# 1 Pathogens transported by plastic debris: does this vector pose a risk to

# 2 aquatic organisms?

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#### Abstract

Microplastics are small (<5 mm) plastic particles of varying shapes and polymer types that are now widespread global contaminants of marine and freshwater ecosystems. Various estimates suggest that several trillions of microplastic particles are present in our global oceanic system, and that these are readily ingested by a wide range of marine and freshwater species across feeding modes and ecological niches. Here, we present some of the key and pressing issues associated with these globally important contaminants from a microbiological perspective. We discuss the potential mechanisms of pathogen attachment to plastic surfaces. We then describe the ability of pathogens (both human and animal) to form biofilms on microplastics, as well as dispersal of these bacteria, which might lead to their uptake into aquatic species ingesting microplastic particles. Finally, we discuss the role of a changing oceanic system on the potential of microplastic-associated pathogens to cause various disease outcomes using numerous case studies. We set out some key and imperative research questions regarding this globally important issue and present a methodological framework to study how and why plastic-associated pathogens should be addressed.

#### Introduction:

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Despite increased research effort and public attention, global plastic production and the amount of plastic debris entering and contaminating the world's oceans continues to increase. In 2020, 367 million metric tonnes (Mt) of plastics were produced and it is predicted that emissions into aquatic ecosystems could reach up to 90 Mt by the year 2030 if we continue business as usual [1,2]. Even with ambitious commitments to reduce plastic pollution set by the world's governments, we could still be releasing up to 53 Mt per year into aquatic ecosystems by 2030 [1]. Approximately 24.4 trillion pieces of microplastic particles are thought to now be floating within the upper level of the world's oceans [3]. This vast increase in ocean particulates provide novel and increased availability of surfaces available for pathogen attachment in oceanic and coastal waters, attracting great interest into the microbial communities that attach to ocean plastic surfaces. First coined the 'plastisphere' by Zettler et al. [4], the community associated with this novel substrate is originally comprised of an assortment of bacteria that develops a biofilm, leading to subsequent attachment of eukaryotic organisms such as diatoms and even larval benthic organisms over time [5]. Plastic provides microbes a resilient substrate that has the potential to be transported across oceanographic regions and differing environmental conditions [5]. The microbial community on a microplastic surface has now been widely documented (see review by [5,6]) and shown to differ to that of its surrounding environment, largely dominated by Bacteroidetes, Cyanobacteria and Proteobacteria [7–10]. Of particular concern are the many potential pathogens that have been found incorporated within the plastisphere, namely Vibrio spp., whose genera host a number of human and animal pathogens [11,12]. A recent systematic review by Junaid et al., [13] listed the potential pathogens that have been documented as occurring within the plastisphere to date for both the aquatic and terrestrial environments, highlighting the following genera as most frequently associated with potentially harmful bacteria found attached to plastic surfaces within aquatic environments: Vibrio, Pseudomonas, Acinetobacter, Arcobacter, Bacillus, Aquabacterium, Mycobacterium, Aeromonas, Tenacibaculum, Escherichia, Klebsiella, and Legionella [13]. This raises the critical question as to whether plastic debris can act as a vector for potential pathogens, disseminating them throughout various aquatic environments and organisms, especially in comparison to natural particles. As a result of microplastics persistence and ubiquity within marine and freshwater environments, a multitude of aquatic organisms with varying feeding modes, from the sea surface to the deepest part of the ocean are now known to readily ingest microplastic particles [14]. In particular, filter feeding organisms such as mussels and oysters will be subject to chronic exposures and uptake of microplastics [15]. This is occurring against the background of global ocean warming and acidification, which can alter or impair organisms' physiological processes and responses to any additional stressor. For example, one of the many impacts of ocean acidification can be reduced immunological response to infection [16,17]. The Anthropocene is becoming a pressing issue for these key aquatic species and understanding the interactions between these multiple stressors is imperative [18]. To address the important question as to whether the increasing microplastic burden in the global oceans might act as vectors of pathogen transfer to marine/aquatic species requires more than just assessing their presence on the particle surface. Here we will discuss four key processes that would be involved in any transfer of pathogenic bacteria from microplastics to hosts and subsequent disease outcome (summarised in Figure 1 [19]); 1) attachment of the

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pathogen to the MP, 2) dispersal of the pathogen from the microplastic within an organism following ingestion or adhesion, 3) transfer of the pathogen into tissues and 4) disease outcome for the organism. The majority of studies to date have focused on describing the plastisphere community composition (also highlighted by Beloe *et al.*, [20] and reviewed by [5,6]), leaving the processes by which these communities attach and develop and then disperse over time still unexplored. It is also imperative to begin to understand whether they can be transferred into organismal tissues in sufficient numbers to cause disease outcomes and whether any of these processes differ at all from those that occur for the biofilms of natural particles.

## Mechanisms of pathogen attachment to plastic surfaces

Moments after exposure of any surface, including those of plastics or natural particles, to aquatic environments a conditioning film comprised of various organic and inorganic macromolecules and dissolved solutes begins to form [21–23]. This conditioning film is complete within hours and continues until adsorption kinetics are no longer favourable [24]. The attachment of microbial cells to this conditioning layer occurs through a variety of processes that have been well documented [24–26]. An example of *Vibrio parahaemolyticus*, a known pathogen found within the plastisphere [27] attached to a polyamide nylon 6 microfiber is shown in Figure 2. The initiation of these processes is multifaceted, yet likely coordinated, requiring both environmental and genetic stimuli [28]. The production of exopolysaccharides, such as *Vibrio* polysaccharide (VPS) from *V. cholera*, is one such process indicative of a shift from a planktonic lifestyle to one associated with a biofilm community such as the plastisphere.

In nature, biofilms are comprised of a complex consortium including multiple species [29,30]. Within this community there are various cell to cell interactions that will affect the formation and composition of the biofilm. These are largely in the shape of inter- and intraspecies interactions including predation, quorum sensing and synergistic partnerships [29]. Along with enhanced communication between cells, biofilms offer many advantages including defence from external pressures such as decreased predation and reduction in sensitivity to antibiotics and host immune attacks, as well as enhanced metabolite exchange and access to nutrients [31]. Plastisphere communities are comprised of a complex and diverse grouping of bacteria including potential pathogens and it has been suggested that multi-species biofilms facilitate persistence of pathogenic cells within the biofilm community [32]. Evidence also suggests that mechanisms associated with biofilm formation can also induce the expression of genes required for virulence and in the transfer of AMR genes [33,34]. It has become clear that the prevailing environmental conditions of surrounding seawater can strongly influence the mature bacterial community composition, whereas substrate/polymer type mainly affect the early stages of biofilm formation [8,35,36]. A few studies, however, have suggested that surface plastic type can select for differing bacterial clusters and even that some bacteria may selectively attach to a specific polymer [37,38]. Natural particles, such as glass, wood and feathers have been used as comparative surfaces to determine whether plastic offers new ecological niche to a specific consortium of bacteria. The evidence to date from these studies suggests that the bacterial communities of plastic and natural substrates are similar, with limited plastic specific bacteria being found thus far [6,39,40]. Elucidating how similar or different pathogen attachment to microplastics is to that of natural particles is

a crucial component to explaining the impacts of this new ecological niche.

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For the plastisphere, it is unknown whether or not pathogens are likely to be early or secondary colonisers, with this likely being species specific. For instance, vibrios attachment to microplastics have been discovered to be highly dynamic during the early stages of biofilm formation, yet poorly connected with the biofilm community [41]. The survival and longevity of pathogens such as vibrios within the plastisphere community once established is not well understood. The paradigm that the plastisphere community is strongly shaped by the surrounding environmental conditions, and hence is ever changing across varying marine environments, has been supported by review in 2020 [42], which analysed 35 plastisphere studies, and a more recent study which demonstrated a large community shift when the plastisphere community was exposed to changing salinity [43] These findings are important when considering whether pathogens might be transported to new locations via floating microplastics and ocean currents. Whilst a number of reviews suggest that microplastics do not pose more of a risk than natural controls with regards to potential pathogen colonisation [6,20,39]. However, another more recent review has reported the contrary with Metcalf et al., [44] reporting that 62% of the studies examining potential pathogens on plastics and natural controls had higher abundances on the plastic particles than the natural controls. Vibrios have been reported to occur in high abundance on microplastic fragments collected from open ocean trawls [4,5], despite vibrio abundances generally found to be low in open ocean waters compared to coastal marine ecosystems [45], suggesting that microplastics may be acting as a vector for transport. However, these studies did not compare the plastisphere to any natural particles, and it is difficult to ascertain where these particles originated from, making conclusions as to plastics role as a vector challenging.

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The presence of potential pathogens described at the genus level within the plastisphere does not necessarily determine that pathotypes of any given genera are present. There are around

half a dozen papers that have been able to assign pathogenic genes to specific bacteria present on microplastic surfaces sampled from the environment, such as Vibrio cholerae and Aeromonas salmonicida, but were unable to confirm if these genes were being actively expressed at the time of sampling due to the lack of metatransciptomics used in most studies to date [46-49]. Antimicrobial resistant genes (ARGs) and bacteria (ARBs) have also been discovered within the plastic biofilm [50], with a number of studies reporting higher abundance of these (up to 5000 times) in the plastisphere community when compared to the surrounding water [51-53]. This might be expected due to the role of biofilms in enhancing horizontal gene transfer (HGT), a process that has been described to occur at a higher rate in microplastics when compared to the surrounding environment [54]. The converse has also been reported, however, with some studies findings these ARGs and ARBs in higher numbers on natural particle controls or in seawater compared to the plastisphere [50]. Alas, the activity of these ARGs within the natural controls has yet to be studied in conjunction with actual pathogens within the plastisphere. An important point to make here is that biofilm formation has been suggested to increase the affinity of pollutants (such as heavy metals) to microplastics [55]. As well as this, Liu et al., [56] described that biofilms can have a positive effect upon the adsorption and concentration of these heavy metals on microplastics [57]. With heavy metals having the potential to aid in the proliferation of antibiotic resistance in pathogenic bacteria, it remains important to gain a further understanding into the presence and activity of ARGs within the plastisphere. Wu et al. [58] is one of the first papers to describe ARGs that were being actively expressed within the plastisphere community. They detected 75 genes with transcriptional activity, offering evidence that the plastispheres antibiotic resistome was actively expressed at the time of sampling. Interestingly, opportunistic human

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pathogens belonging to the Enterobacteriaceae family were discovered to host ARGs within the plastisphere [58].

Mechanisms required for attachment and subsequent phenotypic changes for pathogens within aquatic settings are well described. However, key stages that may occur within the plastisphere biofilm are largely understudied. For example, bacterial adhesion to specific surfaces can actually cause an increase in competence for the uptake of foreign DNA, such as vibrios attachment to chitin [59]. This combined with the evidence that HGT and ARGs are increased within the plastisphere community, raises questions on the role that these pathogens play within the biofilm community. But then, for any attached pathogen to be of concern for any organisms coming into contact with or ingesting them, dispersal of pathogen from the particle needs to occur followed by uptake into the organismal tissues or circulatory system. Detachment from a biofilm can generally be described as active (bacteria driven) or passive (driven by external factors). These processes within the plastisphere biofilm are currently unknown, representing a major knowledge gap.

# What are the mechanisms causing bacterial dispersal from the plastisphere biofilm?

Currently, very few studies have focused on the dispersal or detachment stage of the plastisphere biofilm, yet this is key to elucidating the potential for the plastisphere community to transfer to aquatic microorganisms following ingestion or adhesion of microplastic particles. Dispersal of cells from biofilms is mediated by physical processes including shearing or via processes that are actively regulated. In the marine environment the role of fluid flow over biofilms suggests that shearing processes are likely to play a considerable role in dispersal. However, from knowledge of regulated processes of biofilm dispersal, several

scenarios can be envisaged. These are; dispersion, detachment and desorption [60]. Collectively, dispersal occurs through a variety of cues, signals and regulators that causes specialised dispersal cells to leave the mature biofilm and enter back into a planktonic lifestyle [61]. Active dispersion is generally the result of specific signal transduction cues leading to physiological adjustments such as downregulation of biofilm matrix production and pilus retraction [62]. Detachment relates to the attrition of the biofilm matrix via shear forces, where sloughing of the cells releases them into the adjacent aquatic environment [61]. Finally, desorption generally relates to the disassociation of sessile cells in the early stages of biofilm formation. This may be an active, regulated process if it is considered as a reversal or inhibition of the initial attachment process such as inhibition or downregulation of adhesins such as LapA [63]. Interrogation of the expression status of genes associated with biofilm dispersal in the context of the plastisphere will aid in determining the potential effects of pathogens embedded in this environment.

The ingestion of a variety of plastics by a wide range of aquatic organisms in their natural habitats is now documented for over 200 different species from all regions of the ocean [64]. Upon ingestion, these microplastics will enter the organism's digestive tracts and gut and either remain there indefinitely, or pass through the guts and be removed via depuration, which is the case for many invertebrates [15]. The surrounding environmental conditions for the plastisphere community will change upon ingestion of the microplastic particle; for example, internal/gut pH, nutrient levels and oxygen concentration (as highlighted in concept Figure 1). One of the key methods of dispersal is the use of enzymes to break down the extracellular matrix of the biofilm [65] (Figure 1). A multitude of biofilm species have been shown to secrete enzymes specific for extracellular matrix degradation as a result of changes to environmental conditions within and exterior to the biofilm [65]. Also, in *Vibrio cholerae*,

it has been shown that the bile salts within the host's intestinal cavity promotes biofilm dispersal [66]. Changes in the gut pH may also induce the expression of virulence associated genes giving more potential for these plastisphere transported microorganisms to cause disease. Interestingly, some pathogenic strains of bacteria (i.e. *Vibrio cholerae*) have actually enabled themselves to use acidic conditions within the stomach to regulate virulence for efficient infection [67,68].

#### Host colonisation and disease

Only one study to date has directly demonstrated the transfer of bacterial cells from a plastic particle to a host organism, demonstrating the transfer of *E. coli* cells to the temperate coral *Astrangia poculata*, after ingestion of biofilmed microbeads [69]. This study also demonstrated disease outcome following this transfer, whereby the corals colonised by the *E. coli* cells consequently died after 4 weeks of exposure, in contrast to corals that ingested virgin plastics which survived post depuration. Likewise, a recent study looked at the effects of biofilmed plastic on the Mussel *Mytilus galloprovincialis* and found plastic ingestion caused a significant immune response in comparison to mussels exposed to virgin plastics. As well as this, they discovered that exposure to biofilm-associated microplastics also increased bacterial diversity on the gills within the mussels when compared to Mussels exposed to sterile microplastics [70]. Not only showing pathogen transfer but also providing evidence of disease is a critically important area of research that requires further investigation.

## Pathogen-plastic-biota interactions under global ocean change?

The ocean environment in which any pathogen-microplastic-organism interactions will occur is changing at an unprecedented rate as a result of ocean warming, acidification and deoxygenation [71]. These changes in the physico-chemical properties of seawater have the potential to influence both the abundance and global distribution of marine pathogens, and the physiological responses of any organisms they interact with. For example, ocean acidification (OA), the decline in ocean pH and associated changes in carbonate chemistry due to increasing uptake of atmospheric carbon dioxide, has been shown to supress immunological responses in a variety of marine organisms [16,72,73]. Near-future OA conditions can alter microbial communities within organisms, including host-pathogen interactions [74], and susceptibility to a known bivalve bacterial pathogen was found to increase when exposed under ocean acidification conditions for the Blue Mussel, Mytilus edulis [75]. Ocean acidification may also directly cause tissue damage in organisms such as fish, potentially contributing to a weakened immune system that creates opportunities for bacterial invasion [76]. Understanding these potential interactions between the physiological effects of ocean acidification and exposure to the plastisphere community, in a multi stressed ocean are important. Increasing sea surface temperatures are perhaps the most obvious and pervasive impact of climate change in coastal ecosystems worldwide, particularly in light of recent observations demonstrating significant warming in over 70% of the world's coastlines [77]. Climate change plays a significant role in determining the dynamics of many bacterial pathogens and for some disease agents is becoming increasingly well understood [78,79]. Many diseases are expected to increase in range and severity with projected climate changes [79–81]. There is a growing body of evidence to indicate that climatic warming may allow certain Vibrio strains to emerge

in new areas. For instance, a highly pathogenic variant of Vibrio parahaemolyticus belonging

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to the clonal complex ST36 and termed the Pacific Northwest strain emerged on the Northeast coast of the United States of America during the unusually warm spring of 2012 [82,83]. It is likely that localised climate warming played some role in the epidemic ignition of this strain [79]. Climate warming can potentially have impacts on the evolution of bacterial pathogens in the environment, but there is no evidence to date as to how this might affect the plastisphere community. Marine bacteria such as vibrios have some of the fastest replication times of any studied bacteria with studies of *V. parahaemolyticus* and other *Vibrio* species have replication times as little as 8-9 minutes [84,85]. Increased environmental temperatures may also amplify and accentuate microbial evolution. Potential underlying mechanisms include elevated temperatures facilitating horizontal gene transfer of mobile genetic elements of resistance, and increased pathogen growth rates promoting environmental persistence, carriage and transmission [86,87]. There are therefore, a number of potential mechanisms by which ocean warming and the plastisphere associated with the increasing microplastic burden in the global ocean might interact. Assessing these interactions represent a key research avenue.

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## **Future directions**

Plastics have become an important component of everyday life since the start of their mass production in the middle of the 20<sup>th</sup> Century. Critically, microplastic contamination is geographically widespread, longstanding and likely to increase in the future. Several factors make the study of pathogens (both human and animal) and their interactions with plastics in the environment absolutely critical. Firstly, and perhaps most importantly, the sheer volume of floating plastics entering the global oceanic system alone is staggering. In 2021 it was

predicted that there are 24.4 trillion plastic particles in the world's upper oceans, not accounting for sinking plastic. Since then, the numbers have increased and are expected to continue on an upward trajectory if the causes and sources are not mitigated [88]. As a global environmental contaminant this alone represents an unprecedented surface area and milieu for the colonisation, attachment, dispersal and potential spread of various bacterial pathogens. Unfortunately, it is not known to what extent this additional input of human plastic waste into the natural environment has altered the potential spread of human and animal diseases, and how these risks have changed since the advent of plastic contamination of the environment in the last few decades. This alone is probably one of the key questions that needs to be addressed by the scientific community. Although there is now a glut of studies that demonstrate the presence of pathogens on plastic particles (of differing levels of weathering), many studies are anecdotal, lack robust experimental comparators and generally fail to provide conclusive evidence to infer risk, such as biologically plausible pathways of disease transmission by plastic-associated pathogens. Complicating matters further, several confounding factors also exist; climate change (including coastal warming, extreme weather events and ocean acidification), a global increase in intensive aquaculture, as well as demand for aquaculture products, which make the study of pathogens associated with microplastics all the more necessary.

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Whilst the rate, type and diversity of microbial colonisation of microplastics is well documented in the literature, there are still some key knowledge gaps that need to be addressed: 1) robust (laboratory-based) evidence for the selection of pathogens on both plastic and natural particle surfaces as well as antibiotic resistant bacteria, 2) and their associated rate and type of gene exchange on both plastic and natural particles; 3.) Studies examining the four key stages of a vector; 1.) Attachment of the pathogens 2) dispersal of the

pathogen within an organism, 3) transfer of the pathogen into tissues and 4) disease outcome as highlighted in Figure 1. These all represent key research challenges. Of note, although many anecdotal studies exist (e.g. showing presence of human pathogens and/or AMR genes on microplastics fragments), very few carefully controlled laboratory studies such as those studying the relative colonisation and spread of different bacterial pathogens have been published to date. Across various scientific disciplines the minimum technical requirements necessary for the publication of work using approaches such as genome sequencing and PCR have been established now for some time. This framework is essential for ensuring the validity of the approaches used, harmonises specific scientific definitions, increases experimental transparency and helps promote consistency between different laboratories. We suggest that a similar set of commonly defined minimum requirements are needed in the study and publication of research in environmental plastic research, and should focus on the types of samples studied (e.g. polymer type, size, weathering rate), choice of controls (natural, virgin plastic, glass etc.), microbial detection and characterisation methods (e.g. PCR, genome sequencing) and whether the work uses environmental and/or laboratory-based studies. Given these huge uncertainties and complexities it is likely that studying plasticassociated pathogens and deriving more fully an understanding of how and potentially why plastic contamination poses a risk in the environment will require merging disparate scientific disciplines - such as biological oceanography, ecotoxicology, microbiology, molecular biology, and genomics, among others.

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### Summary

Plastic contamination of the environment is a significant and growing global problem. There is now a strong body of evidence suggesting that the plastisphere community can include a range of potential pathogens. With widespread ingestion of these plastic particles by aquatic species, the potential for dispersal of the plastisphere community within the gut of an organism following ingestion remains a key knowledge gap. A changing oceanic system can have an impact on the immune physiology of some marine species as well as increase pathogen prevalence in marine ecosystems thus raising the potential for interaction between these stressors. Methodological frameworks for developing research in this area should include the four key vector stages; 1.) Attachment of the pathogens 2) dispersal of the pathogen within an organism, 3) transfer of the pathogen into tissues and 4) disease outcome. 

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