

1 **Reservoir Pressure Integral is Independently Associated with the Reduction in Renal**
2 **Function in Older Adults**

3

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36 **ABSTRACT:**

37 **Background:** Arterial haemodynamic parameters derived from reservoir-excess pressure
38 analysis exhibit prognostic utility. Reservoir-excess pressure analysis may provide useful
39 information about an influence of altered haemodynamics on target organ such as the
40 kidneys. We determined whether the parameters derived from the reservoir-excess
41 pressure analysis were associated with the reduction in estimated glomerular filtration rate
42 (eGFR) in 542 older adults (69.4±7.9 yrs, 194 females) at baseline and after three years.

43 **Methods:** Reservoir-excess pressure parameters including reservoir pressure integral
44 (INTPR), excess pressure integral, systolic and diastolic rate constants were obtained by
45 radial artery tonometry. **Results:** After three years, and in a group of 94 individuals
46 (72.4±7.6 yrs, 26 females), there was an eGFR reduction of more than 5% per year (median
47 reduction of 20.5% over three years). A multivariable logistic regression analysis revealed
48 that higher baseline INTPR was independently associated with a smaller reduction in eGFR
49 after accounting for conventional cardiovascular risk factors and study centres [odds ratio:
50 0.660 (95% confidence intervals, 0.494-0.883), $p=0.005$]. The association remained
51 unchanged after further adjustments for potential confounders and baseline renal function
52 [odds ratio: 0.528 (95% confidence intervals, 0.351-0.794), $p=0.002$]. No other reservoir-
53 excess pressure parameters exhibited associations with the reduction in renal function.

54 **Conclusions:** This study demonstrates that baseline INTPR was associated with the decline
55 in renal function in older adults at 3-year follow-up, independently of conventional
56 cardiovascular risk factors. This suggests that INTPR may play a role in the functional decline
57 of the kidneys.

58

59 **Key Words:** Aging; arterial stiffness; blood flow; blood pressure; kidney.

60

61 ***List of abbreviations and acronyms***

62 BP, blood pressure; CKD, chronic kidney disease; DCL, the decline group; DRC, diastolic rate
63 constant; eGFR, estimated glomerular filtration rate; INTPR, reservoir pressure integral;
64 INTXSP, excess pressure integral; MAXPR, peak reservoir pressure; ND, the non-decline
65 group; OR, odds ratio; PP, pulse pressure; SRC, systolic rate constant; SUMMIT-VIP, the
66 SURrogate markers for Micro- and Macrovascular hard endpoints for Innovative diabetes
67 Tools-Vascular Imaging Prediction study.

68

69 **INTRODUCTION:**

70 The arterial blood pressure (BP) waveform provides valuable information about
71 cardiovascular risk. The peak and trough on a BP waveform, for example, represent systolic
72 and diastolic BP, respectively, which are well-recognised cardiovascular risk factors that
73 have been utilised for risk stratification. Another example is pulse pressure (PP) and
74 augmentation index, which are obtained from specific points on the BP waveform and are
75 indicators of BP pulsatility and pressure exposure during systole as a proportion of
76 PP, respectively. Despite the proven usefulness of these BP parameters, there remains a
77 greater residual cardiovascular risk associated with BP that is unaccounted for at present.¹
78 This may be partly explained by the fact that these BP parameters are derived either from
79 extreme points on the BP waveform or calculated from specific points on the BP waveform,
80 rather than extracting information from the BP waveform as a whole.

81

82 Reservoir-excess pressure analysis conceptualises the BP waveform as the summation of 1)
83 the reservoir pressure component that reflects the theoretical minimum hydraulic work

84 necessary to generate a given stroke volume, and 2) the excess pressure component that is
85 an index of unnecessary work done by the left ventricle in each cardiac cycle.² Reservoir-
86 excess pressure analysis derives its parameters by directly extracting them from the BP
87 waveform morphology. This is an advantage of this analysis over other BP parameters
88 because subtle haemodynamic abnormalities, that are not apparent at specific points on the
89 BP waveform, may be identified with the parameters of reservoir-excess pressure analysis.
90 In this regard, the ability of reservoir-excess pressure parameters to predict cardiovascular
91 events has been demonstrated independently of conventional cardiovascular risk factors
92 including BP,³⁻¹⁰ suggesting a clinical utility of the concept.

93

94 A reduction in renal function, expressed as a reduced estimated glomerular filtration rate
95 (eGFR) in clinical practice, occurs with normal ageing, but the age-related loss of renal
96 function is exacerbated by comorbidities such as hypertension and type 2 diabetes.¹¹
97 Progressive renal impairment leads to chronic kidney disease (CKD), a dire consequence of
98 which is the progression to end-stage renal disease that requires dialysis and/or renal
99 transplantation. Patients with CKD have a significantly higher risk for cardiovascular disease
100 than appropriately matched controls.¹² Clinical care of people with CKD focuses on slowing
101 the decline in renal function, aiming to delay/avoid the need for renal replacement therapy
102 and reducing cardiovascular risk. Identification of those at highest risk of progressive renal
103 disease and cardiovascular disease in this patient group remains an important and unmet
104 clinical need. In this context, reservoir-excess pressure analysis may provide useful
105 information about the influence of altered haemodynamics on target organs, in this case the
106 kidneys, additionally to conventional risk factors like systolic and diastolic BP.¹³ Specifically,
107 because reservoir pressure corresponds to the instantaneous blood volume stored in large

108 arteries,¹⁴ and diastolic rate constant (DRC) represents the rate of reservoir pressure
109 discharge, alterations in these parameters may be indicative of adverse renal
110 haemodynamics. Therefore, we aimed to test the hypothesis that the parameters derived
111 from reservoir-excess pressure analysis would predict the reduction in eGFR at 3-year
112 follow-up in older adults.

113

114 **METHODS:**

115 The data that support the findings of this study are available from the corresponding author
116 upon reasonable request.

117

118 ***Participants***

119 This is a sub-study of the SURrogate markers for Micro- and Macrovascular hard endpoints
120 for Innovative diabetes Tools-Vascular Imaging Prediction (SUMMIT-VIP) study. Participants
121 were older adults (n=542) recruited from Exeter, Dundee (both United Kingdom) and Malmö
122 (Sweden) for the SUMMIT-VIP study, for whom raw radial pressure waveform data were
123 available (**Supplemental Figure S1**). Participants were studied at baseline and at 3-year
124 follow-up. The details of the main study including the criteria for inclusion/exclusion have
125 been described elsewhere^{15, 16} and a brief summary is included in the Supplemental Material
126 (**Supplemental Methods**). Demographic and clinical characteristics data including physical
127 and laboratory analyses were obtained based on the predefined main study protocol at
128 each site. All study procedures were approved by UK National Research Ethics Service South
129 West Committee, East of Scotland Research Ethics Service and the institutional ethics
130 committee at the University of Lund, Sweden. Written informed consent was obtained from
131 all participants.

132

133 ***Acquisition of radial pressure waveform and derivation of reservoir-excess pressure***
134 ***parameters***

135 The details of our radial pressure waveform acquisition method have been described
136 elsewhere.¹⁰ Briefly, the participants lay supine on an examining bed and rested for 10 min
137 before the assessment. Right radial artery pressure waveforms were recorded with a high-
138 fidelity micromanometer attached to a SphygmoCor system (Version 8.2, AtCor Medical Pty
139 Ltd, West Ryde, Australia) over 10 sec. Dedicated inbuilt software then processed acquired
140 waveforms to calculate an ensemble-averaged radial pressure waveform calibrated by
141 brachial systolic and diastolic BP (as per the manufacturer's recommendation) using a
142 validated semi-automated oscillometric device (Omron M6, Hoofddorp, Netherlands).

143

144 The ensemble-averaged radial pressure waveform was then used to calculate reservoir-
145 excess pressure parameters based on the pressure-alone approach. A review of the method
146 that includes its theoretical basis and validation has been published recently.¹⁷ In the
147 reservoir-excess pressure analysis, the measured pressure waveform can be separated into
148 1) a reservoir pressure component which varies in magnitude through changes in the
149 resistance to outflow from the reservoir, the reservoir compliance and the asymptotic
150 pressure,¹⁸ and 2) an excess pressure component which is the difference between the
151 measured pressure waveform and reservoir pressure. The calculation of the reservoir
152 pressure depends on determination of two rate constants: the systolic rate constant (SRC)
153 which is the inverse of the product of the constant of proportionality between the excess
154 pressure and the arterial inflow and the total arterial compliance; and DRC which is the
155 inverse of the product of the peripheral vascular resistance and the total arterial

156 compliance. Reservoir-excess pressure parameters analysed in this study were 1) reservoir
157 pressure integral (INTPR), 2) peak reservoir pressure (MAXPR), 3) excess pressure integral
158 (INTXSP), 4) SRC, and 5) DRC. **Figure 1** shows a schematic example of the reservoir-excess
159 pressure separation.

160

161 ***Renal function***

162 The reduction of renal function over three years was defined as a reduction of eGFR of more
163 than 5% per year (Decline Group: DCL; taken as a reduction of 15% or more at follow-up), as
164 previously published study described.¹⁹ eGFR was calculated using the Chronic Kidney
165 Disease Epidemiology Collaboration creatinine equation²⁰ at baseline and after 3-year
166 follow-up period. Urinary albumin to creatinine ratio was obtained by a random spot urine
167 sample obtained during the study visit with a detection limit for albumin of 3.0 mg/l.²¹
168 Albuminuria (macro-albuminuria) was defined as the urinary albumin to creatinine ratio >25
169 mg/mmol for men and 35 mg/mmol for women.

170

171 ***Statistical analysis***

172 Data are presented as means±SD, median (interquartile range), means [95% confidence
173 intervals (CI)] or number (%). Skewed data were appropriately transformed for statistical
174 analysis. Independent samples t-tests and analysis of covariance were used to examine the
175 differences in variables between groups. Univariable and multivariable logistic regression
176 analyses were performed to quantify associations between reservoir-excess pressure
177 parameters and the decline in renal function at 3-year follow-up and reported as odds ratio
178 (OR) [95% CI]. For multivariable logistic regression analyses, the following variables were
179 considered and included as covariates: age, sex, baseline eGFR, brachial systolic BP, type 2

180 diabetes, total and HDL cholesterol, current smoking, pharmacological hypertensive
181 treatment, study centre, body mass index, previous history of cardiovascular disease,
182 presence of albuminuria at baseline and resting heart rate (assigned as above/below
183 median due to collinearity as a continuous variable). Reservoir-excess pressure parameters
184 were standardised before entering into the logistic regression analysis to allow comparisons
185 across the parameters (i.e. 1-standard deviation increase). A sensitivity analysis was
186 performed by changing the cut-off point for a decline in renal function from 5% per year to
187 10% per year to determine whether different thresholds would influence associations
188 between reservoir-excess pressure parameters and the decline in renal function. Statistical
189 analysis was conducted using IBM SPSS Statistics 26 (IBM, Armonk, NY) and statistical
190 significance was set at $p < 0.05$ (two sided).

191

192 **RESULTS:**

193 **Table 1** shows the selected baseline characteristics of the study participants for the
194 combined group and the DCL and ND groups. The DCL group was older, had lower levels of
195 HDL cholesterol, had a higher concentration of fasting glucose and HbA1c, and had a faster
196 heart rate than the ND group (all $p < 0.05$). The presence of type 2 diabetes was more
197 prevalent in DCL than ND ($p < 0.05$). At 3-year follow-up, changes in eGFR compared with
198 baseline was -16.7 ($-21.8 - -13.9$) ml/min/1.73m² in DCL and 0.6 ($-4.7 - 7.3$) ml/min/1.73m²
199 in ND. This corresponded to a percentage change in eGFR of -20.5 ($-26.3 - -17.6$) % in DCL
200 and 0.8 ($-6.3 - 9.6$) % in ND (both $p < 0.001$).

201

202 The reservoir-excess pressure parameters at baseline between DCL and ND are shown in

203 **Figure 2**. After age and sex were accounted for, INTPR was lower in DCL [84.2 (81.1-87.5)

204 mmHg·s] than ND [90.5 (88.9-92.1) mmHg·s, $p=0.001$]. There were no differences in MAXPR
205 [107.5 (106.2-108.8) mmHg], INTXSP [7.3 (6.9-7.8) vs 7.2 (7.0-7.4) mmHg·s, $p=0.533$], SRC
206 [6.6 (6.3-7.0) vs 6.9 (6.7-7.1) 1/s, $p=0.159$] and DRC [2.3 (2.2-2.5) vs 2.3 (2.2-2.3) 1/s,
207 $p=0.491$] between DCL and ND after age and sex were taken into account.

208
209 Logistic regression analysis was performed to determine whether baseline reservoir-excess
210 pressure parameters predicted the reduction of renal function (as a dichotomised
211 parameter) at 3-year follow-up (**Figure 3**). In a minimally adjusted (age and sex) logistic
212 regression model (**Figure 3A**), INTPR was associated with the reduction of eGFR at follow-up
213 [OR: 0.685 (0.537-0.452), $p=0.002$]. The association was unattenuated after a multivariable
214 adjustment that included Framingham risk factors and study centre [OR: 0.660 (0.494-
215 0.883), $p=0.005$], as shown in **Figure 3B**. Further, more extensive adjustment for body mass
216 index, previous history of cardiovascular disease, baseline eGFR, presence of albuminuria at
217 baseline and resting heart rate above/below the median value did not alter the association
218 [**Figure 3C**, OR: 0.528 (0.351-0.794), $p=0.002$]. Nor was the association altered by the
219 inclusion of haemoglobin A1c, heart rate-corrected aortic augmentation index, carotid-
220 femoral pulse wave velocity or by the replacement of brachial systolic BP with other BP
221 variables (aortic BP, aortic PP and brachial PP; **Supplemental Table S1**).

222

223 There was no association between the reduction in eGFR at follow-up and MAXPR [OR:
224 0.827 (0.649-1.055) $p=0.126$, 0.686 (0.460-1.024) $p=0.065$, and 0.682 (0.444-1.047)
225 $p=0.080$], INTXSP [OR: 1.102 (0.865-1.404) $p=0.433$, 1.142 (0.821-1.587) $p=0.430$, and 1.102
226 (0.770-1.579) $p=0.596$], SRC [OR: 0.870 (0.646-1.172) $p=0.360$, 0.948 (0.706-1.274) $p=0.724$,
227 and 0.979 (0.720-1.329) $p=0.890$], DRC [OR: 1.110 (0.877-1.405) $p=0.387$, 1.248 (0.945-

228 1.649) $p=0.118$, and 1.274 (0.951-1.706) $p=0.105$] in the minimally adjusted model, the
229 multivariable adjusted model, or the extensively adjusted multivariable model (**Figure 3**).
230 The association did not change with the inclusion of haemoglobin A1c, heart rate-corrected
231 aortic augmentation index, carotid-femoral pulse wave velocity or when replacing brachial
232 systolic BP with brachial PP in the model, although 1) the addition of heart rate-corrected
233 augmentation index and carotid-femoral pulse wave velocity in the extensively adjusted
234 model marginally strengthened the association between MAXPR and the reduction in eGFR,
235 and 2) the association between DRC and the reduction in eGFR during the follow-up period
236 was marginally strengthened with the replacement of brachial systolic BP with aortic systolic
237 BP and aortic PP (**Supplemental Table S1**).

238

239 When the threshold for the decline in renal function was changed to a reduction in eGFR of
240 more than 10% per year from 5% per year as a part of a sensitivity analysis, INTPR remained
241 associated with the reduction of renal function at follow-up, and the other reservoir-excess
242 pressure parameters showed no association with the reduction of renal function. That is,
243 results were similar for each threshold of reduction in eGFR (**Supplemental Table S2** shows
244 the participants characteristics and **Supplemental Table S3** shows detailed results for the
245 sensitivity analysis).

246

247

248 **DISCUSSION:**

249 In this longitudinal study of older adults with variable cardiovascular risk factors, we
250 demonstrate an association between baseline INTPR and the decline in renal function at 3-
251 year follow-up independently of conventional cardiovascular risk factors. The association
252 between baseline INTPR and the decline in renal function persisted after taking other

253 potential confounders into account and after changing the threshold for the decline in renal
254 function. These are novel observations that support the notion that INTPR plays a pivotal
255 role in the functional decline of the kidneys in older adults. It also suggests that INTPR is a
256 marker of adverse systemic haemodynamics.

257

258 The parameters derived from reservoir-excess pressure analysis have already demonstrated
259 prognostic utility by predicting cardiovascular morbidity and mortality in several studies.³⁻¹⁰

260 In this study, we are able to provide novel evidence that the reservoir-excess pressure
261 parameter, INTPR, possesses additional clinical utility by predicting the decline in renal
262 function in older adults over three years. The observed association was independent of
263 conventionally obtained BP indices, such as brachial and aortic systolic BP, indices of BP
264 pulsatility such as brachial and aortic PP, and an indicator of pressure exposure during
265 systole as a proportion of PP such as aortic augmentation index. This indicates an advantage
266 of reservoir-excess pressure analysis over conventional BP waveform analysis to decipher
267 the information contained in a BP waveform contour. In other words, the capability of
268 parameters derived from conventional BP waveform analysis to extract information from a
269 BP waveform may be inadequate because those parameters are extreme points on the BP
270 waveform or derivatives calculated from those specific points. There remains a greater
271 residual cardiovascular risk associated with BP that is unaccounted for by conventional BP
272 indices, and reservoir-excess pressure analysis may be able to fill the gap by identifying
273 subtle haemodynamic abnormalities apparent in a BP waveform that would be otherwise
274 undetected.

275

276 In our cohort, a smaller baseline INTPR was associated with a large decline in eGFR at 3-year
277 follow-up, indicating that INTPR may play a protective role in maintaining and/or slowing a
278 decline in eGFR in older adults. This proposition makes sense because INTPR corresponds to
279 the net volume of blood stored in an artery¹⁴ and the volume of blood stored in central
280 arteries, especially in the aorta, becomes smaller when the buffering function of those
281 arteries become less effective as a consequence of the age-associated increase in central
282 artery stiffness. Considering the premise that the reservoir pressure component makes a
283 major contribution to the diastolic phase of the BP waveform and tissue perfusion in
284 diastole,² increased central artery stiffness could lead to impaired renal perfusion and
285 potentially affect eGFR. These assumptions are supported by a previous observation in
286 patients with hypertension showing that an increased aortic stiffness 1) amplifies blood flow
287 reversal in the descending thoracic aorta which in turn reduces a diastolic flow discharge
288 toward the abdominal aorta, and then 2) reduces the blood inflow from the supra-renal
289 abdominal aorta to the renal arteries, which eventually leads to a reduction in eGFR.²²
290 Therefore, the diminished reservoir function could not only increase cardiovascular risk but
291 also deteriorate renal function, potentially creating positive feedback that progressively
292 damages the kidneys. In older adults, this might explain the higher cardiovascular risk and
293 accelerated renal decline in people with CKD.^{23, 24}

294

295 The smaller INTPR may also indicate a deleterious influence of increased central artery
296 stiffness on the microvasculature of highly-perfused low-resistance organs such as the brain
297 and kidneys. Greater central artery stiffness reduces impedance mismatch between central
298 and peripheral arteries that 1) increases flow pulsatility, and 2) increases the penetration of
299 excessive pulsatile energy into the microcirculation of the organs that may cause adverse

300 structural changes. In the case of the kidneys, sustained exposure to flow pulsatility and
301 excessive pulsatile energy is considered to damage small arteries and glomeruli in the renal
302 cortex, leading to a loss of arterial volume in that area and/or an increase in renal vascular
303 resistance.^{25, 26} It is thus plausible that these derangements occurring in the kidneys,
304 separately from or in combination with diminished blood flow to the renal arteries
305 discussed above, may account for the deterioration of renal function observed in this study.

306

307 The observed robust association between INTPR and the eGFR reduction at 3-year follow-up
308 independently of conventional haemodynamic indices could potentially be influenced by the
309 underestimation of brachial cuff-measured BP at baseline.²⁷ A previous study revealed a
310 significant underestimation of brachial cuff-measured BP due to serious vascular
311 irregularities associated with advanced CKD, leading to significant trend for underestimation
312 of aortic systolic BP with declining eGFR.²⁸ Given the greater burden of cardiovascular risk at
313 baseline in DCL compared to ND in our study, it could be reasonable to speculate that
314 baseline risk assessed from conventional brachial cuff-measured BP and derived central
315 haemodynamic indices could have been underappreciated in our DCL cohort. This, in turn,
316 may provide another advantage of applying the reservoir-excess pressure concept in people
317 with CKD, in whom conventional haemodynamic indices inadequately extract cardiovascular
318 risk embedded in the BP waveform.

319

320 A recent pilot study has demonstrated that changes in INTXSP were inversely associated
321 with the changes in eGFR over three years in healthy middle-aged and older adults,¹³ which
322 is contrary to our null finding of no association between baseline INTXSP and the reduction
323 in eGFR. There are several important differences in study cohorts that could account for the

324 divergent results between the studies, such as sample size (33 vs 542 participants in this
325 study), age (>10 yrs older in our cohort), health status (far more cardiovascular risk factors
326 in our cohort), and differences in baseline eGFR (~30 ml/min/1.73m² lower baseline eGFR in
327 our cohort). Additionally, the divergent results could also stem from the difference between
328 INTXSP derived from the aorta (previous study) and INTXSP derived from the radial artery
329 (this study). Excess pressure, like the BP waveform, undergoes substantial and variable
330 amplification from the aorta to the radial artery²⁹ due to wave reflections,³⁰ and thus
331 INTXSP measured in the radial artery may not correspond to INTXSP measured in the aorta.
332 In contrast, reservoir pressure is little different between the aorta and radial artery.^{29, 31} The
333 implication of this is that, when acquired from peripheral sites, an association of eGFR with
334 reservoir-excess pressure parameters could be more consistently observed with reservoir
335 pressure parameters rather than those from the excess pressure parameters. A recent
336 cross-sectional study has shown that DRC derived from the aorta and brachial artery is
337 consistently associated with eGFR in older adults who underwent elective coronary
338 angiography,³² providing additional support for our finding of an association between the
339 reservoir pressure component and preserved renal function in older adults.

340

341 ***Limitations***

342 eGFR was obtained twice in this study: once at baseline and the other at the 3-year follow-
343 up period. Thus, it is not possible to characterise the temporal pattern of change in eGFR
344 during this period.³³ Whether baseline INTPR is associated with different patterns of eGFR
345 change over time is beyond the scope of this study. Additionally, renal haemodynamics data
346 such as renal resistive index by Doppler ultrasound were not available in this study; these
347 could have helped interpret our findings. Finally, our study cohort was older adults with

348 varied cardiovascular risk factors, and hence, the results found in this study may not be
349 applicable to specific patient cohorts, for example people with hypertension or type 2
350 diabetes.

351

352 ***Perspectives***

353 This study demonstrates that a smaller baseline INTPR was associated with the decline in
354 renal function in older adults at 3-year follow-up, independently of conventional
355 cardiovascular risk factors. These observations have unveiled a novel prognostic utility of
356 reservoir-excess pressure parameters beyond the ability to predict cardiovascular events.³⁻¹⁰
357 Reservoir-excess pressure analysis has the potential to provide an additional tool for the risk
358 stratification of renal function in at-risk individuals and older adults with CKD.

359

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375

376 **Supplemental Material:**

377 Supplemental Method

378 Supplemental Tables S1-S3

379 Supplemental Figure S1

380

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494

495 Novelty and Relevance:**496 *What is new?***

- 497 • Reservoir pressure integral, a parameter derived from reservoir-excess pressure
498 analysis, was associated with the decline in renal function independently of
499 conventional cardiovascular risk factors.

500 *What is relevant?*

- 501 • INTPR plays a pivotal role in the functional decline of the kidneys in older adults.
- 502 • Reservoir-excess pressure parameters may have a novel prognostic utility beyond
503 the ability to predict cardiovascular events.

504 *Clinical/Pathophysiological Implications?*

- 505 • Reservoir-excess pressure analysis has the potential to provide an additional tool for
506 the risk stratification of renal function in at-risk individuals and older adults with
507 CKD.

508

509 FIGURE LEGENDS:

510 **Figure 1.** A schematic representation of reservoir-excess pressure separation in the radial
511 artery.¹⁰ Total pressure is the acquired radial pressure waveform and reservoir pressure is
512 the calculated waveform. INTPR, reservoir pressure integral; MAXPR, peak reservoir
513 pressure; INTXSP, excess pressure integral; SRC, systolic rate constant; DRC, diastolic rate
514 constant.

515

516 **Figure 2.** Comparisons of reservoir-excess pressure parameters between groups. Data are
517 shown as the means (95% confidence intervals) *before* the adjustment for age and sex.
518 *different between groups ($p=0.001$). ND, participants without a decline in renal function;
519 DCL, participants with a decline in renal function; INTPR, reservoir pressure integral; MAXPR,
520 peak reservoir pressure; INTXSP, excess pressure integral; SRC, systolic rate constant; DRC,
521 diastolic rate constant.

522

523 **Figure 3.** Minimally adjusted (**A**), multivariable (**B**) and extensively adjusted (**C**) logistic
524 regression analyses to predict the reduction of estimated glomerular filtration rate at 3-year
525 follow-up. Data are shown as odds ratio (95% confidence interval). The minimally adjusted
526 model includes age and sex as independent variables. The multivariable adjusted model
527 includes age, sex, total and HDL cholesterol, type 2 diabetes, current smoking, systolic blood
528 pressure, pharmacological treatment for hypertension and study centre as independent
529 variables. The extensively adjusted multivariable model further includes body mass index,
530 history of cardiovascular disease, baseline estimated glomerular filtration rate, albuminuria
531 at baseline and resting heart rate above/below the median value as independent variables.
532 INTPR, reservoir pressure integral; MAXPR, peak reservoir pressure; INTXSP, excess pressure
533 integral; SRC, systolic rate constant; DRC, diastolic rate constant.

Table 1. Selected characteristics of the study participants at baseline stratified by groups.

Parameter	ALL (n=542)	ND (n=448)	DCL (n=94)	<i>p</i> (ND v DCL)
Age, yrs	69.4±7.9	68.8±7.8	72.4±7.6	<0.001
Female, n (%)	194 (35.8)	168 (37.5)	26 (27.7)	0.070
BMI, kg/m ²	28.6 (25.5-31.9)	28.5 (25.6-32.1)	28.9 (25.1-31.2)	0.644
Total CHOL, mmol/l	4.2 (3.6-5.0)	4.2 (3.6-5.1)	4.1 (3.5-4.6)	0.102
LDL CHOL, mmol/l	2.2 (1.7-2.9)	2. (1.7-3.0)	2.1 (1.6-2.7)	0.255
HDL CHOL, mmol/l	1.3 (1.1-1.6)	1.3 (1.1-1.6)	1.2 (1.0-1.5)	0.024
Creatinine, μmol/l	85.5±23.9	85.4±24.1	85.8±22.9	0.892
HbA1c, mmol/mol	47.5 (40.0-59.0)	46.0 (40.0-57.0)	53.0 (42.0-67.8)	0.001
eGFR, ml/min/1.73m ²	79.0±19.3	78.9±19.3	79.7±19.2	0.706
eGFR change, ml/min/1.73m ²	-1.0 (-9.3–5.4)	0.6 (-4.7–7.3)	-16.7 (-21.8 – -13.9)	<0.001
Brachial Systolic BP, mmHg	135±17	134±17	136±17	0.291
Brachial Diastolic BP, mmHg	75±9	75±9	73±8	0.111

Brachial PP, mmHg	59.8±13.7	59.2±13.5	62.7±14.3	0.024
Aortic systolic BP, mmHg	126±17	126±17	127±17	0.541
Aortic PP, mmHg	50±14	49±14	52±14	0.107
Aortic Alx@HR75, %	24.7±7.8	24.6±7.9	24.9±7.4	0.712
Heart rate, beat/min	60±10	59±9	62±10	0.018
CVD, n (%)	233 (43.0)	185 (41.3)	48 (51.1)	0.082
Type 2 diabetes, n (%)	345 (63.7)	273 (60.9)	72 (76.6)	0.004
Diabetes duration, yrs	10 (5-15)	9 (5-14)	13 (7-18)	<0.001
Albuminuria, n (%)	13 (2.4)	3 (0.7)	10 (10.6)	<0.001
Smoking, n (%)	34 (6.3)	27 (6.0)	7 (7.5)	0.606
HTRx, n (%)	384 (70.9)	310 (69.2)	74 (78.7)	0.065
RASRx, n (%)	305 (56.3)	245 (54.7)	61 (64.9)	0.064
Statin, n (%)	368 (67.9)	303 (67.6)	65 (69.2)	0.775
CFPWV, m/s*	10.4 (9.0-12.4)	10.3 (9.0-12.2)	11.2 (9.6-13.2)	0.023†

Data are shown as means±SD, median (interquartile range) or number (%). *n=454 for ALL, n=379 for DCL and n=75 for ND. †p=0.555 after age, mean arterial pressure and heart rate were taken into account. ALL, combined group; ND, participants without a decline in renal function; DCL, participants with a decline in renal function; BMI, body mass index; CHOL, cholesterol; LDL, low-density lipoprotein; HDL, high-density lipoprotein; HbA1c, haemoglobin A1c; eGFR, estimated glomerular filtration rate; BP, blood pressure; PP, pulse pressure; Alx@HR75, augmentation index corrected at heart rate of 75 bpm; CVD, cardiovascular disease; HTRx, pharmacological treatment for hypertension; RASRx, the use of renin-angiotensin system blockers; CFPWV, carotid-femoral pulse wave velocity.

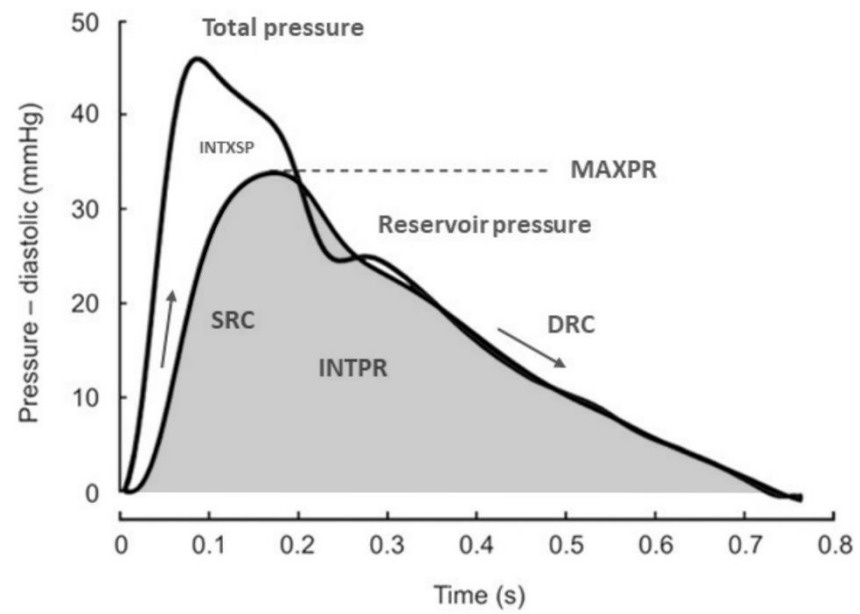
Figure 1.

Figure 2.

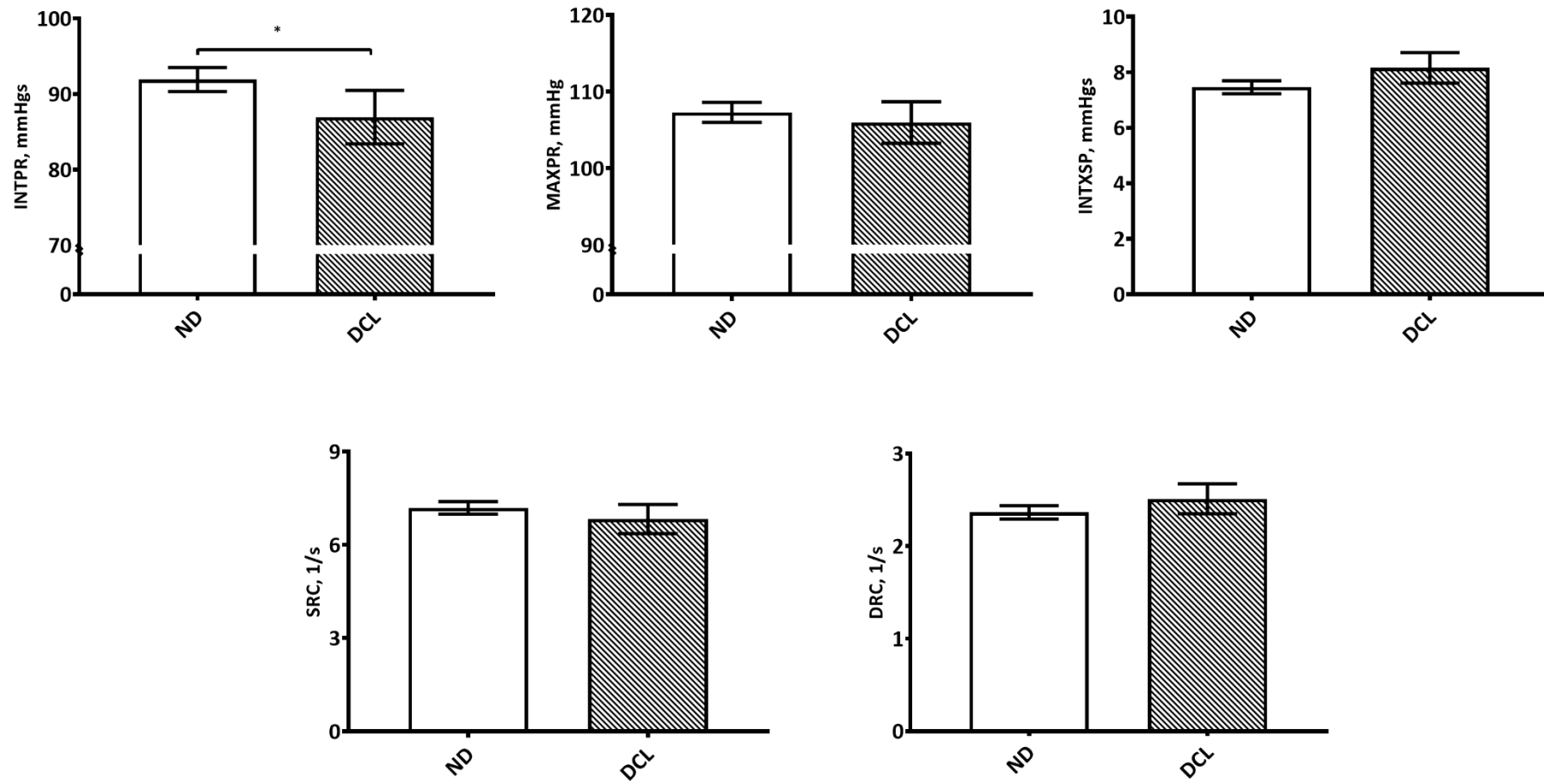


Figure 3.