

1 **Does carbon reduction increase sustainability? A study in wastewater**  
2 **treatment**

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6 **ABSTRACT**

7 This study investigates the relationships between carbon reduction and sustainability in the  
8 context of wastewater treatment, focussing on the impacts of control adjustments, and  
9 demonstrates that reducing energy use and/or increasing energy recovery to reduce net energy  
10 can be detrimental to sustainability.

11 Factorial sampling is used to derive 315 control options, containing two different control  
12 strategies and a range of sludge wastage flow rates and dissolved oxygen setpoints, for  
13 evaluation. For each, sustainability indicators including operational costs, net energy and  
14 multiple environmental performance measures are calculated. This enables identification of  
15 trade-offs between different components of sustainability which must be considered before  
16 implementing energy reduction measures. In particular, it is found that the impacts of energy  
17 reduction measures on sludge production and nitrogen removal must be considered, as these  
18 are worsened in the lowest energy solutions.

19 It also demonstrates that a sufficiently large range of indicators need to be assessed to capture  
20 trade-offs present within the environmental component of sustainability. This is because no  
21 solutions provided a move towards sustainability with respect to every indicator. Lastly, it is  
22 highlighted that improving the energy balance (as may be considered an approach to

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23 achieving carbon reduction) is not a reliable means of reducing total greenhouse gas  
24 emissions.

25 *Keywords:* carbon neutral; control; energy; sustainability; WWTP

## 26 **1 INTRODUCTION**

27 Improving the energy balance of wastewater treatment plants (WWTPs), with the aim of  
28 moving towards carbon neutrality, is a topic of great interest. This is driven by numerous  
29 policies, initiatives and commitments, including the European Union's 2030 Climate and  
30 Energy Policy Framework (which requires a 40% reduction in greenhouse gas (GHG)  
31 emissions by 2030 with respect to a 1990 baseline and for 27% of energy to be from  
32 renewable sources), and the UK's Carbon Reduction Commitment (CRC) (under which  
33 companies, including those in the water industry, are compelled to reduce their energy use by  
34 80% by 2050 with respect to a 1990 baseline (DECC 2014). However, whilst such changes  
35 may benefit the environment due to reduced carbon emissions, there is a need to explore the  
36 wider economic, environmental and societal impacts.

37 There is on-going research into the maximisation of energy recovery / minimisation of use  
38 through increased methane (CH<sub>4</sub>) production, improved biogas quality and use of alternative  
39 processes (e.g. Gao et al. 2014, Scherson and Criddle 2014, Villano et al. 2013), and it has  
40 been suggested that carbon neutrality may be an achievable objective if multiple strategies  
41 are implemented (Mo and Zhang 2012, Rosso and Stenstrom 2008).

42 Indeed, carbon neutral WWTPs have been reported (Suez Environment 2012, USEPA 2014).  
43 However, there is no universal consensus as to what should be covered by the term 'carbon'  
44 in the context of carbon reduction and carbon footprint: Gori et al. (2011), for example,  
45 include direct carbon dioxide (CO<sub>2</sub>) and CH<sub>4</sub> emissions, whereas the claim of carbon

46 neutrality for the aforementioned WWTPs is based only on energy use. This is in line with  
47 the CRC, which incentivises only reduction in CO<sub>2</sub> emissions associated with energy use  
48 (taking into account different levels of emission from different energy sources), but in such  
49 cases there is still a need to investigate the potential implications of carbon reduction  
50 measures on CO<sub>2</sub> and CH<sub>4</sub> formation by biological treatment processes.

51 Reducing net energy use alone may prove to be ineffective if the goal is to mitigate global  
52 warming. In such cases, even a more comprehensive evaluation of carbon emissions  
53 (considered to be those containing carbon) may be insufficient since nitrous oxide (N<sub>2</sub>O)  
54 emissions from WWTPs can provide a significant contribution to total GHG emissions  
55 (Kampschreur et al. 2009). Strategies have previously been identified, for example, in which  
56 a reduction in energy use corresponds with an increase in total GHG emissions (Flores-Alsina  
57 et al. 2014) and, whilst there is on-going research into strategies for the reduction of GHG  
58 emissions, there is a need to investigate the impacts employing the approach encouraged  
59 under the CRC – i.e. reduction of energy use – on total GHG emissions.

60 Carbon or energy reduction may also be used to address sustainability issues (e.g. Holmes et  
61 al. 2009). However, sustainability is a complex, multi-dimensional concept comprising of  
62 economic, environmental and societal components (Mihelcic et al. 2003), each of which can  
63 be sub-divided into a large number of elements represented by different indicators (e.g. Muga  
64 and Mihelcic 2008). ‘Carbon neutral’ or ‘energy neutral’ do not necessarily imply sustainable  
65 operation, as they address only one element of sustainability and implementation of low  
66 carbon solutions may have unintended detrimental effects on other aspects. For example,  
67 WWTP control modifications which provide a reduction in energy consumption but  
68 correspond with neither a reduction in total GHG emissions nor an improvement in effluent  
69 quality have previously been identified (Flores-Alsina et al. 2014): this corresponds with a  
70 move away from sustainability with respect to two of three indicators. It has even been

71 suggested that the most sustainable solution may not result in *any* recovery of resources from  
72 wastewater (Guest et al. 2009), highlighting the need to explore the relationship between  
73 carbon neutrality and sustainability.

74 This study, therefore, aims to investigate previously unexplored relationships between carbon  
75 neutrality and sustainability in the context of wastewater treatment, focussing in particular on  
76 the impact of energy reduction measures. The study highlights the potential benefits  
77 achievable and the associated consequences of adjustment to WWTP control for an activated  
78 sludge plant, rather than the development and/or application of new processes. An approach  
79 consistent with that required under the CRC, which is based only on energy use and recovery,  
80 is used in the assessment of carbon emissions; total GHG emissions, including direct and  
81 indirect CO<sub>2</sub>, CH<sub>4</sub> and N<sub>2</sub>O are evaluated separately. Low energy solutions are highly  
82 desirable under the CRC and there is much research focussed on enhancing energy recovery  
83 from wastewater to reduce the carbon footprint. By assessing the operational costs and a  
84 range of environmental performance indicators, including GHG emissions and pollutant  
85 removal efficiency, this research provides a more detailed picture of the potential impacts of  
86 pursuing carbon neutral/negative wastewater treatment on moving towards sustainability in  
87 the development of WWTP control strategies.

## 88 **2 MATERIALS AND METHODS**

### 89 **2.1 Wastewater treatment plant model**

90 The WWTP in which energy saving measures are implemented and sustainability indicators  
91 evaluated is an activated sludge plant, the Benchmark Simulation Model No. 2 for GHG  
92 emissions (BSM2G) (Flores-Alsina et al. 2014), with a mean influent flow rate of  
93 20,648 m<sup>3</sup>/d. Components include a 900 m<sup>3</sup> primary clarifier, an activated sludge unit  
94 containing two 1500 m<sup>3</sup> anoxic tanks and three 3,000 m<sup>3</sup> aerobic tanks in series, a 6,000 m<sup>3</sup>

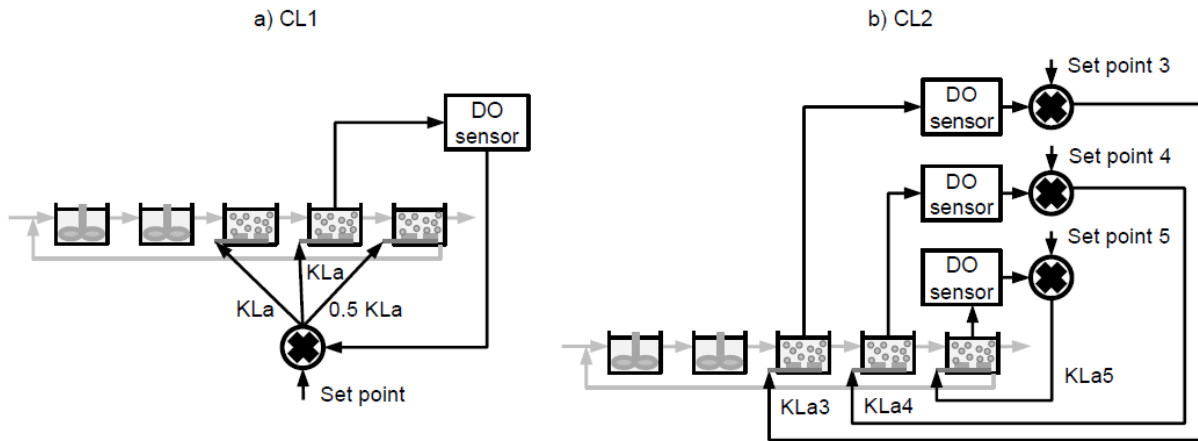
95 secondary settler, a sludge thickener, a 3,400 m<sup>3</sup> anaerobic digester, a dewatering unit and a  
96 160 m<sup>3</sup> reject water storage tank. A diagram of the plant layout is given by Flores-Alsina et  
97 al. (2011).

98 Biological processes are modelled using the Activated Sludge Model No. 1 (Henze et al.  
99 2000) with extensions to enable modelling of N<sub>2</sub>O emissions (Hiatt and Grady 2008,  
100 Mampaey et al. 2013), as detailed by Guo and Vanrolleghem (2014). Additional GHG  
101 emission sources modelled include CO<sub>2</sub> produced and consumed in biological treatment, CO<sub>2</sub>  
102 from anaerobic digestion and biogas combustion, fugitive CH<sub>4</sub> emissions from anaerobic  
103 digestion, electricity consumption and generation, production of external carbon source, CO<sub>2</sub>  
104 and CH<sub>4</sub> from sludge storage and disposal, and N<sub>2</sub>O from recipient due to effluent load.  
105 Further details on the model can be found in Flores-Alsina et al. (2014).

106 It is important to remember that mathematical WWTP models, as used in this study, do not  
107 provide an exact representation of reality. Control strategies that are successful when  
108 modelled may be less so in practice due to factors affecting full scale plants; however,  
109 benchmark simulation models do provide a means of objective control strategy evaluation  
110 (Copp et al. 2014).

## 111 **2.2 Control strategy**

112 Two different control strategies providing DO control (illustrated in Figure 1) are  
113 investigated. These are selected since, as well as impacting energy consumption (e.g. Amand  
114 and Carlsson 2012), DO control and aeration intensities in the activated sludge reactors are  
115 known to affect values of potential sustainability indicators, such as operational costs,  
116 effluent quality and GHG emissions (Aboobakar et al. 2013, Sweetapple et al. 2014b).



117

118 *Fig. 1 – DO control in the activated sludge unit in: a) the CL1 control strategy; and b) the*  
 119 *CL2 control strategy*

120 Firstly, the control strategy of Flores-Alsina et al. (2014) is implemented (referred to here as  
 121 ‘CL1’). This consists of two PI control loops: one in which DO concentration in the fourth  
 122 activated sludge reactor is controlled by manipulation of aeration intensities in reactors 3-5,  
 123 where aeration intensity in reactor 5 is half that in reactors 3 and 4, and one in which nitrite  
 124 concentration in the second activated sludge reactor is controlled by manipulation of the  
 125 internal recycle flow rate.

126 In the second control strategy, CL2, the DO spatial distribution is controlled with three  
 127 independent control loops. This has previously been shown able to provide a significant  
 128 reduction in GHG emissions and operational costs whilst maintaining a high effluent quality  
 129 (Sweetapple et al. 2014a), and Jeppsson et al. (2007) found it to use significantly less energy  
 130 for aeration than a wide range of alternatives. A setpoint of  $1 \text{ g O}_2/\text{m}^3$  (Jeppsson et al. 2007,  
 131 Vanrolleghem and Gillot 2002) is provisionally set for every controller in CL2.

132 In both CL1 and CL2, two different wastage flow rates ( $Q_{w\_winter}$  and  $Q_{w\_summer}$ ) are used to  
 133 ensure sufficient biomass is maintained in the system during winter months. The higher flow

134 rate,  $Q_{w\_summer}$ , is applied when the influent temperature is greater than 15°C (approximately  
135 start of May to end of October).

136 The CL1 control strategy with default parameter values (DO setpoint = 2 g O<sub>2</sub>/m<sup>3</sup>,  
137  $Q_{w\_winter}$  = 300 m<sup>3</sup> /d,  $Q_{w\_summer}$  = 450 m<sup>3</sup>/d) (Flores-Alsina et al. 2014) represents the base  
138 case.

139 In all control loops, the sensors are assumed to be ideal (i.e. modelled with no noise and no  
140 delay) for testing the theoretical energy saving potential and sustainability impacts of  
141 different control options.

### 142 **2.3 Decision variable sampling**

143 A range of control options are developed for evaluation using factorial sampling of key  
144 decision variables, in order to identify solutions which improve the energy balance whilst  
145 maintaining a compliant effluent. Factorial sampling is chosen as it can provide good  
146 coverage of the search space with relatively few simulations, as demonstrated by Sweetapple  
147 et al. (2014a). Alternative techniques which provide greater coverage and may result in  
148 further improvements, such as Monte Carlo sampling or multi-objective optimisation with  
149 genetic algorithms, could be used in further study if computational capacity allows (e.g.  
150 Sweetapple et al. 2014c).

151 Selection of decision variables for sampling is guided by knowledge of control handles with  
152 significant impact on energy use, and previous sensitivity analyses with respect to indicators  
153 which may be used for sustainability.

154 Firstly, wastage flow rate is adjusted as this has been shown to be a key control handle with  
155 respect to its effects on GHG emissions, operational costs (which include energy use and  
156 recovery) and effluent quality (Sweetapple et al. 2014b). The two wastage flow rates,

157  $Q_{w\_winter}$  and  $Q_{w\_summer}$ , are both increased or decreased by the same factor simultaneously,  
158 using nine levels in the range 0.8-1.2 (e.g. for an adjustment factor of 0.8,  
159  $Q_{w\_winter} = 0.8 \cdot 300 \text{ m}^3/\text{d}$  and  $Q_{w\_summer} = 0.8 \cdot 450 \text{ m}^3/\text{d}$ ). It is important to be aware here that,  
160 under low wastage flow rates, performance of a real plant may not match that simulated due  
161 to increased sludge concentrations and potential overloading of the sedimentation tanks.  
162 However, by restricting the wastage flow rate reduction to a maximum of 20%, this study  
163 aims to produce results which are at least indicative of those that may be achieved in a real  
164 plant.

165 Secondly, the DO setpoints are sampled, with ranges selected to encompass the default  
166 values. Selection of appropriate setpoints is important and a potential pathway to reduce  
167 energy consumption, since sufficient DO must be supplied to sustain aerobic activity and  
168 avoid bulking issues but over aeration represents a waste of energy, as the higher the DO  
169 level the lower the oxygen transfer efficiency.

170 The single DO setpoint in CL1 is sampled at five levels in the range 1.0-3.0 g O<sub>2</sub>/m<sup>3</sup>. Each  
171 setpoint is evaluated in conjunction with each wastage flow rate adjustment factor, yielding  
172 45 solutions for evaluation in the CL1 control strategy. A 4-level factorial sampling design is  
173 used to generate sets of DO setpoints for the CL2 control strategy, with values in the range  
174 0.5-2.0 g O<sub>2</sub>/m<sup>3</sup>. Instances in which the setpoint for the final reactor is greater than that for  
175 one or both of the preceding aerated reactors are removed, as such operation is likely to be  
176 inefficient in simulation studies due to high DO recirculation to the anoxic zone (DO  
177 recirculation is likely to be less significant in a real plant due to oxygen consumption in the  
178 settler or recirculation line; greater realism may be provided with a reactive settler model  
179 (Guerrero et al. 2013), but at the expense of greater computational demand). This results in  
180 30 combinations of setpoints for analysis with each set of wastage flow rates, giving a total of  
181 270 solutions for evaluation in the CL2 control strategy.



182 **2.4 Performance assessment**

183 Performance assessment of each control option is based on a one-year period which  
184 incorporates diurnal and seasonal phenomena. Simulation of each control option is carried  
185 out using the prescribed 200 day constant influent followed by 609 days dynamic influent, of  
186 which the last 364 are used for evaluation.

187 **2.4.1 Effluent quality**

188 Effluent quality compliance is assessed for every solution using the constraints summarised  
189 in Table 1 (based on the BSM2 requirements (Nopens et al. 2010)). For those that achieve  
190 acceptable 95 percentile values, energy use, energy recovery and sustainability indicators are  
191 also evaluated.

192 *Table 1 – Effluent quality constraints*

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Effluent quality measure	Maximum concentration (g/m <sup>3</sup> )
COD	100
Total nitrogen	18
Ammonia and ammonium nitrogen	4
TSS	30
BOD <sub>5</sub>	10

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193

194 **2.4.2 Net energy**

195 Sources of energy use considered are activated sludge aeration, pumping (of internal recycle  
196 flow, return sludge, waste sludge, primary settler underflow and dewatering underflow),

197 anoxic reactor mixing and digester influent heating. Energy recovery is calculated based on  
198 CH<sub>4</sub> production in the anaerobic digester, the theoretical energy content of CH<sub>4</sub>, and a  
199 specified conversion efficiency. A net energy value is also calculated (energy use minus  
200 energy recovery); this is the energy measure considered in this study and should be  
201 minimised to improve the energy balance. A ‘net energy use’ rather than ‘net energy  
202 recovery’ value is chosen since for other sustainability indicators (see Section 2.4.3) a lower  
203 value corresponds with greater sustainability - it would be harder to compare indicators if one  
204 is to be maximised. This approach is also consistent with that of Flores-Alsina et al. (2011),  
205 who report net power using the same method. Note that when energy recovery is greater than  
206 the modelled energy use, this value will be negative; however, it is not possible to make any  
207 claims regarding the energy neutrality of the plant in such cases as not every source of energy  
208 use is considered in the calculation (influent pumping, for example, which is not included in  
209 the BSM framework as it is assumed to be the same under every scenario, being a significant  
210 omission). Energy requirements reported and used in literature cover a wide range, but  
211 typically 0.043 to 0.094 kWh/m<sup>3</sup> can be attributed to influent pumping, headworks, solids  
212 dewatering and lighting (Metcalf and Eddy 2004), all of which are omitted in the BSM2G net  
213 energy calculation. As such, any solution providing a modelled net energy greater  
214 than -0.043 kWh/m<sup>3</sup> is unlikely to be energy neutral when considering the wider picture, but  
215 this is not a guarantee of carbon neutrality and a significantly lower net energy could be  
216 required.

217 Also note that BSM2G provides only indicative values of energy use and recovery; it is not  
218 entirely representative of reality. Calculation of energy use for digester heating, for example,  
219 is based only in the digester influent temperature and assumes no heat loss.

220 **2.4.3 Sustainability**

221 It is not possible to classify any solution as ‘sustainable’, but sustainability indicators should  
 222 be able to show progress towards or away from sustainability (Lundin et al. 1999). Multiple  
 223 indicators are used in this study for assessment of the environmental and economic aspects  
 224 sustainability, guided predominantly by the work of Molinas-Senante (2014). These are  
 225 summarised in Table 2.

226 *Table 2 – Indicators for sustainability assessment*

Dimension	Indicator	Units
Economic	Operational costs	-
Environmental	COD not removed	%
Environmental	Suspended solids not removed	%
Environmental	Total nitrogen not removed	%
Environmental	Energy consumption	kWh/m <sup>3</sup> treated wastewater
Environmental	Sludge production	kg TSS/m <sup>3</sup> treated wastewater
Environmental	GHG emissions	kg CO <sub>2</sub> e/m <sup>3</sup> treated wastewater

227

228 Operational costs are represented by an operational cost index (OCI), as defined by Jeppsson  
 229 et al. (2007). This accounts for sludge disposal, external carbon source and energy costs.

230 Investment costs, another potential indicator for economic sustainability, are not considered  
231 in this case since the base case (against which the change in sustainability is assessed) already  
232 utilises DO control. Additional investment would be required for implementation of the CL2  
233 control strategy (for both hardware and software), but this sum cannot be quantified and is  
234 assumed to be minimal compared with the costs reported by Molinas-Senante (2014) for  
235 comparison of different treatment technologies.

236 Treatment efficiency provides three indicators for environmental sustainability. In this study,  
237 percentage of influent COD, TSS and total nitrogen not removed, rather than percentage  
238 removed as in Molinas-Senante (2014), are reported. This is to ease comparison of  
239 sustainability indicators, since a reduction in indicator value now represents a move towards  
240 sustainability in all cases. Further environmental sustainability indicators (e.g. land area  
241 required, potential for water reuse and potential to recover products) which will not differ as a  
242 result of only operational changes are not included. GHG emissions are considered in  
243 addition to the indicators proposed by Molinas-Senante (2014), given that there is increasing  
244 interest in the impact of GHG emissions from wastewater treatment and their contribution to  
245 global warming.

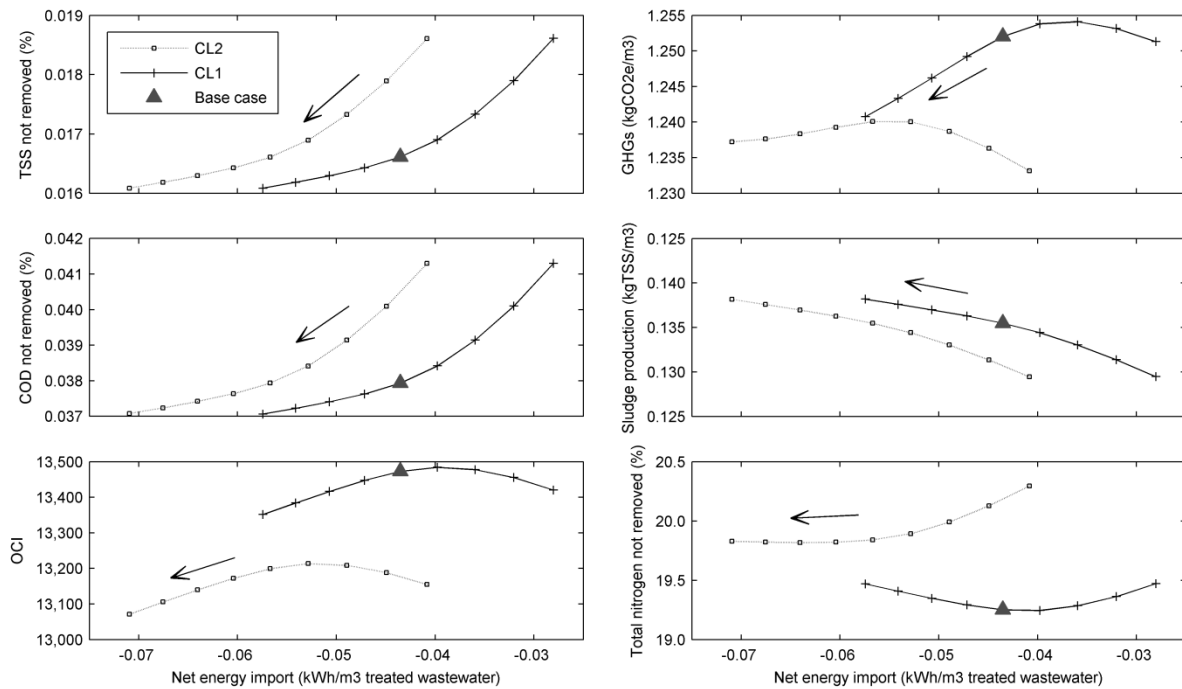
246 The societal aspect of sustainability is not covered in this research since this cannot easily be  
247 quantified and adjustment of only WWTP control is expected to have negligible effect on  
248 typical indicators used for impact on society. Possible indicators for the social dimension of  
249 sustainability include odours, noise, visual impact and public acceptance (Molinos-Senante et  
250 al. 2014). These are useful when comparing treatment technologies but there would be no  
251 discernible or quantifiable difference resulting only from adjustment of control parameters.  
252 ‘Complexity’, a further indicator for social sustainability (Molinos-Senante et al. 2014), will  
253 be affected by the choice of control strategy – use of model predictive control, for example,  
254 would be considered more complex than conventional proportional integral (PI) controllers.

255 However, the control strategies evaluated in this study all use PI controllers and, although the  
256 number of control loops differs between CL1 and CL2, it is assumed that there is insufficient  
257 difference in the complexity of each control strategy to warrant further attention.

### 258 **3 RESULTS AND DISCUSSION**

#### 259 **3.1 Wastage flow rate adjustment**

260 Performance of control strategies with adjustment of only wastage flow rates is shown in  
261 Figure 2. Within the range of wastage flow rates considered (base case  $\pm 20\%$ ), all solutions  
262 produce an effluent with compliant 95 percentile values and net energy can be reduced by up  
263 to 63%. However, it is observed that a reduction in net energy does not correspond with a  
264 universal move towards sustainability. Whilst increasing wastage flow rate with respect to the  
265 base case in CL1 improves sustainability with respect to net energy, OCI, COD removal, TSS  
266 removal and GHG emissions, it also results in decreased sustainability with respect to sludge  
267 production and total nitrogen removal. This corresponds with trade-offs observed by Flores-  
268 Alsina et al. (2011) for operation with a low sludge retention time (SRT): low operational  
269 costs and GHG emissions but worsened effluent quality. In particular, the observed reduction  
270 in nitrogen removal when wastage flow rate is increased with no compensatory increase in  
271 DO setpoint is as expected, since nitrifiers will be washed out first under increased wastage  
272 flow rates due to their low growth rate, and higher DO concentrations are required to  
273 maintain nitrification at a low SRT (Eckenfelder and Argaman 1991).



274

275 *Fig. 2 – Impact of wastage flow rate adjustment on net energy import and sustainability*  
 276 *indicator values; arrows represent direction of change resulting from increased wastage flow*  
 277 *rate*

278 The CL2 control strategy is able to provide the greatest reduction in net energy and with  
 279 significantly reduced operational costs and GHG emissions. However, there are trade-offs to  
 280 consider, with reduced total nitrogen removal showing a move away from sustainability  
 281 despite compliance being achieved.

282 Within the range considered, no overall improvement in WWTP sustainability can be  
 283 achieved by adjustment of wastage flow rate alone: in both control strategies, increased  
 284 wastage flow rate corresponds with improvements in net energy, TSS removal and COD  
 285 removal, but also increases sludge production and can be detrimental to nitrogen removal.

286 The base case is already near-optimal with respect to nitrogen removal, and performance in  
 287 this respect is worsened by adjustment of wastage flow rate to improve sustainability as  
 288 indicated by net energy, operational costs, COD removal, TSS removal or GHG emissions.

289 However, improvements may be achieved with further adjustments to the WWTP operation,  
290 in particular by optimisation of the DO setpoint(s).

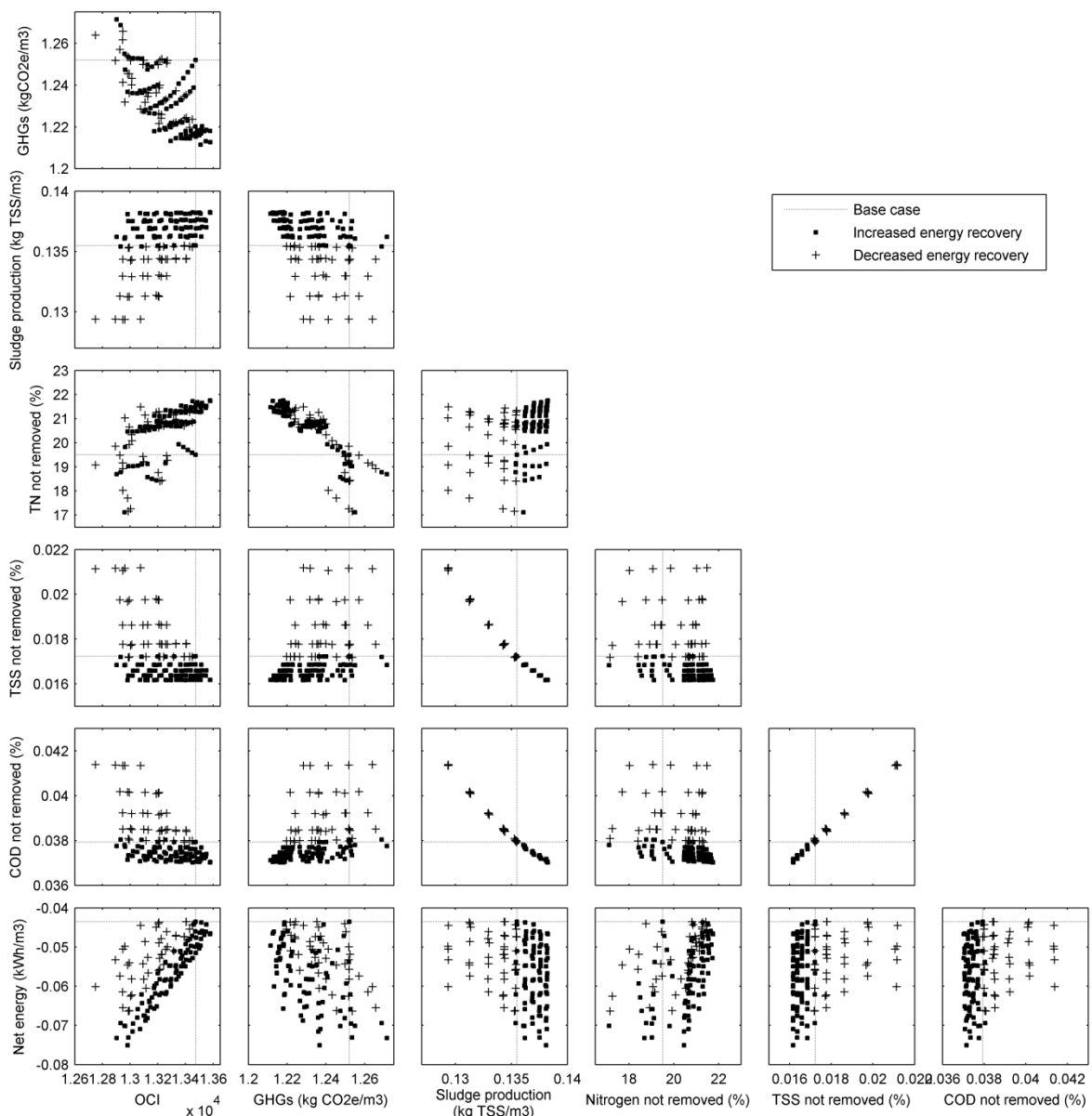
## 291 **3.2 Dissolved oxygen setpoint adjustment**

### 292 **3.2.1 Sustainability indicators**

293 When wastage flow rates and DO setpoint(s) are adjusted simultaneously, a wide range of  
294 solutions are produced which provide a reduction in net energy with respect to the base case  
295 whilst maintaining a compliant effluent. The greatest energy reduction (73%) is achieved by  
296 implementing the CL2 control strategy with a 20% increase in wastage flow rate and DO  
297 setpoint in the final reactor reduced to 0.5 g O<sub>2</sub> /m<sup>3</sup> (maintaining a setpoint of 1 g O<sub>2</sub> /m<sup>3</sup> in  
298 reactors 3 and 4). This may be sufficient to achieve energy neutrality, but neutrality cannot be  
299 guaranteed given that the modelled net energy recovery (0.075 kWh/m<sup>3</sup>) is less than the  
300 upper bound of typical energy requirements reported by Metcalf and Eddy (2004) for the  
301 sources not included and BSM2G provides only a relatively simplistic estimate of energy use.  
302 Even if energy neutrality is achieved, this solution still results in a move away from  
303 environmental sustainability as represented by sludge production and nitrogen removal.

304 A pair-wise comparison of sustainability indicators for all solutions which reduce net energy,  
305 provide a compliant effluent and are non-dominated based on the seven sustainability  
306 indicators considered (i.e. no one indicator value can be further improved without worsening  
307 another) is presented in Figure 3. It is important to notice that a reduction in net energy does  
308 not necessarily correspond with a reduction in GHG emissions. Indeed, the second lowest net  
309 energy solution results in a 1.7% increase in GHG emissions with respect to the base case.  
310 This increase may be inconsequential given modelling uncertainties and uncertainty in  
311 emissions data collected from real plants. However, a not insignificant proportion (10%) of  
312 solutions which provide a reduction in net energy also result in an increase in modelled GHG

313 emissions, showing that this is a potentially important issue of which awareness is important.  
 314 This finding is supported by past observation that low DO setpoints lower energy  
 315 consumption but yield higher GHG emissions due to increased N<sub>2</sub>O formation (Flores-Alsina  
 316 et al. 2014), and is significant given that the general aim of the CRC, in which energy use is  
 317 measured, is to reduce GHG emissions. This suggests that, perhaps, improving the energy  
 318 balance is not a reliable methodology for emission reduction, and shows that it is important to  
 319 consider the wider effects of energy reduction measures.



320



321 *Fig. 3 – Pairwise comparison of sustainability indicators, for solutions with adjusted wastage*  
322 *flow rates and DO setpoints which better base case net energy use (compliant and non-*  
323 *dominated solutions only)*

324 Figure 3 also shows that considering the effects of energy reduction measures on GHG  
325 emissions is particularly important if no loss of nitrogen removal capacity is to be accepted,  
326 since only 11% of solutions shown provide an improvement in both GHG emissions and  
327 nitrogen removal. Ensuring no increase in GHG emissions whilst maintaining required  
328 nitrogen removal is an important consideration due to the high global warming potential of  
329 N<sub>2</sub>O emitted during nitrification and denitrification. N<sub>2</sub>O emissions can be curbed to some  
330 extent by measures such as ensuring sufficient DO during nitrification (Kampschreur et al.  
331 2009), and it has been suggested that no compromise is required since plants achieving high  
332 levels of nitrogen removal typically emit less N<sub>2</sub>O (Law et al. 2012) – avoiding compromise  
333 may become more challenging if energy saving measures are required, however.

334 Distinct trade-offs between sludge production and TSS removal, and sludge production and  
335 COD removal are shown in Figure 3. As may be expected, only marginal reduction in sludge  
336 production can be achieved if the COD and TSS removal indicators for sustainability are not  
337 to be worsened, again suggesting that trade-offs are likely to be required.

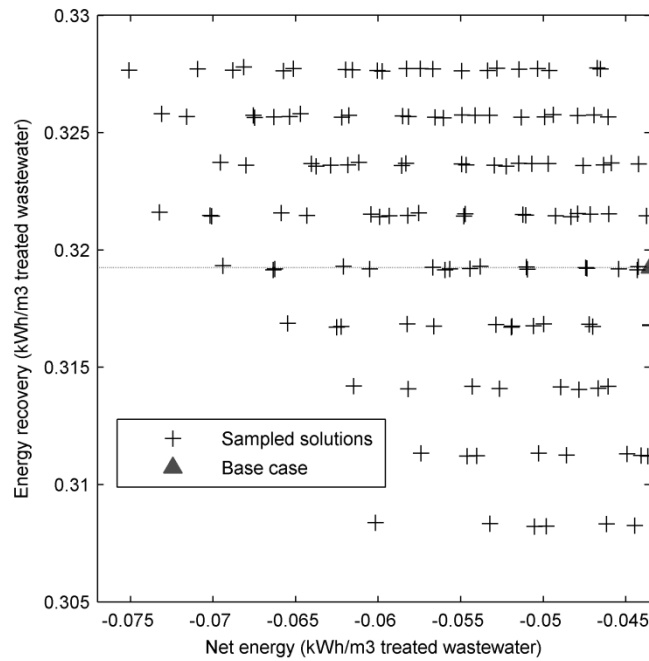
338 A significant proportion of solutions providing a reduction in net energy also worsen  
339 environmental sustainability as indicated by the pollutant removal efficiencies. Initially it  
340 appears that the potential negative effects on COD and TSS removal are most significant, as  
341 the performance loss of the worst solutions with respect to the base case is more than double  
342 the performance gain of the best, whereas for total nitrogen removal, the maximum potential  
343 performance loss is approximately equal to the greatest potential gain. More detailed  
344 observation shows, however, that total nitrogen removal can be reduced from 80.5% (base

345 case) to 78.2% (corresponding to effluent 95 percentiles of 11.4 and 12.4 g N/m<sup>3</sup>  
346 respectively) by implementation of control strategies to reduce net energy, whereas COD and  
347 TSS removal remain above 99.95% in all solutions. Despite signifying a move away from  
348 sustainability, it may be that such a small reduction in COD and TSS removal with respect to  
349 the base case is an acceptable concession to achieve improvement in other indicators. Such  
350 decisions would be subjective, however, and for the purposes of this study no indicator  
351 weightings are applied and no one indicator is considered more important than any other.

352 Finally, 89% of solutions which provide a reduction in net energy demonstrate improved  
353 economic sustainability, as represented by the OCI. Although solutions providing the greatest  
354 energy reduction are not those with the lowest operational costs, modifying WWTP control to  
355 improve the energy balance appears to have detrimental effects on economic sustainability  
356 only when the energy reduction is small. A strong correlation between net energy and OCI is  
357 expected as energy costs are a key component of the OCI, and solutions which result in an  
358 increased OCI correspond with those in which sludge production (another component of the  
359 OCI) is increased.

### 360 **3.2.2 *Net energy and energy recovery***

361 It is shown in Figure 4 that increasing energy recovery is not necessary to reduce net energy –  
362 34% of solutions which better the base case net energy do so despite reduced energy  
363 recovery, due to a greater reduction in energy use for aeration. However, to achieve the  
364 greatest potential reduction in net energy, increased energy recovery is required. To enable  
365 further investigation into the effects of selecting reduced or increased energy recovery  
366 solutions on each component of sustainability, solutions which provide a reduction in net  
367 energy with a decrease in energy recovery are distinguished in Figure 3 from those in which  
368 energy recovery is increased.



369

370 *Fig. 4 – Comparison of energy recovery and net energy for compliant solutions providing a*  
 371 *reduction in net energy with respect to the base case*

372 All solutions in which a reduction in net energy is achieved without increasing energy  
 373 recovery result in reduced nitrogen removal and/or reduced COD removal, both of which are  
 374 considered a move away from sustainability. Simultaneous improvement of these two  
 375 indicators is only achieved by solutions which provide increased energy recovery.

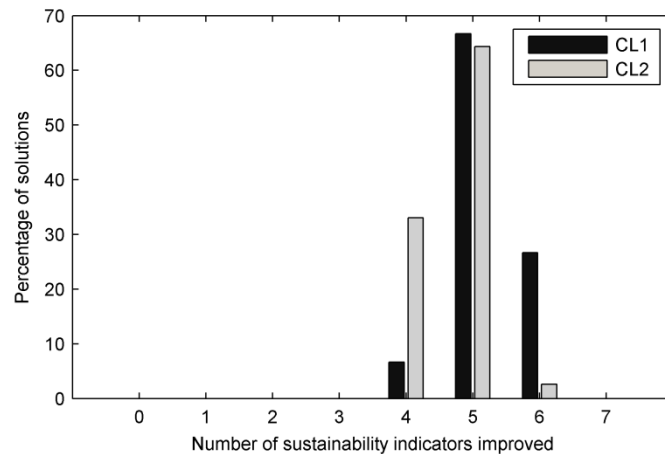
376 Conversely, simultaneous improvement in nitrogen removal and sludge production is only  
 377 achieved by solutions with reduced energy recovery, showing again that a universal move  
 378 towards sustainability cannot be achieved within the range of simple control measures  
 379 investigated. To provide greater sustainability, alternative control strategies and/or treatment  
 380 technologies should be considered. Use of ammonium control, for example, can enhance  
 381 nitrification during high load periods and save energy under low loads, and model predictive  
 382 control can be advantageous when a plant is highly loaded and subject to stringent effluent  
 383 fines (Stare et al. 2007). In such cases, however, it is important to also consider capital costs

384 associated with their implementation, as these may impact significantly on their  
385 sustainability.

386 Solutions which provide an increase in energy recovery all correspond with an increase in  
387 sludge production (viewed here as undesirable with respect to sustainability). This confirms  
388 that research focussed solely on enhanced energy recovery from wastewater treatment may  
389 not necessarily be beneficial with respect to sustainability (as defined in this study), since it is  
390 necessary to consider the wider impacts. This is certainly not to suggest that increased energy  
391 recovery is always undesirable, however, as only a narrow range of control options were  
392 considered in this study, but it highlights the importance of considering the effects on  
393 sustainability when measures are taken to increase energy recovery.

### 394 ***3.2.3 Identification and analysis of 'best' solutions***

395 The number of sustainability indicators improved by solutions in both the CL1 and CL2  
396 control strategies is shown in Figure 5. No options investigated here provide an improvement  
397 in all seven indicators, and more than 70% result in a move away from sustainability as  
398 measured by two or more indicators. Further improvements may be achievable with  
399 implementation of alternative or additional control strategies. However, it is widely  
400 recognised that trade-offs occur in sustainability assessment (e.g. Morrison-Saunders and  
401 Pope 2013) and these must be considered in selection of the 'best' solutions.



402

403 *Fig. 5 – Number of sustainability indicators bettered with respect to base case for solutions*  
 404 *providing a reduction in net energy whilst retaining a compliant effluent quality*

405 The CL1 control strategy appears to perform best with respect to the number of sustainability  
 406 indicators bettered, although this could be biased by the sampling strategy. In total, seven  
 407 solutions are identified which better six of the seven sustainability indicators, including net  
 408 energy. These could be viewed as preferable if the sustainability impacts of modifying  
 409 WWTP control to improve the energy balance are to be minimised, but in reality selection of  
 410 preferable solutions will be more complex: small deterioration in two sustainability indicators  
 411 may be preferable to significant deterioration in one, but such decisions would have to be  
 412 made on a case-by-case basis, taking into account local considerations. Given that no  
 413 weightings are applied to sustainability indicators in this study and without further  
 414 information it is not possible to prioritise improvements, however, this section of the research  
 415 focusses on solutions providing improvement in the greatest number of indicators,  
 416 irrespective of the magnitude of each improvement or deterioration.

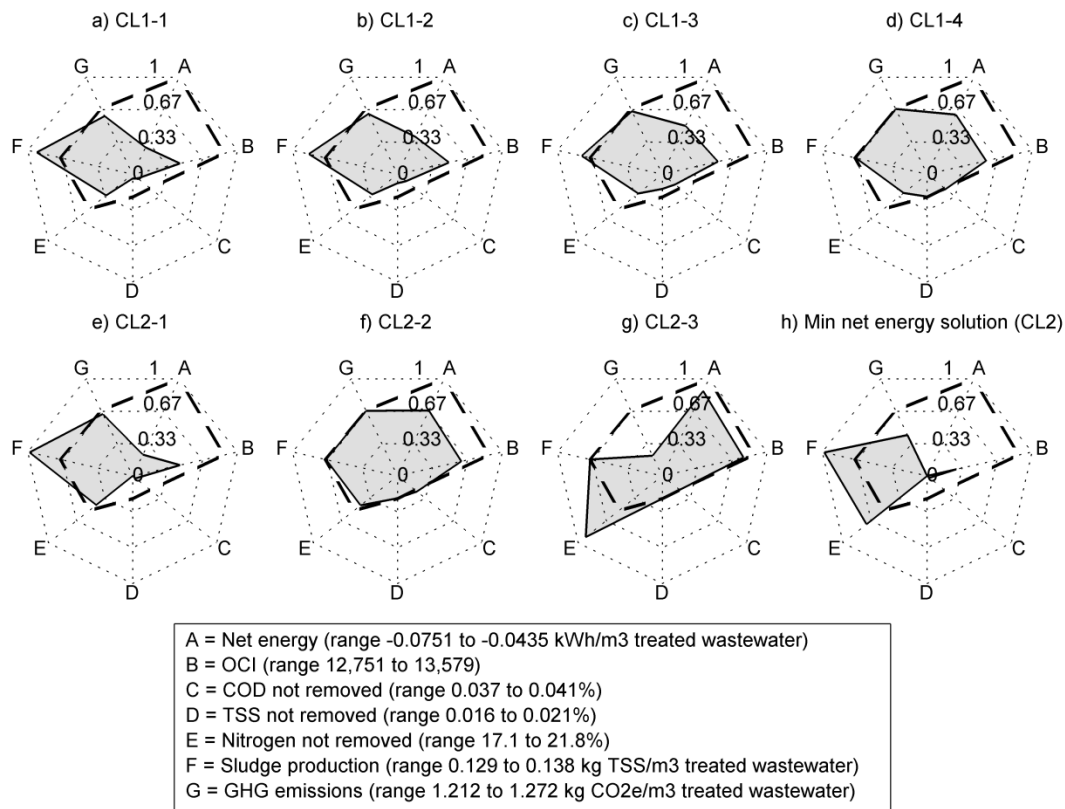
417 Control details of the seven solutions which demonstrate a move towards sustainability in  
 418 terms of six indicators (subject to achieving effluent quality compliance but regardless of  
 419 sustainability credentials) and, for comparison, the base case and the lowest net energy

420 solution are given in Table 3. Sustainability indicators for these solutions are shown in Figure  
 421 6, with indicator values normalised with respect to the range observed across all solutions  
 422 providing reduced net energy. Smaller values than those of the base case, i.e. those inside the  
 423 dashed line, represent a move towards sustainability based on specific corresponding  
 424 indicator.

425 *Table 3 – Control parameters for base case, lowest energy solution and solutions which*  
 426 *better six sustainability indicators with respect to the base case*

Solution	Base case	CL1-1	CL1-2	CL1-3	CL1-4	CL2-1	CL2-2	CL2-3	Min net energy solution
Control strategy	CL1	CL1	CL1	CL1	CL1	CL2	CL2	CL2	CL2
Wastage flow rate adjustment factor	1.00	1.15	1.10	1.05	1.00	1.20	1.00	1.00	1.20
Mean SRT (days)	16.35	14.28	14.92	15.61	16.37	13.71	16.36	16.36	13.71
Reactor 3 DO setpoint (g O <sub>2</sub> /m <sup>3</sup> )	-	-	-	-	-	0.5	0.5	1.5	1.0
Reactor 4 DO setpoint (g O <sub>2</sub> /m <sup>3</sup> )	2.0	1.5	1.5	1.5	1.5	2.0	2.0	1.0	1.0
Reactor 5 DO setpoint (g O <sub>2</sub> /m <sup>3</sup> )	-	-	-	-	-	0.5	0.5	1.0	0.5

427



428

429 *Fig. 6 – Sustainability indicator values for lowest net energy solution and solutions*  
 430 *demonstrating move towards sustainability in six indicators. Values nearer the centre of the*  
 431 *plot are preferable, and dashed line represents the base case.*

432 Figure 6 demonstrates the importance of assessing impacts of control adjustments with  
 433 respect to different aspects and multiple components of sustainability as it shows that,  
 434 although each solution provides a reduction in net energy, the sustainability impacts are quite  
 435 different. For example, it is possible that only sludge production is worsened, only COD  
 436 removal worsened, or only nitrogen removal worsened, depending on the choice of solution.  
 437 There are also further trade-offs to consider, with the solutions providing the greatest  
 438 reduction in net energy also showing the largest impact on the one sustainability indicator  
 439 worsened: solution CL1-1 provides a 52% reduction in net energy but increases sludge  
 440 production by 1.5%, whereas CL1-3 only reduces net energy by 36% but the increase in  
 441 sludge production drops to 0.5%.

442 Although minimisation of sludge production is generally considered to correspond with  
443 improved sustainability (e.g. Molinos-Senante et al. 2014, Roeleveld et al. 1997), the  
444 magnitude of impact of sludge production on sustainability is dependent on the chosen means  
445 of disposal. Application to land, for example, might be considered to offset the WWTP's  
446 embodied energy as it reduces the need to use fossil fuel-based fertilisers (Mo and Zhang  
447 2012). As such, further information is required to determine the true extent of the negative  
448 sustainability impacts of solutions CL1-1, CL1-2, CL1-3 and CL2-1; if the sludge disposal  
449 method is chosen wisely then these solutions could be more desirable than appears based on  
450 the relatively large increases in sludge production shown in Figure 6. In reality, the scale and  
451 direction of environmental impacts resulting from increased sludge production will be  
452 dependent on the chosen means of disposal.

453 Diagrams such as in Figure 6 can be very useful for visualisation the trade-offs required  
454 under each solution and can aid selection of a preferable solution for implementation, based  
455 on the context-specific priorities and preferences. It can be seen, for example that, although  
456 the first seven solutions all provide an improvement in six sustainability indicators, the  
457 magnitude of improvement in each varies considerably, as does the deterioration in the final  
458 indicator. Without considering sustainability impacts, it is possible that the minimum net  
459 energy solution would be implemented; however, despite providing a significant move  
460 towards sustainability in terms of six indicators, performance with respect to nitrogen  
461 removal and sludge production is among the worst of the solutions shown. The best solution  
462 may appear to be CL1-4, since only worsens one sustainability indicator (COD not removed)  
463 and the impact is negligible (0.1% change).



#### 464 4 CONCLUSIONS

465 This research has explored the impacts of adjusting WWTP control to improve the energy  
466 balance on a range of sustainability indicators, by implementing a range of wastage flow rates  
467 and DO setpoints in two different control strategies. Based on analysis of the solutions  
468 generated which provide a compliant effluent with a reduction in net energy, the following  
469 conclusions are drawn:

- 470 • Implementing changes to WWTP control to reduce net energy use can be detrimental  
471 to sustainability. The energy balance of WWTPs may be improved by increasing  
472 sludge wastage flow rate alone, but this may result in a move away from  
473 environmental sustainability due to reduced nitrogen removal if additional changes to  
474 the aeration are not also made.
- 475 • Increased energy recovery does not necessarily correspond with a move towards  
476 sustainability, particularly in terms of environmental sustainability as represented by  
477 sludge production. Reduction in net energy can also be achieved by solutions in which  
478 energy recovery is decreased, but this results in different sustainability indicator trade-  
479 offs.
- 480 • Simultaneous improvement of both DO control and wastage flow rate selection can  
481 provide substantial energy savings, increase economic sustainability and enhance  
482 multiple indicators of environmental sustainability. However, it is particularly  
483 important that the impacts on sludge production and nitrogen removal are considered,  
484 as the lowest energy solutions developed are shown to be detrimental to these.
- 485 • Trade-offs between sustainability indicators have been identified and it is important  
486 that these are considered in future adjustment to WWTPs to achieve reduced energy  
487 use and carbon neutrality: reducing energy use does not guarantee an increase in

488 sustainability. It is also important that a sufficiently large range of indicators is used  
489 to capture trade-offs present within the environmental component of sustainability  
490 since no solutions were found to provide a move towards sustainability with respect to  
491 every indicator.

- 492 • Improving the energy balance is not a reliable means of achieving a reduction in total  
493 GHG emissions. Although a reduction in net energy was typically found in this study  
494 to correspond with reduced GHG emissions when energy recovery was also increased,  
495 solutions were also identified in which a significant reduction in net energy was  
496 achieved but at the expense of increased GHG emissions.

497 It is hoped that these findings will reinforce the need to consider the wider impacts of any  
498 WWTP control adjustments made with the aim of reducing energy use and/or increasing  
499 energy recovery, and in particular draw attention to potential unintended consequences of  
500 schemes such as the CRC.

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518 [industry-businesses-and-the-public-sector--2/supporting-pages/crc-energy-efficiency-scheme](https://www.gov.uk/government/policies/reducing-demand-for-energy-from-industry-businesses-and-the-public-sector--2/supporting-pages/crc-energy-efficiency-scheme).  
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