

1 **Does carbon reduction increase sustainability? A study in wastewater**
2 **treatment**

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6 **ABSTRACT**

7 This study investigates the relationships between carbon reduction and sustainability in the
8 context of wastewater treatment, focussing on the impacts of control adjustments, and
9 demonstrates that reducing energy use and/or increasing energy recovery to reduce net energy
10 can be detrimental to sustainability.

11 Factorial sampling is used to derive 315 control options, containing two different control
12 strategies and a range of sludge wastage flow rates and dissolved oxygen setpoints, for
13 evaluation. For each, sustainability indicators including operational costs, net energy and
14 multiple environmental performance measures are calculated. This enables identification of
15 trade-offs between different components of sustainability which must be considered before
16 implementing energy reduction measures. In particular, it is found that the impacts of energy
17 reduction measures on sludge production and nitrogen removal must be considered, as these
18 are worsened in the lowest energy solutions.

19 It also demonstrates that a sufficiently large range of indicators need to be assessed to capture
20 trade-offs present within the environmental component of sustainability. This is because no
21 solutions provided a move towards sustainability with respect to every indicator. Lastly, it is
22 highlighted that improving the energy balance (as may be considered an approach to

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23 achieving carbon reduction) is not a reliable means of reducing total greenhouse gas
24 emissions.

25 *Keywords:* carbon neutral; control; energy; sustainability; WWTP

26 **1 INTRODUCTION**

27 Improving the energy balance of wastewater treatment plants (WWTPs), with the aim of
28 moving towards carbon neutrality, is a topic of great interest. This is driven by numerous
29 policies, initiatives and commitments, including the European Union's 2030 Climate and
30 Energy Policy Framework (which requires a 40% reduction in greenhouse gas (GHG)
31 emissions by 2030 with respect to a 1990 baseline and for 27% of energy to be from
32 renewable sources), and the UK's Carbon Reduction Commitment (CRC) (under which
33 companies, including those in the water industry, are compelled to reduce their energy use by
34 80% by 2050 with respect to a 1990 baseline (DECC 2014). However, whilst such changes
35 may benefit the environment due to reduced carbon emissions, there is a need to explore the
36 wider economic, environmental and societal impacts.

37 There is on-going research into the maximisation of energy recovery / minimisation of use
38 through increased methane (CH₄) production, improved biogas quality and use of alternative
39 processes (e.g. Gao et al. 2014, Scherson and Criddle 2014, Villano et al. 2013), and it has
40 been suggested that carbon neutrality may be an achievable objective if multiple strategies
41 are implemented (Mo and Zhang 2012, Rosso and Stenstrom 2008).

42 Indeed, carbon neutral WWTPs have been reported (Suez Environment 2012, USEPA 2014).
43 However, there is no universal consensus as to what should be covered by the term 'carbon'
44 in the context of carbon reduction and carbon footprint: Gori et al. (2011), for example,
45 include direct carbon dioxide (CO₂) and CH₄ emissions, whereas the claim of carbon

46 neutrality for the aforementioned WWTPs is based only on energy use. This is in line with
47 the CRC, which incentivises only reduction in CO₂ emissions associated with energy use
48 (taking into account different levels of emission from different energy sources), but in such
49 cases there is still a need to investigate the potential implications of carbon reduction
50 measures on CO₂ and CH₄ formation by biological treatment processes.

51 Reducing net energy use alone may prove to be ineffective if the goal is to mitigate global
52 warming. In such cases, even a more comprehensive evaluation of carbon emissions
53 (considered to be those containing carbon) may be insufficient since nitrous oxide (N₂O)
54 emissions from WWTPs can provide a significant contribution to total GHG emissions
55 (Kampschreur et al. 2009). Strategies have previously been identified, for example, in which
56 a reduction in energy use corresponds with an increase in total GHG emissions (Flores-Alsina
57 et al. 2014) and, whilst there is on-going research into strategies for the reduction of GHG
58 emissions, there is a need to investigate the impacts employing the approach encouraged
59 under the CRC – i.e. reduction of energy use – on total GHG emissions.

60 Carbon or energy reduction may also be used to address sustainability issues (e.g. Holmes et
61 al. 2009). However, sustainability is a complex, multi-dimensional concept comprising of
62 economic, environmental and societal components (Mihelcic et al. 2003), each of which can
63 be sub-divided into a large number of elements represented by different indicators (e.g. Muga
64 and Mihelcic 2008). ‘Carbon neutral’ or ‘energy neutral’ do not necessarily imply sustainable
65 operation, as they address only one element of sustainability and implementation of low
66 carbon solutions may have unintended detrimental effects on other aspects. For example,
67 WWTP control modifications which provide a reduction in energy consumption but
68 correspond with neither a reduction in total GHG emissions nor an improvement in effluent
69 quality have previously been identified (Flores-Alsina et al. 2014): this corresponds with a
70 move away from sustainability with respect to two of three indicators. It has even been

71 suggested that the most sustainable solution may not result in *any* recovery of resources from
72 wastewater (Guest et al. 2009), highlighting the need to explore the relationship between
73 carbon neutrality and sustainability.

74 This study, therefore, aims to investigate previously unexplored relationships between carbon
75 neutrality and sustainability in the context of wastewater treatment, focussing in particular on
76 the impact of energy reduction measures. The study highlights the potential benefits
77 achievable and the associated consequences of adjustment to WWTP control for an activated
78 sludge plant, rather than the development and/or application of new processes. An approach
79 consistent with that required under the CRC, which is based only on energy use and recovery,
80 is used in the assessment of carbon emissions; total GHG emissions, including direct and
81 indirect CO₂, CH₄ and N₂O are evaluated separately. Low energy solutions are highly
82 desirable under the CRC and there is much research focussed on enhancing energy recovery
83 from wastewater to reduce the carbon footprint. By assessing the operational costs and a
84 range of environmental performance indicators, including GHG emissions and pollutant
85 removal efficiency, this research provides a more detailed picture of the potential impacts of
86 pursuing carbon neutral/negative wastewater treatment on moving towards sustainability in
87 the development of WWTP control strategies.

88 **2 MATERIALS AND METHODS**

89 **2.1 Wastewater treatment plant model**

90 The WWTP in which energy saving measures are implemented and sustainability indicators
91 evaluated is an activated sludge plant, the Benchmark Simulation Model No. 2 for GHG
92 emissions (BSM2G) (Flores-Alsina et al. 2014), with a mean influent flow rate of
93 20,648 m³/d. Components include a 900 m³ primary clarifier, an activated sludge unit
94 containing two 1500 m³ anoxic tanks and three 3,000 m³ aerobic tanks in series, a 6,000 m³

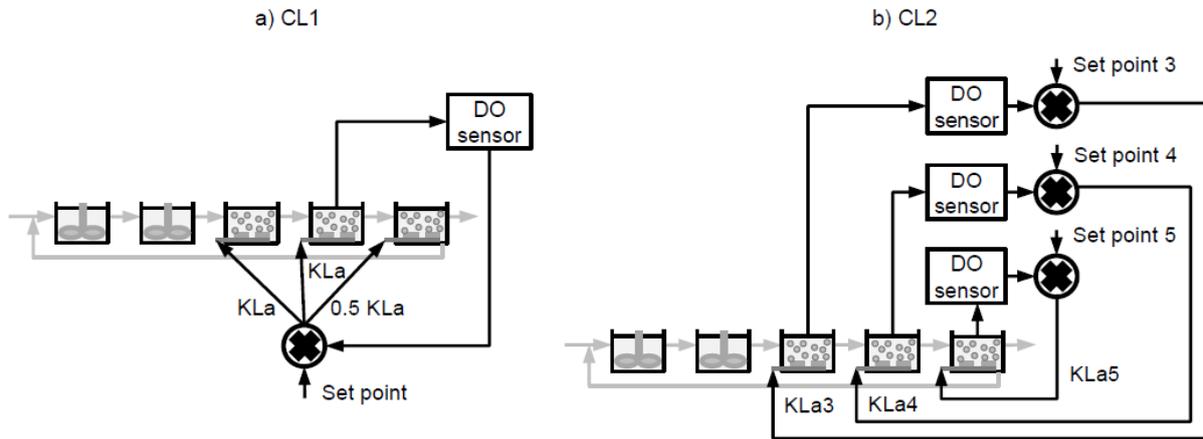
95 secondary settler, a sludge thickener, a 3,400 m³ anaerobic digester, a dewatering unit and a
96 160 m³ reject water storage tank. A diagram of the plant layout is given by Flores-Alsina et
97 al. (2011).

98 Biological processes are modelled using the Activated Sludge Model No. 1 (Henze et al.
99 2000) with extensions to enable modelling of N₂O emissions (Hiatt and Grady 2008,
100 Mampaey et al. 2013), as detailed by Guo and Vanrolleghem (2014). Additional GHG
101 emission sources modelled include CO₂ produced and consumed in biological treatment, CO₂
102 from anaerobic digestion and biogas combustion, fugitive CH₄ emissions from anaerobic
103 digestion, electricity consumption and generation, production of external carbon source, CO₂
104 and CH₄ from sludge storage and disposal, and N₂O from recipient due to effluent load.
105 Further details on the model can be found in Flores-Alsina et al. (2014).

106 It is important to remember that mathematical WWTP models, as used in this study, do not
107 provide an exact representation of reality. Control strategies that are successful when
108 modelled may be less so in practice due to factors affecting full scale plants; however,
109 benchmark simulation models do provide a means of objective control strategy evaluation
110 (Copp et al. 2014).

111 **2.2 Control strategy**

112 Two different control strategies providing DO control (illustrated in Figure 1) are
113 investigated. These are selected since, as well as impacting energy consumption (e.g. Amand
114 and Carlsson 2012), DO control and aeration intensities in the activated sludge reactors are
115 known to affect values of potential sustainability indicators, such as operational costs,
116 effluent quality and GHG emissions (Aboobakar et al. 2013, Sweetapple et al. 2014b).



117

118 *Fig. 1 – DO control in the activated sludge unit in: a) the CL1 control strategy; and b) the*
 119 *CL2 control strategy*

120 Firstly, the control strategy of Flores-Alsina et al. (2014) is implemented (referred to here as
 121 ‘CL1’). This consists of two PI control loops: one in which DO concentration in the fourth
 122 activated sludge reactor is controlled by manipulation of aeration intensities in reactors 3-5,
 123 where aeration intensity in reactor 5 is half that in reactors 3 and 4, and one in which nitrite
 124 concentration in the second activated sludge reactor is controlled by manipulation of the
 125 internal recycle flow rate.

126 In the second control strategy, CL2, the DO spatial distribution is controlled with three
 127 independent control loops. This has previously been shown able to provide a significant
 128 reduction in GHG emissions and operational costs whilst maintaining a high effluent quality
 129 (Sweetapple et al. 2014a), and Jeppsson et al. (2007) found it to use significantly less energy
 130 for aeration than a wide range of alternatives. A setpoint of 1 g O₂/m³ (Jeppsson et al. 2007,
 131 Vanrolleghem and Gillot 2002) is provisionally set for every controller in CL2.

132 In both CL1 and CL2, two different wastage flow rates (Q_{w_winter} and Q_{w_summer}) are used to
 133 ensure sufficient biomass is maintained in the system during winter months. The higher flow

134 rate, Q_{w_summer} , is applied when the influent temperature is greater than 15°C (approximately
135 start of May to end of October).

136 The CL1 control strategy with default parameter values (DO setpoint = 2 g O₂/m³,
137 Q_{w_winter} = 300 m³ /d, Q_{w_summer} = 450 m³/d) (Flores-Alsina et al. 2014) represents the base
138 case.

139 In all control loops, the sensors are assumed to be ideal (i.e. modelled with no noise and no
140 delay) for testing the theoretical energy saving potential and sustainability impacts of
141 different control options.

142 **2.3 Decision variable sampling**

143 A range of control options are developed for evaluation using factorial sampling of key
144 decision variables, in order to identify solutions which improve the energy balance whilst
145 maintaining a compliant effluent. Factorial sampling is chosen as it can provide good
146 coverage of the search space with relatively few simulations, as demonstrated by Sweetapple
147 et al. (2014a). Alternative techniques which provide greater coverage and may result in
148 further improvements, such as Monte Carlo sampling or multi-objective optimisation with
149 genetic algorithms, could be used in further study if computational capacity allows (e.g.
150 Sweetapple et al. 2014c).

151 Selection of decision variables for sampling is guided by knowledge of control handles with
152 significant impact on energy use, and previous sensitivity analyses with respect to indicators
153 which may be used for sustainability.

154 Firstly, wastage flow rate is adjusted as this has been shown to be a key control handle with
155 respect to its effects on GHG emissions, operational costs (which include energy use and
156 recovery) and effluent quality (Sweetapple et al. 2014b). The two wastage flow rates,

157 Q_{w_winter} and Q_{w_summer} , are both increased or decreased by the same factor simultaneously,
158 using nine levels in the range 0.8-1.2 (e.g. for an adjustment factor of 0.8,
159 $Q_{w_winter} = 0.8 \cdot 300 \text{ m}^3/\text{d}$ and $Q_{w_summer} = 0.8 \cdot 450 \text{ m}^3/\text{d}$). It is important to be aware here that,
160 under low wastage flow rates, performance of a real plant may not match that simulated due
161 to increased sludge concentrations and potential overloading of the sedimentation tanks.
162 However, by restricting the wastage flow rate reduction to a maximum of 20%, this study
163 aims to produce results which are at least indicative of those that may be achieved in a real
164 plant.

165 Secondly, the DO setpoints are sampled, with ranges selected to encompass the default
166 values. Selection of appropriate setpoints is important and a potential pathway to reduce
167 energy consumption, since sufficient DO must be supplied to sustain aerobic activity and
168 avoid bulking issues but over aeration represents a waste of energy, as the higher the DO
169 level the lower the oxygen transfer efficiency.

170 The single DO setpoint in CL1 is sampled at five levels in the range 1.0-3.0 g O₂/m³. Each
171 setpoint is evaluated in conjunction with each wastage flow rate adjustment factor, yielding
172 45 solutions for evaluation in the CL1 control strategy. A 4-level factorial sampling design is
173 used to generate sets of DO setpoints for the CL2 control strategy, with values in the range
174 0.5-2.0 g O₂/m³. Instances in which the setpoint for the final reactor is greater than that for
175 one or both of the preceding aerated reactors are removed, as such operation is likely to be
176 inefficient in simulation studies due to high DO recirculation to the anoxic zone (DO
177 recirculation is likely to be less significant in a real plant due to oxygen consumption in the
178 settler or recirculation line; greater realism may be provided with a reactive settler model
179 (Guerrero et al. 2013), but at the expense of greater computational demand). This results in
180 30 combinations of setpoints for analysis with each set of wastage flow rates, giving a total of
181 270 solutions for evaluation in the CL2 control strategy.

182 **2.4 Performance assessment**

183 Performance assessment of each control option is based on a one-year period which
184 incorporates diurnal and seasonal phenomena. Simulation of each control option is carried
185 out using the prescribed 200 day constant influent followed by 609 days dynamic influent, of
186 which the last 364 are used for evaluation.

187 **2.4.1 Effluent quality**

188 Effluent quality compliance is assessed for every solution using the constraints summarised
189 in Table 1 (based on the BSM2 requirements (Nopens et al. 2010)). For those that achieve
190 acceptable 95 percentile values, energy use, energy recovery and sustainability indicators are
191 also evaluated.

192 *Table 1 – Effluent quality constraints*

| Effluent quality measure | Maximum concentration (g/m ³) |
|-------------------------------|---|
| COD | 100 |
| Total nitrogen | 18 |
| Ammonia and ammonium nitrogen | 4 |
| TSS | 30 |
| BOD ₅ | 10 |

193

194 **2.4.2 Net energy**

195 Sources of energy use considered are activated sludge aeration, pumping (of internal recycle
196 flow, return sludge, waste sludge, primary settler underflow and dewatering underflow),

197 anoxic reactor mixing and digester influent heating. Energy recovery is calculated based on
198 CH₄ production in the anaerobic digester, the theoretical energy content of CH₄, and a
199 specified conversion efficiency. A net energy value is also calculated (energy use minus
200 energy recovery); this is the energy measure considered in this study and should be
201 minimised to improve the energy balance. A ‘net energy use’ rather than ‘net energy
202 recovery’ value is chosen since for other sustainability indicators (see Section 2.4.3) a lower
203 value corresponds with greater sustainability - it would be harder to compare indicators if one
204 is to be maximised. This approach is also consistent with that of Flores-Alsina et al. (2011),
205 who report net power using the same method. Note that when energy recovery is greater than
206 the modelled energy use, this value will be negative; however, it is not possible to make any
207 claims regarding the energy neutrality of the plant in such cases as not every source of energy
208 use is considered in the calculation (influent pumping, for example, which is not included in
209 the BSM framework as it is assumed to be the same under every scenario, being a significant
210 omission). Energy requirements reported and used in literature cover a wide range, but
211 typically 0.043 to 0.094 kWh/m³ can be attributed to influent pumping, headworks, solids
212 dewatering and lighting (Metcalf and Eddy 2004), all of which are omitted in the BSM2G net
213 energy calculation. As such, any solution providing a modelled net energy greater
214 than -0.043 kWh/m³ is unlikely to be energy neutral when considering the wider picture, but
215 this is not a guarantee of carbon neutrality and a significantly lower net energy could be
216 required.

217 Also note that BSM2G provides only indicative values of energy use and recovery; it is not
218 entirely representative of reality. Calculation of energy use for digester heating, for example,
219 is based only in the digester influent temperature and assumes no heat loss.

220 **2.4.3 Sustainability**

221 It is not possible to classify any solution as ‘sustainable’, but sustainability indicators should
222 be able to show progress towards or away from sustainability (Lundin et al. 1999). Multiple
223 indicators are used in this study for assessment of the environmental and economic aspects
224 sustainability, guided predominantly by the work of Molinas-Senante (2014). These are
225 summarised in Table 2.

226 *Table 2 – Indicators for sustainability assessment*

| Dimension | Indicator | Units |
|---------------|------------------------------|---|
| Economic | Operational costs | - |
| Environmental | COD not removed | % |
| Environmental | Suspended solids not removed | % |
| Environmental | Total nitrogen not removed | % |
| Environmental | Energy consumption | kWh/m ³ treated wastewater |
| Environmental | Sludge production | kg TSS/m ³ treated wastewater |
| Environmental | GHG emissions | kg CO ₂ e/m ³ treated wastewater |

227

228 Operational costs are represented by an operational cost index (OCI), as defined by Jeppsson
229 et al. (2007). This accounts for sludge disposal, external carbon source and energy costs.

230 Investment costs, another potential indicator for economic sustainability, are not considered
231 in this case since the base case (against which the change in sustainability is assessed) already
232 utilises DO control. Additional investment would be required for implementation of the CL2
233 control strategy (for both hardware and software), but this sum cannot be quantified and is
234 assumed to be minimal compared with the costs reported by Molinas-Senante (2014) for
235 comparison of different treatment technologies.

236 Treatment efficiency provides three indicators for environmental sustainability. In this study,
237 percentage of influent COD, TSS and total nitrogen not removed, rather than percentage
238 removed as in Molinas-Senante (2014), are reported. This is to ease comparison of
239 sustainability indicators, since a reduction in indicator value now represents a move towards
240 sustainability in all cases. Further environmental sustainability indicators (e.g. land area
241 required, potential for water reuse and potential to recover products) which will not differ as a
242 result of only operational changes are not included. GHG emissions are considered in
243 addition to the indicators proposed by Molinas-Senante (2014), given that there is increasing
244 interest in the impact of GHG emissions from wastewater treatment and their contribution to
245 global warming.

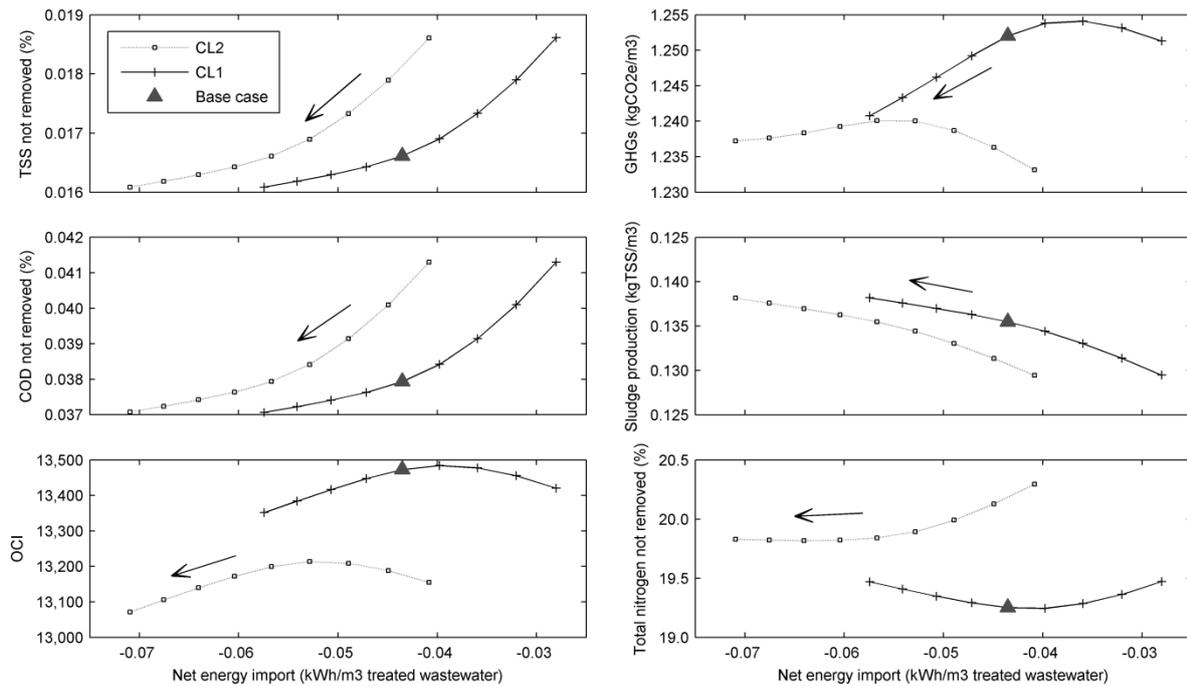
246 The societal aspect of sustainability is not covered in this research since this cannot easily be
247 quantified and adjustment of only WWTP control is expected to have negligible effect on
248 typical indicators used for impact on society. Possible indicators for the social dimension of
249 sustainability include odours, noise, visual impact and public acceptance (Molinos-Senante et
250 al. 2014). These are useful when comparing treatment technologies but there would be no
251 discernible or quantifiable difference resulting only from adjustment of control parameters.
252 ‘Complexity’, a further indicator for social sustainability (Molinos-Senante et al. 2014), will
253 be affected by the choice of control strategy – use of model predictive control, for example,
254 would be considered more complex than conventional proportional integral (PI) controllers.

255 However, the control strategies evaluated in this study all use PI controllers and, although the
256 number of control loops differs between CL1 and CL2, it is assumed that there is insufficient
257 difference in the complexity of each control strategy to warrant further attention.

258 **3 RESULTS AND DISCUSSION**

259 **3.1 Wastage flow rate adjustment**

260 Performance of control strategies with adjustment of only wastage flow rates is shown in
261 Figure 2. Within the range of wastage flow rates considered (base case $\pm 20\%$), all solutions
262 produce an effluent with compliant 95 percentile values and net energy can be reduced by up
263 to 63%. However, it is observed that a reduction in net energy does not correspond with a
264 universal move towards sustainability. Whilst increasing wastage flow rate with respect to the
265 base case in CL1 improves sustainability with respect to net energy, OCI, COD removal, TSS
266 removal and GHG emissions, it also results in decreased sustainability with respect to sludge
267 production and total nitrogen removal. This corresponds with trade-offs observed by Flores-
268 Alsina et al. (2011) for operation with a low sludge retention time (SRT): low operational
269 costs and GHG emissions but worsened effluent quality. In particular, the observed reduction
270 in nitrogen removal when wastage flow rate is increased with no compensatory increase in
271 DO setpoint is as expected, since nitrifiers will be washed out first under increased wastage
272 flow rates due to their low growth rate, and higher DO concentrations are required to
273 maintain nitrification at a low SRT (Eckenfelder and Argaman 1991).



274

275 *Fig. 2 – Impact of wastage flow rate adjustment on net energy import and sustainability*
 276 *indicator values; arrows represent direction of change resulting from increased wastage flow*
 277 *rate*

278 The CL2 control strategy is able to provide the greatest reduction in net energy and with
 279 significantly reduced operational costs and GHG emissions. However, there are trade-offs to
 280 consider, with reduced total nitrogen removal showing a move away from sustainability
 281 despite compliance being achieved.

282 Within the range considered, no overall improvement in WWTP sustainability can be
 283 achieved by adjustment of wastage flow rate alone: in both control strategies, increased
 284 wastage flow rate corresponds with improvements in net energy, TSS removal and COD
 285 removal, but also increases sludge production and can be detrimental to nitrogen removal.

286 The base case is already near-optimal with respect to nitrogen removal, and performance in
 287 this respect is worsened by adjustment of wastage flow rate to improve sustainability as
 288 indicated by net energy, operational costs, COD removal, TSS removal or GHG emissions.

289 However, improvements may be achieved with further adjustments to the WWTP operation,
290 in particular by optimisation of the DO setpoint(s).

291 **3.2 Dissolved oxygen setpoint adjustment**

292 **3.2.1 Sustainability indicators**

293 When wastage flow rates and DO setpoint(s) are adjusted simultaneously, a wide range of
294 solutions are produced which provide a reduction in net energy with respect to the base case
295 whilst maintaining a compliant effluent. The greatest energy reduction (73%) is achieved by
296 implementing the CL2 control strategy with a 20% increase in wastage flow rate and DO
297 setpoint in the final reactor reduced to 0.5 g O₂ /m³ (maintaining a setpoint of 1 g O₂ /m³ in
298 reactors 3 and 4). This may be sufficient to achieve energy neutrality, but neutrality cannot be
299 guaranteed given that the modelled net energy recovery (0.075 kWh/m³) is less than the
300 upper bound of typical energy requirements reported by Metcalf and Eddy (2004) for the
301 sources not included and BSM2G provides only a relatively simplistic estimate of energy use.
302 Even if energy neutrality is achieved, this solution still results in a move away from
303 environmental sustainability as represented by sludge production and nitrogen removal.

304 A pair-wise comparison of sustainability indicators for all solutions which reduce net energy,
305 provide a compliant effluent and are non-dominated based on the seven sustainability
306 indicators considered (i.e. no one indicator value can be further improved without worsening
307 another) is presented in Figure 3. It is important to notice that a reduction in net energy does
308 not necessarily correspond with a reduction in GHG emissions. Indeed, the second lowest net
309 energy solution results in a 1.7% increase in GHG emissions with respect to the base case.
310 This increase may be inconsequential given modelling uncertainties and uncertainty in
311 emissions data collected from real plants. However, a not insignificant proportion (10%) of
312 solutions which provide a reduction in net energy also result in an increase in modelled GHG

313 emissions, showing that this is a potentially important issue of which awareness is important.

314 This finding is supported by past observation that low DO setpoints lower energy

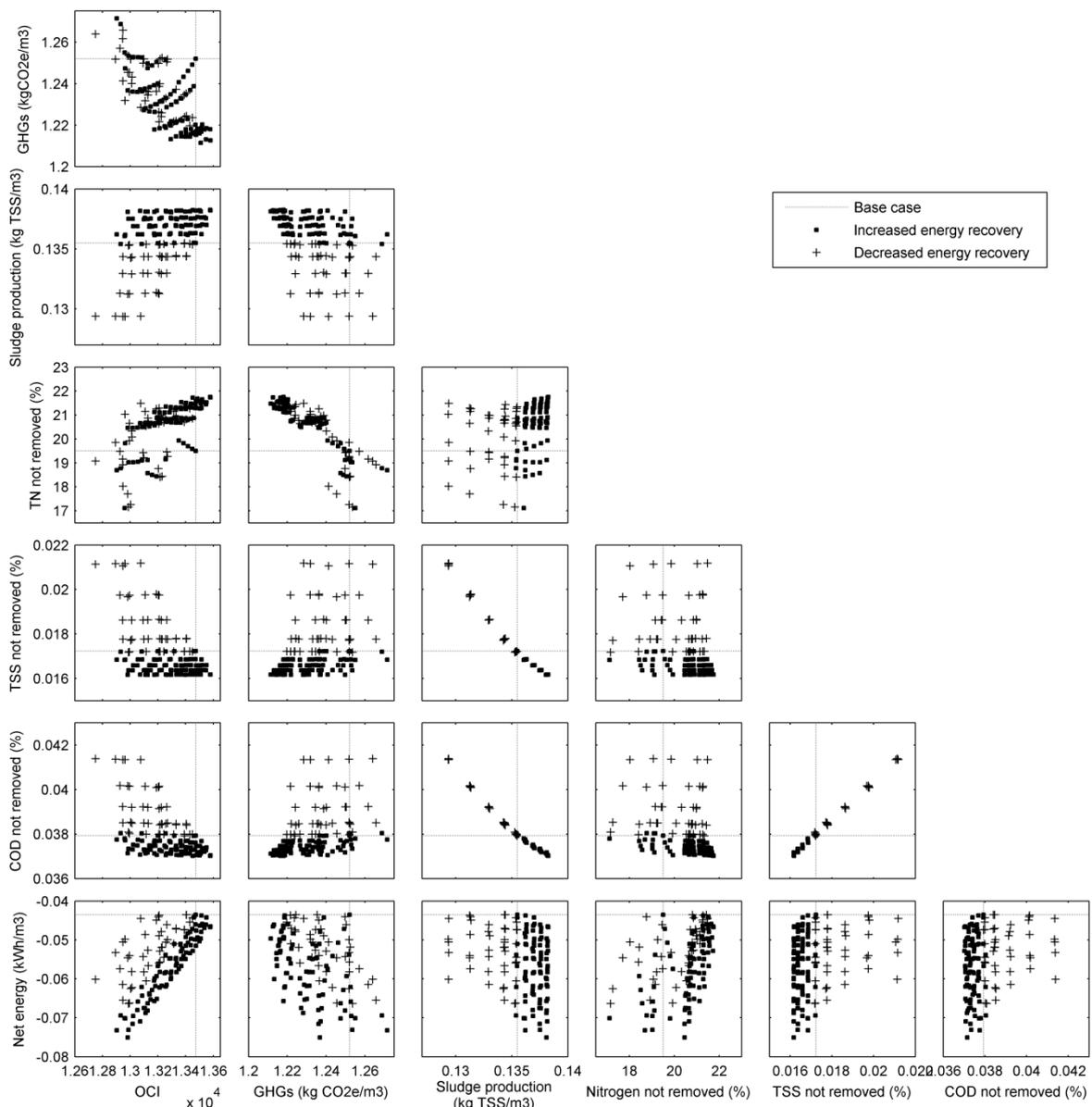
315 consumption but yield higher GHG emissions due to increased N₂O formation (Flores-Alsina

316 et al. 2014), and is significant given that the general aim of the CRC, in which energy use is

317 measured, is to reduce GHG emissions. This suggests that, perhaps, improving the energy

318 balance is not a reliable methodology for emission reduction, and shows that it is important to

319 consider the wider effects of energy reduction measures.



320

321 *Fig. 3 – Pairwise comparison of sustainability indicators, for solutions with adjusted wastage*
322 *flow rates and DO setpoints which better base case net energy use (compliant and non-*
323 *dominated solutions only)*

324 Figure 3 also shows that considering the effects of energy reduction measures on GHG
325 emissions is particularly important if no loss of nitrogen removal capacity is to be accepted,
326 since only 11% of solutions shown provide an improvement in both GHG emissions and
327 nitrogen removal. Ensuring no increase in GHG emissions whilst maintaining required
328 nitrogen removal is an important consideration due to the high global warming potential of
329 N₂O emitted during nitrification and denitrification. N₂O emissions can be curbed to some
330 extent by measures such as ensuring sufficient DO during nitrification (Kampschreur et al.
331 2009), and it has been suggested that no compromise is required since plants achieving high
332 levels of nitrogen removal typically emit less N₂O (Law et al. 2012) – avoiding compromise
333 may become more challenging if energy saving measures are required, however.

334 Distinct trade-offs between sludge production and TSS removal, and sludge production and
335 COD removal are shown in Figure 3. As may be expected, only marginal reduction in sludge
336 production can be achieved if the COD and TSS removal indicators for sustainability are not
337 to be worsened, again suggesting that trade-offs are likely to be required.

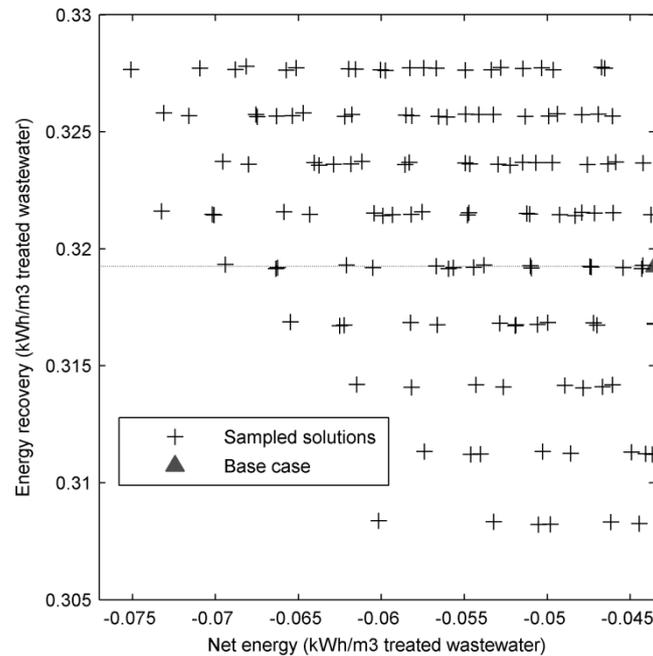
338 A significant proportion of solutions providing a reduction in net energy also worsen
339 environmental sustainability as indicated by the pollutant removal efficiencies. Initially it
340 appears that the potential negative effects on COD and TSS removal are most significant, as
341 the performance loss of the worst solutions with respect to the base case is more than double
342 the performance gain of the best, whereas for total nitrogen removal, the maximum potential
343 performance loss is approximately equal to the greatest potential gain. More detailed
344 observation shows, however, that total nitrogen removal can be reduced from 80.5% (base

345 case) to 78.2% (corresponding to effluent 95 percentiles of 11.4 and 12.4 g N/m³
346 respectively) by implementation of control strategies to reduce net energy, whereas COD and
347 TSS removal remain above 99.95% in all solutions. Despite signifying a move away from
348 sustainability, it may be that such a small reduction in COD and TSS removal with respect to
349 the base case is an acceptable concession to achieve improvement in other indicators. Such
350 decisions would be subjective, however, and for the purposes of this study no indicator
351 weightings are applied and no one indicator is considered more important than any other.

352 Finally, 89% of solutions which provide a reduction in net energy demonstrate improved
353 economic sustainability, as represented by the OCI. Although solutions providing the greatest
354 energy reduction are not those with the lowest operational costs, modifying WWTP control to
355 improve the energy balance appears to have detrimental effects on economic sustainability
356 only when the energy reduction is small. A strong correlation between net energy and OCI is
357 expected as energy costs are a key component of the OCI, and solutions which result in an
358 increased OCI correspond with those in which sludge production (another component of the
359 OCI) is increased.

360 **3.2.2 *Net energy and energy recovery***

361 It is shown in Figure 4 that increasing energy recovery is not necessary to reduce net energy –
362 34% of solutions which better the base case net energy do so despite reduced energy
363 recovery, due to a greater reduction in energy use for aeration. However, to achieve the
364 greatest potential reduction in net energy, increased energy recovery is required. To enable
365 further investigation into the effects of selecting reduced or increased energy recovery
366 solutions on each component of sustainability, solutions which provide a reduction in net
367 energy with a decrease in energy recovery are distinguished in Figure 3 from those in which
368 energy recovery is increased.



369

370 *Fig. 4 – Comparison of energy recovery and net energy for compliant solutions providing a*
 371 *reduction in net energy with respect to the base case*

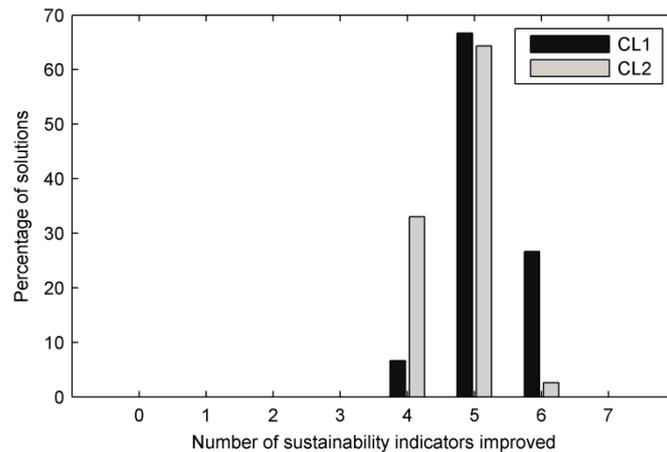
372 All solutions in which a reduction in net energy is achieved without increasing energy
 373 recovery result in reduced nitrogen removal and/or reduced COD removal, both of which are
 374 considered a move away from sustainability. Simultaneous improvement of these two
 375 indicators is only achieved by solutions which provide increased energy recovery.
 376 Conversely, simultaneous improvement in nitrogen removal and sludge production is only
 377 achieved by solutions with reduced energy recovery, showing again that a universal move
 378 towards sustainability cannot be achieved within the range of simple control measures
 379 investigated. To provide greater sustainability, alternative control strategies and/or treatment
 380 technologies should be considered. Use of ammonium control, for example, can enhance
 381 nitrification during high load periods and save energy under low loads, and model predictive
 382 control can be advantageous when a plant is highly loaded and subject to stringent effluent
 383 fines (Stare et al. 2007). In such cases, however, it is important to also consider capital costs

384 associated with their implementation, as these may impact significantly on their
385 sustainability.

386 Solutions which provide an increase in energy recovery all correspond with an increase in
387 sludge production (viewed here as undesirable with respect to sustainability). This confirms
388 that research focussed solely on enhanced energy recovery from wastewater treatment may
389 not necessarily be beneficial with respect to sustainability (as defined in this study), since it is
390 necessary to consider the wider impacts. This is certainly not to suggest that increased energy
391 recovery is always undesirable, however, as only a narrow range of control options were
392 considered in this study, but it highlights the importance of considering the effects on
393 sustainability when measures are taken to increase energy recovery.

394 ***3.2.3 Identification and analysis of 'best' solutions***

395 The number of sustainability indicators improved by solutions in both the CL1 and CL2
396 control strategies is shown in Figure 5. No options investigated here provide an improvement
397 in all seven indicators, and more than 70% result in a move away from sustainability as
398 measured by two or more indicators. Further improvements may be achievable with
399 implementation of alternative or additional control strategies. However, it is widely
400 recognised that trade-offs occur in sustainability assessment (e.g. Morrison-Saunders and
401 Pope 2013) and these must be considered in selection of the 'best' solutions.



402

403 *Fig. 5 – Number of sustainability indicators bettered with respect to base case for solutions*
 404 *providing a reduction in net energy whilst retaining a compliant effluent quality*

405 The CL1 control strategy appears to perform best with respect to the number of sustainability
 406 indicators bettered, although this could be biased by the sampling strategy. In total, seven
 407 solutions are identified which better six of the seven sustainability indicators, including net
 408 energy. These could be viewed as preferable if the sustainability impacts of modifying
 409 WWTP control to improve the energy balance are to be minimised, but in reality selection of
 410 preferable solutions will be more complex: small deterioration in two sustainability indicators
 411 may be preferable to significant deterioration in one, but such decisions would have to be
 412 made on a case-by-case basis, taking into account local considerations. Given that no
 413 weightings are applied to sustainability indicators in this study and without further
 414 information it is not possible to prioritise improvements, however, this section of the research
 415 focusses on solutions providing improvement in the greatest number of indicators,
 416 irrespective of the magnitude of each improvement or deterioration.

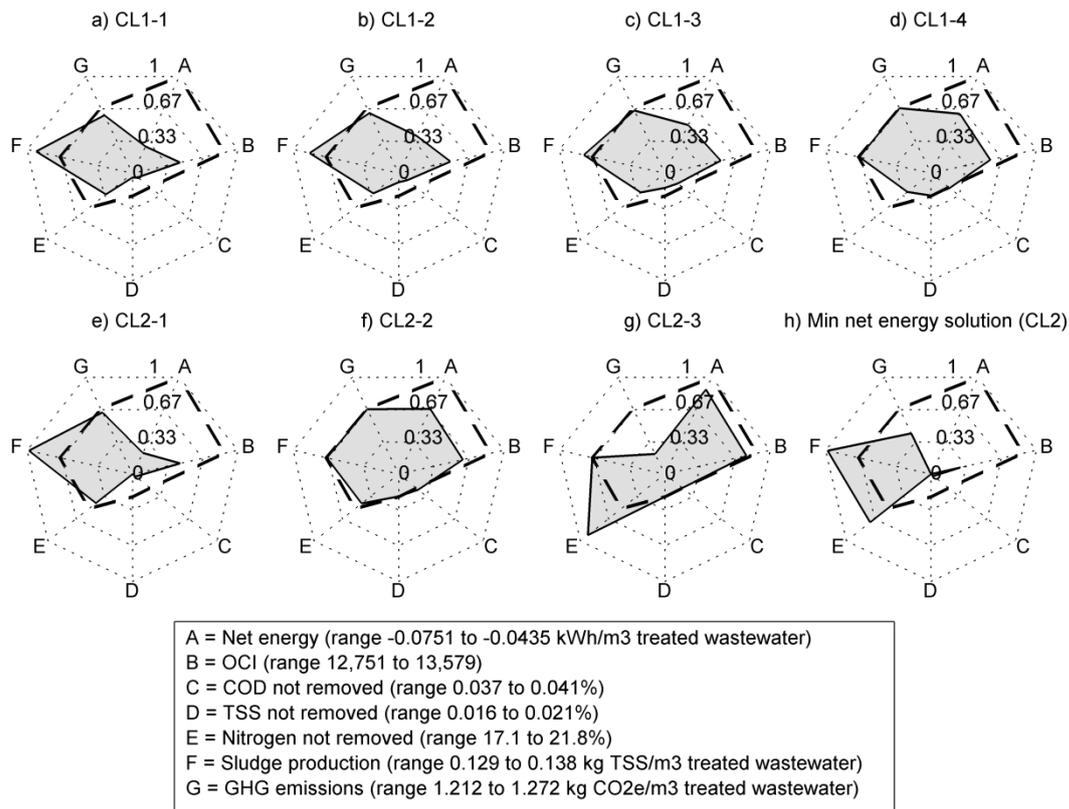
417 Control details of the seven solutions which demonstrate a move towards sustainability in
 418 terms of six indicators (subject to achieving effluent quality compliance but regardless of
 419 sustainability credentials) and, for comparison, the base case and the lowest net energy

420 solution are given in Table 3. Sustainability indicators for these solutions are shown in Figure
 421 6, with indicator values normalised with respect to the range observed across all solutions
 422 providing reduced net energy. Smaller values than those of the base case, i.e. those inside the
 423 dashed line, represent a move towards sustainability based on specific corresponding
 424 indicator.

425 *Table 3 – Control parameters for base case, lowest energy solution and solutions which*
 426 *better six sustainability indicators with respect to the base case*

| Solution | Base case | CL1-1 | CL1-2 | CL1-3 | CL1-4 | CL2-1 | CL2-2 | CL2-3 | Min net energy solution |
|---|-----------|-------|-------|-------|-------|-------|-------|-------|-------------------------|
| Control strategy | CL1 | CL1 | CL1 | CL1 | CL1 | CL2 | CL2 | CL2 | CL2 |
| Wastage flow rate adjustment factor | 1.00 | 1.15 | 1.10 | 1.05 | 1.00 | 1.20 | 1.00 | 1.00 | 1.20 |
| Mean SRT (days) | 16.35 | 14.28 | 14.92 | 15.61 | 16.37 | 13.71 | 16.36 | 16.36 | 13.71 |
| Reactor 3 DO setpoint (g O ₂ /m ³) | - | - | - | - | - | 0.5 | 0.5 | 1.5 | 1.0 |
| Reactor 4 DO setpoint (g O ₂ /m ³) | 2.0 | 1.5 | 1.5 | 1.5 | 1.5 | 2.0 | 2.0 | 1.0 | 1.0 |
| Reactor 5 DO setpoint (g O ₂ /m ³) | - | - | - | - | - | 0.5 | 0.5 | 1.0 | 0.5 |

427



428

429 *Fig. 6 – Sustainability indicator values for lowest net energy solution and solutions*
 430 *demonstrating move towards sustainability in six indicators. Values nearer the centre of the*
 431 *plot are preferable, and dashed line represents the base case.*

432 Figure 6 demonstrates the importance of assessing impacts of control adjustments with
 433 respect to different aspects and multiple components of sustainability as it shows that,
 434 although each solution provides a reduction in net energy, the sustainability impacts are quite
 435 different. For example, it is possible that only sludge production is worsened, only COD
 436 removal worsened, or only nitrogen removal worsened, depending on the choice of solution.
 437 There are also further trade-offs to consider, with the solutions providing the greatest
 438 reduction in net energy also showing the largest impact on the one sustainability indicator
 439 worsened: solution CL1-1 provides a 52% reduction in net energy but increases sludge
 440 production by 1.5%, whereas CL1-3 only reduces net energy by 36% but the increase in
 441 sludge production drops to 0.5%.

442 Although minimisation of sludge production is generally considered to correspond with
443 improved sustainability (e.g. Molinos-Senante et al. 2014, Roeleveld et al. 1997), the
444 magnitude of impact of sludge production on sustainability is dependent on the chosen means
445 of disposal. Application to land, for example, might be considered to offset the WWTP's
446 embodied energy as it reduces the need to use fossil fuel-based fertilisers (Mo and Zhang
447 2012). As such, further information is required to determine the true extent of the negative
448 sustainability impacts of solutions CL1-1, CL1-2, CL1-3 and CL2-1; if the sludge disposal
449 method is chosen wisely then these solutions could be more desirable than appears based on
450 the relatively large increases in sludge production shown in Figure 6. In reality, the scale and
451 direction of environmental impacts resulting from increased sludge production will be
452 dependent on the chosen means of disposal.

453 Diagrams such as in Figure 6 can be very useful for visualisation the trade-offs required
454 under each solution and can aid selection of a preferable solution for implementation, based
455 on the context-specific priorities and preferences. It can be seen, for example that, although
456 the first seven solutions all provide an improvement in six sustainability indicators, the
457 magnitude of improvement in each varies considerably, as does the deterioration in the final
458 indicator. Without considering sustainability impacts, it is possible that the minimum net
459 energy solution would be implemented; however, despite providing a significant move
460 towards sustainability in terms of six indicators, performance with respect to nitrogen
461 removal and sludge production is among the worst of the solutions shown. The best solution
462 may appear to be CL1-4, since only worsens one sustainability indicator (COD not removed)
463 and the impact is negligible (0.1% change).

464 4 CONCLUSIONS

465 This research has explored the impacts of adjusting WWTP control to improve the energy
466 balance on a range of sustainability indicators, by implementing a range of wastage flow rates
467 and DO setpoints in two different control strategies. Based on analysis of the solutions
468 generated which provide a compliant effluent with a reduction in net energy, the following
469 conclusions are drawn:

- 470 • Implementing changes to WWTP control to reduce net energy use can be detrimental
471 to sustainability. The energy balance of WWTPs may be improved by increasing
472 sludge wastage flow rate alone, but this may result in a move away from
473 environmental sustainability due to reduced nitrogen removal if additional changes to
474 the aeration are not also made.
- 475 • Increased energy recovery does not necessarily correspond with a move towards
476 sustainability, particularly in terms of environmental sustainability as represented by
477 sludge production. Reduction in net energy can also be achieved by solutions in which
478 energy recovery is decreased, but this results in different sustainability indicator trade-
479 offs.
- 480 • Simultaneous improvement of both DO control and wastage flow rate selection can
481 provide substantial energy savings, increase economic sustainability and enhance
482 multiple indicators of environmental sustainability. However, it is particularly
483 important that the impacts on sludge production and nitrogen removal are considered,
484 as the lowest energy solutions developed are shown to be detrimental to these.
- 485 • Trade-offs between sustainability indicators have been identified and it is important
486 that these are considered in future adjustment to WWTPs to achieve reduced energy
487 use and carbon neutrality: reducing energy use does not guarantee an increase in

488 sustainability. It is also important that a sufficiently large range of indicators is used
489 to capture trade-offs present within the environmental component of sustainability
490 since no solutions were found to provide a move towards sustainability with respect to
491 every indicator.

- 492 • Improving the energy balance is not a reliable means of achieving a reduction in total
493 GHG emissions. Although a reduction in net energy was typically found in this study
494 to correspond with reduced GHG emissions when energy recovery was also increased,
495 solutions were also identified in which a significant reduction in net energy was
496 achieved but at the expense of increased GHG emissions.

497 It is hoped that these findings will reinforce the need to consider the wider impacts of any
498 WWTP control adjustments made with the aim of reducing energy use and/or increasing
499 energy recovery, and in particular draw attention to potential unintended consequences of
500 schemes such as the CRC.

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