

1 **Observed trends in the magnitude and persistence of**

2 **monthly temperature variability**

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13 **Abstract**

14 Climate variability is critically important for nature and society, especially if it increases in amplitude
15 and/or fluctuations become more persistent. However, the issues of whether climate variability is
16 changing, and if so, whether this is due to anthropogenic forcing, are subjects of ongoing debate.

17 Increases in the amplitude and persistence of temperature fluctuations have been detected in some
18 regions, e.g. the North Pacific, but there is no agreed global signal. Here we systematically scan
19 monthly surface temperature indices and spatial datasets to look for trends in variance and
20 autocorrelation (persistence). We show that monthly temperature variability and autocorrelation
21 increased over 1957-2002 across large parts of the North Pacific, North Atlantic, North America and
22 the Mediterranean. Furthermore, (multi)decadal internal climate variability appears to influence

23 trends in monthly temperature variability and autocorrelation. Historically-forced climate models do
24 not reproduce the observed trends in temperature variance and autocorrelation, consistent with the
25 models poorly capturing (multi)decadal internal climate variability. Based on a review of established
26 spatial correlations and corresponding mechanistic ‘teleconnections’ we hypothesise that observed
27 slowing down of sea surface temperature variability contributed to observed increases in land
28 temperature variability and autocorrelation, which in turn contributed to persistent droughts in
29 North America and the Mediterranean.

30 **Introduction**

31 While the magnitude of long term change in the climate is important, society and ecosystems are
32 particularly sensitive to climate variability and its extremes. In this study we set out to explore
33 observed trends in the magnitude and persistence of climate variability. These are of interest from
34 both a social and an ecological perspective. The magnitude of climate variability clearly affects the
35 magnitude of social¹ and ecological² impacts, but so too can the persistence (or time correlation) of
36 variability. This is true not just because a longer event accumulates more impacts, but also because
37 it can have impacts greater than the sum of its parts. For instance, a long heat wave can have greater
38 impacts on human mortality than the sum of individual hot days³, and multi-year droughts can have
39 greater agricultural economic impacts than the sum of individual dry years⁴. Persistent drought and
40 its impact on agriculture and food prices can in turn contribute to social unrest⁵. In ecology, time-
41 correlated disturbance affects the magnitude of ecosystem change^{6,7} and the possibility that
42 ecosystems are pushed across tipping points for irreversible change^{7,8}. Furthermore, trends in
43 variance and temporal correlation can help to diagnose important underlying changes in the
44 ‘resilience’ of parts of the climate system – meaning the strength of restoring negative feedbacks. In
45 particular, a combined increase in autocorrelation and variance are a signal that restoring negative
46 feedbacks in a system are getting weaker (i.e. declining resilience), and they may also indicate (in
47 extreme cases) an approach to a bifurcation-type ‘tipping point’⁹⁻¹¹.

48 Existing work has sought to address whether temperature variability is changing at the global scale
49 due to climate change¹²⁻¹⁴, but with no firm conclusion as yet. Inter-annual temperature variability
50 has increased in some regions but decreased in others¹³. However, several published calculations of
51 changes in variability are biased by normalising to a fixed reference interval¹⁵. Trends in the
52 persistence of temperature variability, as measured by e.g. changing lag-1 autocorrelation, are
53 generally less studied. One exception is recent work showing a marked slowing down of inter-
54 monthly sea surface temperature variability in the North Pacific⁷, comprising increases in both
55 autocorrelation and variance. Here we seek to extend previous global analyses that examined
56 variance in annual mean temperature data^{12,13}, by studying monthly temperature data for trends in
57 lag-1 autocorrelation as well as variance (measured as standard deviation). This also extends
58 previous regional analysis⁷, of monthly sea surface temperature data and the Pacific Decadal
59 Oscillation index, to other regions and climate indices. Wherever possible we seek to avoid the
60 biasing caused by normalising to a fixed reference interval¹⁵.

61 Our analysis focuses on monthly mean temperature datasets with the seasonal cycle and long-term
62 warming trend removed (see Methods). The longest temperature records come from regions with
63 early weather stations and early ship-borne thermometer measurements – with the best data
64 coverage over the oceans in the North Atlantic and North Pacific where there have been regular ship
65 routes, especially since the 1950s. Here we focus on the well-characterised interval of the ERA-40
66 atmospheric reanalysis¹⁶, 1957-2002 (a focus of previous global inter-annual temperature analysis¹³).
67 Several different temperature reconstructions exist over this interval and we seek to compare these
68 to check the robustness of our results. We pay particular attention to Northern Hemisphere ocean
69 regions, corresponding climate indices, and those parts of the land surface they are known to
70 influence.

71 The paper is organised as follows: First we examine trends in autocorrelation and variance in
72 Northern Hemisphere climate indices. Then we consider whether existing historically forced model

73 runs reproduce these trends. Next we analyse the spatial pattern of observed autocorrelation and
74 variance trends in monthly temperature data. Finally we review existing studies in an attempt to
75 mechanistically link some observed trends in the persistence of ocean surface temperature
76 variability to observed extreme events on land.

77 **Results**

78 **Northern Hemisphere climate indices.** We started by analysing climate indices that have been
79 derived from the dominant spatial patterns of variability in Northern Hemisphere sea surface
80 temperature data, specifically the Pacific Decadal Oscillation (PDO), the Atlantic Multi-decadal
81 Oscillation (AMO), and the Atlantic Tripole. The latter represents the lagged response of ocean
82 surface temperatures to the dominant mode of North Atlantic pressure variability, the North Atlantic
83 Oscillation (NAO), which we also analyse for completeness (noting that atmospheric pressure
84 variability has far less memory – i.e. much lower autocorrelation – than sea surface temperatures).

85 We find consistent trends in the character of fluctuations in the chosen climate indices (Figure 1).
86 Standardising the interval of comparison to the ERA-40 reanalysis¹⁶ interval 1957-2002 (Figure 1),
87 relative to longer original datasets (Figures S1-S5), has little qualitative effect on the results
88 (compare Figure 1 and Figure S5), with the exception that variance in the PDO index increases more
89 markedly over 1957-2002 than over 1948-2016 (as an interval of high initial variance is removed).
90 The signs of the autocorrelation and variance trends are generally robust to choice of filtering
91 bandwidth and sliding window size used in the analysis, although their magnitude varies (Figure 1,
92 Figures S5-6). Over 1957-2002 (Figure 1, Figure S6, Table 1), the PDO index shows a strong increase
93 in autocorrelation (median Kendall $\tau=0.84$) and variance ($\tau=0.68$), as examined previously⁷. The AMO
94 index shows increases in both autocorrelation ($\tau=0.47$) and variance ($\tau=0.53$). The Atlantic tripole
95 index also shows increases in both autocorrelation ($\tau=0.36$) and variance ($\tau=0.61$), whereas the NAO
96 index shows no overall trend in autocorrelation ($\tau=0.04$) and a strong decline in variance ($\tau=-0.68$).

97 To establish whether these trends in autocorrelation and variance are significant we test against a
98 null model of 1000 time-series of surrogate data with the same frequency spectrum (see Methods).
99 Over 1957-2002 (Figure 1), the increase in autocorrelation in the observed PDO index is the most
100 significant, with 100% of the trends from different filtering bandwidth-sliding window combinations
101 significantly different to those from the null model. 91% of the increasing variance trends in the PDO
102 index are significant. For the increases in autocorrelation and variance in the AMO index, 46% and
103 56% respectively of the trends are significant. For the increases in autocorrelation and variance in
104 the Atlantic Tripole index 30% and 67% respectively of the trends are significant. For the decline in
105 variance in the NAO index 87% of the trends are significant.

106 Interestingly, when shortening the interval in which autocorrelation and variance trends are
107 calculated to 22.5 years (half the 1957-2002 series) and varying the timing of that 22.5 year interval,
108 the sign of calculated autocorrelation and variance trends can vary (Figure 2, Figures S7-S8). The
109 PDO autocorrelation trend is strongly positive initially, weakens then strengthens again, whereas the
110 PDO variance trend starts weakly positive, switches to weakly negative then recovers to strongly
111 positive. The AMO autocorrelation trend is generally positive but weak and fluctuates in strength
112 with a ~15 year period. The AMO variance trends switches from strongly negative to strongly
113 positive then back to strongly negative, in antiphase with the index itself – indicating that an interval
114 of negative AMO is associated with increasing short-term variability of North Atlantic SST
115 fluctuations. The Atlantic Tripole autocorrelation trend switches between positive and negative on a
116 ~15 year period (somewhat similar to AMO autocorrelation trends). The Atlantic Tripole variance
117 trend is more predominantly positive but follows a similar pattern. The NAO autocorrelation trend
118 switches from negative to positive roughly in phase with the overall negative to positive shift in the
119 index itself, whereas the variance trend is initially strongly negative, switches to positive then
120 returns to strongly negative.

121 Whilst some of the (multi)decadal variability in autocorrelation and variance trends could occur by
122 chance in a red-noise system (due to finite sampling), the results (Figure 2, Figures S7-S8) also
123 suggest that the low-frequency internal modes of climate variability themselves may cause changes
124 in the autocorrelation and variance of shorter-term fluctuations. This seems mechanistically
125 plausible if, for example, a shift within a mode of variability is accompanied by systematic regional
126 changes in wind strength and/or ocean mixed layer depth, which affect the decay rate of sea surface
127 temperature fluctuations¹⁷. Despite the decadal variability in autocorrelation and variance trends
128 there are still overall positive trends over the full 1957-2002 interval, especially in the PDO index
129 (which also shows increasing autocorrelation and variance over longer intervals⁷), leaving open the
130 possibility of a forced component to such longer term trends.

131 **Model historical simulations.** To examine further whether any anthropogenic forced component is
132 apparent in observed autocorrelation and variance trends, we analysed fluctuations in the AMO and
133 PDO indices simulated by nine climate models from the CMIP5 database over the same historical
134 interval 1957-2002 (see Methods). The results (Figure 3, Table 2) show generally weak and mixed
135 autocorrelation and variance trends in the modelled AMO and PDO indices, as may be expected by
136 chance (without a strong forced component). None of the models reproduce the strength of positive
137 trend in autocorrelation in the observed AMO index (median $\tau=0.47$), although one model (GISS-E2-
138 H) produces a comparable positive trend in variance ($\tau=0.58$) to the observations ($\tau=0.53$). None of
139 the models reproduce the strength of positive trends in autocorrelation ($\tau=0.84$) and variance
140 ($\tau=0.68$) seen in the observed PDO index, and only one model (HadGEM2-ES) produces robustly
141 positive trends in both autocorrelation ($\tau=0.48$) and variance ($\tau=0.54$) in its modelled PDO index.

142 Thus, there is no consistent signal of an anthropogenic forced trend in either autocorrelation or
143 variance in either the AMO or PDO as simulated across these model runs. This could be because the
144 models fail to respond to forcing correctly. The models are known to be of varying quality in their
145 ability to capture internal (multi)decadal variability and in no case would the timing of low-frequency

146 variability be expected to match the real system because these are not data-assimilated model runs.
147 Hence given the small number of model realisations, the results are consistent with the
148 interpretation that historical trends in autocorrelation and variance in the climate indices are
149 influenced by (multi)decadal internal variability of the climate system. The fact that there are
150 significant long-term positive trends in autocorrelation and variance in the observations (Figure 1),
151 most strongly for the PDO index, but also in the AMO and Atlantic Tripole indices, leaves open the
152 possibility that there is a forced component to these trends which the models are failing to capture.

153 **Spatial trends in persistence and variance.** Having established that there have been some long-term
154 trends in autocorrelation and variance of key Northern Hemisphere climate indices as well as
155 (multi)decadal modulation of those trends, we considered the spatial pattern of trends in
156 autocorrelation and variance. For this we analysed the HadCRUT4¹⁸ and GISTEMP¹⁹ surface
157 temperature datasets and the atmospheric reanalysis dataset ERA-40¹⁶ again over the common
158 interval 1957-2002. Whilst the two temperature datasets come as anomalies relative to a baseline
159 period, which can bias estimates of variance outside of the reference period¹⁵, the reanalysis dataset
160 comes in absolute values allowing us to remove a running mean and thus avoid biasing the variance
161 estimates¹⁵.

162 The analysis of spatial temperature data over 1957-2002 shows somewhat different global spatial
163 patterns of trends for either autocorrelation or variance across different datasets, but also large
164 regions of agreement (Figure 4). Focusing on the HadCRUT4 regions (where there is good raw data
165 coverage), the different datasets agree that autocorrelation increased across large parts of the North
166 Pacific, the North Atlantic, North America, and the Mediterranean, and in the Arabian Sea. They
167 agree that variance increased in broadly the same regions, with the increase in variance being more
168 widespread (than increasing autocorrelation) across the North Atlantic and Europe. (The spatial
169 pattern of change in inter-monthly temperature variance is also broadly similar to the previously
170 published pattern of change in inter-annual temperature variability¹³).

171 Within individual temperature datasets, there are thus typically consistent increases in both
172 autocorrelation and variance across large parts of the North Pacific, North America, in a SW-NE band
173 across the North Atlantic, and through the Mediterranean (Figure S9). In other regions, e.g. much of
174 Siberian Russia, there are consistent decreases in autocorrelation and variance. Within each dataset
175 there are also cross-over regions with inconsistent trends in autocorrelation and variance. Trends in
176 autocorrelation and variance are thus not related globally in a systematic way.

177 Examining the strength of the autocorrelation and variance trends in each dataset (Figure 5), the
178 strongest increasing trends in variance and autocorrelation (i.e. 'slowing down') are typically around
179 30-40°N in the North Pacific, in a SW-NE band across the North Atlantic, in a SW-NE band across
180 North America, and in the central Mediterranean. The North Pacific and North Atlantic spatial signals
181 are broadly consistent with the increasing autocorrelation and variance trends seen in the PDO,
182 AMO and Atlantic Tripole indices. Tests for significance of the spatial trends (see Methods) suggest
183 they are significant at the 90% confidence level in many places, including the increasing
184 autocorrelation and variance across SW-NE North America and in the Mediterranean.

185 We also analysed HadCRUT4, GISTEMP¹⁹ and the ERA-Interim²⁰ reanalysis over its interval 1979-
186 2015. The spatial results (Figure S10) show an overall shift toward more negative trends in
187 autocorrelation and variance compared to the earlier overlapping interval (1957-2002), although
188 some regions, e.g. in the NE Pacific, show strong increases in both autocorrelation and variance.
189 Such (multi)decadal variability in autocorrelation and variance trends, particularly in the North
190 Atlantic sector, is consistent with the behaviour seen in aggregate climate indices (Figures 2, S8). The
191 persistence of positive autocorrelation and variance trends in the North Pacific region is also
192 consistent with results for the PDO index (Figure S1) and previous work⁷.

193 **Discussion**

194 The very limited ‘memory’ of the atmosphere (e.g. limited heat capacity of the planetary boundary
195 layer) and the limited memory of the land surface (linked to its water holding capacity) suggest that
196 much of the persistence of inter-monthly temperature fluctuations over land must be linked to the
197 large heat capacity, long-timescale dynamics, and associated long memory of the ocean²¹. Much
198 previous work has linked the sign and magnitude of SST fluctuations in particular regions of the
199 ocean to the incidence and magnitude of extreme events on land, including meteorological
200 drought^{22,23}. Where such remote causal teleconnections have been established, one might intuitively
201 expect that the persistence of SST fluctuations in the relevant ocean regions would influence the
202 persistence of tele-connected (causally linked) extreme events on land. Furthermore, we may expect
203 the amplitude and duration of extreme events to be positively correlated, as is seen for El Niño and
204 La Niña events²⁴. Having detected positive trends in autocorrelation and variance in SST fluctuations
205 and corresponding climate indices over 1957-2002, we suggest that these are linked to detected
206 positive trends in autocorrelation and variance in land temperatures in regions where there are
207 established spatial correlations and associated mechanistic ocean-land teleconnections. In particular
208 we focus on the North Pacific and North Atlantic ocean regions and their influence on the North
209 American and Mediterranean land regions. First we discuss the ocean regions before turning to the
210 land regions.

211 Our results show that monthly temperature variability and autocorrelation increased over 1957-
212 2002 across large parts of the North Pacific and North Atlantic, and in the corresponding PDO and
213 AMO indices. Spatially, where the trends in autocorrelation and variance have the same sign this can
214 be interpreted as a change in system timescale (either ‘slowing down’ or ‘speeding up’). Where they
215 have opposing signs alternative explanations are required, for example changes in ocean mixed layer
216 depth and associated heat capacity may be expected to cause opposing changes in autocorrelation
217 and variance^{7,25,26}. We find evidence of slowing down of SST variability over 1957-2002 across large
218 parts of the North Pacific and North Atlantic, which could be described as a loss of resilience (a
219 weakening of restoring negative feedbacks). More recently, these autocorrelation and variance

220 trends have weakened or reversed in the North Atlantic, whereas they are more consistently
221 positive over time in the North Pacific.

222 Turning to the North American land region, previous work has linked SST variability including ENSO,
223 the PDO and AMO to the spatial pattern and frequency of drought conditions across North
224 America^{23,27,28}. For example, multiyear droughts in the 1950s and at the turn of the 21st century have
225 been attributed to SST forcing²⁸ and since the mid-1990s shifts in the PDO and AMO to a cold
226 tropical Pacific-warm Atlantic have produced “ideal” conditions for North American drought^{23,28}. Our
227 analysis of 1957-2002 shows increasing SST variance in the tropical North Atlantic and large parts of
228 the North Pacific, and increases in autocorrelation and variance in the PDO and AMO indices. We
229 hypothesise that these trends were at least partly responsible for observed increases in
230 autocorrelation and variance of temperature fluctuations in parts of North America. This increased
231 variance and persistence of land temperature fluctuations can in turn be linked to the persistence
232 and extremity of droughts at the turn of the 21st century, including in the southern Great Plains and
233 in southwest North America. However, it should be noted that over 1979-2015 the autocorrelation
234 and variance trends are much weaker (Figure S10), yet the southwest North American drought is
235 ongoing, especially in California. This can happen because SST forcing only explains a fraction of
236 Californian winter precipitation variance, with internal atmospheric variability also playing a major
237 role²⁹. A further contributing factor may be anthropogenic forcing and associated record high
238 temperatures, which are now playing a greater role in surface moisture deficits in the 2011-2014
239 Californian drought than previous drought episodes^{29,30}.

240 Turning to the Mediterranean, previous work has linked decadal variability in the AMO and NAO to
241 decadal climate anomalies³¹. Mediterranean SST variability and summer (but not winter) land
242 surface air temperature anomalies are strongly correlated with AMO variability³¹ over 1960-2000
243 with positive AMO associated with warmer than usual Mediterranean summers. Warm temperature
244 anomalies in the Indian Ocean also promote Mediterranean drying, and we find evidence for

245 increased autocorrelation and variance of SST anomalies in the Arabian Sea over 1957-2002 (Figures
246 4, 5). Hence we suggest that increasing persistence and variance of SST fluctuations in neighbouring
247 parts of the North Atlantic, in the corresponding AMO and Atlantic Tripole indices, and in the
248 Arabian Sea, contributed to observed increases in autocorrelation and variance of Mediterranean
249 temperatures over 1957-2002 (Figures 4, 5). This increased persistence of Mediterranean
250 temperature fluctuations can in turn be linked to an observed increase in frequency³² and
251 extremity³³ of Mediterranean drought (noting that an anthropogenic forcing contribution to
252 Mediterranean drought is also detectable³²).

253 Although existing models fail to show an anthropogenic forcing component to historical trends in
254 autocorrelation and variance of monthly temperature anomalies, a much stronger future
255 anthropogenic forcing is expected to produce directional trends. For example, Arctic amplification of
256 warming and the projected loss of Arctic sea-ice have been linked to a general decline in
257 temperature variability in the Northern Hemisphere high- and mid-latitudes^{13,34-37} (although there
258 are some transient, seasonal or regional increases in variability^{13,34-37}). Interestingly, under high-end
259 future forcing, several of the CMIP5 models show a 'speeding up' and drop in amplitude of Atlantic
260 Meridional Overturning Circulation (AMOC) variability^{38,39}, which would be expected to contribute to
261 a drop in autocorrelation and variance of the AMO index. With this we may expect a reduction in
262 persistence and variance of land temperatures in regions strongly influence by the AMO.
263 Conceivably other aspects of the climate system will show increased autocorrelation and variance in
264 a warming world. Thus, to understand how climate variability and persistence may change in a
265 warmer world, we need to better understand not just how the ocean affects climatic variability on
266 parts of the land surface, but also how global warming will affect the internal modes of variability
267 governed by the ocean (the 'decadal oscillators').

268 To conclude, we find significant historical trends in surface ocean memory and variance which
269 appear to be influenced by intrinsic (multi)decadal fluctuations in the climate system. We also find

270 evidence that the changing persistence and variance of sea surface temperature fluctuations
271 contributes to the extremity and persistence of seasonal temperature anomalies on parts of the
272 world's land surface. Based on a review of established spatial correlations and corresponding
273 mechanistic 'teleconnections' we suggest that observed slowing down of North Pacific and North
274 Atlantic sea surface temperature variability contributed to observed increases in land temperature
275 variability and autocorrelation, which in turn contributed to persistent droughts in North America
276 and the Mediterranean.

277 **Methods**

278 **Datasets and pre-processing.** We obtained four climate indices from the NOAA Earth System
279 Research Laboratory (<http://www.esrl.noaa.gov/psd/data/climateindices/>): Pacific Decadal
280 Oscillation (PDO, 1948-2016), Atlantic Multidecadal Oscillation unsmoothed (AMO, 1948-2015),
281 Atlantic Tripole EOF (Atlantic Tripole, 1948-2008), North Atlantic Oscillation (NAO, 1950-2016). We
282 restricted the analysis presented in the main paper to the ERA-40 time period 09/1957 - 08/2002.
283 The Atlantic Tripole EOF is calculated as the 1st Empirical Orthogonal Function (EOF) of the Sea
284 Surface Temperatures (SST) located at 10N-70°N and 0-80°W. All these records are based on
285 instrumental observations and not on reconstructions. We used the raw data without any pre-
286 processing for the calculation of autocorrelation and variance trends.

287 We considered the HadCRUT4¹⁸ (<http://www.metoffice.gov.uk/hadobs/hadcrut4/>), GISTEMP¹⁹
288 (<http://data.giss.nasa.gov/gistemp/>), and the ERA-40¹⁶/ERA-Interim²⁰ reanalysis temperature
289 datasets. We focused on the ERA-40 time period 09/1957 - 08/2002 (ERA-40, HadCRUT4, GISTEMP)
290 but also considered the ERA-Interim time period 01/1979 - 08/2015 (ERA-Interim, HadCRUT4,
291 GISTEMP) in the Supplementary Information. All time series are of monthly resolution and the
292 seasonal cycle has been removed. HadCRUT4 and GISTEMP already come in anomalies relative to a
293 mean seasonal cycle in a base period (1961-90 for HadCRUT4 and 1951-1980 for GISTEMP).
294 Unfortunately this procedure is known to bias the estimates because of the difference in the true

295 mean and variance and the sample from the base period¹⁵. The bias is most likely not too large for
296 qualitative results, but it is an argument to compare different datasets. ERA reanalysis datasets and
297 the climate models do not have this problem. There, we removed the annual cycle in a sliding
298 window (of the same length – 10 years – as used for the bandwidth in the subsequent analysis).

299 We considered modelled AMO and PDO indices in the historically-forced runs of 9 models (listed in
300 Table 2) from the CMIP5 database. For comparability we construct these indices using the same
301 procedure used to derive observed indices: First, we select the time period under consideration and
302 the region relevant for each index (100-260°E, 20-70°N for the PDO, 80°W-0°, 0-60°N for the AMO;
303 land grid cells are not considered, nor are those containing sea ice at any time). To remove the trend
304 induced by anthropogenic warming we subtract the global mean sea surface temperature at each
305 time point. We then calculate monthly anomalies by subtracting the mean annual cycle at each grid
306 cell separately. The PDO then follows as the coefficient of the first empirical orthogonal function
307 (principle component) of the anomalies' variability pattern, calculated from their covariance
308 matrix⁴⁰. The AMO is simply the spatial mean of the region under consideration.

309 **Calculation of autocorrelation and variance trends.** All calculations were performed on residuals
310 after each record was detrended by applying a Gaussian kernel function with a prescribed
311 bandwidth. We estimated autocorrelation at lag 1 (AR1) and variance (measured as standard
312 deviation, SD) within a sliding window that we moved one point ahead (1 month) along each record.
313 As default for the spatial temperature datasets, we used a detrending bandwidth of 10 years and a
314 sliding window of 25 years. For the indices, we used a range of values for bandwidth and window
315 size (see Sensitivity Analysis). We calculated the trend in the obtained AR1 and SD values based on
316 the Kendal τ rank correlation coefficient. A positive Kendal τ signals increasing trends, while a
317 negative decreasing trends in the indicators. For example, a monotonous increase over time would
318 yield $\tau=1$, while a monotonous decrease would yield $\tau=-1$; no trend would yield $\tau=0$.

319 **Sensitivity analysis.** We explored the sensitivity of the Kendal τ trends to the filtering and sliding
320 window parameter choices by estimating trends for both AR1 and SD for a combination of sliding
321 window sizes and filtering bandwidths. In particular, we used a minimum sliding window size of 5
322 years that we increased in increments of 5 years up to a maximum window size equal to 75% of the
323 record size (e.g. 35 years for the period 1957-2002). We used eight different bandwidths ($h =$
324 0.5,1,2.5,5,10,15,20, and 30 years) for the Gaussian kernel filter. We also estimated trends without
325 filtering ($h=0$).

326 **Significance testing.** We compared our empirical Kendal τ trends to trends expected based on a
327 stationary null model. Our null model first generated 1000 surrogate records with the same Fourier
328 spectrum and amplitudes as the original records⁴¹. For each surrogate record, we estimated Kendal τ
329 trends for the same combination of sliding window size and filtering bandwidth that we used in the
330 original records. Lastly, for each of these combinations, we compared the occurrence of the
331 empirical Kendal τ to the null distribution based on the surrogates. Occurrences below 5% ($p = 0.1$
332 two tailed) were considered significant. We reported the fraction of the combinations of sliding
333 window size and filtering bandwidth where the trend was significant.

334 **Robustness analysis.** We tested how robust were the Kendal τ trends when estimated at different
335 periods within the empirical records. To do this we picked a size of 22.5 years (half the total period
336 of the 1957-2002 records). We then selected periods of this size at all possible positions along the
337 record. For all of these periods, we then analyzed trends in AR1 and SD using a sliding window half
338 the size of the period (11.25 years). The records were filtered with a Gaussian smooth function of
339 11.25 years bandwidth.

340 All analyses were performed in R (v3.2.0) using modified functions from the *earlywarnings* package
341 (<https://github.com/earlywarningtoolbox>) following the methodology described in ref.⁴².

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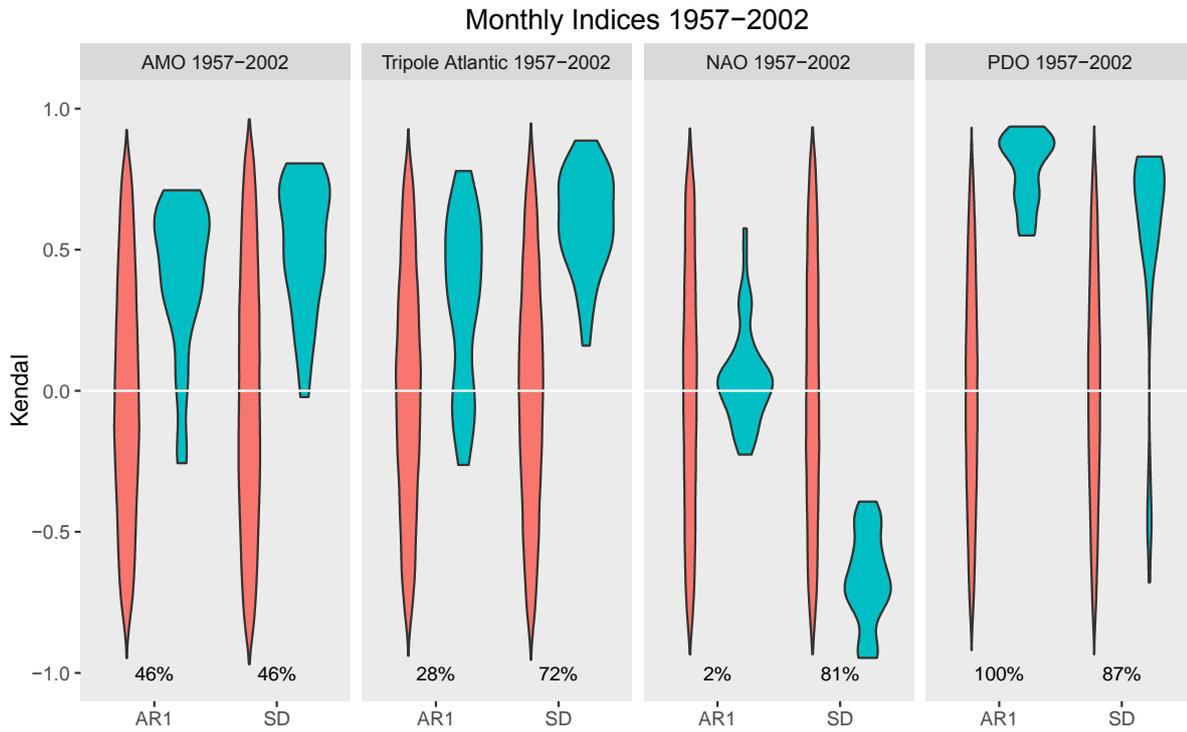
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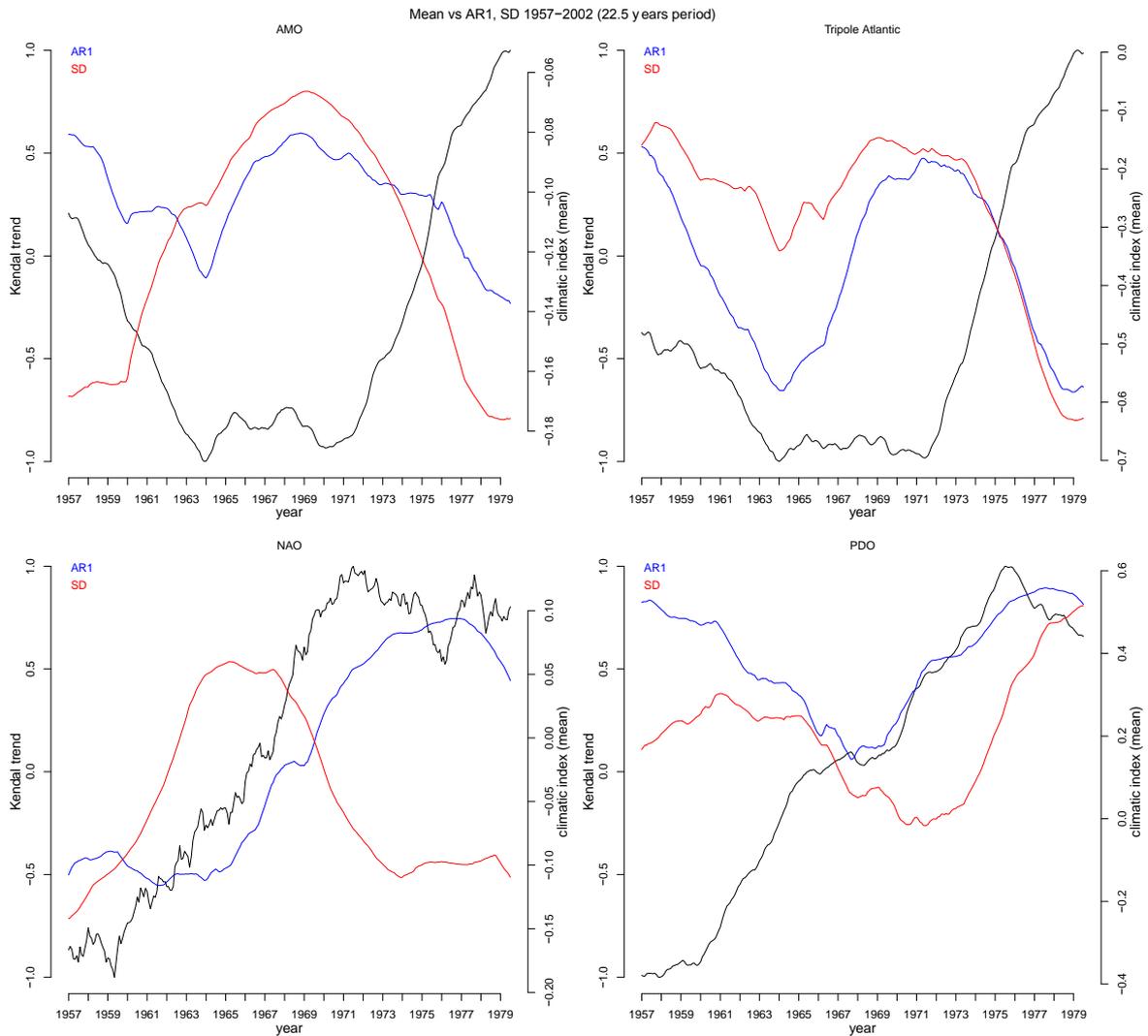
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462 **Figures**

464 **Figure 1. Autocorrelation and variance trends in climate indices.** For the ERA-40 interval (09/1957-
 465 08/2002). Distribution of Kendall τ trends in AR(1) and standard deviation for all combinations of
 466 sliding window and bandwidth size in observational climate indices (green) and null models (red;
 467 from 1000 time-series with same frequency spectrum) (see Methods sections Sensitivity analysis,
 468 Significance testing). The percentages represent the fraction of results from the observational
 469 indices that are significantly different to the null models ($p = 0.1$ two tailed).

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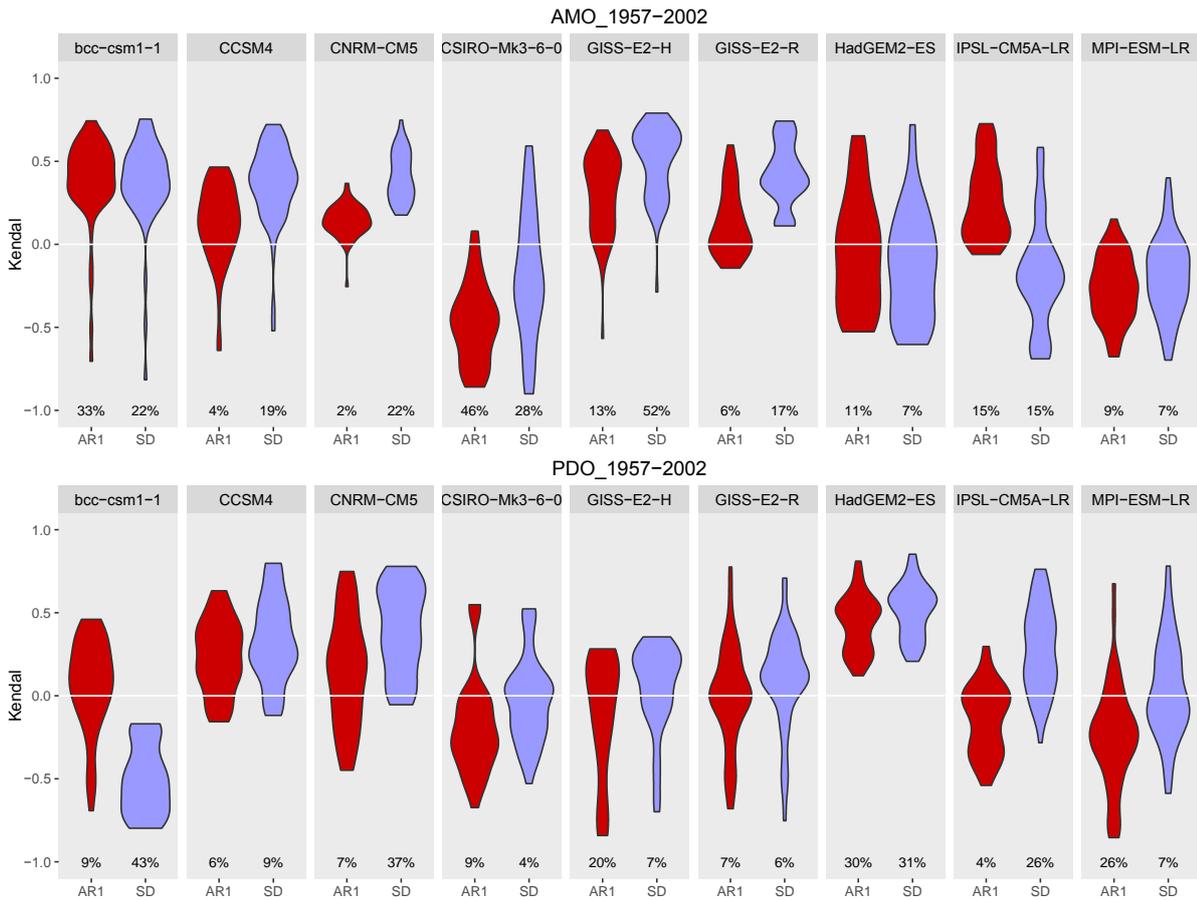
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473 **Figure 2. Decadal variability in autocorrelation and variance trends in climate indices.** For 22.5 year
 474 intervals (within 1957-2002) analysed with filtering bandwidth and sliding window length of half the
 475 interval (11 years 3 months). Also plotted is the mean value of the climate index over the same 22.5
 476 year intervals. (top left) AMO, (top right) Atlantic Tripole, (bottom left) NAO, (bottom right) PDO.

477



478

479 **Figure 3. Modelled historical trends in autocorrelation and variance in the PDO and AMO indices.**

480 Results for nine models in the CMIP5 database under historical forcing (followed by RCP8.5) for the

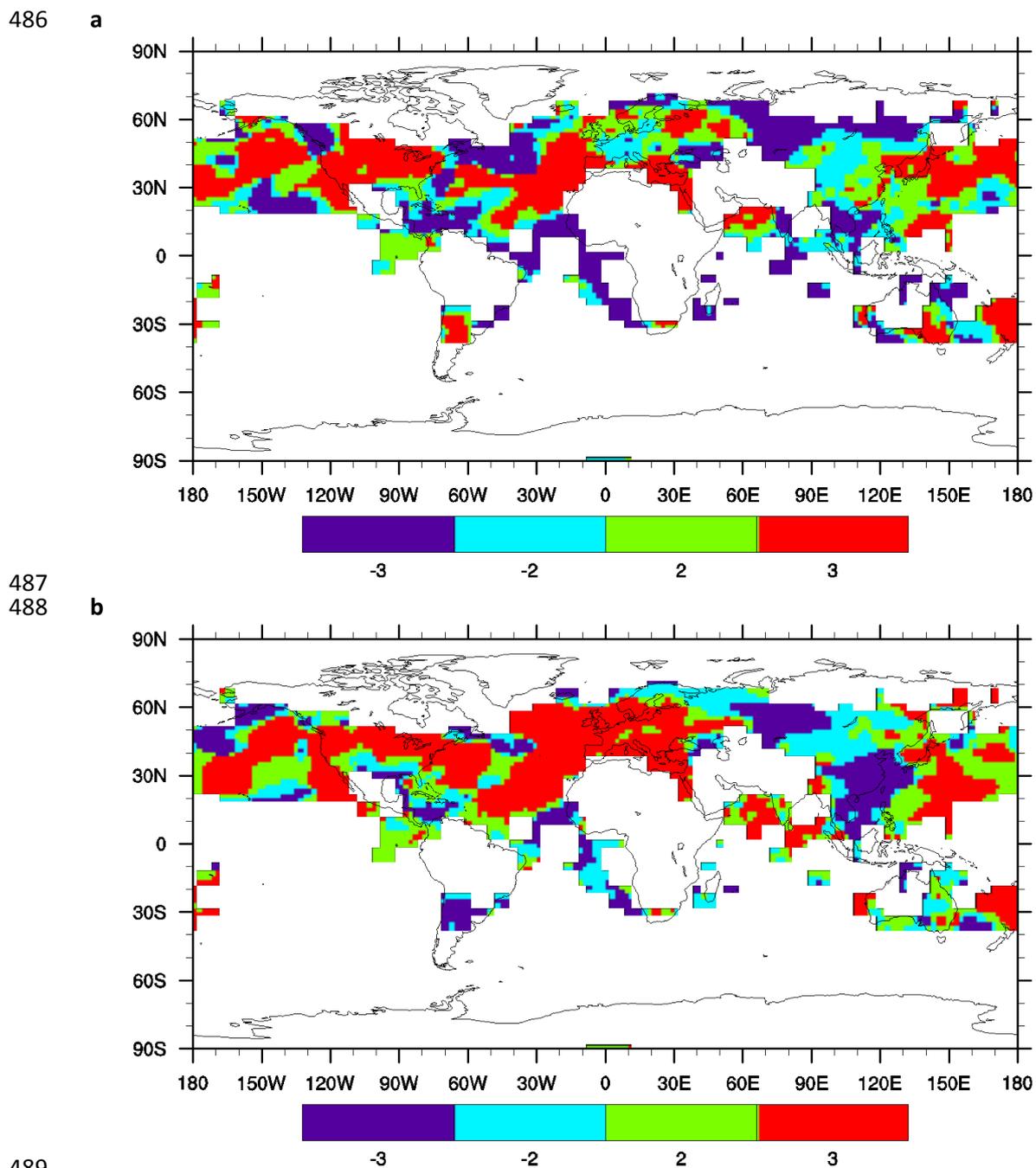
481 ERA-40 interval (09/1957-08/2002). Distribution of Kendall τ trends in AR(1) (red) and standard

482 deviation (purple) for all combinations of sliding window and bandwidth size (see Methods section

483 Sensitivity). The percentages represent the fraction of results from the modelled indices that are

484 significantly different to null models ($p = 0.1$ two tailed).

485



489

490 **Figure 4. Consistency in autocorrelation and variance trends between temperature datasets.**

491 Monthly temperature datasets HadCRUT4, GISTEMP and ERA-40 in the interval 1957-2002,

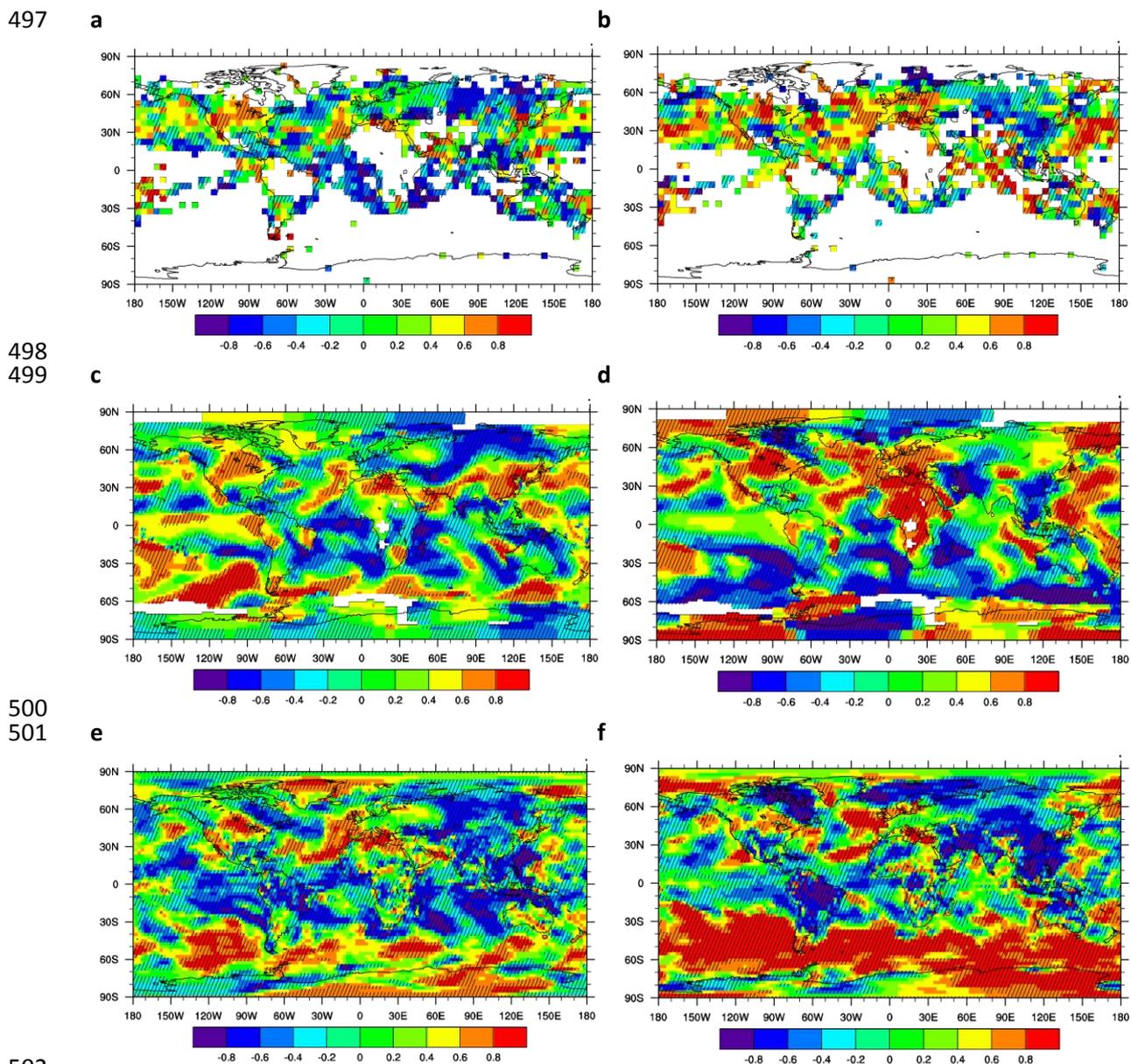
492 processed with filtering bandwidth 10 years and sliding window length 25 years. **a.** AR(1). **b.**

493 standard deviation. Red (3) indicates all 3 datasets agree on a positive trend, dark blue (-3) indicates

494 all 3 datasets agree on a negative trend, green (2) indicates 2 datasets give a positive trend, 1 gives a

495 negative trend, cyan (-2) indicates 2 datasets give a negative trend, 1 gives a positive trend. Maps

496 were created using NCAR Command Language Version 6.2.1 (<http://www.ncl.ucar.edu/>).



504 **Figure 5. Trends in autocorrelation and variance in different temperature datasets 1957-2002.**

505 Monthly temperature datasets processed with filtering bandwidth 10 years and sliding window

506 length 25 years: **a,b.** HadCRUT4; **c,d.** GISTEMP; **e,f.** ERA-40. Trends in: **a,c,e.** AR(1) and **b,d,f.**

507 standard deviation, measured as Kendall τ values. Significance at the 90% confidence interval

508 relative to a null model (see Methods) is indicated with cross-hatching. Maps were created using

509 NCAR Command Language Version 6.2.1 (<http://www.ncl.ucar.edu/>).

510

511 **Tables**

512 **Table 1. Autocorrelation and variance trends in observational climate indices (1957-2002).** Trends
 513 expressed as Kendall τ values. Medians as well as 5 and 95 percentiles from the estimated
 514 distributions (varying filtering bandwidth and sliding window length) are reported.

Index	AR1 median	(5,95)	SD median	(5,95)
AMO	0.47	-0.21 0.69	0.53	0.09 0.79
Atlantic tripole	0.36	-0.15 0.72	0.61	0.29 0.85
NAO	0.04	-0.17 0.35	-0.68	-0.94 -0.44
PDO	0.84	0.56 0.92	0.68	-0.47 0.83

515

516 **Table 2. Autocorrelation and variance trends in model simulations of the AMO and PDO climate indices (1957-2002).** Trends expressed as Kendall τ
 517 values. Medians as well as 5 and 95 percentiles from the estimated distributions (varying filtering bandwidth and sliding window length) are reported.

Model	AMO					PDO						
	AR1 median	(5,95)	SD median	(5,95)	AR1 median	(5,95)	SD median	(5,95)				
bcc-csm1-1	0.41	-0.16	0.65	0.37	0.01	0.71	0.10	-0.50	0.43	-0.52	-0.78	-0.19
CCSM4	0.14	-0.22	0.44	0.40	0.06	0.66	0.25	-0.11	0.58	0.32	-0.06	0.79
CNRM-CM5	0.15	0.01	0.27	0.37	0.22	0.62	0.19	-0.37	0.69	0.41	-0.03	0.71
CSIRO-Mk3-6-0	-0.48	-0.82	-0.06	-0.25	-0.84	0.45	-0.25	-0.53	0.53	0.00	-0.38	0.51
GISS-E2-H	0.35	-0.01	0.59	0.58	0.22	0.75	-0.01	-0.80	0.26	0.13	-0.54	0.33
GISS-E2-R	0.07	-0.11	0.50	0.40	0.12	0.73	0.01	-0.53	0.44	0.13	-0.47	0.46
HadGEM2-ES	-0.04	-0.49	0.56	-0.13	-0.55	0.39	0.48	0.20	0.70	0.54	0.26	0.77
IPSL-CM5A-LR	0.21	-0.02	0.66	-0.20	-0.65	0.42	-0.09	-0.46	0.14	0.30	-0.08	0.69
MPI-ESM-LR	-0.27	-0.61	0.01	-0.20	-0.56	0.22	-0.23	-0.77	0.19	-0.04	-0.44	0.52

518