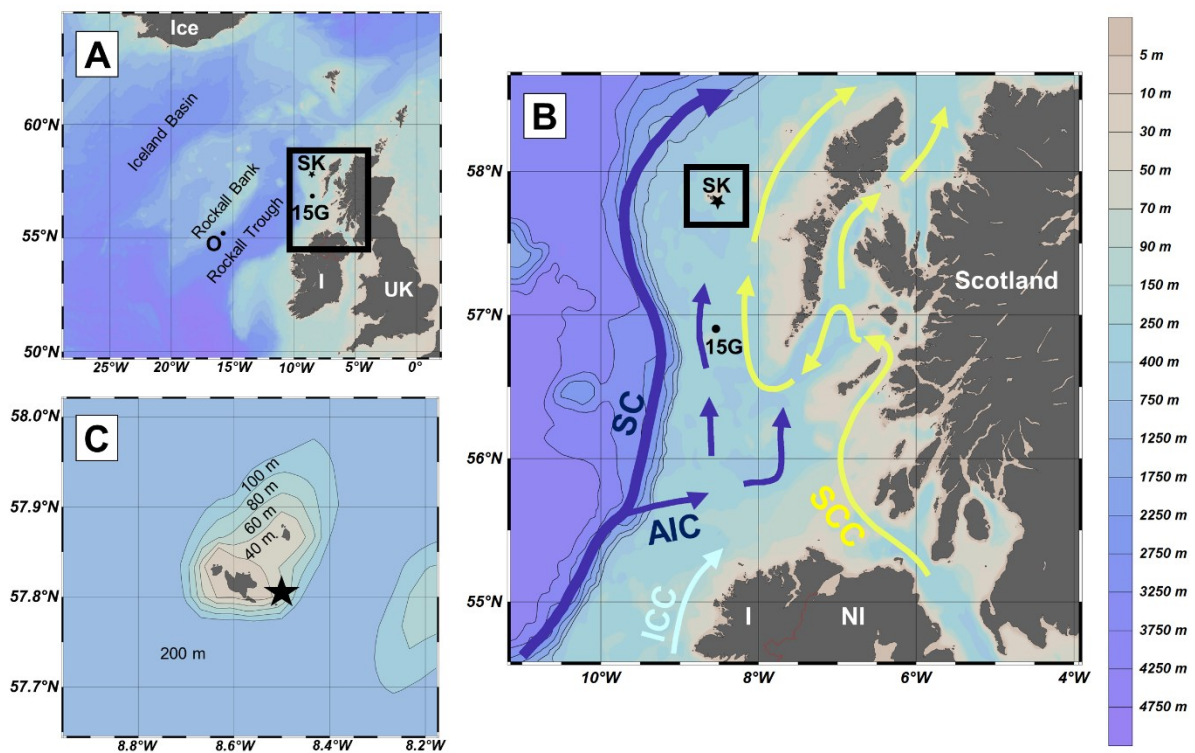


Figure 1: Location of the sample site at St Kilda, Scotland. **(A)** Overview map. Colours indicate bathymetry according to the legend to the right. Land masses are labelled with “Ice” = Iceland, “I” = Ireland, “UK” = United Kingdom. “15G” = Ellett line station 15G, marked with a dot. “O” = Location of $\delta^{18}\text{O}_w$ measurement (Östlund and Grall, 2001) referred to in section 3.6.3, marked with a dot. The black rectangle indicates the location of the detail shown in map B. **(B)** Detail of map A. Sample location (black star) at St Kilda, Outer Hebrides, Scotland. The yellow arrows indicate the approximate circulation of the Scottish Coastal Current (SCC). The dark blue arrows indicate the flow of the slope current (SC) and Atlantic Inflow Current (AIC) transporting Atlantic water. The light blue arrow indicates the Irish Coastal Current (ICC). Background colours indicate bathymetry according to the legend to the right. Depth contours for the shelf margin and open ocean are drawn in black lines. The shelf margin is denoted through depth contours starting from 200 m. Approximate positions of currents were taken from Inall et al. (2009), Turrell et al. (1996), and Porter et al. (2018). Land masses are labelled with “Scotland”, “I” = Ireland, and “NI” = Northern Ireland. The black rectangle indicates the location of the detail in map C. **(C)** Detail of map B. Shown is the archipelago of St Kilda with the surrounding bathymetry. The respective depths are indicated within each depth contour line. The black star marks the sample site of this study. (Ocean Data View; Schlitzer, 2020)

209

210 Even though the St Kilda archipelago is located on the European shelf, it topographically

211 approaches an ideal isolated island (Simpson and Tett, 1986). Simpson and Tett (1986) reported that

212 cold-water upwelling at St Kilda results in an increase in water column phytoplankton production of
213 40 % over an area of 5,000 km³. This phenomenon of observed increase in primary production around
214 islands is called ‘island mass effect’ (Doty and Oguri, 1956). The mixing caused by St Kilda has an
215 important effect on the food chain beyond the local ecosystem, including large regions of spawning
216 and nursery grounds for fish (Ellis et al., 2010).

217

218 **3. Methods**

219

220 **3.1 Sample site and material**

221 The material for this study was collected at Village Bay, St Kilda, during a research cruise
222 aboard the RV *Prince Madog* in May 2014 (Lat: 57.80° N, Long: 08.55° W; Fig. 1). Apart from seven
223 young live *G. glycymeris* specimens, most of the material consisted of single *G. glycymeris* valves
224 (n = 645). All samples were collected at 40–65 m depth in parallel tows using a customised dredge of
225 1 m width (for a description see Butler et al., 2009b). The dead-collected samples presented in this
226 paper were collected in two neighbouring tows at 46–65 m depth. The live-collected samples were
227 collected in three different tows at 48–65 m depth.

228

229 **3.2 Sample preparation**

230 Specimens were preselected based on their suitability for sclerochronological studies; e.g.
231 they should be expected to present more than 30 annual increments, not too heavily eroded, and with
232 either hinge plate or shell margin or both still intact. Crossmatching was carried out using magnified
233 images taken from acetate peel replicas of the acid-etched surface of sectioned shells as described by
234 Kennish et al. (1980) and Ropes (1987). A summary of the steps is given below.

235

236 Specimens selected for processing were first measured and weighed. Given that *G. glycymeris*
237 are equivalved (i.e. symmetrical along the hinge line), we can exclude the possibility that two valves
238 of significantly different length, shape, and mass stem from the same individual. We used this
239 observation to exclude the possibility of accidentally cross-matching two valves of the same
240 specimen. The shells were then embedded in polyester resin and sectioned along the axis of maximum
241 growth with a low-speed precision saw equipped with a diamond blade of 0.9 mm thickness. The
242 sectioned blocks were then ground, polished, rinsed, and left to dry. Once dry, the blocks were etched
243 to enhance the contrast between annual growth increments and the organic-rich growth lines as the
244 latter form etch-resistant ridges (Goodwin et al., 2001; Schöne et al., 2002). Etching also enhances
245 other patterns in the shell, such as the crossed-lamellar microstructures and microtubuli that are

246 present in *G. glycymeris* shells (Crippa, 2013), which in turn may obstruct the annual lines (pers.
247 observation). Given that the annual growth lines in the fossil shells were not as clear as those in the
248 modern shells, they were more prone to being masked by other patterns in the shell. Therefore, the
249 fossil shells had to be etched in a weaker acid. After some trial and error, the modern shells were
250 etched in 0.1 M hydrochloric acid (HCl) for 1.5 min, while the fossil shells were etched in 0.01 M
251 HCl for 40 min. The etched, dry surface was then coated with ethyl acetate and covered with a
252 cellulose acetate sheet to produce a replicate for photographic imaging.

253 The acetate peels were photographed using a Meiji MT8100 microscope in combination with
254 a Lumenera Infinity 3 microscope camera and the software ImagePro Premier 9.1. The increment
255 widths were measured based on photographs of the hinge plate (5x magnification), where growth
256 patterns are much clearer than in the margin in *G. glycymeris* shells (pers. observation).

257

258 **3.3 Crossmatching and chronology construction**

259 Correlations between the shells were visualised and quantified using the MATLAB script
260 SHELLCORR (written by Ian Harris, UEA; Scourse et al., 2006). A detailed description of
261 SHELLCORR is given in Scourse et al. (2006) and Butler et al. (2009a). Once the seven shells
262 presented here were successfully crossmatched, a master chronology was built using the
263 dendrochronology programme ARSTAN (Cook, 1985; Cook and Krusic, 2005). ARSTAN detrending
264 removes the ontogenetic and geometrical growth trends and creates growth indices of each series with
265 a mean value of 1. The raw series were power-transformed, detrended by fitting a negative
266 exponential curve, and stacked in a chronology using a bi-weight robust mean function (Cook et al.,
267 1990).

268 The quality of the chronology was quantified using the series inter-correlation (R_{bar}) and the
269 expressed population signal (EPS; Wigley et al., 1984). The R_{bar} measures the mean correlation
270 between all detrended series, and thus the strength of the signal common to all time series in the
271 chronology. The EPS measures how well the chronology signal represents the population signal and is
272 calculated based on the R_{bar} and the number of series. Wigley et al. (1984) recommended a minimum
273 EPS of 0.85 to ensure that the chronology provides a good enough representation of the population
274 signal.

275

276 **3.4 Radiocarbon dating**

277 Six of the seven crossmatched specimens were radiocarbon dated with AMS. Four shell
278 samples were sent to Beta Analytic, and two samples were later analysed at the ^{14}C CHRONO Centre
279 for Climate, the Environment and Chronology at the Queen's University in Belfast. All radiocarbon

280 dates were calibrated with Calib 7.1.0 (Stuiver and Reimer, 1993) using the MARINE13 calibration
281 curve (Reimer et al., 2013). The calibration curve automatically applies an age-dependent, “global”
282 average marine reservoir correction of approximately 400 ¹⁴C yr based on the spatially averaged
283 modelled value for the surface mixed layer of the ocean. In addition, we applied a regional ΔR
284 correction of -33 ± 93 ¹⁴C yr as recommended for the Scottish and Irish west coasts for the past 5900
285 years by Reimer et al. (2002).

286 To constrain dating uncertainties, the radiocarbon dates were “wigggle-matched” to the
287 calibration curve using the Bayesian defined sequence model in OXCAL 4.3 (Bronk Ramsey et al.,
288 2001; Bronk Ramsey, 2009). This has been undertaken in sclerochronological studies before, e.g. in
289 an archaeological context (Helama and Hood, 2011). Here, the calibrated radiocarbon dates plus the
290 known gaps between samples (i.e., the absolute number of years between the death of one specimen
291 and that of another) were combined and fitted to the calibration curve to calculate a probability
292 density for the age of each sample. MARINE13 was again chosen as the calibration curve.

293

294 **3.5 Raman spectroscopy**

295 Diagenesis of aragonite can alter the oxygen isotopic composition and thus impact
296 palaeotemperature reconstructions (Cochran et al., 2010; Pederson et al., 2019; Urey et al., 1951).
297 Raman spectroscopy can be used to distinguish between the different polymorphs of calcium
298 carbonate, as it produces different spectra specific to each crystal structure (De La Pierre et al., 2014).
299 In order to confirm that aragonite in the fossil shells had not been converted to calcite, micro-Raman
300 spectroscopy was performed on fossil shell specimens at the Diamond Light Source, Oxford. A 473
301 nm laser at a power of 15 mW with a magnification of 20x was used for the analysis. Raman spectra
302 were acquired from each visible shell layer; as all displayed coincident peaks only the spectra from
303 the outermost shell layer are presented here. Spectra between 135 and 1100 cm⁻¹ are described, as
304 these wavelengths are used to distinguish between calcium carbonate polymorphs (Parker *et al.*, 2010;
305 Wehrmeister *et al.*, 2010). Samples of known composition were also analysed for comparison of key
306 interpretative bands (synthetic calcite and speleothem aragonite, Brinza et al. 2014).

307

308 **3.6 Stable isotope sampling**

309 *G. glycymeris* shells consist of an inner shell layer (ISL) and an outer shell layer consisting of
310 simple crossed lamellae (Crippa, 2013). The outer shell layer can be further divided into an inner
311 portion (iOSL) and an outer portion (oOSL, Fig. 2). While the iOSL and oOSL are not distinct layers,
312 they exhibit different patterns of the first order elements in the simple crossed lamellae (Crippa,
313 2013). As isotopic fractionation differs between the iOSL and oOSL in *G. glycymeris* (pers.

314 observation; see Trofimova et al. (2018) for a relevant study of *A. islandica*), it is important to remove
315 the samples from the same portion of the outer layer. All samples in this study were taken in the
316 oOSL.

317 Shell carbonate powder was extracted through microdrilling and micromilling (Dettman and
318 Lohmann, 1995) and analysed using continuous-flow isotope ratio mass spectrometry (CF-IRMS; see
319 below).

320 The samples were mainly microdrilled using an ESI New Wave robotic micromill fitted with
321 an Olympus SZ61 camera and loaded with a 300 μm drill bit (Fig. 2, “DR”). Three individual
322 increments were also micromilled horizontally in a mirror section of specimen VB132 (Fig. 2, “SM”),
323 allowing for direct comparison between the two methods in the same shell. Microdrilling provided a
324 sample resolution of 300 μm (i.e. the diameter of the drill bit), and each sample spot was adjacent to
325 the next spot, without overlapping. Micromilling provided a sample resolution of 150 μm . Both fossil
326 and modern specimens were microdrilled in the 8–11 widest (i.e. ontogenetically youngest)
327 increments of the shell margin.

328

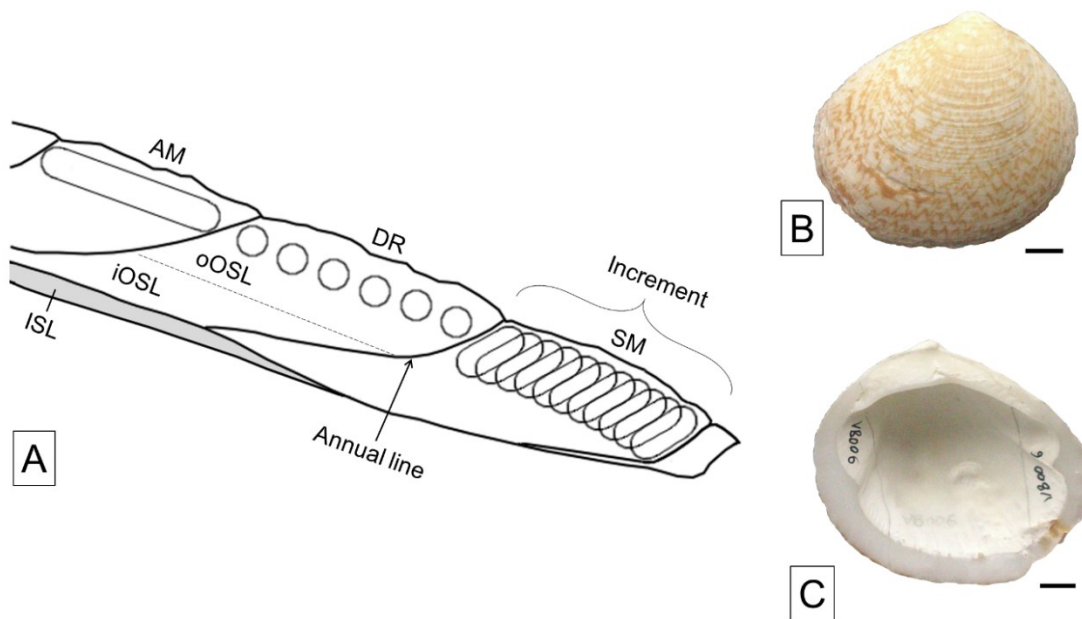


Figure 2: (A) Different sampling techniques. AM = Annual micromilling (not used here), DR = Microdrilling, SM = Sub-annual micromilling. oOSL = Outer portion of the outer shell layer; iOSL = Inner portion of the outer shell layer; ISL = Inner shell layer. The annual line is indicated by an arrow. Increment = portion between two annual lines. (B) Fossil specimen VB006 (outside). (C) Fossil specimen VB006 (inside). Scale bars indicate 1 cm.

329

330 Shell powders (ca. 70 μg) were digested in He-flushed borosilicate exetainers at 72 $^{\circ}\text{C}$ with water-free
331 phosphoric acid for 2 hours and the liberated CO_2 gas was measured in a ThermoFisher MAT 253 CF-
332 IRMS coupled to a GasBench II at the University of Mainz. Stable oxygen isotope values are reported

333 in δ -notation and given in parts per mil (‰). Data were calibrated against an NBS-19 calibrated
334 Carrara Marble distributed by IVA Analysentechnik GmbH & Co. KG ($\delta^{18}\text{O} = -1.91$ ‰). The long-
335 term 1σ accuracy (based on 421 blindly measured NBS-19 samples) and the average 1σ internal
336 precision of the samples were better than 0.04 ‰ and 0.07 ‰, respectively. No correction was applied
337 for differences in acid fractionation factors of the reference material (calcite) and shells (aragonite),
338 because the palaeothermometry equation used below (Eq. 1) also did not consider these differences
339 (Füllenbach et al., 2015). However, a correction of -0.38 ‰ would be required if $\delta^{18}\text{O}$ values of shells
340 and other carbonates were compared with each other.

341

342 **3.6.1 Modern oxygen isotope samples**

343 The positions of the annual lines within the oxygen isotope ($\delta^{18}\text{O}_c$) series were identified
344 visually by analysing microscope pictures obtained through the methods described in section 3.2. The
345 series were converted into seawater temperatures (see below). Then, each annual peak in the $\delta^{18}\text{O}_c$ -
346 derived temperature series was aligned with the peak in the corresponding calendar year of the Met
347 Office HadISST 1.1 data (Rayner et al., 2003) for the 1×1 -degree grid cell covering St Kilda (57 – 58
348 $^\circ\text{N}$, 8 – 9 $^\circ\text{W}$) using AnalySeries 2.0.8 (Paillard et al., 1996). All data points to the left and to the right
349 of each peak were fit to the remaining temperature series.

350

351 **3.6.2 Palaeotemperature equation**

352 Seawater temperatures were obtained from the $\delta^{18}\text{O}_c$ series using the palaeotemperature
353 equation developed by Grossman and Ku (1986) with a PDB-VMOW scale correction of -0.27 ‰
354 (Dettman et al., 1999; Gonfiantini et al., 1995; Hut, 1987) for:

355

$$356 \quad T \text{ } ^\circ\text{C} = 20.6 - 4.34 (\delta^{18}\text{O}_{ar} - (\delta^{18}\text{O}_w - 0.27)) \quad (1),$$

357

358 where $\delta^{18}\text{O}_{ar}$ is the $\delta^{18}\text{O}$ of shell aragonite relative to VPDB, and $\delta^{18}\text{O}_w$ is the $\delta^{18}\text{O}$ of the water
359 relative to VSMOW.

360 As no local $\delta^{18}\text{O}_w$ values are available for St Kilda, the NASA Global Seawater Oxygen-18
361 Database (<https://data.giss.nasa.gov/o18data/>) was used to find the closest available value. One of the
362 closest locations where $\delta^{18}\text{O}_w$ has been measured is at 55.3 $^\circ\text{N}$ 15.6 $^\circ\text{W}$ (Östlund and Grall, 2001; see
363 Figure 1a, point “O”), where the value is 0.38 ‰. We chose this location because the measurement
364 was taken at a similar depth (46 m) to our sample depth, and it represents an offshore environment in

365 the Rockall Trough area. In this study, it was assumed that $\delta^{18}\text{O}_w$ has remained constant over the last
366 four millennia at our sample site, and thus 0.38 ‰ was used for all time intervals.

367

368 **3.6.3 Seasonality**

369 Alignment of isotope series and instrumental data was done with the age-depth correlation
370 tool in AnalySeries 2.0.8 (Paillard et al., 1996). For comparison of seasonality between the modern
371 and the fossil series, all isotope series were first detrended and then resampled (see Schöne and
372 Fiebig, 2009; Wanamaker et al., 2011): Following the methods used by Wanamaker et al. (2011), a
373 linear regression model was fitted to each isotope series to calculate the low-frequency trend, and the
374 trend was subtracted from the raw $\delta^{18}\text{O}_c$ values. The mean $\delta^{18}\text{O}_c$ value was then removed from each
375 isotope series (i.e. each shell). The resulting normalised series were divided into individual years (i.e.
376 shell increments) for resampling. This resampling corrects the bias introduced by sampling increments
377 from different ontogenetic stages with different growth rates. Wanamaker et al. (2011) detrended and
378 resampled all increments with seven or more samples using a 7-point model, arguing that it would still
379 account for the annual seawater temperature cycle. In the present study, a 6-point model was used
380 instead, as a higher number than six would exclude all increments with six or fewer sample spots, and
381 thus leave too few for analysis. All increments with more than six oxygen isotope values were fitted
382 to a cubic spline model and downsampled to six samples per increment using the fitting tool in
383 AnalySeries 2.0.8.

384 Downsampling the data to fit a 6-point model might attenuate the signal and decrease the
385 temperature range captured by $\delta^{18}\text{O}_c$. Therefore, the results were scaled to allow meaningful
386 comparisons between time periods. Following the methods described by Wanamaker et al. (2011), a
387 scaling factor was calculated based on the temperature range difference between modern *G.*
388 *glycymeris* samples and instrumental data, and then applied to the fossil shell records.

389

390 **3.6.4 Average temperatures**

391 To obtain comparable mean temperatures for each time interval, the $\delta^{18}\text{O}_c$ series were again
392 resampled by fitting them to a 6-point cubic spline model (see section 3.6.4), this time without
393 detrending the data. The same shells were used as in the section above, and again only increments
394 with six or more isotope samples were considered.

395

396

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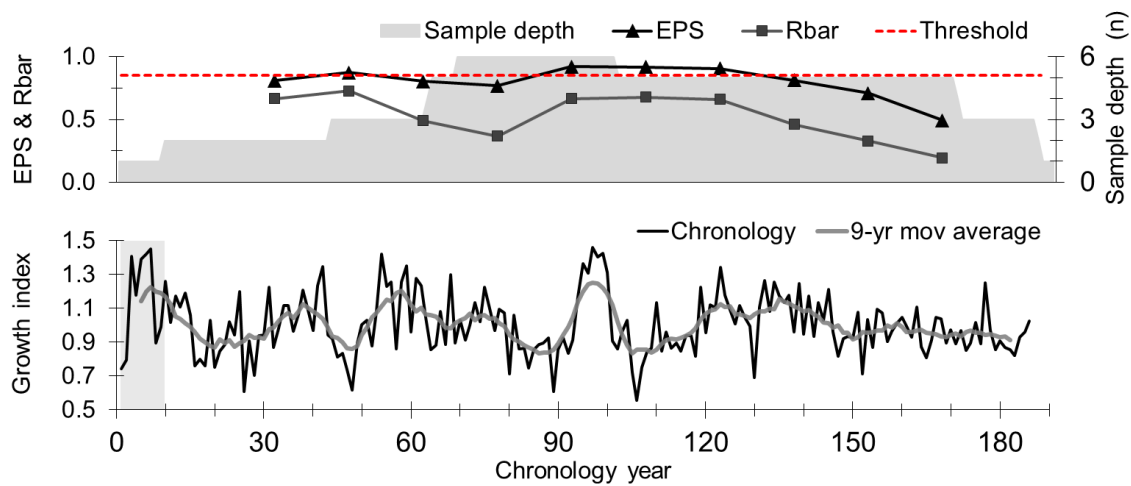


Figure 3: Late Holocene floating chronology. The top panel shows sample depth, EPS and Rbar of the chronology. The red dashed line is the 0.85 EPS threshold as suggested by Wigley et al. (1984). The bottom panel shows the standardised annual growth indices (black line) and a 9-year moving average (grey line). The first ten years of the chronology consist only of one specimen and are shaded grey.

398

399 4. Results

400

401 4.1 Floating chronology

402 The floating chronology was constructed with seven dead-collected *G. glycymeris* from St
 403 Kilda. Because this chronology is not absolutely dated, the time axes are reported in chronology
 404 years (Fig. 3).

405 The increments of the hinge plate in the first 10–20 ontogenetic years were narrow and often
 406 contained the spurious lines sometimes known as “doublets” (Butler et al., 2009a), which complicated
 407 crossmatching. Thus, the first 20 years of each specimen were excluded from further analysis. The
 408 resulting chronology consists of seven shells and spans 187 years (Fig. 3).

409 The first ten years of the chronology include the growth indices of only one specimen and
 410 should thus be treated with caution. The chronology is statistically robust or close-to-robust for ca.
 411 110 years, with an EPS above 0.85, apart from a short period at around year 80 where the EPS dips
 412 below 0.80 (Fig. 3). The EPS and Rbar decrease towards the end of the chronology, starting at around
 413 year 140. The mean interseries correlation of the chronology is 0.58.

414

415

416

417 4.2 Radiocarbon dating

418 Six specimens (i.e., all but VB023) of the fossil *St Kilda Seven* chronology were radiocarbon
419 dated, placing the chronology in the fourth millennium before present (BP = 1950). Dating
420 uncertainties were constrained with a Bayesian chronological model. The modelled dates range from
421 3910 to 3340 cal yr BP, which reduce the unmodelled range (3910–3230 cal yr BP) by 110 years
422 (Table 1; Fig. 4). The modelled probability densities show several peaks along the time axis (Fig. 4).

423

424 4.3 Raman spectroscopy

425 The fossil shells showed no signs of diagenesis, all Raman spectra of the fossil shells being
426 consistent with those of aragonite (Fig. 5). Clear characteristic aragonite peaks were identified at 153,
427 181, 206 and 702-706 cm^{-1} (Parker *et al.*, 2010) along with a characteristic calcium carbonate peak at
428 1085 cm^{-1} (Wehrmeister *et al.*, 2010). No characteristic calcite peaks were identified in any spectra
429 acquired from fossil *G. glycymeris*.

430

431 **Table 1:** Radiocarbon ages of the fossil *G. glycymeris* shells. The unmodelled and modelled calibrated ages with
432 a 95.4% probability ($2\text{-}\sigma$) are given after a local marine reservoir correction of $\Delta R = -33 \pm 93$ has been applied.
433 Calibrations were made using the MARINE13 calibration curve (Reimer *et al.*, 2013). Modelled dates refer to
434 dates output by the chronological model (Bayesian tree-ring sequence model in OXCAL 4.3).

Specimen	Lab ID	Conventional ^{14}C age (yr BP)	2σ (95%) calibrated age (cal yr BP)	Modelled age (cal yr BP)
VB003	Beta-408875	3650 ± 30	3840–3360	3910–3420
VB004	Beta-408876	3630 ± 30	3830–3350	3870–3380
VB006	UBA-29386	3700 ± 30	3910–3420	3840–3350
VB020	Beta-408878	3700 ± 30	3910–3410	3840–3350
VB021	UBA-29389	3550 ± 30	3720–3230	3820–3340
VB024	Beta-408879	3710 ± 30	3930–3430	3820–3340

435

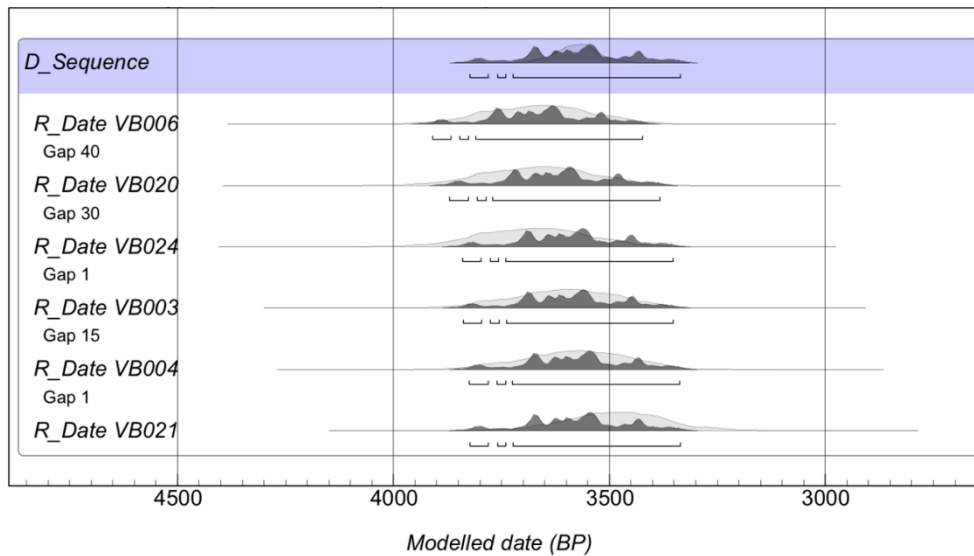


Figure 4: Probability densities of the death dates of six *St Kilda Seven* specimens and the combined series (D_Sequence), applying a ΔR correction of -33 ± 93 . The sample IDs and offsets between each specimen as derived from crossmatching are given in the left column. The pale grey distribution curves represent the radiocarbon calibration probability distribution. The dark grey distribution curves are the resulting probability distributions obtained by the chronological model. The square brackets indicate a 95.4% probability. The top distribution curve (D_Sequence) is the result of wiggle-matching the crossmatched series to the radiocarbon calibration curve using the χ^2 test.

436

437

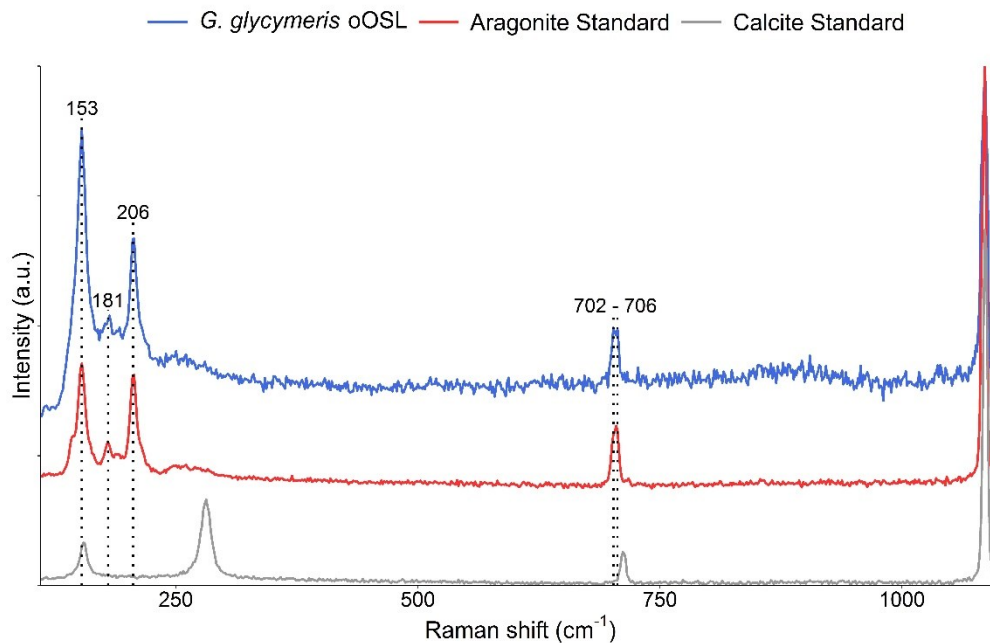


Figure 5: Raman spectra acquired between 135 and 1100 cm^{-1} for the oOSL of a fossil *G. glycymeris* along with spectra from speleothem aragonite and synthetic calcite. Characteristic peaks in the spectra are indicated (dotted lines) for coincident peaks in the shell and speleothem aragonite. A clear matching peak at 1085 cm^{-1} is visible for all samples. The y-axis is displayed as arbitrary units of intensity.

438

439 **4.4 Oxygen isotopes**

440 Oxygen isotope values are presented for three live-collected shells (2005–2013 CE) and five
441 fossil shells from the floating chronology (3910–3340 cal yr BP). The three modern shells yielded
442 sub-annual $\delta^{18}\text{O}_c$ for between 8 and 11 growth seasons (i.e. ‘annual’ increments) each and were
443 averaged into one combined series spanning 2005–2013 CE. All seven fossil shells from the floating
444 chronology were sampled; however, two shells (VB003 and VB024) were excluded from further
445 analysis due to low sampling resolution. Figure 6 shows the position of each of the remaining five
446 fossil $\delta^{18}\text{O}_c$ series in the floating chronology, which span between 11 and 14 growth seasons each.
447 Specimens VB004 and VB021 were combined into one average series due to their overlap in time.
448 Thus, there are four windows in the floating chronology: Two separate series at the beginning of the
449 chronology (VB006, VB020), one combined series in the middle of the chronology (VB004 and
450 VB021), and one series at around year 140 (VB023). All modern and fossil shells showed a clear
451 seasonal signal (Fig. 7). The isotope series of the two coeval fossil specimens presented a warming
452 trend (VB004 and VB021; Fig. 7).

453

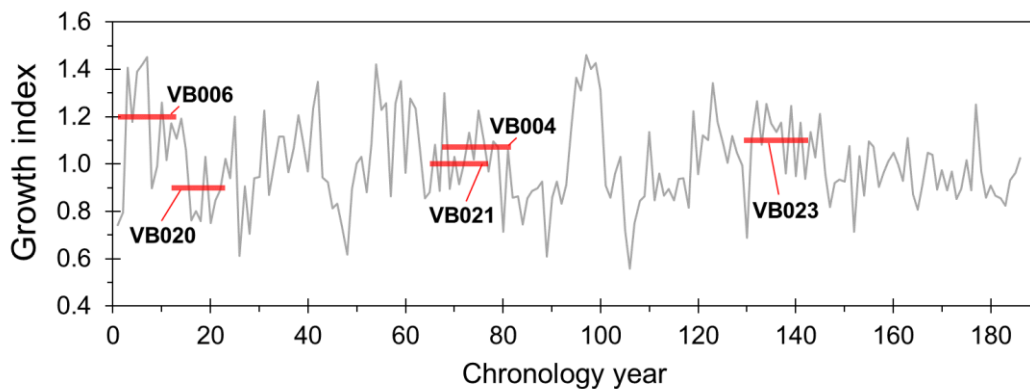


Figure 6: Positions of the fossil $\delta^{18}\text{O}_c$ series in the floating chronology.

454

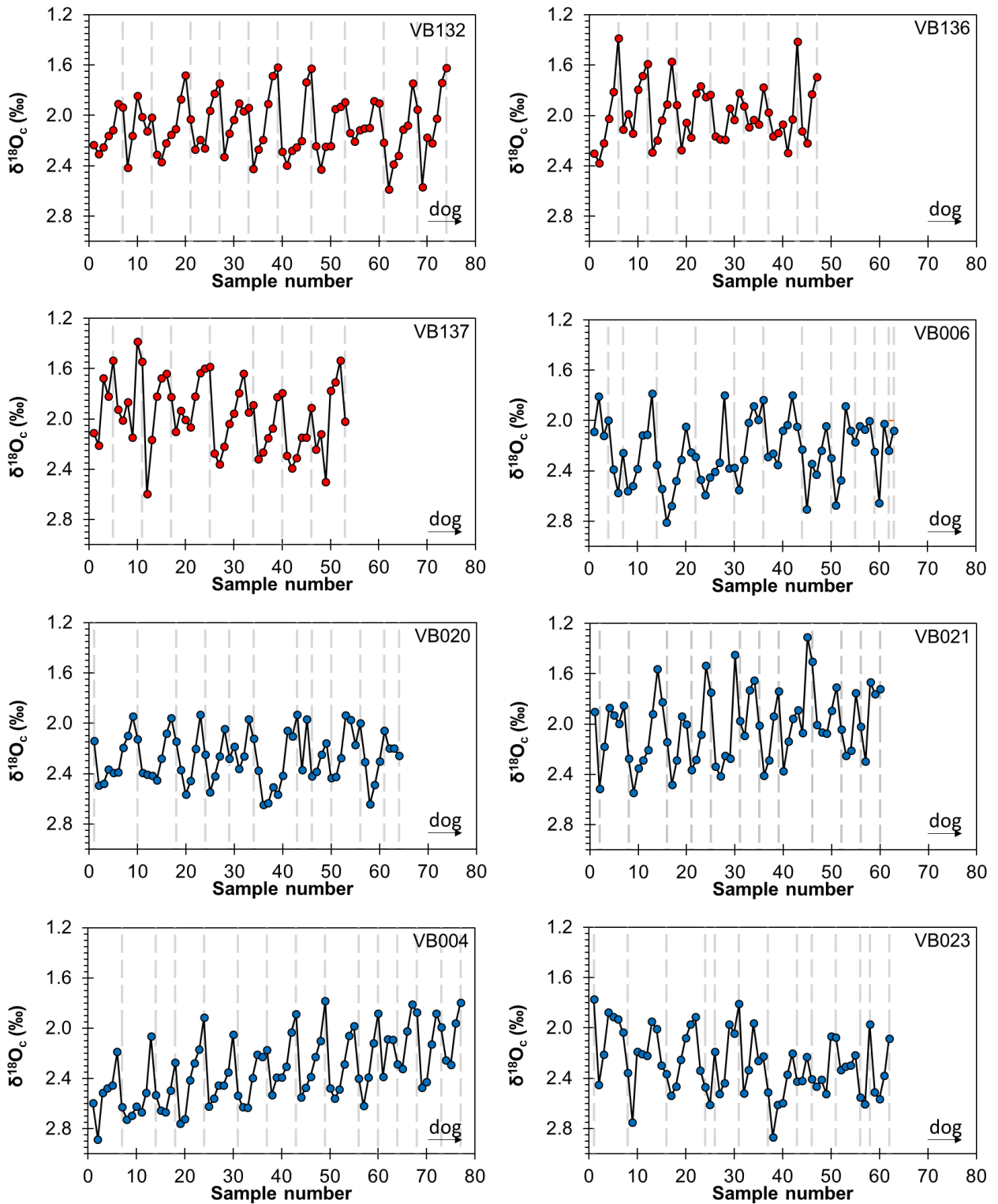


Figure 7: $\delta^{18}\text{O}_c$ values for the modern shells (red dots; VB132, VB136, VB137) and the fossil shells (blue dots; VB006, VB020, VB004, VB021, VB023). The sample direction followed the direction of growth (dog), from the ontogenetically youngest increments towards the more mature increments. The dashed vertical lines coincide with the last sample of each growth season. Note that the y-axes are inverted, thus, peaks in the plots correspond to temperature peaks. Each sample spot has a 300 μm diameter.

455

456

457 **4.4.1 Modern oxygen isotope records compared to instrumental temperature data**

458 Figure 8 shows the $\delta^{18}\text{O}_e$ -derived seawater temperatures obtained by microdrilling, aligned
459 with gridded sea surface temperatures for 2005–2013 CE. The two series are highly correlated.
460 Figure 9 presents data from three calendar years (2008, 2011, 2012 CE), comparing the different
461 sample techniques. These three years were chosen because they provided the best sampling resolution
462 across all three specimens. All sample techniques yielded data that indicate a main growth season of
463 *G. glycymeris* at St Kilda from May to September/October, with a bias towards the late spring and
464 summer months (Fig. 9).

465
466

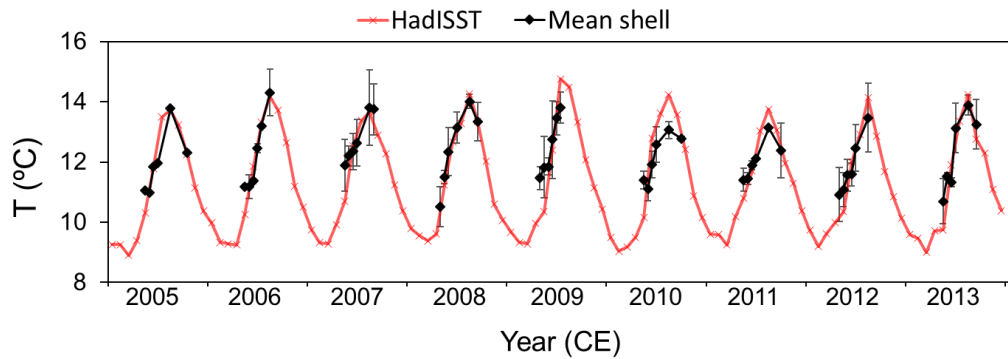


Figure 8: Average sub-annual temperature series derived from oxygen isotopes in three live-collected *G. glycymeris* shells (black line), compared to monthly gridded sea surface temperature data (HadISST1) for 2005–2013 CE. Error bars represent one standard deviation.

467

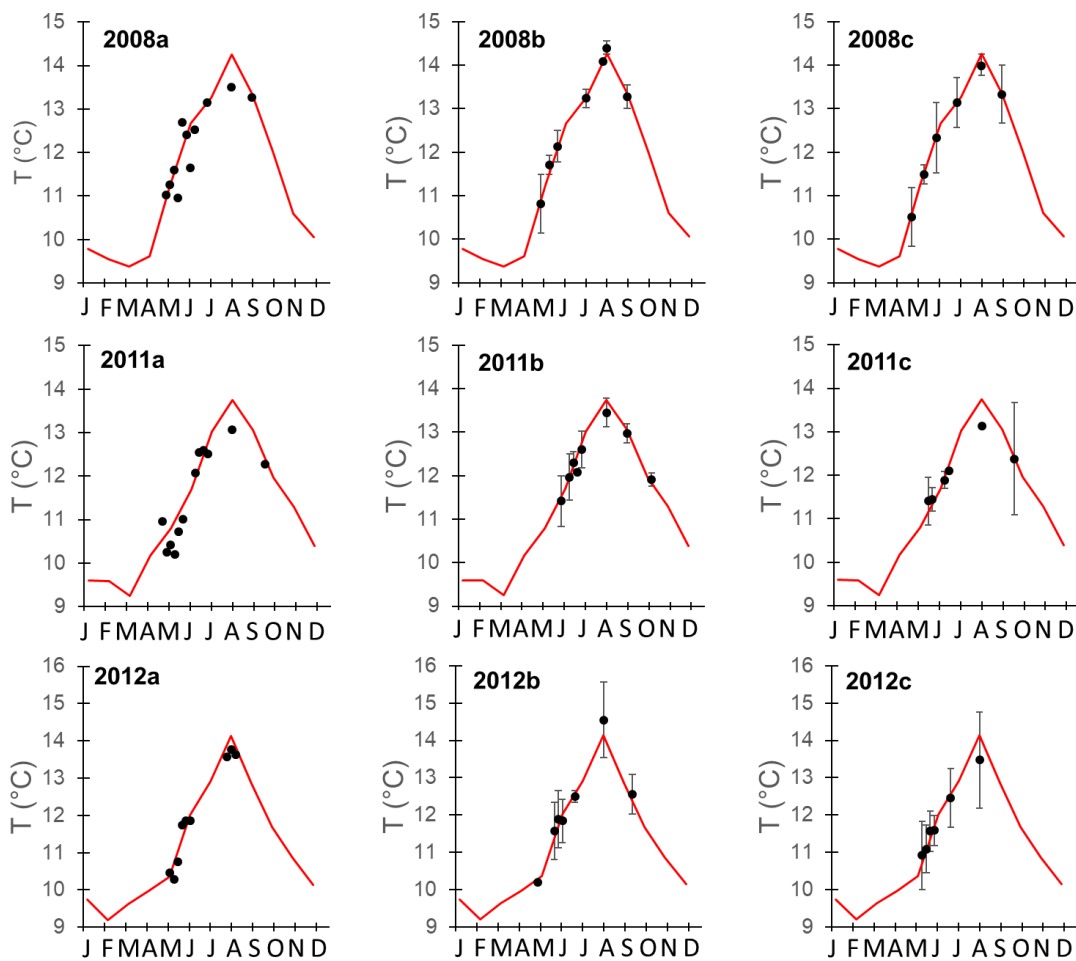


Figure 9: Sub-annual temperature series for 2008 CE (top row), 2011 CE (middle row), and 2012 CE (bottom row). Red line: Monthly HadISST1 data. Black dots: $\delta^{18}\text{O}_c$ -derived seawater temperatures. The left column (a) shows micromilled samples from one specimen (VB132); the middle column (b) shows the combined series of three microdrilled specimens (same data as in Fig. 8); the right column (c) shows the average series of the resampled microdrilled samples after a cubic spline has been fitted. Error bars indicate one standard deviation. The corresponding months are given on the x-axis for each year, starting with J = January.

469

470

471 4.4.2 Comparison of modern and fossil data

472 The average range in $\delta^{18}\text{O}_c$ and the average reconstructed temperatures for the fossil and
 473 modern series are given in Table 2. The annual temperature range from May to October in 2003–
 474 2013 CE was $\Delta T = 3.8\text{ }^\circ\text{C}$ (calculated with HadISST1.1 data). The annual temperature range recorded
 475 in the resampled modern isotope series was 1.55 times smaller ($\Delta T = 2.5\text{ }^\circ\text{C}$; Fig. 9c). Consequently,
 476 the $\delta^{18}\text{O}_c$ -derived temperature ranges of both time periods (ca. 3.6 cal kyr BP and 2003–2013 CE)

477 were multiplied by the scaling factor of 1.55. The scaled seasonality was similar albeit slightly higher
 478 in the fossil shells compared to 2003–2013 CE ($4.4\text{ }^{\circ}\text{C} \pm 1.8\text{ }^{\circ}\text{C}$; Table 2).

479 The average sea surface temperature (SST) recorded by the fossil shells was $11.2\text{ }^{\circ}\text{C} \pm 1.2\text{ }^{\circ}\text{C}$,
 480 whereas the modern shells yielded average SSTs of $12.2\text{ }^{\circ}\text{C} \pm 0.5\text{ }^{\circ}\text{C}$ (Table 2).

481

482 **Table 2:** Average $\Delta\delta^{18}\text{O}_c$ and spring and summer seasonality (detrended values, left), and average $\delta^{18}\text{O}$ and
 483 derived average temperatures per time period for the annual growth season (undretrended values, right).
 484 Individual series of the floating chronology are shown in the top four rows, as well as the mean value for the
 485 floating chronology (3.6 kyr BP avr) and for the combined series of the live-caught shells (2003-2013 CE).
 486 $\Delta\delta^{18}\text{O}$ = Mean range in $\delta^{18}\text{O}$ for that time interval. T range = Temperature range calculated from $\delta^{18}\text{O}_c$. Scaled T
 487 range = Temperature range multiplied by a scaling factor of 1.55. $\delta^{18}\text{O}_{avr}$ = Average $\delta^{18}\text{O}_c$ per time period based
 488 on resampled but undretrended data. Average T = Average temperature per time period calculated from $\delta^{18}\text{O}_{avr}$.
 489 The given errors represent one standard deviation.

	Seasonality (detrended $\delta^{18}\text{O}_c$ series)			Averages (undretrended)	
	$\Delta\delta^{18}\text{O}_c$ (‰)	T range (°C)	Scaled T range (°C)	$\delta^{18}\text{O}_{avr}$ (‰)	Average T (°C)
VB006	0.59 ± 0.15	2.6 ± 0.7	4.0 ± 1.0	2.27 ± 0.13	11.2 ± 0.6
VB020	0.56 ± 0.10	2.4 ± 0.4	3.7 ± 0.7	2.26 ± 0.08	11.3 ± 0.4
VB004+021	0.67 ± 0.16	2.9 ± 0.7	4.5 ± 1.0	2.26 ± 0.17	11.3 ± 0.7
VB023	0.68 ± 0.11	2.9 ± 0.5	4.6 ± 0.7	2.29 ± 0.14	11.1 ± 0.6
3.6 kyr BP avr	0.65 ± 0.14	2.8 ± 0.6	4.4 ± 1.0	2.27 ± 0.19	11.2 ± 0.8
2003–2013 CE	0.57 ± 0.14	2.5 ± 0.6	3.8 ± 1.0	2.04 ± 0.07	12.2 ± 0.3

490

491

492 5. Discussion

493

494 5.1 Chronology

495 Seven fossil *G. glycymeris* were crossmatched based on their annual growth patterns, building
 496 a floating chronology. Six of the crossmatched shells were later radiocarbon dated, consistently
 497 placing all specimens in the 4th millennium BP, thus confirming that they were approximately coeval.

498 A *G. glycymeris* chronology and annual $\delta^{18}\text{O}_c$ series covering the last two centuries have
 499 previously been published for the Tiree Passage, Inner Hebrides (Reynolds et al., 2017, 2013). To our
 500 knowledge, ours is the first floating bivalve chronology from the Scottish shelf, and the first floating
 501 chronology built with *G. glycymeris* shells. Shell lags can contain specimens with age differences of
 502 thousands of years (Flessa et al., 1993; Butler et al., 2009). Therefore, it is a time-consuming and
 503 often fruitless task to try to crossmatch fossil shells from a shell lag without constraining their ages
 504 first. In the present study, there was much trial and error during the construction of the floating
 505 chronology, and it is very likely that more shells in the collection were coeval and could have been
 506 crossmatched but were missed. Taphonomic factors (i.e. the condition of the shells) do not indicate

507 for how long shells have been buried in sediment (Butler et al., 2020); instead, radiometric dating is
508 the most common method used to identify whether shells were approximately coeval. However,
509 radiometric dating requires additional resources and is age-limited, and might therefore not always be
510 feasible. While archaeological shell middens may provide more stratigraphic information than shell
511 lags, they usually consist of short-lived species, which are unsuitable for crossmatching (Andrus,
512 2011). Given these challenges, floating bivalve chronologies remain rare, however, published
513 examples do exist both for shell lags (e.g., Scourse et al., 2006) and shell middens (Helama and Hood,
514 2011). Finding alternative sampling strategies that help constrain ages in the fossil record has been
515 raised as a priority research question in a recent horizon-scanning survey in the field of
516 sclerochronology (Trofimova et al., 2020).

517

518 Due to the lack of long-lived live-collected specimens in the present study, no comparisons
519 between shell growth variability and physical and biological data or climate indices can be made for
520 this location. Several studies have linked shell growth in *G. glycymeris* to SST variability (Brocas et
521 al., 2013; Reynolds et al., 2013; Royer et al., 2013). However, this relationship is likely secondary,
522 since shell growth can be assumed to be primarily influenced by the quality and availability of food
523 (Reynolds et al., 2017). Food availability, in turn, is linked to water circulation and SSTs. At St Kilda,
524 the local food web will likely be affected by upwelling processes (Simpson and Tett, 1986) and the
525 variability in Atlantic vs. shelf water dominance, as different water masses present different
526 chlorophyll distribution patterns (Holligan, 1986) and distinct phytoplankton communities (Aiken et
527 al., 1977).

528

529 **5.2 The Hebrides Shelf in the fourth millennium BP**

530 The probability distribution in Figure 4 presents a cluster of high-density peaks at 3.7–3.5 cal
531 kyr BP, most likely placing the floating chronology in this time range. This period covers a regional
532 climatic shift on the British Isles from dry to wet conditions, with terrestrial records of this shift
533 grouped around ca. 3.6 cal kyr BP (see Charman, 2010, and references therein). Charman (2010)
534 notes that the wet phase largely coincided with strong solar anomalies and a drop in SSTs south of
535 Iceland at ca. 3.6–3.5 cal kyr BP and 3.4–3.3 cal kyr BP (Berner et al., 2008). Several periods of
536 enhanced precipitation-evaporation (P-E) have been recorded for the British Isles since the mid-
537 Holocene, which are thought to be linked with variability in solar activity and thermohaline
538 circulation (Barber and Charman, 2003; Charman, 2010). However, the role of the ocean in the 3.6 cal
539 kyr BP event is unknown, as evidence for changes in ocean circulation at that time is lacking
540 (Charman, 2010). Charman (2010) hypothesized that this regional P-E shift and the observed decrease
541 in SSTs might have been induced through atmospheric processes alone. In a study on dinocyst

542 assemblages from the Celtic Sea, Marret et al. (2004) found an increase in oceanic species at 3.6 cal
543 kyr BP, and evidence of decreased seasonality due to milder winters from 3.6 cal kyr BP onwards.
544 These findings would support the hypothesis of stronger westerlies and increased Atlantic inflow on
545 the shelf, which might also have caused wetter conditions on the British Isles (Marret et al., 2004).

546

547 **5.2.1. Seasonality in the fossil shell record**

548 Because the growth season of *G. glycymeris* does not include winter months, our results do
549 not represent full seasonality. However, the data give an indication of whether the temperature range
550 within the growth season has changed between ca. 3.6 cal kyr BP and today. As shown in Table 2, the
551 seasonal temperature range in the fossil shells were similar to the modern range. Hence, we found no
552 evidence of differences in spring-to-summer seasonality on the Hebrides shelf between the fossil and
553 the modern record.

554 When investigating past seasonal shelf sea temperatures, possible changes in stratification
555 must be considered. In stratified water, the warm surface layer is separated from the cold bottom layer
556 by the thermocline during the summer. Consequently, the difference between summer SSTs and sea
557 bottom temperatures is higher in stratified water than in vertically mixed water, and summer bottom
558 waters are colder in stratified than in mixed sectors (Elliott et al., 1991). It is therefore essential to
559 know (1) whether the shelf-sea fronts (i.e. fronts between mixed and seasonally stratified waters) have
560 moved position and (2) which depths the fossil material represents. Numerical tidal models and proxy
561 studies have shown that stratification on the NW European shelf started at 10–8 kyr BP and
562 progressed over the following millennia until 6–5 kyr BP (Scourse et al., 2002; Uehara et al., 2006;
563 Ward et al., 2016). The reconstructed temperatures from St Kilda do not indicate that any major
564 change has taken place between the mid-fourth millennium BP and today, which is consistent with
565 data from the Celtic Sea (Austin and Scourse, 1997; Marret et al., 2004; Scourse et al., 2002).
566 Stratification and the evolution of shelf-sea fronts is of high interest as they exert a major influence on
567 primary productivity. Conditions are favourable for productivity along shelf-sea fronts, where both
568 vertical stability and nutrient renewal are given (Pingree et al., 1978). This may in turn affect the
569 growth width chronology, since shell growth is tightly linked to food availability and quality. Due to
570 the local topography at St Kilda, we assume that the fossil shells lived at similar depths as the live-
571 caught specimens, representing a shallow tidally mixed habitat. Sea level change does not have to be
572 considered, as sea level rise in this region has been smaller than 2 m in the last 4,000 years (Gehrels,
573 2010). Due to the shallow sampling depths, tidal mixing, and the local upwelling system at St Kilda
574 (Simpson and Tett, 1986), we conclude that both the fossil and modern material represent mixed
575 water conditions and are hence more tightly coupled to SSTs and surface air temperature than would
576 be the case if they represented stratified conditions.

577

578 **5.2.2 Average temperatures in the fossil shell record**

579 Previous studies using summer SST proxies have found evidence of a pronounced cold
580 interval south of Iceland at 4–2 cal kyr BP, while records of this cooling are absent in the Norwegian
581 Sea (e.g., Berner et al., 2008; Orme et al., 2018, and references therein; Van Nieuwenhove et al.,
582 2018). Orme et al. (2018) hypothesize that the colder SSTs might have been caused either by
583 enhanced Arctic outflow or enhanced ice melt from East Greenland, both associated with negative
584 NAO circulation. A weakening of the NAC linked to the low NAO could provide another explanation
585 for the cooling, although this hypothesis is not supported by much evidence (Orme et al., 2018). The
586 reconstructed late spring and summer SSTs for the Hebrides Shelf at ca. 3.7–3.5 cal kyr BP were 1 °C
587 lower than today (2003–2013 CE; Table 2). However, our data do not provide evidence of a distinct
588 cooling event or interval. A major limitation of the present study is the relatively short time interval
589 covered by the fossil isotope record, which does not provide the context of any preceding warmer
590 periods in the mid-Holocene. The temporal context is important, as a warming of ca. 1 °C in annual
591 SSTs has occurred in UK waters over the last 100 years (Hughes et al., 2017). Thus, while the
592 reconstructed temperatures for ca. 3.7–3.5 cal kyr BP are 1 °C cooler than today, they are similar to
593 regional spring and summer SSTs in the early 20th century CE (HadISST reanalysis data; Rayner et
594 al., 2003).

595

596 **5.3. Sampling techniques and calibration**

597 **5.3.1 Instrumental data and limitations of this study**

598 An important and well-known caveat of $\delta^{18}\text{O}_c$ temperature reconstructions is that $\delta^{18}\text{O}_w$ needs
599 to be known or estimated. The $\delta^{18}\text{O}_w$ composition of seawater is controlled by fractionation processes
600 in the hydrological cycle such as evaporation, precipitation, vapour transport, and changes in sea ice;
601 it is thus linked to changes in salinity (Rohling, 2013, and references therein). Furthermore, $\delta^{18}\text{O}_w$
602 varies based on the mixing and advection of water masses with specific $\delta^{18}\text{O}_w$ signatures. Large-scale
603 changes in North Atlantic Ocean circulation as well as wind-driven regional processes on the Scottish
604 shelf will contribute to salinity and $\delta^{18}\text{O}_w$ variability at St Kilda. However, no local measurements of
605 $\delta^{18}\text{O}_w$ are available for either of the two time periods discussed in this study, and no regional salinity–
606 $\delta^{18}\text{O}_w$ relationship has yet been formulated. Therefore, we used the $\delta^{18}\text{O}_w$ value for surface water from
607 the closest available location in the open ocean and applied it to both the modern and the fossil shell-
608 derived temperature series. At St Kilda, terrestrial freshwater input is negligible and the region was
609 fully deglaciated by the early Holocene (Austin and Kron, 1996), ruling these factors out as local
610 influences on $\delta^{18}\text{O}_w$ variability. Instrumental measurements along the Ellett line since 1975 show that
611 the station closest and most similar to St Kilda (station 15G, Lat: 56.88 °N, Long: 08.50 °W, see

612 Figure 1b), has an average salinity of 35.2 ± 0.2 (Holliday et al., 2015; Jones et al., 2018). How much
613 changes in salinity affect the $\delta^{18}\text{O}_w$, and consequently the reconstructed temperature, can be estimated
614 with a salinity– $\delta^{18}\text{O}_w$ mixing line. However, as mentioned above, no such mixing line has been
615 developed for the outer western Scottish shelf. Austin et al. (2006) recommend using the equation
616 $\delta^{18}\text{O}_w = 0.5972 \times S - 20.6850$ for the Outer Hebrides, which is a modified version of the equation
617 developed by Frew et al. (2000) for the northern North Atlantic. Following this recommendation, a
618 standard deviation of ± 0.2 in salinity would result in a fluctuation of ± 0.5 °C in reconstructed
619 temperature. However, the applicability of this equation to St Kilda remains uncertain, given that St
620 Kilda is influenced both by oceanic and by coastal waters, as well as local dynamics such as cold-
621 water upwelling.

622

623 Another caveat is that there are no *in-situ* temperature measurements available for proxy
624 calibration at our study site. Instrumental hydrographic data are particularly scarce in non-coastal
625 environments like St Kilda. Therefore, gridded satellite data are the best option for calibrating proxy
626 records and tracking changes through time. However, gridded data are spatially smoothed, therefore it
627 is important to have a good understanding of the oceanography of the sample site and choose the grid
628 and kernel size accordingly, to avoid introducing additional error by averaging across different
629 oceanographic regimes. Ideally, the gridded SST datasets should be compared to *in-situ*
630 measurements to ensure that the best-fitting dataset is used for the specific location (see Hughes et al.,
631 2009). Hughes et al. (2009) compared the three products OISST V2 (Reynolds et al., 2002),
632 HadISST1 (Rayner et al., 2003), and ERSST V3 (Smith et al., 2008) to *in-situ* data of six locations in
633 the Northeast Atlantic region. Out of those six locations, the closest and most similar to St Kilda was
634 the Faroe-Shetland channel, where HadISST1 performed best. Boehme et al. (2014) compared the
635 same three gridded datasets to *in-situ* temperature data from the Norwegian Sea and growth data of
636 Atlantic salmon sampled in northern and western Scotland. They recommend OISST V2 for similar
637 studies, or HadISST1 for time series predating 1982. We selected HadISST1 for our study because it
638 performed best in the Faroe-Shetland channel, which is most similar to our sample site (Hughes et al.,
639 2009).

640

641 **5.3.2 Growth season and calibration of modern samples**

642 Microdrilling was the preferred method in this study, as it allows for more control than
643 micromilling and ensures that the samples are all taken from the same portion of the outer shell layer
644 (see section 3.6). Figure 9 shows that the two different sampling techniques yielded similar results.
645 While micromilling provided a higher resolution, it did not always capture the temperature peak. This
646 might be due to time-averaging effects or contamination from the iOSL. Microdrilling was a time-

647 efficient technique that was used to obtain replicated data across three specimens, for which the
648 averaged (Fig. 8, 9b) and modelled (Fig. 9c) series matched the instrumental temperature peaks in
649 most years. Thus, replication of data was a key factor confirming the accuracy of the results.

650

651 It should be noted that the applied sampling techniques will introduce time averaging effects
652 in the $\delta^{18}\text{O}_c$ series; hence, the full seasonality captured in the shells might be partially masked in the
653 obtained data. Notwithstanding these averaging effects, our results clearly confirm that $\delta^{18}\text{O}_c$ from *G.*
654 *glycymeris* at St Kilda is a faithful palaeothermometer for seawater temperatures on the Hebrides
655 shelf.

656

657 Our results suggest *G. glycymeris* mainly grow their shells from late spring to early or mid-
658 autumn at St Kilda, with greatest growth from May to July/August (Fig. 8, 9). The onset of growth in
659 May coincides with the annual onset of coccolithophore blooms on the outer shelf (Holligan, 1986).
660 Similar growth seasons have been reported for the Tiree Passage (Reynolds et al., 2017) and the Bay
661 of Brest (Featherstone et al., 2020; Royer et al., 2013).

662 Shell growth in *G. glycymeris* is likely nonlinear, i.e. it varies throughout the growth season
663 (Reynolds et al., 2017). Due to this bias towards certain periods within the growth season, weighted
664 means should be used when reporting average seasonal temperatures (Schöne, 2013). However, due to
665 low sampling resolution as well as insufficient resolution of temperature data, we here instead applied
666 a 6-point cubic spline model to ensure that the data bias in the modern shells and the fossil shells are
667 comparable (Wanamaker et al., 2011).

668

669 **5.3.3 Comparability of the fossil and modern shells**

670 Raman spectroscopy showed no diagenetic alterations in the fossil shells, and thus the
671 palaeothermometry equation for aragonitic shells applies for the fossil specimens as well. Moreover,
672 the fossil shells were in very good condition (see Fig. 2b,c), indicating that they were buried shortly
673 after death and well preserved. Due to the St Kilda's topographical features described in section 2.2,
674 the fossil shells will most likely have lived at similar depths as the modern samples.

675

676 **6. Conclusions**

677

678 We present here a 187-year growth chronology from the fourth millennium BP at St Kilda,
679 western Scotland, based on fossil *G. glycymeris* shells. Sub-annual $\delta^{18}\text{O}_c$ records from fossil
680 specimens of the floating chronology and from modern specimens were used to compare growth
681 season and seasonality between the two time periods.

682 St Kilda is appropriately sited to study the variability of North Atlantic inflow as it is an offshore
683 location close to the shelf margin, with negligible freshwater input. The good fit between gridded
684 SSTs and the $\delta^{18}\text{O}_c$ -derived *in-situ* temperatures further confirm the applicability of *G. glycymeris*
685 shells from St Kilda as proxies for temperature. However, St Kilda is also influenced by the Scottish
686 Coastal Current and, due to its island topography, local upwelling processes must be considered.

687 Our results show that the fossil shells experienced a similar growth season and temperature
688 range as the modern shells, which can be attributed to similar boundary conditions in this region. The
689 age uncertainty and short time frame of our $\delta^{18}\text{O}_c$ series are limiting factors that prevent conclusions
690 being drawn on the presence or timing of a distinct summer SST cooling event or cold interval.
691 However, the average $\delta^{18}\text{O}_c$ of the fossil specimens indicate that late spring and summer SSTs on the
692 Scottish shelf were cooler in the fourth millennium BP than they are today, and comparable to SSTs
693 in the early 20th century. Thus, an extension of the chronology, accompanied by an annually resolved
694 $\delta^{18}\text{O}_c$ record, is needed to address the question whether this region was affected by a cold interval.
695 This would also provide more insight into a time that saw a climate shift to wetter conditions on the
696 British Isles, in which the role of the ocean is uncertain. Such an extension of the chronology would
697 be challenging and require additional funding; however, it is feasible.

698

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700

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709

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