

1 **Title Page:**

2 Investigation of changes in bone density and chemical composition associated with bone  
3 marrow oedema-type appearances in magnetic resonance images of the equine  
4 forelimb.

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6 **Authors:**

7 Corresponding author: Christine Heales, College of Medicine and Health, University of  
8 Exeter, St Luke's Campus, Heavitree Road, Exeter, EX1 2LU  
9 c.j.heales@exeter.ac.uk

10 Ian Summers, College of Engineering, Mathematics and Physical Sciences, University of  
11 Exeter, Streatham Campus, Stocker Road, Exeter, EX4 4QL  
12 i.r.summers@exeter.ac.uk

13 Jonathan Fulford, College of Medicine and Health, University of Exeter, St Luke's  
14 Campus, Heavitree Road, Exeter, EX1 2LU  
15 j.fulford@exeter.ac.uk

16 Karen Knapp, College of Medicine and Health, University of Exeter, St Luke's Campus,  
17 Heavitree Road, Exeter, EX1 2LU  
18 k.m.knapp@exeter.ac.uk

19 C Peter Winlove, College of Engineering, Mathematics and Physical Sciences,  
20 University of Exeter, Streatham Campus, Stocker Road, Exeter, EX4 4QL  
21 c.p.winlove@exeter.ac.uk

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27 **Abstract**

28 Background:

29 The aetiology of bone marrow oedema-like abnormalities (BMOA) seen on magnetic  
30 resonance imaging (MRI) is as yet not fully understood. The current study aimed to  
31 investigate the potential of projection radiography and Raman microspectroscopy to  
32 provide information regarding the underlying physiological changes associated with  
33 BMOA in equine bone samples.

34 Methods:

35 MRI was used to assess 65 limbs from 43 horses. A subset of 13 limbs provided 25  
36 samples, 8 with BMOA present and 17 as controls; these were examined with projection  
37 radiography to assess bone mineral density and Raman spectroscopy to assess bone  
38 composition. Statistical analysis was conducted using SPSS, the relationship between  
39 BMOA and age was tested using binary logistic regression, other outcome measures via  
40 unpaired *t*-tests.

41 Results:

42 Overall BMOA was found to be associated with locally increased bone density ( $p =$   
43 0.011), suggesting increased bone formation; however, no measurable changes relating  
44 to bone remodelling were found, and there were no detectable changes in the chemical  
45 composition of bone.

46 Conclusions:

47 BMOA is associated with locally increased bone density, without an associated change  
48 in the chemical composition of bone, suggesting this is not linked to BMOA. The  
49 presence of increased bone density associated with BMOA does appear to suggest that  
50 an increased amount of bone formation is occurring in these regions, but as Raman  
51 microspectroscopy data do not demonstrate any significant changes in bone chemical  
52 composition associated with BMOA, it would appear that the increased bone volume is

53 due to a greater amount of bone being formed rather than an imbalance in relation to  
54 bone remodelling.

55 The study provides a proof of principle for the use of Raman microspectroscopy and  
56 projection radiography in *in vitro* studies of BMOA.

57

58 **Keywords**

59 Magnetic resonance imaging

60 Osteoarthritis

61 Bone remodelling

62 Raman

63 Bone density

64 Bone marrow oedema

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79 **BACKGROUND**

80 Bone marrow oedema-like lesions seen on magnetic resonance imaging (MRI) tend to  
81 be clinically non-specific in appearance, and thus it is suggested such lesions be  
82 referred to as a bone marrow oedema-like abnormality (BMOA) (1). Excluding those  
83 related to trauma (2), BMOAs in humans are associated with a range of conditions  
84 including diabetic neuropathy (3), osteoarthritis, rheumatoid arthritis (1), (4) and  
85 osteomyelitis (3).

86

87 As yet, the aetiology of non-acute trauma BMOA within bone is not fully understood.  
88 BMOA has been associated with pain, even in the absence of direct, acute trauma (1)  
89 (5), although BMOA has also been found in both asymptomatic individuals (6) and  
90 asymptomatic athletes (7). It has been demonstrated that oedema-like appearances  
91 occur when sedentary individuals start a running regime, (5, 6) and these appearances  
92 are generally more common in runners than non-runners (7). In these cases, it has been  
93 suggested that the BMOA patterns might represent the early stages of a stress fracture  
94 (8), in which case the distinction between BMOA (non-traumatic) and bone-bruising  
95 (traumatic) may be less distinct. BMOA has also been described in association with a  
96 transient form of osteoporosis, generally affecting a single bone and concluding with  
97 restoration of the bone mineral density (9).

98

99 Although the clinical significance of BMOA remains unclear, it is nevertheless becoming  
100 increasingly pertinent in the investigation of osteoarthritis. It has been shown that, for  
101 individuals with osteoarthritis of the knee, the majority of subchondral cysts develop from  
102 within regions of bone marrow with oedema-like MRI signal (4, 10) whose presence also  
103 relate to the severity of symptoms, degree of cartilage degeneration and disease  
104 progression (11-13). Similarly, the Multicentre Osteoarthritis Study (MOST) study

105 demonstrated that subchondral BMOA lesions are highly associated with, and predictive  
106 of, bone attrition in individuals who subsequently develop osteoarthritis (14).

107

108 Thus, although BMOA is increasingly being regarded as an important aid for the  
109 differential diagnosis and subsequent disease management of osteoarthritis (10), (14-  
110 16), further research is required to investigate the underlying relationship between  
111 BMOA and the physiological changes which underpin the MR image appearance.  
112 Previous studies have shown a range of features associated with the presence of  
113 BMOAs including bone marrow necrosis, bone marrow fibrosis, reduced mineral density  
114 (1, 4) and altered trabecular morphometry (17). Following on from these studies, the aim  
115 of the current study was to investigate BMOA in a range of equine samples measuring  
116 bone density via projection radiography and the chemical composition of bone by  
117 Raman microspectroscopy.

118

## 119 **METHODS**

### 120 **Study Samples**

121 Bone samples were obtained from a local abattoir, where all horses were being  
122 euthanized for humane reasons. Sixty-five samples (some from a single forelimb, some  
123 from both forelimbs, dependent on availability), were collected from 43 horses, the  
124 working histories of which were not known, although observation of the animals prior to  
125 euthanasia indicated a mixed pedigree; yearlings, riding school horses and ponies, as  
126 well as wild Dartmoor ponies. Wherever possible ( $n = 34$ ), the animals were aged by  
127 experienced abattoir staff (age: mean  $\pm$  s.d.:  $13.4 \pm 5.4$  years); this provides an  
128 estimation of age, although it is not an entirely precise method (18). The samples  
129 obtained were of the distal third metacarpal bone of the equine forelimb (Figure 1), with  
130 a high-load, high-velocity joint, comprising an articulation between the distal end of the

131 third metacarpal bone, the proximal phalanx, and a further articulation between the  
132 palmar surface of the metacarpal and the two proximal sesamoid bones.

133

#### 134 MRI Imaging

135 MRI imaging was undertaken on fresh, refrigerated, limbs between 4 – 6 hours after the  
136 samples were obtained. The imaging was undertaken using a Philips Intera 1.5 T  
137 scanner (Philips, NV) and a two-element small flex coil. Scans obtained consisted of  
138 short tau inversion recovery (STIR) sequences (repetition time TR 4475 ms, echo time  
139 TE 9 ms, inversion delay TI 150 ms, slice thickness 3 mm, acquired resolution 0.59 ×  
140 0.85 mm), T1 weighted sequences (TR 35 ms, TE 5 ms, slice thickness 2 mm, acquired  
141 resolution 0.59 × 0.76 mm) (Figure 2) and T2 weighted sequences (TR 4220 ms, TE 95  
142 ms, slice thickness 3 mm, acquired resolution 0.49 × 0.62 mm). All scans were obtained  
143 in the sagittal plane, aligned with and parallel to the median sagittal ridge of the distal  
144 third metacarpal bone. In addition, coronal STIR images were occasionally taken to aid  
145 the localisation of specific bone marrow oedema lesions (Figure 3).

146

147 Image evaluation was undertaken by a single, experienced MRI radiographer (author  
148 CJH) who also performed the image acquisition. BMOA was defined as a region of high  
149 signal (hyperintensity) on STIR images and corresponding low signal (hypointensity) on  
150 T1 weighted images [17] (Figure 4) due to oedema or interstitial fluid within the  
151 extracellular spaces of the bone marrow (19). T1 and T2 sequences also allowed the  
152 identification of acute trauma from features such as fracture lines, soft-tissue oedema,  
153 swelling or haemorrhage as well as demonstrable pathology such as limb deformity or  
154 advanced osteoarthritis that would mean samples would be excluded from the study. As  
155 a result, three samples were excluded as the BMOA detected was felt to be due to acute  
156 trauma (the location of the altered signal intensity being suggestive of extreme extension

157 of the joint), a blood vessel and a cyst, respectively. The sample with the cyst was  
158 excluded as it may have been representative of advanced osteoarthritis or been a  
159 unicameral or aneurysmal cyst and may have confounded the analysis. The 65 limbs  
160 were then divided chronologically into subsets for pilot and other studies. Thirteen limbs  
161 were selected for subsequent analysis within the present study. Each limb provided two  
162 sample slices (medial and lateral – see below), 8 with BMOA present (mean age  $\pm$  sd  
163  $16.0 \pm 4.1$  years ) and 17 controls (mean age  $\pm$  sd  $17.2 \pm 4.1$  years). One sample slice  
164 was excluded due to the presence of a cyst (see above). Of the 8 slices with BMOA  
165 present, six were obtained from limbs with both medial and lateral BMOA, and two from  
166 limbs with medial BMOA only. These 25 sample slices were subsequently investigated  
167 by Raman spectroscopy and projection radiography.

168

#### 169 Raman Microspectroscopy

170 Raman microspectroscopy was performed on a subset of animals, after pilot studies to  
171 ensure adequate sample preparation. Following MRI scanning and the identification of  
172 areas of BMOA, the distal portion of the third metacarpal bone was dissected. Soft  
173 tissues and ligaments were removed (Figure 5) and two 1 mm slices through the bone  
174 were cut along the sagittal plane, on either side of the midline, passing through the mid-  
175 region of the BMOA lesion (when present) or in a corresponding location (typically 10  
176 mm from the midline) when BMOA was not present. The majority of BMOA lesions, and  
177 all eight BMOA lesions in the selected subset (see below), were found in the palmar  
178 condyles, the region of greatest loading in the metacarpal (20) and hence all control  
179 bone sections were taken from the same site.

180

181 Bone slices were fixed in 10% weight by volume (w/v) formalin for 24 hours, rinsed  
182 thoroughly in 0.9% w/v saline, and stored under 0.9% w/v saline. Raman

183 microspectroscopy was undertaken within a week of sample preparation, typically within  
184 24 hours. Prior to undertaking Raman microspectroscopy, the surface of each slice of  
185 fixed bone was polished with glass paper (firstly 800 grade, then 1200 grade) to ensure  
186 a uniform, smooth surface, and then cleaned ultrasonically in a 0.9% w/v saline bath for  
187 30 – 60 seconds using a Sonic3000SS Professional (UK) ultrasonic cleaner. This  
188 procedure ensured a smooth, debris-free surface, thereby maximising the amount of  
189 scattered light received by the Raman microscope and thus optimising the quality of the  
190 Raman spectrum generated (21).

191

192 Raman microspectroscopy was undertaken using a Renishaw 1000 Raman Microscope  
193 system (Renishaw, UK), utilising excitation from a 100 mW helium-neon laser, at a  
194 wavelength of 785 nm. Prior to each data collection session the Raman microscope was  
195 calibrated using a wafer of silicon (expected wave number of  $520\text{ cm}^{-1}$ ). For the  
196 measurements of bone slices, a  $\times 40$  microscope objective was used, yielding a field size  
197 in-plane of around  $10\text{ }\mu\text{m} \times 10\text{ }\mu\text{m}$ . Measurements of each sample were obtained at  
198 multiple individual points to provide average data which were unaffected by any local  
199 variations within the bone. Between measurements the sample was moved  
200 approximately 3 mm using a micrometer stage in either the x or y direction such that  
201 sampling had an approximate grid pattern (see Figure 5a for schematic representation of  
202 sampling strategy). The spacing between measurements was not exactly 3 mm because  
203 the sample position was adjusted on the sub-millimetre scale to ensure the laser was  
204 focused on the extracellular matrix (that is mineralised bone). At each location there  
205 were two 10-second data acquisitions. The spectra obtained covered a range of Raman  
206 shifts ( $\Delta\omega$ ) from  $500\text{ cm}^{-1}$  to  $3000\text{ cm}^{-1}$ .

207



208 Following acquisition, the spectra acquired at each individual location were pre-  
209 processed and analysed; a representative spectrum is provided in Figure 6. Initially,  
210 baseline correction was undertaken using the software package provided as part of the  
211 Renishaw system (WiRE 2.0). The areas under the peaks described in Table 1 were  
212 subsequently determined using the curve fitting function provided within the Renishaw  
213 software.

214

215 **Table 1:** Peaks quantified within Raman spectra.

Chemical Bond / Molecule	Approximate Peak Centre (cm <sup>-1</sup> )	Range to which peak area was fitted (cm <sup>-1</sup> )
Proline	855	830 to 870
Phosphate (ν <sub>1</sub> -phosphate band)	956	925 to 980
Phenylalanine	1003	990 to 1010
Carbonate (ν <sub>1</sub> -carbonate mode)	1071	1050 to 1095
Amide III	1240, 1270	1200 to 1300
Amide I	1665	1565 to 1720

216

217 Previous studies in bone have demonstrated that Raman microspectroscopy can  
218 determine the changes in bone chemical composition that occur with fracture healing  
219 (22), with aging (23) and with osteoporosis (24). However, it has also been shown that  
220 fixation may lead to alterations in specific peaks within the Raman spectra (25). In the

221 present study following peak quantification a range of measures was determined, as  
222 follows:

223 1) Peak centre value of phosphate to examine crystallinity (26)

224 2) For an indication of the mineral:matrix ratio, the ratio of peak areas for  
225 phosphate:amide I and carbonate:amide I (26, 27).

226 3) The ratio of carbonate:phosphate to examine type B carbonate substitution (27).

227

228 Following analysis of the individual-location spectra, data were averaged over specific  
229 regions of interest within the sample slices. Location names are given such that anterior  
230 would correlate to the dorsal location in the horse, posterior to palmar, upper to proximal  
231 and lower to distal anatomical locations. The sample locations were identified as the  
232 anterior, the posterior upper quadrant (PUQ) and posterior lower quadrant (PLQ), as  
233 shown in Figure 5. The lesion, when present, was within the PLQ, and the area of the  
234 PLQ was defined such that it encompassed all of the lesion with a border in the order of  
235 2 – 3 mm. A within slice ratio (WSR) was subsequently calculated for each of the  
236 parameters, i.e., the ratio of the average value in the PLQ region to the average found in  
237 the anterior and PUQ regions. This was in order to reduce the influence of the  
238 heterogeneity of the sample group: variations of bone composition between animals due  
239 to factors such as age, working history and breed, effectively normalising the PLQ region  
240 to the non-lesion area of bone for each animal.

241

242 Bone Density Measurements.

243 Following Raman microspectroscopy, projection radiographs were taken of the same  
244 subset of bone slices using a Siemens Multix Top (Siemens, Munich) ceiling mounted x-  
245 ray system in conjunction with a Konica Regius 150 (Konica Minolta, Tokyo) computed  
246 radiography system, using the following exposure parameters: source to image receptor

247 distance (SID) 115 cm, fine focus (0.6 mm focal spot), 50 kVp and 1 mAs. The images  
248 were processed using a Konica Regius 150 pre-programmed fixed linear look-up table.

249

250 The assessment of bone mineral density (BMD) was undertaken within the same regions  
251 of interest as identified for the Raman microspectroscopy, namely the anterior, PUQ and  
252 PLQ. A miniature aluminium step-wedge (7 steps, each 0.5 mm in depth) was included  
253 in all projection radiographs undertaken to enable the calculation of the BMD of each  
254 area/sample in terms of mm of aluminium equivalence. Aluminium has an atomic  
255 number of 13, and the effective atomic number of bone has been cited of the order of  
256 11.6 – 13.8 (28). Hence, for the purposes of normalisation, it was assumed that the  
257 relationship between thickness of aluminium and image intensity was comparable to the  
258 relationship between thickness of bone and image intensity. This yielded a dataset  
259 consisting of image intensity values which were then converted into mm of aluminium  
260 equivalence in order to enable meaningful comparison of bone volume to be made. In  
261 order to correct for any variation in the thickness of different bone samples and across  
262 the sample, multiple thickness measurements were taken for each sample using a  
263 micrometer, and the results averaged. The average number of measurements within  
264 each region were: PLQ 6 (range 5 – 9), PUQ 3 (range 2 – 5), Anterior 6 (range 5 – 9).  
265 Each BMD was then corrected such that it represented the BMD per mm of bone as an  
266 aluminium equivalence.

267 A WSR was subsequently calculated equal to the ratio of the BMD found in the PLQ  
268 region of interest to the average of the BMDs found in the anterior and PUQ regions.

269

270 Data analysis

271 Statistical analysis was conducted using SPSS version 22.0 (SPSS Armonk, NY).

272 Results quoted are given as mean  $\pm$  standard error. To assess the relationship between

273 BMOA presence and age, binary logistic regression was run. Given the lack of  
274 demographic information, no other variables were included within the analysis. For  
275 Raman outcome measures testing was undertaken to examine whether WSRs were  
276 different for sample slices with and without BMOA via unpaired *t*-tests. To assess  
277 whether there was a general tendency for PLQ bone density to be higher than the rest of  
278 the sample, BMD data from all samples were combined, and a 1-sample *t*-test run to  
279 examine whether WSR values were greater than unity. Subsequently WSR BMD values  
280 were compared for the BMOA and control groups via an unpaired *t*-test.

281

## 282 RESULTS

### 283 Prevalence of BMOA

284 BMOA was present in 19 horses out of a total of 43 (44%) from which forelimbs were  
285 utilised. Of those 22 horses which had both forelimbs scanned, only two (9%) had  
286 evidence of BMOA bilaterally in the forelimbs. Of a total of 65 forelimbs scanned, 21  
287 (32%) had evidence of BMOA. From binary logistic regression no significant relationship  
288 between BMOA presence and age was found ( $B = -0.033$ ,  $\text{Exp}B = 0.967$ ,  $\text{Wald} = 0.228$ ,  $p$   
289  $= 0.630$ ).

290

### 291 Anatomical location of BMOA

292 The anatomical location of the BMOA was, in the majority of cases (18 out of 21  
293 forelimbs), on the palmar (posterior) surface, approximately 5 – 10 mm proximal to the  
294 transverse ridge and approximately 5 – 15 mm from the sagittal ridge with lesions being  
295 demonstrated both medially and laterally. Three BMOA lesions were found in atypical  
296 locations compared to the majority of lesions. The atypical locations were as follows; the  
297 dorsal surface of the epiphysis, central within the distal diaphysis of the metacarpal and  
298 on the palmar surface but more superior / proximal. These samples were subsequently

299 excluded. A number of limbs (4 or approximately 19%) had BMOA lesions on both sides  
300 of the sagittal ridge. Only one BMOA lesion had an associated cartilage lesion that was  
301 demonstrable on the MRI scans. This lesion penetrated the subchondral bone and had  
302 an associated subchondral bone deformity.

303

#### 304 Raman Microspectroscopy

305 For the subset of samples for which Raman microspectroscopy and projection  
306 radiography were undertaken (BMOA group  $n = 8$ , control group  $n = 17$ ), an average of  
307 66 (range 39 – 166) separate Raman microspectroscopy measurements were taken per  
308 sample, of which an average of 29.5% were in the PLQ. For the WSR values for  
309 phosphate peak centre, the difference between BMOA and control groups ( $1.0001 \pm$   
310  $8.23 \times 10^{-5}$ ,  $0.9999 \pm 8.77 \times 10^{-5}$ , respectively,  $p = 0.213$ ) was not significant at the  $p = 0.05$   
311 level, i.e., even without a statistical correction for multiple comparisons.

312

313 Similarly, no significant differences were found between the BMOA and control groups  
314 for phosphate:amide I ( $1.071 \pm 0.037$ ,  $1.042 \pm 0.084$  respectively,  $p = 0.752$ ),  
315 carbonate:amide I ( $0.950 \pm 0.060$ ,  $0.914 \pm 0.052$  respectively,  $p = 0.658$ ) or  
316 carbonate:phosphate ( $0.845 \pm 0.086$ ,  $0.866 \pm 0.075$ ,  $p = 0.857$ ).

317

#### 318 Projection Radiography

319 When control and BMOA groups were combined, WSR values significantly greater than  
320 1 were found ( $1.132 \pm 0.039$ ,  $p = 0.003$ ) suggesting a regional bone density variation,  
321 with greatest bone density in the PLQ region of interest, the region associated with the  
322 greatest loading on the joint. When comparing BMOA and control group WSR, there was  
323 a statistically significant difference between the ratios ( $1.244 \pm 0.029$ ,  $1.079 \pm 0.052$

324 respectively,  $p = 0.011$ ) indicating a higher bone density in the PLQ region associated  
325 with the presence of BMOA.

326

## 327 **DISCUSSION**

328 Of the 65 samples examined approximately a third were found to have BMOA lesions  
329 present. When regions of interest were defined within the samples, no significant  
330 differences in the variation between the regions were found when using Raman  
331 microspectroscopy to compare BMOA and control samples. However, equivalent  
332 comparisons revealed a significant difference when bone mineral density was examined,  
333 suggesting an association between BMOA and underlying bone density changes.

334

### 335 Location of the BMOA lesions

336 It is of interest that the majority of the BMOA lesions observed were in a very specific  
337 location, corresponding to the region of greatest loading within the joint and which is  
338 associated with injury and lameness in racehorses (29, 30). High levels of training  
339 amongst young horses, such as race-horses, have been shown to be associated with  
340 micro-fractures at high-strain sites including the dorsal third metacarpal (30) and it does  
341 appear likely that the apparently characteristic location of the BMOA is related to the  
342 loading upon the joint. This may be linked to traumatic damage in some way, even in the  
343 absence of clear damage to the articular cartilage, although there was no evidence of  
344 microfracture within the samples studied.

345

### 346 Bone Density

347 The data yielded by projection radiography show that bone density relative to the rest of  
348 the slice is increased at sites with BMOA in a way that is not observed at equivalent  
349 sites in samples where BMOA is absent. This mirrors findings within a clinical study of

350 268 human subjects where BMOA lesions in the knee at the site of greatest loading  
351 were correlated with increased local bone mineral density (31) and more recent work in  
352 the human tibia that has demonstrated an association between BMOA and thickened  
353 trabeculae that are increased in number and with less spacing (32). Given that changes  
354 in the hydrostatic pressure of bone marrow may affect the stem and progenitor cells  
355 present within bone marrow altering the homeostasis of bone (33) it is possible that  
356 BMOA is associated with altered hydrostatic pressure in bone marrow and that the  
357 changes in bone density observed are a reflection of increased bone deposition .  
358 However, further work is required to examine this hypothesis.

359

360 Bone composition

361 The Raman microspectroscopy measurements related to a range of bone composition  
362 characteristics, indicating crystallinity, mineral:matrix ratio, and type-B carbonate  
363 substitution. Results showed no significant differences in WSR between samples where  
364 BMOA was present and samples where BMOA was absent. The conclusion is thus that  
365 BMOA is not associated with modification in bone composition.

366 It has been demonstrated both in-vitro (34) and in vivo (35, 36) that the phosphate band  
367 centre shows a positive shift with bone maturity due to increasing tissue age rather than  
368 animal age (37). That the WSRs for this parameter showed no significant difference  
369 between BMOA samples and controls is thus indicative of there being no difference in  
370 the proportion of immature bone present and thus no difference in the amount of  
371 remodelling taking place at BMOA sites.

372

373 Changes in mineral:matrix ratio with age have previously been observed in humans with  
374 no known bone disorders (33), and may be related to changes in the remodelling rate.

375 Changes in matrix component with age (indicated by the amide I component) have also

376 been observed (23). A study of collagen structure of normal human trabecular iliac bone  
377 using chemical analysis (38) demonstrated a reduction in the amount of collagen with  
378 age. In the present study, no mineral: matrix ratio changes were detected in the BMOA  
379 region compared to the rest of the sample slice, suggesting that BMOA is not  
380 associated with either altered mineral or matrix composition.

381

382 Previous Raman studies of bone have principally focused on cortical bone, both animal  
383 and human (22, 23, 34, 39), which has a well-defined structure of osteons joined by  
384 interstitial lamellae, whereas the current study encompassed trabecular bone. It has  
385 been suggested that the average mineral content and crystallinity of homogenised  
386 cortical bone does not vary with age, even though individual components do exhibit age-  
387 related changes (39) because age-related changes in the primary lamellar bone which is  
388 formed in the latter stages of puberty and remains present throughout the lifespan of an  
389 individual, may be negated by the remodelling that occurs in the secondary osteons (39)  
390 in terms of measurement of overall composition. Trabecular bone does not have a  
391 component that is equivalent to primary lamellar bone, it undergoes constant  
392 remodelling and therefore has a high degree of variability in terms of chemical  
393 composition which may provide an explanation for the present inconclusive results.

394

395 Limitations

396 The study represents only a small-scale assessment of the use of horse-bone sources to  
397 examine BMOA. In addition, the sample population used for these studies was  
398 heterogeneous, with very limited demographic information. Hence it was not possible to  
399 consider the effect on the measured data of horse breed, sex or working history. It was  
400 possible to consider the effect of horse age (see above), but these data require cautious  
401 interpretation as ageing a horse using dental examination is not precise (18),.



402 Furthermore, the study did not attempt to evaluate or grade the tissue samples for  
403 osteoarthritis. However, despite these limitations, the study provides evidence that  
404 differences in bone density are associated with BMOA, suggesting that the techniques of  
405 the present study may provide useful avenues for further exploration.

406

407 Future work

408 Intra-vital studies have previously demonstrated that fracture healing in bone can also be  
409 assessed with Raman microspectroscopy by measuring the lipid and phospholipid  
410 present in cell membranes that are a marker of cell death, although quantifying the  
411 presence of blood products is more difficult due to structural modifications associated  
412 with exposure to the laser (22). As a supplement to the current study, such techniques  
413 could be used to examine whether BMOA lesions are associated with micro-damage.  
414 However, this would require the development of better methods for sample handling – in  
415 the present study, the bone marrow could not be preserved due to the method of sample  
416 preparation and storage (under saline) and blood breakdown in the time between  
417 euthanasia and Raman data collection would have resulted in spectrum modification.

418

419 Combining Raman microspectroscopy in a controlled equine population, alongside  
420 techniques such as histology or Scanning Electron Microscopy would enable information  
421 about bone remodelling to be correlated with any demonstration of micro-fracture, cracks  
422 and histological evidence of bone remodelling. Whilst there are differences between  
423 equine and human bone it is also felt that there are similarities, for example in the  
424 pathogenesis of osteochondrosis (40) that may also render these findings applicable to  
425 the human population.

426 **CONCLUSION**

427 The majority of the BMOA lesions observed in the equine metacarpophalangeal joint  
428 occurred at a characteristic location corresponding to the region of greatest loading  
429 within the joint, in a region associated with palmar osteochondral disease (29, 30). The  
430 data presented here demonstrated an association between BMOA and locally increased  
431 bone density, without an associated change in the chemical composition of bone. The  
432 presence of increased bone density associated with BMOA does appear to suggest that  
433 an increased amount of bone formation is occurring in these regions. As the Raman  
434 microspectroscopy data do not demonstrate any significant changes in bone chemical  
435 composition associated with BMOA, it would appear that the increased bone volume is  
436 due to a greater amount of bone being formed rather than an imbalance in relation to  
437 bone remodelling. The study provides a proof of principle for the use of Raman  
438 microspectroscopy and projection radiography in *in-vitro* studies of BMOA. These  
439 techniques may be a useful adjunct for further investigations into the pathophysiology of  
440 equine joint disease, which may have some relevance to similar conditions in the human  
441 population.

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451

452 LIST OF ABBREVIATIONS

453

454 BMOA bone marrow oedema-like abnormalities

455 MRI magnetic resonance imaging

456 STIR short tau inversion recovery

457 w/v weight by volume

458 PUQ posterior upper quadrant

459 PLQ posterior lower quadrant

460 WSR within slice ratio

461 SID source to image receptor distance

462 BMD bone mineral density

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478 DECLARATIONS

479 Ethical approval and consent to participate: Not applicable

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486 CJH – primary researcher

487 IRS – direct supervision of primary researcher, substantial contribution to conception,  
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489 JF – substantial contribution to analysis and interpretation of data, involved in critical  
490 revision of manuscript

491 KMK – direct supervision of primary researcher, contribution to conception, design,  
492 involved in critical revision of manuscript

493 CPW – substantial contribution to conception, design, analysis and interpretation of data,  
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639 **Figure Titles and Legends**

640 Figure 1 Title:

641 Dorso-palmar (antero-posterior) radiograph of the metacarpophalangeal joint.

642 Figure 1 Legend: Key: a) third metacarpal bone, b) proximal phalanx, c) proximal

643 sesamoid bones, d) metacarpophalangeal joint.

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645 Figure 2 Title:

646 Parasagittal magnetic resonance images of the metacarpophalangeal joint.

647 Figure 2 Legend; T1w image on left, STIR image on right, no evidence of BMOA

648

649 Figure 3 Title:

650 Coronal and midline sagittal magnetic resonance images of the metacarpophalangeal

651 joint.

652 Figure 3 Legend: Arrows indicate the region of the BMOA

653 Figure 4 Title: Mid-sagittal magnetic resonance images of the metacarpophalangeal

654 joint.

655 Figure 4 Legend: Arrows indicate the region of the BMOA.

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657 Figure 5 Title:

658 Photographs of parasagittal (medial) bone section

659 Figure 5 Legend: (a) represents sampling pattern for locations of individual Raman

660 microspectroscopy measurements (indicative only) and, (b) regions of interest used for

661 Raman microspectroscopy and bone density measurements.

662

663 Figure 6 Title:

664 Expanded portion of Raman spectrum demonstrating position of peaks of interest.