 Systematic, Standardized Comparison of Available Evidence Stefanie Schmidt^{1,2,4}, Kalliopi Vrotsou⁵, Antonio Escobar⁵, Marta González, Esther Villalonga¹, Silvia López, Nerea González, Amado Ribero, Miren Orive Caldaza, Carlota Lashayas, José Maria Valderas⁶, Jordi Alonso^{1,2,4}, Montse Ferrer^{1,3,4} in the name of the Scientific Committee of BIBLIOPRO. Affiliation: IMIM (Hospital del Mar Medical Research Institute), Barcelona, Spain Universitat Pompeu Fabra (UPF), Barcelona, Spain Universitat Autònoma de Barcelona (UAB), Barcelona, Spain FREDISSEC, Bilbao, Spain FREDISSEC, Bilbao, Spain Health Services and Policy Research Group, Department of Primary Care Healt Sciences, University of Oxford, Oxford, UK
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27 Background:

28 The shoulder is one of the most complex joints of the human body. Shoulder related disorders account for substantial medical, economic and social costs^{19,42,40} and comprise 29 30 a wide spectrum of problems. Shoulder problems are mostly accompanied by pain and a 31 restricted movement of the hand, arm or shoulder that leads to difficulties in performing 32 certain activities.^{19,32,1} A recent research suggests that shoulder pain not only affects 33 function in work and leisure time activities, but may also interfere with psychological and social wellbeing.²⁸ A systematic review showed that the estimated prevalence of 34 35 shoulder pain in the general population varies greatly among studies, with a lifetime prevalence from 7 to 67%.²² In fact, shoulder or neck pain is one of the most frequent 36 work-related complaints and a frequent reason for work absent.²⁴ Data from a study 37 conducted in the Netherlands showed that 30% of workers with shoulder pain reported 38 any sick leave during the 6 month follow-up time.¹⁷ 39

40

41 There are different ways to assess the impact of shoulder disorders. Traditionally, it has 42 been evaluated locally, observing the range of motion, strength or pain, whereas today, 43 the research aims to determine the overall impact on the body by focussing on the person's functioning in daily life activities and how their psychological wellbeing is 44 45 affected.³ This subjective information given by the patient is obtained by so called 46 Patient-Reported Outcome (PRO) measures. These PRO measures generally focus on 47 the assessment of physical function, psychosocial issues, or simply, quality of life, and 48 try to capture the possible effect of a disease or an intervention by incorporating the experience and perception of the patient.^{4,38} Numerous generic or disease-specific PRO 49 measures exist,¹¹ some with a similar purpose, content and applicability issues, but yet 50 51 slight differences might exist; thus they need to be balanced against each other

regarding their strengths and weaknesses. For example, some of the shoulder-specific PRO measures have been designed for the whole upper extremity, and others independently of the underlying condition- (e.g. shoulder instability), whereas some are shoulder disease- (e.g. rotator cuff disease, osteoarthritis) or population- (e.g. wheelchair users) specific.^{44,23,9} So it is a hard work to select the right PRO measure for a certain purpose among all those available.

58

59 PRO measurement requires reliable and valid measures. Outcome measures must be 60 adequately selected regarding the individual study purpose, setting and the available resources. Direct comparison among them regarding some of their performance 61 62 characteristics, like measurement model, metric properties and administration issues, 63 can facilitate this task. Some efforts have been undertaken to classify or evaluate shoulder-specific PRO measures regarding those characteristics,^{35,2,36,27,3,25,14,31} but yet 64 65 no one examined neither the whole spectrum of those characteristics nor have 66 undertaken a direct comparison among shoulder-specific PRO measures.

67

68 The Evaluating Measures of Patient-Reported Outcomes (EMPRO) tool was developed 69 to facilitate a standardized, comprehensive, and comparative evaluation of PRO measures.³⁹ It combines three fundamental requirements: a) well described and 70 71 established quality attributes for assessment; b) expert reviewers to conduct the 72 assessment, and c) scores which allow direct comparisons among outcome measures. 73 EMPRO is based on an exhaustive series of recommendations regarding the ideal attributes of PRO measures,³⁷ and has been shown to be valid³⁹ and useful (REF empro 74 Prostate Cancer & empro Heart Failure). 75

The aim of this study was to obtain a standardized expert evaluation of the available evidence on development process, metric properties and administration issues of multiitem shoulder-specific PRO measures that are applicable to a wide spectrum of shoulder disorders. Our results should help clinicians and researchers to select the most appropriate shoulder-specific PRO measure used in patients with functional limitations due to shoulder disabilities and those applicable to a wide range of shoulder disorders.

84 Methods:

85 Identification of shoulder-specific PRO measures and their relevant information

86 We carried out a systematic literature review in the PubMed database (March 2011) to 87 obtain all the available published evidence. We combined keywords using MeSH terms 88 and free-text entries: (Shoulder or Shoulder Joint or Shoulder Pain or Rotator Cuff) and 89 (Quality of Life or Questionnaires or Disability Evaluation or Cross-Cultural 90 Comparison). Articles were eligible for inclusion if they contained information 91 regarding the development process, the metric properties or administration issues of 92 multi-item shoulder-specific PRO measures. We excluded articles about PRO measures designed for: musculoskeletal conditions in general, upper extremity as a whole, 93 94 specific shoulder conditions (like osteoarthritis or instability), specific populations (like 95 wheelchair users or athletes), and systemic diseases (like breast or oral cancer). We 96 furthermore excluded research protocols, congress abstracts, and secondary research 97 articles.

98

99 In a three-step process, titles, abstracts and full-text articles were independently 100 reviewed by two investigators. A third investigator was determined to mediate and 101 resolve possible discrepancies found in each of the steps. Additionally, we examined 102 manually the bibliographic reference lists of the articles selected for full review in order 103 to complete the search.

104

105 Evaluating Measures of Patient-Reported Outcomes (EMPRO)

EMPRO³⁹ was designed to measure the quality of PRO measures. It is composed of eight attributes and 39 items, and assesses how well the development process of the outcome measure was and how it is described ("conceptual and measurement model"),

how well it performs in terms of metric properties ("reliability", "validity", "responsiveness to change", and "interpretability"), as well as administrative issues ("burden", "alternative modes of administration", and "cross-cultural and linguistic adaptations").

113

114 All EMPRO attributes and items are accompanied by a short description to explain on 115 what the expert should focus on, and to facilitate the understanding of the intended 116 meaning of each item in the evaluation process in order to guarantee standardization. 117 Agreement with each item can be made on a 4-point Likert scale, from 4 (strongly agree) to 1 (strongly disagree). Experts can check the "no information" box, in case of 118 119 insufficient information. Five items allow replying with "not applicable". Experts are 120 asked to provide detailed comments to justify their ratings on each item. These 121 comments were considered in the interpretation of the EMPRO scores to better reflect 122 the scores meaning and prevent from misinterpretation.

123

124 Standardized expert evaluation

Each shoulder-specific PRO measures was assigned to 2 different experts. Experts were identified and invited because of their expertise and experience in PRO measurement (6 belonged to the EMPRO tool development working group and 16 had previously been accredited as EMPRO experts by undergoing a training course). In order to minimize the potential for bias, experts were neither authors nor had been involved in the development, evaluation or adaptation process of any of these evaluated instruments.

131

132 The EMPRO evaluation process consisted of two consecutive rounds. In the first round,133 every expert evaluated the assigned shoulder-specific PRO measure independently by

reviewing the provided full-text articles that were identified in the systematic literature review and applied the EMPRO tool.³⁹ In the second round, each expert was provided with the rating results of the other expert of the instrument both had evaluated. In case of discrepancies, they were invited to resolve those through discussion in order to reach a consensus. A third reviewer was available if needed to solve discrepancies.

139

140 Statistical analysis:

141 The attribute-specific scores were obtained by calculating the response mean of the 142 applicable items when at least 50% of the items were rated. Items for which the 143 response option "no information" had been selected a score of 1 (lowest possible score) 144 was assigned. The scores were then linearly transformed to a range of 0 (worst possible 145 score) to 100 (best possible score). Separate subscores for the "reliability" and "burden" 146 attributes were calculated as those attributes are composed of two components, "internal 147 and "respondent" consistency" and "reproducibility", and "administrative", 148 respectively. For the reliability attribute, the highest subscore was then chosen to 149 represent the total score for that attribute. In addition to the attribute-specific scores, we 150 calculated an overall score that consisted of the mean of five metric related attributes: 151 "conceptual and measurement model", "reliability", "validity", "responsiveness to 152 change" and "interpretability". If any of these attribute scores is missing because not 153 enough information was available, a cero was assigned. The overall score was only 154 calculated when at least three of these five attributes had a rating. EMPRO scores were 155 considered reasonably acceptable (REF HF & PC) if they reached at least 50 points 156 (half the maximum score). Analysis was done with SPSS statistics version 12 and 157 graphics were designed with Microsoft Excel 2003.

159 **Results:**

160 We identified 2325 articles in our systematic literature search (Figure 1). After the title 161 review we excluded 1726 articles because they were not topic related. Abstracts were 162 reviewed, and a further 222 articles were excluded: 111 did not contain any PRO 163 measure; 40 only used generic PRO measures; 33 because they were secondary research 164 literature; 30 included disease-specific outcome measures other than shoulder disorders; 165 and 8 were lacking of information on development process, metric properties or 166 administration issues. We identified 377 articles with information concerning 52 167 different instruments. After applying defined exclusion criteria, 263 articles related to 168 41 outcome measures were excluded, mostly because they were only applicable to 169 patients with a specific-shoulder condition (11), they were not patient-reported (9) or 170 not shoulder-specific (5). Instead, by revising the bibliographic lists of identified articles 171 we included 8 additional articles that entered the inclusion criteria. Finally, 108 articles 172 provided information about the development process, metric properties or 173 administration issues of 11 shoulder-specific PRO measures at the end of the review 174 process.

175

176 Eleven shoulder-specific PRO measures together with their instrument-specific 177 information were identified and evaluated with EMPRO (Table 1). The number of 178 published articles identified to be included varied from 2 to 27. The instruments were 179 developed between 1987 and 2003 in order to be applicable to a variety of shoulder 180 disorders. Seven out of eleven outcome measures are unidimensional; the others include 181 2 to 7 subdimensions. Their content includes mainly pain and function, assessed by the 182 evaluation of daily life activities. The broader focused outcome measures additionally 183 may include psychosocial issues (appetite or social contacts) or satisfaction. Answer

options are based on dichotomous scales (Yes/No answer options), Likert, numeric or visual analogue scales. The number of items included varies from 5 to 30. The time to complete takes between less than 3 minutes to less than 10 minutes and the period of assessment ranges from the last 24 hours to the last month.

188

189 The detailed EMPRO results are presented in Table 2 and summarized graphically in 190 Figure 2. Final EMPRO scores were achieved by consensus rating between the two 191 experts for every outcome measure; the third reviewer for discrepancy resolution was 192 not needed at any time. The overall summary scores oscillated between 77.4 and 26.7 193 points. Thereby, six out of eleven shoulder-specific PRO measures presented scores 194 above the threshold of 50 points, thus presenting acceptable overall results: the 195 American Shoulder and Elbow Surgeons shoulder assessment – patient self-evaluation 196 section (ASES-p), the Simple Shoulder Test (SST), the Oxford Shoulder Score (OSS), 197 the Flexilevel Scale of Shoulder Function (FLEX-SF), the Shoulder Pain and Disability 198 Index (SPADI), and the Dutch Shoulder Disability Questionnaire (SDQ-NL). The 199 Appendix List shows the articles used in the EMPRO evaluation.

200

201 The "conceptual and measurement model" scores ranged from 81 to 14.3, whereby ASES-p (81 points), OSS; FLEX-SF and SDQ-NL (each 66.7 points) reached the 202 203 highest scores. Instead four shoulder-specific PRO measures scored below 50 and for 204 the Penn Shoulder Score (PSS) we could not find sufficient information to calculate this 205 attribute. Eight of the outcome measures were judged to be reliable, with "reliability" 206 scores ranging from 83.3 (SPADI) to 50 (Shoulder Rating Questionnaire - SRQ). The 207 SDQ-NL and the Subjective Shoulder Rating System - SSRS) scored low (41.6 points), 208 and for the United Kingdom Shoulder Disability Questionnaire (SDO-UK) we could not

209 find sufficient information to calculate a "reliability" score. "Validity" scores in general 210 were quite high. The SDQ-NL reached the highest rating (93.4), followed by the ASES-211 p, the FLEX-SF and the SST (all \geq 80 points). Also the OSS and the SPADI showed to 212 be valid instruments (75 and 66.6 points, respectively). The Subjective Shoulder Rating 213 System (SSRS), as well as the Shoulder Rating Questionnaire (SRQ) scored below the 214 threshold. For the PENN we could not find sufficient information to calculate a score. 215 The "responsiveness to change" attribute scores were also high and ranged from 100 216 (SST and SDQ-NL) to 33.3 (FLEX-SF). The FLEX-SF received its worst result for this 217 attribute; in contrast, the SDQ-UK scored surprisingly high here (88.9 points). Seven out of the eleven instruments presented information to evaluate its "interpretability", but 218 219 only four presented acceptable information: the ASES-p and the OSS (66.7 points), as 220 well as the SST and the FLEX-SF (55.6 points).

221

222 In the "burden" attribute (Table 2), the SDQ-NL reached the maximum score (100 223 points), whereas the ASES-p, OSS, PSS, SDQ-NL, SSRS and SST also presented 224 acceptable EMPRO scores (91.7-66.7 points), meaning that they either present a low 225 respondent or administrative burden. The attribute "alternative forms of administration" 226 was only applicable for the FLEX-SF and the SPADI, which developed, respectively, a computer adaptive test version 7 and a telephone-interview version 43 . For the other 227 evaluated shoulder-specific PRO measures only the original self-administered version 228 229 exists. Finally, the attribute "cross-cultural & linguistic adaptation" (3 items) was not 230 evaluated here because our study did not aim to evaluate the specific quality of countryspecific instrument versions. Nevertheless, articles reporting on the instruments' cross-231 cultural and linguistic validation (e.g. Arabic,⁴⁵ Italian,²⁹ German,¹³ Portuguese,¹⁵ and 232

- 233 Turkish⁵ ASES-p versions), as well as the metric properties of these new versions were
- considered in our EMPRO evaluation, but not evaluated separately.

236 **Discussion:**

237 In this study we assessed the quality of multi-item shoulder-specific PRO measures that 238 are designed for patients with a wide spectrum of shoulder disorders by evaluating 239 conceptual, metric and administrative characteristics. Twenty-two experts in PRO 240 measurement assessed the 11 identified outcome measures and the best rated following 241 EMPRO standard criteria were the ASES-p, SST, and OSS. Acceptable results were 242 also found for 3 other questionnaires, the FLEX-SF, SPADI, and SDQ-NL. All these 6 243 instruments are relatively short and easy to administer, but some of them failed in 244 providing good or sufficient information on specific attributes which are detailed in the following. 245

246

247 The ASES-p obtained the best overall score (around 80 points) followed by SST and 248 OSS (both around 70 points). The ASES-p was always among the top 3 outcome 249 measures in the 5 attributes that were used for the overall score calculation; except for 250 the "responsiveness" attribute, where it obtained the forth place due to little information 251 about stable group comparison. The ASES-p scored continuously above 70 points, 252 except for "interpretability" (66.7 points). It uses minimal clinical important difference (MCID) for score interpretation, with a MCID estimated to be of 6.5 points.²⁶ The SST 253 254 scored among the top 3 in "reliability", "responsiveness to change", and 255 "interpretability". In contrast, it scored low (52.4 points) in the "conceptual and 256 measurement model" attribute, because insufficient information about its development 257 process, involvement of the target population, and measurement level was found. For its 258 interpretation an anchor-based strategy is proposed by linking its scores with different levels of disease severity.¹² 259

261 The OSS was among the top 3 in "conceptual and measurement model" and in 262 "interpretability", and it also reached good results for "validity" and "responsiveness". 263 Its "reliability" was below 60 points because some aspects of methods (such as data 264 collection or time interval for the test-retest evaluation) could be either improved or 265 better described. As these 3 instruments are similar in content, number of items, and 266 administration time, the choice among them could be made upon the their 267 dimensionality or answer options: ASES-p is bidimensional and permits obtaining 268 separate scores for pain and function using Likert scales as response options; SST and 269 OSS are unidimensional with dichotomous and Likert response options, respectively.

270

271 The FLEX-SF, SPADI, and SDQ-NL were drawn at the forth, fifth, and sixth place, 272 respectively, in our overall score ranking with around 60 points. These three 273 instruments presented acceptable results in all (except one) attribute-specific scores: 274 FLEX-SF failed on "responsiveness", SPADI on "interpretability", and SDQ-NL on "reliability". Regarding the FLEX-SF, ⁶ its major particularity comes from its structure 275 276 on 3 different testlets designed to minimize the respondent burden. Each testlet -easy, 277 medium, and hard- consists of 15 items that can then be flexibly administered offering 278 each patient only adequate questions, although the initial screening question could 279 require a higher administrative burden. Additionally, a computer adaptive test version⁷ 280 has been developed and evaluated to facilitate data administration in large studies (even 281 if it requires greater resources such as hard- and software). Nevertheless, it is necessary 282 to mention the low expert ratings on the "responsiveness" attribute despite the fact that 283 high standardized coefficients were shown. This was due to the fact that it was not clear 284 which methods were used in the longitudinal design to obtain them.

285

The SPADI³⁴ is a commonly used instrument which clearly required further research for 286 287 "interpretability". The SPADI's answer options initially consisted of visual analogue 288 scales but were later transformed to numerical scales with the purpose of making it 289 suitable for telephone administration, which was also judged to be reliable and valid.⁴³ 290 The SDQ-NL requires further "reliability" testing. However, it could be a very good 291 option for measuring change over time in longitudinal studies or clinical surveillance, 292 not only because of its excellent "responsiveness", but also because of its low 293 "respondent burden" (average time needed to complete <3 minutes and easy Yes/No answer options).⁴¹ 294

295

296 Our study has some limitations. Firstly, the basis of the EMPRO evaluation is the 297 information retrieved from a systematic literature review conducted only in the PubMed 298 database. Although PubMed is the leading database in health sciences, we may have 299 failed to identify all the eligible shoulder-specific PRO measures or all the published 300 articles with their specific information on development process, metric properties, and 301 administration issues. However, our sensitive search strategy, and also the additional 302 hand search of identified articles, may have minimized this problem. Secondly, as the 303 EMPRO assessment is based on the published evidence, it is affected by the quantity 304 and the quality of this available information. A lack of evidence on a few items or 305 attributes penalizes the EMPRO scores, because these were then rated with the worst 306 score. Nevertheless, to avoid a strong penalization, the EMPRO attribute score was not 307 obtained if more than half of the information was missing. Missing information on the 308 interpretability attribute penalized the overall EMPRO score for most of the evaluated 309 instruments, and pointed out the necessity of developing interpretability strategies as a 310 facilitator for the extension of these measures beyond the research setting. Thirdly, the

EMPRO ratings may have been biased by the individual expertise of the evaluators, although the pair of reviewers that independently rated one outcome measure, followed by a consensus round, may have attenuated this concern. Finally, country-specific instrument versions were not evaluated separately in our study as our objective was to conduct a overall EMPRO evaluation of all the available information, and the evaluation of every country-specific version was not feasible.

317

318 To our knowledge this is the first study that provides a standardized and reliable expert-319 based evaluation of the available shoulder-specific PRO measures used in patients with 320 different disorders. The basis of our assessment is the available published information 321 that was retrieved in a systematic literature review. Each outcome measure was 322 independently reviewed by two experts who reached final ratings by consensus. Our 323 findings can be of interest in clinical practice as well as in research to help selecting the 324 right shoulder-specific PRO measure for a certain purpose, facilitating decision making 325 for individual patient care, or improving patient-doctor communication by 326 understanding how the patient feels and acts in daily life.

328 Conclusion:

329 In conclusion, the evidence supports a preferential use of the ASES-p, SST, and OSS, 330 which have been shown to be highly reliable, valid, and responsive instruments, with an 331 acceptable conceptual and measurement model, interpretability, and low administrative 332 burden. The use of the FLEX-SF, SPADI, and SDQ-NL can be recommended as they 333 also presented acceptable properties in most of the attributes. Choosing among these 334 instruments will mainly depend on particular study requirements. For use in 335 longitudinal studies or clinical trials, where responsiveness to change and 336 reproducibility are the maximum priority, SST would be recommended. In clinical 337 practice, for patient surveillance SDQ-NL might be preferred to minimize respondent 338 and administrative burden, but further information on its reliability is needed. To 339 discriminate among patients or groups in one point evaluation, ASES-p or OSS could be 340 the most reliable and valid option. Our results may facilitate the decision making 341 process regarding the right instrument selection, its use, and interpretation for a certain 342 study purpose or setting.

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Ins	trument	Articles for EMPRO	Author, publication year	Purpose of development	Shoulder disorder	Response options & comments	Time to complete, Period covered	nº items	Subscales (nº ítems)
1.	ASES-p	27	Richards et al. (1994) ³³	A standardized form for the assessment of shoulder function	A variety of shoulder disorders	Visual analogue scale (pain item), 4-point Likert scales (activities of daily living). Score range 0-100 (worst to best).	<5' Not restricted to any period		Pain (1) Function (10)
2.	FLEX- SF	2	Cook et al. (2003) ⁶	To develop an adaptive scale that combines measurement precision with low response burden	A variety of shoulder disorders	Consists of 3 testlets: easy, medium, hard. Patient completes 1 of 3 testlets based on their response on an initial screening question. 6-point Likert scale. Score range 0-60 (worst to best).	-	15	-
3.	OSS	17	Dawson et al. (1996) ¹⁰	To assess the outcomes after shoulder operation	Patients with shoulder operations other than stabilization	5-point Likert scale. Score range 12-60 (best to worst) (new scoring system recommended: 0-48, worst to best)	<4', Last month	12	-
4.	PSS	5	Leggin et al. (1999) ²⁰	To develop a region-specific shoulder outcome measure	A variety of shoulder disorders	0-3- or -10 point scale. Score range 0-100 (worst to best)	<10', (n.i.)	24	Pain (3) Function (20) Satisfaction (1)
5.	SDQ- NL	6	Van der Heijden (2000) ⁴¹	To evaluate functional disability limitation for clinical trials patients	Soft tissue shoulder disorders	Yes/No answer options. All items are pain-related. Score range 0-100 (best to worst).	3', Last 24h	16	-
6.	SDQ- UK	2	Croft et al. (1994) ⁸	To assess the restriction in everyday activities resulting from shoulder symptoms	Shoulder pain	Yes/No answer options. Score range 0-100 (best to worst)	(n.i.) Last 24h	22	-
7.	SPADI	26	Roach et al. (1991) ³⁴	To measure pain and disability associated with shoulder pathology	Shoulder pain	Initially visual analogue scales. Later visual analog scales were transformed to numeric scales for telephone administration. Score range 0-100 (best to worst)	5-8' Last week	13	Pain (5) Function (8)
8.	SRQ	6	L'Insalata et al. (1997) ¹⁸	Designed to assess symptoms and function of the shoulder	A variety of shoulder disorders	5-option Likert scales, a visual analogue scale (global assessment). A non-graded question to select 2 areas in which the patient believes improvement is most important. Score range 17-100 (worst to best).	5-10' Last month	21	Global assessment (1) Pain (4) Activities of daily living (6) Work (5) Recreational & athletic activities (3) Satisfaction (1) Improvement (1)
9.	SSI	2	Patte (1987) ³⁰	Disability outcome assessment for functioning and activities of daily living	A variety of shoulder disorders	Yes/No answer options.	7' (n.i.)	30	-
10.	SSRS	3	Kohn & Geyer (1997) ¹⁶	Disability outcome assessment for functioning and daily activities	A variety of shoulder disorders	0 to 5 or 35 point scale, Score range 0-100 (worst to best)	<3' (n.i.)	5	-
11.	SST	12	Lippitt et al. (1993) ²¹	A function-based outcome assessment tool	A variety of shoulder disorders	Yes/No answer options. Score range 0-12 (worst to best)	<3' (n.i.)	12	-

Table 1: Summarized characteristics of the identified shoulder disorder-specific instruments

ASES-p: American Shoulder and Elbow Surgeons shoulder assessment – patient self-evaluation section; FLEX-SF: Flexilevel Scale of Shoulder Function; OSS: Oxford Shoulder Score; PSS: Penn Shoulder Score; SDQ-NL: Dutch Shoulder Disability Questionnaire (also known as van der Heijden shoulder disability questionnaire); SDQ-UK: United Kingdom Shoulder Disability Questionnaire (also known as Croft shoulder disability questionnaire); SPADI: Shoulder Pain and Disability Index; SRQ: Shoulder Rating Questionnaire (also known as L'Insalata Self-Administered Questionnaire - SAQ); SSI: Shoulder Severity Index; SSRS: Subjective Shoulder Rating System; SST: Simple Shoulder Test (also known as Patte score). n.i.: no information.

ATTRIBUTES	ASES-p	FLEX-SF	OSS	PSS	SDQ-NL	SDQ-UK	SPADI	SRQ	SSI	SSRS	SST
CONCEPT AND MEASUREMENT MODEL	81	66.7	66.7		66.7	47.6	52.4	52.4	14.3	28.6	52.4
1 concept of measurement	++++	++++	++++	++++	++++	++++	++++	++++	++++	++	++++
2 obtaining and combining items	++++	++++	++	-	++++	+++	++	++	-	++	++
3 dimensionality and scales	++++	+++	++	-	++	++	++	++	-	++	++
4 involvement of target population	-	++++	++++	-	++	+++	+	++++	-	-	++
5 scale variability	++++	-	++++	++	+++	++	+++	++	+	++	++++
6 level of measurement	+++	+++	++	-	++	+	++	++	+	++	++
7 procedures for deriving scores	++++	++	+++	+++	++++	++	++++	++	+	++	++
RELIABILITY - global score	75	66.7	58.3	55.6	41.7		83.3	50	66.7	41.7	75
internal consistency - reliability	75	66.7	55.5	55.6	41.7		83.3	50			58.3
8 data collection methods	++++	+++	+++	++++	+++	-	++++	++	-	-	+++
9 cronbach's alpha	++++	++++	++++	+++	++++	-	++++	+++	-	-	+++
10 IRT estimates	-	++	-	+	-	-	+++	-	-	-	+++
11 different populations	++++	n.a.	n.a.	n.a.	-	-	+++	++++	-	-	++
reproducibility - reliability	75	58.3	58.3	50			66.6	50	66.7	41.7	75
12 data collection methods	++++	++	+++	++	-	-	+++	++	+++	++	++++
13 test-retest and time interval	++++	++++	+++	+++	-	++++	++++	++++	++++	+++	++++
14 reproducibility coefficients	++++	++++	++++	++++	-	-	++++	+++	++++	+++	++++
15 IRT estimates	-	-	-	-	-	-	-	-	-	-	-
VALIDITY	86.7	83.3	75		93.3	50	66.7	25	50	40	80
16 content validity	+++	++++	+++	-	++++	++	++	++	+	++	++
17 construct/criterion validity	++++	+++	+++	+++	++++	+++	+++	++	++	++	++++
18 sample composition	++++	+++	+++	-	++++	+++	+++	+	+++	++	++++
19 prior hypothesis	+++	++++	++++	+++	+++	++	++++	++	++++	++	+++
20 rational for criterion validity	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.
21 different populations	++++	n.a.	n.a.	n.a.	++++	n.a.	+++	n.a.	n.a.	+++	++++
RESPONSIVENESS TO CHANGE	77.8	33.3	77.8	44.4	100	88.9	77.8	77.8	44.4	66.7	100
22 adequacy of methods	++++	++	+++	++	++++	+++	+++	++	+++	++	++++
23 description of estimated magnitude of change	++++	++	++++	++++	++++	++++	++++	++++	+++	+++	++++
24 comparison of stable and unstable groups	++	++	+++	+	++++	++++	+++	++++	+	++++	++++
INTERPRETABILITY	66.7	55.6	66.7	33.3			22.2	11.1	0		55.6
25 rational of external criteria	+++	+++	+++	++	-	-	++	++	+	-	+++
26 description of interpretation strategies	+++	++	++	++	-	-	++	+	+	-	++

Table 2: Expert ratings of each EMPRO item and attribute for every identified shoulder disorder-specific instrument

27 how data should be reported	+++	+++	++++	++	-	-	+	+	-	-	+++
OVERALL SCORE	77.4	61.1	68.9	26.7	60.3	37.3	60.5	43.3	35.1	35.4	72.6
BURDEN - score											
Burden I - respondent	55.6		88.9	11.1	100	77.8	22.2	22.2	11.1	66.7	88.9
28 skills and time needed	+++	-	+++	++	++++	++++	++	++	++	++++	++++
29 impact on respondents	++	+++	++++	+	++++	+++	++	++	+	++++	++++
30 not suitable circumstances	+++	-	++++	-	++++	+++	-	+	-	-	+++
Burden II - administrative	91.7	16.7	66.7	75	100	58.3	50	33.3	25	50	41.7
31 resources required	+++	++	++++	++++	++++	+++	++++	+	+	++++	+++
32 time required	++++	-	-	++++	++++	++++	-	++	++++	-	-
33 training and expertise needed	++++	-	++++	-	++++	+++	-	+	+	-	-
34 burden of score calculation	++++	++	+++	++++	++++	-	++++	++++	+	++++	++++
ALTERNATIVE FORMS OF ADMINISTRATION		66.7					83.3				
35 metric characteristics of alternative forms	n.a.	+++	n.a.	n.a.	n.a.	n.a.	++++	n.a.	n.a.	n.a.	n.a.
36 comparability of alternative forms	n.a.	+++	n.a.	n.a.	n.a.	n.a.	+++	n.a.	n.a.	n.a.	n.a.
Explanation: ++++ 4 (strongly agree); +++ 3; ++ 2; + 1 (strongly disagree); - no information; n.a. not applicable											