

Research Articles: Systems/Circuits

The origin of GnRH pulse generation: An integrative mathematical-experimental approach

<https://doi.org/10.1523/JNEUROSCI.0828-19.2019>

Cite as: J. Neurosci 2019; 10.1523/JNEUROSCI.0828-19.2019

Received: 3 April 2019

Revised: 22 July 2019

Accepted: 29 July 2019

This Early Release article has been peer-reviewed and accepted, but has not been through the composition and copyediting processes. The final version may differ slightly in style or formatting and will contain links to any extended data.

Alerts: Sign up at www.jneurosci.org/alerts to receive customized email alerts when the fully formatted version of this article is published.

1 **The origin of GnRH pulse generation: An integrative**
2 **mathematical-experimental approach**

3 Margaritis Voliotis^{1,2,*†}, Xiao Feng Li³, †, Ross De Burgh^{3,†}, Geffen Lass³, Stafford L. Lightman⁴,
4 Kevin T. O’Byrne^{3*}, Krasimira Tsaneva-Atanasova^{1,2,*}

5 ¹Department of Mathematics and Living Systems Institute, College of Engineering, Mathematics and
6 Physical Sciences, University of Exeter, Exeter, EX4 4QF, UK.

7 ²EPSRC Centre for Predictive Modelling in Healthcare, University of Exeter, Exeter, EX4 4QJ, UK.

8 ³Department of Women and Children’s Health, School of Life Course Sciences, King’s College
9 London, London SE1 1UL, UK.

10 ⁴Henry Wellcome Laboratory for Integrative Neuroscience and Endocrinology, University of Bristol,
11 Bristol, BS1 3NY, UK.

12 † These authors contributed equally to this work

13 * For correspondence: M.Voliotis@exeter.ac.uk, K.Tsaneva-Atanasova@exeter.ac.uk

14 Number of pages: 16

15 Number of figures: 6

16 Number of extended data tables: 0

17 Number of extended data figures: 0

18 Abstract: 146 words

19 Introduction: 643 words

20 Discussion: 1028 words

21 The authors declare no conflict of interest.

22 **Acknowledgments:** The authors gratefully acknowledge the financial support of the EPSRC via grant
23 EP/N014391/1 (KTA and MV), MRC via grant MR/N022637/1 (KOB and SLL), and BBSRCH via
24 grant BB/S001255/1 (KTA, KOB, MV, XFL).

25 **Abstract**

26 Fertility critically depends on the gonadotropin-releasing hormone (GnRH) pulse generator, a neural
27 construct comprised of hypothalamic neurons co-expressing kisspeptin, neurokinin-B and
28 dynorphin. Here, using mathematical modelling and in-vivo optogenetics we reveal for the first time
29 how this neural construct initiates and sustains the appropriate ultradian frequency essential for
30 reproduction. Prompted by mathematical modelling, we show experimentally using female estrous
31 mice that robust pulsatile release of luteinizing hormone, a proxy for GnRH, emerges abruptly as we
32 increase the basal activity of the neuronal network using continuous low frequency optogenetic
33 stimulation. Further increase in basal activity markedly increases pulse frequency and eventually
34 leads to pulse termination. Additional model predictions that pulsatile dynamics emerge from non-
35 linear positive and negative feedback interactions mediated through neurokinin-B and dynorphin
36 signaling respectively are confirmed neuropharmacologically. Our results shed light on the long-
37 elusive GnRH pulse generator offering new horizons for reproductive health and wellbeing.

38 **Significance Statement**

39 The gonadotropin-releasing hormone (GnRH) pulse generator controls the pulsatile secretion of the
40 gonadotropic hormones LH and FSH and is critical for fertility. The hypothalamic arcuate kisspeptin
41 neurons are thought to represent the GnRH pulse generator, since their oscillatory activity is coincident
42 with LH pulses in the blood; a proxy for GnRH pulses. However, the mechanisms underlying GnRH
43 pulse generation remain elusive. We developed a mathematical model of the kisspeptin neuronal
44 network and confirmed its predictions experimentally, showing how LH secretion is frequency-
45 modulated as we increase the basal activity of the arcuate kisspeptin neurons in-vivo using continuous
46 optogenetic stimulation. Our model provides a quantitative framework for understanding the
47 reproductive neuroendocrine system and opens new horizons for fertility regulation.

48 **Introduction**

49 The periodic release of gonadotropin-releasing hormone (GnRH) plays a central role in control of
50 mammalian reproduction and is driven by hypothalamic neuronal networks (Herbison, 2016). The
51 operation of these networks at a frequency appropriate for the species is critical for the generation of
52 gonadotropin hormone signals (luteinizing hormone, LH; and follicle-stimulating hormone, FSH) by
53 the pituitary gland, which stimulate the gonads and set in motion gametogenesis and ovulation.
54 However, the origin of GnRH pulse generation and mechanisms underlying frequency control remain
55 poorly understood.

56
57 Secretion of GnRH by GnRH neurons located in the hypothalamus into the pituitary portal circulation
58 is controlled by upstream hypothalamic signals (Herbison, 2016). The neuropeptide kisspeptin has been
59 identified as a key regulator of GnRH secretion as both humans and rodents with inactivating mutations
60 in kisspeptin or its receptor fail to progress through puberty or show normal pulsatile LH secretion (de
61 Roux et al., 2003; Seminara et al., 2003; Kaiser, 2015). Within the hypothalamus, two major kisspeptin
62 producing neuronal populations are found in the arcuate nucleus (ARC) and in the preoptical area
63 (Hrabovszky, 2014) or the anteroventral periventricular (AVPV)/rostral periventricular (PeN)
64 continuum in rodents (Clarkson et al., 2009). Moreover, the invariable association between neuronal
65 activity in the ARC and LH pulses across a range of species from rodents to primates (Plant and
66 Zeleznik, 2014) has been suggestive that the ARC is the location of the GnRH pulse generator, and
67 therefore the ARC kisspeptin neurons, also known as KNDy for co-expressing neurokinin B (NKB)
68 and dynorphin (Dyn) alongside kisspeptin (Lehman et al., 2011), constitute the core of the GnRH pulse
69 generator.

70 Although animal studies have shown that KNDy neurons are critical for the regulation of GnRH
71 secretion, there has been relatively little understanding on the regulatory mechanisms involved in
72 generating and sustaining pulsatile dynamics. Pharmacological modulators of kisspeptin, NKB and
73 Dyn signaling have been extensively used to perturb the system and study the effect on the activity of a
74 hypothalamic neuronal population (using ARC multiunit activity (MUA) volleys, an
75 electrophysiological correlate of GnRH pulse generator activity, as a proxy) (Wilson et al., 1984), as
76 well as on downstream GnRH/LH pulse dynamics (Kinsey-Jones et al., 2008; Navarro et al., 2009;
77 Wakabayashi et al., 2010; Kinsey-Jones et al., 2011). For example, it has been shown that kisspeptin
78 (Kp-10) administration does not affect MUA volleys in the ovariectomized rat (Kinsey-Jones et al.,
79 2008), suggesting that kisspeptin is relaying the pulsatile signal to GnRH neurons rather than
80 generating it. On the contrary, administration of NKB or Dyn modulates MUA volley frequency in the
81 ovariectomized goat (Wakabayashi et al., 2010), suggesting a more active role for these neuropeptides
82 in the generation of the pulses. Deciphering, however, the role of NKB has been problematic, and there
83 exist conflicting data showing either an increase or decrease of LH levels in response to administration
84 of a selective NKB receptor (TACR3) agonist (senktide) (Sandoval-Guzmán and E Rance, 2004;
85 Navarro et al., 2009; Kinsey-Jones et al., 2011). Recently, a study combining optogenetics, with whole-
86 cell electrophysiology and molecular pharmacology has shed light on the action of the neuropeptides
87 NKB and Dyn in the KNDy network (Qiu et al., 2016), with the key mechanistic finding that NKB
88 functions as an excitatory signal by depolarizing KNDy cells at the post-synaptic site, while co-
89 released Dyn functions pre-synaptically to inhibit NKB release.

90
91 Taking into account the experimental findings described above, we develop a mathematical model of
92 the ARC KNDy network. The model predicts that this neuronal population behaves as a relaxation
93 oscillator, autonomously generating and sustaining pulsatile activity similar to the hypothalamic MUA
94 volleys observed *in vivo* (Wilson et al., 1984; Kinsey-Jones et al., 2011). Further model analysis reveals
95 that basal activity within the ARC KNDy population is a critical for GnRH/LH pulsatility. We test this
96 predictions *in-vivo* using optogenetics and show that LH secretion dynamics are sensitive to
97 *continuous* stimulation of the ARC KNDy network.

98 **Materials and methods**

99 **Animals**

100 Breeding pairs of Kiss-Cre heterozygous transgenic mice (Yeo et al., 2016) were obtained from the
101 Department of Physiology, Development and Neuroscience, University of Cambridge, UK. Litters
102 from the breeding pairs were genotyped by polymerase chain reaction (PCR) analysis. Adult female
103 mice (8-14 wk old; 25-30g) heterozygous for the Kiss-Cre transgene or wild-type C57BL/6 littermates,
104 with normal pubertal development and estrous cyclicity, were used. Mice were housed under a 12:12 h
105 light/dark cycle (lights on 0700 h) at 22 ± 2 °C and provided with food (standard maintenance diet;
106 Special Dietary Services, Wittam, UK) and water ad libitum. All animal procedures performed were
107 approved by the Animal Welfare and Ethical Review Body (AWERB) Committee at King's College
108 London, and in accordance with the UK Home Office Regulations.

109 **Surgical procedures**

110 Surgical procedures for stereotaxic injection of AAV9-EF1-dflox-hChR2-(H134R)-mCherry-WPRE-
111 hGH (4.35 x 10¹³ GC/ml; Penn Vector Core) to express channelrhodopsin (ChR2) in ARC kisspeptin
112 neurons were performed under aseptic conditions with general anesthesia induced by ketamine
113 (Vetalar, 100 mg/kg, i.p.; Pfizer, Sandwich, UK) and xylazine (Rompun, 10 mg/kg, i.p.; Bayer,
114 Leverkusen, Germany). Kiss-Cre female mice (n = 9) or wide-type (n = 3) were secured in a David

115 Kopf Motorized stereotaxic frame and surgical procedures were performed using a Robot Stereotaxy
116 system (Neurostar, Tübingen, Germany). A small hole was drilled into the skull at a location above the
117 ARC. The stereotaxic injection coordinates used to target the ARC were obtained from the mouse
118 brain atlas of Paxinos and Franklin (Paxinos and Franklin, 2004) (0.3 mm lateral, 1.2 mm posterior to
119 bregma and at a depth of 6.0 mm). Using a 2- μ L Hamilton micro-syringe (Esslab, Essex, UK) attached
120 to the Robot Stereotaxy, 1 μ l of the AAV-construct was injected unilaterally into the ARC at a rate of
121 100 nl/min. The needle was left in position for a further 5 min and then removed slowly over 1 min. A
122 fiber optic cannula (200 μ m, 0.39NA, 1.25mm ceramic ferrule; Thorlabs LTD, Ely, UK) was then
123 inserted at the same co-ordinates as the injection site, but to a depth of 5.88 mm, so that the fiber optic
124 cannula was situated immediately above the latter. Dental cement or a glue composite was then used to
125 fix the cannula in place, and the skin incision closed with suture. A separate group of mice (n = 10)
126 injected with the AAV construct, and fiber optic cannulae as described above, but additionally
127 chronically implanted with an intra-cerebroventricular (icv) fluid cannulae (26 gauge; Plastics One,
128 Roanoke, VA, USA) targeting the lateral ventricle (coordinates: 1.1 mm lateral, 1.0 mm posterior to
129 bregma and at a depth of 3.0 mm), was used for the combined neuropharmacological and optogenetic
130 studies. After surgery, mice were left for 4 weeks to achieve effective opsin expression. After a 1-wk
131 recovery period, the mice were handled daily to acclimatize them to the tail-tip blood sampling
132 procedure (Steyn et al., 2013).

133 **Validation of AAV injection site**

134 After completion of experiments, mice were anaesthetized with a lethal dose of ketamine and
135 transcardially perfused with heparinized saline for 5 min, followed by 10 min of ice-cold 4%
136 paraformaldehyde (PFA) in phosphate buffer (pH 7.4) for 15 min using a pump (Minipuls, Gilson,
137 Villiers Le Bel, France). Brains were rapidly collected and postfixed sequentially at 4 °C in 15%
138 sucrose in 4% PFA and in 30% sucrose in phosphate-buffered saline until they sank. Afterwards, brains
139 were snap-frozen on dry ice and stored at -80 °C until processing. Brains were coronally sectioned (40-
140 μ m) using a cryostat (Bright Instrument Co., Luton, UK) and every third section was collected between
141 -1.34 mm to -2.70 mm from the bregma. Sections were mounted on microscope slides, air-dried and
142 cover slipped with ProLong Antifade mounting medium (Molecular Probes, Inc. OR, USA). The
143 injection site was verified and evaluated using Axioskop 2 Plus microscope equipped with axiovision
144 4.7. One of 19 Kiss-Cre mice failed to show mCherry fluorescence in the ARC and was excluded from
145 the analysis.

146 **Experimental design, and blood samplings for LH measurement**

147 Prior to optogenetic stimulation, the very tip of the mouse's tail was excised using a sterile scalpel for
148 subsequent blood sample collection (Czieselsky et al., 2016). The chronically implanted fiber optic
149 cannula was then attached via a ceramic mating sleeve to a multimode fiber optic rotary joint patch
150 cables (Thorlabs), allowing freedom of movement of the animal, for delivery of blue light (473 nm
151 wavelength) using a Grass SD9B stimulator controlled DPSS laser (Laserglow Technologies, Toronto,
152 Canada). Laser intensity at the tip of the fiber optic patch cable was 5 mW. After 1 h acclimatization,
153 blood samples (5 μ l) were collected every 5 min for 2.5 h. After 1 h controlled blood sampling,
154 continuous optic stimulation (5-ms pulse width) was initiated at 0.5, 1 and 5 Hz for 90 min. Controls
155 received no optic stimulation. Kiss-Cre mice received the stimulation protocols in random order. Wild-
156 type received 5 Hz optic stimulation only.

157 For the neuropharmacological manipulation of Dyn or NKB signaling with or without simultaneous
158 optogenetic stimulation the animals were appropriately prepared as described above, but in addition an
159 icv injection cannula with extension tubing, preloaded with drug solution (nor-BNI or SB222200

160 dissolved in artificial cerebrospinal fluid), was inserted into the guide cannula immediately after
 161 connection of the fiber optic cannula. The tubing was extended outside the cage and connected to a 10
 162 μl syringe (Hamilton) mounted in an automated Harvard pump (Harvard Apparatus, Holliston, MA,
 163 USA) to allow remote microinfusion without disturbing the mice during the experiment. Five min
 164 before optic stimulation, icv administration of drug treatment commenced as a bolus injection over 5
 165 min, followed by a continuous infusion for the remainder of the experiment. In the absence of optic
 166 stimulation the same icv regimen was used. The blood samples were frozen at -80°C until assayed. LH
 167 was measured using an in-house ELISA similar to that described by Steyn *et al.* (Steyn *et al.*, 2013).
 168 Mouse LH standard (AFP-5306A; NIDDK-NHPP) and primary antibody (polyclonal antibody, rabbit
 169 LH antiserum, AFP240580Rb; NIDDK-NHPP) were purchased from Harbour-UCLA, CA, USA, and
 170 secondary antibody (Donkey anti-rabbit IgG polyclonal antibody [Horseradish peroxidase]; NA934)
 171 was purchased from VWR International, UK. The ELISA validation was carried out according to the
 172 procedure of Steyn *et al.* (Steyn *et al.*, 2013). which was derived from protocols defined by the
 173 International Union of Pure and Applied Chemistry. The linear detection range was determined by
 174 assessment of 9 serially diluted mLH standard replicates ranging from 0.00195 to 1ng/ml. To
 175 interpolate the LH concentration in whole blood samples, a nonlinear regression analysis was
 176 performed using serially diluted mLH standards of known concentration to create a standard curve with
 177 a detection range from 8.0-0.015 ng/ml. Extension of the standard curve by inclusion of a top standard
 178 of 1.0 ng/ml and extrapolation of unknowns after nonlinear regression analysis allowed a theoretical
 179 detection range of whole blood mLH (in a 1:25 dilution) of 0.187 to 25ng/mL. In our hand, the
 180 sensitivity of the ELISA is 7.5pg/ml. Accuracy, intra- and inter-assay variability were determined using
 181 mouse blood samples with known amounts of mLH included in each assay. We observed reliable
 182 detection of mLH at a final concentration of 0.0039 ng/ml. A linear regression across a standard curve
 183 ranging from 0.0075 to 1.0 ng/ml generated an R^2 value of 0.964. The intra-assay and inter-assay
 184 variations were 4.6% and 10.2%, respectively.

185 **LH Pulses and Statistical Analysis**

186 Detection of LH pulses was established by use of the Dynpeak algorithm (Vidal *et al.*, 2012). The
 187 effect of optogenetic stimulation on parameters of LH secretion was calculated by comparing the mean
 188 number of LH pulse per hour, within the 90 min stimulation/drug delivery period with the 60 min pre-
 189 stimulation/drug delivery control period. For the non-stimulated control animals, the same timepoints
 190 were compared. The mean number of LH pulse per hour, within the 90 min stimulation period, or
 191 equivalent, was also compared between experimental groups. Statistical significance was tested using
 192 one-way ANOVA followed by Dunnett's test. $P < 0.05$ was considered statistically significant. Data
 193 are presented as the mean \pm SEM.

194 **Modelling the effect of NKB and Dyn receptor antagonists**

195 To model the effect of SB222222, a selective NKB receptor (TACR3) antagonist, we modify the
 196 expression for the synaptic input, I , to read:

$$197 \quad I = I_0 + p_v \frac{N^{n_4}}{N^{n_4} + E^{n_4} + K_N^{n_4}} \bar{v},$$

198 Similarly to model the effect of nor-BNI, a kappa-opioid receptor antagonist, we modify function f_N to
 199 read:

$$f_N(\bar{v}, \bar{D}) = k_{N,0} + k_N \frac{\bar{v}^{n_2}}{\bar{v}^{n_2} + K_{v,2}^{n_2}} \frac{K_D^{n_3} + E^{n_3}}{\bar{D}^{n_3} + E^{n_3} + K_D^{n_3}}.$$

200 In the equations above parameter E represents the antagonist concentration.

201 **Model callibration**

202 We used an Approximate Bayesian Computation (ABC) method based on sequential Monte Carlo
 203 (SMC) (Toni et al., 2009) to infer model parameters d_D , d_N , k_D , $k_{D,0}$, and $k_{N,0}$ from MUA recordings
 204 (figure 3A in (Kinsey-Jones et al., 2012)). In ABC SMC a population of parameter vectors or particles,
 205 θ , initially sampled from the prior distribution π_0 , is propagated to the approximate target posterior
 206 distribution $\pi_T(\theta | d(x(t), x^*(t)) < \varepsilon_T)$, where $d(x(t), x^*(t))$ is a discrepancy function comparing
 207 the simulated dataset $x^*(t)$ to the experimental data $x(t)$, and ε_T is the error tolerance level.
 208 Propagation is accomplished through a sequence of distributions $\pi_i, i = 1, \dots, T - 1$, associated with a
 209 series of decreasing tolerance levels ε_i , hence making the transition to the target π_T more gradual and
 210 avoiding getting stuck in areas of low probability. We used the following discrepancy function to
 211 comparing simulated ($x^*(t)$) to experimental ($x(t)$) data:

$$d(x(t), x^*(t)) = \max\left(\frac{I(x(t)) - I(x^*(t))}{I(x(t))}, \frac{DC(x(t)) - DC(x^*(t))}{DC(x(t))}\right)$$

212 where $I(z(t))$ is the average time interval between pulses in trajectory $z(t)$ and $DC(z(t))$ is the
 213 average duty cycle in $z(t)$ (defined as the fraction of time the activity exceeds 50% of the max
 214 activity). In the data we used $I(x(t)) = 19.26 \pm 0.32\text{min}$ and $DC(x(t)) = 0.181 \pm 0.04$. Simulated
 215 trajectories were generated by simulating the model to 6000min and discarding the first 1000min. To
 216 ensure gradual transition between populations we take $T = 4$ and $\varepsilon_i = 10^{2-i}$. The size of the particle
 217 population is set to 500. The following prior distributions were used: $\log_{10}(d_D) \sim \text{Uniform}(-3,3)$,
 218 $\log_{10}(d_N) \sim \text{Uniform}(-3,3)$, $\log_{10}(k_D) \sim \text{Uniform}(-3,3)$, $\log_{10}(k_{D,0}) \sim \text{Uniform}(-3,3)$,
 219 $\log_{10}(k_{N,0}) \sim \text{Uniform}(-3,3)$. All remaining parameters were fixed to values found in the literature
 220 (see Table 1). For each parameter an independent \log_{10} -normal perturbation kernel with variance 0.05
 221 was used.

222 Bifurcation analysis and numerical experiments

223 Bifurcation analysis of the model was performed using AUTO-07p (Doedel et al., 2007). The model
 224 was simulated in Matlab using function ode45 (explicit Runge-Kutta (4, 5) solver).

225 Results

226 A coarse-grained model of the ARC KNDy population

227 We propose a mathematical model (Figure 1A) to study the dynamics of the ARC KNDy population.
 228 The model describes the dynamics of the neuronal population using three variables: \bar{D} , representing the
 229 average concentration of Dyn secreted by the population; \bar{N} , representing the average concentration of
 230 NKB secreted by the population; and \bar{v} , representing the average firing activity of the population,
 231 measured in spikes/min. The dynamics of the model variables are governed by the following set of
 232 coupled ordinary differential equations (ODEs):

$$\frac{d\bar{D}}{dt} = f_D(\bar{v}) - d_D\bar{D}; \quad [1]$$

$$\frac{d\bar{N}}{dt} = f_N(\bar{v}, \bar{D}) - d_N\bar{N}; \quad [2]$$

$$\frac{d\bar{v}}{dt} = f_v(\bar{v}, \bar{N}) - d_v\bar{v}. \quad [3]$$

233 Parameters d_D , d_N and d_v control the characteristic timescale of each variable. In particular, parameters
 234 d_D and d_N correspond to the rate at which Dyn and NKB are lost (e.g. due to diffusion or active

235 degradation), while d_v relates to the rate at which neuronal activity resets to its basal level. Functions
 236 f_D , f_N describe the secretion rate of Dyn and NKB, respectively, while function f_v encodes how the
 237 firing rate changes in response to the current levels of NKB and firing rate.

238 We employ the following sigmoidal (Hill) functions to describe regulatory relationships between the
 239 state variables. In particular, we set the secretion rate of Dyn and NKB to be:

$$f_D(\bar{v}) = k_{D,0} + k_D \frac{\bar{v}^{n_1}}{\bar{v}^{n_1} + K_{v,1}^{n_1}};$$

$$f_N(\bar{v}, \bar{D}) = k_{N,0} + k_N \frac{\bar{v}^{n_2}}{\bar{v}^{n_2} + K_{v,2}^{n_2}} \frac{K_D^{n_3}}{\bar{D}^{n_3} + K_D^{n_3}}.$$

240 In the equations above, both neuropeptides are constitutively secreted at rates $k_{D,0}$ and $k_{N,0}$, neuronal
 241 activity stimulates secretion of the two neuropeptides, and Dyn represses NKB secretion (Qiu et al.,
 242 2016). Since the rate of neuropeptide release is inherently limited by availability of cytoplasmic
 243 secretory vesicles at the presynaptic terminals (Han et al., 1999), we let secretion rates saturate at k_D
 244 and k_N , respectively. The effector levels at which saturation occurs are controlled via parameters $K_{v,1}$,
 245 $K_{v,2}$ and K_D . Furthermore, we set:

$$f_v(\bar{v}, \bar{N}) = v_0 \frac{1 - \exp(-I)}{1 + \exp(-I)};$$

$$I = I_0 + p_v \frac{N^{n_4}}{N^{n_4} + K_N^{n_4}} \bar{v},$$

246 where v_0 is the maximum rate at which the firing rate increases in response to synaptic inputs I . The
 247 stimulatory effect of NKB (which is secreted at the presynaptic terminal) is mediated via G protein-
 248 coupled receptor Tacr3 and is manifested as a short-term depolarization of the postsynaptic neuron
 249 (Qiu et al., 2016). In the equation above, we accommodate this effect by letting a synaptic weight that
 250 is a sigmoidal function of NKB multiply \bar{v} . Parameter K_N sets the level of NKB at which its effect is
 251 half-maximal, and parameter p_v controls the strength of the synaptic connections between KNDy
 252 neurons. Finally, parameter I_0 controls the basal neuronal activity in the population, which could stem
 253 from synaptic noise or external inputs. We find that for biophysically relevant parameter values (Table
 254 1) the model predicts events of synchronized neuronal activity (Figure 1A), reminiscent of the activity
 255 measured from the arcuate nucleus of rodent models (Kinsey-Jones et al., 2011; Clarkson et al., 2017b),
 256 and supports the hypothesis that KNDy neurons in the ARC constitute the core of the GnRH pulse
 257 generator (Clarkson et al., 2017b).

259 Analysis of the model reveals the KNDy population functions as a relaxation oscillator.

260 Having shown that the model can reproduce sustained pulses of neuronal activity, we proceed to
 261 investigate the mechanisms driving the phenomenon. We first study the role of Dyn-mediated negative
 262 feedback using fast – slow analysis (Rinzel, 1985) of the coarse-grained model (Eqns. [1–3]). Model
 263 calibration suggests that Dyn operates at a slower time-scale than NKB (Table 1). This time-scale
 264 separation, also supported by receptor internalization data (Weems et al., 2018), allows us to study the
 265 dynamics of the fast subsystem, comprised of \bar{N} and \bar{v} , as a function of the slow variable, \bar{D} , which is
 266 treated as a constant (bifurcation) parameter. Our analysis shows that for intermediate values of Dyn
 267 the fast subsystem can exist either in a high or a low activity state (Figure 1B). This bi-stable behavior,
 268 stemming from the non-linear positive feedback between neuronal activity and NKB secretion, leads to
 269 sustained oscillations of neuronal activity when combined with slow, Dyn-mediated, negative
 270 feedback. In engineering terms, the system behaves as a relaxation oscillator: where the bi-stable
 271 subsystem is successively excited (moved from low to high state) by external inputs or noise and
 272 silenced (moved from high to low state) as a result of negative feedback. We should note that a

273 relatively slow negative feedback is sufficient for sustaining oscillations, however, the combination of
274 negative feedback with bi-stability is found in many biological oscillators most likely because it
275 confers robustness (Pomerening et al., 2003).

276 Next, to demonstrate the role of basal neuronal activity within the KNDy network in the generation and
277 modulation of oscillatory activity, we treat parameter I_0 as a bifurcation parameter. Our analysis shows
278 that oscillatory behavior is supported within a critical range of I_0 values (see Figure 1C). As I_0 is
279 increased from zero, high-amplitude, low-frequency pulses emerge via a Hopf bifurcation (Figure 1C;
280 HB1 point). The frequency of pulses further increases with I_0 , until oscillations disappear via a Hopf
281 bifurcation (Figure 1C; HB2 point) and the system re-enters a silent (non-oscillatory) regime.

282 **Continuous optogenetic stimulation of KNDy neurons alters the pattern of LH secretion *in vivo*.**

283 To test the model prediction that basal excitation within the KNDy population controls LH pulsatility,
284 we continuously stimulated the ARC KNDy population in Kiss-Cre mice (Adekunbi et al., 2018) using
285 optogenetics and measured LH dynamics. ARC kisspeptin-expressing neurons were transduced with a
286 Cre-dependent adeno-associated virus (AAV9-EF1-dflox-hChR2-(H134R)-mCherry-WPRE-hGH) to
287 express ChR2 (Figure 2). AAV-injected, Kiss-Cre mice were implanted with a fiber optic cannula in
288 the ARC and the effects on LH pulsatility of continuous stimulation at different frequencies was tested.
289 After 1 h of controlled blood sampling, low-frequency optic stimulation, 5-ms pulses of blue light (473
290 nm) at 0.5, 1 or 5 Hz, was initiated and continuously delivered for 90 min. Control mice received no
291 optic stimulation. During the course of the experiment, blood samples (5 μ l) were collected every 5 min
292 (Adekunbi et al., 2018). To maximize the effect of optogenetic stimulation, estrous mice were used
293 which display minimum intrinsic pulse generator activity (Czieselsky et al., 2016). Indeed, the majority
294 of the control non-optically stimulated Kiss-Cre mice in estrus exhibited no LH pulse or intermittently
295 1 pulse during the 2.5 h sampling period (Figure 3A&G). Similarly, no LH pulses or occasionally 1 LH
296 pulse was observed in the 60 min control period in the optically stimulated mice (Figure 3G; white
297 bars). Continuous optic stimulation at 0.5 Hz failed to induce LH pulses (Figure 3B&G), while 1 Hz
298 evoked regular LH pulses (Figure 3C&G), in line with our theoretical prediction of sudden qualitative
299 changes in the dynamic behaviour of the system (Figure 1C). Stimulation at 5 Hz resulted in a further,
300 statistically significant ($p < 0.05$), increase in LH pulse frequency (Figure 3D&G) further confirming
301 that increasing the basal activity in the ARC KNDy neuronal population via low frequency continuous
302 stimulation modulates LH pulsatile dynamics. Further increasing the frequency of optic stimulation to
303 15Hz led to a reduction in LH pulses (Figure 3E&G), and at 20Hz the frequency of LH pulses under
304 optic stimulation was indistinguishable from the control period (Figure 3F&G). Continuous
305 optogenetic stimulation (5 Hz) of AAV-injected wild-type C57BL/6 estrous mice ($n = 3$) failed to
306 induce LH pulses (data not shown).

307 **Levels of Dyn and NKB signaling control the response of the system to optic stimulation.**

308 The above theoretical and experimental results indicate a characteristic tipping-point behavior of the
309 system, where a small increase in the basal activation levels is sufficient to trigger robust pulsatile
310 dynamics (Strogatz, 2018). Our model predicts that such behavior emerges as a result of the non-linear
311 positive and negative feedback interactions that are mediated through NKB and Dyn signaling
312 respectively. Therefore to test the active role of NKB and Dyn signaling on pulse generation, we next
313 combined optogenetic stimulation with neuropharmacological perturbations of the two pathways.

314 **Disrupting Dyn signaling increases the sensitivity of the system to optic stimulation.** Our model
315 predicts that disruption of Dyn signaling should enable pulsatile dynamics over a wider range of optic
316 stimulation frequencies (Figure 4A). Specifically, Figure 4A bottom panel depicts a two-parameter

317 bifurcation digram showing how the loci of HB1 and HB2 (see Figure 1C) change as we vary two
318 parameters in the model, namely the basal activity (I_0) and antagonist concentration (E ; see Materials
319 and methods). Intuitively, such disruption will reduce the strength of negative feedback in the system
320 and consequently lower optic stimulation frequencies would suffice to excite the bi-stable neuronal
321 population and set the relaxation oscillator in motion. To test this prediction *in-vivo* we repeated the
322 optogenetic stimulation protocol at 0.5Hz together with nor-binaltorphimine (nor-BNI), a selective
323 kappa opioid receptor (KOR) antagonist, to block Dyn signaling. Although 0.5Hz had previously failed
324 to induce LH pulses (Figure 4C&F), the addition of nor-BNI (bolus intra-cerebroventricular injection
325 of 1.06 nmol over 5 min, followed by a continuous infusion of 1.28 nmol over 90 min) evokes a
326 statistically significant increase in LH pulse frequency to approximately 1.6 pulses/hour (Figure
327 4E&F). Intra-cerebroventricular injection of nor-BNI alone had no effect on LH pulse frequency
328 (Figure 4D&F).

329 **Disrupting NKB signaling desensitizes the system to optic stimulation.** Our model also predicts that
330 disruption of NKB signaling should desensitize the system to external optic stimulation (see Figure
331 5A). Specifically, Figure 5A bottom panel depicts a two-parameter bifurcation digram showing how
332 the loci of HB1 and HB2 (see Figure 1C) change as we vary two parameters in the model, namely the
333 basal activity (I_0) and antagonist (E ; see Materials and methods). NKB signaling is key for pulsatile
334 behavior as it enables positive feedback interactions within the population and therefore promotes bi-
335 stability. Hence disrupting NKB signaling ought to decrease the propensity of the system to get excited
336 into the pulsatile regime by external stimulation. To test this prediction *in-vivo* we repeated the
337 optogenetic stimulation protocol at the highest frequency (5Hz), and used SB222200, a selective
338 TACR3 antagonist, to block NKB signaling. Although 5Hz had previously induced a high frequency
339 LH response (Figure 4C&F), we observe that antagonist addition (bolus intra-cerebroventricular
340 injection of 6 nmol over 5 min, followed by a continuous infusion of 9 nmol over 90 min) completely
341 blocked the increased LH pulse frequency (Figure 5E&F). Intra-cerebroventricular injection of
342 SB222200 alone had no effect on LH pulse frequency (Figure 5D&F).

343 Discussion

344 We developed and studied a mathematical model of the KNDy neural population in the ARC, a
345 population proposed to comprise the core of the GnRH pulse generator (Clarkson et al., 2017a; Fergani
346 and Navarro, 2017). Our model demonstrates that the KNDy population can indeed produce and sustain
347 pulsatile dynamics working as a relaxation oscillator. On the one hand, auto-stimulation via NKB
348 signaling allows the population to behave as a bi-stable switch, firing either at a high or low rate.
349 Moreover, basal neuronal activity and negative feedback through Dyn signaling allow the population to
350 switch between the two activity states in a regular manner, giving rise to pulses of neuronal activity.
351 Using global sensitivity analysis, we found that this mechanism of pulse generation is robust to
352 parameter perturbations (Figure 6). In fact, co-variation of parameters governing, for example, the
353 magnitude of basal activity, and the maximum secretion rates of NKB and Dyn is a more effective way
354 of modulating the systems' oscillatory behavior (amplitude and frequency). This multi-channel mode
355 of efficient regulation is perhaps not surprising given the system's crucial function, and hints that
356 steroid feedback modulating the dynamics of the pulse generator over the reproductive cycle in female
357 mammals is mediated through multiple, possibly interlinked, pathways.

358 Our mathematical model presumes that KNDy neurons comprise the core mechanism behind GnRH
359 pulse generation. However, there is ongoing debate over the precise definition of the GnRH pulse
360 generator, and in particular whether pulse generation is intrinsic to the KNDy population or the
361 downstream GnRH neurons. The latter hypothesis is supported by data showing that continuous
362 kisspeptin infusion can increase LH pulse frequency in women with hypothalamic amenorrhoea

363 (Jayasena et al., 2014); healthy men (George et al., 2011); patients with inactivating mutations in the
364 NKB signalling pathway (Young et al., 2013); and in sheep in the presence of NKB antagonism
365 (Clarke et al., 2018). These data do not exclude the KNDy hypothesis nor directly contradict it, as
366 continuous kisspeptin stimulation could be allowing GnRH neurons to respond to residual episodic
367 KNDy activity, however they do highlight the possibility of multiple distinct mechanisms driving LH
368 pulsatility (Lehnert and Khadra, 2019; Lippincott et al., 2019).

369 Following model predictions, we explored the effect of continuous optogenetic activation of the KNDy
370 population on LH pulse dynamics, a proxy for GnRH pulse dynamics. Analysis of the model highlights
371 that the KNDy population undergoes sudden qualitative changes in its dynamic behaviour as the basal
372 activity of the population is modulated. In particular, as the basal activity level is increased the system
373 transitions from a silent into a pulsatile mode, while higher levels of basal activity inhibit pulses and
374 reinstate the quiescent state. Importantly, these sudden transitions are a rudimentary characteristic of the
375 mechanisms underlying pulse generation, and hence should be experimentally verifiable. We tested
376 model predictions *in-vivo* using optogenetics (Campos and Herbison, 2014; Han et al., 2015b; Clarkson
377 et al., 2017a), and showed that we are able to induce LH pulses in estrous mice by selectively exciting
378 KNDy neurons in a continuous fashion between 1Hz and 5Hz. *In-vitro* arcuate kisspeptin neurons
379 transfected with ChR2 responded with remarkable fidelity (>97%) to optic stimulation in the range 1-
380 20Hz (Han et al., 2015a), eliciting a single action potential for each pulse of light they receive. This
381 highlights the sudden emergence of pulsatile dynamics as we increase optic stimulation from 0.5Hz to
382 1Hz, in par with the *qualitative* picture predicted by the model. It is also interesting to note that the
383 optic stimulation frequencies for which we start to see an effect on LH pulsatility match the
384 spontaneous activity measured from KNDy neurones in brain slices from intact (~1Hz), castrated
385 (~5Hz) and castrated adult male mice treated with estradiol *in-vivo* (~1Hz) (Ruka et al., 2016).
386 Stimulating at 15Hz elicited LH pulses but at a decreased frequency compared to 5Hz stimulation. This
387 apparent slowing down of the pulse generator as the basal activity is increased could reflect fatigue of
388 kisspeptin and/or GnRH secretion at higher stimulation frequencies or even non-linear dynamics in the
389 processing of GnRH signals by the pituitary (Pratap et al., 2017), and stresses the need for direct *in-*
390 *vivo* measurements of KNDy activity to probe in greater detail the dynamic mechanisms behind pulse
391 generation and shed light on the multiple pulse generator hypothesis.

392 It is important to note that the model has informed the design of the experiments by suggesting the use
393 of low-frequency optic stimulation for the first time in investigating LH pulse generation and in
394 contrast to previous studies (Campos and Herbison, 2014; Han et al., 2015b; Clarkson et al., 2017a).
395 Our results suggest that inhibitory or excitatory synaptic signaling within the KNDy neural population
396 have a drastic effect on GnRH/LH pulse dynamics. We speculate that this enables KNDy neurons to
397 integrate and transmit information regarding the overall state of the organism that is relevant for
398 reproduction: for example, information on the emotional state and stress level through synaptic
399 connections originating at the level of the amygdala (Lin et al., 2010), a key limbic brain structure; or
400 information regarding the nutritional state of the organism through connections from Agouti-related
401 peptide (AgRP)-expressing neurons in the hypothalamus (Padilla et al., 2017).

402 Last but not least, the model predicted that the systems' pulsatile behavior emerges as a result of the
403 non-linear positive and negative feedback interactions that are mediated through NKB and Dyn
404 signaling respectively. Using experimental protocol suggested by model analysis we showed that the
405 response of the system to external optic stimulation indeed follows our NKB and Dyn signaling
406 predictions. Our results highlight the need for a quantitative understanding of how the sex-steroid
407 milieu affects the NKB and Dyn signaling pathways in the KNDy population. Such an understanding
408 will lead to more accurate interpretation of results from *in-vivo* neuropharmacological perturbation
409 experiments in various animal models and will shed light on the mechanisms underlying the regulation

410 of pulsatile LH secretion in various natural settings such as lactational amenorrhoea or pharmaceutic
411 interventions including the hormone contraceptive pill. We envision that as hormonal measurement
412 techniques advance (Liang et al., 2019), enabling accurate, real-time readouts from individuals at low
413 cost, such predictive mathematical models would be a valuable tool for understanding of reproductive
414 pathophysiology.

415 **References**

- 416 Adekunbi D, Li X, Lass G, Shetty K, Adegoke O, Yeo S, Colledge W, Lightman S, O'Byrne K (2018)
417 Kisspeptin neurones in the posterodorsal medial amygdala modulate sexual partner preference
418 and anxiety in male mice. *Journal of neuroendocrinology* 30:e12572.
- 419 Campos P, Herbison AE (2014) Optogenetic activation of GnRH neurons reveals minimal
420 requirements for pulsatile luteinizing hormone secretion. *Proceedings of the National Academy
421 of Sciences* 111:18387-18392.
- 422 Clarke IJ, Li Q, Henry BA, Millar RP (2018) Continuous Kisspeptin Restores Luteinizing Hormone
423 Pulsatility Following Cessation by a Neurokinin B Antagonist in Female Sheep. *Endocrinology*
424 159:639-646.
- 425 Clarkson J, Danglemont de Tassigny X, Colledge WH, Caraty A, Herbison AE (2009) Distribution of
426 Kisspeptin Neurones in the Adult Female Mouse Brain. *Journal of Neuroendocrinology* 21:673-
427 682.
- 428 Clarkson J, Han SY, Piet R, McLennan T, Kane GM, Ng J, Porteous RW, Kim JS, Colledge WH,
429 Iremonger KJ, Herbison AE (2017a) Definition of the hypothalamic GnRH pulse generator in
430 mice. *Proceedings of the National Academy of Sciences* 114:E10216-E10223.
- 431 Clarkson J, Han SY, Piet R, McLennan T, Kane GM, Ng J, Porteous RW, Kim JS, Colledge WH,
432 Iremonger KJ, Herbison AE (2017b) Definition of the hypothalamic GnRH pulse generator in
433 mice. *Proc Natl Acad Sci U S A* 114:E10216-E10223.
- 434 Czielesky K, Prescott M, Porteous R, Campos P, Clarkson J, Steyn FJ, Campbell RE, Herbison AE
435 (2016) Pulse and surge profiles of luteinizing hormone secretion in the mouse. *Endocrinology*
436 157:4794-4802.
- 437 de Croft S, Piet R, Mayer C, Mai O, Boehm U, Herbison AE (2012) Spontaneous kisspeptin neuron
438 firing in the adult mouse reveals marked sex and brain region differences but no support for a
439 direct role in negative feedback. *Endocrinology* 153:5384-5393.
- 440 de Roux N, Genin E, Carel JC, Matsuda F, Chaussain JL, Milgrom E (2003) Hypogonadotropic
441 hypogonadism due to loss of function of the KiSS1-derived peptide receptor GPR54.
442 *Proceedings of the National Academy of Sciences* 100:10972-10976.
- 443 Doedel EJ, Fairgrieve TF, Sandstede B, Champneys AR, Kuznetsov YA, Wang X (2007) AUTO-07P:
444 Continuation and bifurcation software for ordinary differential equations. In.
- 445 Dutton A, Dyball RE (1979) Phasic firing enhances vasopressin release from the rat neurohypophysis. *J
446 Physiol* 290:433-440.
- 447 Fergani C, Navarro VM (2017) Expanding the role of tachykinins in the neuroendocrine control of
448 reproduction. *Reproduction* 153:R1-R14.
- 449 George JT, Veldhuis JD, Roseweir AK, Newton CL, Faccenda E, Millar RP, Anderson RA (2011)
450 Kisspeptin-10 is a potent stimulator of LH and increases pulse frequency in men. *J Clin
451 Endocrinol Metab* 96:E1228-1236.
- 452 Han SY, McLennan T, Czielesky K, Herbison AE (2015a) Selective optogenetic activation of arcuate
453 kisspeptin neurons generates pulsatile luteinizing hormone secretion. *Proc Natl Acad Sci U S A*
454 112:13109-13114.

- 455 Han SY, McLennan T, Czielesky K, Herbison AE (2015b) Selective optogenetic activation of arcuate
456 kisspeptin neurons generates pulsatile luteinizing hormone secretion. *Proceedings of the*
457 *National Academy of Sciences* 112:13109-13114.
- 458 Han W, Ng Y-K, Axelrod D, Levitan ES (1999) Neuropeptide release by efficient recruitment of
459 diffusing cytoplasmic secretory vesicles. *Proceedings of the National Academy of Sciences*
460 96:14577-14582.
- 461 Herbison AE (2016) Control of puberty onset and fertility by gonadotropin-releasing hormone neurons.
462 *Nature Reviews Endocrinology* 12:452-466.
- 463 Hrabovszky E (2014) Neuroanatomy of the Human Hypothalamic Kisspeptin System.
464 *Neuroendocrinology* 99:33-48.
- 465 Jayasena CN, Abbara A, Veldhuis JD, Comninou AN, Ratnasabapathy R, De Silva A, Nijher GM,
466 Ganiyu-Dada Z, Mehta A, Todd C, Ghatei MA, Bloom SR, Dhillon WS (2014) Increasing LH
467 pulsatility in women with hypothalamic amenorrhoea using intravenous infusion of Kisspeptin-
468 54. *J Clin Endocrinol Metab* 99:E953-961.
- 469 Kaiser UB (2015) Understanding reproductive endocrine disorders. *Nature Reviews Endocrinology*
470 11:640-641.
- 471 Kinsey-Jones JS, Li XF, Luckman SM, O'Byrne KT (2008) Effects of Kisspeptin-10 on the
472 Electrophysiological Manifestation of Gonadotropin-Releasing Hormone Pulse Generator
473 Activity in the Female Rat. *Endocrinology* 149:1004-1008.
- 474 Kinsey-Jones JS, Grachev P, Li XF, Lin YS, Milligan SR, Lightman SL, O'Byrne KT (2011) The
475 Inhibitory Effects of Neurokinin B on GnRH Pulse Generator Frequency in the Female Rat.
476 *Endocrinology* 153:307-315.
- 477 Kinsey-Jones JS, Grachev P, Li XF, Lin YS, Milligan SR, Lightman SL, O'Byrne KT (2012) The
478 inhibitory effects of neurokinin B on GnRH pulse generator frequency in the female rat.
479 *Endocrinology* 153:307-315.
- 480 Lehman MN, Coolen LM, Goodman RL (2011) Minireview: Kisspeptin/Neurokinin B/Dynorphin
481 (KNDy) Cells of the Arcuate Nucleus: A Central Node in the Control of Gonadotropin-
482 Releasing Hormone Secretion. *Endocrinology*.
- 483 Lehnert J, Khadra A (2019) How Pulsatile Kisspeptin Stimulation and GnRH Autocrine Feedback Can
484 Drive GnRH Secretion: A Modeling Investigation. *Endocrinology* 160:1289-1306.
- 485 Liang S, Kinghorn AB, Voliotis M, Prague JK, Veldhuis JD, Tsaneva-Atanasova K, McArdle CA, Li
486 RHW, Cass AEG, Dhillon WS, Tanner JA (2019) Measuring luteinising hormone pulsatility with
487 a robotic aptamer-enabled electrochemical reader. *Nat Commun* 10:852.
- 488 Lin Y, Li X, Lupi M, Kinsey-Jones JS, Shao B, Lightman SL, O'Byrne KT (2010) The role of the
489 medial and central amygdala in stress-induced suppression of pulsatile LH secretion in female
490 rats. *Endocrinology* 152:545-555.
- 491 Lippincott MF, Leon S, Chan YM, Fergani C, Talbi R, Farooqi IS, Jones CM, Arlt W, Stewart SE,
492 Cole TR, Terasawa E, Hall JE, Shaw ND, Navarro VM, Seminara SB (2019) Hypothalamic
493 Reproductive Endocrine Pulse Generator Activity Independent of Neurokinin B and Dynorphin
494 Signaling. *J Clin Endocrinol Metab*.
- 495 Marino S, Hogue IB, Ray CJ, Kirschner DE (2008) A methodology for performing global uncertainty
496 and sensitivity analysis in systems biology. *J Theor Biol* 254:178-196.
- 497 Navarro VM, Gottsch ML, Chavkin C, Okamura H, Clifton DK, Steiner RA (2009) Regulation of
498 Gonadotropin-Releasing Hormone Secretion by Kisspeptin/Dynorphin/Neurokinin B Neurons
499 in the Arcuate Nucleus of the Mouse. *The Journal of Neuroscience* 29:11859-11866.
- 500 Padilla SL, Qiu J, Nestor CC, Zhang C, Smith AW, Whiddon BB, Rønnekleiv OK, Kelly MJ, Palmiter
501 RD (2017) AgRP to Kiss1 neuron signaling links nutritional state and fertility. *Proceedings of*
502 *the National Academy of Sciences*:201621065.

- 503 Paxinos G, Franklin K (2004) The mouse brain in stereotaxic coordinates Amsterdam. In: Boston, MA:
504 Elsevier Academic Press.
- 505 Plant TM, Zeleznik AJ (2014) Knobil and Neill's physiology of reproduction: Academic Press.
- 506 Pomerening JR, Sontag ED, Ferrell JE (2003) Building a cell cycle oscillator: hysteresis and bistability
507 in the activation of Cdc2. *Nature Cell Biology* 5:346-351.
- 508 Pratap A, Garner KL, Voliotis M, Tsaneva-Atanasova K, McArdle CA (2017) Mathematical modeling
509 of gonadotropin-releasing hormone signaling. *Mol Cell Endocrinol* 449:42-55.
- 510 Qiu J, Nestor CC, Zhang C, Padilla SL, Palmiter RD, Kelly MJ, Ronnekleiv OK (2016) High-
511 frequency stimulation-induced peptide release synchronizes arcuate kisspeptin neurons and
512 excites GnRH neurons. *Elife* 5:e16246-e16246.
- 513 Rinzel J (1985) Bursting oscillations in an excitable membrane model. In: Ordinary and partial
514 differential equations, pp 304-316: Springer.
- 515 Ruka KA, Burger LL, Moenter SM (2016) Both Estrogen and Androgen Modify the Response to
516 Activation of Neurokinin-3 and kappa-Opioid Receptors in Arcuate Kisspeptin Neurons From
517 Male Mice. *Endocrinology* 157:752-763.
- 518 Sandoval-Guzmán T, E Rance N (2004) Central injection of senktide, an NK3 receptor agonist, or
519 neuropeptide Y inhibits LH secretion and induces different patterns of Fos expression in the rat
520 hypothalamus. *Brain research* 1026:307-312.
- 521 Seabrook GR, Bowery BJ, Hill RG (1995) Pharmacology of tachykinin receptors on neurones in the
522 ventral tegmental area of rat brain slices. *Eur J Pharmacol* 273:113-119.
- 523 Seminara SB, Messenger S, Chatzidaki EE, Thresher RR, Acierno Jr JS, Shagoury JK, Bo-Abbas Y,
524 Kuohung W, Schwino K, Hendrick AG, Zahn D, Dixon J, Kaiser UB, Slaugenhaupt SA,
525 Gusella JF, O'Rahilly S, Carlton MBL, Crowley Jr WF, Aparicio SAJR, Colledge WH (2003)
526 The GPR54 Gene as a Regulator of Puberty. *New England Journal of Medicine* 349:1614-1627.
- 527 Steyn FJ, Wan Y, Clarkson J, Veldhuis JD, Herbison A, Chen C (2013) Development of a
528 methodology for and assessment of pulsatile luteinizing hormone secretion in juvenile and adult
529 male mice. *Endocrinology* 154:4939-4945.
- 530 Strogatz SH (2018) Nonlinear dynamics and chaos: with applications to physics, biology, chemistry,
531 and engineering: CRC Press.
- 532 Toni T, Welch D, Strelkowa N, Ipsen A, Stumpf MP (2009) Approximate Bayesian computation
533 scheme for parameter inference and model selection in dynamical systems. *J R Soc Interface*
534 6:187-202.
- 535 Vidal A, Zhang Q, Médigue C, Fabre S, Clément F (2012) DynPeak: An algorithm for pulse detection
536 and frequency analysis in hormonal time series. *PLoS One* 7:e39001.
- 537 Wakabayashi Y, Nakada T, Murata K, Ohkura S, Mogi K, Navarro VM, Clifton DK, Mori Y,
538 Tsukamura H, Maeda K-I, Steiner RA, Okamura H (2010) Neurokinin B and Dynorphin A in
539 Kisspeptin Neurons of the Arcuate Nucleus Participate in Generation of Periodic Oscillation of
540 Neural Activity Driving Pulsatile Gonadotropin-Releasing Hormone Secretion in the Goat. *The*
541 *Journal of Neuroscience* 30:3124-3132.
- 542 Weems PW, Coolen LM, Hileman SM, Hardy S, McCosh RB, Goodman RL, Lehman MN (2018)
543 Evidence That Dynorphin Acts Upon KNDy and GnRH Neurons During GnRH Pulse
544 Termination in the Ewe. *Endocrinology* 159:3187-3199.
- 545 Wilson RC, Kesner JS, Kaufman J-M, Uemura T, Akema T, Knobil E (1984) Central
546 electrophysiologic correlates of pulsatile luteinizing hormone secretion in the rhesus monkey.
547 *Neuroendocrinology* 39:256-260.
- 548 Yasuda K, Raynor K, Kong H, Breder CD, Takeda J, Reisine T, Bell GI (1993) Cloning and functional
549 comparison of kappa and delta opioid receptors from mouse brain. *Proc Natl Acad Sci U S A*
550 90:6736-6740.

- 551 Yeo SH, Kyle V, Morris P, Jackman S, Sinnott-Smith L, Schacker M, Chen C, Colledge W (2016)
552 Visualisation of Kiss1 Neurone Distribution Using a Kiss1-CRE Transgenic Mouse. *Journal of*
553 *neuroendocrinology* 28.
- 554 Young J, George JT, Tello JA, Francou B, Bouligand J, Guiochon-Mantel A, Brailly-Tabard S,
555 Anderson RA, Millar RP (2013) Kisspeptin restores pulsatile LH secretion in patients with
556 neurokinin B signaling deficiencies: physiological, pathophysiological and therapeutic
557 implications. *Neuroendocrinology* 97:193-202.
558

559 **Figure 1: A coarse-grained model gives mechanistic insight into the pulsatile behavior of the ARC KNDy population.**

560 (A) We developed a mean-field model of the neuronal population comprising three dynamical variables: \bar{D} , representing the
561 average concentration of Dyn secreted; \bar{N} , representing the concentration of NKB secreted; and \bar{v} , representing the average
562 firing activity of the neuronal population. The model predicts that the system behaves as a relaxation oscillator owing to
563 NKB induced bistability and Dyn-mediated negative feedback. (B) Disrupting Dyn negative feedback obliterates the
564 oscillatory behaviour of the system. For intermediate levels of externally provided Dyn, the system exhibits two stable
565 equilibria (upper and lower solid lines) and an unstable one (dashed red line). At the edges of the bistable regime equilibria
566 are lost through a saddle-node bifurcation (SD points). The bistability gives rise to hysteresis as the value of Dyn is varied
567 externally (grey arrows). (C) The model predicts how basal neuronal activity affects the system's dynamics and pulse
568 frequency. As basal activity is increased from zero, high-amplitude, low-frequency pulses emerge after some critical value
569 (HB1 point; Hopf bifurcation). The frequency of pulses continues to increase with basal activity until oscillations disappear
570 (HB2 point; Hopf bifurcation) and the system enters a mono-stable regime (black solid line). The solid red line denotes the
571 amplitude of the pulses. Parameter values used in the bifurcation analysis are given in Table 1.

572 **Figure 2: Expression of arcuate nucleus (ARC) kisspeptin neurones with Chr2-mCherry in Kiss-CRE mice.** Coronal
573 section showing red mCherry fluorescence positive neurones in the ARC which indicates Chr2 receptor expressing
574 kisspeptin neurones, following unilateral injection of AAV9.EF1.dflox.hChr2(H134R)-mCherry.WPRE.hGH into the ARC
575 of Kiss-Cre mice. The blue arrow shows the precise location of fiber optic for stimulation. Note the absence of mCherry
576 fluorescence in the other side of ARC. 3V, third ventricle.

577 **Figure 3: Optic stimulation of ARC kisspeptin neurons triggers LH pulses in estrous Kiss-Cre mice.** (A-D)
578 Representative examples showing LH secretion in response to no stimulation (grey bar) as control (A), or continuous blue
579 light (473 nm, 5-ms pulse width, black bar) activation of kisspeptin neurons at 0.5 Hz (B), 1 Hz (C), 5 Hz (D), 15Hz (E),
580 and 20Hz (F). Pulses detected by the DynePeak algorithm are indicated with an asterisk. (G) Summary showing for each
581 group mean \pm SEM LH pulse frequency over the 60min control period (white bars) and over the subsequent stimulation
582 period (black bars). $^{\dagger}P < 0.05$ vs pre-stimulation; $^{\#}P < 0.05$ vs stimulation at higher frequency. n = 4-9 per group.

583 **Figure 4: Disrupting Dyn signaling increases the sensitivity of the system to optic stimulation.** (A) The model predicts
584 that reducing the strength of negative feedback by partially blocking Dyn signaling should enable pulsatile dynamics over a
585 wider range of optic stimulation frequencies as shown by the two-parameter bifurcation diagram depicting the region in the
586 parameters (antagonist and basal activity) coloured in blue and defined by the loci of HB1 and HB2 (left and right curves
587 respectively) that expands as antagonist is increased). Model parameter values are given in Table 1. (B-F) Nor-BNI, a Dyn
588 receptor (kappa-opioid) antagonist, was used to block Dyn signaling *in-vivo*. Representative examples showing LH
589 secretion in response to no treatment (grey bar) as control (B), continuous blue light (473 nm, 5-ms pulse width, black bar)
590 activation of kisspeptin neurons at 0.5 Hz (C), nor-BNI treatment (bolus intra-cerebroventricular injection of 1.06 nmol in
591 1.25 μ l over 5 min, followed by a continuous infusion of 1.28 nmol in 1.5 μ l over 90 min (D) or combined nor-BNI treatment
592 and optic stimulation at 0.5Hz (E). Pulses detected by the DynePeak algorithm are indicated with an asterisk. (F) Summary
593 plot showing for each group mean \pm SEM LH pulse frequency over the pre-treatment (white bars) and treatment period
594 (black bars). $^{\dagger}P < 0.05$ vs pre-treatment; $^{\#}P < 0.05$ vs only optic stimulation treatment. n = 4-6 per group.

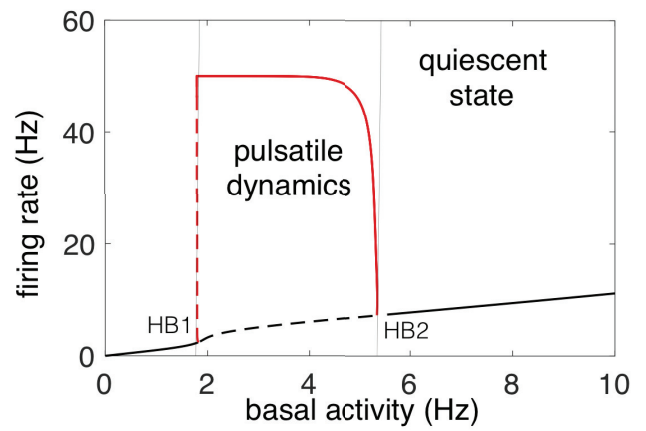
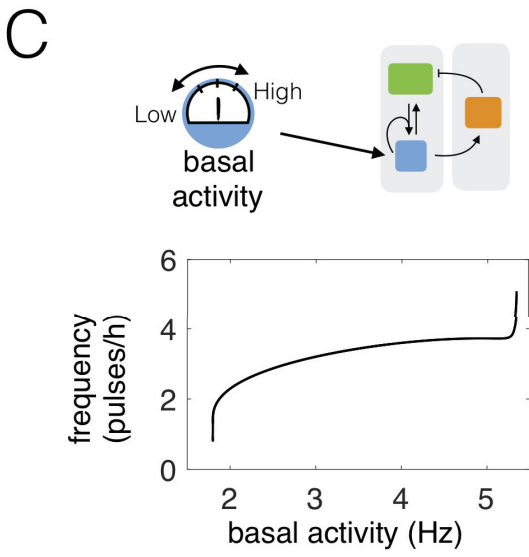
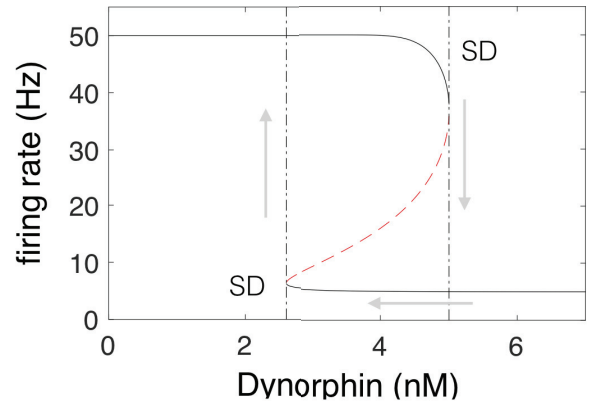
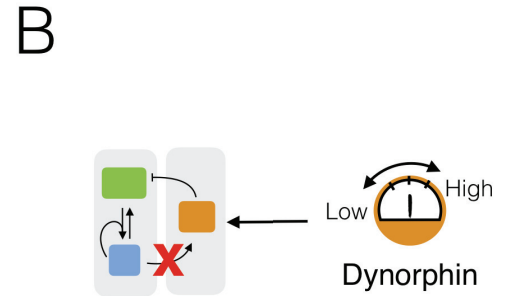
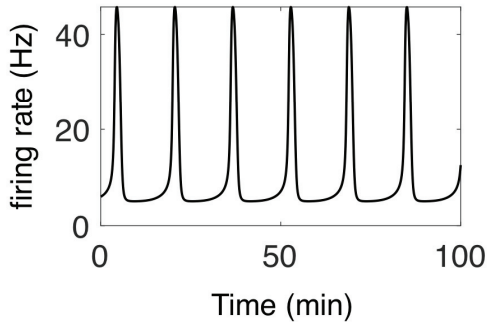
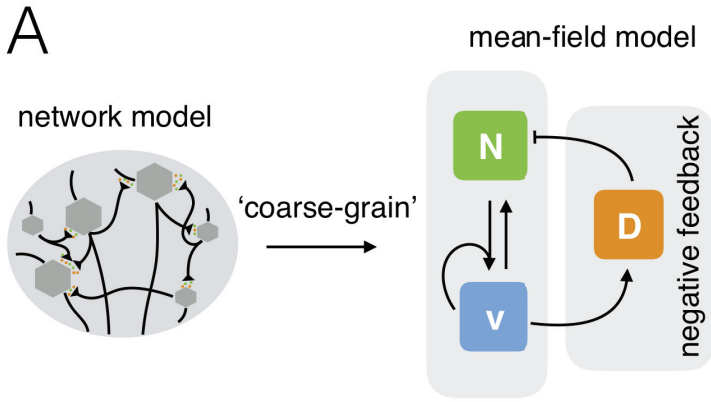
595 **Figure 5: Disrupting NKB signaling desensitize the system to optic stimulation.** (A) The model predicts that weakening
596 bi-stability by blocking NKB signaling should restrict the range of optic stimulation frequencies that trigger pulsatility as
597 shown by the two-parameter bifurcation diagram depicting the region in the parameters (antagonist and basal activity)
598 coloured in blue and defined by the loci of HB1 and HB2 that collide associated with shrinking of the blue region as
599 antagonist is increased. Model parameter values are given in Table 1. (B-F) SB222200 (SB), an NKB receptor (TACR3)
600 antagonist, was used to block NKB signaling *in-vivo*. Representative examples showing LH secretion in response to no
601 treatment (grey bar) as control (B), continuous blue light (473 nm, 5-ms pulse width, black bar) activation of kisspeptin
602 neurons at 5 Hz (C), SB222200 treatment (bolus intra-cerebroventricular injection of 6 nmol in 1.25 μ l over 5 min, followed
603 by a continuous infusion of 9 nmol in 1.5 μ l over 90 min) (D) or combined SB222200 treatment and optic stimulation at
604 0.5Hz (E). Pulses detected by the DynePeak algorithm are indicated with an asterisk. (F) Summary plot showing for each
605 group mean \pm SEM LH pulse frequency over the pre-treatment (white bars) and treatment period (black bars). $^{\dagger}P < 0.05$ vs
606 pre-treatment. n = 4-6 per group.

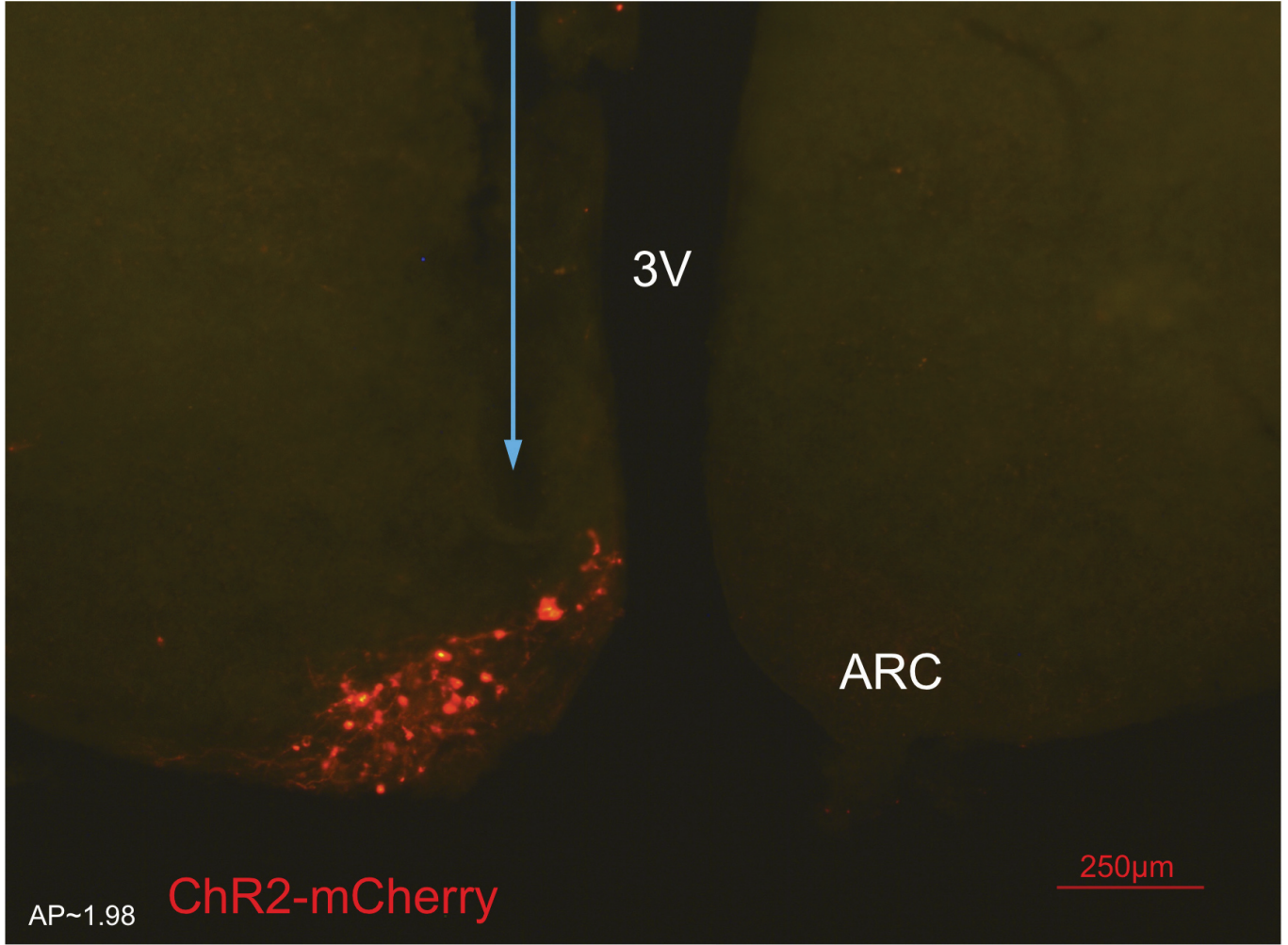
607 **Figure 6: Global sensitivity analysis of the KNDy model.** Global sensitivity analysis of the model considering maximum
608 response amplitude, amplitude of oscillations, and period of oscillations. First order (A) and total-order (B) sensitivity
609 indices are shown for parameters k_D (maximum rate of Dyn secretion), k_N (maximum rate of NKB secretion) and I_0 (basal
610 synaptic inputs). First order sensitivity indices indicate the proportion of variance of a response feature that is explained by
611 variation in a parameter, keeping other parameters fixed. First order sensitivity indices, therefore, quantify the effect that
612 single parameter perturbations have on the dynamics of the system. Total order sensitivity indices, on the other hand,

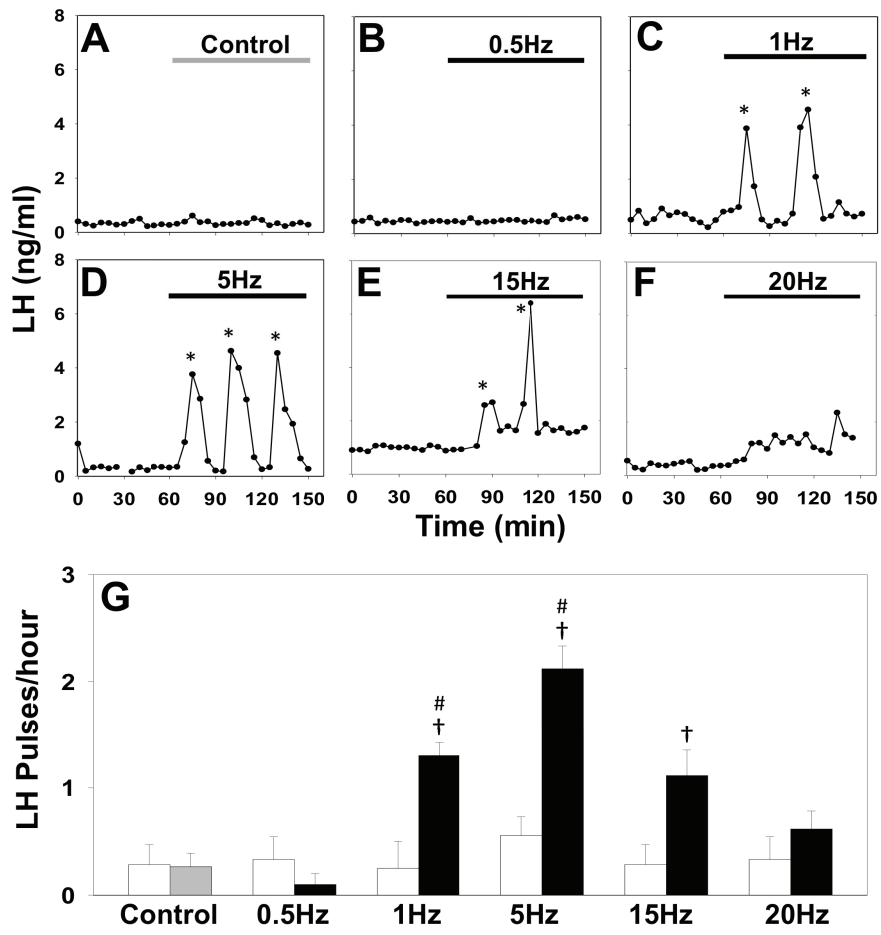
613 indicate the proportion of variance in a response feature that is explained by variation in a parameter, while allowing
 614 variation in another parameters as well. Therefore, the total order sensitivity index of a parameter is a proxy for the effect
 615 this parameters has on the dynamics of the systems in combination with other parameters. Global sensitivity analysis was
 616 performed in Matlab using eFast (Marino et al., 2008). The following parameter distributions were used:
 617 $\log_{10}(I_0) \sim \text{Uniform}(-1,1)$, $\log_{10}(k_D) \sim \text{Uniform}(-1,3)$, and $\log_{10}(k_N) \sim \text{Uniform}(-1,3)$. All other model parameters
 618 were fixed (see Table 1). The model was initialised at state $(\bar{D}, \bar{N}, \bar{v}) = (0,0,0)$ and run to 6000min. Response features (i.e.,
 619 maximum response amplitude, amplitude of oscillations and the period of oscillation) were calculated from the response
 620 trajectory after discarding the first 1000 min.

No	Parameter	Description	Value	Ref.
1	d_D	Dyn degradation rate	0.25 min ⁻¹ [0.05, 0.3] min ⁻¹	inferred
2	d_N	NKB degradation rate	1 min ⁻¹ [0.3, 109.3] min ⁻¹	inferred
3	d_v	Firing rate reset rate	10 min ⁻¹	(Qiu et al., 2016)
4	k_D	Maximum Dyn secretion rate	4.5 nM min ⁻¹ [2.76, 38.4] nM min ⁻¹	inferred
5	k_N	Maximum NKB secretion rate	320 nM min ⁻¹	(Ruka et al., 2016)
6	$k_{D,0}$	Basal Dyn secretion rate	0.175 nM min ⁻¹ [10 ⁻³ , 1.88] nM min ⁻¹	inferred
7	$k_{N,0}$	Basal NKB secretion rate	0 nM min ⁻¹ [10 ⁻³ , 0.44] nM min ⁻¹	inferred
8	p_v	Effective strength of synaptic input	1 min	fixed
9	v_0	Maximum rate of neuronal activity increase	30000 spikes min ⁻²	(Qiu et al., 2016)
10	K_D	Dyn IC ₅₀	0.3 nM	(Yasuda et al., 1993)
11	K_N	NKB EC ₅₀	32 nM	(Seabrook et al., 1995)
12	$K_{v,1}$	Firing rate for half-maximal Dyn secretion	1200 spikes min ⁻¹	(Dutton and Dyball, 1979)
13	$K_{v,2}$	Firing rate for half-maximal NKB secretion	1200 spikes min ⁻¹	(Dutton and Dyball, 1979)
14	I_0	Basal activity	0.2 (corresponding to 5 spikes sec ⁻¹)	(de Croft et al., 2012; Ruka et al., 2016)
15	n_1, n_2, n_3, n_4	Hill coefficients	2 (dimensionless)	fixed

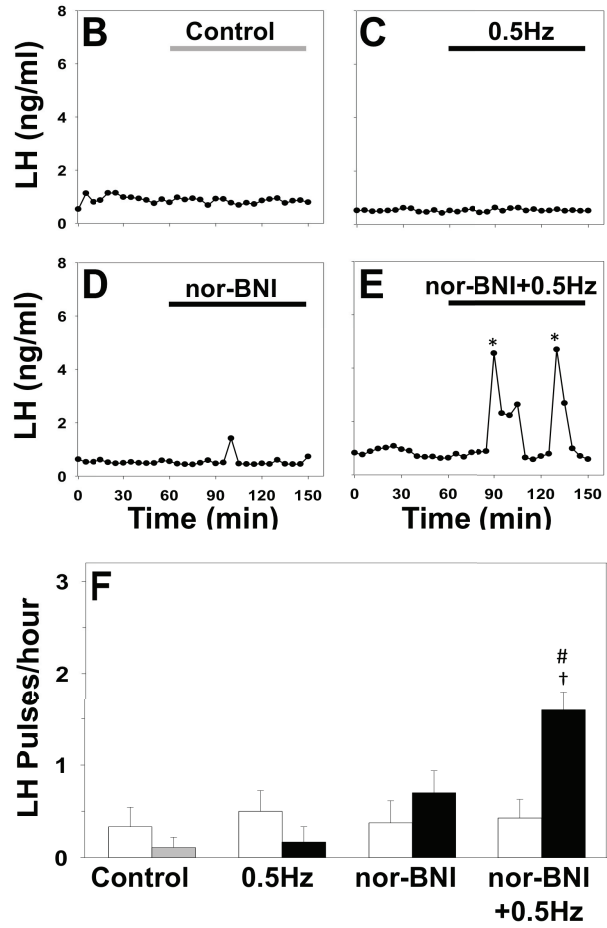
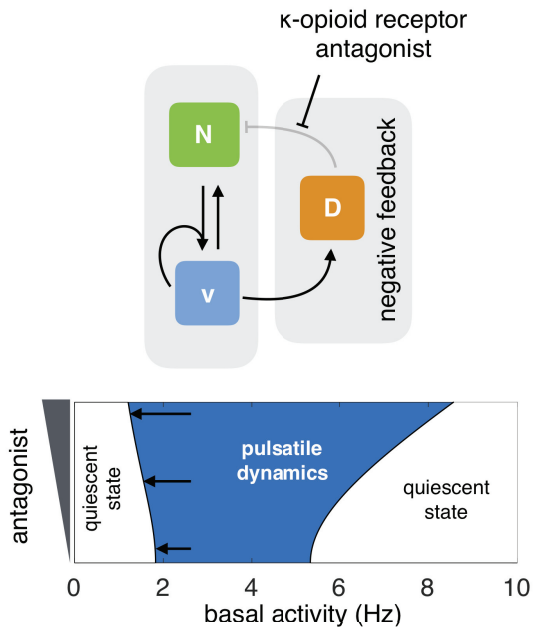
621
 622 Table 1: **Model parameter values.** Parameters values were either found in the literature or inferred from MUA rat data
 623 (Kinsey-Jones, 2012; Figure 3A). Here, we report the 99% equal tail posterior density interval for the marginal distribution
 624 of each inferred parameter. Along these intervals we report specific parameter values used for the bifurcation analysis and
 625 numerical evaluation of the model.







A



A

