

1 Sexual re-programming and estrogenic sensitization in  
2 wild fish exposed to ethinylestradiol

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15 **Brief:** Environmental concentrations of EE<sub>2</sub> feminize roach and exposure during early life sensitizes  
16 fish to subsequent estrogen exposure.

17 **ABSTRACT**

18 Globally, feminization responses in wild male freshwater fish are caused by exposure to estrogenic  
19 chemicals, including natural and synthetic estrogens, contained in effluents from wastewater treatment  
20 works (WwTW). In UK rivers, feminization responses, including intersex, are widespread in wild  
21 roach (*Rutilus rutilus*) populations and severely affected fish have a reduced reproductive success. We  
22 exposed roach to environmentally relevant concentrations of the contraceptive estrogen,  
23 17 $\alpha$ -ethinylestradiol (EE<sub>2</sub>) for up to two years, including intermittent and repeated exposures, to  
24 determine effects on sexual development and subsequent responsiveness to estrogen. Exposure of roach  
25 to EE<sub>2</sub> (at 4 ng/L) for 2 years resulted in sex reversal in males leading to an all-female population with  
26 two cohorts in terms of their stages of ovarian development, one paralleling the control females and  
27 one at a significantly less advanced stage, which we propose were sex-reversed males. Differing  
28 developmental and maturing rates of the putative sex-reversed males compared with control females,  
29 would question their functional capability as females in the wild. Early life exposure to  
30 environmentally relevant concentrations of EE<sub>2</sub> sensitized females to estrogen, as determined by the  
31 measurement of the responses of estrogen-sensitive genes in a further EE<sub>2</sub> challenge 398 days after the  
32 original exposure. In the wild, exposure to environmentally relevant concentrations of EE<sub>2</sub> during early  
33 life has significantly wider implications for the sexual physiology in fish than has thus far been  
34 determined.

35

36 **INTRODUCTION**

37 Endocrine disrupting chemicals (EDCs) including natural and synthetic steroid estrogens,  
38 alkylphenol ethoxylates, various pesticides, phthalates and bisphenols, are widespread in the  
39 environment and many have been shown to disrupt endocrine function in wildlife and humans  
40 (*reviewed in 1*). Wildlife living in and/or closely associated with freshwater ecosystems is especially at

41 risk of EDC exposure because many freshwaters receive discharges, principally via WwTWs and in the  
42 UK, it is not uncommon for half of the flow of a river to be comprised of treated WwTW effluent (2).  
43 Globally, exposure to WwTW effluents has been associated with a range of deleterious effects on  
44 reproduction in fish and fish populations (e.g. UK (3,4), France (5), Germany (6) or USA (7)). There  
45 are other studies, however, that have found no adverse effects of WwTW effluents on fish (8,9).

46 Extensive studies carried out on wild roach (*Rutilus rutilus*) living downstream of WwTWs have  
47 shown a range of feminization responses, including elevated concentrations of blood vitellogenin  
48 (VTG, an estrogen-dependent yolk precursor) in males and immature females, the presence of a  
49 female-like ovarian cavity in the testis of males, and a high incidence of intersex (3). We would  
50 emphasize that the prevalence of intersex reported in wild roach is considerably lower in rivers in other  
51 European countries compared with the UK (10,11). Although some species of fish are hermaphrodites,  
52 containing both male and female sex cells in their gonads or undergo changes in sex as part of their  
53 normal sexual development, roach are normally gonochorists (single sexed). Disruption in sexual  
54 development in roach has been shown to impact negatively on the reproductive success of affected fish  
55 (12,13) with the potential for population-level ramifications. All of the feminized phenotypes seen in  
56 wild fish can be induced experimentally by controlled exposure to WwTW effluents (2,14,15).

57 In fish, sex determination and sexual differentiation are controlled by a delicate balance of genetic  
58 and environmental factors, and any alteration created by other exogenous influences, including EDCs,  
59 can ultimately impact on sex assignment, even in gonochoristic species (e.g.16). Estrogens play key  
60 roles in sexual differentiation and gametogenesis, and exposure to estrogen-mimicking chemicals  
61 during critical periods of differentiation can affect sexual development and have consequences for  
62 subsequent reproductive capabilities. It has been hypothesized that steroidal estrogens, both natural and  
63 synthetic, present in effluents play a major role in the disruption of sexual function in wild roach in UK  
64 rivers. Of these estrogens, the pharmaceutical, 17 $\alpha$ -ethinylestradiol (EE<sub>2</sub>), used in the contraceptive  
65 pill is the most potent (17), with high persistence and a tendency to bioconcentrate in organisms (18).

66 EE<sub>2</sub> thus has the potential to disrupt reproductive processes in fish at relatively low (ng/L)  
67 concentrations that occur in the aquatic environment. In Europe, EE<sub>2</sub> has been measured at  
68 concentrations from below the detection limit up to 15 ng/L in effluents and up to 5 ng/L in surface  
69 waters (14,18-26). Laboratory exposures of fish to EE<sub>2</sub> have been shown to disrupt normal sexual  
70 development and differentiation (e.g.27), alter reproductive behaviors (e.g.28), and reduce reproductive  
71 success via effects on fecundity (e.g.29) or fertilization success/embryo viability (e.g.30,31), but often  
72 at exposure concentrations exceeding those measured in the aquatic environment. In mammals,  
73 neonatal exposure to estrogens and their mimics can alter regulation of gene transcription, producing  
74 long-term changes in a number of signaling pathways including those regulating cell proliferation,  
75 differentiation, and survival and some of these changes in gene regulation, or imprinting, have been  
76 implicated in the susceptibility to environmentally-related diseases, including cancer (32,33). Whether  
77 environmental estrogens produce permanent changes in gene function or "imprint" on the endocrine  
78 system in non-mammalian species is not known, but this could have serious implications for wildlife  
79 populations.

80 In this study we conducted exposures of roach to environmentally relevant concentrations of EE<sub>2</sub> for  
81 up to two years, and show complete sex reversal and delayed gonadal maturation in roach. Furthermore, and a  
82 particularly novel finding was that roach exposed during early life to EE<sub>2</sub> become more sensitive and responsive  
83 when re-challenged with EE<sub>2</sub>, more than a year later after the original exposure.

84

## 85 **MATERIALS AND METHODS**

### 86 *Fish source and husbandry*

87 Pre-spawning, sexually mature male and female roach were obtained from the Environment  
88 Agency's National Coarse Fish Farm (Calverton, Nottinghamshire, UK) and brought into the aquarium  
89 facility where they were induced artificially to spawn using established procedures with carp pituitary  
90 extract (12). The fertilized eggs were deployed into glass aquaria under flow-through conditions.

91 Embryos hatched 7-10 days post fertilization and the resulting fish were provisioned with dietary  
92 requirements according to their age (34). In brief, fish were fed with Cyprico Crumble EX dry food  
93 (Coppens International bv, Helmond, The Netherlands) and at all life stages, the diet was supplemented  
94 with live food.

95 Fish were maintained at ambient water temperature ( $18\pm 1^\circ\text{C}$ ) with a 16hour light:8hour dark  
96 photoperiod in their first year. Between December and February of their second year, the temperature  
97 of the incoming water gradually decreased to  $12\pm 2^\circ\text{C}$  before progressively increasing again up to  
98  $18\pm 2^\circ\text{C}$  in April. With decreasing temperature, the photoperiod regime was also reduced in a stepwise  
99 manner to 12h:12h light:dark and then in a stepwise manner back to 16h:8h light:dark by May.

#### 100 *Exposure systems and experimental design*

101 Roach were exposed continuously to one of three concentrations of EE<sub>2</sub> (Sigma-Aldrich, Poole, UK;  
102 nominal concentrations of 0.1, 1.0 and 10 ng/L) from fertilization up to 720 dph in flow-through  
103 conditions, in duplicate tanks (Figure 1). EE<sub>2</sub> was made up in ethanol and the solvent dosing to all the  
104 tanks was less than 0.0001% v/v. Control roach were maintained in dilution water tanks. Dilution water  
105 and the EE<sub>2</sub> dosing stock solution were both delivered to the tanks using peristaltic pumps. Water flows  
106 and EE<sub>2</sub> dosing rates were monitored regularly and the EE<sub>2</sub> dosing stock solution was renewed every 4  
107 to 7 days. Fish were sampled at regular intervals for assessments on sexual development.

108 In a further experiment roach from this EE<sub>2</sub> exposure were transferred into clean water at 120 dph,  
109 subsequently depurated for 398 days (when the status of their sexual development was assessed). Fish  
110 were then re-exposed to one concentration of EE<sub>2</sub> (nominal 5 ng/L EE<sub>2</sub>) for 10 days (Figure 1) and  
111 effects on the rate and level of plasma VTG induction and transcription of a suite of estrogen-  
112 responsive genes determined.

113 Water samples were collected periodically from each tank throughout the experiment to determine  
114 the actual exposure concentrations of EE<sub>2</sub>. The extraction method and the applied radioimmunoassay  
115 were as described by Katsu et al. (35).

#### 116 *Fish sampling and biological analyses*

117 All fish were sacrificed humanely by terminal anesthesia with benzocaine followed by cervical  
118 dislocation as approved by the UK Home Office (Animals (Scientific Procedures) Act 1986). In the  
119 long-term exposure to EE<sub>2</sub>, fish (n=12-30) were sampled at random from the exposure populations and  
120 analyzed for gonadal development at 250, 518 and 720 dph and VTG induction (250 and 518 dph  
121 only). Fish exposed to EE<sub>2</sub> during early life and then maintained in clean water were analyzed for  
122 gonadal development and for VTG induction at 518 dph, and also subsequently for plasma VTG  
123 induction and the transcription of gonadal aromatase (*cyp19a1a*), estrogen receptor alpha (*esr1*) and  
124 estrogen receptor beta 2 (*esr2b*) using qRT-PCR, at 522 and 528 dph, after 4 and 10 days of re-  
125 exposure to a single concentration of EE<sub>2</sub>. These genes were chosen for study because of their  
126 fundamental role within estrogen-responsive pathways.

127 At all sampling points, total wet body weight and standard length were determined for each fish. The  
128 condition factor was calculated by expressing the cube of the fish length as a percentage of the body  
129 weight. At the final sampling point for EE<sub>2</sub> exposure (720 dph), the gonadosomatic index (GSI) was  
130 calculated as a measure of gonadal growth by expressing the dissected gonad weight as percentage of  
131 the total body weight.

132 At all time points, gonads excised were divided in half and one half used for histological analysis  
133 and, in the re-exposure study, one half for molecular analysis. For histopathology, gonads were first  
134 preserved in Bouin's fixative for 4–24 hours, depending on the size of the gonad, processed as  
135 described previously (35) and analyzed for the presence of sex cells and their developmental stages.  
136 Excised gonadal tissue for molecular analyses was immediately snap frozen in liquid nitrogen and

137 stored at -80°C until analysis. Total RNA was extracted from the gonadal tissue and reverse transcribed  
138 as described previously (35). Subsequently, the mRNA expression of the target genes was established  
139 by qRT-PCR and normalized to the endogenous reference gene ribosomal protein L8 (*rpl8*) as  
140 described previously (27,35).

141 For VTG analysis, blood samples were collected from the caudal sinus into heparinized haematocrit  
142 tubes or heparinized syringes, transferred into microfuge tubes containing aprotinin (Sigma-Aldrich)  
143 and centrifuged. The resulting plasma was stored at -20°C until analysis. VTG was determined using  
144 an ELISA originally established for common carp VTG which has been validated for measuring VTG  
145 in roach (36).

#### 146 *Statistical Analysis*

147 Unless stated otherwise, data are presented as mean±SEM and a probability level of  $p < 0.05$  was  
148 considered to be statistically significant. Data were examined for conformity with the assumptions of  
149 normality. If these were not met, data were transformed, as appropriate.

150 For the continuous EE<sub>2</sub> exposure, statistical analyses were carried out using SigmaStat® 3.1 (Systat  
151 Software, Inc) and effects on each endpoint were analyzed by one-way ANOVA if data met the  
152 assumptions of normality and homogeneity of variance, followed by Tukey's all pair-wise multiple  
153 comparison procedures. Data not meeting the assumptions of normality after transformation were  
154 analyzed by Kruskal–Wallis ANOVA on Ranks followed by Dunnett's or Dunn's all pair-wise multiple  
155 comparison procedures.

156 Data of the EE<sub>2</sub> re-challenge experiment were analyzed using two-way ANOVAs (in the software R  
157 2.5.1) to assess the effect of exposure concentration during early life and duration of estrogen re-  
158 challenge on the chosen endpoints and the interaction between both factors. Between-treatment  
159 comparisons within each time point were carried out using Tukey's Honest Significant Differences test  
160 (Tukey's HSD).

161

162 **RESULTS**

163 *Effects of long-term exposure to EE<sub>2</sub>*

164 EE<sub>2</sub> was not detected in water in the control tank and EE<sub>2</sub> in the nominal 0.1 ng/L treatment was  
165 below the detection limit of the radioimmunoassay (the detection limit for the assay in this study was  
166 40 pg/L). The mean measured exposure concentrations of EE<sub>2</sub> in the nominal 1.0 and 10 ng/L test tanks  
167 were 0.3±0.1 and 4.0±0.3 ng/L, respectively (*as reported previously in 27,35*). No significant  
168 mortalities occurred during the course of the two year exposure experiment and no concentration-  
169 dependent mortality rates were observed. There were no concentration-related effects of EE<sub>2</sub> on length,  
170 weight or condition factor in male or female roach exposed to EE<sub>2</sub> (Figure S1). After 720 days of  
171 exposure, no effect was observed on the GSI in male or female roach exposed to nominal 0.1 and  
172 measured 0.3 ng/L EE<sub>2</sub>. The GSI of fish exposed to 4 ng/L EE<sub>2</sub> was highly variable (Figure S2) and all  
173 fish in this treatment group had an ovarian morphology (see below) and it was not possible to assign  
174 fish as females or (putative sex-reversed) males and consequently these fish were excluded from the  
175 statistical analyses for effects of EE<sub>2</sub> on growth.

176 In control females, ovaries at 250 dph contained all sex cells up to primary oocytes at the Balbiani  
177 body stage and in males, testes had well defined lobules with all stages of sex cells up to, and including  
178 spermatogonia A and spermatogonia B (Figure S3). At 518 dph, the ovaries in females included early  
179 vitellogenic oocytes and in males, testes contained spermatocytes. At 720 dph, all females contained  
180 vitellogenic oocytes, and all males contained spermatocytes, with one male containing spermatozoa.  
181 There was a male bias in the population throughout the study: at 250 dph, there were 60% males versus  
182 40% females (n=53); at 518 dph, 59% males versus 41% females (n=17), at 720 dph, 69% males versus  
183 31% females (n=26).

184 There were no histological differences in the gonadal status of fish exposed to nominal 0.1 ng/L EE<sub>2</sub>  
185 compared with control fish throughout the 720-day exposure. In fish exposed to measured 0.3 ng/L EE<sub>2</sub>



186 at 250 dph the sex ratio was equally balanced (49% males and 51% females; n=35), but at 720 dph  
187 there was a female sex bias (42% males and 58% females;  $\chi^2(1, n=24)=8.05, p<0.01$ ) compared to the  
188 control population at 720 dph. At each time point, gonads of fish exposed to 0.3 ng/L EE<sub>2</sub> contained  
189 sex cells at the same developmental stage as gonads of control fish throughout, with the exception of a  
190 single male fish in this treatment group at 720 dph that was intersex (Figure S4).

191 Exposure to 4 ng/L EE<sub>2</sub> feminized the population completely (Figure S3) for all life stages sampled.  
192 At 250 dph (n=22), most ovaries contained sex cells up to and including primary oocytes at the  
193 Balbiani body stage, comparable to the control fish at this time, but few fish in this treatment group  
194 were less developed. At 518 dph (n=12), there was a far greater degree of variation in gonadal  
195 development between individuals in this treatment group compared with control females and this  
196 persisted in these fish at 720 dph (n=24) where ovaries from 58% of the fish analyzed were comparable  
197 to the control females, containing all stages of sex cells, including, vitellogenic oocytes, and 42% had  
198 predominantly primary oocytes with just a few sex cells at a more advanced stage of development.

199 Concentrations of VTG in controls at 250 dph were similar in males (142.8±36.6 ng/mL) and females  
200 (147±46.6 ng/mL), but at 518 dph they were widely divergent, and in accordance with sex (20.3±6.0  
201 ng/mL in males compared with 5416±4875 ng/mL in females). Significantly higher concentrations of  
202 VTG occurred in fish exposed to 4 ng/L EE<sub>2</sub> compared with controls. Exposure to 4 ng/L EE<sub>2</sub> resulted  
203 in VTG inductions of 472- and 489-fold after 250 dph (data not shown) and 103581-fold and 388-fold  
204 after 518 dph compared with control female and male roach, respectively (Figure S5).

#### 205 *Gonadal impacts of early life exposure to EE<sub>2</sub>*

206 There were no significant differences in length or weight of fish exposed to EE<sub>2</sub> during early life  
207 until 120 dph and maintained in clean water thereafter to 518 dph compared with fish at 518 dph that  
208 had been exposed continuously to EE<sub>2</sub> or maintained in clean water throughout. (Figure S6). There  
209 were also no effects on gonad development in roach exposed during early life (encompassing the

210 period of gonadal sex differentiation) to a nominal concentration of 0.1 and a measured concentration  
211 of 0.3 ng/L EE<sub>2</sub>. Some fish exposed to 4 ng/L EE<sub>2</sub> during early life did not differ from control fish  
212 (unexposed throughout) at 518 dph in terms of the stages of germ cells present (Figure 2A–B). In this  
213 treatment group, however, there were some intersex fish (4 out of 11, 36%) at 518 dph (Figure 2C).  
214 The gonads of intersex roach were characterized by the presence of a few primary oocytes scattered  
215 throughout gonad sections of the testicular tissue in a multifocal arrangement. The primary oocytes  
216 occurred singly or in clusters. The gonads of these fish were dissected out prior to histological analysis  
217 and thus it was not possible to observe any malformations of the reproductive ducts.

218 At 518 dph, there was a male bias in the depurated fish population, as occurred for the unexposed  
219 controls, and the percentages of males ranged between 56 (0.3 ng/L EE<sub>2</sub> during early life) and 69% (4  
220 ng/L EE<sub>2</sub>) (Figure 2D).

221 Exposure of roach to 4 ng/L EE<sub>2</sub> during early life to 120 dph significantly induced plasma VTG in  
222 exposed fish (2116±726 ng/g) compared to 40±6 ng/g in controls, but after 398 days in clean water,  
223 VTG concentrations did not differ from control fish (unexposed throughout; Figure S5).

#### 224 *Estrogenic sensitization*

225 During the course of the re-challenge experiment, the EE<sub>2</sub> exposure concentration was 2.3±0.2 ng/L  
226 EE<sub>2</sub>. Overall, and as expected, re-exposure to EE<sub>2</sub> induced VTG synthesis and the duration of the EE<sub>2</sub>  
227 re-challenge had a significant effect on the level of the VTG induction in both females and males  
228 (females:  $F_{1,47} = 46.45$ ;  $p < 0.0001$ ; males:  $F_{1,43} = 78.55$ ;  $p < 0.0001$ ). In females, the EE<sub>2</sub> exposure  
229 concentration during early life appeared to have an effect on the level of induction of VTG in the  
230 estrogen re-challenge (plasma VTG levels in females exposed to 4 ng/L EE<sub>2</sub> during sexual  
231 differentiation were almost twice those in fish exposed to 0.3 ng/L EE<sub>2</sub> – 5.0- and 9.9-fold difference  
232 on day four and 1.7- and 3.3-fold on day ten compared to re-exposed control fish), however, there was  
233 no statistically significant difference ( $F_{2,48} = 1.39$ ;  $p = 0.74$ ) due to the high variability in the responses

234 between individuals. In males, there was no effect of EE<sub>2</sub> treatment during early life on the VTG  
235 response on re-challenge to estrogen (F<sub>2,44</sub> =0.76; p=0.47), and males appeared to be less responsive  
236 generally to estrogen at this time compared with females (Figure 3A+B).

237 The expression of *esr1*, *esr2b* and *cyp19a1a*, genes key in estrogen signaling, appeared to show an  
238 enhanced responsiveness to estrogen in fish that had been exposed to estrogen during early life when  
239 compared with control fish previously unexposed, i.e. there was a sensitization in the responses of these  
240 genes as a consequence of prior exposure to EE<sub>2</sub> during early life. This apparent trend was more  
241 pronounced in females compared with males (Figure 3). Overall, the effect of exposure concentration  
242 during early life was significant for the expression of *esr1*, *esr2b* and *cyp19a1a* in ovaries and the  
243 expression of *esr2b* in testes (Table S1). In females, the gonadal responses of *esr2b* and *cyp19a1a* in  
244 the EE<sub>2</sub> re-challenge experiment was dependent on the EE<sub>2</sub> exposure concentration during early life,  
245 e.g. the expression of *cyp19a1a* in the ovary differed significantly from controls (fish not previously  
246 exposed to estrogen) with 5.1-fold and 10.5-fold elevations in females exposed previously (during early  
247 life) to 0.3 and 4.0 ng/L EE<sub>2</sub>, respectively, compared to fish that received no estrogen exposure during  
248 early life (and were exposed during the estrogen re-challenge experiment).

249

## 250 **DISCUSSION**

251 This study shows that life-long exposure of roach to concentrations of EE<sub>2</sub> found in some of the more  
252 polluted aquatic environments resulted in complete feminization of the population, and exposure during  
253 early life encompassing the phase of sex determination and sex differentiation induced the development  
254 of testis-ova. For the first time, we also show that exposure to estrogen during early life sensitizes fish  
255 to subsequent (and environmentally relevant) estrogen challenge, as shown by the responses in  
256 estrogen-responsive genes.

257 In most reported exposures of fish to environmental estrogens that have feminized gonadal  
258 development and/or caused complete sex reversal, pharmacological concentrations of estrogens have

259 been used that bear no environmental relevance (37). Here we show that long-term exposure to a  
260 concentration of only 4 ng/L EE<sub>2</sub>, (a concentration found in some of the more polluted WwTW  
261 effluents) feminizes roach completely, resulting in an all-female population, an effect that would result  
262 in population failure in the wild. Populations of wild roach living in UK rivers heavily polluted with  
263 estrogenic WwTW effluents have been found with a sex ratio that is skewed towards females (38), and  
264 in some cases are all-female (S.Jobling, personal communication). The lack of a genetic sex marker for  
265 roach, however, has excluded a definitive answer as to whether this bias in females is due to the  
266 presence of sex-reversed males. If sex-reversed roach occur in UK rivers and even if they were able of  
267 produce functional gametes, a retarded maturation rate, as occurred in this study, would likely mean the  
268 gametes were released at an inappropriate time in the wild; timing of reproduction and gamete release  
269 is critical in this seasonally spawning fish.

270 Generally, concentrations of EE<sub>2</sub> in UK WwTW effluents are measured at concentrations between  
271 0.15 and 2.85 ng/L (39), lower than that required to cause complete sex reversal in roach (here 4 ng/L),  
272 however, these effluents also contain biologically active concentrations of natural steroidal estrogen  
273 and other estrogenic EDCs that are additive in their feminizing effects (40), and, therefore, roach  
274 populations may be at risk, given the overall estrogenic loadings entering UK rivers.

275 In mammals, (xeno)estrogens can induce effects via both genomic and non-genomic mechanisms  
276 (41). Genomic mechanisms include direct effects on the expression of genes involved with estrogen  
277 signaling that define the pathways of development for the two sexes and/or effects on co-regulators of  
278 ER function. Imprinting of genes by estrogens during critical periods of development has been  
279 suggested as an important mechanism for functional defects later in life (42,43). Epigenetic (non-  
280 genomic) mechanisms include effects on DNA methylation controlling selectively transcription or  
281 silencing tissue-specific genes. The mechanism by which sexual reprogramming occurs in roach as a  
282 consequence of exposure to steroidal estrogens is not known. In fish, however, exposure to E<sub>2</sub> and EE<sub>2</sub>  
283 have both been shown to lead to global genomic hypermethylation in the testis and to induce tissue-

284 and sex-specific changes in the methylation pattern of ER and aromatase genes (44,45). It is therefore  
285 possible, that exposure of roach to EE<sub>2</sub> during early life led to persistent changes in the DNA  
286 methylation pattern of these and/or other crucial sex determining genes resulting in alterations in the  
287 regulation of their gene expression. This might explain the induction of intersex (and even possibly the  
288 differences in the subsequent responsiveness of estrogen-controlled genes to stimulation in later life),  
289 but the fact that exposure of roach to 4 ng/L EE<sub>2</sub> during the window of sexual differentiation did not  
290 induce complete sex reversal, which occurred only for the continuous exposure to EE<sub>2</sub>, suggests  
291 another operational mechanism(s) for this effect. Our findings in this study showing that sex reversal  
292 occurs only for prolonged exposures to estrogen, support other studies showing longevity of exposure  
293 affects the magnitude (and severity) of the effects seen for sexual disruption, including for the  
294 vitellogenic response (15) and the intersex condition (46), and emphasizes the need to consider the  
295 exposure period when assessing the possible hazards posed by steroidal estrogens. Our study also  
296 shows that detrimental effects of long-term exposure to EE<sub>2</sub> (at 4 ng/L) were not limited to the males,  
297 and they also occurred for females, where the ovaries (at 720 dph) were relatively smaller compared  
298 with 'normal' females.

299 Early life stage windows are especially sensitive to estrogenic (and other EDC) effects, and this is  
300 especially so for many fish species (*e.g.*47). In some cases, effects induced by exposure during early  
301 life do not become manifest until puberty or sexual maturation (47,48). In our studies on the roach too,  
302 we showed the induction of intersex (ovotestis) occurs as a consequence of exposure to 4 ng/L EE<sub>2</sub>  
303 during early life. Our most novel finding, however, was that exposure to EE<sub>2</sub> during early life altered  
304 the subsequent responsiveness of roach to estrogen in later life. Females in particular showed enhanced  
305 responses on re-challenge to EE<sub>2</sub> and this occurred in a concentration dependent manner for the  
306 exposures during early life. These findings strongly indicate that multiple exposures to estrogen, even  
307 with considerable time intervals between the successive exposures, can markedly affect the dynamics  
308 of the response to an environmental estrogen. If this response also occurs for endogenous estrogen (as

309 is likely), then the reproductive dynamics could be altered, given the importance of steroidal estrogens  
310 such as E<sub>2</sub> in both fecundity and timing of maturation (49,50). These findings have further implications  
311 for assessing the hazards and health risks associated with exposure to this synthetic steroidal estrogen  
312 as, for instance, thresholds for biomarker responses may be altered. Again, the mechanism(s) in  
313 operation that enhance estrogen responsiveness in later life in roach is (are) not known, but potentially  
314 they might include a molecular priming effect, where the sensitivity of e.g. ERs and aromatases is  
315 enhanced. These molecular markers studied are known for their functional role as part of estrogen-  
316 responsive pathways: ER expression has implications for receptor availability and regulation, whereas  
317 aromatase expression has implications for the regulation of the ratios between estrogens and androgens  
318 (27,35 and references within).

319 This study demonstrates that life-long exposure of roach to environmental concentrations of EE<sub>2</sub>  
320 (4 ng/L) induced sex reversal of males resulting in an all-female population and further, that the  
321 induction of ovotestis is a consequence of (re-)programming during early life. These data strongly  
322 support the hypothesis that EE<sub>2</sub> plays a major role in the induction of feminization responses in wild  
323 male fish living in rivers contaminated with estrogenic WwTW effluents. A further significant finding  
324 is that exposure to EE<sub>2</sub> during early life at concentrations as low as 0.3 ng/L induced more subtle  
325 disruptions on normal sexual programming altering the subsequent responsiveness to estrogens in later  
326 life and with wider potential health implications.

## FIGURE CAPTIONS

**Figure 1.** Experimental design of the long-term exposures of roach to EE<sub>2</sub>. Roach were exposed from fertilization to 720 dph to environmental concentrations of EE<sub>2</sub> (nominal 0.1, 1.0 and 10 ng/L). Some fish from each treatment were transferred to clean water after gonadal sex differentiation at 120 dph, and allowed to depurate for 398 days, when a sub-population was sampled. The remaining depurated fish were then re-exposed to one concentration of EE<sub>2</sub> (nominal 5 ng/L) and sampled at day four and ten of the re-challenging experiment.

**Figure 2.** Gonad histopathology and sex ratio of roach at 518 days post hatch (dph). Sections of ovary (A), testis (B) and intersex testis (C) of roach exposed to measured 4 ng/L EE<sub>2</sub> until 120 dph and then kept in clean water. po, primary oocyte; so, secondary oocyte; vo, vitellogenic oocyte; sgA, spermatogonia A; sgB, spermatogonia B; sy, spermatocytes; Bars: 50 μm. (D) Sex ratios of roach exposed to EE<sub>2</sub> until 120 dph and then kept in clean water for 398 days.

**Figure 3.** Effects of an estrogen re-challenge on plasma vitellogenin and expression of genes key in estrogenic signaling. (A+B) Concentrations of plasma vitellogenin and relative mRNA expression of *esr1* (C+D), *esr2b* (E+F) and *cyp19a1a* (G+H) in female (left) and male (right) roach exposed to measured 2.3 ng/L EE<sub>2</sub> for 10 days following early life exposure to different concentrations of EE<sub>2</sub> until 120 dph and subsequent depuration period of 398 days. Each column represents mean ±SEM and numbers in columns indicate the number of samples analyzed. Asterisks indicate a significant difference from the control at that specific time point. +: Note in graphs for gene expression in males that at day 10 only one male fish was analyzed from the 4 ng/L EE<sub>2</sub> early life treatment group and was therefore excluded from any analysis.

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## SUPPORTING INFORMATION

Statistical results of two-way ANOVAs, histopathology of continuously EE<sub>2</sub>-exposed roach as well as growth data and vitellogenin results for continuous exposure and depuration experiment. This information is available free of charge via the Internet at <http://pubs.acs.org>.

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