

1 **A MULTI-PROXY RECONSTRUCTION OF ENVIRONMENTAL**
2 **CHANGE IN THE VICINITY OF THE NORTH BAY OUTLET OF**
3 **PRO-GLACIAL LAKE ALGONQUIN**

4
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24
25 **ABSTRACT**

26 *We present a multi-proxy study of environmental conditions during and after the recessional phases*
27 *of pro-glacial Lake Algonquin in the vicinity of the North Bay outlet, Great Lakes Basin. Data*
28 *presented comes from a new sedimentary profile obtained from the Balsam Creek kettle lake c. 34km*
29 *north-east of the city of North Bay. This site lay close to the northeast margin of the maximum extent*
30 *of the post-Algonquin lake sequence, which drained through the Ottawa-Mattawa valley system. Our*
31 *data are presented against a Bayesian age-depth model, supporting and extending regional*
32 *understanding of vegetation succession in this part of north-east Ontario. The core profile provides a*
33 *minimum age for the formation of the glacial outwash delta in which the kettle is set, as well as a*
34 *tentative timing for the Payette (post-Algonquin) lake phase. We highlight two discrete intervals*
35 *during the Early Holocene, with modelled mean ages of: 8475-8040 cal. BP (332-316cm) and 7645*
36 *cal. BP (286cm), when climatic aridity affected the growth of vegetation within the kettle vicinity.*
37 *Association with volcanic activity is posited. Cryptotephra dating to 7660-7430 cal. BP (mean age:*
38 *7580 cal. BP) is chronologically and geochemically assigned to the Mazama climactic eruption, while*
39 *an earlier ash accumulation 8710-7865 cal. BP is tentatively sourced to an unknown eruption also in*
40 *the Cascades region of Oregon. Outside of these periods, the Balsam Creek sequence shows*
41 *considerable habitat stability and a character akin to that seen at more southerly latitudes. On this*
42 *evidence we propose that access to reliable resources within kettle features could have aided the initial*
43 *colonisation of northern Ontario's environmentally dynamic early post-glacial landscape.*

44
45 **Keywords:** Lake Algonquin, post-glacial, kettle lake, multi-proxy, climate, cryptotephra,
46 colonisation

1. INTRODUCTION

The sequence of pro-glacial lakes that formed in front of the decaying Laurentide ice-sheet have been a subject of study since the late nineteenth century (Spencer 1891) when the evidence for continental glaciation became widely accepted, and supported by the documentation of tilted shorelines in all of the Great Lakes basins. Although work tended to progress piecemeal because of the complexity of the evidence and its distribution over such a large area, the increasingly detailed story was first drawn together in a large monograph by Leverett and Taylor (1915); an account that would stand for decades as the reference work on Great Lakes history (see Kehew & Brandon Curry 2018). It would not be until the 1950s that palynological studies of vegetation and climate change were undertaken by the Geological Survey of Canada across the country. In the North Bay area work by Jaan Terasmae in particular determined the outflow from pro-glacial Lake Algonquin to have occurred *c.* 10,000 ¹⁴C yr BP (Terasmae & Hughes 1960). A glacial retreat history that became the standard reference for this part of the region was later developed by Saarnisto (1974), based on palynological records from several lakes east of Lake Superior. Subsequently, such studies became more commonly used as a way of tracking post-glacial vegetation succession (see summary in Bryant & Holloway 1985). Between the 1960s and 1980s the Quaternary geology of southern Ontario was comprehensively covered. To the north, however, on the Canadian Shield (and the area of the present study), mapping was more restricted to drift prospecting areas in support of mining development. Three urban areas in the east-west lowlands were mapped: North Bay (Harrison, 1972), Sudbury (Burwasser 1979; Barnett & Bajc 2002) and Sault Ste. Marie (Cowan & Broster, 1988). North Bay was given notable attention because of its proximity to the Lake Algonquin outlet. It would be the completion of country-wide coverage by aerial photographs after the Second World War that proved crucial to the reconnaissance mapping by Boissonneau (1968) of the soils and geomorphic features of the large area from Lake Superior to the Quebec border and from Lake Huron north to latitude 48° 30'. In that work he delineated nine east-west sub-parallel terminal moraines in the central part of the area west of Sudbury and roughed out the extent of pro-glacial lakes Barlow-Ojibway and Algonquin.

The origins of Lake Algonquin's 'Main Phase' have been attributed to the first of several melt-water pulses from the vast pro-glacial Lake Agassiz in what is today southern Manitoba and north-west Ontario into the Great Lakes Basin (GLB) (Kor 1991; Lewis & Anderson 1989). Now dated to *c.* 13,100 and 11,100 cal. BP (years before AD 1950) (Moore *et al.* 2000), the Main Phase had a significant effect on the hydrological evolution of GLB. During this period Algonquin was the most extensive lake in the GLB, covering an area greater than 120,000km² and filling the basins of lakes Huron and Michigan, and incorporating the smaller modern lakes Nipissing and Simcoe in north-east and north-central Ontario, respectively, as well as large stretches of adjacent land.

In 1970s, and building on earlier work (e.g., Chapman 1954), Harrison (1972) and Chapman (1975) identified a complex of eastward outlet sills at progressively lower elevations south and southeast of North Bay. All of these outlets drained into the Mattawa-Ottawa valley and took the lake through a series of nine 'post-Algonquin' phases (with associated outlets): Ardtrea (Fenelon Falls), Upper and Lower Orillia (Port Huron?), Wyebridge (South River), Penetang (Genesee), Cedar Point (Fossmill), Payette (Sobie-Guilmette), Sheguiandah (Mink Lake) and Korah (Windigo Lake) (Chapman 1975; Harrison 1972; Heath & Karrow 2007; Karrow 2004; Lewis & Anderson 1989; though see Schaetzel *et al.* 2002 who have proposed a series of four or five phases). Most remain undated

96 radiometrically, but the sequence is thought to have taken hundreds rather than thousands
97 of years to complete (Lewis & Anderson 1989). The first outlet (associated with the Ardtrea
98 phase) started to open *c.* 11,200-11,100 cal. BP (Moore *et al.* 2000); the last (associated with
99 Korah) led to the creation of the Stanley (Lake Huron) and Hough (Georgian Bay) low-stand
100 (*c.* 9500-8400 cal. BP), and appears to have incorporated at least two periods of hydrological
101 closure within the GLB: *c.* 9500-9300 cal. BP and *c.* 9000-8400 cal. BP (Brooks, Medioli &
102 Telka 2010; McCarthy & McAndrews 2010; McCarthy *et al.* 2010). These two latter periods
103 were separated by a large but probably short-lived melt-water pulse from palaeo-Lake
104 Superior *c.* 9300 cal. BP that discharged through the Huron-North Bay-Ottawa river system
105 into the St. Lawrence sea-way. An event thought to have instigated a widespread climatic
106 cooling event in the North Atlantic (Yu *et al.* 2010).

107 Changes in the drainage outflow from Lake Agassiz – and likely also from the pro-
108 glacial lakes Barlow and Ojibway, which lay to the south and north of the Hudson Bay-GLB
109 watershed divide, respectively – would continue to cause fluctuations in lake levels during
110 the post-Stanley-Hough, Main Mattawa lake phase in the GLB. The Agassiz-Barlow-Ojibway
111 system appears to have coalesced into a single body of water *c.* 8900 cal. BP, ahead of abrupt
112 extinction during the final break-up of the Laurentide in Hudson Bay. Possibly occurring in
113 two stages between *c.* 8470-8205 cal. BP, this break-up has been cited as the probable trigger
114 behind the ‘8.2 Cold Event’ in the North Atlantic (Clarke *et al.* 2004; Habertzettl, St-Onge &
115 Lajeunesse 2010; Lewis *et al.* 2012; *cf.* Rohling & Pälike 2005; Veillette 1994). In Hudson Bay
116 itself, the maritime Tyrrell Sea (Lee 1960) had already started to encircle the decaying ice
117 sheet *c.* 9000-8000 cal. BP. Based on the recovery of low concentrations of marine
118 microfossils in lake sediment, marine waters had probably penetrated Lake Ojibway shortly
119 before its demise (Roy *et al.* 2011). The Tyrrell Sea flooded large swathes of northern and
120 western Quebec. A shift in the depositional character of sediments in north-western Quebec
121 from marine to lacustrine *c.* 6330-6150 cal. BP marks the end of this transgression, though
122 brackish water conditions appear to have persisted until *c.* 3620-3360 cal. BP in some areas
123 (Miousse, Bhiry & Lavoie 2003).

124 Within the GLB, the Stanley-Hough low-stand ended *c.* 8300 cal. BP, following the
125 demise of Agassiz-Barlow-Ojibway and coinciding with the onset of wetter climate
126 conditions regionally (Lewis *et al.* 2008). Available dates, recalibrated here from older assays,
127 for the subsequent Nipissing phase – 7415-7704 cal. BP (BGS-224) to 5277-5487 cal. BP (BGS-
128 127) (Terasmae 1979) – do not follow directly after the end of the Stanley-Hough low-stand.
129 The water levels of the Nipissing phase did not attain those of the Mattawa, though
130 drainage again passed through the North Bay area until isostatic recovery shifted discharge
131 to southern outlet sills near Chicago and Port Huron (Lewis & Anderson 1989).

132 It is increasingly apparent that the life-history of these lakes – the fluctuations in
133 water level and drainage that they track through the Early Holocene – was marked by
134 complex and abrupt shifts (e.g., Luz *et al.* 2007; Roy *et al.* 2011; Teller 1995; Wu *et al.* 2010).
135 Despite this, their shorelines appear to have been a focus for human activity during the
136 initial Early Palaeoindian occupation of southern Ontario (e.g., Jackson *et al.* 2000; Storck
137 1982, 1997, 2004). Complementary archaeological evidence from north-east and north-central
138 Ontario is more limited and later. While it also appears to have been associated with lake
139 margins (e.g., Greenman 1943, 1966; Julig & McAndrews 1993; Phillips 1988, 1993), recent
140 underwater surveys in upper Lake Huron have revealed archaeological features thought to
141 date to the Early Holocene that are interpreted as structures used for hunting caribou
142 (O’Shea & Meadows 2009; O’Shea *et al.* 2014); findings that signify both a terrestrial resource

143 draw into the north and possibly another facet of early occupation. The site of Sheguiandah,
144 on Manitoulin Island, *c.* 10,600 cal. BP (Julig & McAndrews 1993; Lee 1957) is one of the few
145 to have been systematically studied along the shores of Lake Huron and likely marks the
146 earliest possible presence of people in this part of the GLB. Its existence is a further
147 indication that the biological productivity of the landscape was already sufficient to attract
148 groups north (Julig 2002).

149 Lake sediment cores from sites across northern Ontario continue to be used in
150 palaeoenvironmental reconstruction (*see e.g.*, Anderson 2002; Breckenridge *et al.* 2012; Lewis
151 & Anderson 2012; Warner, Hebda & Hann 1984), though further attention to the North Bay
152 area has been limited (*e.g.*, Anderson, Lewis & Mott 2001). In this paper we examine
153 multiple proxies from a new core extracted from a kettle lake northeast of North Bay, near
154 the hamlet of Balsam Creek.

155 Kettle lakes form where an ice-block has detached from a retreating glacier and
156 become partly buried under outwash deposits. Eventual melting of the ice causes a hollow
157 to form as the ground surface subsides. This change in local topography can then cause
158 meltwater to be diverted into them, creating a small lake within the kettle basin (Bennett &
159 Glasser 2009). The Balsam Creek kettle is located within a large elevated and flat-topped
160 glacio-fluvial outwash delta *c.* 4km long and 2.5km wide (Gartner 1980; *see* Figure 1b).
161 Karrow (2004) hypothesised that sediments within the kettle may yield dating potential for
162 the minimum age of delta formation and hence insights into the drainage chronology of
163 post-Algonquin lake phases in the vicinity of North Bay. For this study we also considered
164 that the location could provide a valuable point of reference within the dynamic Early-Mid
165 Holocene inter-lacustrine deglacial environments that existed between Lake Barlow
166 expanding to the north, and the post-Algonquin lakes to the west and south of the delta (*see*
167 Lewis *et al.* 1994). We saw further potential in the site to provide information on the stability
168 and productivity of kettles within this changing landscape, including in the context of early
169 Palaeoindian activity in northern Ontario.

170

171 2. GEOLOGICAL SETTING

172 The area northeast of North Bay lies geologically within the Central Gneiss Belt (western
173 Grenville province, Tomiko domain). It is characterised by undifferentiated gneisses and
174 migmatites with an age of *c.* 1.16Ga, underlain by Proterozoic (2.5-0.5Ga) metasedimentary
175 gneisses (Ketchum & Davidson 2000). Small occurrences of lower Paleozoic (0.54-0.25Ga)
176 rocks, including limestone, occur under Lake Nipissing to the west (Lumbers 1971). The late
177 Quaternary landscape comprises hilly, rocky, mostly forested terrain mantled with varying
178 thicknesses of glacial drift. Topographic relief varies from 200-400m, with an east to west
179 lowland extending westward along the north shore of Lake Huron to Sault Ste. Marie,
180 adjacent to Lake Superior. Along the northward-rising slope of the lowland is where the
181 northernmost of the Algonquin shorelines are found (Cowan 1985; Heath & Karrow 2007).

182 Glacial deposits consist of coarse gravelly till, thinly covering bedrock with thicker
183 accumulations in rare, discontinuous terminal moraine ridges. Associated glaciofluvial
184 sands and gravels comprise eskers and outwash deposits; glaciolacustrine clays and silts are
185 found in lowland areas. Major glacial features in the landscape local to the Balsam Creek
186 coring location (closed white circle) are shown in a Digital Elevation Model (DEM, vertical
187 accuracy: \pm 1m) (Figure 1a), courtesy of data from Ontario Ministry Natural Resources and
188 Forestry (MNRF 2016). The site lies close to a likely esker conduit emanating from the
189 retreating ice-margin and is associated with an unnamed moraine situated between the

190 Cartier I / Lake McConnell moraine belt and the Rutherglen moraine (Daigneault &
191 Occhietti 2006; Dyke *et al.* 1989; Veillette 1988, 1994). The Cartier I / Lake McConnell moraine
192 belt dates to sometime between 13,083-11,703 cal. BP (Hel-400) and 10,600-10,204 cal. BP
193 (GSC-1851) (Saarnisto 1974), and probably reflects the position of the ice-margin during the
194 Younger Dryas cold interval (12,700-11,700 cal. BP) (Lowell *et al.* 1999; Occhietti 2007).

195 Abandoned shorelines are also ubiquitous in the area (Figure 1a) and are
196 demonstrated in two transects (T1 and T2) derived from interpolation of the digital elevation
197 data (Figure 1b). Given that the rim of the Balsam Creek kettle has an elevation of *c.* 357m
198 (section 3.1) it would likely have been subject to inflow or inundation when surrounding
199 pro-glacial lake levels lay between the S1 (376m asl) and S4 (362m asl) shorelines of T1, and
200 S2 (371m) and S4 (360m) shorelines of T2 (Figure 1b). This would make the earliest likely
201 period when vegetation could colonise the kettle vicinity and peat begin to accumulate as
202 lying between S4 and S5 (357m asl) of T1 (Figure 1b). The S4 shoreline on T1 is tentatively
203 correlated to the Payette lake phase and water plane elevation in the Balsam Creek vicinity,
204 while S5 likely equates with the Sheguiandah phase (*after* Karrow 2004).

205
206 << **Figure 1a:** A regional-scale Digital Elevation Model (DEM; MNRF 2016) showing glacial and
207 glacial lake features, including a preliminary aggregation of moraine ridges (thick black lines) into
208 contemporaneous ice marginal positions (shaded grey areas). The coring location is marked by a
209 white circle; the extent of Figure 1b is shown in the black rectangle (image: R. Mulligan). Inset map
210 (redrawn from Karrow 2004) shows study area relative to the Great Lakes. >>

211
212 << **Figure 1b:** Annotated DEM (MNRF 2016) showing the glacial features in the area immediately
213 surrounding the coring location (white circle; *see* 1a for legend). Two transects (white lines; T1, T2)
214 derived from digital data are highlighted and projected to the line of maximum uplift (N21°E; Karrow
215 2004). T1 shows five subtle shorelines (S1-S5), which are correlated to four of the ten shorelines on T2
216 (S2-S5), based on the magnitude of uplift along the 8.5km separating the two transect areas. Inset map
217 shows the level of detail within the 2x2m (cell size) DEM in the local area. Vertical scale on transects is
218 in metres above sea level (asl), horizontal scale divided into 50m increments (image: R. Mulligan). >>

219 220 3. METHODOLOGY

221 222 3.1 Field methods

223 The Balsam Creek kettle is situated *c.* 34km northeast of North Bay on Highway 63
224 (46°28'57.43"N, 79°09'02.63"W; Ontario Ministry of Natural Resources map 20 17 6400 51400)
225 (Figure 2). Ontario Ministry of Natural Resources-approved survey work of the kettle was
226 carried out in August 2010 and January 2011. The shoreline has an elevation of *c.* 332m asl
227 whilst the rim of the bowl is *c.* 25m above this level. Based on our field observations,
228 indications are that during the spring and early summer a shallow lake currently forms in
229 the bottom of the kettle to a depth of perhaps 0.5m over most of its surface area of just under
230 1.48 acres (5989m²) – obtained using the area function on a Garmin Oregon 300 handheld
231 GPS. No input channels or streams were identified, further supporting a seasonally
232 ephemeral nature. Two west-east transects were sampled every 5m using a 3m soil probe. A
233 substantial increase in sediment depth (>3m) was identified towards the central-east side to
234 the kettle – the area where water still pools on the surface. This was in-keeping with
235 expectations about rates of highest sediment accumulation in kettle lakes (Lehman 1975).
236 The location of these deposits was staked and GPS-tagged as 46° 28' 57.3"N, 079° 09' 02.9"W
237 for winter coring.

238

239 << **Figure 2:** Looking towards the north-west end of the kettle across the shallow pool that remained
240 on the lake-bed in late summer 2010 and from where cores were later extracted (photograph: R.
241 Rabett). >>

242

243 Two paired-cores were extracted within a 5m radius of the tagged location over the
244 course of three visits in January 2011. Each core was extracted using an Eijkelkamp piston
245 auger (38mm bore), through *c.* 20.5cm diameter holes drilled through the lake ice – which
246 had frozen down to the lake bed. The combined recovered sections produced total core
247 lengths of: 204cm (Blue 1), 297.5cm (Blue 2), 262cm (Orange 1) and 363.5cm (Orange 2). A
248 composite core was studied for this report, combining the longest of the Blue series cores
249 and the bottom-most section of the longest Orange series core, extending to the maximum
250 recovered depth of 363.5cm. Note that all depths are given as ‘core depth’ measurements
251 and are not necessarily an accurate measure of deposit depth.

252

253 3.2 Laboratory methods

254 The use of multiple lines of independent proxy evidence has become central to
255 reconstructing early postglacial lacustrine environments and to accurately tracking changing
256 conditions within them (e.g., [Daubois et al. 2015](#); [Hu et al. 1999](#); [Liu 1990](#); [Lutz et al. 2007](#);
257 [Teller et al. 2008](#); [Wolfe et al. 1996](#); [Yu 1994, 2003](#)). Seven lab-based proxies were applied to
258 our analysis of the Balsam Creek record. AMS radiocarbon dating and Bayesian age-depth
259 modelling were used to create a complete chronostratigraphy, with cryptotephra analysis to
260 extend and enhance existing regional ash distribution data and to explore potential feedback
261 mechanisms between vegetation and climate. X-Ray Fluorescence (XRF) was employed in
262 order to determine the relative elemental composition of the lake sediments. Magnetic
263 susceptibility assessed changes in sediment character that can be related to
264 palaeoenvironmental and climatic variation. Loss on ignition (LOI) was used to examine
265 changes in the organic and carbonate content of the sediment column. Palynology was
266 employed to identify vegetation taxa and succession dynamics. Bulk organic $\delta^{13}\text{C}$ isotopic
267 analysis tracked changes in prevailing vegetation type and photosynthetic responses to
268 climate change.

269

270 3.2.1 Chronostratigraphy

271 All AMS ^{14}C dates used to establish the chronostratigraphy of the Balsam Creek core and,
272 unless otherwise stated, all other dates mentioned in the text were calibrated against the
273 IntCal13 curve ([Reimer et al. 2013](#)) and use the Calib Radiocarbon Calibration Programme
274 (Calib. Rev. 7.0.0) ([Stuiver & Reimer 1993](#)). In order to clarify understanding about changes
275 in sedimentation at this location through time, and to refine our observations particularly
276 where these related to the basal oscillations, we employed an age-depth modelling
277 technique (*Bacon*) that utilises the open-source statistical environment R to create Bayesian
278 age-depth models ([Blaauw & Christen 2011](#)). *Bacon* calibrates ^{14}C dates against a specified
279 curve (in this case, IntCal13) and can incorporate known calendar age markers, such as
280 tephras, into its age-depth projections. Our model (Figure 3) utilised default settings: i.e.
281 piece-wise linear model with 5cm sections, a gamma prior for sedimentation times with
282 mean 20 and shape 1.5, a beta prior for memory with mean 0.7 and strength 4, and a
283 student-t distribution to deal with outlying dates. All modelled dates presented in this

284 report are rounded to the nearest 5yrs; unrounded values are presented in Supplementary
285 Table 1.

286 For the cryptotephra analysis, contiguous 5cm stratigraphic intervals were sub-
287 sampled as rangefinders to provide an initial overview of glass shard concentration
288 throughout the core and to locate intervals with possible cryptotephra layers. Rangefinder
289 samples were ashed for 2 hours at 550 °C to remove organic material, followed by sieving
290 between 80 and 25µm to remove coarse particles >80µm and obscuring silts and clays
291 <25µm. The >25µm fraction was then subjected to the centrifuge floatation method of
292 [Blockley *et al.* \(2005\)](#) to float out lower density volcanic glass shards from the relatively
293 heavier host mineral matrix. Floated residues, including any shards present, were then
294 mounted onto glass slides (glycerol media) and shard concentrations counted using a high-
295 power Olympus CX40 light microscope at ×100 and ×400 magnifications. Those 5cm
296 rangefinders with the highest shard concentrations were further sub-sampled at 1cm
297 contiguous intervals (1cm³) and prepared and analysed in the same manner. This enabled us
298 to determine the stratigraphic depth to 1cm accuracy of maximum shard concentrations
299 within the core. Shards were picked from the concentration peaks, mounted in resin and
300 sectioned and polished for geochemical characterisation by electron probe microanalysis
301 with wavelength dispersive spectroscopy (WDS-EPMA) at Queen's University Belfast and
302 the Tephra Analysis Unit, University of Edinburgh. Rhyolitic Lipari secondary standard was
303 used to test analytical consistency in both probes. All EPMA geochemical data were
304 normalised to 100% on a volatile-free basis for correlation purposes between layers and
305 reference data used in biplots and similarity coefficient calculations. The similarity
306 coefficient score is a simple measure of multivariate similarity between the major oxide
307 elements present ([Borchardt, Aruscavage & Millard 1972](#)). (Supplementary Table 2 contains
308 original un-normalised EPMA data).

309

310 3.2.2 *X-Ray Florescence (XRF)*

311 The X-ray fluorescence (XRF) scanning of sediment cores allows for non-destructive,
312 relatively high resolution mapping of changes in relative elemental composition. Core
313 surfaces were prepared by scraping with a stainless steel scraper to produce a clean, flat
314 surface. The core surface was then covered with 4µm thin SPEX Certiprep ultralene film,
315 which is relatively translucent to X-rays. Measurements were made on a 3rd generation
316 Avaatech scanner at the Godwin Laboratory, University of Cambridge. Measurements were
317 made at 2.5mm intervals at 10kV (no filter, 0.75µA), 30kV (thin Pb filter, 0.5µA) and 50kV
318 (Cu filter, 1.0µA) with 40 second count times for each measurement. The scanning window
319 was 2.5mm down-core and 12mm cross-core. Principal Component Analysis (PCA) was then
320 applied to the resulting data. PCA is a well-documented technique for identifying the major
321 components of shared variance in complex datasets, 'distilling' multiple records to generate
322 a few factors that describe the major sources of variance shared between those records. In
323 the case of the Balsam Creek data, the logs of the XRF count ratios to Al of Cl, Si, Ca, Ti, Mn,
324 Fe, Rb, Sr and Zr were analysed, following [Weltje and Tjallingi \(2008\)](#).

325

326 3.2.3 *Magnetic Susceptibility and Loss on Ignition*

327 The magnetic susceptibility profile was measured at 2cm intervals using a Bartington MS2C
328 magnetic susceptibility meter with 100mm diameter (Thompson *et al.* 1980). Sediment
329 samples of 1cm³ were then collected at 2cm intervals for loss on ignition (LOI) analysis.
330 Following the LOI protocol used at the Physical Geography Laboratories at the University of

331 Cambridge, LOI samples were heated sequentially for periods of at least 6 hours at 105, 400,
332 480 and 950°C and the results used to calculate %water, %organic matter, %elemental
333 carbon (charcoal), %CaCO₃ and %mineral residue respectively. These thresholds ensure
334 separation between the constituent components while minimising or completely removing
335 any interference caused by loss of structural water from clays that occurs above 500°C (Heiri
336 *et al.* 2001; Keeling 1962; Ball 1964).

337

338 3.2.4 Palynology

339 Samples were analysed at 4cm intervals for pollen. Laboratory procedures and sample
340 preparation techniques followed those outlined by Faegri and Iversen (1989). Analysis of the
341 prepared slides was conducted on a high-power Olympus BX41 light microscope using ×40
342 and ×100 magnification. Tilia and TGView (Grimm 2004) were used for data processing and
343 diagrammatic representation, respectively. Pollen percentages were calculated on the basis
344 of the total terrestrial pollen sum. Zonation of the pollen diagram was performed employing
345 CONISS, using taxa recorded at ≥ 5% as the statistical parameter. On the diagrams minor
346 species have had an exaggeration (×5) curve applied. The principal pollen reference material
347 used in this study was McAndrews *et al.* (1973).

348

349 3.2.5 Bulk organic δ¹³C

350 Plant δ¹³C is primarily determined during photosynthesis and is affected by any factor
351 influencing this process (O'Leary 1988). Samples collected for bulk isotopic analysis were
352 collected at 8cm intervals and leached in 0.1M HCl for 48hrs to remove sedimentary
353 carbonates (already known to comprise only a small percentage by weight of the sample
354 based on LOI analysis). Samples were then washed in distilled water and dried in a
355 convection heater at 40-80°C. The remaining organic-rich sediments were crushed with
356 pestle and mortar, and 0.8-1mg of sample by weight was placed into tin capsules. These
357 prepared samples were isotopically analysed in triplicate using a Costech elemental analyser
358 coupled in continuous flow mode to a Finnigan MAT253 mass spectrometer, located in the
359 Godwin Laboratory, Department of Earth Sciences, University of Cambridge. Results are
360 reported as mean values in parts per thousand (‰) relative to the Vienna Pee Dee belemnite
361 (V-PDB) international standard. Measurement errors were less than 0.2‰.

362

363 4. RESULTS

364

365 4.1 Sedimentology

366 Throughout its length the cored profile preserved an abundance of waterlogged macro-
367 remains including large woody fragments, smaller woody pieces, reeds and root matter in
368 various stages of decay. Visual inspection of the individual core sections revealed six major
369 stratigraphic units based on changes in colour, compaction and the size and degree of
370 degradation of organic inclusions, primarily woody remains and reeds (*see* Table 1).

371

372 << **Table 1:** Balsam Creek core, sedimentary unit (U) descriptions. >>

373

374 4.2 Chronostratigraphy

375 Ten AMS ¹⁴C dates were obtained on organic matter (wood fragments, seeds, grass and
376 other terrestrial plant macros) taken from across the length of the core (Table 2). These dates
377 attest that the depositional sequence recovered from the Balsam Creek kettle lake tracks

378 vegetation succession from soon after local deglaciation. In this part of Ontario, other studies
379 have indicated that peat accumulation began 10,800-10,500 cal. BP (e.g. [Anderson, Lewis &](#)
380 [Mott 2001](#); [Terasmae & Hughes 1960](#)).

381
382 << **Table 2:** ¹⁴C dates obtained for the Balsam Creek core. All dates were processed through the AMS
383 facility of the ¹⁴Chrono Centre, Queen's University Belfast. >>

384

385 4.2.1 Age-depth modelling

386 All of the Balsam Creek AMS dates as well as representative dates for the Mount Mazama
387 and Llao Rock eruptions were inputted into an age-depth model using *Bacon* (see [Blaauw &](#)
388 [Christen 2011](#)). All dates in the series were incorporated in the uncertainty envelope of the
389 model except for UBA-22774 and UBA-25526, which the model bypassed. It is notable,
390 however, that the modelled mean value does not pass through either the estimated age of
391 Llao Rock (see Section 4.2.2) or UBA-25525 (345cm). Were we to reduce chronological
392 uncertainty simply to the modelled mean, both of these dates would also have appeared as
393 outliers, suggesting that unidentified (and almost certainly independent) mechanisms are
394 acting on both. From the radiocarbon dates at the bottom of the core until approximately the
395 Mazama tephra layer, sedimentation appears to have been quite slow at *c.* 1cm/100 yr. From
396 then on, the modelled accumulation is much faster and quite constant at *c.* 20 yr/cm.

397
398 << **Figure 3:** Balsam Creek age-depth curve, including independent dates for the Mt Mazama ([Egan,](#)
399 [Staff & Blackford 2015](#)) and Llao Rock ([Foit & Mehringer 2016](#)) eruptions. The dashed black lines
400 indicate depths where cryptotephra was identified within the Balsam Creek profile (284cm & 325cm)
401 (histogram: M. Blaauw). >>

402

403 4.2.2 Tephrostratigraphy

404 At 5cm rangefinder resolution much of the stratigraphy within the Balsam Creek (BCK) core
405 profile contained low shard concentrations (1-2 shards per rangefinder); this can be
406 attributed to background deposition. In four intervals, measuring from the top of the core
407 (12-16cm, 27- 31cm, 283-287cm & 323-328cm) the concentrations exceeded background levels
408 and were further examined at 1cm resolution (Figure 4). Study of these intervals revealed
409 particularly prominent shard peaks at two points: 284-285cm (sample BCK-284; 220 shards
410 cm⁻³) and 325-326cm (sample BCK-325; 820 shards cm⁻³). The two remaining upper
411 rangefinder intervals could not be resolved further at 1cm resolution.

412 Microprobe analysis, using equipment at Belfast and Edinburgh ([Supplementary](#)
413 [Table 2](#)), revealed that the geochemical composition of both of the lower peaks is calc-
414 alkaline rhyolite. The BCK-284 layer correlates well with the Mazama ash (Figure 5) with a
415 similarity coefficient (SC) of 0.98. This ash from the Mount Mazama climactic eruption (now
416 Crater Lake caldera, Cascade Range, Oregon) deposited visible beds over much of western
417 North America ([Bacon & Lanphere 2006](#)), extending predominantly to the northeast, with
418 cryptotephra being deposited as far as Lake Superior ([Spano et al. 2017](#)) and Newfoundland
419 ([Pyne-O'Donnell et al. 2012](#)). Distal Mazama ash detected in the Greenland (GISP2) ice-core
420 stratigraphy indicates an age of 7627±150 cal. BP ([Zdanowicz et al. 1999](#)). A recent
421 compilation of radiocarbon dates by [Egan, Staff & Blackford \(2015\)](#) has employed Bayesian
422 statistical modelling to provide a refined age of 7682-7584 cal. BP. Our modelled age range
423 for 284cm is 7660-7430 cal. BP (mean age: 7580 cal. BP), aligning it closely to the [Egan, Staff](#)
424 [& Blackford \(2015\)](#) refined age.

425 The BCK-325 layer is superficially similar to Mazama ash reference samples (SC:
426 0.95) (Figure 5). The potential for density-induced settling of tephra shards has been
427 explored in a number of studies (e.g., [Anderson, Nuhfer & Dean 1984](#); [Beierle & Bond 2002](#);
428 [Enache & Cumming 2006](#)). These conclude that downward movement can cease at or just
429 beneath a stratigraphic boundary with more dense, less organic sediment, at a point when
430 the density of the sediment is sufficient to support the tephra ([Beierle & Bond 2002](#)). Within
431 the Balsam Creek profile, the lower accumulation of Mazama-like ash occurs at a depth that
432 is broadly commensurate with a change in sedimentary unit (Units 6-5). Four lines of
433 evidence, however, allow us to reject a settling hypothesis in this instance. ¹⁾ While similar to
434 the BCK-284 ash (*cf.* [Beierle & Bond 2002: 436](#)), the tephra retrieved from the BCK-325 layer
435 contains a slightly higher average SiO₂ content (*c.* 1.3 normalised wt%), consistent with it
436 representing a discrete event. ²⁾ There is a clear separation of *c.* 40cm between the two events
437 with no intervening tephra. ³⁾ The BCK-325 tephra was identified within 10mm of the base of
438 the uppermost 125mm band of laminated clay sediments (i.e., 314-326.5cm) in Unit 6. In
439 other words: it was sealed within, not lying on or just within the laminar clays of this unit. ⁴⁾
440 Intervals of reduced growing conditions within the kettle observed in the δ¹³C data parallel
441 both the BCK-284 Mazama ash layer and the BCK-325 layer. These are the only two such
442 dramatic downturns observed in the profile, suggesting association with separate ash-fall
443 events.

444 A precursor Llao Rock eruption has been described from rhyodacite lava flows and
445 related pyroclastic deposits in the Crater Lake locality ([Bacon & Lanphere 2006](#)). This is
446 believed to have preceded the climactic eruption by *c.* 200 years, with a date of 7015±45 14C
447 yrs BP (7945-7739 cal. BP) from the Crater Lake vicinity ([Bacon 1983](#)). A layer of ash
448 identified below Mazama from lakes in south eastern Oregon has also been assigned to Llao
449 Rock, with a mean interpolated age of 6940±100 14C yrs BP (7953-7609 cal. BP) ([Foit &
450 Mehringer 2016](#)).

451 The close convergence between the published age of Mazama and the modelled age
452 of cryptotephra at BCK-284 is not repeated when we consider the age of Llao Rock against
453 the modelled age of BCK-325, even though there is apparent correspondence between the
454 position of Llao Rock within the age-depth model and the relevant layer in the core (Figure
455 3). Our modelled age range at 325cm (8710-7865 cal. BP) is considerably older than the range
456 assigned to Llao Rock (7953-7609 cal. BP). The published geochemistry of the Llao Rock
457 eruption presented by [Foit & Mehringer \(2016\)](#) also shows general equivalence to the
458 Mazama ash (SCs: 0.97-0.98). The BCK-325 cryptotephra does not follow this equivalency.
459 Acute decline in the ratio values of Ti/Al, Fe/Al, Rb/Al, Sr/Al and Zr/Al at 316cm and 322cm
460 points to the influx of aluminosilicate minerogenic components from regionally occurring
461 metamorphic geological sources. It is probable that the similarity of the 325cm layer to
462 known Mount Mazama products reflects a southern Cascades source locality ([S Kuehn pers.
463 comm. to S Pyne-O'Donnell](#)). As yet, though, we cannot confidently assign BCK-325 to Llao
464 Rock for the aforementioned reasons. Until there is further clarification of this relationship,
465 we designate BCK-325 peak as the 'Balsam Creek' tephra.

466
467 << **Figure 4:** Tephrostratigraphy of Balsam Creek showing cryptotephra glass shard concentrations
468 per 5cm rangefinder (grey) and cm⁻³ (red). The cryptotephra layer at 284-285cm (BCK-284) correlates
469 to the Mazama ash, while the 325-326cm (BCK-325) cryptotephra is designated as an uncorrelated
470 Mazama-like layer (data & presentation: S. Pyne-O'Donnell). >>
471

472 << **Figure 5:** Element oxide biplots (wt%) for glass from cryptotephra layers BCK-284 and BCK-325 at
473 Balsam Creek. In each case SiO₂ is compared against **A:** TiO₂, **B:** Al₂O₃, **C:** FeO, **D:** MgO, **E:** CaO, **F:**
474 K₂O. The Mazama ash reference (UA 1573) from Edmonton River Valley (Pyne-O'Donnell *et al.* 2012)
475 is shown for correlation. Error bars shown are 2σ of the Lipari standard for the Belfast (red) and
476 Edinburgh (green) microprobes. Note: All data points have been normalised for data set comparison.
477 Supplementary Table 2 contains original un-normalised geochemical source data (data and
478 presentation: S. Pyne-O'Donnell). >>

479

480 **4.3 X-Ray Fluorescence**

481 Seven chemozones (CZ) were identified in the core by visual inspection of the XRF data
482 (Figure 6, Table 3). The term 'chemozone' is applied semi-quantitatively: as a significantly
483 distinct interval characterised by consistent changes in chemical composition, though such
484 changes are not absolute determinations – i.e., the divisions are 'XRF chemozones'. CZ3 was
485 subdivided to account for significant changes observed in one or more ratio datasets, where
486 the changes were nested within broader trends. Elements Ca, Si, Ti, Fe, Rb, Sr, Zr and Cl
487 were normalised against Al, and expressed as log ratios to help account for non-linearity
488 between element concentrations and intensities (Shackley 2011; Löwemark *et al.* 2011).
489 Lithogenic elements Fe, Rb and Zr were used as proxies for detrital input and Ca/Al ratios
490 were used to measure authigenic contribution. Ca/Sr ratios were used as a hydrology proxy
491 (Cohen 2003) and Si/Al, Ti/Al and Zr/Al were used as proxies for grain size (Aniceto *et al.*
492 2014). Apparent linear offsets in the XRF counts for all elements in the section from 260 to
493 295cm, which were attributed to a deconvolution error in the XRF measurements, were
494 corrected prior to PCA using measurements on adjacent depths; Cl measurements were
495 corrected to the base of the studied sequence at 357.75cm. The PCA identified two sources of
496 variance with Eigenvalues greater than one. The first of these components (PC1, *see* Figure 7)
497 accounted for 53.7% of the variance, and has large positive loadings for Ti, Rb, Sr, Zr and Si.
498 It is an indicator of terrigenous sedimentation, particularly in the silt size fraction (Croudace
499 & Rothwell 2015: 72) and this component probably corresponds to generalised terrigenous
500 mineralogical input to the site. High PC1 values may reflect the input of lithogenic materials
501 into the kettle basin. Reduced PC1 values at *c.* 275-290cm and 320-335cm depth broadly
502 correlate with peaks in δ¹³C and likely indicate changes in the relative proportions of organic
503 sedimentation versus inorganic carbonate sedimentation.

504

505 << **Figure 6:** Chemozones 1-7 obtained from XRF analysis of the sediment profile. Element data is
506 provided in counts per second (cps). The relationship between chemozones, pollen zones (BC) and
507 sedimentary units (U) is presented against profile depth (data and presentation: L. Farr & S.
508 Crowhurst). >>

509

510 << **Table 3:** Descriptions of discrete chemozones (CZ) within the Balsam Creek core. >>

511

512 **4.4 Magnetic susceptibility**

513 The core sediments were found to be mostly weakly diamagnetic and showed only minor
514 fluctuations throughout the sequence. This reflects the dominance of organic detritus and
515 non-ferrous minerals (e.g., quartz or calcite) throughout the core. An overall trend, however,
516 toward more negative values was noted towards the base of the Blue 2 core (bottoming at
517 297.5cm) – magnetic susceptibility was not tested on the basal section of the Orange 2 core.
518 The oscillations throughout the studied sequence (Figure 7) may correlate to minor changes
519 in the proportions of aeolian and/or fluvial sediments to the Balsam Creek kettle sequence,

520 or to changing source-areas for these inputs. The signal may also have been influenced by
521 any magnetotactic bacteria that lived in the lake, but a maximal range of 12 SI units is small
522 and reinforces the overall stability of the lake system. Two point-samples show weakly
523 positive values and may correspond to increased ferromagnetic or paramagnetic inclusions
524 at these depths (54cm & 223cm). Three broad zones are visible in the magnetic susceptibility
525 profile: above 154cm average of -2.1 SI units; 154cm-250cm average of -3.74 SI units; and
526 250-300cm approx. -5.56 SI units.

527

528 **4.5 Loss-on-ignition**

529 The loss on ignition data revealed variability in the organic component of the core between
530 approximately 40-70%, being inversely correlated with the mineral residue component
531 which fluctuated between 25-60% (Figure 7). Periods of increased mineral content and/or
532 reduced organics occur particularly at 50-110cm, 165-200cm and in the deepest part of the
533 core below c. 320cm. These periods may reflect enhanced input of fine sediments to the lake
534 either by in-washing from local streams or through aeolian deposition. An additional
535 carbonate component varied mostly between 0-10%, again representing inputs from
536 sedimentary sources. Small quantities of 0-4% elemental carbon lost following the 480°C
537 burn were present throughout the upper 250cm of the sequence, indicative of the effects of
538 natural forest fires in the vicinity of the lake. Curiously, this carbon content all but
539 disappeared below 276cm, suggesting that fire was not a significant agent in the local
540 environment during the early post-glacial. As this lower part of the core also produced some
541 of the lowest organic content measurements in the entire sequence (i.e. between 30-50%), it is
542 possible to infer low-density vegetation at this time that was not susceptible to wild fires, or
543 conditions that otherwise reduced the likelihood of their occurrence.

544

545 << **Figure 7:** Compares data for magnetic susceptibility (including mean SI (μ) values), loss on ignition
546 (% water then % dry weight), $\delta^{13}\text{C}$, cryptotephra shards and XRF PC1 values (20-357.75cm) from the
547 Balsam Creek core. Pollen zones (BC) and sedimentary units (U) are provided for comparison (data:
548 A. Pryor, L. Farr, S. Crowhurst, S. Pyne-O'Donnell, presentation: R. Rabett). >>

549

550 **4.6 Palynology**

551 The pollen record at Balsam Creek (BC) was divided into ten depositional zones, starting
552 from the base of the core (Figure 8). Superimposition of these zones onto the sedimentary
553 units was only possible at a broad scale. The two basal zones correspond approximately to
554 sedimentary Unit 6; Zones 3-8 fall within Unit 5; Zones 8 and 9 cover Unit 4; and Zone 10
555 incorporates Units 3-1. Age estimates for pollen zones are drawn from the core's age-depth
556 model mean values per cm.

557

558 << **Figure 8:** Tilia graph showing the pollen spectra from the Balsam Creek core, sedimentary units
559 and age-depth modelled chronology (data and presentation: D. Simpson). >>

560

561 **4.6.1 BC1: 360–342cm (c. 10,425-8965 cal. BP)**

562 This zone is characterised by high percentages (c. 95-97%) of arboreal pollen. *Pinus* undiff.
563 pollen is abundant throughout (c. 51-62%) and is the dominant feature of the zone. *Pinus*
564 *strobus* values (c. 3-6%) are relatively consistent throughout. *Picea* representation rises
565 sharply to maximum representation for the sequence at the beginning of the zone with
566 values remaining relatively high thereafter. *Betula* (c. 6-16%) and *Quercus* (c. 4-7%) are the
567 main deciduous elements with fluctuating values for both taxa throughout the zone. *Betula*

568 values (16%) rise sharply at the termination of the zone. *Abies* (c. 0-3%), *Carpinus/Ostrya* (c.
569 1-3%), *Myrica* (c. 0-1%) and *Ulmus* (c. 1-2%) are also represented throughout. Herbaceous
570 taxa (c. 1-5%) representation in this zone is the highest of the sequence. *Ambrosia* (c. 0-2%)
571 and Cyperaceae (c. 0-2%) are the two main species represented. Values for both types
572 decrease consistently as the zone proceeds towards termination.

573

574 **4.6.2 BC2 : 342–326cm (c. 8965–8200 cal. BP)**

575 Arboreal pollen (c. 92-95%) dominates this zonal assemblage, with *Pinus* undiff. the
576 dominant component (c. 53-62%). Values for both *Pinus* undiff. and *Pinus strobus* (c. 5-9%)
577 display a generally increasing trend as the zone proceeds. *Betula* (c. 8-13%) is relatively
578 constant throughout the zone, although overall there is a decreasing trend as the zone
579 progresses. Values for *Picea* (c. 2-6%) reflect a similar trend in this zone with values reduced
580 to 2% at the termination. There is a noticeable spike in values for *Alnus* (2.5%) at the
581 transition with the zone BC3; *Quercus* (c. 4-6%) is again constantly present. *Abies* (c. 1-2%),
582 *Alnus* (c. 0-3%), *Carpinus/Ostrya* (c. 2-3%) and *Ulmus* (c. 1-2%) are the other main arboreal
583 taxa represented. With the exception of *Carpinus/Ostrya*, the representation of these species
584 increases as the zone progresses. Representation of herbaceous taxa is low (c. 2-4%). A
585 marked increase in values for *Lycopodiaceae* undiff. (c. 2-3%) was noted in this zone.

586

587 **4.6.3 BC3: 326–298cm (c. 8200–7800 cal. BP)**

588 BC3 is characterised by high values of arboreal pollen (c. 91-97%) present in relatively stable
589 abundances throughout. Values for both *Pinus* undiff. (c. 52-69%) and *Pinus strobus* (c. 4–7%)
590 decrease as the zone progresses. Conversely, *Betula* values increase throughout the zone,
591 rising markedly from 3.9% to 16.9% by its termination. Other consistent arboreal features are
592 *Abies* (c. 1-2%), *Alnus* (c. 0-2%), *Larix* (c. 0–2%), *Picea* (c. 0-3%), *Quercus* (c. 2-5%), *Tsuga* (c. 1-
593 5%) and *Ulmus* (c. 1-3%). Of these the values for *Picea*, *Ulmus* and in particular *Tsuga* all
594 increase as *Pinus* values decrease. *Ambrosia* (c. 0-2%), Cyperaceae (c. 0-1%) and Poaceae (c. 0-
595 2%) are the main herbaceous elements. The values for the aquatic *Nuphar* (c. 0-3%) increase
596 steadily throughout whereas *Lycopodiaceae* undiff. values (c. 0-1%) decrease throughout.

597

598 **4.6.4 BC4: 298–274cm (c. 7800–7200 cal. BP)**

599 Significant decreases in the overall values for *Pinus* undiff. (c. 40-57%) are notable in this
600 zone. An opposing trend is apparent in the values for *Pinus strobus* (c. 17-34%), which are in
601 general significantly increased in this zone. A peak in *Picea* (6.3%) at the start of the zone is
602 short-lived and values (c. 1-6%) decline sharply thereafter. *Betula* values (c. 7-16%) also
603 decrease as the zone continues but do recover slightly at the termination of the zone.
604 *Quercus* (c. 2-7%) is, with one exception mid-zone, consistently represented throughout.
605 *Ulmus* (c. 1-3%) representation is slightly increased in this zone. *Ambrosia* and *Artemisia* are
606 the main herbaceous elements represented. *Nuphar* values (c. 0-1%) are markedly decreased
607 from the previous zone. *Lycopodiaceae* undiff. values (c. 2-3%) recover at the start of the zone
608 but drop away sharply as the zone progresses.

609

610 **4.6.5 BC5: 274–226cm (c. 7200–6020 cal. BP)**

611 *Pinus* undiff. (c. 43-59%) is re-established as the dominant feature of this zone, although
612 values do drop off sharply as the zone concludes. *Pinus strobus* representation (c. 14-29%),
613 which is generally lower than in the BC4 fluctuates throughout the zone. This fluctuation is
614 negatively correlated in the values for *Betula* (5-14%), which are displaying an increasing

615 trend as the zone progresses. *Quercus* (c. 2-5%) is again a relatively stable constant feature
616 throughout the zone. Noticeable peaks in both *Ulmus* (c. 1-4%) and *Corylus avellana* (c. 0-2%)
617 are apparent in the upper half of the zone before dropping away at the BC5-6 junction.
618 Poaceae representation follows a similar pattern. An opposing trend is apparent in the
619 representation of *Pteridophyta* (monoete), which peaks at the start of the zone. Both
620 *Carpinus/Ostrya* and *Fagus* values are indicative of decreasing representation as the zone
621 continues.

622

623 **4.6.6 BC6: 226-176cm (c. 6020-4795 cal. BP)**

624 While remaining relatively high *Pinus* undiff. values (c. 42-68%) indicate significant
625 fluctuation in the representation of the species during this period, with an overall decreasing
626 trend apparent from the middle of the zone onwards. The fluctuation in *Pinus* undiff.
627 representation is also negatively reflected in the representation of *Betula*. Overall *Betula*
628 values (c. 7-29%) are higher than those previously recorded and indicate a general increase
629 in representation as the zone progresses. In contrast, *Pinus strobus* is becoming less of a
630 characterising feature, with values (c. 8-15%) significantly lower than those recorded in the 2
631 previous zones (BC4 & BC5). *Tsuga* attains maximum sequence representation (6%) in the
632 lower half of this zone (215cm, mean age: 5761 cal. BP), before declining and then stabilising
633 at 1-2% by 195cm (mean age: 5275 cal. BP). Peaks in *Alnus* at the mid-point of the zone and
634 *Picea*, *Carpinus/Ostrya* and *Nuphar* at the termination of the zone are of note. Similar
635 termination peaks are also reflected in the representation of Cyperaceae, *Isoetes* and
636 Lycopodiaceae undiff. Poaceae continues to be consistently represented after the peak in
637 BC5.

638

639 **4.6.7 BC7: 176-152cm (c. 4795-4185 cal. BP)**

640 Consistent presence of both *Nuphar* and *Isoetes* throughout this zone indicates increased
641 representation of aquatic pollen types in the record. Values for *Pinus strobus* (c. 14-23%)
642 recover slightly, while the representation of *Pinus* undiff. (c. 43-55%) continues to follow the
643 decreasing trend apparent from the mid-point of BC6. *Betula* values (c. 17-22%) remain at the
644 higher levels recorded in the previous zone. *Abies* values (c. 0-2%) recover after being all but
645 absent in the previous two zones.

646

647 **4.6.8 BC8: 152-116cm (c. 4185-3285 cal. BP)**

648 *Pinus* undiff. values (c. 49-60%) recover slightly at the commencement of this zone but have
649 a generally decreasing trend as the zone continues. Values for *Pinus strobus* (c. 6-13%)
650 decline to similar levels to those recorded in BC6. The increasing trend in *Betula*
651 representation (c. 17-24%) continues. *Myrica* values (c. 0-2%) indicate a slight increase and
652 more constant presence of the species. Representation of the other arboreal types in the
653 record i.e., *Quercus*, *Ulmus* and *Corylus avellana* are relatively stable and show very little
654 variability when compared to the values recorded in the previous zones. Consistently higher
655 representation of *Nuphar* pollen (c. 1-3%) and to a lesser degree, *Isoetes* (c. 0-2%) increase the
656 overall representation of aquatic types (c. 1-5%) in this zone. It is of note that while not
657 identified or counted, the frequency of diatoms present in the samples increased from this
658 point in the record onwards, with some samples in the succeeding zones reflecting very
659 significant increases in diatom accumulations.

660

661 **4.6.9 BC9: 116–68cm (c. 3285–2225 cal. BP)**

662 *Betula* values (c. 21-31%) continue to increase steadily with very little fluctuation in intra
663 zone representation. Values for both *Pinus* undiff. (c. 42-53%) and *Pinus strobus* (c. 8-16%)
664 continue to decrease slightly, although values are less consistent as the zone progresses and
665 fluctuate to a greater degree within the zone. *Abies* (c. 0-2%) and *Picea* (c. 0-2%) are more
666 consistent elements in this zone. Representation of the other main arboreal elements remains
667 relatively stable. However, *Quercus* values (c. 2-5%) indicate a slight increase in
668 representation. Cyperaceae (c. 0-1%), *Nuphar* (c. 1-3%) and *Isoetes* (c. 0-2%) continue to be
669 consistently represented in this zone.

670

671 **4.6.10 BC10: 68–30cm (c. 2225-1050 cal. BP)**

672 After a peak in *Betula* values (37%) at the beginning of this zone the overall values return to
673 the levels represented in the previous zone (c. 21-30%). *Pinus* undiff. values (c. 36-54%)
674 represent a continued indication of the generally decreasing trend apparent in the previous
675 zones (BC8-9). After a sharp decline at the beginning of the zone *Pinus strobus* values (c. 7-
676 15%) rise quickly and the decreasing trend apparent in the previous zone appears to stabilise
677 as the zone proceeds. *Alnus* representation (c. 0-1%) is slightly decreased. *Abies* (c. 1-4%) and
678 *Picea* (c. 0-3%) representation continues to increase in this final zone of the record. The
679 values for *Carpinus/Ostrya* (c. 0-2%), *Corylus avellana* (c. 0-3%) and *Salix* (c. 0-1%) are all
680 increased in this zone. Representation of the other arboreal components remains relatively
681 analogous with that of the previous zone. Increased presence of *Ambrosia* (0-1.3%) elevates
682 the overall values for the upland herbs (c. 1-4%) particularly towards the termination of the
683 zone. Cyperaceae (c. 0-2%) and *Nuphar* (c. 1-4%) continue to be consistently represented at
684 levels similar to those in the previous zones.

685

686 **4.7 Bulk organic $\delta^{13}\text{C}$**

687 The bulk organic $\delta^{13}\text{C}$ data from Balsam Creek (Figure 7) produced a C_3 -dominated signal
688 through-out the core sequence, as one would expect for a higher latitude (i.e., 45-50 degrees)
689 Holocene environment (e.g., Sage *et al.* 1999; Schiff *et al.* 1997). The mean bulk organic $\delta^{13}\text{C}$
690 signal divides approximately into three. It was stable at c. -27‰ for the upper 154cm of core,
691 with a maximum increase to -26.3‰ at 58cm towards the base of sedimentary Unit 2.
692 Between 154cm and 270cm, corresponding with pollen zones BC7 to BC5, the mean $\delta^{13}\text{C}$ was
693 slightly enriched: falling mostly between -25 and -26‰ . By contrast, the lower part of the
694 core (pollen zones BC1 to BC4) exhibited two large increases in $\delta^{13}\text{C}$ that align exactly with
695 the presence of the ash-fall discussed above. This profile reflects substantial changes in the
696 terrestrial and potentially aquatic carbon cycle during the sampled period, with points of
697 transition at c. 7096 cal. BP (mean modelled age at 270cm) and again at c. 4237 cal. BP
698 (154cm). These three broad zones identified in the bulk $\delta^{13}\text{C}$ are reflected in the magnetic
699 susceptibility profile, where above 154cm there is a mean value of -2.1 SI units, 154-250cm a
700 mean of -3.74 SI units, and 250-300cm a mean of -5.56 SI units), supporting the
701 interpretation of vegetation and sedimentary dynamics at these intervals.

702

703 **5. DISCUSSION**

704

705 **5.1 Early Holocene – Vegetation zones (BC1 to BC5)**

706 Sedimentary profiles obtained in the immediate vicinity of North Bay form points of
707 comparison to this study. These include one profile from the vicinity of the Fossmill outlet,
708 though this proved to be too young to record the opening of the outlet itself, with a basal age
709 of 7175-6739 cal. BP (GRO-1924) (Terasmae & Hughes 1960). Two other profiles have been
710 taken north of the city as part of unpublished academic theses (those of H. Ignatius and K.B.
711 Liu) (Ritchie 1987; Terasmae & Hughes 1960). These indicated that peat accumulation had
712 begun c. 10,800 cal. BP within a landscape that was marked by short-lived peaks in mixed
713 conifer-hardwood forest species; taxa that would become more dominant here after c. 8,900
714 cal. BP. A third study (Anderson, Lewis & Mott 2001) re-cored Turtle Lake ('Boulter'
715 township lake), which had been previously cored and controversially dated by Harrison
716 (1972). Their new AMS radiocarbon date, obtained on a terrestrial seed, suggested the area
717 was deglaciated and peat had begun to accumulate by 10,795-10,557 cal. BP (CAMS-46195).
718 This was later than Harrison had proposed, but agreed with other local estimates, with the
719 southern Ontario evidence (Karrow *et al.* 1975; Mulligan, Elyes & Bajc 2018; Terasmae &
720 Hughes 1960), and is in close agreement with the age-depth model of this study, which gives
721 a range of 10,670-10,320 cal. BP (mean age: 10,480 cal. BP) at the base of the core (363cm)
722 (Supplementary Table 1).

723 The basal dates from Balsam Creek provide a minimum age range for the formation
724 of the outwash delta within which the site is situated. However, the buried ice that gave rise
725 to the kettle may have taken time to melt following glacial retreat and local pro-glacial lake
726 drainage. As a result, there is likely to be a time-lag between these events, the development
727 of the kettle and onset of peat accumulation. Nonetheless, the age of the earliest deposits
728 here make it less likely that the nearby Cartier I / Lake McConnell moraine belt dates to the
729 younger limit (10,600-10,204 cal. BP) proposed by Saarnisto (1974), and more likely that it
730 marks the ice-margin as it stood during the late Younger Dryas – in-keeping with other later
731 studies (e.g., Lowell *et al.* 1999; Occhiotti 2007).

732 Shoreline elevation data (Karrow 2004) suggests that the last time this vicinity was
733 under water (and before the kettle formed) was likely to have been during the Payette lake
734 phase, to which we can now also ascribe the minimum age of >10,480 cal. BP. While
735 fluctuations appear to have occurred in the size of the kettle lake post-Payette, there are no
736 indications that it was inundated subsequently.

737 The plant species represented at the base of the sequence (BC1) suggest that a
738 relatively well-established mixed woodland community with open habitat elements was
739 already in existence. The conifers *Pinus* undiff. and *Picea* dominate the local forest, with
740 *Betula*, *Quercus* and *Carpinus/Ostrya* being the main hardwood elements present. With a mix
741 of both shade-tolerant (*Carpinus/Ostrya*) and shade-intolerant (*Betula*) species represented, it
742 is difficult to surmise confidently as to how open or closed the forest environment was at
743 this time. Our isotopic data (Figure 7) does not show obvious or significant impact from a
744 canopy effect, which can lower the $\delta^{13}\text{C}$ of an ecosystem by 3-5‰ (Drucker & Bocherens
745 2009; Bonafini *et al.* 2013). Other studies have identified a tundra or forest/tundra phase
746 immediately after deglaciation (e.g., McAndrews 1997; Mott & Farley-Gill 1978, 1981). The
747 presence of the open indicator taxa, such as *Ambrosia*, Asteraceae and Poaceae, suggests that
748 such a phase is probably represented at Balsam Creek, though consequently this disagrees
749 with the observations of Fuller (1997) who proposed that, due to a lag between deglaciation
750 and the melting of the buried ice which formed kettle lakes, the tundra phase may have
751 passed before sedimentation commenced. Three bulk organic $\delta^{13}\text{C}$ measurements for BC1

752 have a mean value of -27.2‰ , similar to the top 1.5m of the core and are consistent with the
753 wet and stable growing conditions indicated by the pollen data.

754 Within BC2, leading up to the first of the intervals recorded in the $\delta^{13}\text{C}$ deviations
755 (which continues into BC3) the recorded occurrence of *Picea* drops significantly. It appears to
756 recover at a lower frequency, before dropping again after the second $\delta^{13}\text{C}$ interval (within
757 BC4). By the termination of BC4 (c. 7200 cal. BP) this taxon becomes a very minor woodland
758 component. The *Picea* record for Balsam Creek fits well with the regional record for *Picea*,
759 which has been recorded at multiple sites across southern Ontario (Fuller 1997). In these
760 other records this genus dominates in the landscape for c. 1000 years, after which it declines
761 to low levels as it is replaced by successional species such as *Pinus* and *Betula*. Other
762 elements of the immediate woodland though remained comparatively unchanged, with
763 *Pinus* undiff. continuing to be the major element within the community.

764 The increase in *Betula* at the BC1-BC2 transition (c. 342cm, 8965 cal. BP) suggests
765 more open environments, which may also be reflected by the increase in bulk organic $\delta^{13}\text{C}$ to
766 -26‰ at this time. *Nuphar* implies that the water in the kettle was open and shallow during
767 this period. The Cyperaceae in the record would also imply that the local environs
768 surrounding the lake were potentially quite marshy and swampy (see Bunting & Warner
769 1999). The increase in *Larix* which thrives in swampy conditions and will often be among the
770 first colonisers of previously submerged areas supports this hypothesis.

771 The decline in *Betula* and slight increase in *Pinus strobus* representation in BC2 may
772 indicate intra-species competition. The pattern is broadly contemporaneous with those
773 recorded at Lac Bastien, where Bennett (1987) attributed the decline of *Betula* at c. 7980 cal.
774 BP to probable competition with *Pinus strobus*. The establishment of denser woodland
775 environments is inferred from the increased presence of more shade tolerant species such as
776 *Tsuga* and *Fagus* at the BC2-BC3 interface. Our isotopic data also hints at a more closed
777 situation between 308-294cm, before a return to open/arid conditions again. The continued
778 presence of open indicators (*Ambrosia*, *Artemisia*, *Chenopodium* and Poaceae) implies that
779 gaps still exist in the environment surrounding the kettle at this point. The increased
780 representation of *Lycopodiaceae* undiff., which is associated with the perimeters of wooded
781 areas, suggests that the proximity of the woodland to the kettle basin may have been closer
782 during this period. In turn, this may also imply a shift in local hydrological conditions
783 changing the nature and size of the basin. The presence of *Isoetes* indicates that the basin
784 may have expanded at this stage and consequently encroached into the margins of the
785 forest.

786 The incidence of *Isoetes* increases marginally during BC3: indication of the continued
787 existence of an expanded body of open water. The elevated representation of *Nuphar* and
788 *Equisetum* at the top of the zone, however, points to the presence of aquatic plants and
789 potentially varied habitats within the kettle. Taken together with the variable presence of
790 *Lycopodiaceae* undiff. and Cyperaceae, this implies a certain amount of fluctuation in the size
791 and depth of the water body 8200-7800 cal. BP. Similar patterns are also apparent within the
792 woodland vegetation, with quite dynamic changes in the arboreal environment evident.
793 *Pinus* undiff. becomes even more dominant to the detriment of the majority of the other
794 forest taxa. Only *Tsuga*, *Abies* and *Fraxinus* appear, albeit marginally, to have benefited from
795 this change in composition.

796 Given the relative stability of Holocene $\delta^{13}\text{C}_{\text{air}}$ and atmospheric CO_2 concentrations
797 (Elsig et al. 2009), and the removal of non-organic pedogenic carbonates during the pre-
798 treatment of samples from this core, the pronounced increases in $\delta^{13}\text{C}$ observed at 332-316cm

799 and again and to a lesser extent at 286cm likely reflect environmental changes affecting
800 vegetation in and near to the kettle. One major factor affecting $\delta^{13}\text{C}$ of terrestrial plants is
801 water stress, which can raise plant $\delta^{13}\text{C}$ by more than 5‰ (Farquhar, Ehleringer & Hubick
802 1989). The generally waterlogged conditions within the kettle mean that the supply of
803 groundwater should not have been a problem unless constrained by permafrost conditions –
804 unlikely but not impossible over the duration of the sequence at this latitude. A contribution
805 from aquatic plants to the two peaks above -23‰ cannot be completely ruled out.
806 Freshwater aquatic plants are known to vary widely in $\delta^{13}\text{C}$ (e.g., Fry & Sher 1984) and may
807 additionally be affected by a variety of environmental variables, such as changes in CO_2
808 concentration within the lake water (see review in Leng *et al.* 2006). Yet the low incidence of
809 aquatic plant pollen (<5%) throughout the core sequence is consistent with a mostly shallow
810 lake that may have largely dried out seasonally. Based on the available evidence, the peaks
811 appear to be primarily reflecting changes in the terrestrial ecosystem in the Balsam Creek
812 catchment area.

813 It has been shown (Kohn 2010) that in C_3 plants $\delta^{13}\text{C}$ values above -23‰ are
814 generally restricted to extremely arid (desert) environments; however, their occurrence
815 within *Pinus* sp. dominated montane (i.e., cool arid) settings has also been recorded (e.g.,
816 DeLucia & Schlesinger 1991). A change in aridity, potentially brought about by changes in
817 the strength of katabatic winds blowing out from the degrading ice sheet, may have
818 manifested in vegetation growing within the broader catchment of Balsam Creek as an
819 increase in $\delta^{13}\text{C}$. Interestingly, the oldest of the $\delta^{13}\text{C}$ deviations (332-316cm) crosses three
820 sedimentary contexts identified within Unit 6 (Table 1). This suggests that sedimentary
821 changes may have occurred independently, or that they were out of phase with the climatic
822 changes at this point in the sequence. The more or less static $\delta^{13}\text{C}$ values of -27‰ above
823 154cm (pollen zones BC8 to BC10) can be interpreted as indicating good wet and stable
824 growing conditions in the Balsam Creek kettle. The period before this is characterised by
825 slightly higher $\delta^{13}\text{C}$ values of *c.* -25.5‰ , and in the absence of major changes in the pollen
826 sequence across this boundary, this likely reflects an environmental difference characterised
827 by colder and drier conditions.

828 CZ1-6 and the lower *c.* 20cm of CZ7 correlate to the Early Holocene and are
829 characterised by oscillating frequencies in the Ca/Al, Ti/Al, Rb/Al, Sr/Al, Zr/Al and Fe/Al
830 ratios. These signatures likely reflect phases of landscape instability and sediment influx into
831 the kettle. The laminations of clay and silt at depths of 314-326.5cm, 238-345.5cm, 349-353cm
832 and 359-362cm appear to be linked to variations in Si/Ti, Ti/Al, Rb/Al, Sr/Al, Zr/Al and Fe/Al
833 ratios. Alternate phasing of detrital sediment influx and lake stability is also indicated by the
834 inversely varying oscillations in organic content and mineral residue bulk sediment
835 analyses.

836 Overall, bulk organic $\delta^{13}\text{C}$ values from 162cm to the base of the core (encompassing
837 most of sedimentary Unit 5 and all of Unit 6; BC1 to BC6 and part of BC7) suggest more arid
838 growing conditions to those experienced above this level. Our age-depth model assigns ages
839 to two prominent increases in $\delta^{13}\text{C}$ between 332-316cm (modelled mean age-range: 8475-
840 8040 cal. BP) and 286cm (modelled mean age: 7645 cal. BP) (also see Lewis 2008; McCarthy &
841 McAndrews 2010). Linkage to the 8.2 Cold Event is likely for the 332-316cm peak, though
842 the time range in our data more closely corresponds with the extended period of Early
843 Holocene climatic anomalies identified in the GISP2 core (Rohling & Pälike 2005). Indeed,
844 the existence of more than one cooling event during the period *c.* 9000-8000 cal. BP has been
845 observed in comparable western hemisphere studies (e.g., Hu *et al.* 1999; Keigwin *et al.* 2005;

846 Lutz 2007). The existence of another cold interval during the subsequent millennium has not
847 been identified in those records; however such signals have appeared in the European
848 sequence e.g., at c. 7100 cal. BP, also from a kettle lake core (Lamentowicz *et al.* 2008). The
849 Balsam Creek data would appear to support the position that dramatic dips in Early
850 Holocene climate may have been accompanied by secondary cold-arid periods.

851 It is notable that both of these intervals also correspond closely with the two
852 principal spikes in cryptotephra identified at 284cm and 325cm and show broad
853 correspondence to phases of reduced PC1 values in the XRF data (Figure 7). The upper-most
854 of these intervals is attributed to ash from the series of pyroclastic eruptions of Mount
855 Mazama c. 7600 years ago. Within our core the modelled age of the deposits containing the
856 Mazama ash ranges 7660-7430 cal. BP (mean age: 7580 cal. BP). This overlaps with the date
857 presented by Zdanowicz *et al.* (1999) of 7627±150 cal. BP and the age range proposed by
858 Egan, Staff & Blackford (2015) of 7682-7584 cal. BP. We considered and rejected the
859 possibility that the lower spike could be a result of density-induced settling within the
860 profile. The Llao Rock precursor eruption was thought to be a likely candidate for the
861 deeper peak; however, the modelled age for the BCK-325 accumulation, together with the
862 variance in cryptotephra geochemistry, currently point to a discrete as yet unknown
863 volcanic event occurred during this period of environmental deterioration.

864 By the mid-point of BC3 and continuing into BC4 *Pinus* undiff. is significantly less
865 dominant in the woodland environment; with both *Picea* and *Betula* initially recovering to
866 some degree. A very abrupt increase in *Pinus strobus* at the BC3-BC4 transition (c. 298cm:
867 7800 cal. BP) signifies the colonisation of the surrounding forests by this species and the
868 initiation of a major change in the woodland dynamics. This is a widely recognised
869 vegetation succession throughout the region (e.g., Liu 1990; Fuller 1997). The kettle basin
870 environment also shows signs of change at this time with a reduction in the aquatic and
871 spore species during BC4. The correlation between the 284cm ash concentration and the
872 second $\delta^{13}\text{C}$ peak within this unit makes a purely taphonomic argument even less
873 convincing. The detection of the ash and its correlation to these signals suggests that harsher
874 climates may be a first indication of the possible effects of ash fall-out on this landscape.

875 The continued presence of the open indicators *Ambrosia*, *Artemisia* and Poaceae imply
876 that open areas still existed in what appears to have been a mosaic of boreal and deciduous
877 woodland environments. With more dense stands occupied by shade tolerant species such
878 as *Acer*, *Tsuga* and *Fagus* and more open shrubby environments, potentially at the very edges
879 of the basin, inhabited by *Betula*, *Corylus* and *Larix*, with some herbaceous flora in the
880 understorey. The elevated presence of *Pinus Strobus* around Balsam Creek as the Early
881 Holocene progresses (BC4-BC5 boundary) probably reflects the warmer regional climate
882 during this time. The increased presence of other thermophiles such as *Fagus* during BC4-
883 BC5 (and *Tsuga* later in BC6) support this change in climate, which is also reflected in bulk
884 organic $\delta^{13}\text{C}$ signals that settle at c. -25.5‰ or lower for most of BC5 to BC7.

885

886 5.2 Mid-Holocene – Vegetation zones (BC6 to BC7)

887 The Mid-Holocene is represented by CZ7 in the XRF data, wherein low-moderate amplitude
888 oscillations in Fe/Al, Rb/Al, Sr/Al and Zr/Al are interpreted as likely representing the
889 physically weathered products of the local quaternary geology. From the end of BC5 and
890 throughout the remainder of the sequence some degree of shrub/grassland (*Corylus*
891 *avellana*/Poaceae) expansion is evident around Balsam Creek. The diversity in open areas
892 appears diminished from BC6 onwards, with only *Artemisia* present throughout the Mid-

893 Holocene communities. Cyperaceae indicates that the areas adjacent to the kettle are still
894 marshy and remained so throughout the Mid-Holocene; however, the hydrological
895 conditions appear to have fluctuated. In the early stages of BC6 only the shallow water-
896 associated *Nuphar* is present, while by the BC6-BC7 transition (c. 4795 cal. BP) *Isoetes*
897 reappears, synchronous with an increase in the presence of *Nuphar*, hinting at a certain
898 amount of environmental diversity within the water body by this time. Although diatoms
899 are not present in every sample, when they are present, indications are of a general increase
900 in occurrence as the Mid-Holocene progresses. This may relate to changes in the nitrogen
901 and phosphorus ratio in the water body, and in turn imply changes in localised hydrological
902 conditions, such as surface run-off. Unlike other regional lake studies – such as Liu (1990) in
903 which *Pinus strobus* became the dominant taxon from c. 7400 cal. BP onwards at Lake Nina,
904 and Fuller (1997) where both *Tsuga* and *Fagus* are much more prominent in the landscape for
905 an extended period of time at Graham Lake – the impact of any climate warming on the
906 vegetation surrounding Balsam Creek appears to have been less pronounced and shorter in
907 duration. *Pinus strobus* is the only dominant forest taxon during BC4, retreating during BC5
908 as *Pinus* undiff. returns to dominance. Expansion of *Tsuga* and *Fagus* communities, while
909 continuous from this point on, is minimal, though a muted peak and subsequent decline in
910 *Tsuga* is noted (see Haas & McAndrew 2000).

911 The BC6-BC7 transition also appears to mark a significant period in the terrestrial
912 vegetation succession at Balsam Creek, with changes inside the basin potentially related to
913 wider shifting conditions taking place in the adjacent landscape. The return of boreal species
914 such as *Abies* and *Picea* at the termination of BC6 is indicative of colder more arid conditions
915 across the region. It is feasible that if the vegetation succession at Balsam Creek had been
916 altered to a lesser degree by regional warming during the Hypsithermal this may have
917 facilitated a more rapid re-establishment of boreal elements once cooling had begun. The
918 dynamics of the woodland before this time also change and stable succession is evident
919 within the forested environment. *Pinus strobus* stabilises after BC7 and remains a relatively
920 constant element of the woodland to the top of the profile. Similarly, the *Pinus* undiff.
921 population, while remaining dominant, is (albeit marginally) steadily declining throughout
922 the remainder of the sequence. Conversely, *Betula* is becoming an increasingly more
923 dominant element throughout the Mid-Holocene. This increase in the shade intolerant birch
924 potentially indicates a gradual return to less densely populated stands of woodland as the
925 Mid-Holocene continued. This may be reflected in the populations of *Tsuga*, *Alnus*, *Quercus*
926 and *Ulmus*, all of which are declining from the BC6-BC7 transition onwards.

927

928 5.3 Late Holocene – Vegetation zones (BC8 to BC10)

929 The Late Holocene is represented by the upper part of CZ7. Between 63cm and 20cm
930 increasing Ca/Al and Ca/Sr values correlate well to increasing organic content values, but
931 are uncoupled from CaCO₃ content. This suggests that increasing Ca content was a factor of
932 both hydrological conditions and biological activity in the basin during this period, perhaps
933 by Calcium Oxalate-forming lichens and mosses. In general, the vegetation succession
934 evident during the Late Holocene is a continuation of that which started in the Mid-
935 Holocene. Stable bulk organic $\delta^{13}\text{C}$ values, mostly around -27‰ , from the start of BC8 until
936 the top of the core suggest the establishment of a stable forest ecosystem, balanced with
937 increased aquatic productivity marked clearly in the aquatic plant pollen record, particularly
938 *Nuphar* sp. An uptake in aquatic productivity at this time is also supported by increased
939 diatom abundance in pollen samples throughout the upper sections of the core (section

940 4.6.8). Significant changes from deeper in the sequence include an increased presence of
941 *Abies* and *Picea*, suggesting an increase in these boreal elements within the forest
942 community. The marginal increase of *Salix* and of *Corylus avellana* indicate an expansion
943 of/or diversification within the shrub environment. The continuation of *Betula* as a major
944 element of the vegetation supports this. Increased Cyperaceae during the Late Holocene
945 suggests that any such an environment may have been quite swampy in nature. The increase
946 in both boreal shade tolerant and shrubby shade intolerant species suggests that a marsh
947 thrived at the open, yet sheltered, margins of the basin and that this was surrounded by a
948 mixed coniferous/deciduous forest. An increase in the open indicator *Ambrosia* is apparent
949 within the Late Holocene portion of the core. [Bunting and Warner \(1999\)](#) have interpreted
950 the presence of *Ambrosia* at the very top of their sequence from the Spiraea wetland kettle in
951 southern Ontario as a signal of landscape management due to the arrival of European
952 settlers. The fact that it is present in the Early Holocene at Balsam Creek, however, and with
953 little other impact evident to the woodland taxa make it difficult to say if this the Late
954 Holocene increase in *Ambrosia* can be put down to anthropogenic or natural (or a mixture of
955 both) causes. While we see no clear evidence for human activity within the Balsam Creek
956 sequence, the record does nonetheless presents interesting possibilities for future
957 investigation in this respect.

958

959 **5.4 Archaeological potential**

960 Generally poor organic preservation and the near absence of zooarchaeological remains
961 from sites continue to leave discussion about Late Palaeoindian (Eastern Plano) subsistence
962 largely speculative. Early penetration of the newly deglaciated north lands by Late
963 Palaeoindian groups is widely assumed to have come about in pursuit of migratory birds
964 and land herbivores that favoured the widespread but relatively short-lived early open
965 tundra-like vegetation that preceded forest development. The existence of strandline sites is
966 taken as evidence for the relatively high biological productivity of the early lakes. While this
967 remains to be proven, given the rate of habitat change they experienced, there are
968 indications that molluscs, which were adapted to the cold pro-glacial lake conditions,
969 colonized these habitats quickly after deglaciation (e.g., [Miller, Karrow & Kalas 1979](#)). It is
970 certainly also possible that deglaciation saw the expansion of species of vertebrate lake-
971 fauna out of southern glacial refugia including, but probably not restricted to, the upper
972 reaches of the Mississippi River system pro-glacial lakes ([Wilson & Herbert 1996](#)). This is
973 hinted at by the survival of a variety of lake trout (*Salvelinus namaycush*), the Haliburton
974 Highlands lake trout, which exhibits unusually high levels of genetic diversity and is now
975 unique to a small number of lakes south of North Bay. These stocks are inferred to be
976 interglacial relicts. After re-colonizing the early deglacial lakes, they became isolated in
977 individual basins during the rapid decline in post-Algonquin water levels ([Ihssen et al. 1988](#);
978 [CFM Lewis pers. comm. to R Rabett 2010](#)). Such zooarchaeological evidence as currently
979 exists comes largely from the western GLB region and suggests that rather than being
980 initially specialized as large-game hunters in the manner of their Plano antecedents on the
981 western plains, the Late Palaeoindian arrivals were as diversified in their subsistence
982 economy as those in the subsequent Early (Shield) Archaic period ([Kuehn 1998](#)) and geared
983 to exploit a range of different resources where no one individual resource was abundant or
984 reliable enough (see [Dawson 1983](#)).

985 The value of kettle lake habitats within post-glacial inter-fluvial or inter-lacustrine
986 environments has rarely been discussed in this context, but their potential significance to

987 Palaeoindian and later Archaic communities has been argued on the basis of their
988 attractiveness to small and medium-sized game, and to migratory birds (Carmichael 1977;
989 Deller 1979). Our data do not contain any indication of burning within the Balsam Creek
990 sequence that could be construed as an early human presence, but what they do suggest is
991 that vegetative communities within steep-sided kettles, like Balsam Creek (and it is as yet
992 unclear if the areal extent of the kettle is a factor), may have been buffered against the effects
993 of the climatic fluctuation during the onset and establishment of the Holocene. Given the
994 level of organic preservation at Balsam Creek, together with the penchant of early human
995 groups to exploit lakeside environments, future assessment of these landscape features may
996 yield valuable evidence of early human occupation. Kettle lakes may have been natural
997 attractors to game and human pioneers alike.

998

999 6. CONCLUSION

1000 The reported sequence from the Balsam Creek kettle lake shows excellent organic
1001 preservation and spans a period from the recent past back to *c.* 10,480 cal. BP, commensurate
1002 with the onset of post-glacial peat accumulation in this part of the Canadian Shield. The
1003 sedimentary sequence provides a substantial new Holocene palaeo-environmental record
1004 for north-east Ontario, anchored against an AMS ¹⁴C and cryptotephra chronology, which
1005 includes evidence of the Mazama climactic eruption and an earlier as yet unidentified
1006 eruption. Multi-proxy data demonstrate that this setting was subject to climatic and
1007 environmental changes affecting the region as a whole. There are several points of
1008 agreement between the Balsam Creek sequence and external records that situate this site
1009 within wider trends in landscape succession (e.g., in the initial dominance and subsequent
1010 decline of *Picea* between pollen zones BC1 and BC4; the decline of *Betula* in BC2; and the
1011 abrupt increase in *Pinus* across the BC3-BC4 transition). DEM shoreline data suggests that
1012 the kettle was probably last flooded during a lake phase that we have tentatively ascribed to
1013 the Payette. There is no sign that subsequent lake phases inundated this location.

1014 Evidence obtained through the lithological, pollen and bulk organic $\delta^{13}\text{C}$ analyses
1015 indicates that the deposition of Unit 6 was marked by two intervals during which local
1016 vegetation growth was particularly affected. The modelled dates for these intervals are 8475-
1017 8040 cal. BP (332-316cm) and 7645 cal. BP (286cm) (Supplementary Table 1). The older of the
1018 two intervals may equate to the period of basin closure and subsequent onset of the
1019 Nipissing phases of post-Algonquin lake evolution and linkage to a period of cold anomalies
1020 around the 8.2 Cold Event is considered likely. The later interval is potentially documenting
1021 a separate Early Holocene aridity pulse. The exact nature of the relationship between these
1022 two pulses and the associated spikes in cryptotephra is unclear, though it could suggest a
1023 link between volcanic activity and the onset or the deepening of more arid conditions during
1024 both intervals.

1025 Above Unit 6 our data portray comparatively stable conditions throughout the rest of
1026 the cored profile, with fewer indications of dramatic changes in species representation
1027 around the kettle compared to what is seen at other sites. We observed that persistence in
1028 the vegetation community at Balsam Creek is notably analogous to that seen in the (smaller)
1029 Spiraea wetland kettle (Bunting & Warner 1999) *c.* 360km to the south. The data presented
1030 herein clearly demonstrate that changes within the Balsam Creek kettle were linked to wider
1031 landscape change; however, they also lead to the possibility that kettle basins may have
1032 aided in the establishment and persistence of micro-environments which, though existing in
1033 isolation, were to some degree less susceptible to the effects of regional disturbance than the

1034 landscapes in which they sat. This characteristic could have presented a possible aid to the
1035 pioneering colonisation of the dynamic landscapes of north-east Ontario during the early
1036 post-glacial period.

1037

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1053

1054 The authors declare that they have no competing interests in publishing this article.

1055

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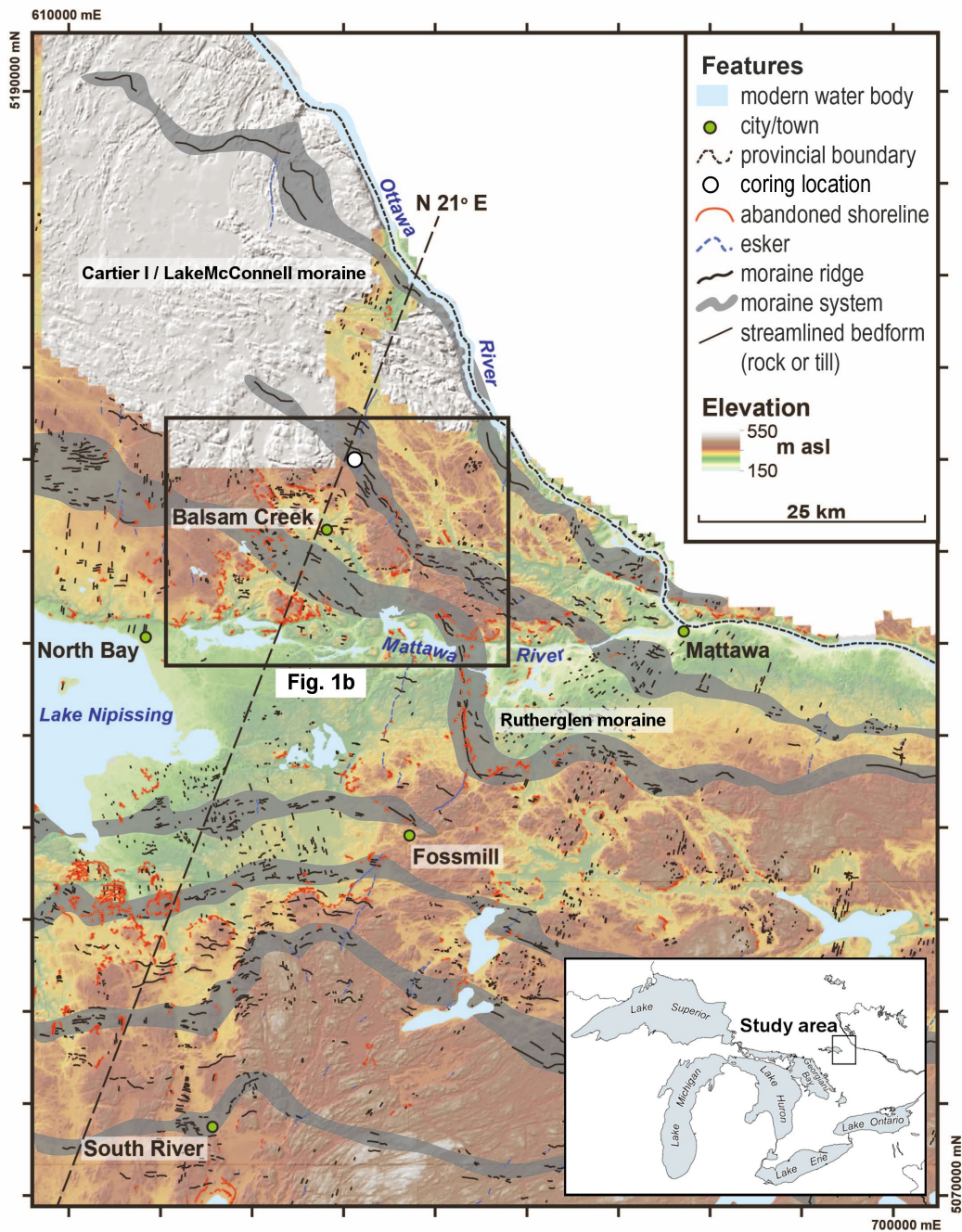
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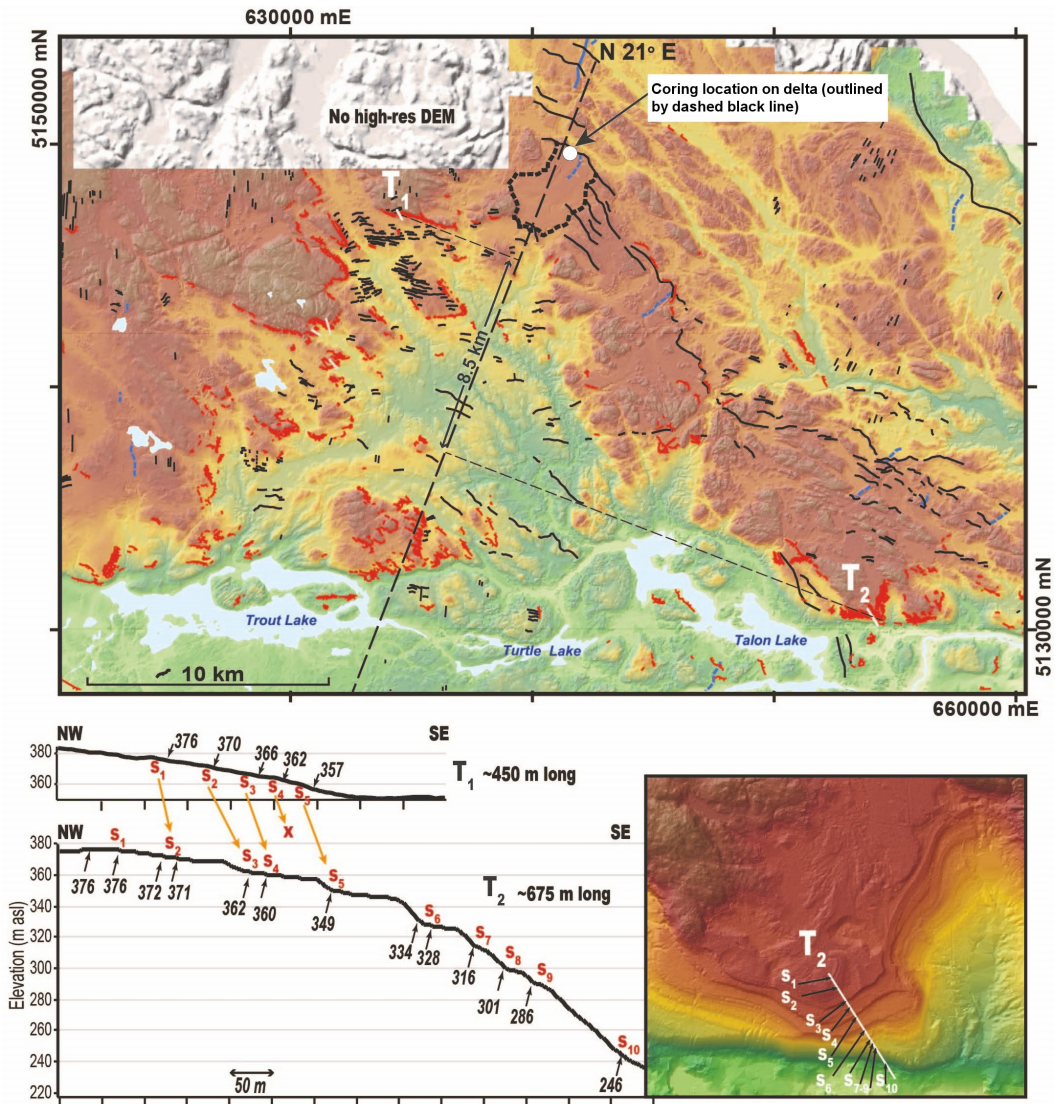
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 1458 **Figure 1a:** A regional-scale Digital Elevation Model (DEM; MNR 2016) showing glacial and glacial
 1459 lake features, including a preliminary aggregation of moraine ridges (thick black lines) into
 1460 contemporaneous ice marginal positions (shaded grey areas). The coring location is marked by a
 1461 white circle; the extent of Figure 1b is shown in the black rectangle (image: R. Mulligan). Inset map
 1462 (redrawn from Karrow 2004) shows study area relative to the Great Lakes.



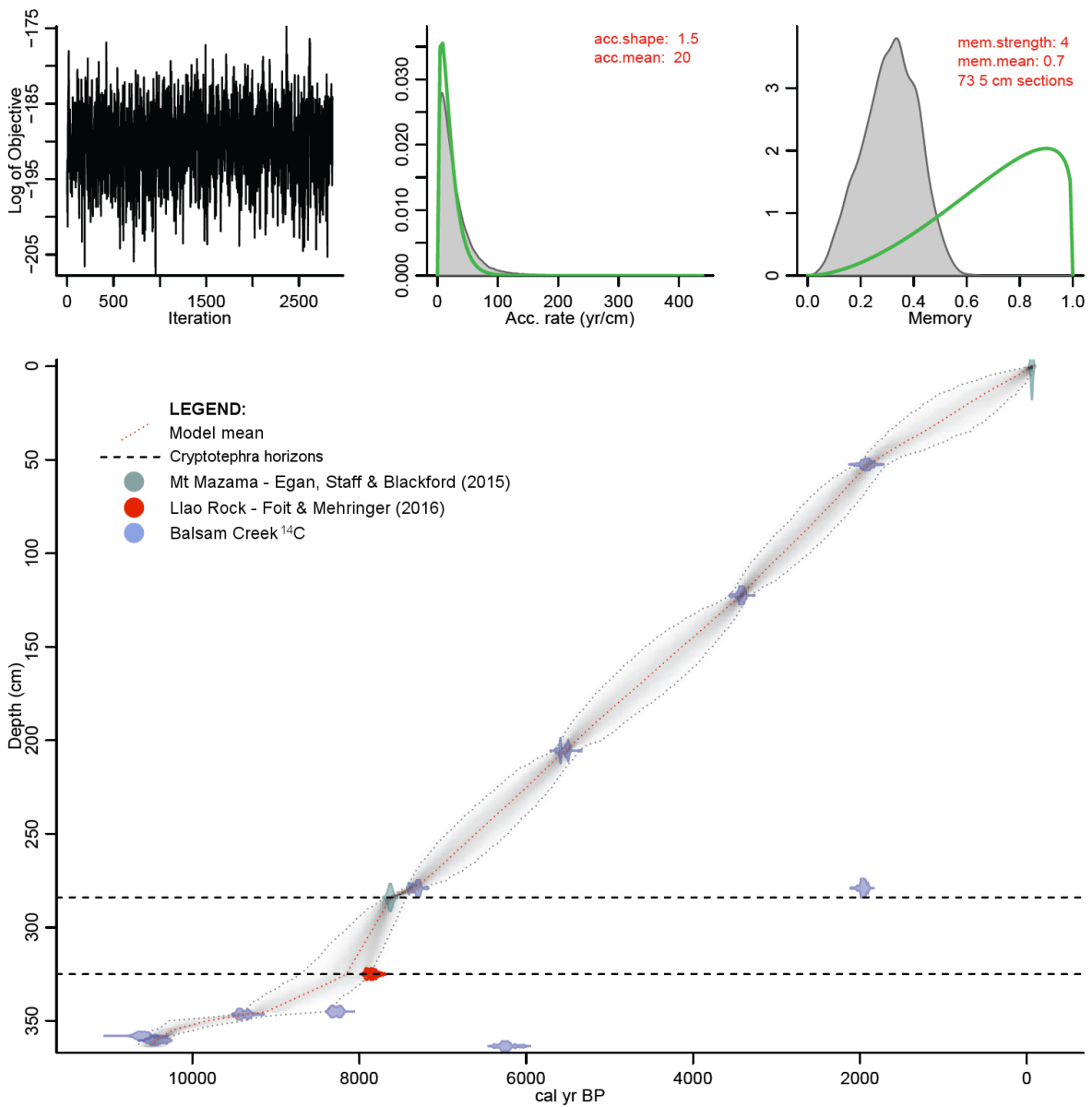
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Figure 1b: Annotated DEM (MNR 2016) showing the glacial features in the area immediately surrounding the coring location (white circle; see 1a for legend). Two transects (white lines; T1, T2) derived from digital data are highlighted and projected to the line of maximum uplift (N21°E; Karrow 2004). T1 shows five subtle shorelines (S1-S5), which are correlated to four of the ten shorelines on T2 (S2-S5), based on the magnitude of uplift along the 8.5km separating the two transect areas. Inset map shows the level of detail within the 2x2m (cell size) DEM in the local area. Vertical scale on transects is in metres above sea level (asl), horizontal scale divided into 50m increments (image: R. Mulligan).



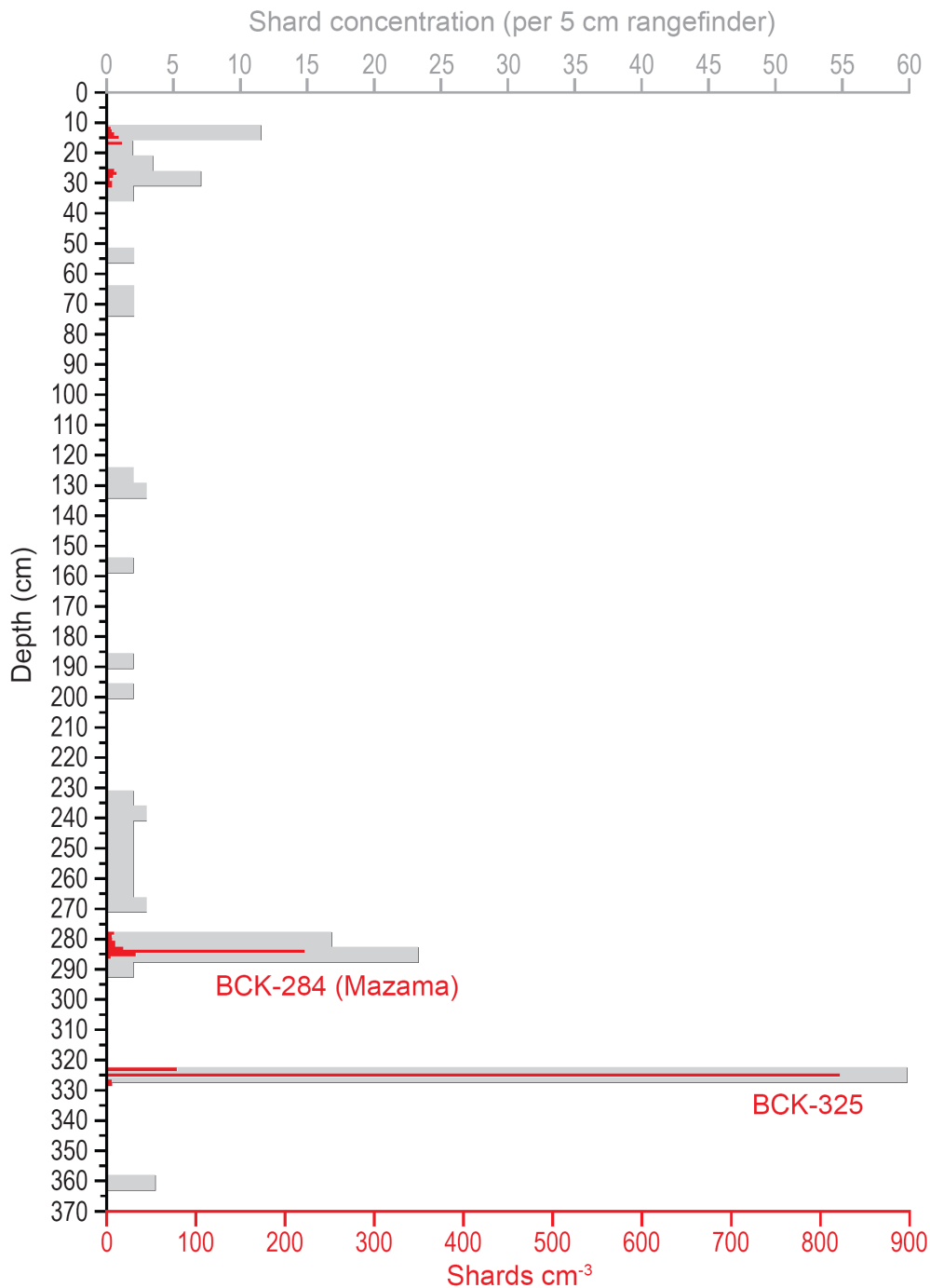
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Figure 2: Looking towards the north-west end of the kettle across the shallow pool that remained on the lake-bed in late summer 2010 and from where cores were extracted (photograph: R. Rabett).



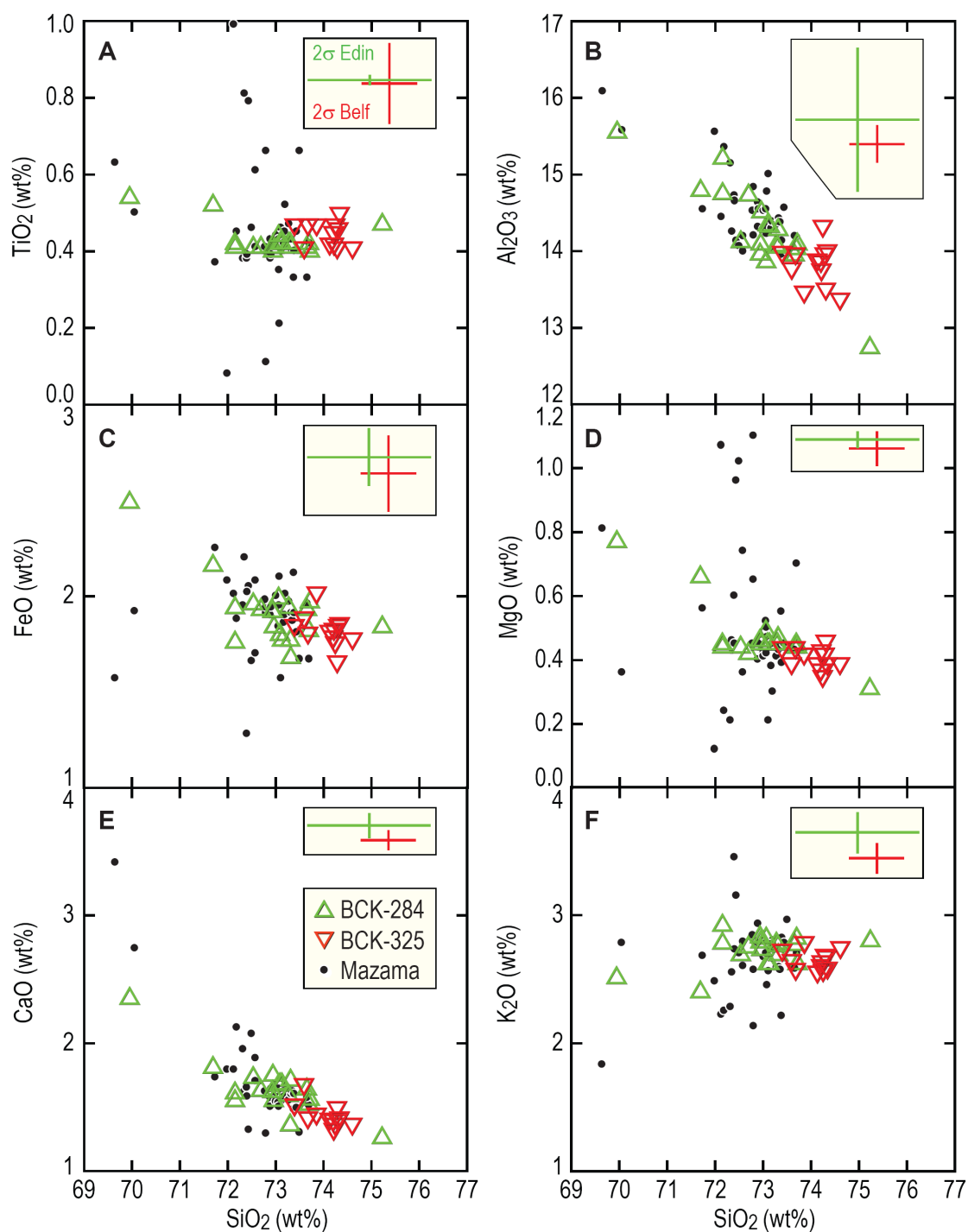
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Figure 3: Balsam Creek age-depth curve, including independent dates for the Mt Mazama (Egan, Staff & Blackford 2015) and Llao Rock (Foit & Mehringer 2016) eruptions. The dashed black lines indicate depths where cryptotephra was identified within the Balsam Creek profile (284cm & 325cm) (histogram: M. Blaauw).

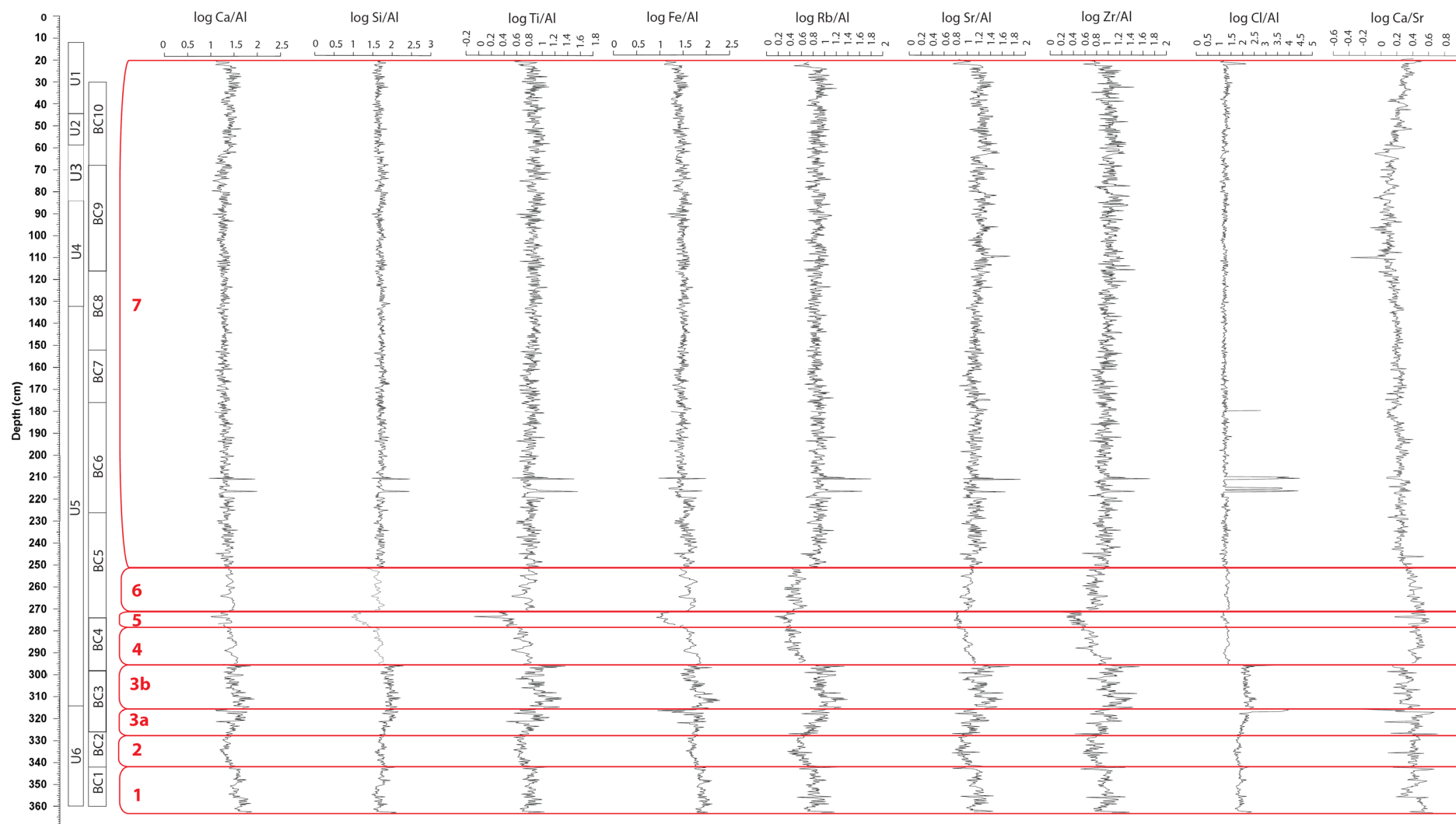


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Figure 4: Tephrostratigraphy of Balsam Creek showing cryptotephra glass shard concentrations per 5cm rangefinder (grey) and cm⁻³ (red). The cryptotephra layer at 284-285cm (BCK-284) correlates to the Mazama ash, while the 325-326cm (BCK-325) cryptotephra is designated as an uncorrelated Mazama-like layer (data & presentation: S. Pyne-O'Donnell).

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1501 **Figure 5:** Element oxide biplots (wt%) for glass from cryptotephra layers BCK-284 and BCK-325 at
 1502 Balsam Creek. In each case SiO₂ is compared against **A:** TiO₂, **B:** Al₂O₃, **C:** FeO, **D:** MgO, **E:** CaO, **F:**
 1503 K₂O. The Mazama ash reference (UA 1573) from Edmonton River Valley (Pyne-O'Donnell *et al.* 2012)
 1504 is shown for correlation. Error bars shown are 2σ of the Lipari standard for the Belfast (red) and
 1505 Edinburgh (green) microprobes. Note: All data points have been normalised for data set comparison.
 1506 Supplementary Table 2 contains original un-normalised geochemical source data (data and
 1507 presentation: S. Pyne-O'Donnell).
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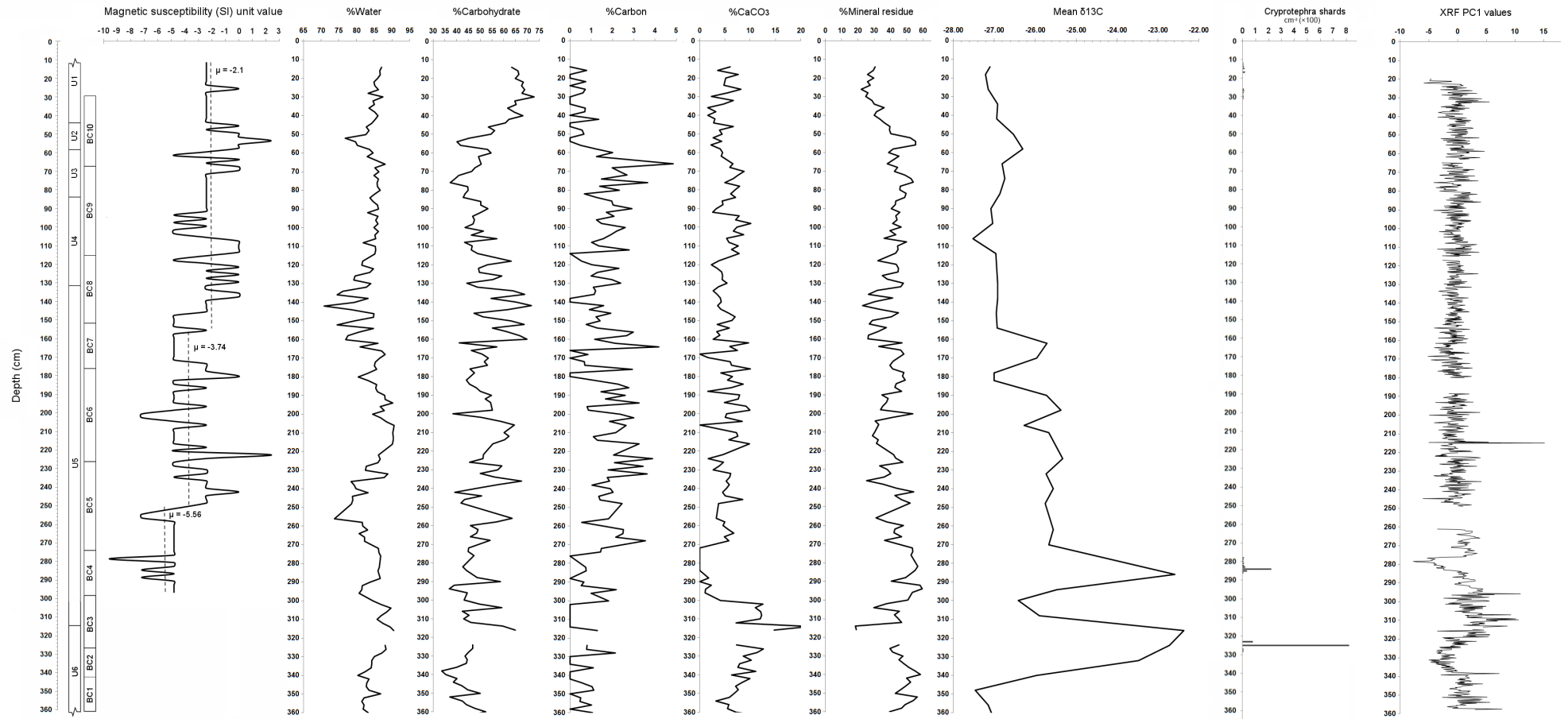
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Figure 6: Chemozones 1-7 obtained from XRF analysis of the sediment profile. Element data is provided in counts per second (cps). The relationship between chemozones, pollen zones (BC) and sedimentary units (U) is presented against profile depth (data and presentation: L. Farr & S. Crowhurst).



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<< **Figure 7:** Compares data for magnetic susceptibility (including mean SI (μ) values), loss on ignition (% water then % dry weight), $\delta^{13}\text{C}$, cryptotephra shards and XRF PC1 values (20-357.75cm) from the Balsam Creek core. Pollen zones (BC) and sedimentary units (U) are provided for comparison (data: A. Pryor, L. Farr, S. Crowhurst, S. Pyne-O'Donnell, presentation: R. Rabett). >>

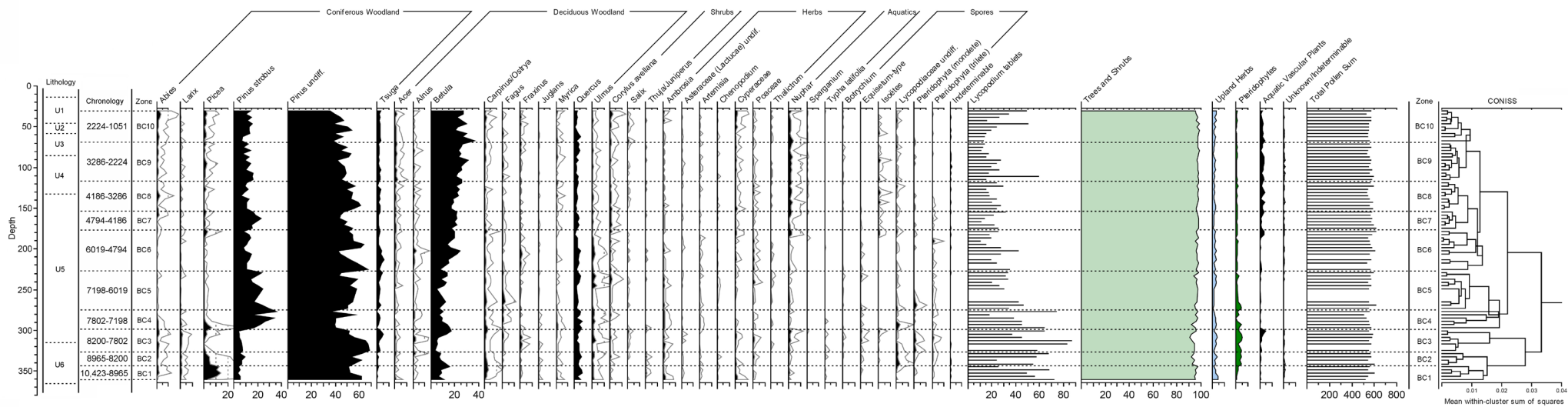


Figure 8: Tilia graph showing the pollen spectra from the Balsam Creek core, sedimentary units and age-depth modelled chronology (data and presentation: D. Simpson).

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Table 1: Balsam Creek core, sedimentary unit (U) descriptions.

Depth (cm)	Description	Colour
12-44	U1: Organic macro-remains (leaves, small rootlets and other decaying plant matter) corresponding to modern detritus. Shrinkage in storage reduced upper core section length from 0-63cm (field measurement) to a 51cm section measuring 12-63cm.	Very dark brown (10YR 2/2)
44-59	U2: High % of decayed woody remains vs non-woody detritus, comprising frags up to c. 1cm. Sediments graded 1-2cm at the top of this unit into the overlying unit.	Dark reddish brown (5YR 3/2)
59-84	U3: Sharp transition from U2; contained more compacted sediment, lacking the decayed wood component of the overlying unit; two wood frags c. 4cm dia. at 78-75cm and 83-79cm.	Very dark brown (10YR 2/2)
84-132	U4: An increase in woody macro-remains relative to U3; included two large wood fragments at 95.5-93cm and 102.5-101cm.	Black (10YR 2/1)
132-314	U5: A single unit separated from U4 through decreasing size of macro-remains and organic detritus, which becomes more highly degraded with depth. Large woody frags: 277.5-271.5cm, 209-207cm, 203-199cm and 207-209cm.	Black (5YR 2.5/1)
314-363	U6: 4 oscillations (8 contexts) characterised by clay-rich sediment, with clear laminations (separating clayey and more silty lenses <5mm thick of fine highly degraded organic detritus), alternating with massive organic-rich horizons containing a high % of large and better preserved woody and non-woody macro-remains. The divisions between the sediment bands are sharp, suggesting rapid changes between the two sedimentary regimes.	Very dark greyish brown (10YR 3/2)

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Table 2: ¹⁴C dates obtained for the Balsam Creek core. All dates were processed through the AMS facility of the 14Chrono Centre, Queen’s University Belfast.

Lab code	Sample (cm)	Material	AMSδ ¹³ C	¹⁴ C	±	IntCal13 (2σ)
UBA-22771	52-53	Wood	-29.6	1967	48	2010-1818
UBA-22772	121-124	Wood	-24.6	3202	34	3726-3575
UBA-22773	205-206	Wood	-25.8	4826	36	5553-5472
UBA-18803	278-280	Wood	-30.5	6376	36	7343-7254
UBA-22774	278-280	Wood	-23.7	2012	27	2007-1891
UBA-25525	345	Juv. <i>Carya</i> spp. nut	-	7464	44	8371-8191
UBA-22775	345-348	Seeds + plant macros	-23.7	8376	50	9497-9274
UBA-22776	357-359	Grass	-13.9	9371	53	10,732-10,485
UBA-27249	360-361	Terrestrial plant macros	-	9260	41	10,562-10,288
UBA-25526	363-364	Gymnosperm leaf + plant macros	-	5452	64	6399-6173

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Table 3: Descriptions of discrete chemozones (CZ) within the Balsam Creek core.

Depth (cm)	Description
20-251	CZ7: Low-amplitude changes in Ca/Al, Ti/Al, Fe/Al and Sr/Al are observed in this chemozone, and show well-defined co-variability. Ca/Sr ratio values show an independent trend that is sometimes inversely related to the Ca/Al, Ti/Al, Fe/Al and Sr/Al trend. The Ca/Sr values in CZ7 appear to show some degree of correlation to the δ ¹³ C oscillations observed, at the same depths, in δ ¹³ C ‘Zone E’. Cl/Al show little variation apart from two pronounced peaks at 211cm and 216cm; these are observed in all ratio datasets where aluminium is used. Ca/Sr ratio values increase between 63cm and 20cm.
251-271	CZ6: Moderate amplitude, co-variable oscillations in the Ca/Al, Si/al, Ti/A, Fe/Al, Rb/Al, Sr/Al, and Zr/Al data series characterise CZ6.
271-278	CZ5: A large single piece of wood defines the depth parameters of this chemozone. Minima values are observed for Si/Al, Ti/Al, Fe/Al and Zr/Al. A significant, synchronous, abrupt decline in Ti/Al and Ca/Sr values is observed at 274cm.
277-295	CZ4: Within this chemozone, Ca/Al, Si/Al, Ti/Al and Fe/Al ratios are closely related, and share very similar peak-trough profiles. Rb/Al, Sr/Al and Zr/Al values show an overall trend of decline. Cl/Al ratios drop abruptly to from values of 2 to c. 1.2 (this amplitude continues throughout the remainder of the core).

- 296-316 **CZ3b:** Chemozone 3 contains a series of 7–8 sharp peaks and troughs in the Ca/Al, Ti/Al, Rb/Al, Sr/Al and Zr/Al ratio values. The Rb/Al ratio values show minor oscillations which do not share the same signature as the other detrital ratios. In C3b, Ca/Sr ratios have an inverse relationship to (Ca/Al and Zr/Al). The boundary between Chemozone BC3a and BC3b is marked by a distinct peak in the Cl/Al values which may relate to the marine influence and the 8.2 cal. BP Cold Event.
- 316-328 **CZ3a:** In this chemozone Ca/Sr ratio values exhibit a peak and trough pattern which synchronously correlates with ratios (Ca/Al and Zr/Al).
- 328-342 **CZ2:** This chemozone is characterised by a 'U'-shaped decline in Ca/Al, Rb/Al, Sr/Al and Zr/Al ratios. Si/Ti, Ti/Al and Fe/Al values show lower amplitude, synchronous change.
- 342-363 **CZ1:** A peak-trough-peak curve in Ca/Al and Ca/Sr values characterise this chemozone. Rb/Al, Sr/Al and Zr/Al ratios have closely related and synchronous peak-trough-peak pattern, which is characterised by acute oscillations.

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Supplementary Table 1: Balsam Creek age-depth model output using *Bacon*, incorporating all Balsam Creek dates (this study, Table 2) and published dates for the Mount Mazama and Llao Rock volcanic eruptions from [Egan, Staff & Blackford \(2015\)](#) and [Foit & Mehringer \(2016\)](#), respectively.

Depth	Max	Min	Median	Mean	Depth	Max	Min	Median	Mean	Depth	Max	Min	Median	Mean
0	-29	-86	-59	-59	122	3547	3306	3415	3420	244	6816	6093	6465	6460
1	50	-71	-30	-25	123	3572	3331	3438	3444	245	6850	6107	6487	6484
2	156	-65	-4	9	124	3613	3354	3460	3467	246	6862	6141	6513	6509
3	259	-59	23	43	125	3658	3368	3480	3491	247	6879	6165	6536	6534
4	361	-55	50	77	126	3688	3390	3505	3517	248	6904	6188	6563	6558
5	465	-51	77	111	127	3729	3402	3532	3542	249	6933	6201	6587	6583
6	502	-24	121	154	128	3779	3412	3555	3568	250	6966	6219	6613	6608
7	566	-8	169	197	129	3840	3419	3579	3594	251	6979	6254	6636	6632
8	635	3	211	239	130	3914	3426	3599	3619	252	6997	6275	6662	6655
9	719	15	250	282	131	3932	3448	3626	3645	253	7019	6300	6687	6679
10	803	23	291	325	132	3967	3464	3652	3671	254	7039	6324	6710	6703
11	842	56	332	364	133	4006	3474	3679	3696	255	7069	6338	6735	6727

12	878	82	376	403	134	4050	3485	3704	3722	256	7081	6383	6758	6752
13	931	101	420	442	135	4105	3496	3729	3748	257	7098	6416	6783	6777
14	1002	117	457	480	136	4123	3520	3756	3773	258	7113	6439	6810	6802
15	1069	129	491	519	137	4150	3540	3781	3797	259	7137	6460	6837	6827
16	1092	174	525	556	138	4185	3554	3805	3822	260	7160	6477	6860	6851
17	1115	209	567	592	139	4225	3567	3830	3847	261	7171	6510	6885	6875
18	1149	231	605	629	140	4278	3578	3852	3872	262	7184	6544	6910	6898
19	1184	252	650	665	141	4308	3609	3876	3898	263	7202	6568	6933	6922
20	1236	270	690	702	142	4337	3630	3904	3923	264	7230	6587	6957	6945
21	1253	305	727	737	143	4368	3645	3930	3949	265	7258	6603	6982	6968
22	1276	320	764	772	144	4403	3662	3957	3974	266	7266	6642	7007	6994
23	1300	342	806	807	145	4438	3676	3984	4000	267	7277	6686	7033	7019
24	1340	363	843	842	146	4456	3703	4014	4027	268	7289	6719	7059	7045
25	1394	384	882	877	147	4481	3724	4042	4054	269	7307	6745	7087	7071
26	1415	422	916	912	148	4503	3739	4070	4081	270	7330	6765	7112	7096
27	1436	453	950	947	149	4541	3756	4098	4108	271	7339	6822	7137	7122
28	1464	471	985	982	150	4582	3767	4122	4134	272	7346	6871	7162	7147
29	1492	497	1020	1016	151	4600	3800	4150	4160	273	7358	6906	7188	7173
30	1528	519	1058	1051	152	4620	3824	4172	4186	274	7371	6938	7215	7198
31	1549	574	1092	1088	153	4640	3843	4198	4211	275	7388	6955	7241	7223
32	1572	605	1131	1125	154	4667	3857	4225	4237	276	7396	7044	7269	7257
33	1601	651	1166	1161	155	4694	3871	4251	4262	277	7404	7128	7298	7291
34	1628	669	1206	1198	156	4716	3889	4275	4287	278	7416	7192	7332	7324
35	1667	680	1248	1235	157	4737	3907	4303	4312	279	7441	7252	7369	7358
36	1682	764	1286	1276	158	4766	3925	4327	4336	280	7503	7270	7399	7391
37	1696	840	1329	1317	159	4803	3946	4353	4361	281	7529	7331	7445	7439
38	1711	896	1372	1358	160	4827	3965	4380	4386	282	7562	7383	7492	7486
39	1742	934	1419	1399	161	4848	4000	4406	4411	283	7607	7409	7543	7534
40	1782	961	1460	1440	162	4866	4028	4433	4437	284	7662	7428	7593	7582
41	1793	1029	1498	1478	163	4886	4048	4459	4462	285	7732	7445	7642	7629
42	1810	1094	1539	1515	164	4910	4073	4484	4488	286	7753	7458	7655	7643

43	1833	1144	1577	1553	165	4938	4094	4511	4513	287	7781	7469	7666	7657
44	1857	1192	1617	1590	166	4957	4125	4535	4538	288	7818	7479	7678	7670
45	1895	1236	1653	1628	167	4981	4147	4560	4563	289	7855	7485	7687	7684
46	1907	1332	1684	1664	168	5001	4175	4584	4588	290	7898	7496	7697	7698
47	1919	1408	1714	1699	169	5029	4192	4610	4613	291	7919	7506	7710	7711
48	1932	1485	1747	1735	170	5061	4207	4637	4638	292	7942	7520	7722	7724
49	1952	1535	1783	1771	171	5076	4243	4660	4664	293	7967	7528	7734	7737
50	1981	1568	1818	1807	172	5093	4281	4687	4690	294	7998	7537	7744	7751
51	1996	1614	1846	1836	173	5114	4312	4715	4716	295	8025	7543	7755	7764
52	2015	1652	1876	1865	174	5143	4328	4743	4742	296	8044	7554	7768	7777
53	2045	1682	1905	1894	175	5170	4347	4776	4768	297	8064	7565	7780	7790
54	2094	1710	1930	1922	176	5185	4385	4798	4794	298	8085	7579	7791	7802
55	2162	1732	1953	1951	177	5199	4419	4824	4821	299	8111	7590	7802	7815
56	2181	1752	1975	1973	178	5215	4449	4852	4847	300	8142	7598	7813	7828
57	2211	1770	1996	1995	179	5231	4468	4881	4873	301	8156	7611	7826	7842
58	2251	1785	2016	2017	180	5260	4495	4907	4900	302	8181	7620	7840	7855
59	2292	1799	2035	2039	181	5274	4538	4932	4925	303	8203	7631	7852	7868
60	2341	1808	2051	2060	182	5291	4575	4959	4950	304	8236	7639	7864	7881
61	2356	1828	2073	2081	183	5307	4608	4987	4975	305	8263	7648	7874	7894
62	2387	1848	2095	2102	184	5325	4627	5012	5000	306	8281	7662	7887	7907
63	2411	1868	2117	2122	185	5357	4649	5037	5025	307	8299	7674	7899	7920
64	2443	1884	2135	2143	186	5371	4688	5063	5051	308	8330	7686	7912	7933
65	2480	1895	2154	2164	187	5389	4726	5088	5077	309	8352	7694	7924	7946
66	2497	1916	2177	2184	188	5408	4753	5114	5103	310	8377	7699	7936	7958
67	2521	1930	2200	2204	189	5429	4780	5144	5128	311	8396	7713	7949	7972
68	2540	1945	2219	2224	190	5454	4801	5170	5154	312	8411	7728	7962	7985
69	2568	1959	2239	2244	191	5462	4836	5193	5178	313	8429	7737	7976	7998
70	2598	1971	2259	2264	192	5474	4866	5217	5202	314	8449	7750	7989	8012
71	2614	1995	2281	2285	193	5488	4891	5239	5227	315	8463	7758	8002	8025
72	2632	2013	2304	2307	194	5504	4916	5264	5251	316	8484	7768	8019	8038
73	2656	2033	2324	2328	195	5523	4933	5291	5275	317	8512	7781	8033	8051

74	2680	2050	2346	2350	196	5534	4972	5314	5299	318	8539	7790	8046	8065
75	2709	2068	2367	2371	197	5547	5011	5338	5323	319	8563	7801	8061	8078
76	2725	2095	2388	2393	198	5558	5045	5364	5347	320	8586	7809	8074	8091
77	2741	2120	2410	2415	199	5572	5069	5389	5371	321	8608	7824	8086	8104
78	2758	2133	2435	2437	200	5593	5089	5414	5395	322	8636	7835	8099	8117
79	2777	2144	2457	2459	201	5601	5159	5435	5422	323	8656	7848	8111	8130
80	2801	2158	2480	2481	202	5614	5235	5455	5449	324	8680	7859	8124	8142
81	2814	2185	2501	2502	203	5624	5292	5475	5476	325	8711	7866	8138	8155
82	2829	2209	2521	2523	204	5642	5324	5500	5503	326	8737	7907	8179	8200
83	2852	2232	2542	2544	205	5666	5342	5523	5531	327	8778	7928	8223	8244
84	2878	2256	2565	2565	206	5689	5370	5546	5553	328	8815	7946	8272	8288
85	2904	2265	2586	2586	207	5732	5389	5574	5576	329	8865	7958	8318	8332
86	2918	2297	2609	2609	208	5777	5406	5598	5598	330	8915	7970	8362	8377
87	2936	2323	2634	2633	209	5833	5418	5615	5621	331	8939	8010	8412	8426
88	2959	2341	2659	2656	210	5888	5433	5633	5643	332	8967	8042	8465	8474
89	2990	2357	2682	2679	211	5914	5459	5657	5667	333	9005	8067	8515	8523
90	3026	2371	2705	2702	212	5940	5478	5682	5690	334	9046	8094	8570	8572
91	3038	2397	2728	2725	213	5980	5500	5704	5714	335	9106	8116	8621	8621
92	3051	2421	2751	2747	214	6028	5518	5725	5738	336	9135	8172	8671	8671
93	3069	2443	2772	2769	215	6087	5530	5747	5761	337	9162	8204	8725	8720
94	3087	2465	2795	2792	216	6114	5551	5771	5785	338	9189	8229	8776	8769
95	3115	2483	2818	2814	217	6129	5566	5796	5808	339	9229	8246	8829	8819
96	3130	2516	2839	2836	218	6151	5580	5821	5831	340	9282	8264	8886	8868
97	3150	2545	2864	2859	219	6186	5596	5843	5854	341	9300	8303	8932	8917
98	3170	2567	2886	2882	220	6223	5609	5864	5877	342	9312	8331	8982	8965
99	3195	2583	2910	2904	221	6241	5633	5889	5901	343	9338	8349	9044	9014
100	3213	2600	2932	2927	222	6265	5650	5914	5924	344	9363	8364	9103	9062
101	3227	2637	2957	2950	223	6286	5663	5939	5948	345	9403	8387	9162	9111
102	3242	2668	2982	2974	224	6318	5677	5962	5971	346	9447	8694	9289	9255
103	3261	2695	3007	2997	225	6354	5690	5985	5994	347	9570	9006	9425	9399
104	3286	2721	3032	3021	226	6371	5717	6008	6019	348	9777	9205	9559	9543

105	3311	2740	3054	3044	227	6388	5737	6035	6044	349	10023	9316	9692	9687
106	3320	2772	3075	3067	228	6422	5754	6061	6068	350	10290	9373	9831	9831
107	3331	2809	3098	3089	229	6448	5767	6086	6093	351	10308	9537	9912	9913
108	3347	2831	3121	3111	230	6483	5777	6113	6118	352	10332	9682	9991	9996
109	3361	2858	3146	3134	231	6501	5811	6135	6142	353	10364	9813	10074	10078
110	3386	2877	3168	3156	232	6528	5842	6161	6166	354	10399	9912	10163	10161
111	3396	2913	3187	3178	233	6550	5857	6181	6190	355	10474	9981	10246	10243
112	3408	2942	3210	3199	234	6576	5867	6207	6214	356	10486	10082	10273	10279
113	3420	2967	3234	3221	235	6617	5879	6232	6238	357	10498	10168	10302	10315
114	3435	2991	3254	3243	236	6630	5915	6258	6262	358	10514	10232	10339	10351
115	3454	3016	3277	3264	237	6641	5936	6283	6287	359	10537	10263	10383	10387
116	3464	3072	3295	3286	238	6676	5960	6310	6312	360	10564	10284	10426	10423
117	3476	3119	3315	3308	239	6699	5985	6338	6337	361	10586	10302	10446	10443
118	3487	3165	3334	3330	240	6730	6000	6361	6362	362	10622	10313	10464	10462
119	3505	3196	3355	3352	241	6749	6036	6386	6386	363	10669	10322	10483	10482
120	3523	3216	3377	3373	242	6767	6060	6413	6411					
121	3533	3266	3394	3397	243	6788	6080	6438	6435					

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Supplementary Table 2: Element oxide concentrations (original un-normalised wt%) of single glass shards from Balsam Creek cryptotephra layers analysed at Queen's University Belfast (BCK-325) and Edinburgh University (BCK-284). Mean and one standard deviation (1σ) are also shown, with total iron expressed as FeO. n = number of analyses.

n	SiO ₂	TiO ₂	Al ₂ O ₃	FeO	MnO	MgO	CaO	Na ₂ O	K ₂ O	P ₂ O ₅	Cl	F	Total
Queen's University Belfast (January 2016)													
Balsam Creek (BCK-325) cryptotephra													
1	69.53	0.39	13.02	1.79	0.10	0.37	1.59	5.02	2.50		0.19		94.48
2	69.79	0.45	13.30	1.76	-0.01	0.42	1.45	5.11	2.60		0.22		95.10
3	70.49	0.45	13.37	1.73	0.15	0.42	1.36	5.04	2.47		0.19		95.68
4	70.50	0.45	12.86	1.93	0.07	0.40	1.38	5.03	2.66		0.20		95.47
5	70.84	0.40	13.27	1.74	-0.07	0.37	1.35	4.97	2.45		0.25		95.57

<i>n</i>	SiO ₂	TiO ₂	Al ₂ O ₃	FeO	MnO	MgO	CaO	Na ₂ O	K ₂ O	P ₂ O ₅	Cl	F	Total
6	70.94	0.45	13.69	1.68	0.03	0.33	1.31	4.49	2.46		0.17		95.55
7	71.21	0.39	13.39	1.59	0.15	0.40	1.44	4.51	2.58		0.20		95.87
8	71.34	0.43	13.33	1.72	0.06	0.36	1.35	4.85	2.51		0.19		96.14
9	71.37	0.39	12.80	1.70	0.03	0.37	1.31	4.89	2.63		0.17		95.67
10	71.46	0.44	12.99	1.78	0.11	0.44	1.35	4.82	2.58		0.21		96.18
11	71.46	0.40	13.25	1.76	-0.03	0.41	1.28	5.04	2.54		0.19		96.30
12	72.28	0.49	13.62	1.81	0.02	0.38	1.38	4.48	2.52		0.25		97.24
Mean	70.93	0.43	13.24	1.75	0.05	0.39	1.38	4.85	2.54		0.20		95.77
1σ	0.77	0.03	0.28	0.08	0.07	0.03	0.08	0.23	0.07		0.03		0.68

Belfast Lipari secondary standard

75.16	0.00	12.40	1.38	0.03	0.01	0.63	3.12	4.86			0.30		97.88
75.02	0.03	12.48	1.42	0.06	0.00	0.68	3.06	4.94			0.32		98.00
74.90	0.16	12.20	1.47	0.04	0.01	0.66	3.19	5.10			0.29		98.03
75.46	-0.03	12.30	1.32	0.17	-0.04	0.63	3.08	4.93			0.33		98.15
75.47	0.09	12.51	1.40	0.10	0.01	0.62	2.86	4.94			0.28		98.26
75.61	0.08	12.44	1.58	-0.05	-0.02	0.66	2.88	4.89			0.36		98.42
75.73	0.07	12.27	1.36	0.06	-0.01	0.66	3.03	4.91			0.37		98.45
75.80	0.08	12.48	1.47	0.01	-0.01	0.56	3.01	4.93			0.27		98.62
75.12	0.05	12.43	1.49	0.11	0.05	0.61	3.66	4.88			0.33		98.73
75.31	0.05	12.53	1.58	-0.02	0.02	0.63	3.54	4.92			0.33		98.88
75.17	0.08	12.42	1.61	0.08	0.03	0.66	3.97	4.96			0.33		99.31
75.51	0.14	12.65	1.59	0.04	0.05	0.56	3.66	4.94			0.29		99.43

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<i>n</i>	SiO ₂	TiO ₂	Al ₂ O ₃	FeO	MnO	MgO	CaO	Na ₂ O	K ₂ O	P ₂ O ₅	Cl	F	Total
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Edinburgh University (May 2018)

Balsam Creek (BCK-284) cryptotephra (Correlation: Mazama ash)

1	70.50	0.42	13.38	1.92	0.04	0.47	1.61	5.31	2.72	0.06	0.12	0.08	96.64
2	71.71	0.41	13.65	1.77	0.04	0.44	1.48	4.92	2.75	0.06	0.14	0.04	97.42
3	73.49	0.46	12.44	1.80	0.04	0.31	1.23	5.05	2.73	0.07	0.14	0.01	97.78
4	72.20	0.41	13.68	1.89	0.05	0.43	1.61	4.92	2.72	0.07	0.14	0.06	98.16

<i>n</i>	SiO ₂	TiO ₂	Al ₂ O ₃	FeO	MnO	MgO	CaO	Na ₂ O	K ₂ O	P ₂ O ₅	Cl	F	Total
5	72.26	0.42	13.85	1.75	0.05	0.45	1.34	5.61	2.72	0.06	0.14	0.04	98.68
6	72.06	0.41	14.03	1.95	0.06	0.43	1.72	5.87	2.67	0.06	0.15	0.02	99.43
7	72.68	0.42	14.24	1.76	0.05	0.44	1.67	5.41	2.60	0.04	0.12	0.06	99.49
8	73.30	0.40	14.01	1.96	0.05	0.43	1.55	4.99	2.61	0.06	0.13	0.06	99.56
9	72.80	0.42	14.29	1.80	0.05	0.45	1.67	5.36	2.61	0.06	0.15	0.05	99.70
10	72.67	0.40	14.04	1.91	0.06	0.46	1.75	5.43	2.78	0.06	0.14	0.09	99.78
11	71.42	0.52	14.73	2.15	0.07	0.66	1.80	5.75	2.39	0.12	0.13	0.05	99.79
12	72.02	0.42	15.18	1.93	0.04	0.44	1.61	5.25	2.78	0.07	0.14	0.06	99.95
13	73.34	0.42	14.08	1.94	0.06	0.45	1.59	5.27	2.78	0.07	0.15	0.04	100.20
14	72.79	0.41	14.75	1.94	0.05	0.42	1.64	5.27	2.76	0.06	0.13	0.00	100.21
15	73.01	0.41	14.52	1.84	0.05	0.45	1.55	5.36	2.73	0.08	0.14	0.06	100.21
16	70.35	0.55	15.64	2.51	0.07	0.77	2.36	5.63	2.53	0.11	0.17	0.07	100.75
17	73.82	0.41	14.38	1.70	0.05	0.48	1.72	5.28	2.71	0.07	0.14	0.00	100.77
18	73.44	0.41	14.06	1.93	0.07	0.46	1.63	5.72	2.85	0.06	0.13	0.06	100.84
19	72.87	0.42	14.90	1.77	0.05	0.46	1.57	5.87	2.95	0.07	0.14	0.03	101.09
Mean	72.46	0.43	14.20	1.91	0.05	0.47	1.64	5.38	2.71	0.07	0.14	0.05	99.50
1σ	0.96	0.04	0.70	0.18	0.01	0.10	0.22	0.30	0.12	0.02	0.01	0.03	1.23

Edinburgh Lipari secondary standard

22/05/18

08:04:25	74.10	0.08	12.95	1.48	0.07	0.02	0.79	4.51	5.05	0.00	0.28	0.16	99.50
08:12:12	74.96	0.08	13.20	1.65	0.07	0.05	0.76	4.21	5.04	0.02	0.29	0.12	100.45
08:19:56	74.09	0.08	12.27	1.52	0.08	0.02	0.66	4.16	5.16	0.00	0.29	0.11	98.45

23/05/18

08:13:48	75.61	0.08	12.77	1.58	0.06	0.05	0.78	4.07	5.17	0.00	0.25	0.08	100.52
08:21:43	75.30	0.07	12.81	1.63	0.06	0.03	0.76	4.16	5.11	0.01	0.26	0.14	100.35
08:29:39	75.02	0.07	13.21	1.57	0.07	0.04	0.74	4.21	5.13	0.00	0.25	0.10	100.42
08:37:34	75.56	0.07	11.98	1.45	0.07	0.04	0.73	4.11	5.26	0.01	0.24	0.11	99.64