

Vortex Erosion in a Shallow Water Model of the Polar Vortex

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Abstract

The erosion of a model stratospheric polar vortex in response to bottom boundary forcing is investigated numerically. Stripping of filaments of air from the polar vortex has been implicated in the occurrence of stratospheric sudden warmings (SSWs) but it is not understood in detail what factors determine the rate and amount of stripping. Here a shallow water vortex forced by topography is used to investigate the factors initiating stripping and whether this leads the vortex to undergo an SSW. It is found that the amplitude of topographic forcing must exceed some threshold (of order 200m - 450m) in order for significant stripping to occur. For larger forcing amplitudes significant stripping occurs, but not as an instantaneous response to the forcing; rather, the forcing appears to initiate a process that ultimately results in stripping several tens of days later. There appears to be no simple quantitative relationship between the amount of mass stripped and the topography amplitude. However, at least over the early stages of the experiments, there is a good correlation between the amount of mass stripped and the global integral of wave activity, which may be interpreted as a measure of the accumulated topographic forcing. Finally there does not appear to be a simple correspondence between amount of mass stripped and the occurrence of an SSW.

Keywords: polar vortex; stratospheric sudden warming; vortex erosion; stripping of filaments of air; PV contour integral diagnostics

1. Introduction

The stratospheric polar vortex is a dominant feature of the winter stratosphere. Variations in the polar vortex, such as stratospheric sudden warmings (SSWs) can have effects that influence surface climate [1]. At the start of winter a large cyclonic vortex is formed by radiative forcing. During the winter filaments of air are stripped from the edge of the vortex, reducing the area of the vortex and sharpening its edge [8], and are mixed into the surrounding region forming a relatively well mixed ‘surf zone’ [11]. The stripping process has implications for chemical transport [19, 15] and is also thought to ‘precondition’ the vortex, making it more susceptible to sudden warmings [4, 7]. However, it is not understood in detail what factors determine the rate and amount of stripping.

Shallow water models have long been used to investigate vortex dynamics, especially those of the polar vortex. The main advantage of using a shallow water model over more realistic, multi-layer models is that a larger area of the parameter space can be explored. As much of the motion in the stratosphere is along isentropic surfaces shallow water models are also well suited to investigating stratospheric dynamics.

There have been two main approaches to investigation of vortex erosion in these experiments. Some studies have imposed a wave-like forcing on the lower boundary, while others have embedded a vortex in an externally imposed flow. Mixing in a model vortex under wave-like forcing has been investigated [e.g. 12, 16], and the effect of the forcing amplitude in single and multi-layer models [e.g. 13, 9, 10]. The amount of mass mixed from the vortex into the surf zone has been found to be much less than that mixed from the tropics into the surf zone.

Esler and Matthewman [10] looked at the effect of topographic forcing height and significance of background flow on the onset of vortex splitting. They found that for a given background flow, when the forcing increases past a particular value a bifurcation takes place causing the system to transition into a state in which a splitting can occur. This suggests that there may be a threshold in the

amplitude of the forcing required to produce a vortex displacement or splitting event.

The other main approach is to embed a vortex in an externally imposed barotropic flow [e.g. 5, 8, 6]. This simulates the effects that other vortices have on the erosion of the polar vortex. In the presence of these externally imposed flows, if the externally imposed shear is very weak the vortex remains intact. If the externally imposed flow is increased but remains weak then the contours near the edge of the vortex become stripped until it can maintain a quasi-steady state. Under strong externally imposed flows the vortex can no longer maintain a steady state and breaks down. The first two regimes show that when the externally imposed strain growth is slow enough the vortex goes through a series of equilibrium states. This gives rise to the question in the third bullet point below, which will be investigated using a bottom boundary forcing rather than the externally imposed flow of Legras et al. [6].

The main questions of interest in the following experiments are:

- Is there a threshold in the forcing amplitude to initiate stripping?
- Is there a quantitative relationship between the forcing amplitude and the amount of stripping?
- When the forcing increases at a slow enough rate does the vortex go through a series of quasi-steady states?
- What are the criteria for the vortex to break down; is there some threshold forcing amplitude above which the vortex breaks down?
- Is there a systematic difference between the response of the vortex to wave 1 and wave 2 forcings?

Answering these questions will aid understanding of the dynamics of the polar vortex and the conditions needed for SSWs to occur. In section 2 the details of the model and experiments will be explained, and in section 3 the integral diagnostics used are described. The results are shown in section 4 and in section 5 the conclusions are presented.

60 **2. Experimental Details**

Stripping is investigated using the finite element shallow water model of Thuburn and Cotter [18]. The model uses a finite element based method to solve the rotating shallow water equations on a sphere and is capable of solving the dynamical equations (see below) on an unstructured grid. Here a cubed
 65 sphere grid is used.

The dynamical equations in the model take the form

$$\frac{\partial \Phi}{\partial t} + \nabla \cdot (\Phi \mathbf{u}) = 0 \quad (1)$$

$$\frac{\partial \mathbf{u}}{\partial t} + \mathbf{k} \times (\Phi Q \mathbf{u}) + \nabla \left(\Phi + \Phi_s + \frac{1}{2} |\mathbf{u}|^2 \right) = 0 \quad (2)$$

where $\Phi = gh$ is the geopotential, g is the gravitational acceleration, h is the fluid depth, Φ_s is the geopotential of the topography, $\mathbf{u} = (u, v, 0)$ is the horizontal velocity and Q is the potential vorticity (PV). The free surface geopotential is
 70 $\Phi + \Phi_s$ (see Figure 1). The prognostic variables of the model are Φ and \mathbf{u} . In the shallow water equations the PV can be formulated as

$$Q = \frac{\zeta + f}{\Phi} \quad (3)$$

where ζ is the relative vorticity and f is the Coriolis parameter.

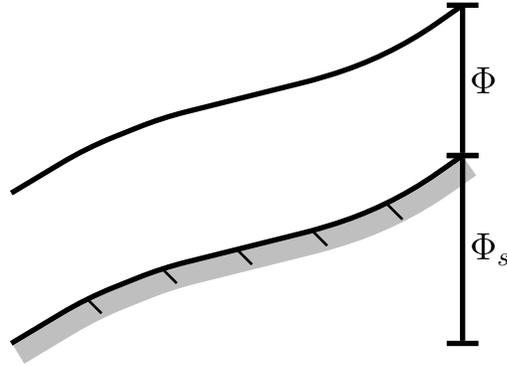


Figure 1: The free surface geopotential is the sum of the geopotential of the topography Φ_s and the geopotential of the fluid layer Φ .

The numerics of the model are formulated in such a way that the PV evolves as if the PV conservation law

$$\frac{\partial}{\partial t}(\Phi Q) + \nabla \cdot (\Phi Q \mathbf{u}) = 0 \quad (4)$$

75 itself were to be integrated rather than the dynamical equations (1) and (2). This means that an accurate and conserving advection scheme may be used while maintaining desirable PV advection properties. This, in turn, helps to ensure that the diagnostics discussed in section 3 are not contaminated by numerical artefacts.

80 In the model there are no explicit diabatic effects or frictional terms meaning that mass transport across contours of PV is only due to small-scale mixing within the advection scheme. When features of PV contours reach scales which are below those resolved by the model they become mixed into the background flow.

85 The topography Φ_s consists of a zonally symmetric part, $\bar{\Phi}$, corresponding to the initial condition plus a time-varying mountain, Φ_{pert} , which imposes a wave-like forcing on the flow. The topography then takes the form

$$\Phi_s = \bar{\Phi} + \Phi_{\text{pert}}. \quad (5)$$

The mountain is described by the equation

$$\Phi_{\text{pert}} = gH(t)M(\lambda, \phi) \quad (6)$$

with λ denoting geographical longitude and ϕ denoting geographical latitude.

90 The height of the mountain at time t is given as

$$H(t) = \begin{cases} \min \left\{ \frac{1}{2} \left[1 - \cos \left(\frac{\pi t}{\tau} \right) \right] H^*, H_{\text{max}} \right\} & t \leq \tau \\ H_{\text{max}} & t > \tau. \end{cases} \quad (7)$$

We choose $H^* = 2000\text{m}$. τ is a parameter controlling the rate of growth of the mountain and H_{max} is the maximum height of the mountain ($0 \leq H_{\text{max}} \leq H^*$). The height of the mountain is increased monotonically in time and then frozen at the maximum height H_{max} as soon as that height is attained. The full mountain

95 height H^* would be reached at time $t = \tau$. $M(\lambda, \phi)$ is the shape of the mountain and takes the form

$$M(\lambda, \phi) = \exp \left[- \left(\frac{\phi - \phi_0}{\Delta\phi} \right)^2 \right] \cos(m\lambda) \quad (8)$$

where m is the zonal wavenumber of the forcing, $\phi_0 = \frac{\pi}{3}$ and $\Delta\phi = \frac{\pi}{12}$. This mountain is similar in size and shape to the wave-1/wave-2 component of the geopotential in the wintertime stratosphere. A similar mountain has been used
 100 in previous work (e.g., [12]).

The topographic forcing here mimics the effect of vertically propagating planetary waves which disrupt and erode the polar vortex. The gradual increase of the forcing corresponds to a move from autumn into winter by ramping up longwave cooling. It is in line with observations which show a significant wave 1
 105 amplitude of the geopotential in the polar stratosphere all year round, growing into winter, but with quite a lot of variability. Moreover, ramping up the forcing gradually ensures that the dynamics remain close to balance, and provides the cleanest experiment with the best hope of being able to interpret the results. Initialising the model with a large-amplitude mountain at the bottom boundary
 110 would trigger unrealistic large-amplitude gravity waves.

The fluid on top of the topography Φ_s initially takes a uniform depth, having geopotential $\Phi = 4 \times 10^4 \text{ m}^2 \text{ s}^{-2}$. The initial velocity field is zonally symmetric with a zonal wind chosen to be similar to that observed in the stratosphere in a typical northern hemisphere polar winter. The zonal wind profile used in the
 115 model experiments is shown in Fig. 2 along with several observed zonal-mean zonal wind profiles. An analytical expression for the initial zonal wind profile is given in the appendix. The zonal mean part of the topography $\bar{\Phi}$ needed to balance the zonal velocity is then found by integrating equation (A.1).

3. Integral diagnostics

120 To examine stripping of mass from the vortex several diagnostic quantities will be used. These are Lagrangian integral diagnostics which are changed

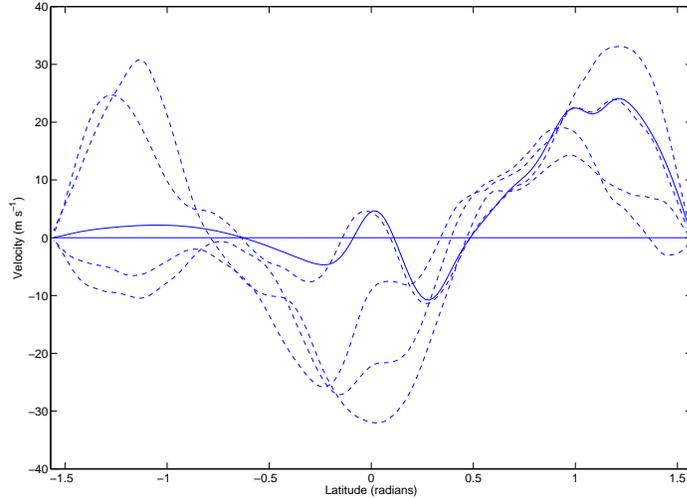


Figure 2: Four examples of observed profiles of zonal-mean zonal wind at 60°N and $p = 10\text{hPa}$ for different times during several winters (dashed), and the velocity profile used in the model experiments (solid).

only by non-conservative processes. These quantities are suitable for helping to answer the questions posed above since they capture information about the vortex edge and irreversible PV mixing which is not well captured by Eulerian zonal-mean quantities [17].

3.1. Mass integral

The mass within the $PV = Q$ contour is given by

$$\mathcal{M}(Q) = \int_{PV \geq Q} \Phi \, dS \quad (9)$$

as in [17]. This is in fact a volume (multiplied by the gravity term g which is constant) and not a mass, but if density is taken to be constant unity then this quantity will have all the features of a true mass integral.

Since there is no diabatic heating (i.e. no mass source term in equation (1)), the amount of mass crossing a given PV contour is equal to the change of mass within that contour. Thus, transport across PV contours can be inferred from

time series of $\mathcal{M}(Q)$. This will be used here as a Lagrangian diagnostic of vortex
 135 erosion by focussing on particular PV contours close to the vortex edge.

3.2. Circulation

The circulation around a PV= Q contour is defined as

$$\mathcal{C}(Q) = \oint_{\text{PV}=Q} \mathbf{u}_{\text{abs}} \cdot d\mathbf{r} \quad (10)$$

where \mathbf{u}_{abs} is the fluid velocity in absolute reference frame. Using Stokes' theorem and equation (3) this can be expressed as

$$\mathcal{C}(Q) = \int_{\tilde{Q} \geq Q} \Phi \tilde{Q} dS \quad (11)$$

140 which is the form which will be calculated in the model.

3.3. SSWs in the Shallow Water Model

The WMO definition of an SSW states that an SSW has occurred when the zonal mean temperature gradient between 60° and 85° north at 10hPa is reversed, accompanied by a reversal of the zonal mean zonal winds in the same
 145 region.

In order to identify if a simulated sudden warming occurs in the shallow water model, and if so at what point it can be said to occur, the sign of the zonal mean zonal winds at 60° north is calculated. Using Stokes' theorem this can be expressed as an area integral of the relative vorticity:

$$\oint_{\phi=60^\circ} \mathbf{u} \cdot d\mathbf{r} = \int_{\phi \geq 60^\circ} \zeta dS. \quad (12)$$

150 An SSW can then be defined to have occurred if/when the value of this integral changes sign.

3.4. Wave Activity

Wave activity diagnostics for the model can be calculated using the integral diagnostics outlined above. The conservation equation for the wave activity in
 155 a shallow water model takes the form [2, 17]

$$\frac{\partial \mathcal{A}}{\partial t} + \nabla \cdot \mathcal{F} = \mathcal{B} + \mathcal{D} \quad (13)$$

where \mathcal{B} represents lower boundary forcing and \mathcal{D} represents sources and sinks due to irreversible mixing and diabatic and frictional processes. The wave activity is

$$\mathcal{A} = -\frac{\Phi_e u_e \cos \phi}{g} - \frac{\Phi}{2\pi a g} \int_{Q_{\text{ref}}}^Q (Q - \tilde{Q}) \frac{d}{d\tilde{Q}} m_{\text{ref}}(\tilde{Q}) d\tilde{Q} \quad (14)$$

where $m_{\text{ref}}(Q)$ is the mass north of the latitude of the contour $PV=Q$ in a zonally symmetric reference state and subscript e indicates departures from the reference state. Assuming $Q_{\text{ref}}(\phi)$ is monotonic then $m_{\text{ref}}(Q)$ is single-valued and $m_{\text{ref}}(Q) = \mathcal{M}_{\text{ref}}(Q)$.

Using the relationship between mass and circulation in PV-space [17],

$$Q \frac{\partial \mathcal{M}}{\partial Q} = \frac{\partial \mathcal{C}}{\partial Q}, \quad (15)$$

applied to the reference state, equation (14) can be written as

$$\mathcal{A} = -\frac{\Phi_e u_e \cos \phi}{g} - \frac{\Phi}{2\pi a g} \{Q [\mathcal{M}_{\text{ref}}(Q) - \mathcal{M}_{\text{ref}}(Q_{\text{ref}})] - [\mathcal{C}_{\text{ref}}(Q) - \mathcal{C}_{\text{ref}}(Q_{\text{ref}})]\}. \quad (16)$$

This expression consists of two terms, one of which, $-\frac{\Phi_e u_e \cos \phi}{g}$, approximately represents gravity waves while the other, $-\frac{\Phi}{2\pi a g} \{Q [\mathcal{M}_{\text{ref}}(Q) - \mathcal{M}_{\text{ref}}(Q_{\text{ref}})] - [\mathcal{C}_{\text{ref}}(Q) - \mathcal{C}_{\text{ref}}(Q_{\text{ref}})]\}$, is the approximate contribution from Rossby waves. The ‘Rossby wave’ term is several orders of magnitude ($\sim 10^4$) larger than the ‘gravity wave’ term, so in calculations of \mathcal{A} it is sufficient to calculate only the contribution from the Rossby wave term. The Rossby wave term is easy to calculate once \mathcal{M} and \mathcal{C} are calculated, which are quantities of interest in themselves.

Since the initial state is a balanced flow the reference state is taken to be the initial state meaning that $Q_{\text{ref}} = Q_{\text{init}}$.

The integral of the wave activity \mathcal{A} over the domain is related to the time integral of the lower boundary forcing [17] and can be interpreted as a measure of rearrangement of PV. This makes it a good candidate for being a useful quantity in studying vortex erosion.

4. Model Results

The goal of our model experiments is to investigate vortex erosion by strip-
180 ping of filaments of air as a function of three main parameters: the forcing
amplitude given as the maximum mountain height H_{\max} , the timescale of in-
crease in topography τ and the zonal wavenumber m of the forcing.

Two sets of wave 1 experiments were performed. In the first H_{\max} is fixed
at 2000m and the rate of growth of the forcing τ is varied. For a PV contour
185 close to the vortex edge ($Q = 3.328 \times 10^{-9} \text{ s m}^{-2}$), the mass stripped is given by
 $\Delta\mathcal{M}(Q) = \mathcal{M}_{\text{init}}(Q) - \mathcal{M}(Q)$. For each run, both $\Delta\mathcal{M}(Q)$ and forcing height
 H are functions of time. Figure 3 shows plots of $\Delta\mathcal{M}(Q)$ versus H for different
values of τ .

To rule out numerical effects a range of resolutions were examined. Figure 3
190 shows that for low resolutions numerical effects play a large role in the evolution
of the vortex. This is seen for example in panel c where for $H < 1000\text{m}$ there
is stripping of mass for all resolutions coarser than 52km. When the resolution
reaches 52km the mass removed is close to zero; the numerical effects become
small in comparison to other effects. The increase of mass stripping, seen at
195 $H = 1000\text{m}$ in panel c coincides with the formation of tongues of air at the edge
of the vortex.

In the second set of wave 1 experiments the value of τ is fixed at $\tau = 92.6$
days and the value of H_{\max} is varied. The results of these experiments are
shown in figure 4 for 2 PV contours on the vortex edge ($Q = 3.328 \times 10^{-9} \text{ s m}^{-2}$
200 and $Q = 3.456 \times 10^{-9} \text{ s m}^{-2}$). The amount of mass removed is shown; negative
values correspond to increases in mass. The vertical lines at the top of the plots
show the times when each of the mountains reach their maximum heights. The
two PV contours are highlighted in red in figure 5, and as they lie around the
vortex edge the transports across them can be interpreted as changes in mass
205 of the vortex.

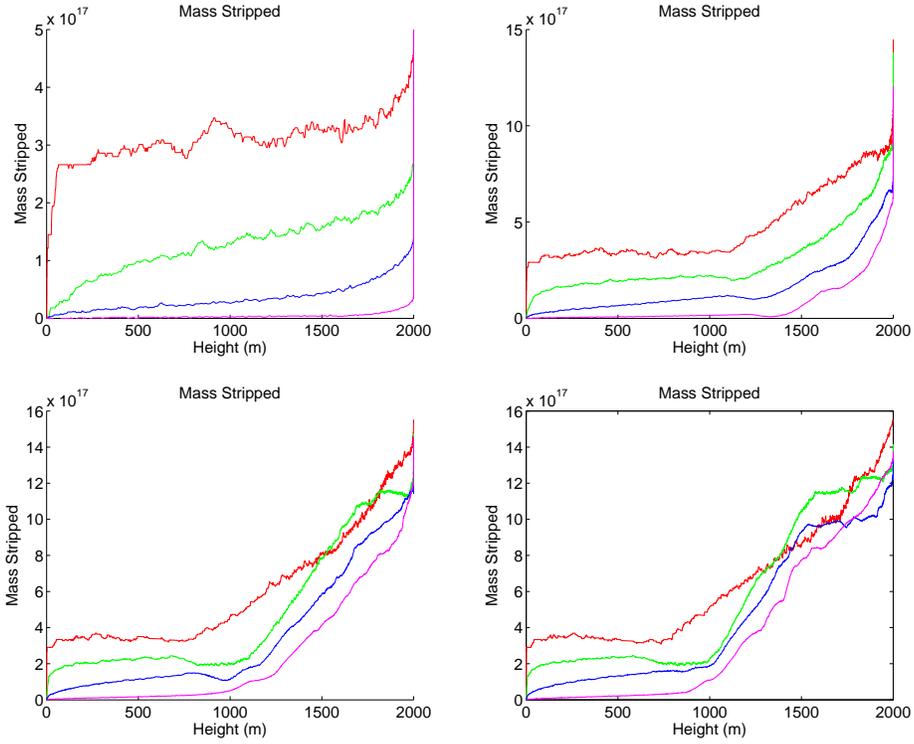


Figure 3: Total mass removed $\Delta\mathcal{M}(Q)$ (in m^4s^{-2}) versus mountain height H for a PV contour on the vortex edge for $H_{\max} = 2000\text{m}$ and $\tau = 11.6$ days (a), $\tau = 46.3$ days (b), $\tau = 92.6$ days (c) and $\tau = 115.7$ days (d). The red lines correspond to a resolution of 416 km, the green to 208 km, the blue to 104 km and the magenta to 52 km. The wavenumber of the topography is $m = 1$.

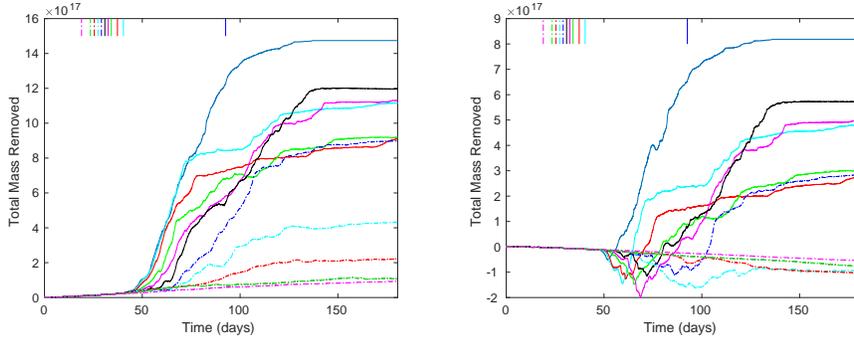


Figure 4: Total mass removed $\Delta\mathcal{M}(Q)$ (in m^4s^{-2}) versus time for two PV contours on the vortex edge. Panel (a) refers to the outer red contour in Figure 5 and panel (b) to the inner red contour. The mountain is frozen at various maximum heights H_{max} : 2000m (solid blue), 800m (solid cyan), 700m (solid red), 600m (solid green), 550m (solid magenta), 500m (solid black), 450m (dashed blue), 400m (dashed cyan), 350m (dashed red), 300m (dashed green) and 200m (dashed magenta). The mountain is grown with $\tau = 92.6$ days. The wavenumber of the topography is $m = 1$.

4.1. Is there a threshold in the forcing amplitude to initiate stripping?

When the mountain is grown to only low heights there is a relatively small amount of mass removed from the vortex. For example when the mountain is grown to a height of 200m the mass flux occurs at a very low rate (fig 4).

210 The air surrounding the vortex becomes very turbulent after enough time has passed, and tongues of air can be seen to form at the edge of the vortex but no significant stripping occurs.

At larger heights the amount of mass removed from the vortex is very similar to the 200m case for the first 70 model days. Following this the outward flux
 215 of mass increases. This increasing of the rate of mass loss occurs long after the mountain has reached its full height, particularly for cases with lower maximum mountain height. For mountains over 500m stripping is initiated roughly 50 days after the start of the experiments.

Figure 3 shows that stripping is not an instantaneous response to forcing;
 220 for the faster growing mountains there is no stripping until after the maximum height has been reached. This can also be seen in figure 4 where stripping

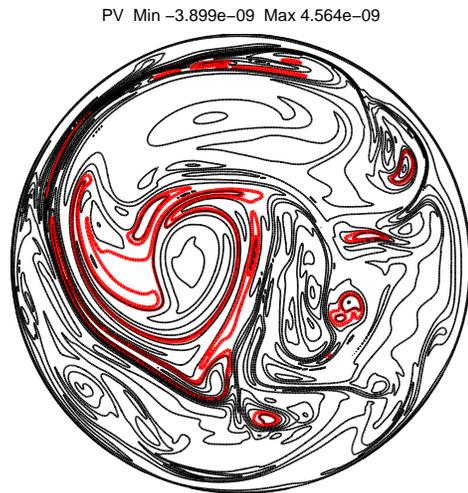
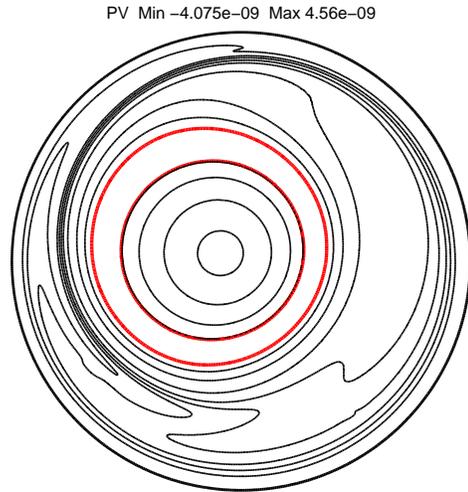


Figure 5: PV maps (in sm^{-2}) before and after the onset of the model SSW for $H_{\text{max}} = 2000\text{m}$, $\tau = 92.6$ days and $m = 1$. The black contours are evenly spaced, and the red contours indicate those referred to in Figure 4.

does not occur until after the smaller mountains have reached their maximum height. The forcing does not initiate stripping directly, but initiates a process which then results in removal of mass from the vortex at some time later.

225 *4.2. Is there a quantitative relationship between the forcing amplitude and the amount of stripping?*

Once the rate of mass loss from the vortex increases, between 52 and 58 days, the average rate of loss is similar for all runs with a mountain of 500m or more and continues at this rate for a period of 10 model days for all but 230 the 2000m mountain which proceeds at this rate for nearly twice the amount of time.

After a period of 140 model days many of the runs have reached a stage where little or no further mass flux across the contours occurs. In this case the flow is not steady, but $\mathcal{M}(Q)$ becomes almost unchanging at the edge of the 235 vortex.

There does not seem to be any threshold in the amount of mass removed from or added to either of the PV contours shown here before the rate of stripping starts to increase above the level of the 200m mountain, rather it is the size of the forcing and not the amount of mass removed from or gained by the PV 240 contour that is responsible for the contour starting to lose mass more rapidly. The final amount of mass removed from the vortex depends on H_{\max} but there is not a linear relationship between the two quantities.

The PV contour shown in figure 4(b) initially experiences an increase in mass, with the 200m mountain case experiencing a gradual steady increase in 245 mass for the entire period of the model run. When the mountain is grown to a height greater than 200m the contour experiences a larger increase in mass, which persists for longer when the final mountain height is smaller. For those runs with a final mountain height over 400m, following the initial gain in mass the contour then begins to decrease in mass to a level below that of the starting 250 level.

As well as the period of the mass gain being longer as the final height of the

mountain becomes smaller, the amount of mass gained by the PV contour also increases, attaining a maximum when the final height of the mountain is 550m. For the runs where the mountain height is less than 450m the amount of mass
 255 within this contour is larger at the end of the experiment than at the start as shown in figure 4(b).

Some understanding of why the inner contour in Fig. 4 gains mass temporarily can be obtained by using the relationship between mass and circulation of equation (15) to show that the area under the curves in \mathcal{M} - Q plots should
 260 be conserved. On PV contours with negligible mixing the circulation will be conserved. Consider two such contours Q_1 and Q_2 ; for example the contours initially at the equator and north pole. Then, during the evolution, $\Delta\mathcal{C}(Q_1) = 0$ and $\Delta\mathcal{C}(Q_2) = 0$. Hence,

$$\begin{aligned}
 0 = \Delta\mathcal{C}(Q_2) - \Delta\mathcal{C}(Q_1) &= \Delta \int_{Q_1}^{Q_2} \frac{\partial\mathcal{C}}{\partial Q} dQ \\
 &= \Delta \int_{Q_1}^{Q_2} Q \frac{\partial\mathcal{M}}{\partial Q} dQ \\
 &= \Delta \int_{\mathcal{M}(Q_1)}^{\mathcal{M}(Q_2)} Q d\mathcal{M}. \tag{17}
 \end{aligned}$$

This means that the area under the curves in \mathcal{M} - Q space between the PV values
 265 Q_1 and Q_2 must remain constant for all instants during the model run. It then follows that if the mass within some PV contours decreases, there must be other region(s) in PV space where the mass increases to compensate.

Figure 6 shows PV versus mass for various instants during the run with 550m wave 1 forcing. (The mass within PV contours in the southern hemisphere,
 270 not shown, is almost constant over the entirety of the model run.) The red line is for day 68, which is just before the inner contour in Figure 4 reaches its maximum mass (day 70). Comparison with the initial \mathcal{M} - Q profile (blue) shows that there is one main area where contours decrease in mass, between 2.5 and $3.5 \times 10^{-9} \text{ s m}^{-2}$, and two areas that gain mass compared with the initial state; the small area near PV value $3.5 \times 10^{-9} \text{ s m}^{-2}$ corresponds to the inner contour
 275 in Fig. 4, while the larger area between 1 and $1.5 \times 10^{-9} \text{ s m}^{-2}$ corresponds to

the beginning of the formation of the surf zone.

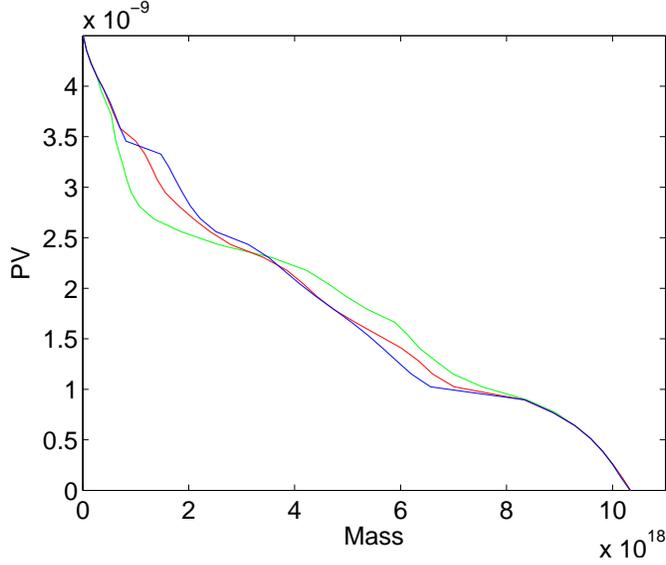


Figure 6: PV (in s m^{-2}) against mass $\mathcal{M}(Q)$ (in m^4s^{-2}) for $H_{\max} = 550\text{m}$, $\tau = 92.6$ days and $m = 1$ at various times during the experiment. The blue line refers to the initial condition, the red line to 68 days and the green line to 105 days.

By day 105 the mass of the contours within the vortex (those above $2.4 \times 10^{-9} \text{ s m}^{-2}$) has decreased significantly. Here there is no region of compensating mass increase in the higher valued PV contours, instead there is a large increase in mass within the 1 to $2.4 \times 10^{-9} \text{ s m}^{-2}$ region. This region clearly corresponds to the surf zone region which is by this point well established.

Following the period of rapid mass loss there is a dramatic reduction in the rate of stripping. The period of rapid mass loss continues for differing periods of time for different values of H_{\max} .

Around the time of the sharp decrease in the rate of mass flux from the vortex in the case of the 700m forcing the tongues of air attached to the vortex start to disappear; as time passes the existing tongues get pulled from the vortex and no new tongues form. This can be seen from 104 days in Figure 7, where the remaining tongues are pulled from the vortex and the formation of new tongues

is inhibited. The 700m experiment is unusual in the fact that this occurs very soon after the rapid stripping commences. The edge of the vortex appears to become sharper and more oval shaped than is typical up until this point (see figure 7, day 104). The sharper vortex edge created by the removal of mass then
295 appears to inhibit further tongues of air from forming leading to the dramatic reduction in the rate of mass removal. This is similar to what has been found in other shallow water experiments and termed ‘Rossby elasticity’ [3, 12]. A latitudinal gradient of PV provides a restoring mechanism that tends to return displaced fluid parcels to their original latitude and gives the mechanism for
300 Rossby wave propagation. As the PV gradient on the vortex edge becomes sharper the restoring mechanism (on scales comparable to the edge thickness) becomes stronger, thus inhibiting the formation of further tongues of air. The disappearance of tongues from the vortex edge does not occur until over 100 days for the other experiments.

305 At the time of the initial decrease in the rate of mass removal in figure 4, around 70 days, the tongues of air that are attached to the vortex have mostly disappeared and those which remain are very small compared to those previously present. Over the next 35 days there is a much reduced rate of mass removal where the parts of the vortex which form into small tongues are pulled
310 from the vortex but do not pull any further mass with them, therefore disappearing very quickly after they form. This then makes the vortex into a more regular oval shape, gradually losing the non-oval shaped elements as they become eroded. After 100 days the vortex has lost all tongues attached to it, and the mass removal rate becomes negligible, around the same rate as that of the
315 200m mountain. Following this there are short periods where tongues form and become eroded from the vortex. Following the erosion the vortex again becomes oval shaped. One of these can be seen in Figure 7 at day 173.

In the cases of the other final mountain heights the same effect can be seen in the period where the rate of mass removal significantly decreases, around 115
320 model days in most cases. In the case of the 2000m mountain the vortex has become almost completely eroded.

As noted above, the amount of mass stripped from the vortex does not appear to be proportional to the amplitude of the forcing. The wave activity \mathcal{A} (equation (16)), however, can be related to a measure of the accumulated
325 forcing.

Using the initial zonally symmetric state as the reference state in equation (16) the wave activity was calculated for various model runs. Figure 8 shows the wave activity \mathcal{A} for the wave 1 case with a mountain of height 700m.

In the period up until the mountains reach their maximum heights the profiles of the wave activity are identical to that of the 2000m mountain. As the
330 smaller mountains reach their maximum heights the profile then diverges from that of the larger forcing.

The wave activity begins very small, but after a period of 20 model days a wave 2 pattern starts to emerge. The terms in the wave activity equation (16)
335 are second order in disturbance quantities, so maps of \mathcal{A} for a wavenumber 1 disturbance will show wavenumber 2 patterns, which is the case here for small amplitude forcing. As it starts to become more asymmetric \mathcal{A} starts to pick out some of the anticyclones surrounding the vortex. For example at day 52 the area of the largest anticyclone is clearly picked out as well as several of the
340 smaller ones.

These synoptic maps of wave activity \mathcal{A} pick out many of the features seen in corresponding PV maps and do not seem to provide significantly more information than the PV does. The spatial integral of \mathcal{A} is related to the space-time integral of mountain forcing as well as the amplitude of the disturbance and its
345 phase relative to the mountain forcing. This means that the integrated wave activity \mathcal{A} is a diagnostic quantity which contains information about several important features of the flow.

Figure 9 shows the mass removed from the vortex plotted against the wave activity integrated over the area of the northern hemisphere, $\int_{\phi \geq 0^\circ} \mathcal{A} dS$, for
350 a selection of the final mountain heights from the wave 1 experiments. The figure shows the part of the graph for the initial part (about 65 days) of the experiment where the integrated wave activity is increasing, in order to provide a

monotonic x-coordinate. The points where the integrated wave activity reaches its maximum value for the 2000m and the 700m mountains are both very similar, with the wave activity for the 2000m mountain reaching its maximum a couple of days earlier than that for the 700m mountain. Following this the wave activity starts to decrease due to the mixing occurring around the vortex.

On the inner PV contour (panel (b) in Figure 4 and Figure 9) the period where mass is being entrained into the vortex corresponds almost exactly to the period when the integrated wave activity is increasing. Other than the case of the 2000m mountain, where the mass flux changes from inward flux to outward flux slightly before the wave activity starts to decrease, the moment when the wave activity starts to decrease is the same moment as the change from inward to outward mass flux.

The mass increase is approximately linearly correlated with integrated wave activity up until the wave activity becomes large, from around $8 \times 10^{19} \text{m}^4 \text{s}^{-1}$, when the rate of mass increase becomes significantly larger.

4.3. When the forcing increases at a slow enough rate does the vortex go through a series of quasi steady states?

The hypothesis that the vortex evolves through a series of quasi-steady states for a slow enough forcing growth rate would suggest that the amount of mass removed from the vortex is the same function of the mountain height for differing values of τ . From the model results in fig 3 this is not the case. As the rate of growth of the forcing decreases the erosion of the vortex occurs at lower forcing amplitudes. If the vortex were to go through a series of quasi-steady states we would expect to see that the total amount of mass removed is related to the forcing amplitude which is not the case in these experiments.

4.4. What are the criteria for the vortex to break down; is there some threshold forcing amplitude above which the vortex breaks down?

Using the criterion of equation (12), when the mountain is grown to heights of 450m or higher the sign of the vorticity integral given by equation (12) reverses

Mountain Height H_{\max}	SSW time
2000m	72 days
800m	104 days
600m	126 days
500m	73 days
400m	-

Table 1: Times of occurrence of model SSWs for $\tau = 92.6$ days, $m = 1$ and various maximum mountain heights H_{\max} .

at some time during the experiment, indicating that an SSW-like event has occurred, and the vortex can be seen to have displaced from the pole (see figure 10 for the 600m mountain for example). When the mountain is grown to lower heights (400m and below) the sign of the vorticity integral does not change
385 indicating that for these forcing amplitudes the model vortex does not undergo an SSW event.

The time of occurrence of an SSW as a function of the maximum mountain height H_{\max} is listed in Table 1. As with the total amount of mass removed from
390 the vortex the timing of the model equivalent of an SSW does not follow a linear relationship to the final mountain height. The 2000m mountain is the first to experience a model SSW around 70 days from the start of the run. There does not seem to be a threshold for the amount of mass removed from the vortex (or equivalently the total mass within the vortex) for an SSW to occur. Shortly
395 after the onset of the warming in the 2000m case an SSW occurs for the 500m mountain. The mass within the vortex at this point is much larger than that of the 2000m case.

4.5. Is there a systematic difference between the response of the vortex to wave 1 and wave 2 forcings?

400 Figure 11 shows the results for the same experiments as Figure 4 performed for a wave 2 forcing to answer the question of whether there are systematic differences in the response to the wave 1 and wave 2 forcings. Again the mountain

is grown with a value of $\tau = 92.6$ days to several intermediate heights, remaining at that height for the rest of the model run. The lines at the top of the plots
405 show the times when the various mountains reach their maximum heights.

When the mountain is grown to the full height of 2000m the removal of mass begins at around 50 model days, similar to that of the wave 1 forcing above. The amount of mass initially moved into the vortex in panel (b) is much larger than for wave 1 forcing. The stripping rate is also larger on the inner contour
410 than for the wave 1 forcing, though it is similar for the outer contour.

When the mountain is grown to heights greater than 650m the initial mass loss is similar to that of the 2000m mountain. Smaller forcing amplitudes start losing mass at later times and at slower rates. For forcings of 400m and below there is negligible mass loss for the entirety of the experiments, in contrast to
415 the wave 1 case where only the 200m mountain produces negligible mass loss. Of those forcings which produce significant mass loss those of lower amplitudes generally have shorter periods of rapid mass loss.

In the case of the wave 1 forcing the SSWs produced showed many of the features of real SSWs. For wave 2 forcings there are some forcings which show
420 features similar to real SSWs but there are also some which produce behaviour unlike SSWs seen in the real stratosphere. The vortex starts being stretched by the forcing but is slowly eroded instead of splitting and remains centered on the pole. The first 100 days of the simulations for which the vortex splits are highly symmetrical as the vortex gets stretched and eventually breaks into
425 two symmetrical pieces. The evolution of these two sub-vortices continues to be similar to each other until after 100 days when one of these smaller vortices breaks down while the other remains intact.

For both the wave 1 and wave 2 forcing there is not a linear relationship between the maximum height of the mountain and the total amount of mass
430 removed from the vortex. For both wave 1 and wave 2 there are several cases where smaller forcing produces more mass loss than larger forcing. This is due to the edge of the vortex becoming strengthened for some of the forcings, preventing further significant stripping, while this does not happen for others.

5. Discussion and Conclusions

435 A shallow water model has been used to investigate stripping of filaments of
air from a model stratospheric polar vortex in relation to the amplitude and rate
of growth of the topographic forcing. The model SSWs produced here exhibit
many of the features which can be seen in real stratospheric sudden warmings.

The stripping of mass from the vortex for wave 1 forcing is initiated at a point
440 some time after the maximum forcing amplitude has been reached, particularly
for lower mountain heights. This indicates that the forcing does not directly
initiate stripping of mass from the vortex. A plausible hypothesis is that it takes
longer for enough wave activity to build up to initiate stripping.

Wave activity \mathcal{A} is related to the amplitude of the disturbance in the flow
445 as well as its phase relative to the forcing. The point where the vortex starts
to lose mass corresponds almost exactly to the point where the integrated wave
activity reaches its maximum value, corresponding to wave breaking and mixing
of filaments.

The total amount of mass removed from the vortex over the course of the
450 experiment is not proportional to the maximum amplitude of the forcing. There
are certain cases, most prominently in the case of the wave 1 forcing but also
present to a lesser degree for the wave 2 case, when the vortex edge appears to
sharpen after a certain amount of mass has been removed from it. This then
has the effect of inhibiting any further significant tongues of air from forming
455 and being stripped. This does not happen for all cases and it is not quite clear
what may cause this to happen in some cases but not in others. This would be
an area for further study. It is a reasonable hypothesis that the non-monotonic
dependence of mass stripped on the maximum mountain height H_{\max} is due to
the chaotic nature of wave breaking; we have no other plausible explanation.

460 Matthewman and Esler [9] looked at the effect of topographic forcing height
and significance of the background flow on the onset of vortex splitting. Comparing
their results to those obtained here suggests a possible explanation for
the behavior seen here. In the results of Matthewman and Esler [9] once the

topography reaches a certain height the system undergoes a bifurcation and enters either a splitting or a high wave activity regime, with an area of oscillating vortex activity on the boundary of this region (see their fig.2). This is consistent with the results seen here where once the mountain reaches 450m stripping starts to occur. For 500m and above the vortex undergoes SSW like behaviour. For some values of the forcing amplitude the vortex looks similar to the high wave activity regime. This suggests that the system may be on the border of the two regimes (splitting and high wave activity) from fig.2a of Matthewman and Esler [9]. This would also account for the fact that some larger forcings do not induce SSWs while smaller ones do.

In contrast, Esler and Matthewman [10] found that in the case of displacement SSWs the dynamics are much more complex than they are for the case of vortex splitting events. The more varied results for the wave 1 experiments performed here appear to be in agreement with the conclusion of Esler and Matthewman [10] in this respect. The theory of Esler and Matthewman [10] does not explain the fact that some smaller forcings can produce SSWs while intermediate ones do not.

In both the wave 1 and wave 2 cases there seems to be a certain amplitude of forcing below which there is no significant stripping of air initiated. This threshold forcing is larger for the wave 2 forcing (around 450m) than for the wave 1 case (where all mountains larger than 200m initiate significant amounts of stripping). The difference in mass removed between the negligible case and the smallest where stripping is initiated is also much larger in the wave 2 case than the wave 1 case where once stripping starts it appears to carry on for far longer.

Using the criterion of equation (12) to identify when SSW-like events have occurred shows that they can be produced for fairly small forcing amplitudes. In the case of the wave 1 forcing SSWs are produced for forcings over 500m. In these the vortex looks similar to that of the real northern hemisphere polar vortex during a displacement event. In the case of the wave 2 forcing not all of the warmings produced resembled those seen in the stratospheric vortex.

495 For smaller forcings the vortex remains centred exactly over the pole while
equation (12) defines an SSW to have occurred. For larger forcings the vortex
can be seen to split into two parts and resemble more closely the split vortex
composite of Seviour et al. [14].

To answer the questions posed in the introduction:

- 500 • **Is there a threshold in the forcing amplitude to initiate stripping?** In the experiments studied here 200m is the threshold to initiate stripping of mass from the vortex for wave 1 forcing and 450m for wave 2.
- **Is there a quantitative relationship between the forcing amplitude and the amount of stripping?** There does not appear to be
505 any simple, direct relation between the amount of air stripped and the mountain height. However, the amount of stripping is a function of the integrated wave activity, which is itself related to the accumulated strength of the forcing.
- **When the forcing increases at a slow enough rate does the vortex go through a series of quasi steady states?** The vortex does
510 not experience a series of quasi-steady states on its way to being eroded. Rather, the forcing appears to initiate a process that results in stripping several tens of days later.
- **What are the criteria for the vortex to break down; is there a threshold forcing amplitude above which the vortex breaks down?** The criteria for the vortex to break down are still unknown. It
515 does not appear to be related in any simple way to the strength of the forcing or the amount of mass stripped from the vortex.
- **Is there a systematic difference between the response of the vortex to wave 1 and wave 2 forcings?** There is a systematic difference in
520 the forcing amplitude needed to initiate the stripping (first bullet). The qualitative conclusions of the second, third and fourth bullets hold for both wave 1 and wave 2 forcing.

The jet shape and location in the initial velocity field have been kept fixed
 525 throughout the experiments, as well as the location and shape of the mountain.
 It is likely that these factors play a role in the rate and total amount of stripping
 experienced by the vortex. The values adopted in this study were chosen to be
 similar to what can be seen in the real winter stratosphere, but further exper-
 iments looking at these parameters would allow determination of the relative
 530 importance of these factors in relation to the amplitude or rate of growth of the
 forcing.

Appendix A. Initial Conditions

The initial conditions are set by starting with a zonally symmetric velocity
 field $\bar{u}(\phi)$ similar to that which would be found in the winter stratosphere. This
 535 is then integrated using the gradient wind balance

$$f\bar{u} + \frac{\bar{u}^2}{a} \tan \phi = -\frac{1}{a} \frac{\partial \bar{\Phi}}{\partial \phi} \quad (\text{A.1})$$

to find the geopotential $\bar{\Phi}$.

The specified form of the velocity profile $\bar{u}(\phi)$ is

$$\begin{aligned} \bar{u}(\phi) = & 4.5 \sin\left(\frac{20\phi - 3\pi}{7}\right) \exp\left(\frac{11\phi + 5}{10}\right) \\ & - 4.5 \sin\left(-\frac{13\pi}{7}\right) \exp\left(\frac{-11\pi + 10}{20}\right) \exp\left(-\frac{(\phi + \frac{\pi}{2})^2}{0.015}\right) \\ & + 12 \exp\left(-\frac{(\phi + 0.02)^2}{0.02}\right) - 6 \exp\left(-\frac{(\phi - 0.29)^2}{0.015}\right) \\ & - 2 \exp\left(-\frac{(\phi - 0.8)^2}{0.01}\right) + 2 \exp\left(-\frac{(\phi - 1)^2}{0.01}\right) \\ & - 4 \exp\left(-\frac{(\phi - 1.09)^2}{0.01}\right) + \exp\left(-\frac{(\phi - 1.185)^2}{0.01}\right). \end{aligned} \quad (\text{A.2})$$

This profile is constrained to be equal to 0 at both the North and South poles
 for continuity. Figure 2 shows several examples of observed stratospheric zonal-
 540 mean zonal wind fields along with the initial velocity profile of equation (A.2).

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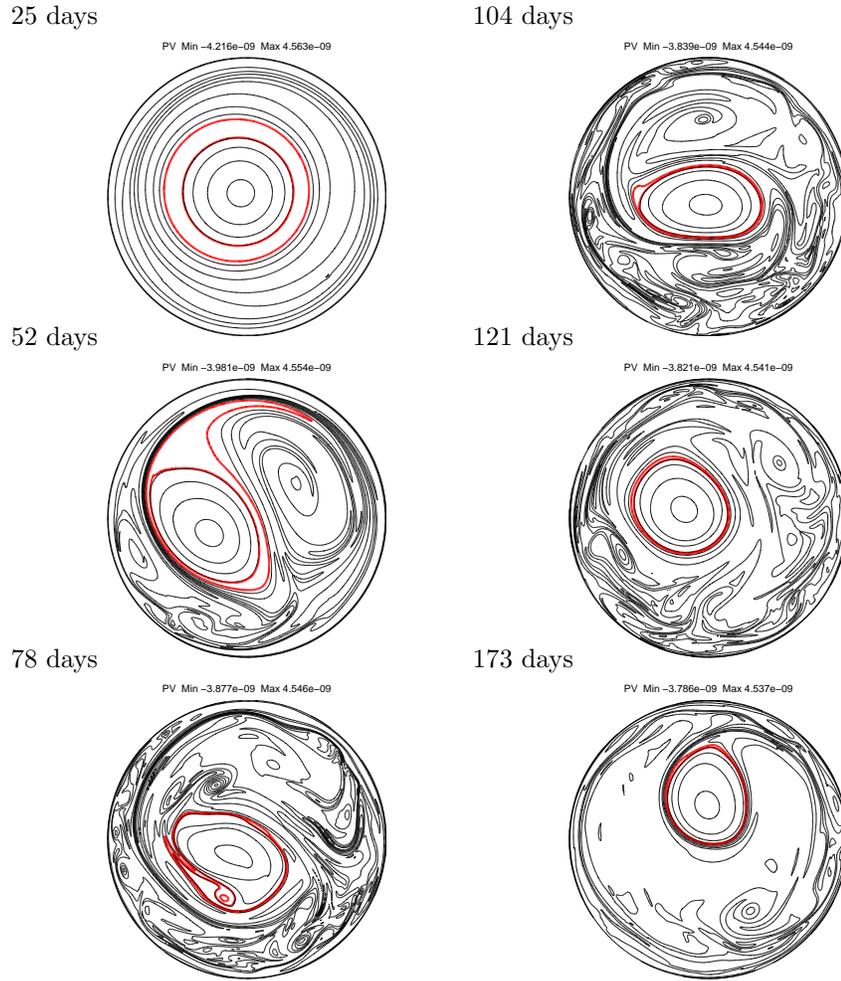


Figure 7: PV maps (in s m^{-2}) at several times during the experiment for $H_{\text{max}} = 700\text{m}$, $\tau = 92.6$ days and $m = 1$. The red contours have the same PV values as in Figure 5.

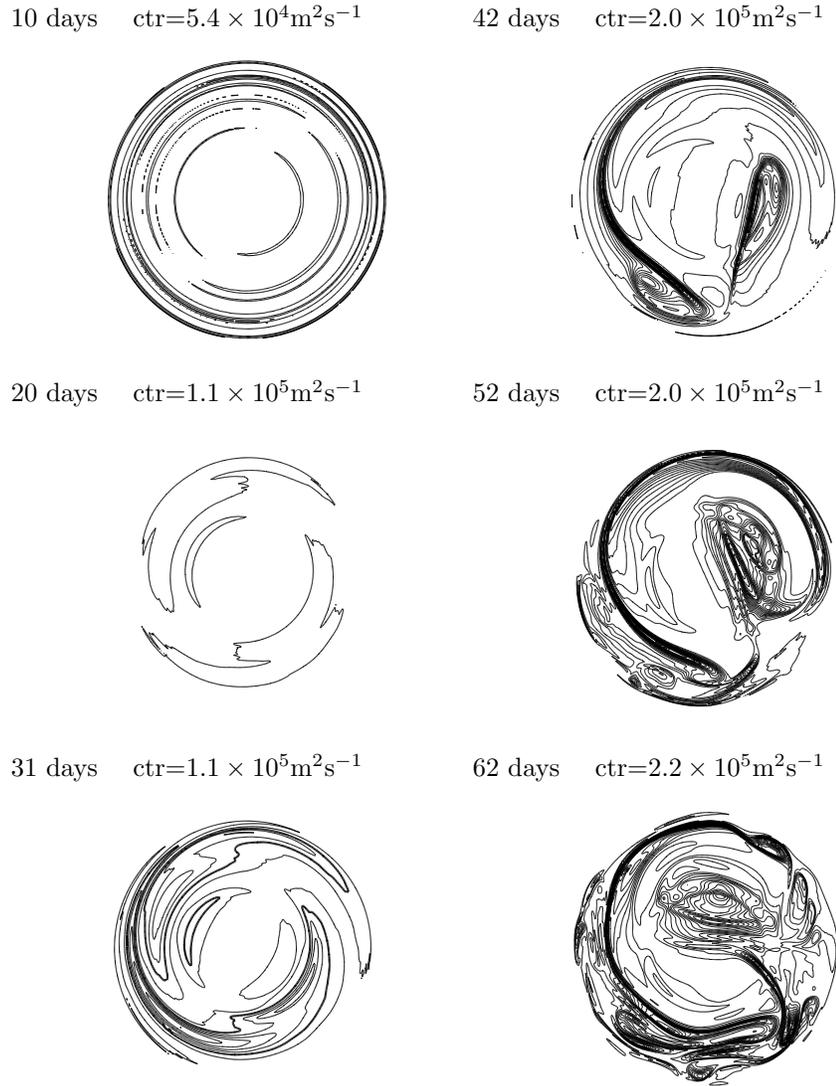


Figure 8: Wave activity \mathcal{A} (in $\text{m}^2 \text{s}^{-1}$) at various times during the experiment for $H_{\text{max}} = 700\text{m}$, $\tau = 92.6$ days and $m = 1$. The contour interval is indicated by ctr.

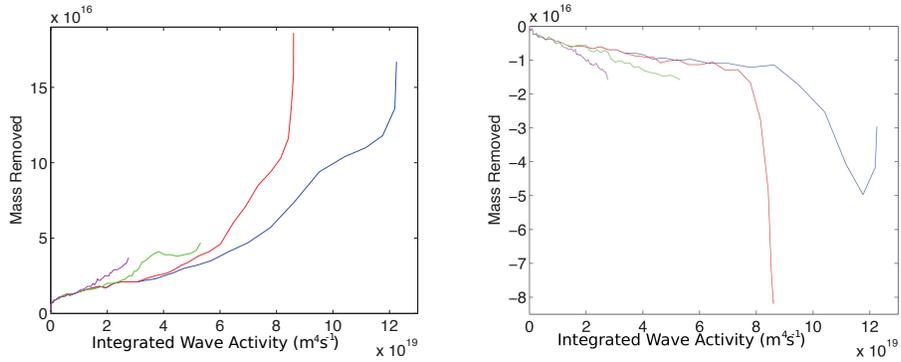


Figure 9: Total mass removed $\Delta\mathcal{M}(Q)$ (in m^4s^{-2}) against integrated wave activity \mathcal{A} for the outer red PV contour (a) and the inner red PV contour (b) for various mountain heights H_{max} : 2000m (blue), 700m (red), 450m (green) and 200m (magenta). The negative values in panel (b) correspond to mass added to the contour. The mountain is grown with $\tau = 92.6$ days. The wavenumber of the topography is $m = 1$.

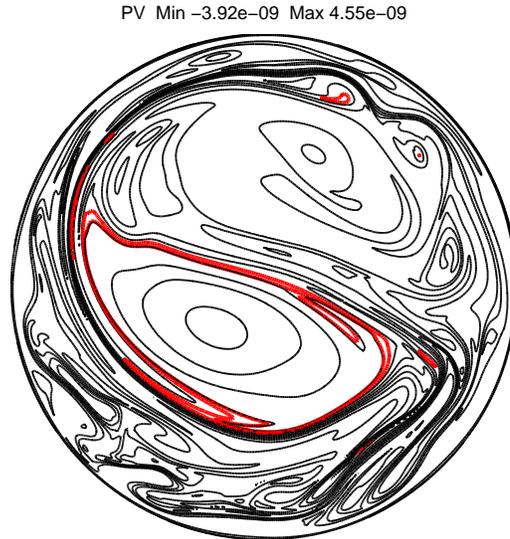


Figure 10: PV map (in sm^{-2}) showing the displaced vortex following a model SSW for $H_{\text{max}} = 600\text{m}$, $\tau = 92.6$ days and $m = 1$. The vortex can be seen in the lower left part of the plot with the characteristic ‘comma shape’ that is observed in SSWs in the real atmosphere.

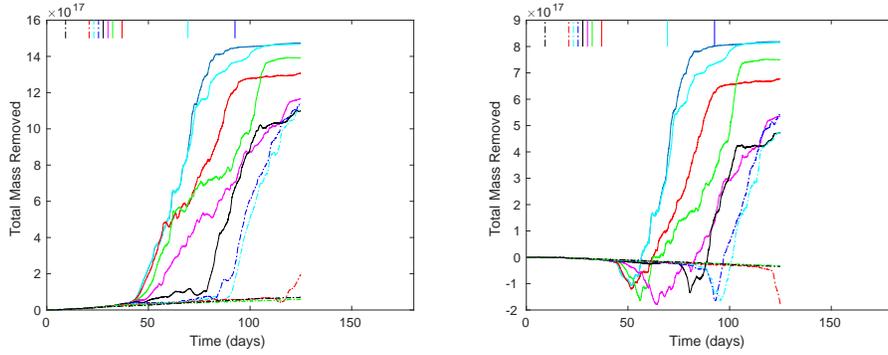


Figure 11: Total mass removed $\Delta\mathcal{M}(Q)$ (in m^4s^{-2}) versus time for the same two PV contours on the vortex edge as in Figure 4. Panel (a) refers to the outer contour and panel (b) to the inner contour. The mountain is frozen at various maximum heights H_{max} : 2000m (solid blue), 1500m (solid cyan), 800m (solid red), 700m (solid green), 650m (solid magenta), 600m (solid black), 550m (dashed blue), 500m (dashed cyan), 450m (dashed red), 400m (dashed green) and 200m (dashed black). The mountain is grown with $\tau = 92.6$ days. The wavenumber of the topography is $m = 2$.