Optical control of excitation waves in cardiac tissue

by

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In nature, macroscopic excitation waves1,2 are found in a diverse range of settings including chemical reactions, metal rust, yeast, amoeba and the heart and brain. In the case of living biological tissue, the spatiotemporal patterns formed by these excitation waves are different in healthy and diseased states2,3. Current electrical and pharmacological methods for wave modulation lack the spatiotemporal precision needed to control these patterns. Optical methods have the potential to overcome these limitations, but to date have only been demonstrated in simple systems, such as the Belousov-Zhabotinsky (BZ) chemical reaction4. Here we combine dye-free optical imaging with optogenetic actuation to achieve dynamic control of cardiac excitation waves. Illumination with patterned light is demonstrated to optically control the direction, speed, and spiral chirality of such waves in cardiac tissue. This all-optical approach offers a new experimental platform for the study and control of pattern formation in complex biological excitable systems.

Heart cells form a dense, well-coupled excitable medium that displays macroscopic propagating waves of activity with characteristic space scales that are orders of magnitude larger than the cells themselves. Wave dynamics and the resultant spatiotemporal patterns are central to the heart’s function. While planar waves, emanating from a central pacemaking source, act to synchronise contraction during the normal heart beat, aberrant re-entrant waves, with characteristic spiral morphology, keep rapidly re-exciting the tissue and underlie potentially deadly tachycardias and fibrillation.

Optical mapping with voltage-sensitive dyes3 has helped confirm the existence of planar and spiral waves in cardiac tissue. Beyond observation however, a comparable means for *manipulation* of excitation waves is lacking. The ability to control wave shape, direction and velocity can provide mechanistic insights into wave dynamics, and can help elucidate the basis of a range of excitable tissue disorders. Wave control can offer new research targets: for example, since spatiotemporal variations in conduction velocity are potent triggers of re-entrant waves5, dynamic control of cardiac wave velocity can shed light on spiral wave initiation, as well as on wave stability as a function of tissue size6 and spatial heterogeneity7. From a theoretical point of view, an optical approach for perturbing excitation waves would have the spatiotemporal precision to control wave dynamics. Perturbation of excitation waves by light has been demonstrated in photosensitive versions of the BZ chemical reaction4 and to some degree in light-sensitive Dictyostelium8 amoeba colonies. However, existing tools for manipulation of excitation waves in living mammalian tissue are very limited: in the heart, waves can be initiated and terminated crudely by electrical or pharmacological means that lack spatial and/or temporal precision; more recently, optical pacing has been demonstrated9, where excitation is triggered by sharp local temperature gradients (Supplementary Table 1). None of these approaches has been shown to provide fine wave control.

Optogenetics, the inscription of light sensitivity in mammalian tissues through the genetic expression of microbial opsins10,11, holds the promise to enable fine spatiotemporal targeting of excitation waves. The ability to optically address specific cells and cell types has been leveraged in neurosciences to track and control neural circuits12,13, but its use in the cardiac field is only in its infancy14, with early reports showing its utility in optical initiation15,16 and termination of cardiac electrical activity17,18. Fine wave control will benefit from the combined power of optical imaging and spectrally-compatible high-resolution optogenetic perturbation techniques14,19. However, to date, optogenetics has exclusively focused on perturbing cell-level properties, while precise control of macroscopic waves has not been demonstrated in neural or in cardiac preparations.

In this letter, we demonstrate control of wave propagation and pattern formation in a biological excitable medium by combining dye-free macroscopic optical imaging of excitation with high-resolution dynamic optogenetic perturbation. Cardiac monolayers of coupled primary cardiomyocytes, known to support classic travelling excitation waves20,21, are genetically modified to uniformly express channelrhodopsins, adding optical responsiveness without otherwise altering innate functionality22. We use dynamic illumination patterns for optogenetic wave control in the cardiomyocyte monolayers. A user-generated sequence of binary images is uploaded to a digital micromirror device (DMD). Patterned excitation light is generated by reflecting collimated light from a blue LED by a total-internal-reflection (TIR) prism to the DMD during image playback. Light from mirrors in the 'on' position is steered by a dichroic mirror and re-imaged on the sample by a 1x, 0.25 numerical aperture (NA) objective for optical stimulation (Fig. 1a). Macroscopic excitation-contraction waves are monitored over a large field of view using a dye-free (non-fluorescent) optical imaging technique. Interference patterns generated by the interaction of light from an off-axis, partially coherent LED source with the sample (Fig. 1a) allows for direct visualisation of wave activity during optogenetic stimulation (Fig. 1b; Supplementary Figures 4 and 5). Recorded data can be used to generate activity vs. time plots (Fig. 1c) and activation maps (Fig. 1d), highlighting travelling wavefronts. Advantages of the imaging modality, used here and in other dye-free implementations23,24 (Supplementary Table 1), include the use of low light levels, low-NA optics and the possibility for non-invasive long-term monitoring. In addition the imaging modality is easily integrated with optogenetic stimulation and with other fluorescence-based imaging techniques (Supplementary Fig. 4) since any visible wavelength can be used to capture wave activity. The utility of the developed all-optical system is illustrated by three proof-of-concept examples of optical control of wave properties: direction, speed and chirality.

In homogeneous cardiac tissue, a stimulus triggers uniform wave propagation in all directions. However, certain conditions can temporarily block the wave in a particular direction. Such unidirectional block enables the wave to curl and circle back on itself, leading to re-entry and lethal cardiac arrhythmias5,25. Experimentally, unidirectional block can be recreated by generating a wavefront that interacts with the wake of a pre-existing wave, but reliable results are difficult to obtain with conventional electrical stimulation. Here, we use light to generate unidirectional block of wave propagation in the genetically modified cardiac monolayer without the need of interaction with a pre-existing wavefront. Optogenetic stimulation can hold the affected cells in a depolarised (non-excitable) state; timed release from this state marks the start of a refractory period, after which the cells are excitable again. Fig. 2 illustrates that timed, space-defined removal of light, after a global depolarising optical clamp, results in control of tissue refractoriness and selection of the exact time and location of unidirectional block upon new stimulation: bidirectional propagation is triggered in Fig. 2b, and right or left unidirectional block are demonstrated in Fig. 2c-d, using asymmetric light release.

Wave conduction velocity plays a key role in excitable media dynamics as it directly influences the spatial scale that can accommodate a re-entrant circuit6. Experimentally, only crude pharmacological tools exist to influence cardiac conduction velocity (largely defined by the cell-cell coupling)26. Here we report that low-light application can speed up propagation - dosed subthreshold depolarisation brings cells closer to the threshold for excitation, and yields shorter activation times. Conduction velocity can be increased in user-defined regions of the tissue by applying low light ahead of a triggered wave (Fig. 3). Conduction velocity is increased first to the left (Fig. 3b), and then to the right (Fig. 3c) without affecting propagation properties in unilluminated regions of the tissue. We were able to precisely control conduction velocity by varying the light levels – linear velocity increase is shown over a wide range of light intensities corresponding to conduction velocities ranging from 10 to 30 mm/s (Fig. 3d; Supplementary Fig. 6).

Finally, spiral waves are a prototypical example of self-organisation in distributed excitable media1,2, including autocatalytic chemical reactions, yeast, amoeba colonies, heart, cortical and retinal preparations. Experimental control of spiral wave dynamics is an important tool for understanding pattern formation in excitable media. Recently, global optogenetic stimulation was used to abolish cardiac spiral waves18,27. Here, we demonstrate a finer level of optical control, exemplified by light-controlled reversal of cardiac spiral wave chirality. The spiral chirality (direction of rotation) is a fundamental property that affects how the wave interacts with other wavefronts as well as the underlying medium28,29. To our knowledge, controlled modulation of spiral wave chirality has not been demonstrated experimentally in any excitable system, though theoretical ideas to do so have been proposed29. To reverse the chirality of an ongoing spiral wave, we transiently impose a computer-generated (by a cellular automaton model) counter-rotating spiral wave of shaped light with slightly higher frequency of rotation compared to the native spiral (Fig. 4a). Within 1-2 rotations, the imposed wave effectively overwrites the existing spiral. The shaped refractory gradient left after light removal perpetuates the spiral by allowing the light-triggered wave to persist and re-enter along the path of the imposed spiral. Interestingly, the spirals drift over a few rotations to a preferred location that is different for clockwise and counter-clockwise spirals, and the latter are faster (18%), likely indicating asymmetry in the underlying tissue microstructures. The chirality control was robustly deployed repeatedly resulting in the same outcome, independent of the phase of the ongoing spiral (Fig. 4b,c). Chirality reversal was repeated 16 times in three independent preparations.

In summary, we present a new all-optical framework for modulation of cardiac excitation waves, in ways that are impossible by conventional techniques. While our current implementation shows wavefront control in thin, genetically modified tissues, the proposed approach enables a wide range of new experimental targets providing insights into pattern formation in the intact heart. Indeed, we demonstrate control of waves in cardiac tissue at a level normally associated with computer models or simpler experimental systems - photosensitive chemical reactions4. Furthermore, since diverse excitable media display similar macroscopic dynamics, insights from the cardiac experiments described here will be relevant to a broad range of biological and chemical reaction-diffusion systems. The ability to precisely control light will enable new research on pattern formation in complex biological excitable media.

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Author Contributions:

G.B. and E.E. initiated the project and provided guidance. R.A.B.B. and G.B. performed the experiments. G.B. wrote the software to collect and analyse the data. C.M.A. and E.E. developed and provided biological materials and guidance on the optogenetic manipulations. R.A.B.B., A.C., J.T. and A.K. helped with data interpretation and figure preparation. G.B. and E.E. wrote the manuscript with contributions from all authors. All authors were involved in analysis of the results and revision of the manuscript.

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Figures:

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Figure 1. All-optical system for control of wave dynamics in biological media: a. Experimental setup, including an actuation light source LS1 (10W LED, 460nm), total-internal-reflection prism (TIR) and a computer-controlled digital micromirror device (DMD). Generated light patterns are projected via lenses and a dichroic mirror, DM (510nm) to the biological sample. A second light source, LS2 (white LED, bandpass filtered at 580±20 nm) provides oblique trans-illumination for dye-free imaging onto a sCMOS camera through an objective lens (1x, 0.25 NA) and a long-pass emission filter, F (>580nm). b. Example of minimally filtered images in response to optical line stimulation in cardiac monolayers; c. and d. Temporal trace from a single pixel and activation maps showing ongoing spontaneous activity (a spiral) pre-stimulus, terminated by a strong global optical stimulation (P1), and followed by (P2) periodic optical stimulation by a line stimulus. For panels b-d see accompanying Supplementary Movies 1 and 2.

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Figure 2. Optical control of cardiac wave direction: a. sample and applied light stimulus S, inducing bi-directional propagation; b. schematic representation of the applied light protocol in space-time (x-t) with pre-conditioning stimuli p1, and blocking stimuli bL and bR to set tissue refractoriness prior to stimulus S, resulting in a right-side or a left-side unidirectional block (c and d). Here p1 is 350 ms, bR and bL are 50 ms, and S is 10 ms. Irradiance levels are high = 1200 W/m2 and medium (‘med’) = 700 W/m2. Activation maps show isochrones at 100 ms spacing.

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Figure 3. Optical control of cardiac wave conduction velocity: a. schematic of applied optical stimulation protocol in space (x) and time (t); b-c. activation maps of controlled left-side (b) and right-side increase of conduction velocity (c) by light, indicated by the larger spacing of the isochrones; d. relationship between conduction velocity (CV) and irradiance with linear regression best fit (dashed) and 95% confidence intervals (dotted) shown. Results from 9 independent experiments are shown in Supplementary Figure 6. iR and iL are 500 ms. Isochrones are 100 ms apart. Irradiance levels for the stimulating pulse (‘med’ in panel a) is 700 W/m2, with low irradiance varying between 0 and 80 W/m2 as shown in d and c. For panels b and c, see accompanying Supplementary Movie 3.

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Figure 4. Optical control of spiral wave chirality in cardiac monolayer: a.Snapshots from an ongoing counter-clockwise spiral wave (frames 2000-2160), an optically applied computer-generated clockwise spiral wave (frames 2240-2480) and the persisting spiral wave post-chirality reversal (frames 2560-2720). b**.** Activity traces from the indicated red and blue pixels, showing four light-controlled chirality reversals. Computer-generated spirals were imposed at random phases for less than two rotations, as seen in the four higher-intensity transients; black arrows indicate the time period presented in panel (a); red and blue arrows indicate the switch of order of excitation at the chosen locations due to chirality reversal. c. activation maps for the initial spiral wave and the four resultant spirals after each of the chirality reversals. See accompanying Supplementary Movies 4 and 5 for the minimally-processed and colourised data respectively (more details in the Online Supplement).

**Methods:**

**Biological excitable medium – cardiac monolayer cultures**: Our experimental goal was to use optogenetic tools to modulate a biological excitable medium that can support a wide range of spatiotemporal patterns. We used an established experimental model of cardiac syncytium – monolayer culture of primary neonatal rat ventricular myocytes. Cardiomyocytes were isolated from Sprague-Dawley (SD) rat pups. Cells were cultured in high serum conditions at moderate plating densities and imaged while in culture medium in order to generate isotropic preparations that spontaneously display complex waves30-32.

Hearts were isolated from neonatal SD rat pups (P3-P4), as per Schedule 1 in accordance to UK Home Office Animals Scientific Procedures Act (1986). The atria were dissected and discarded; the ventricles were cut into small 0.1-0.2 mm2 blocks and subjected to enzymatic digestion in Trypsin (3 hours at 4°C on a shaker, 1mg/mL, Worthington USA), followed by series of Collagenase digestions (Type IV 1mg/mL, Sigma Aldrich, UK). Following trypsinisation, the tissue was rinsed with cold Hank’s buffered salt solution (HBSS, Sigma Aldrich, UK) for 3 minutes. After the wash, 5 mL of collagenase was added to the tissue and stirred in a shaker bath at 37°C for 2 minutes. The first supernatant was discarded and the process is repeated. Following each collagenase treatment, the tissue was gently agitated with a wide-tip pipette. The supernatant containing myocytes was transferred to a conical tube containing 3 mL of HBSS and stored on ice. This collagenase digestion step was repeated several times. The tubes were balanced using HBSS and centrifuged at 1000 rpm for 6-8 minutes. Following centrifugation, the supernatant was discarded and HBSS is added to the pellet and gently agitated, the cell suspension was then strained using a 0.22 µm sterile cell strainer. Centrifugation was repeated once again (1000 rpm, 6 minutes). The supernatant was then discarded and culture medium was added. The isolated cells were pre-plated in an incubator (37°C, 5% CO2) for an hour to allow fibroblasts to attach. The ventricular myocytes in the supernatant were then carefully removed from the dish and a cell count performed using a haemocytometer and trypan blue. The myocytes were plated on 35 mm poly-lysine coated petri-dishes (Bio coat Poly-D-Lysine 35mm petri-plates, Corning, UK) at a density of 700,000-1,000,000 cells (per 35 mm petri-dish) in culture medium (68% DMEM, 17% M199, 10% Horse serum, 5% FBS and 1% penicillin/streptomycin, all from Sigma Aldrich).

**Optogenetic modification of cardiomyocytes with AdChR2:** Adenoviral vectors containing the transgene for hChR2(H134R)-eYFP were prepared in collaboration with the Stony Brook University Stem Cell Centre based on the expression cassette of the plasmid pcDNA3.1/hChR2(H134R)-eYFP (#20940; Addgene, Cambridge, MA)22 Cardiomyocytes were infected using a previously published method22 and an optimised dose of adenovirus (multiplicity of infection, MOI 15-25) at 37°C for two hours. The MOI was optimised during preliminary experiments based on desired transgene expression (by the eYFP reporter) and minimal cell death (by propidium iodide staining). At this MOI, >95% of the myocytes expressed ChR2 within 48 hours as confirmed by eYFP reporter visualisation, without increase in cell death compared to control22 Following the infection, culture medium was gently removed and fresh culture medium was added. Medium was initially changed after 12 hours and then replaced every 48 hours. Functional measurements were performed on the samples from day 9 onwards.

**Dye-free imaging:** We developed a dye-free imaging system where off-axis oblique illumination, a commonly used technique for enhancing contrast in microscopic samples, is here used to obtain high-contrast high-resolution images of macroscopic wave propagation (field of view 1 to 4cm2). The technique relies on cellular excitation-contraction induced changes in the optical properties of the tissue. The imaging system uses a semi-coherent light source (a narrow-band LED) that has a coherence length comparable to the axial thickness of the sample. We employ an Olympus MVX10 Macroscope and Andor Neo sCMOS camera (2560x2160 pixels, 6.5m pixels),fitted with a 580 nm longpass filter (Fig 1a ‘F’), to record macroscopic wave patterns from a sample, illuminated by a white LED fitted with a bandpass filter (580 ± 20nm, Fig. 1a ‘LS2’). LEDs were supplied by Cairn Research and filters were supplied by Chroma Technology. Experiments were carried out in an Okolab (Indigo Scientific) stage incubation chamber controlled for heat (33-37˚C), CO2 (5%) and humidity. Samples were allowed to equilibrate in these conditions for 20 minutes before commencing recording. The dye-free imaging enabled re-examination of samples over multiple days, and their viability and consistent optical responsiveness was confirmed. Frame rates were varied between 25 and 100 fps depending on the observed wave velocity and the desired record duration.

**Computer-controlled dynamic patterned-light stimulation:** Dynamic space-time patterns (movies) for optical stimulation were generated using a computer-controlled digital micromirror device (DMD) from Vialux. Both the DMD and the recording camera(s) were controlled using custom-written software in Java and Python. Sequences of binary images were downloaded to the Vialux DMD unit and projected onto the sample. Precise control of the light level is achieved by controlling the LED current and by simulating grey levels by rapidly toggling the DMD state. For example, the fine steps in light level for Fig 3d were achieved by projecting patterned light every 5th frame with a duty cycle of 500s, and increasing LED current between 0 and 25% maximum intensity. In Fig. 4, sequences of spiral wave patterns were generated by simulating clockwise and counter-clockwise rotating spiral waves in a cellular automaton excitable media (CA) model32. The rotation speed of the projected spiral is controlled by varying the time between projected frames.

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