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3 Effectiveness of smart-meter based consumption feedback in curbing household water use:
4 Knowns and unknowns

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Abstract

35
36 Adaptive approaches are required to counteract the mounting threats to water security.
37 Demand management will feature centrally in such adaptation. The increase in use of smart
38 meter technology offers an improved way for utilities to gauge consumer demand and to
39 supply consumers with consumption feedback in (near) real-time. Such feedback can
40 decrease the discrepancies between perceived and actual water usage. In contrast to the
41 energy sector, however, where the advantages associated with smart meter consumption
42 feedback are extensively documented, few studies have focused on the usefulness of such
43 feedback when it comes to managing water consumption. This review assesses the evidence
44 base for the effectiveness of water usage feedback technology in encouraging water
45 conservation. The review highlights the potential value of high-granular smart-meter
46 feedback technology in managing domestic water consumption. Findings from the papers
47 included in this review (N = 21) indicate that feedback was associated with decreases of
48 between 2.5% and 28.6% in water use, with an average of 12.15% (SD = 8.75). A single
49 paper reported a 16% increase in consumption associated with smart-meter feedback. The
50 benefits for water utilities are highlighted, but the costs for utilities need to be considered
51 further. Overall, more work is needed to conclusively pinpoint the most effective type of
52 feedback in terms of information content and granularity, frequency of delivery and medium,
53 and how water consumption is linked to energy consumption. This information is needed to
54 make concrete recommendations to the water industry about the costs and benefits of
55 investment in smart metering and consumer feedback.

56

57 *Keywords:* Demand management; smart technology; water meter; feedback; behavior change.

58

59 **Background**

60 Water shortage is an increasing global problem, with approximately 500 million people
61 currently living in areas where the potable water available is insufficient to support the local
62 population (Evans and Sadler, 2008). Global population levels have tripled and water demand
63 for domestic and industrial purposes has increased six-fold, putting intense stress on an
64 already depleted and decreasing global water supply (Evans and Sadler, 2008). In addition,
65 the consequences of climate change will continue to impact negatively on global usable water
66 sources (Saghir, 2008), with the potential that over four billion people – more than half of the
67 world’s population – will be chronically short of water by 2050 (Evans and Sadler, 2008;
68 Saghir, 2008). Rather than increasing fresh water production (e.g., through desalination or
69 additional abstraction from ground/surface water) to meet current demand, better supply and
70 demand management and conservation efforts are needed to avert water crises in the near
71 future.

72 Generally, the balance between water supply and demand can be managed in two ways:
73 (1) large-scale regulatory and infrastructural action, and (2) individual conservation efforts in
74 the home and community. The former method can involve water use restrictions, pricing
75 schemes, leakage reduction/control efforts and water rates tailored to specific consumer
76 habits, as well as the installation of more efficient appliances, centralized and decentralized
77 water reuse and recycling technologies. For example, in terms of structural and technological
78 efforts to conserve water, rainwater harvesting and grey water recycling can be effective (Liu
79 et al., 2013). Centralized water purification methods circumvent many problems associated
80 with traditional means of accessing clean water, including limited groundwater reservoirs and
81 non-stationary rainfall patterns. However, water purification efforts such as desalination are
82 extremely cost ineffective, requiring large amounts of energy for a relatively small yield (Liu
83 et al., 2013). Thus, simply increasing the amount of potable water through water purification

84 efforts alone is unlikely to be a sustainable solution in all countries.

85 In terms of water pricing, past research has shown that, like most other commodities,
86 water consumption is linked to cost, such that consumption decreases as price increases
87 (Arbues et al., 2003; Campbell et al., 2004; Hoffmann et al., 2006; Olmstead and Stavins,
88 2007). However, there is some variation in terms of water usage. While water has been
89 shown to be price elastic (Hoffmann et al., 2006), measures such as increasing taxes on
90 consumption may only work in certain circumstances (Dean et al., 2016; Ghimire et al.,
91 2015). This is because water is no ordinary commodity, but rather a (life sustaining) necessity
92 and therefore relatively resistant to simple price fluctuations (Hoffmann et al., 2006; van den
93 Bergh, 2008). Further, Barrett (2004) notes that because the cost of water is so low compared
94 to other amenities in countries like Australia and the USA even relatively large price
95 increases or restructuring of water billing go unnoticed by the average consumer. Pricing
96 interventions are also politically difficult to implement and/or constrained by regulation in the
97 water industry and may not be effective in the long-term (Duke et al., 2002; Espey et al.,
98 1997; Steg, 2008). Although regulations and pricing impact water consumption, it is
99 important to consider other strategies.

100 Another way to address potential future water scarcity is through grassroots community
101 and domestic water conservation. This makes sense given the fact that in many parts of the
102 world, more water than needed is used for everyday domestic purposes (Grafton et al., 2009).
103 Moreover, even within relatively similar industrialized countries, there is dramatic variation
104 in levels of household water use, ranging from an average per capita water consumption of
105 382 liters in the USA to 110 liters in France (Grafton et al., 2009). Given the similarity of
106 lifestyles and water availability in Western countries, this highlights the potential for
107 significant water savings through changing individual behavior.

108 The purpose of this article is to review the existing evidence base on how to expand

109 domestic water conservation efforts by use of different feedback technologies (e.g. smart
110 meters and in-home consumption displays) and methods (e.g. consumption feedback)
111 designed to encourage consumers to curb their water use. Although these approaches are
112 relatively new in the domain of water consumption, but such techniques have been widely
113 applied and evaluated in the context of domestic energy use. In fact, there is solid evidence
114 for the efficacy of ‘smart’ feedback methods in managing energy use, with reductions in
115 consumption ranging from 5% to 20% (Gans et al., 2013; Houde et al., 2013; Vine et al.,
116 2013). Nonetheless, there are limitations in the knowledge base on reducing consumption via
117 smart meter feedback – chiefly in relation to the most effective feedback method, whether the
118 effect is sustained over time, as well as the costs and benefits of feedback (Vine et al., 2013).
119 Here we evaluate the existing evidence on the effectiveness of consumption feedback in
120 reducing domestic water use and identify avenues for future research. The specific objectives
121 of this paper are to:

- 122 (i) Critically review existing research on water consumption feedback to identify
123 current knowledge about the effectiveness of such feedback in reducing
124 domestic water consumption;
- 125 (ii) Draw on broader research in the application of smart metering for household
126 energy feedback to identify what is yet to be understood in the context of water
127 consumption feedback;
- 128 (iii) Based on the review, make recommendations for further research to address any
129 knowledge gaps and discuss the implications for the water industry.

130 **Using smart-meters to provide consumption feedback to consumers**

131 Conventional water meters are typically read manually in monthly or yearly intervals
132 to record water consumption for the utility company and the user. Smart-meters, on the other

133 hand, record consumption in real-time or near real-time (e.g. every hour or 15 minutes), and
134 communicate this information to the utility and consumer (Federal Energy Regulatory
135 Commission, 2013; FERC). This enables instant up-to-date information on consumption,
136 with the benefits of accurate, site-specific readings, easier and faster identification of leaks
137 and water waste, as well as greater transparency about consumption for the consumer (e.g.
138 bills based on actual rather than estimated use) (FERC, 2013). Governments and water
139 utilities are increasingly focused on the installation of smart meters, largely because smart
140 meters are expected to lead to reductions in water consumption beyond those associated with
141 conventional meters (Anda et al., 2013; Beal and Flynn, 2015; Britton et al., 2013; Lima and
142 Navas, 2012). One way that smart meters can be used to promote greater water savings is by
143 using the data recorded and transmitted by smart meters to provide more frequent and
144 detailed consumption feedback to consumers (Boyle et al., 2013; Cardell-Oliver et al., 2016).
145 However, it is critical to evaluate whether this feedback does change consumer behavior.
146 What do we know about using smart meters and feedback to reduce water consumption?

147 Given the infancy of smart-metering in the water domain, there is little research on its
148 effectiveness in managing water consumption. In a recent study, Fielding et al. (2013)
149 recruited 221 households in South-East Queensland, Australia (an area that had recently
150 experienced a prolonged severe drought), and measured the effect of giving consumers
151 tailored information obtained through 5-second, utility-specific smart-meter data. Households
152 were assigned to a control group or one of three experimental groups. The experimental
153 groups were an education only group, a social comparison and education group, and a
154 feedback group. The education only group received postcards with information on how to
155 save water. The social comparison and education group received postcards with information
156 about the percentage of comparable households involved in various water saving actions, as
157 well as information on water conservation. Finally, the feedback group received information

158 about total water use as well as that connected to different activities, as well as postcards with
159 water conservation tips. Significant differences between the control group and the
160 intervention groups emerged: the intervention groups consumed significantly less water than
161 the control group (11.3 liters, approximately 7.9% reduction). There were, however, no
162 differences between the intervention groups, and any treatment effects had decayed after a
163 year. Thus, smart meter feedback might not be more effective than other more traditional
164 (and lower cost) behavior change strategies (e.g. water saving information). However,
165 because consumers were only given feedback from smart meters at a single rather than
166 multiple time points, it is possible that continued access to smart meter data with regular
167 feedback would prevent decay effects and prompt sustained conservation efforts.

168 Erickson et al. (2012) evaluated the efficacy of the Dubuque Water Portal (DWP) – a
169 near real-time domestic water usage feedback system. During a 15-week period, smart-meters
170 logged consumption data in 15-minute intervals, which was then made available to 303
171 participating households as well as to the water utility through an online portal. The data was
172 refreshed every two or three hours and fed back to the consumer in hourly usage graphs,
173 detailing not only total household usage, but also how the given household consumption
174 compared to the neighborhood. Further, the portal included a team-based game centering on
175 water conservation, as well as chat facilities enabling participants to communicate with one
176 another anonymously. Results showed a 6.6% decrease in standard water use in the study's
177 first nine weeks when only the intervention group could access the portal. However, it is
178 important to note that most of the households were already saving water. As a result, the
179 effects of the online portal may have been muted. Still, these results indicate that, at least in
180 the short term, more frequent feedback can reduce consumption.

181 Petersen et al. (2007) fitted a high resolution consumption monitoring system in two
182 college dormitories and supplied users with comprehensive feedback through an internet

183 website in order to investigate the impact of water usage feedback combined with incentives
184 and education. The website interface allowed users to view electricity and water data
185 collected at any time, and order summary graphs for specific time-series, as well as
186 information on the environmental and financial costs of consumption. A comparison group
187 was provided with low-resolution, aggregate data readings once a week. Further, the study
188 was framed as an energy and water saving competition between and within the two study
189 groups (high- and low-resolution feedback). The group with the lowest consumption levels
190 won a prize. Thus, participants received feedback about their own consumption relative to
191 that of others.

192 Results revealed an average 3% (140 liters) decrease in water use per capita, with one
193 dormitory logging an 11% reduction. Energy savings were considerably greater: although
194 both low- and high-feedback conditions recorded an average 32% reduction, the high-
195 resolution feedback group did conserve more than the low-resolution group (55% vs. 31%).
196 In relation to water consumption, it should be noted that there was no high-resolution
197 feedback for water consumption (due to technical errors), such that participants received only
198 low-resolution water usage information. For this reason, it is likely that individuals would
199 have been less able to strategize in order to reduce their water consumption. Additionally,
200 because the study's primary focus was on energy conservation (e.g., the website name was
201 "Dormitory Energy website") it is likely that individuals would have been more focused on
202 saving energy than water. A final consideration relates to the fact that any conservation
203 behavior took place in the context of a competition with incentives for recording the greatest
204 reductions, meaning that the effectiveness of feedback might be tempered in the absence of
205 such incentives.

206 Despite the lack of real-time consumption feedback for water, 55% of participants
207 indicated that, given the opportunity, they would continue to view high resolution graphs and

208 gauges of electricity *and* water consumption on a website even after the study was over.
209 Another 45% stated that the online availability of high resolution consumption data would
210 encourage them to conserve both water and electricity, suggesting an appetite for higher
211 resolution information about one's water and energy use in order to assist conservation
212 efforts.

213 Petersen et al. (2015) conducted a two-year study using the same experimental setting
214 (i.e. an inter-dorm energy and water conservation competition) and similar population
215 (Oberlin College dormitories) as Petersen et al. (2007). Two studies – one in 2010 and one in
216 2012 – were conducted to test the effects of the smart-meter based feedback that was made
217 accessible to students through an online portal as described above. In contrast to the 2007
218 study real-time feedback for water consumption was available. Data recorded for the 2010
219 study was obtained from 107 dorms participating in the water competition (20 of which had
220 access to real-time feedback technology as opposed to weekly updates) and 471 dorms in the
221 electricity competition (160 of which had access to real-time feedback). The 2012 study was
222 larger and based on 229 dorms participating in the water competition (17 with real-time
223 feedback), and 1072 in the electricity competition (109 with real-time feedback). Results for
224 the 2010 study indicated dorm average electricity and water consumption decreases of 3.7%
225 and 5.2% (570 000 gallons), respectively. The 2012 study recorded a 3.2% decrease in
226 electricity use and a 2.5% (660 000 gallons) decrease in water use. These reductions were
227 statistically significant, and were, at least in terms of electricity usage, evident throughout the
228 20 day post-intervention period. It should be noted, however, that disentangling the water and
229 electricity savings was not possible within the study design. As such, there is no gauge of
230 how much water was conserved for its own sake as opposed to water saved as a byproduct of
231 reducing energy consumption (full loads of laundry, shorter showers, etc. save energy *and*
232 water) which was the primary focus of the study. Further, and as with the earlier study, these

233 results occurred in the context of a race to conserve energy and water and as such might not
234 reflect the pure effects of smart-meter feedback *per se*, but rather the impact of a saving
235 competition. Indeed, the authors note that the central motivation for the observed reductions
236 in consumption was related to the competition. Nonetheless, the study demonstrates the
237 potential efficacy of smart-meter based feedback in reducing consumption.

238 Most recently, Liu et al. (2016) evaluated the effects of providing 28 households in
239 New South Wales, Australia, with water consumption reports – *Home Water Updates* – based
240 on smart-meter data. The reports were mailed out twice – once for the summer season, and
241 once for the winter season. The information was of relatively high granularity, including a
242 breakdown of water consumption in liters based on fixture (faucets, shower, washing
243 machine, toilet, leaks, and outdoor) and length of use (shower) or number of times used (e.g.,
244 washing machine, toilet). The report also included information on the household’s average
245 total consumption (in liters and standard buckets of water) compared to that of the
246 neighborhood, as well as three tips to save water.

247 Overall, the results for water consumption were inconclusive. In terms of average
248 water consumption for the winter seasons, both the intervention group (N = 28) and the
249 control group (N = 29) decreased from pre- to post-intervention. The intervention group used
250 20.3% less water than at baseline while the control group curbed their use by 12.7%.
251 Between-group comparisons indicated that the control group used 8% more water than the
252 intervention group post-intervention. Looking at consumption by fixture, the intervention
253 group recorded reductions compared to the control. For the intervention group, outdoor water
254 use was 25% lower than that of the control group, while relative savings by use of washing
255 machine, shower, and toilet, comprised 24%, 15%, and 10%, respectively. However, these
256 results were not statistically significant. For the summer seasons, the intervention group
257 consumed more water on average than the control. Although water use increased for both

258 groups post-intervention, the intervention group used 12% more water than pre-intervention
259 while the control consumed only 3% more. Looking at consumption by fixture, however, the
260 intervention group saved 21% in shower use and 17% in toilet use from pre- to post-
261 intervention. However, as with the winter season data, the differences in summer season
262 water use were not statistically significant. Strictly speaking, there was no difference in water
263 use between intervention and control group across the duration of the study (Liu et al., 2016).

264 Although it is clearly tempting to use high resolution data obtained via smart meters
265 to provide real-time feedback to consumers, it is important to consider consumers' feedback
266 design preferences. However, there is limited research on this topic. Erickson et al. (2012)
267 found that around 27% of participants reported interest and openness to the portal and
268 accessed the portal at least once a week, and only 4% of the sample found the portal too
269 difficult or confusing to use. Participants valued the hourly consumption usage graphs (88%)
270 and social comparison graphs the most (66%). However, the online chat room was not widely
271 used. In addition, although the graphs did not provide appliance-level data, participants were
272 able to map their water use to their behavior and habits. Specifically, 77% of participants
273 reported increased understanding of their water consumption as a result of using the portal,
274 and 70% made valuable insights into how changes in their behavior affected consumption.

275 Petersen et al. (2015) also attempted to ascertain which feedback features participants
276 used and valued the most in the online portal. Importantly, over half of the 2010 and 2012
277 cohorts (54% and 55%, respectively) never used the website, suggesting general disinterest in
278 the feedback website. One fifth of participants, however, reported visiting the website more
279 than once per week (19% in 2010 and 20% in 2012). The majority of these felt that the
280 website was easy to use and navigate (71% in 2010 and 65.6% in 2012). They further valued
281 three types of information in particular. Approximately 92% in 2010 and 89% in 2012
282 showed interest in competition-standing among dorms, 91% (2010) and 89% (2012) viewed

283 graphs showing consumption patterns and changes for the given student's dorm, and 81%
284 (2010) and 80% (2012) valued the capacity for changing the unit of expression for resource
285 use (kWh, gallons, CO₂, \$) (Petersen et al., 2015).

286 Liu et al. (2016) found that 80-90% of their sample valued the feedback report
287 features (average consumption pie chart, end-of-use metrics, and social comparisons) as
288 interesting and useful, with 50-60% indicating that the feedback helped them save water.

289 Thus, extant research indicates a preference for feedback design that includes
290 consumption pattern and changes over time as well as social comparison features (Erickson et
291 al, 2012, Petersen et al., 2105, Liu et al., 2016). Thus, it may not be necessary to design more
292 costly appliance-level monitoring systems to produce benefits of real-time data feedback.

293 What don't we know about using smart meters and feedback to reduce water consumption?

294 At present, there is little evidence on whether smart meters and high resolution
295 feedback are effective in reducing water consumption. Thus, the knowledge base is relatively
296 limited, with a number of avenues for future research. First, gaps in the extant literature need
297 to be addressed. For example, the participants in Fielding et al.'s (2013) study had just
298 experienced a severe drought and may have been more aware of issues concerning water
299 conservation and thus more receptive to demand management strategies than in other
300 contexts. Thus, the effects of feedback in locations not prone to drought events or water
301 scarcity need further scrutiny. It is also relevant to note that most participants in past
302 research have been volunteers (Erickson et al., 2012; Petersen et al., 2007), with the result
303 that they may have been more 'water aware' than the general population. In effect, past
304 studies might have underrated the water conservation potential of various feedback
305 interventions (as participants may already have been conserving). Further research, using a
306 wider and more representative population of water consumers, is needed to clarify this
307 matter.

308 In addition to any sampling issues, there are more noteworthy unknowns. First, a
309 central concern relates to the “half-life” of feedback effects – that is, how long are such
310 effects sustained? In the studies reviewed, water use often returns to baseline levels post-
311 intervention, suggesting that the savings associated with smart meters may dissipate
312 (Erickson et al., 2012; Fielding et al., 2013). However, Fielding et al. only provided one
313 feedback once (at the start of the study), such that households were unable to use the smart
314 meter technology to its full capacity (i.e. near real-time consumption updates), despite the
315 fact that the meters were installed for 12 months. Similarly, Liu et al. (2016) only gave
316 feedback twice post-intervention. In Erikson et al.’s study, participants *did* have free access to
317 their consumption data, but the study only ran for 15 weeks. As a result, any long-term
318 impact of the intervention could not be gauged completely. Petersen et al.’s (2015) study
319 indicated a continued effect 20 days post-study, but this related only to energy, and not water
320 consumption.

321 Other unanswered questions concern the kind of feedback that is most effective in
322 changing behavior. In other words, is the provision of more frequent information about one’s
323 water consumption (i.e., daily updates versus quarterly updates via the utility bill) enough to
324 change water use? Or, is there value in the provision of comparative feedback, either in the
325 form of historical comparisons (i.e., is the individual using more or less water now than in the
326 past) or social comparisons (i.e., is the individual using more or less water than others)? At
327 present, there are no studies shedding any light on these questions as there is no research
328 (known to the authors) that has looked at mere access to high resolution data versus access to
329 high resolution *historical* data versus high resolution *social comparison* data. Fielding et al.
330 (2013) found that providing social comparison feedback or high resolution data did not
331 produce greater savings compared to providing water conservation information alone.
332 However, as established earlier, households received such information only once. Erikson et

333 al. (2012) provided households were free access to high resolution water consumption data,
334 and to information on how their usage compared to others', but did not isolate the effects of
335 the different types of feedback. In order for utilities to invest in the installation and
336 maintenance of smart meter systems, and the development of consumer portals, it is crucial to
337 show that providing consumers with more frequent access to information about their water
338 use and how they might compare to others leads to greater water savings than standard water
339 awareness campaigns. Research in the energy sector has shown decreases ranging from 5% to
340 20%, and emphasized the importance of high frequency, comprehensive and easily
341 interpretable feedback tailored to the individual consumer and accompanied by conservation
342 advice (Vine et al., 2013), but the literature in the water domain does not permit such
343 conclusions to be drawn.

344 Finally, there is also a need for a systematic examination of consumer interest and
345 engagement with consumption information disseminated through websites. As mentioned
346 previously, Petersen et al. (2015) found that just over half of the study population used the
347 study web portal once or more. This resonates with previous research on water consumption
348 feedback where the authors found that in spite of the study population's enthusiastic
349 participation in all aspects of their study, only 18% (26 of 141) visited the website once or
350 more (Schultz et al., 2014).

351 **Using In-Home Displays to provide consumption feedback to consumers**

352 Another way to provide feedback from smart meters is via in-home consumption
353 displays (IHDs). IHDs are smart-meter connected devices that can be installed anywhere in
354 the home (Strengers, 2011) and can be used to present consumers with real-time (or near real-
355 time) information on water use (e.g. by fixture and/or time of day), cost, and feedback about
356 the user's consumption over time (i.e., historical comparisons) as well as comparisons with

357 other's usage. The logic behind IHDs rests on the fact that most people lack knowledge about
358 their own water use, and how much it costs both financially and in terms of the environment
359 (Froehlich et al., 2010). As a result, more insight into how one's behavior relates to water
360 consumption – such as that presented via IHDs – may motivate behavior change and
361 conservation efforts.

362 What do we know about using IHDs to reduce water consumption?

363 In an extensive test of IHDs, Kenney et al. (2008) installed IHD devices in 10 000
364 households and tracked consumption behavior over an eight year period. The IHDs gave
365 users access to near real-time consumption data so that users could regulate consumption
366 behavior to fit their monthly water budget. Results revealed that participants used
367 significantly *more* water (16%) after the IHDs were installed. However, this increase was due
368 to the fact that consumers seemed to modify *when* they used water rather than *how much*
369 water they used to fit with variable price tariffs. Indeed, during the study period, new pricing
370 tariffs were introduced, and further analysis revealed that households decreased their water
371 consumption, but only during high peak hours. That is, the detailed consumption data
372 provided by the IHD enabled consumers to change their water use to low peak hours, thereby
373 saving money, but not water. This result might suggest that conservation efforts are driven by
374 financial rather than environmental concerns, but Kenney et al.'s research shows that, given
375 the opportunity, consumers can and do use IHDs to change consumption practices.

376 The findings from Kenny et al.'s (2008) study are complemented in a Swiss study,
377 where researchers installed IHDs in 91 household showers. The IHDs – fixed to the shower
378 wall – displayed the amount of water used in liters in real time. This intervention reduced the
379 amount of water consumed during showers with an average 18 liters per shower (22.2%
380 reduction compared to pre-intervention) over the three-month trial period. Both low and high
381 consumers at baseline reduced consumption post-intervention. The former group saved 4.9%

382 in overall water use after an initial slight increase in consumption, and the latter group saved
383 20.9% (Tasic et al., 2012). Further, in a follow-up assessment, Tasic et al. (2015) found that
384 this effect remained 12 months after the conclusion of the original study. This research thus
385 demonstrates that, in their own right, real-time IHDs have high potential in reducing water
386 consumption. However, the way that the provision of IHDs fits with other demand
387 management strategies, such as variable price tariffs (Kenney et al., 2008) and baseline
388 consumption levels (Tasic et al., 2012) to shape consumers' motivations for water
389 conservation needs to be understood.

390 Next, Froehlich et al. (2012) investigated display preferences in relation to IHDs,
391 rather than testing the impact of IHDs on water consumption. Consumers preferred
392 appliance-specific consumption information over overall consumption information (56% vs.
393 27%), and preferred to receive detailed breakdowns of hot and cold water use rather than
394 overall use (48% vs. 8%). Individuals also expressed a clear preference to be able to see
395 consumption levels at multiple levels (i.e., days, weeks, *and* months) as opposed to only a
396 single level (i.e., days or weeks or months; 65% vs. 35%). Further, consumers wanted to
397 receive information about both volume and cost of consumption, rather than either metric
398 alone (71% vs. 29%). Finally, although consumers evaluated all forms of feedback positively,
399 historical self-comparison feedback was rated highest, followed by comparison with a goal
400 and comparison with demographically similar others. Overall, consumers wanted IHDs to
401 provide detailed feedback about their water use.

402 In a slight variation on more 'traditional' IHDs, Willis et al. (2010) installed a smart-
403 meter connected alarming visual display – *the WaiTEK Shower Monitor* – in bathroom
404 showers of 44 households for three months. The devices worked by sounding an alarm once
405 water usage exceeded 40 liters. Two weeks post-installation, the average reduction in shower
406 water consumption was 15.4 liters (27%) per household. This was because individuals –

407 including those who were already conserving water – spent less time in the shower. For
408 example, the frequency of shower events greater than ten minutes decreased from 14% to
409 6.4%, and the shower head flow-rate also decreased by 10.2%. Further, Willis et al. estimated
410 that the payback period for installing the device would be 1.65 years and 3% of total city
411 consumption would be saved if the devices were installed in all homes in the region.

412 In a follow-up, Stewart et al. (2013) examined the impact of the *WaiTEK* system by
413 adding a three-month post-intervention consumption check and user evaluation to the original
414 research design. Most users reported favorable attitudes to the shower monitor. In particular,
415 88.2% indicated overall satisfaction with the technology, rating it highly in terms of
416 facilitating greater understanding of water use and increasing intentions to change behavior.
417 However, Stewart et al. found that any decreases in water consumption immediately
418 following the installation of the *WaiTEK* system had disappeared completely three months
419 later, with water use either returning to or exceeding the pre-intervention baseline.
420 Specifically, after an initial increase in shower events shorter than seven minutes (from 61%
421 to 75.6%) and a decrease in mean shower duration of 18.5%, shower duration gradually
422 increased over the next three months and was only 3.9% lower than baseline at the end of the
423 three month post-intervention period. Similarly, decreases in shower event volume and flow
424 rates (26.8% and 10% reductions, respectively) recorded shortly after installation, not only
425 rebounded to their original level, but surpassed it by 1.1% and 4.1%, respectively. Thus, the
426 *WaiTEK* system may be highly efficient in the short-term only, with most effects decaying
427 over time.

428 Other alarm-based approaches include ambient light displays, typically installed in
429 showers and at faucets. These devices are connected to simple flow-rate sensors and alert the
430 user to their level of consumption with, for example, traffic light displays (Kuznetsov and
431 Paulos, 2010) and gradually illuminating vertical LED rods that represent real-time water

432 consumption (Kappel and Grechenig, 2009). Some success has been achieved with these
433 devices, with the low installation cost, simplicity and high interpretability of the alarm
434 displays particularly valued by users (Kappel and Grechenig, 2009; Kuznetsov and Paulos,
435 2010). Overall, alarm-based devices may be useful in encouraging conservation, and benefit
436 the user in terms of immediate financial savings. This effect, however, may be short-lived
437 and decay over time, with only a single study establishing a lasting effect (Tasic et al., 2015).

438 What don't we know about using IHDs to reduce water consumption?

439 There are a number of gaps in the research base for IHDs. For example, Kenney et al.
440 (2008) and Froelich et al. (2012) note that more environmentally conscious and pro-
441 conservation individuals may volunteer for evaluation studies, so the size of the effects in the
442 broader population is unknown. In addition, given that many IHDs present information about
443 cost, as well as volume, of consumption, it is not clear which element is the key driver of
444 conservation efforts. This is particularly relevant because IHDs can be used to present
445 different types of feedback to the consumer and, indeed, this is precisely what consumers
446 want (Froehlich et al., 2012). In addition, and as noted above, potential backlash effects need
447 to be considered, because IHDs may actually increase consumption when combined with
448 variable price tariffs (Kenney et al., 2008). On this note, Tasic et al. (2012) similarly showed
449 that IHD feedback affected consumers differently depending on their baseline water usage.
450 Specifically, low consumers initially increased their water use before declining relatively
451 slightly, and high consumers reduced their water use instantly and dramatically. Finally, it is
452 important to explore how long any decreases in consumption might last. For example,
453 Stewart et al. (2013) reported that the decreases in shower use with the *WaiTEK* had
454 disappeared at a 3-month follow up but Tasic et al. (2015) found no effect decay after 12
455 months. It is apparent that longer term follow-up of effects of feedback need to be undertaken
456 more systematically.

457 **Mail-based Consumption Feedback**

458 Advances in technology, such as smart meters, can be harnessed to change water
459 usage by providing higher resolution, more frequent feedback about individuals' water
460 consumption. However, other research has tested the effect of low technology feedback
461 methods, such as mail-based feedback (Ferraro et al., 2011; Geller et al., 1983; Kurz et al.,
462 2005). Given the small evidence base on the use of smart meters, it may be informative to
463 review the insights gained from research using more traditional feedback methods.

464 What do we know about using mail-based feedback to reduce water consumption?

465 Geller et al. (1983) conducted a ten week longitudinal study of 129 households in the
466 USA to investigate the combined effect of educational instruction, consumption feedback,
467 and engineering strategies for reducing water and energy consumption. The educational
468 instruction consisted of a handbook given to participants, detailing the problems inherent in
469 wasteful water consumption, the relationship between water and energy use, and methods for
470 curbing water use in the home. The feedback component involved weekly consumption
471 graphs and daily consumption feedback cards mailed out to participants, informing them of
472 the amount of water used the preceding day, and the percentage of increase or decrease from
473 median baseline and average consumption. The engineering approach involved installing
474 water-saving devices in the household (aerators, toilet dams, etc.). Significant water savings
475 occurred only with the water saving devices, although the savings were much less than
476 expected, suggesting that people may have used *more* water post-installation. There were,
477 however, no effects of the educational or the feedback components. This failure was
478 attributed mainly to the low cost of water in general, as well as a water rating structure that
479 decreased as consumption increased. As a result, interest in saving water was limited due to a
480 lack of financial benefit.

481 Aitken et al. (1994) found more promising results for the effect of feedback on

482 residential water consumption in 321 households in Melbourne, Australia. Participants were
483 divided into three treatment groups: a *dissonance and feedback group*, which received
484 feedback cards highlighting their previously stated status as environmentally responsible
485 citizens (so that using lots of water would be inconsistent – or dissonant – with their self-
486 concept), as well as information comparing the household’s consumption with an artificially
487 low city-wide baseline; a *feedback group* that received a card detailing the household’s
488 consumption and what would be expected for a similar household; and a *control group*.
489 Results demonstrated significant decreases in water consumption for both treatment groups.
490 The *dissonance and feedback group* registered the largest decrease over time with a 4.3%
491 (326 liters) reduction in weekly water use. However, it should be noted that when households
492 were divided into high- and low-consumers (based on pre-intervention consumption), a 12%
493 (163 liters) *increase* in water consumption was recorded for low-consuming households. This
494 was thought to reflect a relaxation of conservation efforts in these households once they
495 became aware of their favorable comparison to similar others, suggesting a need to tailor
496 feedback to households. Such tendencies have also been found for energy consumption
497 (Schultz et al., 2007). Overall, Aitken et al. conclude that simply reminding people of their
498 previous pro-environmental stance (such that using water induces dissonance) along with
499 feedback about their consumption can effectively reduce domestic water consumption.

500 Kurz et al. (2005) tested the impact of information leaflets, attunement labels, and
501 socially comparative feedback on water and energy consumption in 166 households in Perth,
502 Australia over a six month period. The attunement labels comprised notes designed to be
503 attached to various appliances, each indicating the extent to which the given appliance
504 impacted on the environment. The same information was included in information leaflets
505 mailed out to the relevant households. Finally, socially comparative feedback sheets were
506 mailed out to participants as well on a biweekly basis, and contained information on

507 households' water and energy consumption in comparison to other demographically similar
508 participating households.

509 No effects were found on energy consumption, but there were differences among the
510 treatment conditions on water consumption. Specifically, the use of attunement labels, but not
511 information or social comparison feedback, was associated with a 23% decrease (>1,000,000
512 liters) in consumption from baseline levels. Thus, although the attunement labels contained
513 identical information to the information leaflets, water conservation information needs to be
514 salient at the point at which individuals make decisions about water use to be effective. This
515 resonates with research on the effectiveness of ambient light displays and alarms, which also
516 make water use salient at the point of interaction with the device (Kappel and Grechenig,
517 2009; Willis et al., 2010). However, it should be noted that, unlike Aitken et al. (1994) there
518 was no evidence to suggest that socially comparative feedback was effective in changing
519 consumption levels.

520 In a more recent test, Ferraro and Price (2013) allocated residents of a county in
521 Atlanta USA ($n =$ approx. 170000) to one of three experimental conditions: an *information*
522 *only* condition, a *weak social norms* condition, and a *strong social norms* condition. The
523 *information only* received "facts and tips" sheets on how best to reduce water consumption,
524 while the *weak social norms* condition received a letter detailing the current water crisis and
525 the importance of conserving. The *strong social norms* condition received social comparisons
526 as well as information detailing water use from the previous year. Results indicated
527 significant declines in water consumption across the three experimental groups relative to a
528 control group: Compared to the previous year, consumption declined by 8.41% in the
529 information only condition, 10.08% in the weak social norms condition, and 12.01% in the
530 strong social norms condition. This was significantly different to the reductions seen in the
531 control group (7.83%). Compared to the control condition, the declines observed in the

532 treatment groups were greater by between 7.41% and 53.38%. Further analysis revealed that
533 the effects of social norms were most pronounced for high-use households. However,
534 decreases in water consumption were greatest in the month following the intervention, after
535 which the effect decayed, particularly among high-use households. In a follow-up study
536 conducted two years later, Ferraro et al., (2011) (the original study was conducted in 2009,
537 but published in 2013) looked at consumption levels for each of the treatment groups to
538 assess any lasting impact. Results revealed a lasting effect only in the strong social norms
539 condition, with a complete decay in the weak social norms and the technical advice
540 conditions.

541 In a similar study, Tiefenbeck et al. (2013) assessed the impact of norm-based
542 consumption feedback on water use in a 154 household apartment building. The feedback in
543 this research consisted of a weekly water consumption hardcopy report, detailing the
544 household's water use in gallons per person compared to the average for the building. The
545 report also included information about the amount of water needed for everyday activities
546 (e.g. a bath requires 70 gallons of water, a five minute shower takes 10 gallons), and was
547 framed as an environmental and moral initiative. The feedback group and the control group
548 both comprised 77 households. While both groups displayed similar levels of water
549 consumption in the initial two-week baseline period, households that received the
550 intervention reduced their water consumption by 6% while there was no change in the control
551 group. Thus, similar to Ferraro et al. (2011, 2013), Tiefenbeck et al. (2013) highlight the
552 potential of using social norms to curb water consumption.

553 Similar findings were reported by Schultz et al. (2014) who conducted a study on the
554 effects of personalized normative feedback in reducing water consumption. Here, the authors
555 supplied 301 participants with either hardcopy or web-based tailored feedback. Depending on
556 condition, participants received a mix of information on consumption combined with tips to

557 save water, norm comparisons based on others in his or her neighborhood, and an indication
558 of social approval or disapproval of the norm comparison. Results indicated that norm-based
559 information alone as well as combined with social approval was related to statistically
560 significant decreases in water consumption (by 26.5% and 16.2%, respectively) relative to the
561 control group. Water saving tips, however, had no discernible effect. Similar to Tasic et al.
562 (2012), baseline consumption moderated the effects of norm-based information such that high
563 consumers were affected by the intervention more than low consumers. This moderation
564 effect disappeared, however, when the norm-based information was combined with an
565 indication of social approval (essentially replicating Schultz et al.'s 2007 findings on energy
566 consumption). Participants with strong personal norms were also less influenced by social
567 approval than those with less defined personal norms. Finally, and as stated earlier, the results
568 showed that hardcopy information was more effective than web-based information with only
569 18% of participants engaging with the web-portal over the course of the study. The authors
570 suggest that this may be due to the relatively low-tech version of their website, which lacked
571 in various interactive features, such as, for instance, "push" functions and alerts, prompting
572 users to action via smart phones and tablets. All in all, the findings by Schultz et al. (2014)
573 resonate with Tiefenbeck et al. (2013), Ferraro and Price (2011), and Ferraro et al. (2013) in
574 terms of the effectiveness of social norms based feedback. The results also fit well with
575 previous indications that baseline feedback effectiveness is dependent on baseline
576 consumption, with high consumers the most likely to be influenced by intervention (Tasic et
577 al., 2012).

578 Finally, Jeong et al. (2014) examined the effects of mail-based water and energy
579 consumption feedback in 18 residential dormitories ($N = 4700$) at Virginia Tech, USA over a
580 six week period. Three groups were formed: a *control group*; a *water-only feedback group*
581 that received a weekly water report, indicating level and per capita daily and overall water

582 consumption in gallons, as well as training in water conservation and general environmental
583 awareness information; and a *water and energy feedback group* that received this information
584 *as well as* information on energy consumption related to such water use. Results indicated
585 that the water-only feedback group used 3.69% less water compared to the control group, a
586 difference that was not statistically significant. In contrast, the water-and-energy feedback
587 group used significantly less water (7.27%) than the control group, suggesting that tapping
588 into consumers' desire to save energy might contribute to greater water savings.

589 What don't we know about using mail-based consumption feedback to reduce water
590 consumption?

591 Overall, the evidence base for the effectiveness of mail-based feedback on water
592 conservation shows relatively strong themes. Although both Geller et al. (1983) and Kurz et
593 al. (2005) found no effects of social comparison feedback on water consumption, the bulk of
594 the remaining research *did* find that feedback that incorporated social comparisons reduced
595 water consumption significantly (Aitken et al., 1994; Ferraro and Price, 2013; Tiefenbeck et
596 al., 2013; Schultz et al., 2014). Moreover, Ferraro et al. (2011) established that only the social
597 comparison condition was associated with reduced water consumption two years later.
598 Finally, Jeong et al. (2014) found that feedback about the *total cost* of water consumption
599 (i.e. water use and the associated energy use) might be most effective in reducing water
600 consumption.

601 Before considering the knowledge gaps for mail-based feedback, it is important to
602 consider how certain aspects of past research might impact on our interpretation of whether
603 feedback is effective or not. It is perhaps not surprising that most studies have been
604 conducted in areas that have recently experienced or are currently experiencing water scarcity
605 (Aitken et al., 1994; Ferraro et al., 2011; Fielding et al., 2013; Kenney et al., 2008; Kurz et
606 al., 2005; Schultz et al., 2014; Willis et al., 2010). As a result, the population may have been

607 primed to conserve, making them more responsive to the intervention strategies, and
608 lessening the significance of the drops in consumption. Alternatively, increased awareness of
609 the need to save water could mean that the population was already trying to conserve, making
610 the decreases in water use all the more significant. A preponderance of studies conducted in
611 water-stressed areas could over-estimate *or* under-estimate the true impact of feedback. One
612 clear unknown is whether feedback strategies are effective in locations that are not water
613 stressed, and a priority for future research would be to provide these tests.

614 Another unknown is how feedback strategies interact with other demand management
615 strategies, such as water pricing. Geller et al. (1983) suggested that the reason feedback was
616 not effective in reducing water consumption was because consumers had no financial
617 motivation to reduce their consumption. Similarly, Kenney et al. (2008) found that, when
618 combined with variable tariffs, consumers used consumption feedback to shift *when* water
619 was used rather than to reduce overall consumption. Thus, more research linking water
620 pricing with the impact of feedback is needed.

621 The optimal frequency of feedback and type of feedback is also unknown. In the
622 energy domain, it is generally true that feedback effectiveness increases with feedback
623 frequency (Abrahamse et al. 2005). However, whether this is true for water use is unknown.
624 Kurz et al. (2005) found that biweekly feedback did not reduce consumption but Ferraro and
625 Price (2013) found that a single dose of comparative feedback was effective in reducing
626 consumption (see also Aitken et al., 1994), and that these effects persisted two years later
627 (Ferraro et al., 2011). One possibility is that feedback is most effective when consumers can
628 set their own level of feedback, by choosing how often to access their own consumption data
629 through web-based portals (e.g., Erickson et al., 2012). In relation to the most effective type
630 of feedback, it is important to differentiate intra-individual comparison feedback (i.e. “how
631 much do I consume now compared to last year?”) from inter-individual comparison feedback

632 (i.e. “how much do I consume compared to my neighbors/similar others/efficient others?”).
633 Many of the studies reviewed involve multiple types of feedback and the effects of each type
634 needs to be tested separately to be able to make recommendations regarding which type to
635 use for which consumer/household. Table 1 presents a summary of all case studies considered
636 in this review, including the study location, design, sample size, type of feedback provided,
637 the effects on water consumption, as well as participants’ views on feedback if relevant, for
638 ease of perusal and review.

639 [INSERT TABLE 1 ABOUT HERE]

640 **Discussion**

641 The evidence base on using smart meters to provide domestic water consumption
642 feedback – or the use of feedback on water consumption more generally – is not extensive,
643 but several themes and variations do emerge. A direct and comprehensive comparison of the
644 efficacy of the different feedback methods – or indeed a synthesis of study results – is
645 difficult as the research reviewed here differs in terms of outcomes assessed and
646 measurement metrics used, sample sizes, and study methods (quantitative and qualitative; see
647 Table 1). At face value, the results are somewhat mixed. In terms of effectiveness in
648 managing water use, the available evidence suggests that feedback can reduce water
649 consumption by between 2.5% (Petersen et al., 2015) and 28.6% (Stewart et al., 2011).
650 Across all studies that found that feedback decreased water use, and reported a volumetric
651 indication of this decrease (14 out of 21 studies, not counting studies that report e.g. shower
652 time; see Table 1), the average reduction in consumption was 12.15% (SD = 8.75) (all
653 reported consumption decreases weighed equally), with the largest decrease recorded by
654 Stewart et al (2011).

655 *Effective feedback: Themes and variations*

656 Most of the 21 studies reviewed found that feedback was effective in managing
657 consumption, but three studies (Geller et al., 1983; Kurz et al., 2005; Liu et al., 2016) found
658 that feedback had no effect on water consumption, and one study reported a 16% increase in
659 consumption as a result of feedback (Kenney et al., 2008). Thus, nearly one fifth of the
660 studies reviewed ($n = 4$) do not appear to support the effectiveness of feedback. Liu et al.
661 (2016) used a considerably small sample of 68 households, which may account for the lack of
662 statistical significance in their findings. Geller et al. (1983), Kenney et al. (2008) and Kurz et
663 al. (2005) used large sample sizes and looked specifically at the impact of feedback on
664 consumption, but the lack of effects might reflect the low salience delivery method of the
665 feedback (Kurz et al., 2005), a moderating effect of low water prices and billing structures
666 conducive to overuse (Geller et al., 1983; Kenney et al., 2008), or the absence of *total*
667 *consumption* information; that is, the energy use associated with water use (Jeong et al.,
668 2014). Although these studies seem to undermine the value of feedback in reducing water
669 consumption, such results may not reflect the effectiveness of the feedback in and of itself,
670 but rather the influence of other variables (see Figure 1).

671 Other factors that might determine the effectiveness of feedback include how the
672 intervention is framed and the willingness of consumers to engage with the demand
673 management strategy. Although the use of an engaged and motivated population could be
674 considered a threat to the broader generalizability of feedback-based interventions, this might
675 also flag the need to prepare and motivate any population to use and engage with intervention
676 measures and technology for maximum effectiveness. Moreover, given the fact that the
677 majority of past research has been conducted in contexts facing water scarcity or drought, the
678 positive effects of feedback identified are over and above any measures taken by
679 governments or water authorities to manage demand during periods of water stress (e.g. water
680 restrictions, awareness campaigns). Thus, feedback does seem to add value to more

681 established methods of promoting conservation.

682 The nature and delivery of the feedback as well as the attributes of the audience are
683 also crucial. Social and historical comparisons were used effectively in mail-based (Aitken et
684 al., 1994; Ferraro et al., 2011; Schultz et al., 2014; Petersen et al., 2015), smart-meter
685 (Erickson et al., 2012) and IHD feedback studies (Froehlich et al., 2012). High-granular and
686 frequent (near real-time) data feedback, as well as easy-to-read consumption graphs and
687 statistics on both volume and price featured as valuable consumer information sources, as did
688 appliance-level feedback (Erickson et al., 2012; Froehlich et al., 2012; Geller et al., 1983;
689 Kenney et al., 2008; Petersen et al., 2007, 2015). Finally, information on how to use the
690 feedback to cut down on consumption was also a valued and effective measure (Erickson et
691 al., 2012; Ferraro et al., 2011; Fielding et al., 2013; Froehlich et al., 2012). Thus, most of the
692 evidence on consumer preference in terms of the format of consumption feedback indicated
693 detailed time-series data about cost and consumption, social and historical (self) consumption
694 comparisons, appliance-level feedback, and guidance on how to use that feedback to manage
695 water use. Given the potential cost of collecting, processing and feeding back information in
696 several different ways, selecting a few feedback designs may be prudent to balance cost and
697 benefit. As indicated in the work of Ferraro and Price (2013), Ferraro et al. (2011), Erickson
698 et al. (2012), Tiefenbeck et al. (2013), Schultz et al. (2014), and Petersen et al. (2015), social
699 and historical comparison graphs and data are perhaps most valued and effective in curbing
700 consumption, highlighting these functions as potential core feedback methods in both mail-
701 based and high-tech feedback formats.

702 In terms of delivery methods, the immediacy of feedback appears to be related to its
703 effectiveness. That is, engaging the consumer at the point of use (e.g., at the fixture) yielded
704 some of the most promising effects overall with large effect sizes recorded in studies on
705 consumption alarms (e.g. 27% reduction in water use; Willis et al., 2010; 22% in Tasic et al.,

706 2012 and Tasic et al., 2015) and attunement labels (23% reduction in water use; Kurz et al.,
707 2005), although the persistence of such effects is yet to be determined (Stewart et al., 2013).
708 In the context of the increasing pervasiveness of online technology in everyday life, it is also
709 important to note the studies that indicated a relatively low level of participant engagement
710 with web-portals and other online systems of feedback (Schultz et al., 2014; Petersen et al.,
711 2015).

712 The way in which consumers respond to feedback appears to be dependent on current
713 consumption levels: high-users react more positively to feedback than low-users, who either
714 increase consumption, or remain at the same level of use (Aitken et al., 1994; Ferraro et al.,
715 2011; Tasic et al., 2013; Schultz et al., 2014). There is also evidence that presenting *total*
716 *costs* of water consumption by, for example, including related energy use, maximizes
717 feedback effectiveness (Jeong et al., 2014). Thus, feedback information that is comprehensive
718 and tailored to specific populations or even individuals is needed. Online portals could be
719 adapted to include information about the total cost of consumption and to change as a
720 function of specific user consumption levels and other relevant information (e.g. socio-
721 demographics, geographical region, city vs. country, etc.). Figure 1 outlines the way in which
722 feedback method (i.e., web portal, IHD, mail) and feedback type (i.e., real-time consumption,
723 self or historical comparison, social comparison) fit together to influence water use, as well as
724 factors that might enhance or attenuate the impact of feedback on consumption.

725 INSERT FIGURE 1 ABOUT HERE

726 *Recommendations for Future Research*

727 In the context of any synthesis of results, it should be noted that the current review is
728 based on relatively few studies, and that there are a number of gaps in the knowledge base
729 that should be considered in future research. In light of the research reviewed, these gaps
730 include, but are not limited to the following questions:

731 *For whom does feedback work?*

732 Most studies draw upon volunteer samples. However, it is unclear whether these
733 samples are representative of the wider population, or consist primarily of people who are
734 particularly environmentally minded, and thus more responsive to feedback. Research to date
735 has also been conducted in only a few countries (e.g., the USA, Australia, Austria, and
736 Switzerland) and research in other locations is needed to check the generalizability of any
737 effects. Moreover, even within studies, there is evidence that the feedback is differentially
738 effective for different types of consumers (i.e., low and high consuming households).

739 *How does feedback work?*

740 It is also unclear as to the exact mechanisms and channels through which feedback
741 changes behavior. For example, is there a minimum or maximum amount of data/information
742 that needs to be presented to the consumer to change behavior? What type of feedback is
743 most effective (e.g. absolute consumption or consumption relative to other consumer)? What
744 is the best means/media (e.g. smart phone, TV, specialized water company display) and
745 format (tables, charts, other) for delivering water consumption information to the consumer?
746 More qualitative research is required to understand these issues fully.

747 *When does feedback work?*

748 The way in which the price of water moderates the effect of feedback needs to be
749 investigated (see Kenney et al., 2008). Also, given that many uses of water also involve the
750 consumption of energy (e.g., showering, laundry, dish washing), it is important to investigate
751 further whether water consumption feedback is more effective when it also provides
752 information on energy consumption (Jeong et al., 2014; Petersen et al., 2015).

753 *How long do feedback effects last?*

754 Most studies are conducted over relatively short time-frames, with evidence of both
755 post-intervention decay effects (Ferraro et al., 2011; Keppel & Grechenig, 2009; Stewart et

756 al., 2013), and lasting effects (Geller, 1983; Kurz et al., 2005; Tasic et al., 2015). However,
757 over half of the reviewed studies (N = 12) report no post-study evaluations. Thus, the long-
758 term effects are largely unknown. To this end, longitudinal research could be valuable in
759 establishing the long-term effect of feedback.

760 *How does feedback compare with other demand management strategies?*

761 It is also important to consider how different feedback methods compare in terms of
762 cost and benefit and ease of use. That is, are the water savings associated with smart-meter
763 related feedback greater than the water savings associated with more traditional demand
764 management strategies such as awareness campaigns or the provision of water-saving
765 devices? And are the water savings large enough to justify the additional investment needed
766 to install, maintain, and monitor the devices, as well as the investment in developing web-
767 based portals or applications that allow consumers easy access to their consumption data? To
768 date, no research has investigated these questions, highlighting the need for carefully
769 designed research experiments to robustly establish the relationship between a multitude of
770 potential factors affecting feedback design and reductions in water use.

771 *Recommendations for Implementation*

772 On the basis of our review, consumption feedback can be used effectively to reduce
773 water consumption, but is most efficient in curbing water use when it:

- 774 (i) is delivered at the point of use, such as in the form of attunement labels or ambient
775 light displays.
- 776 (ii) includes high-granular time-series data of cost and consumption, social and historical
777 (self) consumption comparisons, as well as appliance-level feedback.
- 778 (iii) is tailored to the household, particularly in terms of high- vs. low-users.
- 779 (iv) is delivered with water saving advice, detailing how to use the feedback to manage
780 consumption.

781 *Considerations for the water industry*

782 The potential advantages of developing and investing in smart meter technology
783 center on better overall management of water consumption, more environmentally
784 responsible consumption, more effectively managed water systems (with reduced leakage,
785 energy use and carbon footprint and other benefits), lower cost for both provider and user,
786 and more sustainable charging systems (Oracle, 2009; Wessex Water, 2013). While the
787 evidence generally supports the potential of providing feedback to consumers via smart
788 meters, implementing the recommendations of the review is not without challenges for the
789 water industry. A mass roll-out of smart meter technology is a potentially costly affair in the
790 short term in terms of equipment development, the difficulties associated with installation
791 and measurement, the need for enhanced training of personnel, as well as infrastructure
792 design and data management and data privacy issues (Boyle et al., 2013; Giurco et al., 2010;
793 Ockenden, 2014; Oracle, 2009). In addition, the potential disadvantages of reduced demand
794 for water need to be considered, such as negative impacts on water quality associated with
795 reduced flow velocities through the water distribution network. Further, as indicated above,
796 there are several gaps in knowledge on the specific mechanisms and implementation methods
797 that facilitate the most effective smart meter technology and its use by consumers (see also
798 Boyle et al., 2013). More research is needed to map out the most effective types of
799 technology, the best way to implement it, and the most efficient user training methods for
800 both consumer and industry.

801 Although the main advantage of smart meter technology appears to relate to
802 facilitating lower consumption on the household side, wider scale implementation can also
803 provide benefits for water utilities on the water supply system side. Such benefits include the
804 potential for more accurate water rates, greater ease of identifying and dealing with leaks in
805 the water distribution network and inside customers' premises, and better adaptability of

806 water and information systems to keep up with population growth and demand management
807 (Boyle et al., 2013; Oracle, 2009; Cardell-Oliver et al., 2016). Further benefits of smart
808 metering for water utilities include: energy savings, reductions in carbon footprints (due to
809 less water being pumped into water systems), reductions in the consumption of treatment
810 chemicals (due to reduced water consumption and leakage), the reduction of environmental
811 impacts due to lower pressure on natural resources, an increase in capacity of water utilities
812 to maintain the performance standards, and the deferral of capital costs for infrastructure
813 expansions (Ockenden, 2014; Oracle, 2009). The reductions in maintenance, service and
814 operations costs associated with smart meter water management also comprise a considerable
815 advantage over the water industry status quo. Further, when acknowledging those benefits
816 that cannot be quantified in straightforward economic terms – such as environmental
817 responsibility and mitigation of a global decreasing water supply – the advantages of such
818 technology mitigate the short-term expense shouldered by government and water industry.

819 Finally, deploying smart water metering also has the potential to provide for
820 significantly improved customer experience (Boyle et al., 2013). This has become
821 increasingly important as regulators provide financial rewards for water utilities delivering
822 high customer service quality. Information provided by smart metering technology could
823 improve the quality of customer service by allowing customers to understand their actual
824 consumption in real time, by providing high consumption and leak alerts, and by allowing
825 customers to actively control their consumption.

826 **Conclusion**

827 This paper has surveyed and reviewed the current evidence base as to the
828 effectiveness of consumption feedback in managing water use, with a particular focus on
829 recent technologies, such as smart-meters and IHDs. Overall, there is promise in the use of
830 such technologies to inform and educate consumers to reduce consumption. This has been

831 achieved in most of the reviewed studies through the provision of more detailed, frequent and
832 immediate consumption information delivery. Specifically, the included studies that report a
833 positive effect on water consumption (i.e. 17 of 21 studies) indicate reductions between 2.5%
834 and 28.6%, with an average of 12.15% (SD = 8.75). Thus, the overall potential of smart-
835 meter technology to curb domestic water use is clear. However, more research is needed to
836 determine the most effective type of feedback in terms of information content and
837 granularity, delivery frequency and medium. Further, the effect of extraneous factors, such as
838 water pricing and user demographics upon consumer responses to water use feedback
839 requires further exploration. To this end, the review has identified several limitations and
840 gaps in knowledge, all of which represent important avenues for future investigation, and has
841 considered the implications of the findings of the review for the water industry.

842

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Table 1
Empirical studies assessing water consumption feedback type, value and behavioural impact

Author (year)	Country	Research design & length	N	Feedback type (technology)	Participant rated value of feedback type	Effect on water consumption	Length of effect
1. Aitken et al. (1994)	Australia	Pre/post (3 mths)	490	Social comparison & cognitive dissonance (mail-based)	--	Decrease in high consumption households (4.3%)	No data available
2. Erickson et al. (2012)	USA	Pre/post (15 wks)	303 (households)	Social comparison, consumption feedback (smart-meter/web portal)	Hourly consumption graph & social comparison most valued.	Decrease (6.6%)	No data available
3. Ferraro & Price (2013)	USA	Pre/post (4 mths)	Approx. 170000	Information, social comparison, historical comparison (mail-based)	--	Decrease (8.41%-12%; m = 10.21).	See row below
4. Ferraro et al. (2011)	USA	Post (2 yrs)	106872	Information, social comparison, historical comparison (mail-based)	--	--	Total decay in all conditions but one (social comparison)
5. Fielding et al. (2013)	Australia	Pre/post (18 mths)	221 (households)	Conservation education, social comparison and/or tailored end-use consumption feedback (smart-meter)	--	Decrease (7.9%)	Total decay < 12 months post study
6. Froelich et al. (2012)	USA	Survey (NA)	671	Consumption feedback by individual fixture, goal, historical and social comparison (smart-meter/IHD)	Individual fixture feedback and high granularity data most valued.	--	No data available
7. Geller et al. (1983)	USA	Pre/post (3 mths, 2wks)	129 (households)	Educational instruction, installation of water saving devices, consumption feedback, (mail-based)	--	Decrease with water saving devices only (exact value not supplied); no effects of education or feedback	37% had installed device two months post study.
8. Jeong et al. (2014)	USA	Pre/post (5 wks)	18 residential halls	Water and energy consumption feedback (mail-based)	--	Decrease (7.27%)	No data available
9. Kappel & Grechenig (2009)	Austria	Pre/post (3 wks)	4 (households)	Visual consumption feedback (IHD)	LED-rod valued and intuitive	Decrease in shower water consumption of 10 liters/day/household	Total decay post study
10. Kenney et al. (2008)	USA	Pre/post (8 yrs)	10000 (households)	Consumption feedback (smart-meter/IHD)	--	Increase (16%)	No data available
11. Kurz et al. (2005)	Australia	Pre/post (5 mths)	166 (households)	Information, attunement labels, social comparison (mail-based)	--	Decrease for attunement labels only (23%)	Decrease sustained six weeks post study.
12. Kuznetsov & Paulos (2010)	USA	Pre/post (3 wks)	11	Ambient 'traffic-light' faucet display, LED consumption graph shower display	Light displays valued, but suggestions for intuitive design	Decrease in average shower time (30%)	No data available

13. Liu et al. (2016)	Australia	Pre/post (10 mths)	68 (households)	Consumption feedback by fixture, social & self comparison (mail-based)	improvements 80-90% of participants valued feedback and perceived it as relevant/motivating	No significant decrease	N/A
14. Petersen et al. (2007)	USA	Pre/post (7 wks)	Oberlin college dormitories	Consumption feedback, education (smart-meter/web portal)	Real-time consumption data most valued	Decrease (3%)	No data available
15. Petersen et al. (2015)	USA	Pre/post (7 wks)	Oberlin college dormitories	Consumption feedback, education (smart-meter/web portal)	--	Decrease (2010: 5.2%; 2012: 2.5%)	No data available
16. Schultz et al. (2014)	USA	Pre/post (6 wks)	301 (households)	Social comparison, social approval, water saving tips (mail- and web-based)	--	Decrease (16.2-26.5%; m = 21.35%)	No data available
17. Stewart et al. (2013)	Australia	Longitudinal (7mths)	44 (households)	Consumption feedback (smart-meter/IHD)	97.1% of participants valued the technology and would continue to use it	Decrease (28.6%)	Total decay three months post study
18. Tasic et al. (2012)	Switzerland	Pre/post (3 mths)	91 (households)	Consumption feedback (smart-meter/IHD)	--	Decrease (22.2%)	N/A
19. Tasic et al. (2015)	Switzerland	Post (12 mths)	50 (households)	Consumption feedback (smart-meter/IHD)	--	Decrease (22%)	Decrease sustained at 12 months
20. Tiefenbeck et al. (2013)	USA	Pre/post (10 wks)	154 (households)	Social comparison (mail-based)	--	Decrease (6%)	No data available
21. Willis et al. (2010)	Australia	Pre/post (5 mths)	151 (households)	Consumption feedback (smart-meter/IHD)	--	Decrease in 10-minute shower events (7.6%); increase in <40ltr shower events (19.4%); decrease in shower flow rates (10.2%)	Total decay three months post study (Stewart et al., 2013)

List of Figures

Figure 1: The main smart-meter methods and types as well as factors potentially moderating the impact on consumption.

